

JPF JUNIOR-PROME Inscritos:				30 Llegados:		23					
PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad	
	1	18	EDYMAR	BREA ABREU	00:44:15	00:03:42	00:44:15	00:03:42	00:27:13	VALENCIA	
	2	23	LAURA	SANTOS DOMINGUEZ	00:49:31	00:04:08	00:49:29	00:04:08	00:30:33	A.A.D. BARBANZA	A POBRA DO CARAMIÑAL
	3	3144	CARLA	CASTAÑO GARCIA	00:54:33	00:04:33	00:54:30	00:04:33	00:33:02	TRIATLON ARCADE INFORHOUSE SANTIAGO	ROIS
	4	270	MÓNICA	ÁLVAREZ ALONSO	00:54:52	00:04:35	00:54:37	00:04:34	00:34:50	REAL GRUPO DE CULTURA COVADONGA	GIJÓN
	5	3506	ROSALÍA	RODRÍGUEZ-GIGIREY VILLAR	00:56:39	00:04:44	00:56:25	00:04:43	00:34:51	LUCUS CAIXA RURAL GALEGA	FOZ
	6	1865	EMMA	ROMEO IGLESIAS	00:58:21	00:04:52	00:57:59	00:04:50	00:35:58	TRIATLÓN FERROL	FERROL
	7	239	JULIANA	LOPES	00:58:48	00:04:54	00:58:41	00:04:54	00:36:13	JOBRA	BRANCA
	8	1637	CARMEN	ESCARIZ MELLA	00:59:32	00:04:58	00:58:58	00:04:55	00:36:50	BIDEZABAL	A ESTRADA
	9	240	CATARINA	FERREIRA	01:00:54	00:05:05	01:00:47	00:05:04	00:37:21	JOBRA	BRANCA
	10	120	HELENA	PÉREZ MARIÑO	01:04:09	00:05:21	01:04:03	00:05:21	00:38:38		VIGO
	11	667	SARA	RODRÍGUEZ-RIVERA SÁNCHEZ	01:05:45	00:05:29	01:05:04	00:05:26	00:40:57		A CORUÑA
	12	3435	KATIA	SENÍN GONZÁLEZ	01:09:13	00:05:47	01:08:30	00:05:43	00:43:09	CLUB OLÍMPICO DE VEDRA	ZURICH
	13	1530	MARIA MERCEDES	MONTENEGRO GARCIA	01:10:41	00:05:54	01:09:28	00:05:48	00:44:52		LAS PALMAS
	14	652	SARA	COSTA FAYA	01:11:11	00:05:56	01:10:14	00:05:52	00:43:55		ORDES
	15	1570	MARÍA	GONZÁLEZ PINTOS	01:14:24	00:06:12	01:12:48	00:06:04	00:45:01		SANTIAGO DE COMPOSTELA
	16	1541	SABELA	TEIXEIRA TABOADA	01:15:55	00:06:20	01:15:39	00:06:19	00:47:19		SANTIAGO DE COMPOSTELA
	17	1566	LUISA	FERNÁNDEZ NAVEIRO	01:15:59	00:06:20	01:14:48	00:06:14	00:46:14		SANTIAGO DE COMPOSTELA
	18	627	ANDREA	PEREZ DIAZ	01:17:47	00:06:29	01:16:48	00:06:24	00:48:09		MUGARDOS
	19	1572	MARTA	LASARTE ATÁN	01:21:30	00:06:48	01:21:04	00:06:46	00:48:15		LA CORUÑA
	20	1520	ELENA	CRESPO FERNÁNDEZ	01:23:34	00:06:58	01:22:03	00:06:51	00:51:48		GONDOMAR
	21	1600	MIRIAN AZUCENA	TORRES LEON	01:25:19	00:07:07	01:24:14	00:07:02	00:52:26		MEXICO
	22	1802	IRIA	PORTOS CONDE	01:29:09	00:07:26	01:27:29	00:07:18	00:54:16		SANTIAGO
	23	653	SOFIA RAISA	VEIGA RODRIGUEZ	01:30:17	00:07:32	01:29:15	00:07:27	00:55:58		SANTIAGO
DNS		3884	IRENE	SERRAT SEOANE							VIGO
DNS		1589	SARELA	BETANZOS FREIRE							RIANXO
DNS		1506	IRENE	ÁLVAREZ RODRÍGUEZ							OURENSE
DNS		3519	CARMEN	CACHARRON RODRIGUEZ						MTC-LOURES	LUGO
DNS		4452	NOEMI	CARRO PAZ						VERXEL NUTRICIÓN DEPORTIVA	GUITIRIZ
DNS		1527	MARÍA	CANEDA CAO							SANTIAGO
DNS		660	LORENA	GONZÁLEZ SIERRA							VIGO

SNAF SENIOR A FEME Inscritos:				69 Llegados:		58					
PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad	
	1	11	JOSELYN DANIELY	BREA ABREU	00:42:18	00:03:32	00:42:18	00:03:32	00:26:14	SOCIEDAD GIMNASTICA DE PONTEVEDRA	VALENCIA
	2	1861	MARTA	CASANOVA VÁZQUEZ	00:42:24	00:03:32	00:42:24	00:03:32	00:26:17	UNIVERSIDAD DE OVIEDO	LUGO
	3	3005	LETICIA	FERNANDEZ BARBOSA	00:43:20	00:03:37	00:43:20	00:03:37	00:26:47	ADAS-PROINOR	TUI
	4	25	SANDRA	MOSQUERA LOSADA	00:43:56	00:03:40	00:43:55	00:03:40	00:27:05	ADAS-PROINOR	VIGO
	5	3093	MARÍA	HURTADO SANJURJO	00:47:20	00:03:57	00:47:17	00:03:57	00:29:19	ESCOLA ATLÉTICA LUCENSE	LUGO
	6	1622	ALICE	FINOT	00:47:38	00:03:59	00:47:37	00:03:59	00:29:34	CLUB ATLETISMO FEMENINO CELTA	MONTBÉLIARD
	7	3108	MARIA	GONZALEZ MARTINEZ	00:51:24	00:04:17	00:50:51	00:04:15	00:32:26	ORIXINAL MGM TEAM	NOIA
	8	3381	SHARAY	ASTARIZ NUÑEZ	00:52:35	00:04:23	00:52:14	00:04:22	00:32:55	CLUB ATLETISMO RIAZOR CORUÑA	LUGO
	9	60	SARA	PITA GONZALEZ	00:52:58	00:04:25	00:52:42	00:04:24	00:32:53	LA MOCHILA DEL DEPORTE	A CORUÑA
	10	3107	MÓNICA	MEZQUITA VAZQUEZ	00:53:51	00:04:30	00:52:55	00:04:25	00:33:31	NOSPORTLIMIT	A CORUÑA
	11	1644	PATRICIA	VARELA SANTISO	00:55:31	00:04:38	00:54:16	00:04:32	00:35:29	ESCOLA ATLETISMO DEZA	VILA DE CRUCES
	12	3206	BÁRBARA	GONZÁLEZ VILARIÑO	00:57:05	00:04:46	00:56:24	00:04:42	00:35:52	A.D. FEFEME TRIATLÓN DO MIÑO	A CORUÑA
	13	3897	MIRIAM	PALOMARES ATANES	00:57:33	00:04:48	00:57:19	00:04:47	00:35:47		SANTIAGO DE COMPOSTELA
	14	3479	TANIA	FERNÁNDEZ GARCÍA	00:57:49	00:04:50	00:57:21	00:04:47	00:36:47	ESCOLA ATLÉTICA LUCENSE	LUGO
	15	619	YAN LI	CHEN LIN	00:58:33	00:04:53	00:57:58	00:04:50	00:36:22		VIGO
	16	280	PILAR	CADILLA PENA	01:00:09	00:05:01	00:59:27	00:04:58	00:37:34	SOCIEDADE ATLÉTICA DO TREGA	LA GUARDIA
	17	1698	YANINE	ACOSTA NEVES	01:00:14	00:05:02	00:58:50	00:04:55	00:38:10		MONTEVIDEO URUGUAY
	18	1693	ANA	BERNARDEZ RODRIGUEZ	01:00:22	00:05:02	00:59:49	00:05:00	00:37:33		OURENSE
	19	1697	SHEILA	GONZÁLEZ LAGE	01:00:35	00:05:03	00:59:26	00:04:58	00:38:21		LUGO
	20	3630	SUSANA	RODRIGUEZ GACIO	01:01:28	00:05:08	01:00:31	00:05:03	00:37:43	WILD WOLF CIDADE DE LUGO FLUVIAL	VIGO

21	610 ESTEFANIA	NEBRIL BREIJO	01:02:10	00:05:11	01:00:43	00:05:04	00:39:28		CEDEIRA
22	1587 MARIA	RAMOS VIGO	01:03:03	00:05:16	01:02:40	00:05:14	00:39:25		SANTIAGO DE COMPOSTELA
23	4020 OLAYA	ALVAREZ VARELA	01:03:08	00:05:16	01:02:23	00:05:12	00:38:43	CLUB MONTEPENARUBIA LUGO	LUGO
24	1549 LORENA	RIOS TRILLO	01:03:14	00:05:17	01:02:38	00:05:14	00:39:09		A CORUÑA
25	3309 SANDRA	SOBREIRA OTERO	01:03:48	00:05:19	01:03:42	00:05:19	00:38:12	ATLETISMO PORRIÑO	PONTEAREAS
26	1553 ANA	RIVERO VIDAL	01:04:11	00:05:21	01:02:51	00:05:15	00:40:17		IRIXOA
27	1519 DELIA	SILVA PÉREZ	01:04:42	00:05:24	01:03:42	00:05:19	00:40:40		BOIRO
28	851 CAMILA	RODRIGUEZ ROMERO	01:04:43	00:05:24	01:03:31	00:05:18	00:40:05	VELAIBIKE	SERRES
29	3272 RAQUEL	CASTRO PEREZ	01:05:03	00:05:26	01:04:15	00:05:22	00:39:54	ATLETISMO ARENTEIRO	OURENSE
30	3271 CRISTINA	MOURIÑO VAQUEIRO	01:05:04	00:05:26	01:04:15	00:05:22	00:39:54	ATLETISMO ARENTEIRO	PANAMÁ
31	756 ANDREA	HIPÓLITO PÉREZ	01:05:10	00:05:26	01:03:59	00:05:20	00:41:31	CLUB DEPORTIVO VAGALUME ENERGÍA	VALENCIA
32	2016 REBECA	GARCÍA MARTÍN	01:05:22	00:05:27	01:04:47	00:05:24	00:40:54	BEER RUNNERS	VALLADOLID
33	628 ANDREA	ESPIÑO ALBELA	01:05:35	00:05:28	01:04:36	00:05:23	00:40:42		VEDRA
34	1550 CARMEN MARÍA	FRAGA RIVAS	01:05:59	00:05:30	01:05:13	00:05:27	00:41:04		A CORUÑA
35	662 DIANA	SILVA CASTRO	01:06:30	00:05:33	01:05:52	00:05:30	00:39:55		SANTIAGO
36	1503 ALBA	GARCÍA LÓPEZ	01:07:06	00:05:36	01:06:27	00:05:33	00:42:06		MONFORTE DE LEMOS
37	3473 ALEJANDRA	ARIAS FERNÁNDEZ	01:07:52	00:05:40	01:06:35	00:05:33	00:42:27	ERIKA PILATES TEAM	LUGO
38	4042 TANIA	CAMPO EXPÓSITO	01:07:52	00:05:40	01:06:34	00:05:33	00:42:27	ERIKA PILATES TEAM	LUGO
39	839 RAQUEL	CASTIÑEIRAS PEREIRA	01:08:34	00:05:43	01:08:06	00:05:41	00:41:37	TARTARUGAS	VEDRA
40	182 CLARA	PÉREZ RODRÍGUEZ	01:08:53	00:05:45	01:07:55	00:05:40	00:42:48	CLUB ATLETISMO OCCIDENTE NAVIA	NAVIA
41	670 MARTA	BLANCO MARTINEZ	01:10:19	00:05:52	01:09:40	00:05:49	00:43:00		NOIA -LA CORUÑA
42	3923 VICTORIA	VEIGA SANTOS	01:10:27	00:05:53	01:08:45	00:05:44	00:44:54	AGRUPACION VIGUESA DE ATLETISMO	CUNTIS
43	4084 RALUCA MIHAELA	POENAR	01:10:47	00:05:54	01:09:05	00:05:46	00:44:43	NOSPORTLIMIT	BAIA MARE
44	612 ALBA	FERNANDEZ PATO	01:10:54	00:05:55	01:10:50	00:05:55	00:43:51		A CORUÑA
45	1805 MARTA	FERNÁNDEZ VARELA	01:12:03	00:06:01	01:10:57	00:05:55	00:44:02		SANTIAGO
46	1552 ALBA	VAZQUEZ SANTOS	01:12:27	00:06:03	01:11:45	00:05:59	00:45:02		A CORUÑA
47	735 VANESA	TUBÍO TUBÍO	01:13:15	00:06:07	01:11:27	00:05:58	00:46:24	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	VILAR DE RECONCO
48	1696 LUCINDA	REDFERN	01:15:25	00:06:18	01:13:44	00:06:09	00:45:37		YORK, UK
49	222 CÁTIA MARGARIDA	SILVA	01:16:01	00:06:21	01:15:42	00:06:19	00:46:59	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
50	637 LETICIA	ORDOÑEZ ROMERO	01:16:25	00:06:23	01:15:13	00:06:17	00:47:37		SANTIAGO DE COMPOSTELA
51	734 BEATRIZ	SUAREZ MONTERO	01:17:15	00:06:27	01:15:27	00:06:18	00:48:54	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	LOUSAME
52	1513 ANDREA	ARIAS MATO	01:20:24	00:06:42	01:19:15	00:06:37	00:48:50		ANDORRA
53	1581 ALBA	JIMÉNEZ GUERRERO	01:20:59	00:06:45	01:19:43	00:06:39	00:48:23		LAS PALMAS DE GRAN CANARIA
54	1579 IRIA	ILLODO FRAGA	01:22:02	00:06:51	01:21:14	00:06:47	00:49:23		SANTIAGO DE COMPOSTELA
55	1531 MARTA	SEGURA MARTINEZ	01:22:45	00:06:54	01:22:18	00:06:52	00:51:30		BAZA(GRANADA)
56	196 LIDIA	ALONSO SÁNCHEZ	01:25:01	00:07:06	01:23:50	00:07:00	00:50:34	CLUB DEPORTIVO VAGALUME ENERGÍA	O PINO
57	1608 LETICIA	SUÁREZ BARRIGÓN	01:28:34	00:07:23	01:26:52	00:07:15	00:55:43		A LARACHA
58	1578 VÉRONIQUE	VOYER	01:30:01	00:07:31	01:28:06	00:07:21	00:54:48		DOLBEAU-MISTASSINI
DNF	1508 REBECA	CANEIRO PARDO					00:45:01		FERROL
DNF	12 ESTER	NAVARRETE SANTANA					00:26:24	ADAS-PROINOR	VIGO
DNF	26 JOANA FILIPA	PEREIRA MONTEIRO					00:29:42	ADAS-PROINOR	LEIRIA
DNF	1582 CARLOTA	SEOANE GIGIREY							SANTIAGO DE COMPOSTELA
DNS	1648 INES	PORTO REGUEIRO						INES	TEO
DNS	1586 LAURA	LIMA MOYA							SANTIAGO DE COMPOSTELA
DNS	3057 RAQUEL	VÁZQUEZ						CLUB ATLETISMO SADA	BEGONTE
DNS	1512 ANDREA	MIGUEL SAN MARTÍN							BOGOTA
DNS	1641 SAMANTHA	MULLONI MARTÍNEZ						CLUB ATLETISMO RIA DE FERROL	SANXENXO
DNS	13 PAULA	MAYOBRE GONZÁLEZ						CLINICA DENTAL SEOANE PAMPÍN	ARES
DNS	3903 TAMARA	TTC							PONTEVEDRA

SNBF SENIOR B FEME|Inscritos:

175 Llegados: 157

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	3008	ESTHER	RODRÍGUEZ DÍEZ	00:44:21	00:03:42	00:44:19	00:03:42	00:27:14	AÑARES RIOJA	MAHÓN
2	16	ROCIO	ALVITE FERREIRO	00:46:20	00:03:52	00:46:18	00:03:52	00:28:14	SAR-VERMU PETRONI	MAZARICOS
3	1817	ARIANA	GONZÁLEZ VERDE	00:47:06	00:03:56	00:47:03	00:03:56	00:29:18	SOCIEDADE ATLÉTICA DO TREGA	O ROSAL

4	4435 VICKY	LOSADA PÉREZ	00:50:09	00:04:11	00:50:04	00:04:11	00:31:12	BURGAS ATLETISMO OURENSE	OURENSE
5	4451 ANA	ABUÍN RODRÍGUEZ	00:50:29	00:04:13	00:50:24	00:04:12	00:31:06	VERXEL NUTRICIÓN DEPORTIVA	LUGO
6	4437 MARÍA	FERREIRO PÉREZ	00:51:52	00:04:20	00:51:47	00:04:19	00:32:20	BURGAS ATLETISMO OURENSE	OURENSE
7	51 MARÍA JOSÉ	TRASTOY DÍAZ	00:51:58	00:04:20	00:51:52	00:04:20	00:32:02	CLUBE ATLETISMO VILALBA	VILALBA
8	38 NATI	GARCIA SANCHEZ	00:52:44	00:04:24	00:52:28	00:04:23	00:32:58	CLUB ATLETISMO SADA	BETANZOS
9	3142 BEGOÑA	BENEGASI ALVAREZ	00:53:14	00:04:27	00:53:08	00:04:26	00:32:42	TOSCAF-RECTA FINAL	LUARCA
10	3148 Mª DEL CARMEN	PENAS BLANCO	00:53:39	00:04:29	00:53:33	00:04:28	00:32:23	USC	ARZUA
11	237 ANA	VALENTE	00:53:43	00:04:29	00:53:37	00:04:29	00:33:30	JOBRA	BRANCA
12	154 SONIA	LOPEZ DIAZ	00:53:44	00:04:29	00:53:36	00:04:28	00:33:24	ATLETISMO NARON	MADRID
13	3636 RAQUEL	GUIZAN CASTRO	00:53:45	00:04:29	00:53:25	00:04:28	00:33:23	ZEPPELIN TORGUESA FINFLOOR	VILALBA
14	72 SONIA MARIA	AGRASAR BARRAL	00:54:18	00:04:32	00:53:46	00:04:29	00:34:04	SAR-VERMU PETRONI	O GROVE
15	195 MARIA	TARRIO MARTÍNEZ	00:54:25	00:04:33	00:53:43	00:04:29	00:34:16	CLUB DEPORTIVO VAGALUME ENERGÍA	SANTIAGO DE COMPOSTELA
16	3883 LAURA	NÚÑEZ NAVEIRA	00:54:39	00:04:34	00:54:20	00:04:32	00:33:47	A CORUÑA	A CORUÑA
17	658 ISABEL	REY RIVAS	00:55:46	00:04:39	00:55:28	00:04:38	00:34:25		BRION
18	3886 NATALIA	SEOANE OTERO	00:56:21	00:04:42	00:55:49	00:04:40	00:35:11		A ESTRADA
19	3348 RAQUEL	BALSERA SANMIGUEL	00:56:38	00:04:44	00:55:27	00:04:38	00:35:56	CENTRO DE FISIOTERAPIA RAQUEL BALSERA	PONTEVEDRA
20	123 MAYTE	SALGADO ALBORES	00:56:56	00:04:45	00:56:37	00:04:44	00:35:49		A CORUÑA
21	158 LUCÍA	REQUEJO REQUEJO	00:57:05	00:04:46	00:56:31	00:04:43	00:36:01	AZERVAÑAN	SILLEDA
22	3503 LOLA	RODRÍGUEZ GONZÁLEZ	00:57:23	00:04:47	00:56:35	00:04:43	00:36:41	LAMARGHA-AUTOTODO	MEXICO
23	3189 IRIA	ALDAO PRADA	00:57:29	00:04:48	00:57:10	00:04:46	00:35:52		LA CORUÑA
24	3918 GLORIA	GALIÑA PARDO	00:57:30	00:04:48	00:57:08	00:04:46	00:35:36	A. D. LIMIACTIVA	OURENSE
25	4436 ELENA	PÉREZ GONZÁLEZ	00:57:43	00:04:49	00:57:19	00:04:47	00:35:40	BURGAS ATLETISMO OURENSE	OURENSE
26	3436 SUSANA	NIETO PAZOS	00:57:50	00:04:50	00:57:41	00:04:49	00:36:05	CLUB OLÍMPICO DE VEDRA	AMES
27	3517 OLGA	PAZ SEÑORANS	00:58:13	00:04:52	00:57:49	00:04:50	00:35:46	MONTEPENARUBIA LUGO	PONTEVEDRA
28	4021 MARIA	PEREIRA FERREIRO	00:58:13	00:04:52	00:57:48	00:04:49	00:35:46	CLUB MONTEPENARUBIA LUGO	LUGO
29	122 NATI	ROMERO VIÑAS	00:58:17	00:04:52	00:57:43	00:04:49	00:36:31		NOIA
30	36 LORENA	LORENZO FIGUEIRAS	00:58:39	00:04:54	00:57:50	00:04:50	00:37:19	C.D PORTOSÍN	PORTOSÍN
31	3518 SUSANA	GARCIA MENENDEZ	00:59:19	00:04:57	00:58:34	00:04:53	00:36:48	MTC-LOURES	LUGO
32	1658 ZORAIDA	LOJO ABANQUEIRO	00:59:27	00:04:58	00:58:43	00:04:54	00:37:17	S.D. BARBANTIA RODA	BOIRO
33	4409 BEATRIZ	RODRIGUEZ GULIAS	00:59:29	00:04:58	00:58:10	00:04:51	00:38:14		MASIDE
34	3346 ESTHER	SOLA DACOSTA	00:59:53	00:05:00	00:59:19	00:04:57	00:37:18	CD LA PURISIMA	VERIN
35	3472 MARIA	MARTINEZ NIETO	01:00:04	00:05:01	00:59:16	00:04:57	00:38:00	ERIKA PILATES TEAM	BARCELONA
36	850 LAURA	REY VAZQUEZ	01:00:29	00:05:03	00:59:19	00:04:57	00:37:46	VELAIBIKE	SANTIAGO
37	3537 SANDRA	NOVO FERNANDEZ	01:00:29	00:05:03	00:59:32	00:04:58	00:37:46	NOSPORTLIMIT	VILALBA
38	813 NOELIA	VÁZQUEZ FERREIRA	01:00:53	00:05:05	01:00:25	00:05:03	00:36:09	PATO BLANCO CELANOVA	GOMENSE
39	3894 LUZ	ESTÉVEZ ESTÉVEZ	01:00:53	00:05:05	01:00:14	00:05:02	00:37:46		OURENSE
40	3890 ALEJANDRA	LOSADA NOVOA	01:01:34	00:05:08	01:00:58	00:05:05	00:38:19		MONFORTE DE LEMOS
41	202 ESTHER	COUTO LAMIGUEIRO	01:01:41	00:05:09	01:00:13	00:05:02	00:39:30	CLUB NATACION CEDEIRA MUEBLES GARCIA	CEDEIRA
42	3902 RAQUEL	ZAPATA RODRIGUEZ	01:01:43	00:05:09	01:01:06	00:05:06	00:38:06		FERROL
43	1633 MARIA	MONTOIRO SALVADO	01:02:16	00:05:12	01:01:18	00:05:07	00:39:27	ARCA DE NOE	SANTIAGO
44	1505 MÓNICA	GARCÍA ASOREY	01:02:31	00:05:13	01:01:55	00:05:10	00:39:05		SAN SEBASTIÁN
45	3900 PAULA	SOUTO GARCÍA	01:02:33	00:05:13	01:02:00	00:05:10	00:39:23		OLEIROS
46	64 MARIA	OVEDO BATALLA	01:02:41	00:05:14	01:01:53	00:05:10	00:39:24	ORIXINAL MGM TEAM	NOIA
47	4414 ZELTIA	LANDEIRA PIQUÍN	01:02:56	00:05:15	01:01:37	00:05:09	00:39:45		CAMBRE
48	3317 ISABEL	LORENZO LÓPEZ	01:03:14	00:05:17	01:02:31	00:05:13	00:39:21	BOX001 OURENSE RUN MANIAK	CRECENTE
49	651 ROSALÍA	AVENDAÑO MARTÍNEZ	01:03:15	00:05:17	01:02:44	00:05:14	00:39:15		VIGO
50	705 ANA	BELLO NINE	01:03:17	00:05:17	01:02:32	00:05:13	00:39:26	BARBANTIA RODA	NOIA
51	1523 IRENE	MARTÍNEZ MONTERO	01:03:18	00:05:17	01:02:08	00:05:11	00:39:37		FERROL
52	1847 LUCIA	VARELA MARTÍNEZ	01:03:27	00:05:18	01:02:49	00:05:15	00:39:07	CLUB ATLETISMO SADA	LUGO
53	3891 ANA	PUIME MIGUEZ	01:03:30	00:05:18	01:02:57	00:05:15	00:39:23		VIGO
54	3888 MONICA	VAZQUEZ AIRA	01:03:39	00:05:19	01:03:07	00:05:16	00:40:39		A CORUÑA
55	1598 IRIA	NIETO ROMERO	01:03:43	00:05:19	01:03:08	00:05:16	00:40:22		BEMBIBRE
56	3899 PATRICIA	REDONDO SILVA	01:03:51	00:05:20	01:03:17	00:05:17	00:38:55		BUENOS AIRES
57	3911 PAULA	LODEIRO POSE	01:03:52	00:05:20	01:03:01	00:05:16	00:39:39		SANTIAGO DE COMPOSTELA
58	1507 VANESSA	GONZALEZ VILARIÑO	01:03:54	00:05:20	01:02:07	00:05:11	00:39:49		A CORUÑA

59	649 PILI	FRANCO RESÚA	01:03:56	00:05:20	01:03:06	00:05:16	00:39:38		RIVEIRA
60	294 RAQUEL	RUIBAL CARNEIRO	01:03:58	00:05:20	01:02:46	00:05:14	00:40:51	URBAN RUNNERS CLUB SANTIAGO	ORDES
61	1510 ADRIANA	SAAVEDRA MÉNDEZ	01:04:04	00:05:21	01:04:04	00:05:21	00:39:12		SANTIAGO DE COMPOSTELA
62	4408 MARYEM	SALI DUQUE	01:04:18	00:05:22	01:02:44	00:05:14	00:40:42		MARRUECOS
63	668 TANIA	VILLARES BALSA	01:04:22	00:05:22	01:03:38	00:05:19	00:40:07		FERROL
64	4405 KATIA	PÉREZ LÓPEZ	01:05:13	00:05:27	01:03:33	00:05:18	00:40:42		LAUSANNE (SUIZA)
65	4067 OLALLA	FERNÁNDEZ VALEIRAS	01:05:17	00:05:27	01:04:28	00:05:23	00:40:48	LA-MARGHA AUTOTODO	O CARBALLIÑO
66	49 PAULA	GONZÁLEZ PAZOS	01:05:21	00:05:27	01:04:48	00:05:24	00:40:18	CLUBE ATLETISMO FENE	FENE
67	4410 LARA	TOBIO RODRIGUEZ	01:05:32	00:05:28	01:04:12	00:05:21	00:40:02		VIGO
68	3885 ISABEL	LÓPEZ OTERO	01:05:38	00:05:29	01:05:24	00:05:27	00:40:01		LUGO
69	795 ANA BELEN	HERMIDA CARBALLO	01:05:59	00:05:30	01:05:15	00:05:27	00:41:07	LA MOCHILA DEL DEPORTE	A CORUÑA
70	666 ROCIO	GARCIA FELPETO	01:05:59	00:05:30	01:04:18	00:05:22	00:41:05		NARON
71	3322 MARÍA BEGOÑA	CAJADE BLANCO	01:06:12	00:05:31	01:05:32	00:05:28	00:41:13	C.A.I A ESTRADA	A ESTRADA
72	642 MARÍA	ROMERO FERREIRO	01:06:14	00:05:32	01:05:18	00:05:27	00:41:04		SANTIAGO
73	629 BÁRBARA	SANZ MENDIGUCHÍA	01:06:18	00:05:32	01:05:19	00:05:27	00:41:55		MADRID
74	3905 NURIA	TARRIO FUENTES	01:06:28	00:05:33	01:05:20	00:05:27	00:41:35		VILLAGARCIA
75	4091 MARIA ESTHER	PEREZ BORRAJO	01:06:43	00:05:34	01:06:16	00:05:32	00:42:08	PATO BLANCO CELANOVA	A MERCA
76	834 CAROLINA	IBORRA CERVERA	01:06:51	00:05:35	01:05:57	00:05:30	00:42:00	TAMBRE BIKE&RUNNING	VALENCIA
77	4108 ARIANA	SUÁREZ CHORÉN	01:07:07	00:05:36	01:06:03	00:05:31	00:42:10	RUNNING OLEIROS	TOURO
78	3540 ANA MARIA	FERNANDEZ BELLO	01:07:11	00:05:36	01:06:27	00:05:33	00:41:28	NOSPORTLIMIT	A CORUÑA
79	3219 LUCIA	GARCIA RECAREY	01:07:18	00:05:37	01:06:13	00:05:32	00:42:33	ALTAFIT GYM CLUB	VIGO
80	3211 MARTA	BARBEITO DOMINGUEZ	01:07:28	00:05:38	01:06:43	00:05:34	00:36:45	AD NAUTICO NARON	OLEIROS
81	292 ANA BELÉN	MUIÑO PEGO	01:07:39	00:05:39	01:06:26	00:05:33	00:43:25	URBAN RUNNERS CLUB SANTIAGO	BRIÓN
82	1544 SHEILA	MARTIN GARCIA	01:07:55	00:05:40	01:06:18	00:05:32	00:43:46		MADRID
83	764 LUCIA	GALLARDO GALÁN	01:07:57	00:05:40	01:06:46	00:05:34	00:42:15	CLUBE ATLETISMO VILALBA	SAN CIBRAO
84	4427 MARIA	MANTIÑAN PAREDES	01:08:31	00:05:43	01:07:56	00:05:40	00:42:13		A CORUÑA
85	119 CHUS	GARCIA PENA	01:08:36	00:05:43	01:07:19	00:05:37	00:43:06		TRAZO
86	711 MARIA TERESA	FRANCO LEIS	01:08:47	00:05:44	01:07:34	00:05:38	00:43:21	BEKELE RUNNING TEAM	RIBEIRA
87	1564 INÉS	LÓPEZ CURROS	01:08:48	00:05:44	01:07:30	00:05:38	00:42:36		SANTIAGO DE COMPOSTELA
88	1554 ANA	GUERRA GARCIA	01:09:04	00:05:46	01:08:09	00:05:41	00:42:55		OURENSE
89	633 ESTHER	TIZON RODRIGUEZ	01:09:07	00:05:46	01:07:50	00:05:40	00:43:11		SANTIAGO
90	632 ESTHER	PIÑON GONZALEZ	01:09:13	00:05:47	01:08:48	00:05:44	00:41:59		FERROL
91	3904 MAYKA	BASALO SANTÍN	01:09:57	00:05:50	01:08:50	00:05:45	00:43:35		MELIDE
92	295 ANA MARÍA	FERNÁNDEZ COSTOYAS	01:09:57	00:05:50	01:09:03	00:05:46	00:42:47	URBAN RUNNERS SANTIAGO	SILLEDA
93	1537 PATRICIA	BEIROA BARDANCA	01:10:15	00:05:52	01:09:02	00:05:46	00:44:02		TRAZO
94	1803 MARIA	AMENEDO	01:10:17	00:05:52	01:09:12	00:05:46	00:44:02		SANTIAGO DE COMPOSTELA
95	615 SILVIA	CORREA COSTAS	01:10:26	00:05:53	01:09:19	00:05:47	00:44:08		BEMBRIVE
96	835 BEA	TORRES PARADA	01:11:10	00:05:56	01:10:05	00:05:51	00:44:35	TANINOS RUNNERS PONTEAREAS	PONTEAREAS
97	4417 ALBA	DIAZ VARELA	01:11:21	00:05:57	01:09:56	00:05:50	00:43:47		SANTIAGO
98	1573 MARTA	ABALO TARRIO	01:11:24	00:05:57	01:10:03	00:05:51	00:45:21		PONTEVEDRA
99	3953 PAULA	GARCÍA REBOREDO	01:11:29	00:05:58	01:09:50	00:05:50	00:45:06	ATLETISMO FRIOL	LUGO
100	4005 AIDA MARIA	SUÁREZ CHORÉN	01:11:33	00:05:58	01:10:29	00:05:53	00:43:52	CLUB DE ATLETISMO BOIMORTO	TOURO
101	1577 VERÓNICA	IGLESIAS FUSTES	01:11:33	00:05:58	01:10:59	00:05:55	00:44:21		A CORUÑA
102	3305 TANIA	BELLAS FORMOSO	01:11:35	00:05:58	01:09:55	00:05:50	00:46:05	ATLETISMO OLYMPO	AS PONTES
103	1700 PATRICIA	LOUZAO LÓPEZ	01:11:38	00:05:59	01:10:09	00:05:51	00:44:27		SANTIAGO
104	840 ADRIANA	FERNÁNDEZ VÁZQUEZ	01:11:42	00:05:59	01:10:23	00:05:52	00:43:44	TARTARUGAS	A CORUÑA
105	1569 MARIA	CASTRO AGRA	01:11:54	00:06:00	01:11:05	00:05:56	00:43:52		O BARCO DE VALDEORRAS
106	4092 NURIA	VARELA DE AMORIN	01:11:57	00:06:00	01:11:29	00:05:58	00:44:04	PATO BLANCO CELANOVA	CELANOVA
107	4421 VANESA	FELPETO BABÍO	01:12:05	00:06:01	01:11:18	00:05:57	00:44:28		A CORUÑA
108	3896 MARÍA	DOMÍNGUEZ GARCÍA	01:12:25	00:06:03	01:11:25	00:05:58	00:44:38		CORUÑA
109	648 PAULA	RODRIGUEZ NOYA	01:12:31	00:06:03	01:10:46	00:05:54	00:47:00		AMES
110	1576 SANDRA	GARCÍA FERNÁNDEZ	01:12:33	00:06:03	01:10:54	00:05:55	00:46:57		BOIRO
111	4425 VERONICA	MOSQUERA SILVA	01:13:00	00:06:05	01:11:25	00:05:58	00:46:04		LA CORUÑA
112	1517 BERTA	FERNÁNDEZ VIÑA	01:13:16	00:06:07	01:11:54	00:06:00	00:45:22		SANTIAGO DE COMPOSTELA
113	1518 CRISTINA	BARREIRO AMOR	01:13:19	00:06:07	01:11:50	00:06:00	00:45:27		CEDEIRA

114	1521 FATIMA	LIMA	01:13:25	00:06:08	01:12:17	00:06:02	00:46:03		SANTIAGO DE COMPOSTELA
115	1808 EVA MARÍA	PARCERO SOUTO	01:13:30	00:06:08	01:11:55	00:06:00	00:46:04		CULLEREDO
116	3522 MARIA JOSÉ	VAZQUEZ SANTOS	01:13:44	00:06:09	01:12:46	00:06:04	00:45:10	NO SPORT LIMT	CULLEREDO
117	3937 COVADONGA	LOPEZ PREGO	01:13:53	00:06:10	01:12:26	00:06:03	00:45:37	ATENAS RUNNING VDA	VILAGARCÍA DE AROUSA
118	287 SILVIA	VIEIRA	01:14:13	00:06:12	01:13:17	00:06:07	00:45:05	TOP TOP	BRAGA - PORTUGAL
119	3196 MARÍA JESÚS	RODRÍGUEZ GULÍAS	01:14:24	00:06:12	01:13:04	00:06:06	00:46:21	30 LOS NUEVOS 20	MASIDE
120	1583 DOLORES	PIAS PELETEIRO	01:14:34	00:06:13	01:13:02	00:06:06	00:46:16		SANTIAGO DE COMPOSTELA
121	1818 LIDIA	FERREIRA	01:14:42	00:06:14	01:13:47	00:06:09	00:46:04	CALDAS DE SÃO JORGE SPORT CLUB	CALDAS SAO JORGE
122	1515 BEGOÑA	RODRIGUEZ LAGO	01:14:50	00:06:15	01:13:04	00:06:06	00:47:14		MUROS
123	1563 FLORY	MARTINEZ LARANGA	01:14:52	00:06:15	01:13:40	00:06:09	00:46:12		RIBEIRA
124	1536 NOELIA	MARTIN LOPEZ	01:14:52	00:06:15	01:13:33	00:06:08	00:46:51		A PONTENOVA
125	1558 BELEN	GARCÍA GONZÁLEZ	01:14:54	00:06:15	01:13:09	00:06:06	00:47:14		LA CORUÑA
126	718 CRISTINA	RIVAS RIO	01:14:56	00:06:15	01:13:10	00:06:06	00:47:13	CDM VÉRTICE	BOIRO
127	1542 SANDRA	IGLESIAS LOUZAO	01:14:56	00:06:15	01:13:27	00:06:08	00:46:12		SANTIAGO DE COMPOSTELA
128	1545 SILVIA	CANDIA EXPOSITO	01:15:02	00:06:16	01:13:32	00:06:08	00:47:00		BURELA
129	1597 BEGOÑA	DOMÍNGUEZ DURO	01:15:10	00:06:16	01:13:10	00:06:06	00:47:32		VIGO
130	1809 IRENE	GARCIA HERRERO	01:15:24	00:06:17	01:14:30	00:06:13	00:46:52		CORUÑA
131	1806 BEATRIZ	QUEJO PEREIRA	01:15:24	00:06:17	01:14:30	00:06:13	00:46:52		CARBALLO
132	1538 PATRICIA	SÁNCHEZ COSTA	01:15:58	00:06:20	01:14:40	00:06:14	00:47:05		SANTIAGO DE COMPOSTELA
133	1524 LAURA	GARCÍA-CARPINTERO MORENO- CHOCANO	01:15:58	00:06:20	01:14:40	00:06:14	00:47:05		DAIMIEL
134	261 LOURDES	SANTOS BOUZO	01:16:13	00:06:22	01:14:52	00:06:15	00:48:07	ÓPTICA TAMBRE-CLÍNICA DENTAL ADRIANA MARIÑO	BARCELONA
135	4083 MILA	GONZALEZ LOPEZ	01:16:17	00:06:22	01:15:32	00:06:18	00:47:01	NOSPORTLIMIT	ORENSE
136	4086 CARMEN	PASANDIN PETEIRO	01:16:17	00:06:22	01:15:33	00:06:18	00:47:01	NSL	A CORUÑA
137	1694 ANAHI	RODRÍGUEZ SAAVEDRA	01:16:25	00:06:23	01:15:09	00:06:16	00:46:44		SANTIAGO DE COMPOSTELA
138	3954 ESTER	MOURENZA FERNANDEZ	01:16:51	00:06:25	01:15:12	00:06:16	00:47:48	ATLETISMO FRIOL	LUGO
139	624 ALMUDENA	LODEIRO CASTRO	01:17:14	00:06:27	01:15:29	00:06:18	00:47:08		SANTIAGO DE COMPOSTELA
140	736 MARÍA	GARCÍA CASTELO	01:17:15	00:06:27	01:15:27	00:06:18	00:48:54	CLUB ATLETISMO LOUSAME-DEPORTES HERMIDA	OUTES
141	1539 PATRICIA	MUNIN BROCOS	01:17:58	00:06:30	01:16:34	00:06:23	00:49:39		BOQUEIXON
142	1855 SUSANA	CASAL SELAS	01:18:03	00:06:31	01:17:35	00:06:28	00:48:12		OURENSE
143	1854 CANDIDA	CASAL SELAS	01:18:03	00:06:31	01:17:35	00:06:28	00:48:12		OURENSE
144	809 ELENA	FERNÁNDEZ MATÍAS	01:18:15	00:06:32	01:17:21	00:06:27	00:47:52	NOITEBRA FC	SANTIAGO DE COMPOSTELA
145	810 MARÍA JOSÉ	FERNÁNDEZ MATÍAS	01:18:15	00:06:32	01:17:21	00:06:27	00:47:52	NOITEBRA FC	SANTIAGO DE COMPOSTELA
146	636 JESSICA	PAZ SANTAMARIA	01:18:24	00:06:32	01:16:59	00:06:25	00:49:13		PORTO DO SON
147	4426 SALOMÉ	MIRAMONTES MIRÁS	01:18:40	00:06:34	01:17:23	00:06:27	00:49:36		SANTIAGO DE COMPOSTELA
148	1580 MARTA	DAPENA GOMEZ	01:18:46	00:06:34	01:17:20	00:06:27	00:49:05		SANTIAGO DE COMPOSTELA
149	1599 MARI	ROMERO ROMERO	01:21:21	00:06:47	01:20:28	00:06:43	00:50:05		MUROS
150	643 MARIA ANTONIA	GONZÁLEZ SOUTO	01:21:35	00:06:48	01:20:17	00:06:42	00:50:51		SANTIAGO
151	1811 YOLANDA	SIMÓN VÁZQUEZ	01:23:03	00:06:56	01:22:46	00:06:54	00:51:10		CARACAS
152	645 MARIA L.	GONZALEZ SOUTO	01:23:15	00:06:57	01:21:57	00:06:50	00:50:51		SANTIAGO
153	1819 LILIANA	ALMEIDA	01:23:36	00:06:58	01:22:38	00:06:54	00:51:38	CALDAS DE SÃO JORGE SPORT CLUB	CALDAS SAO JORGE
154	1560 CLARA MARÍA	FANDIÑO OTERO	01:23:53	00:07:00	01:22:05	00:06:51	00:52:22		SANTIAGO
155	625 ANA	BLANCO SUÁREZ	01:24:06	00:07:01	01:22:28	00:06:53	00:53:21		VIMIANZO
156	1522 INMACULADA	CASTRO LOPEZ	01:24:59	00:07:05	01:23:12	00:06:56	00:52:42		NOIA
157	1601 SONIA	BARCA BELENDA	01:28:20	00:07:22	01:26:36	00:07:13	00:53:38		SANTIAGO DE COMPOSTELA
DNS	3541 MARÍA CRISTINA	SANTIAGO MARTINEZ						NOSPORTLIMIT-TREK GALICIA	CORUÑA
DNS	688 BEATA	BLOS						ASSAMSTADT	POLONIA
DNS	635 GLORIA	SENDON GONZALEZ							RIBADUMIA
DNS	1610 LUCÍA	ABELENDA PICALLO							SANTIAGO
DNS	1611 MAICA	GARCIA RODRIGUEZ							PONTEVEDRA
DNS	717 LUISA	IGLESIAS VILLANUEVA						CAI A ESTRADA	BEDRA LA CORUÑA
DNS	661 BEATRIZ	OTERO ESTEBAN							CEDEIRA
DNS	178 LUCIA	ROMERO ONS						CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	LOUSAME
DNS	647 PATRICIA	JAMARDO GONZALEZ							CALDAS DE REIS
DNS	746 CATALINA	VÁZQUEZ TARACIDO						CLUB CASTRO DE LOBADIZ	FERROL
DNS	4071 BENIGNA	TOIRAN LOPEZ						MARRANERS	LUGO

DNS	3060 KARINA	CALLON TREUS	CLUB ATLETISMO SADA	CARACAS
DNS	1561 CRISTINA	CARBAJALES PÉREZ		OURENSE
DNS	1565 LEYRE	ESANDI MURGUALDAY		ESTELLA
DNS	151 BEGOÑA	FERNANDEZ RODRIGUEZ	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
DNS	1813 CLARISSE MARIA	PINHO CRUZ	COMESAÑA SPORTING CLUB	OVAR
DNS	134 AROA	BELTRAN CASTRO	AROA	MOS
DNS	3895 MARÍA	RIVAS BARCALA		PONTEVEDRA

VTAF VETERANAS A F Inscritos:
180 Llegados: 150

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control	Galeras	Club	Localidad
1	3059	INES	PAPIN ESTEVEZ	00:50:00	00:04:10	00:49:56	00:04:10	00:30:56		CLUB ATLETISMO SADA	CAMBRE
2	3058	NOELIA	PAPIN ESTEVEZ	00:50:24	00:04:12	00:50:20	00:04:12	00:30:52		CLUB ATLETISMO SADA	SAN SEBASTIAN
3	3039	ISABEL	SÁEZ BATALLÁN	00:50:39	00:04:14	00:50:33	00:04:13	00:31:31		CAI A ESTRADA	CHUR - SUIZA
4	3013	MONICA	NOVOA BARBOSA	00:52:32	00:04:23	00:52:11	00:04:21	00:32:26		ATLETAS VETERANOS OURENSE	A VALENZANA
5	1820	ROSA	SILVA	00:53:10	00:04:26	00:52:54	00:04:25	00:32:53		MUNICIPIO DE CASTRO DAIRE	CASTRO DAIRE
6	1692	LORETO	HERRERO BLANCO	00:54:30	00:04:33	00:54:17	00:04:32	00:33:46			BURGOS
7	613	MARIA	FABEIRO ROMERO	00:55:09	00:04:36	00:54:57	00:04:35	00:34:18			MUROS
8	3110	MARINA	LOSADA MIRANDA	00:55:10	00:04:36	00:54:58	00:04:35	00:34:08		OURENRUNNING - COOLSPORT	OURENSE
9	663	MARIA CARMEN	ARIAS MARTINEZ	00:55:49	00:04:40	00:55:22	00:04:37	00:34:34			CELANOVA
10	3299	NATALIA	LORENZO PÉREZ	00:56:06	00:04:41	00:55:52	00:04:40	00:34:31		ATLETISMO MILLADOIRO	RIANXO
11	1821	TILA	PINA	00:56:57	00:04:45	00:56:40	00:04:44	00:34:47		MUNICIPIO DE CASTRO DAIRE	CASTRO DAIRE
12	3430	MARIA JESUS	DEVESA FERREIRO	00:57:24	00:04:47	00:57:02	00:04:46	00:35:26		CLUB MONTEPENARUBIA LUGO	LUGO
13	3542	BELEN	PEREZ MARTINEZ	00:57:50	00:04:50	00:57:28	00:04:48	00:35:58		OLIMPIA CEE	CEE
14	238	CARLA	FONTOURA	00:58:07	00:04:51	00:58:01	00:04:51	00:35:35		JOBRA	BRANCA
15	3392	LINA	GARCÍA PORTAS	00:58:23	00:04:52	00:58:05	00:04:51	00:36:13		CLUB ATLETISMO SADA	VILANOVA DE AROUSA
16	3192	PURIFICACION	FERNANDEZ CAMPOS	00:58:26	00:04:53	00:57:39	00:04:49	00:36:30			CORUNA
17	3393	MONTSE	FERNANDEZ RAMOS	00:58:33	00:04:53	00:58:15	00:04:52	00:36:14		CLUB ATLETISMO SADA	CORNELLA
18	243	DORA	RIBEIRO GÓMEZ	00:59:18	00:04:57	00:58:30	00:04:53	00:37:02		KORPORE-LAMARGHA	PUNXÍN
19	200	MARIA JOSE	BRAGAÑA MIGUENS	00:59:24	00:04:57	00:58:39	00:04:54	00:37:18		CLUB JONH TURKEY OUTES	A ESTRADA
20	1852	INÉS	IGLESIAS FRAGA	00:59:35	00:04:58	00:59:08	00:04:56	00:37:09		CLUB ATLETISMO SADA	OLEIROS
21	3889	MADA	GARCÍA ABALO	00:59:50	00:05:00	00:59:19	00:04:57	00:36:43			PONTECESURES
22	616	MARIA GUADALUPE	BUJAN RODRIGUEZ	00:59:57	00:05:00	00:58:26	00:04:53	00:38:07			MELIDE
23	3429	ISABEL MARGARITA	DIAZ DOMÍNGUEZ	01:00:01	00:05:01	00:59:16	00:04:57	00:37:01		CLUB MONTEPENARUBIA LUGO	LUGO
24	1514	BEGOÑA	GUTIERREZ CONDE	01:00:19	00:05:02	00:59:28	00:04:58	00:37:53			SANTIAGO DE COMPOSTELA
25	3368	PURI	CARIÑENA AMIGO	01:00:24	00:05:02	00:59:59	00:05:00	00:37:36		CLUB ATLETISMO MILLARAIO	SANTIAGO DE COMPOSTELA
26	3538	SONIA	ROCA CANZOBRE	01:00:29	00:05:03	00:59:32	00:04:58	00:37:43		NOSPORTLIMIT	A CORUÑA
27	174	MARGA	MORENO FERNÁNDEZ	01:00:59	00:05:05	01:00:00	00:05:00	00:37:56		CDM VÉRTICE	EL PONT DE SUERT (LLEIDA)
28	152	ISABEL	GARCÍA FERNÁNDEZ	01:01:10	00:05:06	01:00:33	00:05:03	00:37:39		ATLETISMO FONTES DO SAR	LONDRES
29	3347	MARGARITA	AGUIN TRELLES	01:01:18	00:05:07	01:00:50	00:05:05	00:37:54		CD RIA DE AROUSA	O GROVE
30	671	MARÍA	RODEIRO	01:01:19	00:05:07	01:00:41	00:05:04	00:38:09			FENE
31	650	ROSA MARIA	MOURAZOS OTERO	01:01:49	00:05:10	01:00:57	00:05:05	00:38:39			ARZUA
32	269	TERESA	FERRER LOJO	01:01:56	00:05:10	01:01:41	00:05:09	00:37:55		REAL AERoclUB DE SANTIAGO	SANTIAGO DE COMPOSTELA
33	279	SUSI	MOSTEIRO PIÑEIRO	01:02:24	00:05:12	01:00:36	00:05:03	00:40:10		SERVICIO	VILAGARCIA
34	3319	ALICIA	GARCÍA CRUZ	01:02:35	00:05:13	01:02:12	00:05:11	00:38:38		C D OLIMPIA	SALAMANCA
35	3901	PILAR	RAMOS SANCHEZ	01:02:58	00:05:15	01:01:40	00:05:09	00:39:47			CORUÑA
36	618	LAURA ALICIA	ACEVEDO ARTEAGA	01:03:03	00:05:16	01:02:31	00:05:13	00:39:18			MEXICO DF
37	655	SUSANA	GOMEZ LODEIROS	01:03:26	00:05:18	01:02:55	00:05:15	00:39:18			SANTIAGO DE COMPOSTELA
38	3294	ANA MARIA	MALLO DOMINGUEZ	01:03:33	00:05:18	01:02:55	00:05:15	00:39:11		ATLETISMO FONTES DO SAR	TRAZO
39	3892	BEGOÑA	MARTINEZ LORENZO	01:03:50	00:05:20	01:02:43	00:05:14	00:39:53			ARTEIXO
40	3295	MONTSE	VEIGA BLANCO	01:04:03	00:05:21	01:03:09	00:05:16	00:40:05		ATLETISMO FONTES DO SAR	SANTIAGO
41	150	EMMA	VEIGA BLANCO	01:04:03	00:05:21	01:03:09	00:05:16	00:40:05		ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
42	241	MARIA ROSA	LOPES	01:04:13	00:05:22	01:04:06	00:05:21	00:39:05		JOBRA	BRANCA
43	3516	EVA	SANCHEZ MARTINEZ	01:04:16	00:05:22	01:02:53	00:05:15	00:40:23		MIXMASTER RUNNING	MADRID
44	1638	JULIA	CASTRO COLORADO	01:04:35	00:05:23	01:03:35	00:05:18	00:41:11		BIKILA	VIGO
45	3257	RAQUEL	BOTANA GONZALEZ	01:04:42	00:05:24	01:04:02	00:05:21	00:40:12		ATLETAS DE ACEA DE AMA	ABEGONDO

46	176	JANET	FLORES GARCÍA	01:04:46	00:05:24	01:03:45	00:05:19	00:40:55	CLUB ATLETISMO ESTRADA	KINGSTON UPON THAMES
47	3400	ROCÍO	LÓPEZ RODRÍGUEZ	01:04:50	00:05:25	01:03:08	00:05:16	00:41:26	CLUB ATLETISMO TUI - THERMALIA	TUI
48	3394	MARCELA	PARGA FERNANDEZ	01:05:07	00:05:26	01:04:28	00:05:23	00:39:37	CLUB ATLETISMO SADA	A CORUÑA
49	3563	REYES	CUESTA UDIAS	01:05:33	00:05:28	01:04:18	00:05:22	00:41:23	RABADE CORRE CON VOS	LUGO
50	3914	PILAR	PINILLA LÓPEZ	01:05:37	00:05:29	01:04:43	00:05:24	00:40:21		GUERNICA
51	229	MARISA	MENESES	01:05:44	00:05:29	01:05:00	00:05:25	00:40:38	ES MINOVIA	MATOSINHOS
52	3304	MARIA DEL CARMEN	ANTÓN FERNÁNDEZ	01:05:51	00:05:30	01:04:11	00:05:21	00:40:47	ATLETISMO OLYMPO	A CAPELA
53	1504	MARIA ISABEL	CAMINO CREGO	01:05:55	00:05:30	01:04:32	00:05:23	00:41:08		ARZUA
54	3912	SILVIA	MARTINEZ POUSADA	01:06:03	00:05:31	01:05:01	00:05:26	00:41:19		CANGAS
55	3334	ROSA	ESTEVEZ VÁZQUEZ	01:06:06	00:05:31	01:05:29	00:05:28	00:41:04	CAC CAMBADOS SEGUROS NOVAL	CAMBADOS
56	1574	MONTSERRAT	FERRACES VAZQUEZ	01:06:13	00:05:32	01:04:27	00:05:23	00:42:10		SANTIAGO
57	620	MARIA ELENA	ESTEVEZ FREIRE	01:06:13	00:05:32	01:04:36	00:05:23	00:42:04		BUEU
58	1872	PATRICIA	BARREIRA RODRIGUEZ	01:06:20	00:05:32	01:06:03	00:05:31	00:40:29		A CORUÑA
59	3906	MONICA	LEMOS JORGE	01:06:42	00:05:34	01:05:23	00:05:27	00:43:37		CANGAS DE MORRAZO
60	4090	MONICA	ALVAREZ PEREZ	01:06:43	00:05:34	01:06:16	00:05:32	00:42:08	PATO BLANCO CELANOVA	A BOLA
61	697	SONIA MARÍA	REIMÓNDEZ CALVO	01:06:53	00:05:35	01:05:58	00:05:30	00:41:32	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
62	3909	CHELO	MURIAS RODRIGUEZ	01:07:00	00:05:35	01:05:13	00:05:27	00:42:10		O BARQUEIRO
63	3908	ANGELES	GARCIA GARCIA	01:07:00	00:05:35	01:05:14	00:05:27	00:42:09		SANTIAGO
64	1590	SONIA	FERNANDEZ CONDE	01:07:00	00:05:35	01:06:18	00:05:32	00:41:21		SANTIAGO
65	626	ANA ISABEL	LAJOS CAROU	01:07:06	00:05:36	01:06:48	00:05:34	00:41:30		RIANXO
66	4407	MARÍA LUZ	RODRÍGUEZ GARCÍA	01:07:06	00:05:36	01:06:32	00:05:33	00:41:53		A CORUÑA
67	1701	ROSA	DE LA CÁMARA	01:07:14	00:05:37	01:06:04	00:05:31	00:41:55		BURGOS
68	3927	NURIA	SEIJO PEREZ	01:07:18	00:05:37	01:06:12	00:05:31	00:42:32	ALTAFIT GYM CLUB	A CORUÑA
69	293	CARLA	SAN MARTÍN SÁNCHEZ	01:07:19	00:05:37	01:06:07	00:05:31	00:41:14	URBAN RUNNERS CLUB SANTIAGO	SANTIAGO DE COMPOSTELA
70	763	MARÍA JOSÉ	SOUTO SILVA	01:07:21	00:05:37	01:06:03	00:05:31	00:42:08	CLUBE ATLETISMO VILALBA	VILALBA
71	1534	MONICA	PICHEL GARCIA	01:07:22	00:05:37	01:06:21	00:05:32	00:43:37		CARBALLO
72	244	CATALINA	SANTOS CARRO	01:07:28	00:05:38	01:06:43	00:05:34	00:41:07	LA MOCHILA DEL DEPORTE	ASTORGA
73	245	SUSANA	SOMME LÓPEZ	01:07:29	00:05:38	01:06:44	00:05:34	00:41:07	LA MOCHILA DEL DEPORTE	VILLAGARCIA DE AROSA
74	644	MARÍA JOSÉ	LÓPEZ PEGITO	01:07:34	00:05:38	01:06:42	00:05:34	00:41:40		SANTIAGO
75	258	SUSANA	BUJÁN OTERO	01:07:42	00:05:39	01:06:45	00:05:34	00:41:50	NOITEBRA FC	SANTIAGO
76	621	PILAR	MUGICA ELORZA	01:07:45	00:05:39	01:06:58	00:05:35	00:42:08		BILBAO
77	665	MARTA	FORÉS LOJO	01:07:54	00:05:40	01:06:18	00:05:32	00:42:07		ZARAGOZA
78	1551	MARIA LUISA	BOQUETE PUMAR	01:07:54	00:05:40	01:06:18	00:05:32	00:42:07		VALENCIA1
79	614	SARA	NUÑEZ VIDAL	01:08:08	00:05:41	01:07:39	00:05:39	00:41:31		SANTIAGO
80	664	MARIA DEL PILAR	FERREIRO PEREZ	01:08:13	00:05:42	01:06:35	00:05:33	00:42:39		TOQUES
81	4428	PAULA	PARDO VAZQUEZ	01:08:20	00:05:42	01:06:34	00:05:33	00:45:13		OURENSE
82	28	MARGA	QUINTELA GOMEZ	01:08:20	00:05:42	01:08:19	00:05:42	00:41:59	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
83	659	MARTA	FIGUEIRAS GARCIA	01:08:43	00:05:44	01:08:11	00:05:41	00:42:09		OURENSE
84	186	ANGELES	AMOR GARCÍA	01:09:06	00:05:46	01:08:26	00:05:43	00:42:06	CLUB ATLETISMO SADA	SADA
85	3355	RAQUEL	LAREO RODRÍGUEZ	01:09:06	00:05:46	01:07:22	00:05:37	00:44:34	CLUB ATLETISMO DEZA	LALIN
86	1516	BELÉN	ANEIROS REY	01:09:26	00:05:48	01:08:59	00:05:45	00:42:51		FERROL
87	1588	MARÍA	ROCAMONDE ÁLVAREZ	01:09:30	00:05:48	01:08:11	00:05:41	00:43:10		SANTIAGO
88	638	Mª BEGOÑA	MIRA JUNCAL	01:09:31	00:05:48	01:09:15	00:05:47	00:42:40		OROSO
89	656	SUSANA	IGLESIAS VAZQUEZ	01:09:54	00:05:50	01:08:35	00:05:43	00:44:07		VIGO
90	197	CARMEN	CASTRO CORES	01:09:55	00:05:50	01:08:46	00:05:44	00:43:18	CLUB DEPORTIVO VAGALUME ENERGÍA	O PINO
91	1807	MARTA	BELLAS RODRÍGUEZ	01:09:57	00:05:50	01:09:32	00:05:48	00:43:51		VALLADOLID
92	4422	PILAR	RODRIGUEZ RODRIGUEZ	01:09:58	00:05:50	01:08:52	00:05:45	00:42:58		MONFORTE DE LEMOS
93	4420	TANIA	MARTÍNEZ RAMILO	01:10:04	00:05:51	01:08:22	00:05:42	00:43:38		MONTEVIDEO
94	3913	YOLANDA	GONZÁLEZ AREAL	01:10:07	00:05:51	01:09:03	00:05:46	00:43:52		PORRIÑO
95	1874	BEATRIZ	PAREDES RODRIGUEZ	01:10:07	00:05:51	01:08:54	00:05:45	00:44:02	URBAN RUNNERS CLUB SANTIAGO	SANTIAGO
96	1535	MÓNICA	ÁLVAREZ POMBO	01:10:33	00:05:53	01:09:05	00:05:46	00:44:27		SANTIAGO
97	4406	LYDIA	MARTINEZ MOUTON	01:10:42	00:05:54	01:09:56	00:05:50	00:42:47		MADRID
98	3887	DOLORES	GÓMEZ TRIGO	01:10:44	00:05:54	01:09:00	00:05:45	00:45:43		LUGO
99	4034	MARTA	IZQUIERDO GAMALLO	01:10:45	00:05:54	01:08:58	00:05:45	00:45:24	CORREDORES DO MIÑO	BILBAO
100	131	ANA MARIA	VARELA SALGADO	01:11:10	00:05:56	01:10:36	00:05:53	00:43:35	ANITA	MELIDE

101	3599 MÓNICA	HOMBREIRO PÉREZ	01:11:10	00:05:56	01:10:05	00:05:51	00:44:34	TANINOS RUNNERS PONTEAREAS	PONTEAREAS
102	4424 TERESA	LÓPEZ DE LA VEGA	01:11:11	00:05:56	01:10:08	00:05:51	00:44:36		FERROL
103	1511 ANA MARÍA	PÉREZ ROMERO	01:11:46	00:05:59	01:11:14	00:05:57	00:43:39		O PORRIÑO
104	4413 MARIA JOSE	ULLOA	01:11:50	00:06:00	01:10:36	00:05:53	00:43:54		TABOADA
105	698 BEATRIZ	VÁZQUEZ FERNÁNDEZ	01:11:51	00:06:00	01:10:56	00:05:55	00:45:28	ATLETISMO FONTES DO SAR	SANTIAGO
106	3950 ANA	VIGO LIÑARES	01:12:00	00:06:00	01:11:07	00:05:56	00:44:55	ATLETISMO FONTES DO SAR	A BAÑA
107	3951 CRISTINA	LOPEZ	01:12:00	00:06:00	01:11:05	00:05:56	00:44:54	ATLETISMO FONTES DO SAR	SANTIAGO
108	4432 MANUELA	FILGUEIRAS BARRO	01:12:16	00:06:02	01:10:41	00:05:54	00:45:23		XERMADE
109	744 ALMA	TRILLO FERNÁNDEZ	01:12:25	00:06:03	01:10:51	00:05:55	00:44:38	CLUB ATLETISMO SADA	LA CORUÑA
110	3882 BEATRIZ	MANDIAN BLANCO	01:12:26	00:06:03	01:10:51	00:05:55	00:44:38		A CORUÑA
111	4423 SUSANA	FRANCO MASIDE	01:12:44	00:06:04	01:11:21	00:05:57	00:46:18		ALEMANIA
112	3036 MARIA LUISA	LOPEZ GARCIA	01:12:59	00:06:05	01:11:47	00:05:59	00:44:56	C.D.EGOVARROS-VIVEIRO	A CORUÑA
113	1605 SILVIA	VARELA GOMEZ	01:13:02	00:06:06	01:11:59	00:06:00	00:45:21		A CORUÑA
114	4075 OLGA	SUÁREZ MUJICO	01:13:11	00:06:06	01:12:01	00:06:01	00:45:37	MULLER EN FORMA	SANTIAGO DE COMPOSTELA
115	739 MAYKA	JUEGUEN LAGO	01:13:17	00:06:07	01:12:07	00:06:01	00:45:30	CLUB ATLETISMO MILLARAIO	VILAGARCIA
116	1543 SANDRA	VÁZQUEZ OTERO	01:13:18	00:06:07	01:11:44	00:05:59	00:45:43		O CARBALLIÑO
117	641 MARÍA	PAZOS CARBON	01:13:19	00:06:07	01:12:33	00:06:03	00:44:41		SANTIAGO
118	276 NATALIA	MARTÍNEZ-REBOREDO FERREIRO	01:13:20	00:06:07	01:11:56	00:06:00	00:45:15	SAN FINS FLYERS	SANTIAGO
119	696 MARÍA DEL PUERTO	FONTÁN RODRÍGUEZ	01:13:33	00:06:08	01:12:38	00:06:04	00:45:46	ATLETISMO FONTES DO SAR	MARÍN
120	699 MARÍA ISABEL	QUIREZA RAMOS	01:13:33	00:06:08	01:12:39	00:06:04	00:45:46	ATLETISMO FONTES DO SAR	MEXICO, D.F.
121	4040 MARIA JESUS	ASOREY SESTO	01:13:45	00:06:09	01:11:56	00:06:00	00:45:42	DOIMEHERE TEAM	MELIDE
122	198 ÁNGELES	SALMONTE VARELA	01:13:53	00:06:10	01:12:45	00:06:04	00:45:34	CLUB DEPORTIVO VAGALUME ENERGÍA	O PINO
123	4419 MARÍA DEL ROSARIO	CRESPO MERELAS	01:13:53	00:06:10	01:12:15	00:06:02	00:46:36		A CORUÑA
124	1555 ANA BELÉN	JARDÓN BOUZAS	01:14:04	00:06:11	01:12:45	00:06:04	00:47:05		RAIRIZ DE VEIGA
125	1509 MARÍA JESÚS	MARTÍNEZ BARBEITO	01:14:15	00:06:12	01:12:52	00:06:05	00:46:22		LARACHA
126	1557 BEGOÑA	QUINTAS SANTOS	01:14:27	00:06:13	01:14:02	00:06:11	00:45:55		SANTIAGO
127	1528 MARIA DE LOS ANGELES	PÉREZ GUTIÉRREZ	01:15:19	00:06:17	01:14:24	00:06:12	00:46:06		O PORRIÑO
128	634 FERNANDA	RAMOS RODRIGUEZ	01:15:29	00:06:18	01:14:41	00:06:14	00:47:06		A CORUÑA
129	646 MARTA	MARTINEZ LAMELAS	01:15:32	00:06:18	01:14:12	00:06:11	00:46:40		CARIÑO
130	1596 MARIA DIANA	RODRIGUEZ RODRIGUEZ	01:15:49	00:06:20	01:14:23	00:06:12	00:47:06		ORENSE
131	1547 VICTORIA	SÁNCHEZ COSTA	01:15:58	00:06:20	01:14:39	00:06:14	00:47:05		SANTIAGO DE COMPOSTELA
132	1571 MARÍA BEGOÑA	VÁZQUEZ FERNÁNDEZ	01:16:21	00:06:22	01:14:52	00:06:15	00:46:07		ARTEIXO
133	4416 BELEN	POSE GOMEZ	01:16:28	00:06:23	01:15:20	00:06:17	00:47:20		MALPICA DE BERGANTIÑOS
134	3539 MARÍA MÓNICA	CORTÉS PATIÑO	01:17:06	00:06:26	01:16:22	00:06:22	00:47:06	NOSPORTLIMIT	A CORUÑA
135	2011 MARIA	LENDE CASTRO	01:17:19	00:06:27	01:15:36	00:06:18	00:47:36		VILLAGARCIA
136	1562 DIANA	ORTEGA IGLESIAS	01:17:34	00:06:28	01:16:11	00:06:21	00:48:13		SANTIAGO DE COMPOSTELA
137	1533 MARUXA	SORDO TOUZA	01:17:34	00:06:28	01:16:12	00:06:21	00:48:14		SANTIAGO DE COMPOSTELA
138	623 ALMUDENA	MANDADO FERNANDEZ	01:17:36	00:06:28	01:16:09	00:06:21	00:48:38		OURENSE
139	654 SONIA	BOULLOSA	01:18:10	00:06:31	01:16:25	00:06:23	00:48:52		PONTEVEDRA
140	1604 MARIA SOLEDAD	PENA RODRIGUEZ	01:18:34	00:06:33	01:17:31	00:06:28	00:47:32		SANTIAGO DE COMPOSTELA
141	1594 ANA MARIA	ETCHEVERRY CIANCIO	01:18:35	00:06:33	01:17:06	00:06:26	00:49:29		MONTEVIDEO
142	749 M. DOLORES	GONZÁLEZ RODRÍGUEZ	01:19:55	00:06:40	01:18:44	00:06:34	00:49:15	CLUB DE ATLETISMO MILLARAIO	VIGO
143	4431 MATILDE	VAZQUEZ CAAMAÑO	01:20:31	00:06:43	01:19:04	00:06:36	00:50:29		A CORUÑA
144	1526 MARIA	MOSQUERA REY	01:21:21	00:06:47	01:20:29	00:06:43	00:50:06		SANTIAGO DE COMPOSTELA
145	1575 NATALIA	LOPEZ RUBIRA	01:21:31	00:06:48	01:21:04	00:06:46	00:48:32		SANTIAGO
146	1529 MARIA MERCEDES	GARCIA VAZQUEZ	01:21:38	00:06:49	01:20:25	00:06:43	00:50:50		SANTIAGO
147	1593 MARÍA PAULA	SANTALLA DEL RÍO	01:22:16	00:06:52	01:20:43	00:06:44	00:50:58		MONTERROSO
148	1584 GLORIA	PADÍN PRESA	01:25:07	00:07:06	01:23:10	00:06:56	00:53:22		VIGO
149	1607 BEATRIZ	GUERRA FERNANDEZ	01:31:38	00:07:39	01:30:05	00:07:31	00:56:04		VIGO
150	1603 CARLA	CONSTANTE	01:35:17	00:07:57	01:34:32	00:07:53	00:56:22		PORTO
DNF	1810 CRISTINA	SIXTO SOLAR							SANTIAGO
DNF	193 MARGA	LEDESMA RICO						CLUB DEPORTIVO VAGALUME ENERGÍA	SANTIAGO DE COMPOSTELA
DNS	3485 BEGOÑA	DONIZ FREIRE						ESPRINTS OURENSE	OURENSE
DNS	758 NURIA	PUENTE BLANCO						CLUB USC	SANTIAGO DE COMPOSTELA
DNS	611 COVADONGA	VÁZQUEZ SANCHEZ							VILA DE CRUCES

DNS	66	ISABEL	FELGAR LOPEZ		PASA OU ENTORNA	MOECHE
DNS	19	TERESA	CASTRO VILLAVERDE		CLUB ATLETISMO NOIA	NOIA
DNS	3303	PATRICIA	SECO CALVO		ATLETISMO OLYMPO	MAGALOFES
DNS	669	SANDRA	GONZÁLEZ OTERO			BARCELONA
DNS	1695	BARBARA	CARBAJALES LEON			NOIA
DNS	4125	JULIA	BALLESTEROS LANDAZURI		TRIEUME AS PONTES	PONFERRADA
DNS	1804	MARIA ANGELES	LOPEZ PIÑEIRO			MURAS
DNS	4085	PATRICIA MARÍA	SANCHEZ LOPEZ		NOSPORTLIMIT-TREK GALICIA	A CORUÑA
DNS	1606	MARÍA JOSÉ	MARTÍNEZ-ALMEIDA FERNÁNDEZ			VIGO
DNS	622	BEATRIZ	MAREQUE RIVAS			SANTIAGO DE COMPOSTELA
DNS	3099	BEGOÑA	GAY VAZQUEZ		MTC-LOURES	GUNTIN
DNS	726	ISABEL	SANTOS		CENTRO DE MARCHA E CORRIDA DO PORTO	PORTO
DNS	3190	ANA	HERNÁNDEZ CABRERA			TENERIFE
DNS	4412	MARÍA CRISTINA	MOSQUERA MAREQUE			A CORUÑA
DNS	1609	PURIFICACIÓN	LLORET ARES			SANTIAGO
DNS	1595	MARIA CARMEN	MOVILLA GOMEZ			ORENSE
DNS	1602	TAMARA CECILIA	VIA			TANUS
DNS	3520	SUSANA	FERNANDEZ COPA		MULLER EN FORMA	LUGO
DNS	2017	YOLANDA	GONZÁLEZ VILLAR		CLUB DE ATLETISMO JOHN TURKEY DE OUTES	A CORUÑA
DNS	2005	ANGELES	SÁNCHEZ NAVIA		TRAN-TRAN	VILLAGARCÍA DE AROSA
DNS	33	MÓNICA	REY RODRIGUEZ		ATLETISMO ORDES	SANTIAGO
DNS	3397	CRISTINA	MORAN MONZO		CLUB ATLETISMO SADA	A CORUÑA
DNS	617	CHELO	NAYA CENDÓN			A CORUÑA
DNS	3952	NILDA	HERNÁNDEZ HERNANDEZ		ATLETISMO FONTES DO SAR	LIMA
DNS	3195	MARIA	CORREDOIRA BALEATO		3&RUN BY PEDRO NIMO CLUB DE CORREDORES	CARBALLO

VTBF VETERANAS B FI Inscritos:
57 Llegados: 53

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad	
	1	281	MARÍA DOLORES	MUNÍN GARCÍA	00:58:55	00:04:55	00:58:32	00:04:53	00:36:35	TAMBRE BIKE & RUNNING	TOURO
	2	156	IRENE	SOBREIRA CASTRO	01:00:35	00:05:03	01:00:22	00:05:02	00:38:12	ATLETISMO PORRIÑO	PONTEAREAS
	3	3111	OLGA	PRADO FRAGUAS	01:01:04	00:05:06	01:00:45	00:05:04	00:37:55	OURENRUNNING - COOLSPORT	OURENSE
	4	3329	M. MANUELA	GUISASOLA ESCUDERO	01:01:22	00:05:07	01:00:47	00:05:04	00:38:18	C.D.EGOVARROS-VIVEIRO	LUGO
	5	3354	CAROLINA	BALADO LÓPEZ	01:02:31	00:05:13	01:00:48	00:05:04	00:39:21	CLUB ATLETISMO DEZA	LALÍN
	6	285	PAZ	PEÑA VILLAMIDE	01:02:43	00:05:14	01:02:11	00:05:11	00:39:17	TARTARUGAS	CASTRO DE REI
	7	3344	LOLY	LOSADA GARCIA	01:02:58	00:05:15	01:01:40	00:05:09	00:39:47	CD GAS NATURAL FENOSA	BRAVOS-OUROL
	8	4065	MARILUZ	SANDA GUERRA	01:03:08	00:05:16	01:02:24	00:05:12	00:38:53	LA MOCHILA DEL DEPORTE	BOIMORTO
	9	3474	CARMEN	NOVO VARELA	01:03:55	00:05:20	01:03:05	00:05:16	00:39:52	ERIKA PILATES TEAM	FRIOL-LUGO
	10	121	MARILUZ	FRAGA MATO	01:04:08	00:05:21	01:03:25	00:05:18	00:40:20		CARBALLO
	11	3261	MARÍA CRISTINA	NANÍN LÓPEZ	01:04:09	00:05:21	01:03:22	00:05:17	00:39:46	ATLETAS VETERANOS OURENSE	OURENSE
	12	3300	LOURDES	PRIETO VIEITES	01:04:20	00:05:22	01:04:07	00:05:21	00:39:40	ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
	13	657	TERESA	VARELA ARROJO	01:04:58	00:05:25	01:04:01	00:05:21	00:39:53		LUGO
	14	630	BELÉN	VELOSO RODRIGUEZ	01:05:26	00:05:28	01:04:29	00:05:23	00:41:10		A CORUÑA
	15	3907	SILVIA	SÁNCHEZ BASCOY	01:05:43	00:05:29	01:05:06	00:05:26	00:40:22		LA CORUÑA
	16	2012	MARIA ISABEL	CHORÉN MAROÑO	01:06:04	00:05:31	01:05:01	00:05:26	00:40:40		TOURO
	17	1532	MARTA	TREBOLLE RODRIGUEZ	01:06:05	00:05:31	01:05:08	00:05:26	00:41:10		ORENSE
	18	3893	CARMEN	GARCÍA GARCIA	01:07:19	00:05:37	01:05:44	00:05:29	00:44:20		VIMIANZO
	19	672	MARTA	MARCANO CABRERA	01:07:26	00:05:38	01:07:14	00:05:37	00:40:16		CARACAS
	20	4415	CARMEN	UZAL JANEIRO	01:08:00	00:05:40	01:07:02	00:05:36	00:42:09		LUGO
	21	2003	TERESA	GALMÁN SOUTO	01:08:20	00:05:42	01:07:41	00:05:39	00:42:08	CLUB ATLETISMO SADA	SADA
	22	3898	MONTSE	GARCÍA RIVERA	01:08:32	00:05:43	01:07:21	00:05:37	00:43:03		MARIN
	23	1525	LOLECHA	ASOREY SALGUEIRO	01:08:33	00:05:43	01:07:56	00:05:40	00:41:38		VILA DE CRUCES
	24	1556	ANA ROSA	GONZALEZ IGLESIAS	01:08:54	00:05:45	01:07:54	00:05:40	00:42:56		ASNIERES
	25	3374	Mª LUÍSA	CALVO GERMALES	01:09:03	00:05:46	01:08:30	00:05:43	00:42:06	CLUB ATLETISMO ORDES	ORDES
	26	2014	AMPARO	TABOADA VILLARAVID	01:09:29	00:05:48	01:08:22	00:05:42	00:43:35	ASOCIACIÓN DEPORTIVA CERNE	BARAKALDO
	27	3910	M DOLORES	PEREZ FERNANDEZ	01:11:24	00:05:57	01:10:24	00:05:52	00:44:08		A CORUÑA

28	639 Mª BEGOÑA	RAMOS SUÁREZ	01:11:32	00:05:58	01:10:36	00:05:53	00:44:04		SANTIAGO
29	737 BERNICE	FINN KIERAN	01:11:51	00:06:00	01:10:39	00:05:54	00:45:10	CLUB ATLETISMO MILLA RAO	IRLANDA
30	1699 DOLORES	CACHAFEIRO CHAMOSA	01:11:52	00:06:00	01:10:48	00:05:54	00:44:07		OURENSE
31	776 MARIA TERESA	MARTINEZ BREIJO	01:12:40	00:06:04	01:10:53	00:05:55	00:45:26	ENERXICA	MELILLA
32	1546 TONY	DEIVE REY	01:12:40	00:06:04	01:10:54	00:05:55	00:45:32		FERROL
33	3985 LOURDES	GARCIA VAZQUEZ	01:13:17	00:06:07	01:12:07	00:06:01	00:45:30	CLUB ATLETISMO MILLARAIO	SANTIAGO
34	738 ANA	SAINZ DE LA TORRE VILALTA	01:13:17	00:06:07	01:12:05	00:06:01	00:46:13	CLUB ATLETISMO MILLARAIO	MADRID
35	118 ERNESTINA LIMA	FERREIRA	01:13:58	00:06:10	01:12:53	00:06:05	00:45:47		BRAGA
36	286 ISABEL MARIA	VELOSO	01:14:13	00:06:12	01:13:18	00:06:07	00:45:06	TOP TOP	BRAGA - PORTUGAL
37	1540 ROSA	SEOANE CORDAL	01:15:08	00:06:16	01:13:37	00:06:09	00:46:01		VIGO
38	731 MARÍA DEL CARMEN	RECAREY FERNÁNDEZ	01:15:19	00:06:17	01:14:25	00:06:13	00:46:06	CLUB ATLETISMO FONTES DO SAR	SANTIAGO
39	1567 Mª JOSE	GONZALEZ SAAVEDRA	01:15:25	00:06:18	01:13:46	00:06:09	00:47:13		BOIRO
40	171 OLIVIA	BRANDÃO	01:15:29	00:06:18	01:15:08	00:06:16	00:46:27	CAIXA GERAL DE DEPÓSITOS - OVAR	OVAR
41	4077 LUCÍA	ANSEDES DOMÍNGUEZ	01:16:45	00:06:24	01:15:23	00:06:17	00:47:54	NOITEBRA FC	SILLEDA
42	4411 MARÍA	VARELA GARCÍA	01:17:42	00:06:29	01:16:53	00:06:25	00:49:19		MOREIRAS
43	1559 CARMEN	CEA PEREIRO	01:19:24	00:06:37	01:17:52	00:06:30	00:48:16		SANTIAGO
44	1591 Mª ASUNCIÓN	CANEDA CABRERA	01:19:43	00:06:39	01:18:24	00:06:32	00:50:05		15/08/1966
45	3986 MARÍA JOSEFINA	PARDO MONTAÑA	01:19:55	00:06:40	01:18:44	00:06:34	00:49:15	CLUB ATLETISMO MILLARAIO	RÁBANO (VALLADOLID)
46	631 CHARO	ALVAREZ TRIGO	01:19:57	00:06:40	01:18:16	00:06:32	00:49:01		VEDRA
47	1585 GRACIA Mª	FRUTOS MARTINEZ	01:20:59	00:06:45	01:20:20	00:06:42	00:48:50		SANTIAGO
48	1548 XOANA MARÍA	DORADO FERNÁNDEZ	01:21:03	00:06:46	01:20:14	00:06:42	00:47:42		BARREIROS. LUGO
49	1568 MARCELA	ESCALANTE GUZMÁN	01:22:44	00:06:54	01:21:09	00:06:46	00:51:22		ESTADOS UNIDOS
50	724 ANGELA	MOTA	01:24:48	00:07:04	01:24:05	00:07:01	00:48:52	CENTRO DE MARCHA E CORRIDA DO PORTO	PORTO
51	725 CAPELA	GRACINDA	01:24:48	00:07:04	01:24:05	00:07:01	00:48:52	CENTRO DE MARCHA E CORRIDA DO PORTO	PORTO
52	1592 MARÍA YOLANDA	MATOS CARIDAD	01:25:30	00:07:08	01:24:12	00:07:01	00:52:18		A CORUÑA
53	3946 MARIA	MENDEZ MOSQUERA	01:26:27	00:07:13	01:25:24	00:07:07	00:53:36	ATLETISMO CLUB SOCIAL BANCO PASTOR	OROSO
DNS	20 ESTHER	PEDROSA CARRETE						CLUB USC	SANTIAGO
DNS	4418 GENOVEVA	ARENAS							BILBAO
DNS	640 Mª LUISA	GARCIA BRAVO							SANTIAGO DE COMPOSTELA
DNS	3391 CARMEN	CASAS PÉREZ						CLUB ATLETISMO SADA	ORENSE

VTCF VETERANAS C FI Inscritos:
6 Llegados: 4

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	3998	PILAR	MARQUIZ HERNANDEZ	01:03:29	00:05:18	01:02:49	00:05:15	00:39:14	CLUB ATLETISMO SADA	SALAMANCA
2	3507	TOÑI	ASENSIO LOPEZ	01:06:45	00:05:34	01:06:35	00:05:33	00:41:14	MARATHON CARTAGENA	MURCIA
3	3970	BEGOÑA	DE ARRIBA BELLOGIN	01:10:09	00:05:51	01:09:03	00:05:46	00:42:57	C.D.EGOVARROS-VIVEIRO	OVEDO
4	818	ISABEL	DUARTE	01:24:58	00:07:05	01:24:05	00:07:01	00:52:18	PORTO RUNNERS - CLUB DE CORRIDA	PORTO
DNS	3306	MARICARMEN	RODRÍGUEZ DEL RÍO						ATLETISMO ORDES	ORDES
DNS	3320	GUADALUPE	VILAR SEREN						C.A.CAMBADOS SEGUROS NOVAL	CAMBADOS

JPM JUNIOR-PROME Inscritos:
104 Llegados: 96

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	10	ESTEBAN	IGLESIA VILA	00:38:21	00:03:12	00:38:20	00:03:12	00:23:44	LUCUS CAIXA RURAL GALEGA	LUGO
2	3135	JORGE	PUIG MALVAR	00:38:57	00:03:15	00:38:56	00:03:15	00:24:16	SOCIEDAD GIMNASTICA DE PONTEVEDRA	PONTEVEDRA
3	3096	IVO	MASEDA DORADO	00:39:33	00:03:18	00:39:33	00:03:18	00:24:22	LUGO RUNNING CLUB BY RAMOS LOURÉS	RIBADEO
4	3149	AMADEO	ABAL CHAVES	00:40:00	00:03:20	00:39:59	00:03:20	00:24:41	VERXEL NUTRICIÓN DEPORTIVA	CAMBADOS
5	3083	IVÁN	PUENTES BARCIA	00:40:40	00:03:24	00:40:39	00:03:24	00:24:52	CLUBE ATLETISMO FENE	FERROL
6	37	PABLO	MONTEAGUDO LAGO	00:41:05	00:03:26	00:41:04	00:03:26	00:25:19	CLUB ATLETISMO NOIA	MUROS
7	56	MANUEL	MARCHENA ROMAN	00:41:18	00:03:27	00:41:17	00:03:27	00:25:36	ESCUELA NAVAL MILITAR	SAN FERNANDO
8	76	ADRIÁN	LAGO TIZÓN	00:41:38	00:03:29	00:41:37	00:03:29	00:25:15	SOCIEDAD GIMNASTICA DE PONTEVEDRA	VIGO
9	1615	NUNO	MARINHO	00:42:10	00:03:31	00:42:09	00:03:31	00:25:57	A.C.D S. JOÃO DA SERRA	OLIVEIRA DE FRADES
10	39	BORJA	CASTRO HERMIDA	00:42:14	00:03:32	00:42:12	00:03:31	00:25:38	CLUB ATLETISMO SANTIAGO	O PINO
11	3094	DANIEL	PÉREZ MURADO	00:42:35	00:03:33	00:42:33	00:03:33	00:26:17	LUCUS CAIXA RURAL GALEGA	LUGO
12	75	VÍCTOR	ÁLVAREZ FARIÑA	00:42:59	00:03:35	00:42:58	00:03:35	00:26:36	SOCIEDAD ATLÉTICA VAL MIÑOR	CAMBADOS
13	3155	FRANCISCO	CENDAN LLORENS	00:43:01	00:03:36	00:43:01	00:03:36	00:26:36		LLEIDA

14	3018	JORGE	SIEIRA HERMIDA	00:43:28	00:03:38	00:43:26	00:03:38	00:26:24	ATLETISMO CORUÑA COMARCA	A CORUÑA
15	89	LUÍS	DEL RÍO PENA	00:43:47	00:03:39	00:43:46	00:03:39	00:26:59		SANTIAGO DE COMPOSTELA
16	91	CARLOS	MEIXIDE GARCIA	00:44:01	00:03:41	00:43:55	00:03:40	00:26:56		LALÍN
17	3070	CARLOS	BRIÓN SAMPEDRO	00:44:17	00:03:42	00:44:15	00:03:42	00:28:05	CLUB DEPORTIVO SAN PAIO	RIVEIRA
18	3166	GABRIEL	LANDÍN CASABLANCA	00:46:18	00:03:52	00:46:16	00:03:52	00:27:45		PONTEVEDRA
19	187	DANIEL	ANTELO NEIRA	00:46:25	00:03:53	00:46:24	00:03:52	00:29:03	CLUB ATLETISMO SANTIAGO	O PINO
20	1844	DAVID	LISTE VAZQUEZ	00:46:50	00:03:55	00:46:47	00:03:54	00:28:42		SANTIAGO
21	745	SAMUEL	CHANTADA LORENZO	00:47:36	00:03:58	00:47:35	00:03:58	00:29:01	CLUB ATLETISMO SANTIAGO	VIGO
22	574	JAVI	CORREDOIRA	00:47:42	00:03:59	00:47:36	00:03:58	00:29:29		CHANTADA
23	184	RAMÓN	DORREGO FERNÁNDEZ DE SOTO	00:47:42	00:03:59	00:47:25	00:03:58	00:29:09	CLUB ATLETISMO RIBADEO	RIBADEO(LUGO)
24	3181	VICENTE	PÉREZ SOLOVIEV	00:47:54	00:04:00	00:47:52	00:04:00	00:29:14		SANTIAGO DE COMPOSTELA
25	524	JAVIER	RODRÍGUEZ REPRESA	00:48:02	00:04:01	00:47:51	00:04:00	00:29:54		SANTIAGO DE COMPOSTELA
26	3437	PABLO	FEIJOO VILANOVA	00:48:52	00:04:05	00:48:48	00:04:04	00:30:05	CLUB PIRAGÜISMO FLUVIAL ALLARIZ	ALLARIZ
27	3854	PABLO	BARREIRA VARELA	00:49:23	00:04:07	00:49:11	00:04:06	00:30:57		MALPICA
28	335	LUIS	PORTO MATO	00:49:26	00:04:08	00:49:14	00:04:07	00:30:34		OLEIROS
29	3615	ADRIÁN	FERRÓN MOURE	00:49:31	00:04:08	00:49:21	00:04:07	00:30:34	TRIATLÓN RIVEIRA	A CORUÑA
30	419	ARTURO	MATA CASTRO	00:49:32	00:04:08	00:49:29	00:04:08	00:30:25		SANTIAGO
31	3462	ROBERTO	BLANCO FARIÑAS	00:49:42	00:04:09	00:49:27	00:04:08	00:31:11	CORREDORES DO MIÑO	OURENSE
32	168	MANUEL	CANEDA OTERO	00:49:47	00:04:09	00:49:34	00:04:08	00:31:07	C.R. MECOS	O GROVE
33	920	DIEGO	VARELA DÍAZ	00:50:10	00:04:11	00:49:43	00:04:09	00:32:01		SANTIAGO DE COMPOSTELA
34	4123	IKER	PITA	00:50:23	00:04:12	00:49:59	00:04:10	00:31:17	TRIATLON FERROL	NARÓN
35	192	XABIER	FERNÁNDEZ GARCÍA	00:50:38	00:04:14	00:50:18	00:04:12	00:32:09	CLUB DEPORTIVO UNIVERSIDADE DE SANTIAGO	SANTIAGO DE COMPOSTELA
36	3476	CARLOS	ÁLVAREZ VÁZQUEZ	00:50:45	00:04:14	00:50:30	00:04:13	00:31:52	ESCOLA ATLÉTICA LUCENSE	LUGO
37	3660	FERNANDO	CASTRO PRADO	00:50:57	00:04:15	00:50:46	00:04:14	00:31:11		SANTIAGO DE COMPOSTELA
38	3078	ANXO	LEMA SAAVEDRA	00:51:10	00:04:16	00:51:02	00:04:16	00:31:21	CLUB OLÍMPICO DE VEDRA	VEDRA
39	3375	RAFAEL SENEN	GOMEZ GARCIA	00:51:54	00:04:20	00:51:27	00:04:18	00:32:20	CLUB ATLETISMO OUTES	OUTES
40	278	ISAAC	MACEIRAS FIGUEIRAS	00:52:17	00:04:22	00:51:55	00:04:20	00:32:32	SAR-VERMU PETRONI	MUROS
41	4489	ERIC	VILLAR VIDAL	00:53:11	00:04:26	00:52:16	00:04:22	00:32:58	VERXEL NUTRICIÓN DEPORTIVA	A CORUÑA
42	1343	LUIS	REY LOPEZ	00:53:24	00:04:27	00:53:16	00:04:27	00:31:26		SANTIAGO
43	1418	MIGUEL	FRAGA OTERO	00:53:24	00:04:27	00:53:12	00:04:26	00:33:08		SANTIAGO
44	526	JESÚS	CEA MILLÁN	00:53:48	00:04:29	00:53:22	00:04:27	00:34:04		SANTIAGO DE COMPOSTELA
45	395	LUCAS	HERMO BARREIRO	00:53:53	00:04:30	00:53:42	00:04:29	00:33:03		PONTECESURES
46	596	TRISTÁN	SOBRAL COSTAS	00:54:16	00:04:32	00:53:37	00:04:29	00:33:30		FRANCIA
47	457	SAMUEL	CALVO TABOADA	00:54:35	00:04:33	00:54:10	00:04:31	00:34:22		SANTIAGO DE COMPOSTELA
48	502	DANIEL	SUSSMAN VILLAVERDE	00:54:47	00:04:34	00:53:45	00:04:29	00:33:47		OKLAHAMA CITY
49	1410	JUAN MANUEL	FERNÁNDEZ REY	00:55:04	00:04:36	00:54:26	00:04:33	00:34:42		SANTIAGO DE COMPOSTELA
50	992	CARLOS	ILLANES BORDOMÁS	00:55:11	00:04:36	00:54:51	00:04:35	00:34:21		MERA
51	539	JOSÉ MANUEL	AMOEDO MEIJIDE	00:55:38	00:04:39	00:55:22	00:04:37	00:33:52		MARÍN
52	250	ISAAC	RIVAS MACEIRAS	00:55:38	00:04:39	00:55:05	00:04:36	00:34:36	METALICA HERCULINA	A CORUÑA
53	706	MIGUEL	MUÑIZ SANVICENTE	00:55:45	00:04:39	00:55:19	00:04:37	00:33:55	BARBANTIA RODA JC	BOIRO
54	939	RAMON	FERNÁNDEZ LAGE	00:56:05	00:04:41	00:55:46	00:04:39	00:34:52		SANTIAGO DE COMPOSTELA
55	3151	ALVARO	VEIGA VAZQUEZ	00:56:36	00:04:43	00:56:13	00:04:42	00:34:59		SANTIAGO
56	914	XOEL	SIXTO MACEIRAS	00:56:40	00:04:44	00:56:21	00:04:42	00:34:39		A CORUÑA
57	544	JUAN RAMON	IGLESIAS FERNANDEZ	00:57:04	00:04:46	00:56:33	00:04:43	00:35:44		SANTIAGO
58	841	GUILLERMO	MARCHENA PIÑEIRO	00:57:30	00:04:48	00:57:03	00:04:46	00:36:03	TEAM CORBELO	VIGO
59	421	MANUEL	FERNÁNDEZ GARCÍA	00:57:31	00:04:48	00:57:11	00:04:46	00:37:34		SANTIAGO DE COMPOSTELA
60	1237	ELOI	PAZOS RIAL	00:57:51	00:04:50	00:57:31	00:04:48	00:35:07		DODRO
61	960	ALBERTO	ESTÉVEZ GARCÍA	00:58:31	00:04:53	00:58:20	00:04:52	00:35:31		A MEZQUITA (OURENSE)
62	1186	SERGIO	REY BLANCO	00:58:34	00:04:53	00:58:25	00:04:53	00:35:45		SANTIAGO DE COMPOSTELA
63	1318	IVÁN	ARES IGLESIAS	00:58:42	00:04:54	00:57:45	00:04:49	00:37:28		TOURO
64	1268	JOAQUÍN	CARRAL ORTIGUEIRA	00:59:22	00:04:57	00:59:04	00:04:56	00:36:42		PONTEVEDRA
65	895	ALVARO	MARTINEZ SIO	00:59:55	00:05:00	00:59:11	00:04:56	00:38:29		O PORRIÑO
66	1434	DAVID	NOYA COUSELO	01:01:06	00:05:06	01:00:35	00:05:03	00:37:10		SANTIAGO DE COMPOSTELA
67	1084	JOSÉ GREGORIO	VERA GUILLERMES	01:01:47	00:05:09	01:00:59	00:05:05	00:38:42		SANTIAGO DE COMPOSTELA
68	894	ALBERTO	MARTINEZ SIO	01:01:49	00:05:10	01:01:06	00:05:06	00:38:29		O PORRIÑO

69	549	LUIS MARIO	DESPRÉS MARTÍNEZ	01:02:10	00:05:11	01:00:44	00:05:04	00:39:21		VILAGARCÍA
70	1228	ALFONSO	CRUZ MORALES	01:02:12	00:05:11	01:00:41	00:05:04	00:40:22		LAS PALMAS DE GRAN CANARIA
71	1669	IVAN	VAZQUEZ ESMORIS	01:03:03	00:05:16	01:02:35	00:05:13	00:36:57		A BAÑA
72	199	JAVIER	ESTÉVEZ LÓPEZ	01:03:12	00:05:16	01:01:42	00:05:09	00:40:28	CLUB HOMBRES DE HIERRO DE ABUÍN	LUGO
73	719	JOAO BERNARDO	MENDES MOTA ROMAO XAVIER	01:03:30	00:05:18	01:02:49	00:05:15	00:40:11	CENTRO DE MARCHA E CORRIDA DO PORTO	PORTO
74	348	ANTONIO	FERNÁNDEZ	01:04:42	00:05:24	01:02:53	00:05:15	00:41:36		SANTIAGO DE COMPOSTELA
75	778	OMAR	ALONSO RODRÍGUEZ	01:04:54	00:05:25	01:03:15	00:05:17	00:42:24	ESTILA RUNNING CLUB	LEON
76	1385	ADRIÁN	VIEITES CASAL	01:05:17	00:05:27	01:05:05	00:05:26	00:38:40		SANTIAGO
77	4036	PABLO	SOUTO SALGADO	01:05:37	00:05:29	01:04:04	00:05:21	00:44:39	CORUÑA COMARCA	A CORUÑA
78	1466	VICTOR	PORTELA PIÑEIRO	01:06:04	00:05:31	01:05:52	00:05:30	00:39:43		PONTEVEDRA
79	1251	KEVIN GILBER	CAMARENA PASCUAL	01:06:30	00:05:33	01:06:10	00:05:31	00:40:07		LIMA
80	1125	MANUEL	CARNOTA VAZQUEZ	01:06:38	00:05:34	01:05:57	00:05:30	00:40:36		AMES
81	1372	PABLO	RUIZ	01:06:59	00:05:35	01:05:26	00:05:28	00:43:15		SANTA CRUZ DE TENERIFE
82	863	AMARO	CERUELO BARREIRO	01:07:58	00:05:40	01:06:29	00:05:33	00:45:44		SANTIAGO
83	493	ADRIÁN	FREIRE PATIÑO	01:07:58	00:05:40	01:06:31	00:05:33	00:43:56		VILAGARCÍA
84	1370	JOSE ANTONIO	MONTERO GUILLEN	01:08:58	00:05:45	01:08:04	00:05:41	00:43:18		SANTIAGO
85	1290	ALBERTO	GÓMEZ SUÁREZ	01:10:08	00:05:51	01:09:21	00:05:47	00:41:57		SANTIAGO
86	1363	PEDRO	FURELOS FABEIRO	01:10:24	00:05:52	01:09:42	00:05:49	00:43:09		SANTIAGO DE COMPOSTELA
87	1362	PEDRO	RODRÍGUEZ REINO	01:10:36	00:05:53	01:09:07	00:05:46	00:45:44		AMES
88	1446	RAÚL	LIÑARES DOMINGUEZ	01:10:44	00:05:54	01:10:34	00:05:53	00:44:00		AMES
89	1405	JESUS	GONZALEZ SIEIRO	01:11:40	00:05:59	01:10:13	00:05:52	00:45:04		VILAGARCIA DE AROUSA
90	1327	JOSE	NÚÑEZ MARTÍNEZ	01:14:23	00:06:12	01:12:47	00:06:04	00:45:01		VERIN, OURENSE
91	1195	XABIER	SEOANE MARTÍNEZ	01:15:54	00:06:20	01:15:38	00:06:19	00:47:19		SANTIAGO DE COMPOSTELA
92	393	JUAN MANUEL	CAMINO PENAS	01:15:56	00:06:20	01:14:41	00:06:14	00:43:59		TOURO
93	1304	DANIEL	ESPIÑA IRADI	01:17:06	00:06:26	01:15:37	00:06:19	00:47:35		SANTIAGO DE COMPOSTELA
94	598	ALBERTO	SALMONTE RODRIGUEZ	01:21:47	00:06:49	01:20:39	00:06:44	00:49:50		O PINO
95	974	ANGEL	SUÁREZ DURÁN	01:22:31	00:06:53	01:20:58	00:06:45	00:50:17		A CORUÑA
96	1178	RUBÉN	SUÁREZ DURÁN	01:23:08	00:06:56	01:21:34	00:06:48	00:48:00		A CORUÑA
DNF	3114	PABLO	VICENTE LÓPEZ					00:26:23	REAL CLUB CELTA DE ATLETISMO	A GUARDA
DNS	553	MANUEL	BECERRA OTERO							VILAGARCÍA
DNS	1168	RAUL	FERNANDEZ FERNANDEZ							LUGO
DNS	300	JOSÉ ANDRÉS	OUBEL FERNÁNDEZ							LA IGLESIA ANDEADE Nº5 TOURO 15822
DNS	4265	RAÚL	PATEIRO MÉNDEZ							CHANTADA
DNS	3136	PAULO	VILLEGAS CARRAGAL						SOCIEDAD GIMNASTICA DE PONTEVEDRA	MARÍN
DNS	952	ADRIAN	PRIETO DOMINGUEZ							VILANOVA I LA GELTRÚ
DNS	1067	JOSE	ANTELO PAZO							SANTIAGO DE COMPOSTELA

SNAM SENIOR A MASC Inscritos:
272 Llegados: 247

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
	1	3 DAVID	SANTOS DOMINGUEZ	00:37:15	00:03:07	00:37:15	00:03:07	00:23:07	VERXEL NUTRICIÓN DEPORTIVA	ORDES
	2	1618 PAULO	BARBOSA	00:37:37	00:03:09	00:37:37	00:03:09	00:23:07	C.S.R.D.C SANTIAGO	PAREDES
	3	1616 IVAN	ROADE LAGO	00:37:45	00:03:09	00:37:44	00:03:09	00:23:25	C.A. BIKILA	NIGRAN
	4	9 GONZALO	BASCONCELO ARAUJO	00:38:10	00:03:11	00:38:09	00:03:11	00:23:44	REAL CLUB CELTA DE ATLETISMO	VIGO
	5	1614 HUGO	SANTOS	00:38:14	00:03:12	00:38:14	00:03:12	00:23:29	A.C.D S. JOÃO DA SERRA	A.C.D S. JOÃO DA SERRA
	6	82 CARLOS	PORTO PAZOS	00:39:32	00:03:18	00:39:32	00:03:18	00:24:14		VIGO
	7	65 JONATHAN	FERNÁNDEZ RÍOS	00:40:25	00:03:23	00:40:25	00:03:23	00:24:52	PASA OU ENTORNA	VILLALBA
	8	3097 ANXO	CASTRO VAREKA	00:40:36	00:03:23	00:40:35	00:03:23	00:24:54	MILER RUNNING CLUB	A CORUÑA
	9	1625 VICENTE	GARCÍA-CARO LORENZO	00:40:39	00:03:24	00:40:37	00:03:24	00:25:22		HUELVA
	10	3068 BREOGÁN	GIGIREY CANCELA	00:42:02	00:03:31	00:42:00	00:03:30	00:26:05	CLUB DEPORTIVO SAN PAIO	ZURICH (SUIZA)
	11	83 ESTEBAN	TOUCEDO SANTOS	00:42:03	00:03:31	00:42:02	00:03:31	00:25:31		BOIRO
	12	3186 RUBEN	INSUA DIAZ	00:42:05	00:03:31	00:42:00	00:03:30	00:26:04		FISTERRA
	13	22 CAYETANO	GARCÍA BLANCO	00:42:15	00:03:32	00:42:13	00:03:32	00:25:57	3&RUN PEDRO NIMO	PORTO DO SON
	14	3162 ANTON	GOMEZ GONZALEZ	00:42:21	00:03:32	00:42:21	00:03:32	00:26:01		SANTIAGO DE COMPOSTELA
	15	1034 HAMZA	BELHADJ BENZIANE	00:43:12	00:03:36	00:43:09	00:03:36	00:26:20		ORDES
	16	42 MIGUEL	VIEITO VALENZUELA	00:43:22	00:03:37	00:43:21	00:03:37	00:26:26	CLUB DEPORTIVO SAN PAIO	SANTIAGO DE COMPOSTELA

17	1619 BRUNO	QUEIRÓS	00:43:34	00:03:38	00:43:34	00:03:38	00:26:50	C.S.R.D.C SANTIAGO	10/07/1992
18	3163 ADRIÁN	ROJO LUACES	00:43:38	00:03:39	00:43:37	00:03:39	00:26:44		CAMARIÑAS
19	1848 BORJA	SÁNCHEZ CAMPOS	00:43:53	00:03:40	00:43:50	00:03:40	00:26:47	CLUB MARINEDA ATLETICO	FUERTEVENTURA
20	78 CARLOS	FRAGA ADRIO	00:44:23	00:03:42	00:44:21	00:03:42	00:27:22	TAMBRE BIKE&RUNNING	SANTIAGO
21	3067 CARLOS JOSE	CANDANO BELLO	00:44:26	00:03:43	00:44:22	00:03:42	00:27:36	CLUB DEPORTIVO PINARIUM	ROTA
22	3065 JUAN	COLLAZO AREOSA	00:44:39	00:03:44	00:44:37	00:03:44	00:27:09	CLUB DEPORTIVO OS MUDITOS	CORISTANCO
23	4480 ANXO	CARREIRA CASAIS	00:44:45	00:03:44	00:44:44	00:03:44	00:27:30	VERXEL NUTRICIÓN DEPORTIVA	SANTIAGO DE COMPOSTELA
24	3051 DAVID	CRUZ SOTO	00:44:46	00:03:44	00:44:43	00:03:44	00:27:43	CLUB ATLETISMO SADA	ARANGA
25	3267 JORGE	ARCEIZ BAQUERO	00:45:01	00:03:46	00:44:59	00:03:45	00:27:37	ATLETISMO ARENTEIRO	O CARBALLIÑO
26	3071 ADRIAN	IGLESIAS PENIDO	00:45:30	00:03:48	00:45:27	00:03:48	00:28:38	CLUB DEPORTIVO SAN PAIO	OROSO
27	1621 EUSÉBIO	OLIVEIRA	00:45:44	00:03:49	00:45:44	00:03:49	00:28:03	CENTRO DE ATLETISMO DE TAMEGA	PAREDES
28	3651 HUGO	IGLESIAS RODRÍGUEZ	00:45:45	00:03:49	00:45:29	00:03:48	00:28:22		OURENSE
29	3193 DAVID	PÉREZ CASTRO	00:46:01	00:03:51	00:45:55	00:03:50	00:28:57	3&RUN BIKE TEAM	SANTIAGO DE COMPOSTELA
30	3550 DAMIAN	ALVAREZ GUTIERREZ	00:46:15	00:03:52	00:46:05	00:03:51	00:28:18	PATO BLANCO CELANOVA	CELANOVA
31	2006 HUGO	SUÁREZ RIESGO	00:46:24	00:03:52	00:46:05	00:03:51	00:28:59		AVILÉS
32	405 MIGUEL ANGEL	PORTO ROMERO	00:46:54	00:03:55	00:46:49	00:03:55	00:29:18		SANTIAGO
33	3044 IVÁN	CRUZ SOTO	00:47:03	00:03:56	00:47:00	00:03:55	00:29:07	CLUB ATLETISMO SADA	CORUÑA
34	283 ALEXANDRE	FERNÁNDEZ TOJO	00:47:15	00:03:57	00:47:14	00:03:57	00:29:18	TAMBREBIKE&RUNNING	VAL DO DUBRA
35	515 FRANCISCO JAVIER	BRENLLA DUARTE	00:47:15	00:03:57	00:47:08	00:03:56	00:29:07		BERNA
36	572 PABLO	PIÑEIRO CAAMAÑO	00:47:22	00:03:57	00:46:59	00:03:55	00:29:41		RIANXO
37	41 MIGUEL	IGLESIAS AMORES	00:47:31	00:03:58	00:47:26	00:03:58	00:30:04	CLUB DEPORTIVO PINARIUM	VEDRA
38	1659 DAVID	SENRA MARTÍNEZ	00:47:39	00:03:59	00:47:30	00:03:58	00:29:31	TAMBRE BIKE & RUNNING	SANTIAGO DE COMPOSTELA
39	1664 ANDRES	ROCA PADRONES	00:47:49	00:04:00	00:47:42	00:03:59	00:30:23		GRANADA
40	3138 MARTIN	TAIN MARQUEZ	00:47:49	00:04:00	00:47:47	00:03:59	00:29:11	SOCIEDAD GIMNASTICA DE PONTEVEDRA	PONTEVEDRA
41	112 RUBÉN	PATIÑO VIEITES	00:48:03	00:04:01	00:47:38	00:03:59	00:29:59		SANTIAGO DE COMPOSTELA
42	302 BRAIS A.	RODRÍGUEZ BOTANA	00:48:05	00:04:01	00:47:51	00:04:00	00:29:34		LUGO
43	3851 FERNANDO JOSE	VARELA CASTRO	00:48:11	00:04:01	00:48:00	00:04:00	00:29:46		LA CORUÑA
44	3418 JAVIER	VILLAMISAR VÁZQUEZ	00:48:17	00:04:02	00:48:09	00:04:01	00:29:48	CLUB HÉRCULES TERMARIA	A CORUÑA
45	372 JACOBO	PORTO ALVAREZ	00:48:19	00:04:02	00:48:08	00:04:01	00:30:10		VEDRA
46	106 MAURO	TRINCADO AVE	00:48:25	00:04:03	00:48:21	00:04:02	00:29:01		SANTIAGO
47	3668 MIGUEL	BUDIÑO VÁZQUEZ	00:48:26	00:04:03	00:48:09	00:04:01	00:29:52		A CORUÑA
48	1863 VICTOR	LAIÑO SILVA	00:48:31	00:04:03	00:48:24	00:04:02	00:29:54		PALMEIRA
49	3432 RICARDO	CORES VAZQUEZ	00:48:31	00:04:03	00:48:23	00:04:02	00:29:46	CLUB NATACIÓN RIVEIRA	RIBEIRA
50	434 CARLOS	RIVAS BARCALA	00:48:50	00:04:05	00:48:38	00:04:04	00:30:52		A ESTRADA
51	333 JAVIER	BENDAÑA SPÍNOLA	00:48:53	00:04:05	00:48:45	00:04:04	00:29:59		SANTIAGO DE COMPOSTELA
52	3499 MIGUEL	RODRIGUEZ FERREIRO	00:49:16	00:04:07	00:49:09	00:04:06	00:30:35	LAMARGHA-AUTOTODO	OURENSE
53	4487 JAVIER	ABUIN PENAS	00:49:27	00:04:08	00:49:21	00:04:07	00:30:53	VERXEL NUTRICIÓN DEPORTIVA	LUGO
54	344 ADRIÁN	POSE BUSTO	00:49:28	00:04:08	00:49:10	00:04:06	00:30:27		CORDEIRO- VALGA
55	1860 JOSÉ RAMÓN	ESTÉVEZ LÓPEZ	00:49:43	00:04:09	00:48:13	00:04:02	00:31:39	CLUB HOMBRES DE HIERRO DE ABUIN	LUGO
56	3152 MANUEL	VÁZQUEZ PENA	00:49:44	00:04:09	00:49:37	00:04:09	00:30:08		ORDES
57	1627 GERMAN	MOSQUERA FILGUEIRA	00:49:49	00:04:10	00:49:44	00:04:09	00:31:26		NOIA
58	1612 OSCAR	ALCALDE RESUA	00:49:49	00:04:10	00:49:34	00:04:08	00:31:19	3 & RUN BY PEDRO NIMO	BOIRO
59	1617 CARLOS	RODRIGUES	00:49:49	00:04:10	00:49:49	00:04:10	00:27:14	C.S.R.D.C SANTIAGO	PAREDES
60	325 RUBÉN	BUGLIOT FERNÁNDEZ	00:50:00	00:04:10	00:49:31	00:04:08	00:31:17		CARIÑO
61	1723 ISMAEL	COSTA LOURO	00:50:13	00:04:12	00:49:52	00:04:10	00:32:06		LOURO
62	3184 ABDELAZIZ	FATIHI CHHIMA	00:50:17	00:04:12	00:50:16	00:04:12	00:33:47		SALE RABAT
63	191 ALBERTO	REBOREDO DURÁN	00:50:18	00:04:12	00:50:11	00:04:11	00:31:19	CLUB DEPORTIVO SAN PAIO	GINEBRA
64	3222 ANTONIO	VILAS GOMEZ	00:50:30	00:04:13	00:50:15	00:04:12	00:31:10	ARTROGAL TRI 498	NOIA
65	343 PABLO	CARNERO	00:50:32	00:04:13	00:50:24	00:04:12	00:30:56		SANTIAGO DE COMPOSTELA
66	2001 JORGE	TATO RODRIGUEZ	00:50:38	00:04:14	00:50:32	00:04:13	00:30:59		SANTIAGO
67	433 ANDRES	TUBIO DEL RIO	00:50:40	00:04:14	00:50:31	00:04:13	00:31:30		NOIA
68	3323 SUSO	CONDE LAGO	00:50:45	00:04:14	00:49:58	00:04:10	00:33:01	C.A.R. MARISQUEIRO	VIGO
69	334 JESÚS	MALVÁREZ LOURO	00:50:46	00:04:14	00:50:26	00:04:13	00:31:50		MUROS
70	3819 GONZALO	FILLOY LÓPEZ	00:50:52	00:04:15	00:49:56	00:04:10	00:32:04		SILLEDA
71	3464 ADRIÁN	GONZÁLEZ CALVO	00:51:09	00:04:16	00:50:55	00:04:15	00:31:53	CORREDORES DO MIÑO	OURENSE

72	424	JORGE	SOTO BAÑO	00:51:18	00:04:17	00:51:00	00:04:15	00:32:00		XOVE
73	2007	MANOEL	BOAN OVALLE	00:51:18	00:04:17	00:51:01	00:04:16	00:31:51		AS PONTES DE GARCÍA RODRÍGUEZ
74	145	DAVID	MIRÁS COUSELO	00:51:23	00:04:17	00:51:13	00:04:17	00:31:25	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
75	1679	MODESTO	ROUCO ALMUIÑA	00:51:32	00:04:18	00:50:59	00:04:15	00:33:00		VIGO
76	3656	BORJA	LASTRES	00:51:32	00:04:18	00:50:59	00:04:15	00:31:41		CORUÑA
77	3613	GUILLERMO	MOSQUERA VICENTE	00:51:32	00:04:18	00:51:16	00:04:17	00:32:13	TRIATLON ARTEIXO	A CORUÑA
78	317	EFREN	CAPELO VIEITES	00:51:35	00:04:18	00:51:13	00:04:17	00:32:35		OUTES
79	4481	VICTOR	LÓPEZ BELLO	00:51:38	00:04:19	00:51:25	00:04:18	00:32:33	VERXEL NUTRICIÓN DEPORTIVA	GUITIRIZ
80	215	AITOR	EIMIL FERNANDEZ	00:51:38	00:04:19	00:51:17	00:04:17	00:31:48	CLUBE ATLETISMO VILALBA	VILALBA
81	374	JAVIER	FIEIRO RAMA	00:51:38	00:04:19	00:51:19	00:04:17	00:31:39		ROIS
82	3679	JORGE	POUSO TOJA	00:51:44	00:04:19	00:51:16	00:04:17	00:33:09		LA CORUÑA
83	3960	PEPE	MANSILLA BARREIRO	00:51:45	00:04:19	00:51:20	00:04:17	00:32:40	BEER RUNNERS CORUÑA	MONTERROSO
84	1651	HECTOR	OUTEDA GARRIDO	00:51:56	00:04:20	00:50:54	00:04:15	00:33:09	O GROBE TROTTER'S	O GROVE
85	3415	IVÁN	MAGARIÑOS CONDE	00:51:58	00:04:20	00:51:26	00:04:18	00:33:24	CLUB DEPORTIVO SAN PAIO	A ESTRADA
86	230	CAMILO	FRAMIÑAN LAMAZARES	00:52:08	00:04:21	00:50:51	00:04:15	00:32:40	ESCOLA ATLETISMO DEZA	LALIN
87	3582	ADRIÁN	MACEIRAS FIGUEIRAS	00:52:17	00:04:22	00:51:57	00:04:20	00:31:51	SAR-VERMU PETRONI	MUROS
88	210	RUBÉN	SESAZ VÁZQUEZ	00:52:19	00:04:22	00:51:38	00:04:19	00:33:06	CLUBE ATLETISMO BOIMORTO	BOIMORTO
89	175	ÁNGEL	ÁLVAREZ PARDIÑAS	00:52:23	00:04:22	00:52:05	00:04:21	00:32:19	CLUB ATLETISMO ESTRADA	SANTIAGO DE COMPOSTELA
90	482	MANUEL	FIGUEIRA PREGO	00:52:24	00:04:22	00:51:52	00:04:20	00:32:42		ORDES
91	1690	RODRIGO	MOSQUERA CORRAL	00:52:30	00:04:23	00:51:52	00:04:20	00:32:45		TEO
92	4014	ADRIÁN	BARRERA GONZÁLEZ	00:52:31	00:04:23	00:52:09	00:04:21	00:33:04	CLUB MONTEPENARUBIA LUGO	BEGONTE
93	3549	DAVID	MUINELO MARTINEZ	00:52:34	00:04:23	00:52:10	00:04:21	00:32:32	PATO BLANCO CELANOVA	OURENSE
94	559	RAINER	CAMPO RAMOS	00:52:43	00:04:24	00:52:38	00:04:24	00:31:43		VIGO
95	415	STEEFAAN	LENAERTS	00:52:47	00:04:24	00:52:32	00:04:23	00:32:30		SINT NIKLAAS
96	3268	ALEX	VAZQUEZ CARRAL	00:53:04	00:04:26	00:52:45	00:04:24	00:33:07	ATLETISMOARENTEIRO	O CARBALLIÑO
97	3855	OSCAR	VALBUENA CASAL	00:53:12	00:04:26	00:52:49	00:04:25	00:33:29		VIGO
98	427	MARTIÑO	PLACER GARCÍA-RODEJA	00:53:22	00:04:27	00:52:56	00:04:25	00:32:18		PONTEDEUME
99	359	EDUARDO	TERÁN BRAGE	00:53:22	00:04:27	00:52:25	00:04:23	00:33:33		FERROL
100	404	MIGUEL	LOPEZ NOYA	00:53:33	00:04:28	00:53:16	00:04:27	00:33:48		SANTIAGO DE COMPOSTELA
101	353	CARLOS	DE JUAN FERNÁNDEZ	00:53:33	00:04:28	00:52:35	00:04:23	00:33:33		FERROL
102	993	CARLOS	BENDICHO LAVILLA	00:53:48	00:04:29	00:52:27	00:04:23	00:34:11		OURENSE
103	1650	FRANCISCO	TRONCOSO TRONCOSO	00:53:49	00:04:30	00:53:08	00:04:26	00:33:09	ODAIKO	SALCEDA DE CASELAS
104	554	MANUEL ÁNGEL	DOMÍNGUEZ ESPEJO	00:53:57	00:04:30	00:53:40	00:04:29	00:32:39		OURENSE
105	1480	DIEGO	ARNEJO DOMINGUEZ	00:54:02	00:04:31	00:53:03	00:04:26	00:33:47		VAL DO DUBRA
106	3750	DANIEL	POSE GARCÍA	00:54:08	00:04:31	00:53:42	00:04:29	00:33:45		O TEMPLE - CAMBRE
107	1856	JAVIER	FUENTES FÁBREGAS	00:54:11	00:04:31	00:53:40	00:04:29	00:33:43	CLUB DE ATLETISMO OUTES-JOHN TURKEY	ESTEIRO
108	439	JAVIER	BUENA JORGE	00:54:14	00:04:32	00:53:50	00:04:30	00:34:25		VALLADOLID
109	3535	ADRIÁN	COLLAZO VARELA	00:54:22	00:04:32	00:53:57	00:04:30	00:34:22	NOSPORTLIMIT	A CORUÑA
110	437	ELOY	LEMA ORDOÑEZ	00:54:28	00:04:33	00:53:36	00:04:28	00:33:45		BAIO
111	384	JOSÉ ANTONIO	CRUZ RAMA	00:54:28	00:04:33	00:53:36	00:04:28	00:33:44		A CORUÑA
112	3611	THOMAS	AFONSO LÓPEZ	00:54:32	00:04:33	00:53:49	00:04:30	00:35:24	TRIATLON ARCADE INFORHOUSE SANTIAGO	NOGENT SUR MARNE
113	3610	RUBÉN	NEGREIRA MARTÍNEZ	00:54:32	00:04:33	00:53:49	00:04:30	00:35:24	TRIATLON ARCADE INFORHOUSE SANTIAGO	SANTIAGO DE COMPOSTELA
114	900	CIBRAN	LOPEZ VIDAL	00:54:33	00:04:33	00:54:16	00:04:32	00:33:04		NOIA
115	3612	CRISTIAN	PENAS OTERO	00:54:33	00:04:33	00:53:51	00:04:30	00:35:24	TRIATLON ARCADE INFORHOUSE SANTIAGO	SANTIAGO DE COMPOSTELA
116	4447	ADRIÁN	ÁLVAREZ MOSQUERA	00:54:39	00:04:34	00:54:33	00:04:33	00:34:52	VERXEL NUTRICIÓN DEPORTIVA	N
117	3700	BERNABÉ	GRILLE OTERO	00:54:41	00:04:34	00:54:11	00:04:31	00:34:49		A PEREIRA - SANTA COMBA
118	1493	JUAN MANUEL	MONTERO LÓPEZ	00:55:02	00:04:36	00:54:51	00:04:35	00:34:40		FERROL
119	201	ALVARO	GONZALEZ ENCINAS	00:55:08	00:04:36	00:54:46	00:04:34	00:34:53	CLUB MONTEPENARUBIA LUGO	LEGANES
120	3822	JESÚS	MARTINÓN MARTÍNEZ	00:55:08	00:04:36	00:54:31	00:04:33	00:34:39		SANTIAGO DE COMPOSTELA
121	207	RAMÓN	CHAVES NOCEDA	00:55:09	00:04:36	00:54:02	00:04:31	00:35:37	CLUB REMO PUEBLA	A POBRA DO CARAMIÑAL
122	2020	JESÚS	CELA BOISA	00:55:18	00:04:37	00:53:53	00:04:30	00:35:26		BRIÓN
123	1799	RICARDO RAÚL	GONZÁLEZ RAPOSO	00:55:19	00:04:37	00:55:05	00:04:36	00:33:59		SANTIAGO DE COMPOSTELA
124	912	PABLO	FERNÁNDEZ PENA	00:55:30	00:04:38	00:54:00	00:04:30	00:35:26		SILLEDA
125	3959	PABLO	ANTELO GARCIA	00:55:31	00:04:38	00:55:06	00:04:36	00:34:23	BEER RUNNERS CORUÑA	MUROS
126	412	ROI	BAULDE SUMAY	00:55:32	00:04:38	00:55:14	00:04:37	00:34:50		NAVIA (ASTURIAS)

127	1629 JAVIER	SADA GONZÁLEZ	00:55:48	00:04:39	00:54:19	00:04:32	00:36:00	CUNTIS
128	1470 JOSE	QUINTELA CARNOTA	00:55:52	00:04:40	00:55:25	00:04:38	00:34:36	O PINO
129	1422 PABLO	NIETO GOLÁN	00:55:54	00:04:40	00:54:14	00:04:32	00:36:19	SANTIAGO
130	3812 DAVID	VIDAL LAGARES	00:55:55	00:04:40	00:55:38	00:04:39	00:34:57	A CORUÑA
131	521 JACOBO	FERRO BENITO	00:55:58	00:04:40	00:55:26	00:04:38	00:35:08	SANTIAGO DE COMPOSTELA
132	3194 ANDRÉS-ANXO	PÉREZ SÁNCHEZ	00:56:00	00:04:40	00:55:44	00:04:39	00:34:59	3&RUN BY PEDRO NIMO SANTIAGO DE COMPOSTELA
133	369 IAGO	SANTOS DOMÍNGUEZ	00:56:02	00:04:41	00:54:54	00:04:35	00:35:48	A POBRA DO CARAMIÑAL
134	492 ADRIÁN	GONZÁLEZ LÓPEZ	00:56:02	00:04:41	00:54:54	00:04:35	00:35:49	A POBRA DO CARAMIÑAL
135	1175 RUBEN	LAGO	00:56:12	00:04:41	00:55:04	00:04:36	00:35:00	SANTIAGO
136	379 JORGE	LOPEZ GARCIA	00:56:15	00:04:42	00:55:40	00:04:39	00:34:54	OLEIROS
137	1738 FRANCISCO	SANTOS ROJAS	00:56:25	00:04:43	00:55:53	00:04:40	00:35:12	BOIRO
138	893 ADRIÁN	CAAMAÑO PENSADO	00:56:37	00:04:44	00:56:15	00:04:42	00:36:01	CORISTANCO
139	3714 JOSE FERNANDO	LIÑARES REY.	00:56:38	00:04:44	00:56:29	00:04:43	00:35:09	SANTIAGO DE COMPOSTELA
140	1756 VICTOR M	ESPARIS GARCIA	00:56:40	00:04:44	00:55:28	00:04:38	00:38:10	BRION
141	877 IGNACIO	BELTRÁ GARCÍA	00:56:42	00:04:44	00:56:07	00:04:41	00:35:07	SANTIAGO
142	582 JAVIER	NÚÑEZ VÁZQUEZ	00:56:43	00:04:44	00:56:35	00:04:43	00:34:00	A CORUÑA
143	1009 DIEGO	GÓMEZ GARABATO	00:56:44	00:04:44	00:56:31	00:04:43	00:34:29	SANTIAGO
144	593 MANUEL	GARCÍA VÁZQUEZ	00:56:48	00:04:44	00:56:17	00:04:42	00:34:51	ARZÚA
145	606 MIGUEL	RODRÍGUEZ-CADARSO SUÁREZ-VENTE	00:56:48	00:04:44	00:55:50	00:04:40	00:35:01	SANTIAGO DE COMPOSTELA
146	921 DIEGO	NIETO HOMBRE	00:56:50	00:04:45	00:55:59	00:04:40	00:36:04	AMES
147	3720 MIGUEL	VAZQUEZ CARREIRA	00:56:59	00:04:45	00:56:21	00:04:42	00:35:34	LA CORUÑA
148	953 ADRIAN	LOPEZ REY	00:57:02	00:04:46	00:56:36	00:04:43	00:35:38	SANTIAGO
149	380 JORGE	CEBEY GONZALEZ	00:57:07	00:04:46	00:56:19	00:04:42	00:35:58	SANTIAGO DE COMPOSTELA
150	949 MOHAMED	TRAORÉ	00:57:13	00:04:47	00:55:33	00:04:38	00:36:43	GAO (MALI)
151	1687 JOSE MANUEL	TEO SANCHEZ	00:57:14	00:04:47	00:56:29	00:04:43	00:35:23	TEO
152	4132 OSCAR	CRUZ DE LA FUENTE	00:57:14	00:04:47	00:56:26	00:04:43	00:36:25	VILLAZALA
153	520 IVAN	ESTEVEZ LAMAS	00:57:25	00:04:48	00:55:55	00:04:40	00:36:41	OURENSE
154	567 SAMUEL	SUÁREZ SUÁREZ	00:57:30	00:04:48	00:56:16	00:04:42	00:36:42	SANTIAGO DE COMPOSTELA
155	3774 JOSÉ MARÍA	MARTINÓN MARTÍNEZ	00:57:42	00:04:49	00:57:06	00:04:46	00:36:16	SANTIAGO
156	4258 NICOLAS	LOIS CANDA	00:57:48	00:04:49	00:56:45	00:04:44	00:36:47	A CORUÑA
157	407 PABLO	GARCIA OTERO	00:57:52	00:04:50	00:56:37	00:04:44	00:36:44	SANTIAGO
158	880 ALBERTO	FUERTES GARCÍA	00:57:55	00:04:50	00:56:36	00:04:43	00:37:08	TEO
159	370 ISMAEL	POSE RODRIGUEZ	00:58:08	00:04:51	00:57:55	00:04:50	00:34:38	CABANA DE BERGANTIÑOS
160	1737 FERNANDO	FABRIS	00:58:13	00:04:52	00:56:30	00:04:43	00:36:42	MISSAL, PARANÁ, BRASIL
161	3575 IVAN	PRADO LÓPEZ	00:58:16	00:04:52	00:57:17	00:04:47	00:37:08	RUNNING SARRIA
162	1006 DAVID	FUENTES TERCEIRO	00:58:20	00:04:52	00:57:12	00:04:46	00:37:07	GUÍA DE ISORA
163	105 MARCOS	MOAR CALVO	00:58:22	00:04:52	00:57:42	00:04:49	00:36:41	SANTIAGO DE COMPOSTELA
164	950 ABEL	RIAL COSTOYA	00:58:28	00:04:53	00:57:29	00:04:48	00:36:40	SANTIAGO
165	878 FRANCISCO	CARRILLO FERNÁNDEZ	00:58:28	00:04:53	00:57:43	00:04:49	00:37:07	VEDRA
166	3803 ADRIÁN	CAMPAÑA BARROS	00:58:32	00:04:53	00:56:55	00:04:45	00:37:29	SANTIAGO DE COMPOSTELA
167	1004 DAVID	LOPEZ SEIJO	00:58:36	00:04:53	00:57:43	00:04:49	00:37:49	SANTIAGO DE COMPOSTELA
168	1188 STEPHAN	TRIGO REY	00:58:43	00:04:54	00:57:46	00:04:49	00:36:47	SUIZA
169	3515 ROBERTO	VIDELA OUTEIRAL	00:58:46	00:04:54	00:57:25	00:04:48	00:38:05	MILER RUNNING CLUB NOIA
170	558 PEDRO JORGE	BARROS GOUVEIA	00:58:49	00:04:55	00:57:28	00:04:48	00:37:45	FUNCHAL, MADEIRA, PORTUGAL
171	4380 LUIS	PAIS	00:59:05	00:04:56	00:58:02	00:04:51	00:36:56	A ESTRADA
172	919 DANIEL	RAMOS AGRA	00:59:11	00:04:56	00:58:40	00:04:54	00:36:41	ARZÚA
173	4218 CARLOS	CAMPOS GARRIDO	00:59:12	00:04:56	00:59:06	00:04:56	00:35:16	CARBALLO
174	501 DANIEL	CASTRO CARREGAL	00:59:18	00:04:57	00:58:47	00:04:54	00:36:05	SANTIAGO DE COMPOSTELA
175	557 PABLO	SAYA CARRO	00:59:20	00:04:57	00:58:23	00:04:52	00:36:40	A CORUÑA
176	1139 MARTÍN	AVENDAÑO MARTÍNEZ	00:59:24	00:04:57	00:58:52	00:04:55	00:37:24	VIGO
177	1862 ALBERTO	BARREIRO HERMIDA	00:59:26	00:04:58	00:58:27	00:04:53	00:36:56	ZEPPELIN TORGUESA FINFLOOR NOIA
178	4118 SATIRO	BRENLLA FAJÍN	00:59:36	00:04:58	00:59:03	00:04:56	00:37:50	TARTARUGAS SANTA COMBA
179	3763 NICOLÁS	LÓPEZ REY	01:00:01	00:05:01	00:59:30	00:04:58	00:36:20	CARIÑO
180	4200 ADRIAN	LAVÍA PINTOS	01:00:10	00:05:01	00:59:20	00:04:57	00:37:59	PONTEVEDRA
181	3536 ADRIAN	MORALES ENRIQUEZ	01:00:29	00:05:03	00:59:28	00:04:58	00:37:44	NOSPORTLIMIT CAMBRE

182	1740 JAVIER	ESTEBAN RAMÍREZ	01:00:35	00:05:03	00:59:26	00:04:58	00:38:21		LA CORUÑA
183	848 CARLOS	VAZQUEZ LAGO	01:00:53	00:05:05	00:59:39	00:04:59	00:39:10	VELAIBIKE	LOURO
184	4324 LUIS	ACEBEDO REDONDO	01:01:14	00:05:07	00:59:31	00:04:58	00:39:25		LUGO
185	1273 SERGIO	BARREIRO GUERREIRO	01:01:14	00:05:07	01:00:18	00:05:02	00:39:05		O ROSAL
186	1262 OLIVER	CASTRO SOUTO	01:01:20	00:05:07	01:00:44	00:05:04	00:37:57		CARBALLO
187	1030 GONZALO	BALLESTEROS	01:01:25	00:05:08	01:00:33	00:05:03	00:39:19		PUERTOLLANO
188	1330 JOSÉ	LAGO BARREIROS	01:01:34	00:05:08	01:00:47	00:05:04	00:39:23		DUMBRÍA
189	1215 DANIEL	FERREIRO CARBALLEIRA	01:01:55	00:05:10	01:01:08	00:05:06	00:38:02		BRIÓN
190	1375 ÁLVARO	GARCÍA LING	01:02:01	00:05:11	01:00:35	00:05:03	00:39:46		SANTIAGO DE COMPOSTELA
191	1204 JOSÉ LUIS	MARCHANTE MACIAS	01:02:06	00:05:11	01:01:54	00:05:10	00:38:21		PUERTO REAL
192	767 JOSE ALFONSO	PEREZ DAVILA	01:02:09	00:05:11	01:01:01	00:05:06	00:38:17	CLUBE DE REMO CABO DA CRUZ	BOIRO
193	1797 ADRIÁN	CABARCOS REY	01:02:22	00:05:12	01:01:52	00:05:10	00:37:37		SANTIAGO DE COMPOSTELA
194	4052 JULIAN	VIDAL LOPEZ	01:02:25	00:05:13	01:00:53	00:05:05	00:40:02	ESPRINTES OURENSE	GUSTEI-COLES (OURENSE)
195	1499 XOSE CARLOS	CARRACEDO PORTO	01:02:25	00:05:13	01:01:53	00:05:10	00:38:36		ARZUA
196	984 BORJA	VÁZQUEZ BARREIROS	01:02:27	00:05:13	01:01:38	00:05:09	00:38:39		LALÍN
197	1732 DAVID	ESTEVEZ VAZQUEZ	01:02:39	00:05:14	01:01:36	00:05:08	00:39:16		SANXENXO
198	1733 DIEGO	SOTO GARCÍA	01:02:45	00:05:14	01:01:46	00:05:09	00:38:38		FERROL
199	602 IKER	CREMADES MARIA COSPEDAL	01:02:50	00:05:15	01:01:27	00:05:08	00:40:40		LOGROÑO
200	1041 ISMAEL	RODRÍGUEZ FERNÁNDEZ	01:02:58	00:05:15	01:02:09	00:05:11	00:38:39		VIGO
201	499 CELESTINO FERNANDO	AMIGO DE PASCUAL	01:02:58	00:05:15	01:02:27	00:05:13	00:36:07		HUESCA
202	951 ADRIAN	VIDAL LOPEZ	01:03:11	00:05:16	01:01:38	00:05:09	00:40:05		GUSTEI-COLES (OURENSE)
203	1710 EDUARDO	FERREIRO SILVA	01:03:28	00:05:18	01:02:38	00:05:14	00:38:43	MONTAEVAI BTT O PINO	BOQUEIXON
204	4182 ALEJANDRO	LUIS NOVOA	01:03:45	00:05:19	01:02:42	00:05:14	00:39:16		A CORUÑA
205	4269 RUBÉN	MOURE CAAMAÑO	01:03:52	00:05:20	01:03:09	00:05:16	00:39:20		A CORUÑA
206	1858 RICARDO DANIEL	ESTÉVEZ LÓPEZ	01:03:57	00:05:20	01:02:27	00:05:13	00:40:27	CLUB HOMBRES DE HIERRO DE ABUIN	LUGO
207	234 HÉCTOR JUAN	GÓMEZ PUENTE	01:03:59	00:05:20	01:01:32	00:05:08	00:40:25	HECTOR	SANTIAGO
208	1429 XOSÉ	LÓPEZ SEOANE	01:04:12	00:05:21	01:02:52	00:05:15	00:40:18		CULLEREDO
209	1772 JOSÉ MANUEL	RODRÍGUEZ TORREIRA	01:04:24	00:05:22	01:03:34	00:05:18	00:40:24		SANTA COMBA
210	1203 JOSÉ IGNACIO	HERRERA RAMOS	01:04:43	00:05:24	01:04:31	00:05:23	00:39:40		PUERTO REAL
211	3802 ADRIÁN	BOUZÓN NIEVES	01:04:54	00:05:25	01:03:41	00:05:19	00:40:59		SANTIAGO
212	1345 LUIS	CASTELO CAAMAÑO	01:05:04	00:05:26	01:04:06	00:05:21	00:40:09		TEUFEN
213	1473 DAVID	DURÁN LOSADA	01:05:09	00:05:26	01:05:05	00:05:26	00:40:28		SANTIAGO
214	800 MANUEL	MIDÓN CBEIRO	01:05:14	00:05:27	01:04:54	00:05:25	00:40:49	MATRACA	VILARIÑO-TEO
215	1681 RUBÉN	TRILLO BLANCO	01:05:38	00:05:29	01:04:20	00:05:22	00:41:29		NOIA
216	772 ADRIÁN	GOYANES SOUTO	01:05:49	00:05:30	01:04:22	00:05:22	00:42:43	CORRE POUÇO	OROSO
217	1758 RODRIGO	PAINCEIRA CABELLO	01:06:01	00:05:31	01:04:45	00:05:24	00:40:21		OROSO
218	1769 IGNACIO	ZAS SANDE	01:06:02	00:05:31	01:04:53	00:05:25	00:42:17		SANTIAGO DE COMPOSTELA
219	1261 LOIS	GOMEZ IGLESIAS	01:06:14	00:05:32	01:04:54	00:05:25	00:42:07		SANTIAGO DE COMPOSTELA
220	1112 JUAN DIEGO	PONCE GARCIA	01:07:02	00:05:36	01:05:16	00:05:27	00:43:59		PONTEVEDRA
221	1460 ISMAEL	ALDREY PELETEIRO	01:07:20	00:05:37	01:05:38	00:05:29	00:42:35		SANTIAGO
222	324 MIGUEL ANGEL	CASTRO LAGO	01:07:20	00:05:37	01:06:56	00:05:35	00:41:54		AMES
223	1386 ANTONIO	CASTIÑEIRAS CASTIÑEIRAS	01:07:21	00:05:37	01:05:35	00:05:28	00:42:28		VALGA
224	1680 DANIEL	TURIÑO ANIDO	01:07:38	00:05:39	01:06:37	00:05:34	00:41:13		A CORUÑA
225	781 ESTEBAN	LEMONS PORTILLO	01:07:53	00:05:40	01:06:58	00:05:35	00:40:37	GIMNASIO HEBE	VIGO
226	1104 JOSE RAMON	PEREZ SENIN	01:08:14	00:05:42	01:06:29	00:05:33	00:45:02		SANTIAGO
227	1436 GABRIEL	DORADO TRILLO	01:08:18	00:05:42	01:06:57	00:05:35	00:42:08		SADA
228	955 AGUSTIN	LOUZAN VAZQUEZ	01:08:23	00:05:42	01:07:05	00:05:36	00:44:04		CEE
229	4250 MANUEL	GARCÍA MUÑOZ	01:08:32	00:05:43	01:07:21	00:05:37	00:43:03		MARIN
230	316 BORIS	DOPAZO BLANCO	01:08:51	00:05:45	01:08:28	00:05:43	00:41:53		PADRON
231	1734 ELOY	SIXTO PUENTE	01:08:58	00:05:45	01:08:12	00:05:41	00:43:36		SANTIAGO
232	1457 ALEJANDRO	VILAS DA FONSECA	01:09:07	00:05:46	01:08:49	00:05:45	00:44:01		VIGO
233	1274 DAVID	BOO MUNIN	01:09:23	00:05:47	01:08:07	00:05:41	00:43:10		SIGÜEIRO
234	1305 DANIEL	VIVANCO VAZQUEZ	01:09:28	00:05:48	01:08:18	00:05:42	00:42:19		SANTIAGO
235	4376 DAVID	LOAIZA CABELLO	01:09:35	00:05:48	01:07:58	00:05:40	00:44:09		SAN FERNANDO
236	983 BORJA	PINTOS CASTRO	01:09:36	00:05:48	01:08:54	00:05:45	00:42:34		SANTIAGO DE COMPOSTELA

237	1259 VALENTIN	FERRER FERNÁNDEZ	01:09:42	00:05:49	01:07:46	00:05:39	00:45:55		CARTAGENA
238	861 RUBEN	PICOS TIZON	01:11:34	00:05:58	01:10:33	00:05:53	00:45:19		SANTIAGO
239	1118 LUIS	GONZALEZ FERRIN	01:11:47	00:05:59	01:10:06	00:05:51	00:45:20		SANTIAGO
240	1260 IVÁN	VÁZQUEZ VILLAR	01:12:03	00:06:01	01:11:02	00:05:56	00:43:06		SANTIAGO DE COMPOSTELA
241	1001 DAVID	CREO VAZQUEZ	01:12:50	00:06:05	01:12:19	00:06:02	00:45:02		BOIRO
242	1458 ANDRÉS	GORDALIZA RODRÍGUEZ	01:13:03	00:06:06	01:11:26	00:05:58	00:46:52		SANTIAGO DE COMPOSTELA
243	1739 JACOBO	BELLO VIDAN	01:15:19	00:06:17	01:13:46	00:06:09	00:46:06		SANTIAGO
244	1350 MARCOS	FURELOS FABEIRO	01:17:03	00:06:26	01:16:19	00:06:22	00:45:02		SANTIAGO DE COMPOSTELA
245	1471 CARLOS GABRIEL	GONZÁLEZ FREITAS	01:21:52	00:06:50	01:20:10	00:06:41	00:51:55		LUGO
246	1774 MARCOS	SAYANS PORTOS	01:23:04	00:06:56	01:21:24	00:06:47	00:54:24		SANTAIGO
247	1463 OSCAR	FERNÁNDEZ FRANQUEIRO	01:25:50	00:07:10	01:24:08	00:07:01	00:52:48		SANTIAGO
DNF	1620 CRISTÓBAL	RODRÍGUEZ FIDALGO						CD SAN PAIO	VIVEIRO
DNF	3016 PABLO	BOCELO BELLAS						ATLETISMO CORUÑA COMARCA	A CORUÑA
DNF	435 DIEGO	OTERO FERNÁNDEZ							TRAZO
DNF	1211 JOSE LUIS	MANDAYO FERNANDEZ							ORDES
DNS	3072 CRISTIAN	MUIÑO VARELA						CLUB DEPORTIVO VAGALUME ENERGÍA	CORISTANCO
DNS	1116 JUAN RAMÓN	ÁLVAREZ SANTOS							CAMBADOS
DNS	3669 NICOLÁS	BELLO BUGALLO							SANTIAGO
DNS	1486 ALBERTO	MERA VÁZQUEZ							SANTIAGO DE COMPOSTELA
DNS	1005 DAVID	FERNANDEZ FERNANDEZ							LUGO
DNS	752 DIEGO G.	MOSTEIRO MIGUÉNS						CLUB DEPORTIVO PINARIUM	RIANXO
DNS	1341 LORENZO	MANDAYO FERNANDEZ							ORDES
DNS	4327 MANUEL	RIEIRO GARCIA							SANTA COMBA
DNS	4391 ADRIAN	RODRIGUEZ NOGUEIRA							ARTEIXO
DNS	1287 ADÁN	PÉREZ FIDALGO							SANTA COMBA
DNS	1677 ADRIÁN	GRAÑA DOMÍNGUEZ							RIBADUMIA
DNS	1207 ALFONSO	GALLARDO LAGO							ESTEIRO
DNS	4185 HÉCTOR	ESTEBANEZ SÁENZ							LOGROÑO
DNS	3169 ALBERTO	VIGO SÁNCHEZ							CURTIS
DNS	1176 RUBEN	GIL RIOS							VILLAGARCIA
DNS	3860 ALBERTO	GÓMEZ VILA							NOIA
DNS	3412 CLAUDIO	RIVADULLA VARELA						CLUB DEPORTIVO PINARIUM	PONTEVEDRA
DNS	4127 ÁLVARO	NAVEIRA NÚÑEZ						TUNSERI TRIATLÓN TEAM	SANTIAGO DE COMPOSTELA
DNS	3685 IAGO	FERRIN REMISEIRO							CAMPO LAMEIRO
DNS	3785 DAMIAN	RODRIGUEZ BLANCO							CARNOTA
DNS	428 MICAEL	VÁZQUEZ ARIAS							O BARCO

SNBM SENIOR B MASC Inscritos:
888 Llegados: 788

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	1	NUNO	COSTA	00:37:02	00:03:06	00:37:02	00:03:06	00:23:06	S D SAMPAIO A ESTRADA	AMARANTE
2	8	CARLOS	VILLAMOR CASTIÑEIRA	00:37:41	00:03:09	00:37:41	00:03:09	00:23:26	3&RUN BY CLUB DE CORREDORES PEDRO NIMO	LUGO
3	3134	MANUEL	HURTADO SANJURJO	00:37:52	00:03:10	00:37:52	00:03:10	00:23:26	SOCIEDAD GIMNASTICA DE PONTEVEDRA	LUGO
4	3100	MANUEL ANGEL	PENAS BLANCO	00:38:03	00:03:11	00:38:03	00:03:11	00:23:27	NEW BALANCE TEAM	ARZUA
5	7	RUBEN	DIZ DIAZ	00:38:06	00:03:11	00:38:06	00:03:11	00:23:18	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	XINZO DE LIMIA
6	59	ROGERIO	BESSA	00:38:38	00:03:14	00:38:38	00:03:14	00:23:44	JOBRA	BRANCA
7	3132	AKKA	ESSAADAoui	00:38:47	00:03:14	00:38:47	00:03:14	00:23:44	SG PONTEVEDRA	MARRUECOS
8	3028	JOSE	CANDA LOUZAO	00:39:53	00:03:20	00:39:50	00:03:20	00:24:36	AZERVAÑAN	LALIN
9	3119	RUBEN	CAAMAÑO NIETO	00:40:02	00:03:21	00:40:01	00:03:21	00:24:39	SAR-VERMU PETRONI	NOIA
10	3014	JOSE MANUEL	CORRAL JUSTO	00:40:06	00:03:21	00:40:05	00:03:21	00:24:30	ATLETISMO ARENTEIRO	O CARBALLIÑO
11	3153	JAVIER	PEREZ MORENO	00:40:43	00:03:24	00:40:42	00:03:24	00:25:09		IRUN
12	3043	ALBERTO	CAROU CARRIL	00:40:47	00:03:24	00:40:46	00:03:24	00:25:00	CD VAGALUME ENERGIA	NOIA
13	47	JOSE	LOJO	00:41:14	00:03:27	00:41:12	00:03:26	00:25:09	CLUB SAN MIGUEL DE MARÍN	RIBEIRA
14	3061	JUAN CARLOS	MOSQUERA DOPAZO	00:41:31	00:03:28	00:41:31	00:03:28	00:25:26	CLUB ATLETISMO SANTIAGO	PONTECESURES
15	3141	LUÍS MIGUEL	ANTELO LEMA	00:42:05	00:03:31	00:42:04	00:03:31	00:25:51	TERRA DE SONEIRA C.D.	VIMIANZO
16	3087	VICTOR	GONZALEZ HORTA	00:42:15	00:03:32	00:42:14	00:03:32	00:26:00	COMESAÑA SPORTING CLUB	PUEBLA DEL CARAMIÑAL

17	3079	CARLOS	IGLESIAS AREA	00:42:37	00:03:34	00:42:36	00:03:33	00:26:13	CLUB SAN MIGUEL DE MARÍN	MARIN
18	3101	GONZALO	SILVA BRENLLA	00:42:41	00:03:34	00:42:39	00:03:34	00:26:20	NOITEBRA F.C.	SANTA COMBA
19	3126	ROBERTO CARLOS	AGRELO GOMEZ	00:42:43	00:03:34	00:42:41	00:03:34	00:26:19	SAR-VERMU PETRONI	PADRÓN
20	1814	LUÍS	MORGADO	00:42:43	00:03:34	00:42:40	00:03:34	00:26:12	MUNICIPIO DE CASTRO DAIRE	CASTRO DAIRE
21	34	SERGIO	REQUEIJO REQUEIJO	00:42:44	00:03:34	00:42:40	00:03:34	00:26:25	AZERVAÑAN	SILLEDA
22	35	DAVID	BUJAN FERNANDEZ	00:42:52	00:03:35	00:42:48	00:03:34	00:26:15	C.A LABEGANE	BARAKALDO
23	3120	JOSE ANTONIO	GOMEZ RIOS	00:42:57	00:03:35	00:42:54	00:03:35	00:27:00	SAR-VERMU PETRONI	NOIA
24	3024	IAGO	SOBREIRA GARCÍA	00:43:00	00:03:35	00:42:59	00:03:35	00:26:23	ATLETISMO PORRIÑO	PONTEAREAS
25	3584	MIGUEL	FIGUEIRA NUÑEZ	00:43:05	00:03:36	00:42:59	00:03:35	00:26:18	SAR-VERMU PETRONI	NOIA
26	3019	ALVARO	GOMEZ CARDESIN	00:43:05	00:03:36	00:42:59	00:03:35	00:26:20	ATLETISMO CORUÑA COMARCA	A CORUÑA
27	3073	GUSTAVO	RIOS SANCHEZ	00:43:25	00:03:38	00:43:24	00:03:37	00:26:50	CLUB DEPORTIVO VAGALUME ENERGÍA	SANTIAGO DE COMPOSTELA
28	3176	JESÚS	FERNÁNDEZ SOENGAS	00:43:32	00:03:38	00:43:29	00:03:38	00:26:40		22/02/1979
29	3129	AVELINO	CAAMAÑO NIETO	00:43:39	00:03:39	00:43:36	00:03:38	00:26:52	SAR-VERMU PETRONI	NOIA
30	4434	RUBEN	AIRAS COTA	00:43:44	00:03:39	00:43:42	00:03:39	00:26:48	BURGAS ATLETISMO OURENSE	MUIÑOS
31	147	JAVI	DOSIL RIVAS	00:43:45	00:03:39	00:43:42	00:03:39	00:27:01	ATLETISMO FONTES DO SAR	NOIA
32	299	ANGEL	FAGILDE FANDIÑO	00:43:47	00:03:39	00:43:46	00:03:39	00:27:05		SANTIAGO DE COMPOSTELA
33	3105	JOSE MANUEL	IGLESIAS TORRES	00:43:53	00:03:40	00:43:50	00:03:40	00:27:02	NOITEBRA FC	SANTIAGO DE COMPOSTELA
34	2028	MANUEL	GARCÍA GARCÍA	00:43:53	00:03:40	00:43:50	00:03:40	00:27:06		VIGO
35	3077	JACOBO	CREGO FERNANDEZ	00:43:59	00:03:40	00:43:59	00:03:40	00:27:06	CLUB OLÍMPICO DE VEDRA	BOIRO
36	95	DAVID	SENDON CAMAÑO	00:44:06	00:03:41	00:44:04	00:03:41	00:27:11		VALADARES
37	1626	DARÍO MANUEL	OTERO PAMPIN	00:44:09	00:03:41	00:44:04	00:03:41	00:27:14		SANTIAGO DE COMPOSTELA
38	77	RUBÉN	ALONSO PEREIRA	00:44:15	00:03:42	00:44:11	00:03:41	00:27:23	SOCIEDADE ATLÉTICA DO TREGA	O ROSAL
39	55	DANIEL	FEIJO FERREIRO	00:44:15	00:03:42	00:44:12	00:03:41	00:27:13	ESCOLAS DEPORTIVAS MOECHE	AS PONTES
40	3165	DAVID	GARCIA PEREZ	00:44:26	00:03:43	00:44:23	00:03:42	00:27:07		CEDEIRA
41	3015	FERNANDO	PEREZ REBOREDO	00:44:28	00:03:43	00:44:26	00:03:43	00:27:29	ATLETISMO ARENTEIRO	MASIDE
42	133	OSCAR	GUERRA MAGAN	00:44:30	00:03:43	00:44:19	00:03:42	00:27:23	ARMENTEIRA E PUNTO	PADRÓN
43	3167	JUAN	GARCIA FANDIÑO	00:44:32	00:03:43	00:44:29	00:03:43	00:27:46		SANTIAGO DE COMPOSTELA
44	3082	JOSÉ LUIS	GONZÁLEZ NUÑEZ	00:44:35	00:03:43	00:44:32	00:03:43	00:27:18	CLUBE ATLETISMO BOIMORTO	SILLEDA
45	4438	JOSE MANUEL	OMIL IGLESIAS	00:44:38	00:03:44	00:44:34	00:03:43	00:27:52	CLUB DEPORTIVO PINARIUM	MARIN
46	3002	KIKO	LAGO SANTIAGO	00:44:49	00:03:45	00:44:44	00:03:44	00:27:43	A. D. OLIMPIA	CEE
47	3081	JUAN LUIS	RODRIGUEZ DE LA CRUZ	00:44:55	00:03:45	00:44:51	00:03:45	00:27:44	CLUB TRIATLÓN VAO	VIGO
48	3164	CESAR	VAZQUEZ AGRA	00:44:57	00:03:45	00:44:50	00:03:45	00:27:33		ZAS
49	3140	DAVID	CALZAS ÍNSUA	00:44:57	00:03:45	00:44:51	00:03:45	00:27:35	TERRA DE SONEIRA C.D.	VIMIANZO
50	3602	JAVIER	NOVO BUJEIRO	00:44:58	00:03:45	00:44:52	00:03:45	00:27:34	TERRA DE SONEIRA C.D.	CEE
51	3062	JUAN PABLO	FERNANDEZ RODRIGUES	00:44:59	00:03:45	00:44:55	00:03:45	00:28:05	CLUB ATLETISMO SANTIAGO	SAO PAULO- BRASIL
52	3434	JULIO	MALLO NIETO	00:45:00	00:03:45	00:44:52	00:03:45	00:27:54	CLUB OLÍMPICO DE VEDRA	BRIÓN
53	3648	PABLO	SEOANE AMOR	00:45:04	00:03:46	00:45:00	00:03:45	00:27:28		BETANZOS
54	40	FRANCISCO JOSE	SANCHEZ LOPEZ	00:45:05	00:03:46	00:45:00	00:03:45	00:27:49	CLUB ATLETISMO SANTIAGO	SANTIAGO
55	3106	SANTIAGO	CID GARCÍA	00:45:08	00:03:46	00:45:06	00:03:46	00:27:57	NOITEBRA FC	SANTIAGO DE COMPOSTELA
56	1661	JOSE ANTONIO	VIDAL GONZALEZ	00:45:15	00:03:47	00:45:09	00:03:46	00:27:55		BRION
57	4440	ADRIÁN	FERNÁNDEZ GARCÍA	00:45:15	00:03:47	00:45:15	00:03:47	00:27:51	MARATÓN NATTEX BARBADÁS	OURENSE
58	3089	MARCOS	BLANCO FARIÑAS	00:45:21	00:03:47	00:45:19	00:03:47	00:27:54	CORREDORES DO MIÑO	OURENSE
59	3554	ROBERTO	VÁZQUEZ PAVÓN	00:45:21	00:03:47	00:45:14	00:03:47	00:27:56	PEROXA RUNNING	A PEROXA
60	3175	ISMAEL	PRIETO SOUTO	00:45:22	00:03:47	00:45:12	00:03:46	00:28:20		CAMBRE
61	3116	MIGUEL	REGUEIRA VEIGA	00:45:37	00:03:49	00:45:32	00:03:48	00:27:42	RUNNING OLEIROS	CULLEREDO
62	570	MIGUEL	MÍGUEZ MEIJOMIL	00:45:44	00:03:49	00:45:37	00:03:49	00:28:20		SANTIAGO DE COMPOSTELA
63	58	HELDER	OLIVEIRA	00:45:55	00:03:50	00:42:35	00:03:33	00:30:11	F.C.VIZELA	VIZELA
64	3218	NICOLAS FERNANDO	BAS ROTH	00:45:57	00:03:50	00:45:47	00:03:49	00:28:16	AGUADA ATLETISMO	MONTEVIDEO (URUGUAY)
65	3453	ROBERTO	EIMIL VÁZQUEZ	00:45:58	00:03:50	00:45:52	00:03:50	00:28:29	CLUBE ATLETISMO VILALBA	VILALBA
66	3646	JORGE	FERRADANS VALDES	00:46:00	00:03:50	00:45:54	00:03:50	00:28:57		SANTIAGO DE COMPOSTELA
67	4471	MARCOS	OTERO RODRIGUEZ	00:46:00	00:03:50	00:45:50	00:03:50	00:28:34	CLUB ATLETISMO ESTRADA	A ESTRADA
68	3223	ELOY	GONZALEZ HORTA	00:46:02	00:03:51	00:46:02	00:03:51	00:28:21	ARTROGAL-TRI498	PUEBLA DEL CARAMIÑAL
69	3112	DIEGO	ÁLVAREZ SOTO	00:46:07	00:03:51	00:46:03	00:03:51	00:28:32	PASA OU ENTORNA	NARÓN
70	79	MARTIN	ABELENDA LOPEZ	00:46:08	00:03:51	00:46:02	00:03:51	00:28:46	VELAIBIKE	SANTIAGO
71	3053	JOSE MANUEL	GONZALEZ CHARLON	00:46:08	00:03:51	00:46:06	00:03:51	00:28:49	CLUB ATLETISMO SADA	ABEGONDO

72	3296	JESÚS	RIVAS PRADO	00:46:09	00:03:51	00:46:01	00:03:51	00:28:43	ATLETISMO FRIOL	LUGO
73	1663	RAFA	POUPARINA	00:46:12	00:03:51	00:46:07	00:03:51	00:28:44		NARON
74	3179	PABLO	MOSQUERA DONO	00:46:13	00:03:52	00:46:10	00:03:51	00:28:28		ORDES
75	94	AMANCIO	RAÑA RECOUSO	00:46:13	00:03:52	00:46:11	00:03:51	00:28:43		OROSO
76	1649	ADRIÁN	FERNÁNDEZ DOMÍNGUEZ	00:46:18	00:03:52	00:46:16	00:03:52	00:28:43	MÁXICO	BOIRO
77	1643	SANTIAGO	RAMOS IGLESIAS	00:46:20	00:03:52	00:46:17	00:03:52	00:29:00	CLUB DEPORTIVO UNIVERSIDADE DE SANTIAGO	SANTIAGO
78	3525	OSCAR	VALLE LOPEZ	00:46:24	00:03:52	00:46:22	00:03:52	00:28:33	NOITEBRA FC	SANTIAGO
79	3632	ÁLVARO	COSTA RIVAS	00:46:26	00:03:53	00:46:07	00:03:51	00:28:43	ZEPPELIN TORGUESA FINFLOOR	SANTIAGO DE COMPOSTELA
80	3180	RAÚL	IGLESIAS DURO	00:46:28	00:03:53	00:46:23	00:03:52	00:28:28		O PINO
81	3723	MIGUEL ÁNGEL	FERNÁNDEZ SOUTO	00:46:35	00:03:53	00:46:25	00:03:53	00:28:44		A CORUÑA
82	310	JOSE	TASENDE PERNAS	00:46:39	00:03:54	00:46:24	00:03:52	00:28:59		ARZÚA
83	3233	DAVID	PÁJARO VARELA	00:46:40	00:03:54	00:46:35	00:03:53	00:28:40	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
84	3853	GABRIEL	PIZARRO VARELA	00:46:41	00:03:54	00:46:39	00:03:54	00:29:08		BUENOS AIRES
85	3122	ANGEL	CAMPOS SANTIAGO	00:46:47	00:03:54	00:46:46	00:03:54	00:29:26	SAR-VERMU PETRONI	NOIA
86	301	JUAN	LANDEIRA SAAVEDRA	00:46:50	00:03:55	00:46:37	00:03:54	00:29:27		SANTIAGO DE COMPOSTELA
87	3204	JOSÉ MANUEL	PENAS VARELA	00:46:57	00:03:55	00:46:37	00:03:54	00:28:49	A.D. CERNE	SANTISO
88	3177	JUAN	NEGREIRA MONTERO	00:46:59	00:03:55	00:46:53	00:03:55	00:30:33		SANTIAGO COMPOSTELA
89	3644	EDUARDO	PINEDO ARMESTO	00:47:00	00:03:55	00:46:52	00:03:55	00:29:12		A CORUÑA
90	3416	ADRIAN	GOMEZ FERNANDEZ	00:47:10	00:03:56	00:47:01	00:03:56	00:29:17	CLUB DEPORTIVO VAGALUME ENERGÍA	SANTIAGO DE COMPOSTELA
91	3276	ANDRÉS	FLÓREZ PÉREZ	00:47:16	00:03:57	00:47:08	00:03:56	00:29:59	ATLETISMO CORUÑA COMARCA	PONFERRADA
92	307	ALEX	RODRIGUEZ LIAS	00:47:18	00:03:57	00:47:12	00:03:56	00:29:00		SANTIAGO DE COMPOSTELA
93	3139	JAVIER	FERNANDEZ GOMEZ	00:47:18	00:03:57	00:47:15	00:03:57	00:28:56	TEAM PANADERIA SABUCEDO	OURENSE
94	1815	TONI	COSTA	00:47:30	00:03:58	00:47:27	00:03:58	00:29:08	MUNICIPIO DE CASTRO DAIRE	CASTRO DAIRE
95	3511	DAVID	PONTE IGLESIAS	00:47:31	00:03:58	00:47:21	00:03:57	00:29:36	MARRANERS	SANTIAGO DE COMPOSTELA
96	305	MARIO	QUEIRUGA SANTIAGO	00:47:33	00:03:58	00:47:26	00:03:58	00:29:39		PORTO DO SON
97	3137	PABLO	DÍAZ LÓPEZ	00:47:35	00:03:58	00:47:33	00:03:58	00:29:10	SOCIEDAD GIMNASTICA DE PONTEVEDRA	OURENSE
98	3084	ALEXANDRE	GARCÍA LÓPEZ	00:47:35	00:03:58	00:47:31	00:03:58	00:29:12	CLUBE ATLETISMO FENE	FENE
99	3480	JOSÉ MANUEL	MONTOTO AREÁN	00:47:37	00:03:59	00:47:28	00:03:58	00:29:10	ESCOLA ATLETISMO DEZA	LAÍN
100	3670	SAMUEL	RUIZ-GIMÉNEZ IGLESIAS	00:47:39	00:03:59	00:47:27	00:03:58	00:30:07		O VICEDO
101	1652	DAVID	GÓMEZ AGRAS	00:47:39	00:03:59	00:47:34	00:03:58	00:29:54	PASA OU ENTORNA	FERROL
102	401	MARCOS	MAYO AGRAFOJO	00:47:41	00:03:59	00:47:28	00:03:58	00:29:54		URDILDE
103	3171	ALEJANDRO	PAMPÍN CASTRO	00:47:42	00:03:59	00:47:38	00:03:59	00:29:06		ARZÚA
104	360	ESTEBAN	GARCIA GOMEZ	00:47:42	00:03:59	00:47:29	00:03:58	00:29:48		VALGA
105	3510	MANUEL	CARPENTE VAZQUEZ	00:47:46	00:03:59	00:47:36	00:03:58	00:29:36	MARRANERS	PONTEDEUME
106	349	ANTONIO	PORTO ALVAREZ	00:47:47	00:03:59	00:47:38	00:03:59	00:29:52		VEDRA
107	3697	ALBERTO	PEREIRA FARIÑA	00:47:48	00:03:59	00:47:42	00:03:59	00:29:43		CUNTIS
108	3655	ANGEL	VAZQUEZ CARBON	00:47:51	00:04:00	00:47:45	00:03:59	00:29:45		A ESTRADA
109	584	MARCIAL	CANITROT OTERO	00:47:53	00:04:00	00:47:30	00:03:58	00:30:19		SANTIAGO DE COMPOSTELA
110	3345	EMILIO JOSE	GARRIDO SOBRINO	00:47:57	00:04:00	00:47:47	00:03:59	00:30:02	CD LA PURISIMA	OLEIROS CASTRELO DE MIÑO
111	3040	CARLOS	SEÑORANS TOBIO	00:48:04	00:04:01	00:47:54	00:04:00	00:29:26	CAMBADOS	CALDAS
112	314	EMILIO JOSÉ	PEREIRA GUTIÉRREZ	00:48:10	00:04:01	00:48:05	00:04:01	00:30:12		TEO
113	4479	ABRAHAM	TORRE SOENGAS	00:48:12	00:04:01	00:48:05	00:04:01	00:29:38	VERXEL NUTRICIÓN DEPORTIVA	LUGO
114	3307	MOISES	LORENZO ALONSO	00:48:14	00:04:02	00:47:54	00:04:00	00:30:25	ATLETISMO PORRIÑO	MOS
115	3279	ALVARO	SEARA PEREZ	00:48:20	00:04:02	00:48:08	00:04:01	00:30:18	ATLETISMO FONTES DO SAR	MADRID
116	1624	MANU	POLO DIEZ	00:48:21	00:04:02	00:48:17	00:04:02	00:29:17		MADRID
117	255	RICARDO	IGLESIAS CASAL	00:48:23	00:04:02	00:48:19	00:04:02	00:29:36	NOITEBRA FC	AMES
118	3187	SERGIO	MONTEAGUDO RODRIGUEZ	00:48:24	00:04:02	00:48:05	00:04:01	00:30:02		A CORUÑA
119	3379	MANUEL	LOJO CARAMÉS	00:48:30	00:04:03	00:48:22	00:04:02	00:30:02	CLUB ATLETISMO OUTES JOHN TURKEY	NOIA
120	3567	MANUEL ÁNGEL	FERNÁNDEZ ÁLVAREZ	00:48:34	00:04:03	00:48:21	00:04:02	00:30:15	RIGALE	OURENSE
121	312	JUAN	SOILÁN BLANCO	00:48:41	00:04:04	00:48:35	00:04:03	00:29:21		SANTIAGO DE COMPOSTELA
122	3410	ALFREDO	FERREIRO DEAÑO	00:48:41	00:04:04	00:48:33	00:04:03	00:30:17	CLUB DEPORTIVO AURUM	CARBALLIÑO
123	3681	JULIO	FERNANDEZ DEVESA	00:48:45	00:04:04	00:48:39	00:04:04	00:30:12		O GROVE
124	3441	JOSE ANTONIO	ROMERO BARREIRO	00:48:46	00:04:04	00:48:31	00:04:03	00:30:20	CLUBE ATLETISMO BOIMORTO	SANTIAGO DE COMPOSTELA
125	321	JOSÉ MANUEL	VÁZQUEZ MATO	00:48:47	00:04:04	00:48:43	00:04:04	00:29:56		SANTIAGO DE COMPOSTELA
126	3406	OSCAR	FRESNEDO ARIAS	00:48:47	00:04:04	00:48:15	00:04:02	00:30:55	CLUB CORREDORES BECERREÁ	BECCEREA

127	820 ANTONIO	PUENTE ESPÍÑA	00:48:53	00:04:05	00:48:40	00:04:04	00:30:14	RUNNERS AMIO C.D.	SANTIAGO DE COMPOSTELA
128	371 IVAN	LÓPEZ ROSA	00:48:54	00:04:05	00:48:43	00:04:04	00:30:02		VEDRA
129	173 JOSE	SALGUEIRO MATA	00:48:56	00:04:05	00:48:45	00:04:04	00:30:47	CDM VÉRTICE	TEO
130	165 QUIQUE	TRIÑANES VIDAL	00:48:57	00:04:05	00:48:31	00:04:03	00:30:42	C.D. PORTOSIN	PORTO DO SON
131	3226 DAVID	COUCEIRO RIVERA	00:48:58	00:04:05	00:48:45	00:04:04	00:29:58	ARTROGAL-TRI498	SANTIAGO
132	3258 ELISEO	FABELLO CID	00:49:00	00:04:05	00:48:57	00:04:05	00:30:08	ATLETAS VETERANOS OURENSE	OURENSE
133	580 MANUEL	BELLO MARIÑO	00:49:00	00:04:05	00:48:22	00:04:02	00:30:56		A CORUÑA
134	355 DIEGO	FERNANDEZ CAO	00:49:03	00:04:06	00:48:52	00:04:05	00:30:08		SANTIAGO DE COMPOSTELA
135	3010 JESÚS	SÁNCHEZ ASCARIZ	00:49:04	00:04:06	00:48:57	00:04:05	00:29:59	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
136	3652 DAVID	CARBALLAS REBOREDO	00:49:08	00:04:06	00:49:03	00:04:06	00:30:00		BRION
137	81 JUAN CARLOS	GARCIA PREGO	00:49:13	00:04:07	00:49:09	00:04:06	00:29:38		SANTIAGO DE COMPOSTELA
138	579 SAUL	MARTINEZ SESTAYO	00:49:16	00:04:07	00:48:54	00:04:05	00:30:39		MUROS
139	597 ALBERTO	TOJO MOLEDO	00:49:17	00:04:07	00:49:02	00:04:06	00:30:53		LOUSAME
140	3447 FERNANDO	GAREA QUINTELA	00:49:19	00:04:07	00:49:04	00:04:06	00:30:53	CLUBE ATLETISMO FENE	FENE
141	352 CARLOS	GONZALEZ NIETO	00:49:20	00:04:07	00:49:08	00:04:06	00:31:11		ZURICH
142	3633 CARLOS	PEREZ VALIN	00:49:21	00:04:07	00:49:00	00:04:05	00:30:24	ZEPPELIN TORGUESA FINFLOOR	GUNTIN
143	3598 XABIER	CASTRO FERNANDEZ	00:49:22	00:04:07	00:49:13	00:04:07	00:30:33	TAMBREBIKE & RUNNING	SANTIAGO
144	3596 JOSE ANTONIO	QUINTAS CASTRO	00:49:25	00:04:08	00:48:58	00:04:05	00:30:58	TALLERES PONTESECA	A GUARDA
145	3123 JAVIER	GUIMAREY SENIN	00:49:31	00:04:08	00:49:28	00:04:08	00:30:06	SAR-VERMU PETRONI	VALGA
146	3130 BENJAMIN	COSTA FERNANDEZ	00:49:31	00:04:08	00:49:28	00:04:08	00:30:09	SAR-VERMÚ-PETRONI	NOIA
147	3688 JUAN LUIS	BOTANA MOSQUERA	00:49:31	00:04:08	00:49:18	00:04:07	00:30:49		SANTIAGO DE COMPOSTELA
148	264 IGNACIO	LORENZO RAMOS	00:49:34	00:04:08	00:49:04	00:04:06	00:30:52	PARGA RULES	BARAKALDO
149	4486 MANEL	REDONDO SOL	00:49:35	00:04:08	00:49:29	00:04:08	00:31:01	VERXEL NUTRICIÓN DEPORTIVA	LUGO
150	575 DAVID	CARBALLO GAYOSO	00:49:39	00:04:09	00:48:57	00:04:05	00:31:03		LUGO
151	4485 SALVADOR	CERNADAS CREO	00:49:39	00:04:09	00:49:27	00:04:08	00:30:55	VERXEL NUTRICIÓN DEPORTIVA	ESTEIRO
152	3188 ALBERTO	VILLAR GARCIA	00:49:39	00:04:09	00:49:11	00:04:06	00:31:49		CARBALLO
153	341 JORGE	FERRIN ESCARIZ	00:49:40	00:04:09	00:49:12	00:04:06	00:31:01		CAMPO LAMEIRO
154	3618 FRANCISCO JAVIER	CASTRELO CONDE	00:49:40	00:04:09	00:49:12	00:04:06	00:31:00	TRIATLON VILAGARCIA/ATENAS RUNNING	VILAGARCIA DE AROUSA
155	1675 ORLANDO	CONDE VÁZQUEZ	00:49:41	00:04:09	00:49:20	00:04:07	00:31:05		ZÜRICH
156	4472 IVAN	SANGIAO DARRIBA	00:49:41	00:04:09	00:49:32	00:04:08	00:29:56	CLUB SANGIAO TKD	LUGO
157	3336 JOSE LUIS	FONTAO GARCIA	00:49:42	00:04:09	00:49:38	00:04:09	00:30:26	CAMISETASLUGO.COM	LUGO
158	3248 JAVIER	FERNANDEZ FERNANDEZ	00:49:42	00:04:09	00:49:14	00:04:07	00:31:01	ATENAS RUNNING VDA	VILAGARCÍA DE AROUSA
159	256 JUAN	RIVAS ALENDE	00:49:44	00:04:09	00:49:40	00:04:09	00:30:34	NOITEBRA FC	SANTIAGO DE COMPOSTELA
160	3561 ALBERTO	GARCIA SOUTO	00:49:45	00:04:09	00:49:37	00:04:09	00:30:34	PROYECTO BULULU	CARBALLO
161	48 ABRAHAM	BENÍTEZ SOMOZA	00:49:46	00:04:09	00:49:39	00:04:09	00:30:20	CLUBE ACCIONA	RIBEIRA
162	1613 BORJA	BUIG FERNANDEZ	00:49:48	00:04:09	00:49:32	00:04:08	00:31:18	3 & RUN CLUB DE CORREDORES PEDRO NIMO	BOIRO
163	3281 AMADOR	PUMARIÑO PÉREZ	00:49:48	00:04:09	00:49:42	00:04:09	00:31:14	ATLETISMO FONTES DO SAR	MONDOÑEDO
164	3001 ALEXIS	BUIG FERNANDEZ	00:49:49	00:04:10	00:49:33	00:04:08	00:31:18	3&RUN BY PEDRO NIMO	BOIRO
165	460 URBANO	ALVAREZ CALVO	00:49:49	00:04:10	00:49:22	00:04:07	00:31:30		SANTIAGO
166	3382 ALBERTO	MORLÁN OTERO	00:49:53	00:04:10	00:49:45	00:04:09	00:30:39	CLUB ATLETISMO SADA	SADA
167	3689 JOSÉ	LEMA MARTÍNEZ	00:49:55	00:04:10	00:49:14	00:04:07	00:31:32		BERNA (SUÍZA)
168	396 LUIS	LLORENTE FONDEVILA	00:49:56	00:04:10	00:49:40	00:04:09	00:30:45		VIGO
169	271 ANTONIO	REY POMBO	00:49:58	00:04:10	00:49:50	00:04:10	00:31:29	RUINNERS	SANTIAGO DE COMPOSTELA
170	3614 PABLO	INSUA PEDROSA	00:49:58	00:04:10	00:49:37	00:04:09	00:30:55	TRIATLON O TREITO	OUTES
171	3383 JAVIER	ARMESTO PULIDO	00:50:00	00:04:10	00:49:49	00:04:10	00:30:53	CLUB ATLETISMO SADA	MADRID
172	3404 JOSE ANTONIO	CHUECOS ESCALONA	00:50:03	00:04:11	00:49:53	00:04:10	00:31:11	CLUB CASTRO DE LOBADIZ	CARACAS
173	3145 ROBERTO	MARTINEZ CASTRO	00:50:07	00:04:11	00:50:02	00:04:11	00:31:11	TRIATLÓN FERROL	NEDA
174	114 XABIER	RAMOS VIEIRO	00:50:07	00:04:11	00:50:01	00:04:11	00:30:33		SANTIAGO
175	1656 GUSTAVO	VÁZQUEZ TORRADO	00:50:10	00:04:11	00:49:44	00:04:09	00:31:09	S.D BARBANTIA RODA	BOIRO
176	3694 MARCO ANTONIO	CARBALLEDO SALGADO	00:50:11	00:04:11	00:49:52	00:04:10	00:31:26		LUGO
177	231 LUIS	BESSA	00:50:11	00:04:11	00:46:51	00:03:55	00:32:42	F.C.VIZELA	FREAMUNDE
178	1673 JOSÉ	PARDO MIRA	00:50:13	00:04:12	00:50:05	00:04:11	00:31:33		SANTIAGO DE COMPOSTELA
179	430 UXÍO	ESTURAO PENA	00:50:15	00:04:12	00:50:06	00:04:11	00:31:15		TOURO
180	3734 JOSÉ MANUEL	CASÁS CASÁS	00:50:16	00:04:12	00:50:06	00:04:11	00:31:16		A CORUÑA
181	4455 DANIEL	REIRIZ VÁZQUEZ	00:50:17	00:04:12	00:50:08	00:04:11	00:31:16	AISI 316	SANTIAGO

182	1864	ALVARO	PEREZ BLANCO	00:50:20	00:04:12	00:50:00	00:04:10	00:31:30		DODRO
183	217	MIGUEL	ABUIN MOSQUERA	00:50:22	00:04:12	00:49:45	00:04:09	00:31:47	COLEGIO STA APOLONIA	RIANXO
184	429	SEGUNDO	NAVIA GIRALDEZ	00:50:28	00:04:13	00:49:45	00:04:09	00:31:38		VILLAGARCIA DE AROSA
185	3498	SANTIAGO	LAMAS CRUZ	00:50:29	00:04:13	00:49:59	00:04:10	00:31:50	LAMARGHA AUTOTODO	AMOEIRO
186	1794	JACOBO	NUÑEZ CASTRO	00:50:30	00:04:13	00:49:47	00:04:09	00:31:38		RIBADUMIA
187	3559	JOSE MANUEL	ALDREY RAICES	00:50:33	00:04:13	00:49:46	00:04:09	00:32:26	PRAIA DE CARNOTA RUNNERS	SANTIAGO DE COMPOSTELA
188	3581	MIGUEL	SANTOMIL LAPIDO	00:50:33	00:04:13	00:50:23	00:04:12	00:31:19	SAR-VERMU PETRONI	PADRON
189	3025	ALBERTO	ALVAREZ BENDAÑA	00:50:33	00:04:13	00:50:23	00:04:12	00:31:19	ATLETISMO SAR - VERMU PETRONI	PADRON
190	331	ALBERTO	MOURE ANDRADE	00:50:41	00:04:14	00:50:34	00:04:13	00:30:54		SANTIAGO DE COMPOSTELA
191	3758	JOSE ANTONIO	CARRAL CEPEDA	00:50:43	00:04:14	00:50:23	00:04:12	00:31:30		SANTIAGO
192	3721	MIGUEL	SUEIRO MENDEZ	00:50:43	00:04:14	00:50:24	00:04:12	00:32:14		DENA
193	3146	MARIO	ARES GARCIA	00:50:44	00:04:14	00:50:05	00:04:11	00:31:48	TRIATLON MOTOBIKE PONTEVEDRA	BOIRO
194	157	EUGENIO	LAMAS MOSTEIRO	00:50:44	00:04:14	00:50:27	00:04:13	00:31:34	AVE FÉNIX	A CORUÑA
195	3601	ISMAEL	PONCE PENDÓN	00:50:46	00:04:14	00:50:23	00:04:12	00:32:07	TERMARIA RUNNING	EL BORGE
196	3736	DANIEL	LOUREIRO AMENEIROS	00:50:47	00:04:14	00:50:27	00:04:13	00:31:44		VALDOVIÑO
197	3701	CESAR	COSTOYA PRADO	00:50:49	00:04:15	00:50:31	00:04:13	00:31:51		FRADES
198	306	ALBERTO	SERANTES GUZMAN	00:50:50	00:04:15	00:49:22	00:04:07	00:32:53		CEDEIRA
199	3497	MARCOS	FERNANDEZ	00:50:50	00:04:15	00:50:20	00:04:12	00:31:53	LAMARGHA AUTOTODO	OURENSE
200	111	ROI	MANEIRO SÁNCHEZ	00:50:51	00:04:15	00:50:43	00:04:14	00:31:21		BOIRO
201	3724	PABLO	SENDIN RAÑA	00:50:52	00:04:15	00:50:40	00:04:14	00:31:56		VIGO
202	3771	JOSÉ	PARÍS LÓPEZ	00:50:52	00:04:15	00:50:39	00:04:14	00:31:53		ABEGONDO
203	117	PABLO	BAÑA TOME	00:50:54	00:04:15	00:50:41	00:04:14	00:31:28		SERRA DE OUTES
204	383	JOSÉ	RODRÍGUEZ COUCEIRO	00:50:55	00:04:15	00:50:38	00:04:14	00:31:58		SANTIAGO DE COMPOSTELA
205	3600	XURXO	FEIJOO GARCIA	00:51:00	00:04:15	00:50:10	00:04:11	00:32:02	TARTARUGAS	MADRID
206	904	FRANCISCO JOSE	CUENCA GARCIA	00:51:00	00:04:15	00:50:37	00:04:14	00:31:33		BARCELONA
207	3210	ESTEBAN	PIÑEIRO FIGUEIRAS	00:51:02	00:04:16	00:50:45	00:04:14	00:31:43	AD JARNACHAS	A CORUÑA
208	3493	RUBEN	NAVIA IGLESIAS	00:51:03	00:04:16	00:50:55	00:04:15	00:32:04	KELTIC VIGO	VIGO
209	274	RAMON	PIÑEIRO LAMAS	00:51:03	00:04:16	00:50:52	00:04:15	00:31:24	S.D BARBANTIA RODA	BOIRO
210	322	JUAN	GARCIA DURO	00:51:03	00:04:16	00:50:52	00:04:15	00:30:56		FRADES
211	1686	JOSE	ALVAREZ CALVO	00:51:07	00:04:16	00:50:42	00:04:14	00:32:00		A DEVESA, VILARDEVÓS
212	3420	ALEJANDRO	GONZALEZ MONTERO	00:51:09	00:04:16	00:50:48	00:04:14	00:32:16	CLUB MONTEPENARUBIA LUGO	LUGO
213	450	EULOGIO	ALDARIZ QUINTELA	00:51:10	00:04:16	00:50:29	00:04:13	00:32:09		ARZÚA
214	177	ESTEBAN	RODRIGUEZ VAZQUEZ	00:51:10	00:04:16	00:50:54	00:04:15	00:32:11	CLUB ATLETISMO FENE	LA CORUÑA
215	3696	ADRIÁN	LIÑARES GRELA	00:51:12	00:04:16	00:50:52	00:04:15	00:31:31		CERCEDA
216	3085	SAMUEL	RAMÍREZ RODRÍGUEZ	00:51:13	00:04:17	00:50:56	00:04:15	00:32:12	CLUBE ATLETISMO FENE	FERROL
217	329	SERGIO	VARELA MARTINEZ	00:51:15	00:04:17	00:50:51	00:04:15	00:32:28		ESTEIRO
218	3698	ALEXIS	LÓPEZ PIÑEIRO	00:51:15	00:04:17	00:50:59	00:04:15	00:31:44		A CORUÑA
219	3784	ALBERTO	LOPEZ GONZALEZ	00:51:18	00:04:17	00:50:57	00:04:15	00:31:56		SANTIAGO DE COMPOSTELA
220	3788	JAVIER	GARCIA GIL	00:51:19	00:04:17	00:50:28	00:04:13	00:32:04		LALIN
221	3745	ALEJANDRO JOSÉ	CASTRO ROMÁN	00:51:23	00:04:17	00:51:19	00:04:17	00:31:26		A CORUÑA
222	2004	JOSÉ RAMON	HERMO LOJO	00:51:24	00:04:17	00:50:51	00:04:15	00:32:17	ORIXINALMGMTEAM	NOIA
223	387	JOSE LUIS	ALONSO RIAL	00:51:26	00:04:18	00:51:04	00:04:16	00:32:06		TOURO
224	3766	ALBERTO	GUTIÉRREZ PIÑEIRO	00:51:27	00:04:18	00:51:17	00:04:17	00:32:15		VILAGARCÍA DE AROUSA
225	469	DIEGO	COSTOYA MUGICO	00:51:31	00:04:18	00:51:07	00:04:16	00:31:21		SANTIAGO
226	3677	FERNANDO	TOBIO GOMEZ	00:51:35	00:04:18	00:51:14	00:04:17	00:32:53		VEDRA
227	3704	FÉLIX	MARTÍNEZ GIGIRÍN	00:51:37	00:04:19	00:51:20	00:04:17	00:31:55		SANTIAGO DE COMPOSTELA
228	3852	IVÁN	VIDAL CASTAÑO	00:51:46	00:04:19	00:51:36	00:04:18	00:31:45		LOUSAME
229	3752	DANIEL	PATO LÓPEZ	00:51:49	00:04:20	00:51:38	00:04:19	00:31:50		OURENSE
230	3513	ENRIQUE	LAGO NEIRA	00:51:52	00:04:20	00:51:41	00:04:19	00:32:12	MARRANERS	A CORUÑA
231	432	ALVARO	MORALES TRIGUEROS	00:51:53	00:04:20	00:51:39	00:04:19	00:32:16		PALENCIA
232	913	PEDRO	SUÁREZ CASAL	00:51:55	00:04:20	00:51:23	00:04:17	00:32:24		SANTIAGO DE COMPOSTELA
233	4446	RUBEN	SILVA RODRIGUEZ	00:51:59	00:04:20	00:51:54	00:04:20	00:32:10	MARATÓN NATTEX BARBADÁS	OURENSE
234	444	MANUEL	CARREIRA PARRADO	00:52:01	00:04:21	00:51:40	00:04:19	00:32:37		ARZUA
235	296	JAVIER	FOLGAR ROMAY	00:52:06	00:04:21	00:51:04	00:04:16	00:33:05	VIRXE DA GUIA	SANTIAGO
236	3238	IVAN	VARELA CARREIRA	00:52:07	00:04:21	00:51:37	00:04:19	00:32:39	ASOCIACIÓN DEPORTIVA CERNE	MELIDE

237	3744 CARLOS	TORRES RIVAS	00:52:11	00:04:21	00:51:59	00:04:20	00:32:17		A ESTRADA
238	99 FELIPE	CORDAL VAZQUEZ	00:52:14	00:04:22	00:52:11	00:04:21	00:32:00		FENE
239	3286 DANIEL	NEGREIRA BARCIA	00:52:16	00:04:22	00:51:48	00:04:19	00:33:00	ATLETISMO FONTES DO SAR	A BAÑA
240	3583 BALTASAR	FIGUEIRAS MARTINEZ	00:52:17	00:04:22	00:51:52	00:04:20	00:32:46	SAR-VERMU PETRONI	MUROS
241	3776 PABLO	TEIJO LÓPEZ	00:52:18	00:04:22	00:51:15	00:04:17	00:32:55		BETANZOS
242	780 VASCO	FARIA	00:52:20	00:04:22	00:51:43	00:04:19	00:33:20	GDEN	VIANA DO CASTELO
243	211 ANTONIO	RODRÍGUEZ GARCÍA	00:52:22	00:04:22	00:52:06	00:04:21	00:33:08	CLUBE ATLETISMO FENE	FERROL
244	262 DANIEL	RAMA GARCIA	00:52:23	00:04:22	00:52:01	00:04:21	00:32:46	OS SALTA REJOS	ESTEIRO
245	3460 JOSE ANTONIO	LOPEZ PUENTE	00:52:24	00:04:22	00:51:58	00:04:20	00:33:03	CORRE POR BEGONTE	RABADE
246	480 JUAN B.	LESTÓN ROMANÍ	00:52:28	00:04:23	00:52:13	00:04:22	00:32:15		MUROS
247	3628 JOSE LUIS	BARCA BRAVO	00:52:34	00:04:23	00:52:08	00:04:21	00:33:05	WHERE IS THE CHANDAL?	VILAGARCÍA DE AROUSA
248	590 FERNANDO	CEBRO TRENCO	00:52:34	00:04:23	00:52:11	00:04:21	00:32:31		SANTIAGO
249	1720 IGNACIO	PICO RODEIRO	00:52:36	00:04:23	00:52:27	00:04:23	00:31:55		---
250	252 MANUEL	LOPEZ	00:52:39	00:04:24	00:52:09	00:04:21	00:33:12	MONTAEVAI BTT O PINO	CARACAS
251	595 MARCOS	SENRA MARTINEZ	00:52:40	00:04:24	00:51:56	00:04:20	00:33:09		LAUSANNE
252	3202 IVAN	ALVAREZ PEREZ	00:52:41	00:04:24	00:52:05	00:04:21	00:32:59	A. D. LIMIACTIVA	OURENSE
253	566 RUBÉN	VÁZQUEZ ANTOLÍNEZ	00:52:42	00:04:24	00:51:39	00:04:19	00:33:41		OURENSE
254	446 PABLO	RODRÍGUEZ PEREIRO	00:52:42	00:04:24	00:52:20	00:04:22	00:32:34		SANTIAGO DE COMPOSTELA
255	4276 VALERIANO	MOLDES SUÁREZ	00:52:44	00:04:24	00:52:20	00:04:22	00:33:04		PONTEVEDRA
256	3604 JUAN MIGUEL	MENDEZ VIDAL	00:52:48	00:04:24	00:52:36	00:04:23	00:32:34	TOXIZA CLUBE DE MONTAÑA	LOURENZÁ
257	3526 MARTIN EUGENIO	RODRIGUEZ GOMEZ	00:52:49	00:04:25	00:52:25	00:04:23	00:32:23	NOITEBRA FC	PADRON
258	3653 ALBERTO	MARTÍNEZ RICO	00:52:51	00:04:25	00:52:29	00:04:23	00:33:06		VEDRA
259	3466 FERNANDO	ALDAO SÁNCHEZ	00:52:52	00:04:25	00:52:22	00:04:22	00:33:01	CSC	A CORUÑA
260	172 MANUEL ÁNGEL	LÓPEZ FERREIRO	00:52:56	00:04:25	00:52:17	00:04:22	00:33:53	CD GAS NATURAL FENOSA	SANTIAGO DE COMPOSTELA
261	3699 ANDRÉS	SERANTES FERNÁNDEZ	00:53:01	00:04:26	00:52:46	00:04:24	00:32:34		POIO
262	3629 MANUEL	SOTO LOPEZ	00:53:01	00:04:26	00:52:35	00:04:23	00:33:07	WHERE IS THE CHANDAL?	VILAGARCIA DE AROUSA
263	891 SERGIO ADRIÁN	MARINANGELI	00:53:02	00:04:26	00:52:59	00:04:25	00:32:43		SANTIAGO
264	3448 MARCOS	GAREA QUINTELA	00:53:02	00:04:26	00:52:46	00:04:24	00:33:08	CLUBE ATLETISMO FENE	FENE
265	345 ALBERTO	CASTRO MOURE	00:53:02	00:04:26	00:52:32	00:04:23	00:33:28		SANTIAGO DE COMPOSTELA
266	160 PABLO	LIÑARES CUENCE	00:53:04	00:04:26	00:52:33	00:04:23	00:32:40	BICIS OLIVEIRA	TEO
267	471 FERNANDO	FROJAN CANLE	00:53:05	00:04:26	00:52:38	00:04:24	00:33:34		LOUSAME
268	73 CLEMENTE	GOLDAR RIOS	00:53:08	00:04:26	00:51:33	00:04:18	00:34:30	SERVICIO	VILAGARCIA
269	3209 LUIS	MON CASARIEGO	00:53:08	00:04:26	00:52:59	00:04:25	00:32:23	AD JARNACHAS	BURELA
270	3845 MIGUEL ÁNGEL	VAZQUEZ GONZALEZ	00:53:10	00:04:26	00:52:54	00:04:25	00:32:53		A CORUÑA
271	357 DIEGO	DAZ RODRÍGUEZ	00:53:11	00:04:26	00:52:59	00:04:25	00:32:51		SAN JUAN DE PIÑEIRO
272	506 DIEGO	ROSENDE BARONA	00:53:14	00:04:27	00:52:37	00:04:24	00:34:07		SANTIAGO DE COMPOSTELA
273	589 JOSE IGNACIO	CIGÜENZA GESTOSO	00:53:18	00:04:27	00:52:48	00:04:24	00:32:50		SANTIAGO DE COMPOSTELA
274	1691 MANUEL ANGEL	QUINTANS VARELA	00:53:19	00:04:27	00:52:38	00:04:24	00:33:22		SANTIAGO
275	484 MAROS	VITURRO GÓMEZ	00:53:19	00:04:27	00:53:01	00:04:26	00:32:53		URDILDE
276	3364 LITO	RODRIGUEZ POUSO	00:53:21	00:04:27	00:51:49	00:04:20	00:33:50	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	PORTO DO SON
277	522 JAVIER	GARCIA PUMAR	00:53:21	00:04:27	00:52:40	00:04:24	00:33:18		GINEBRA (SUIZA)
278	4045 MIGUEL	REGO ROMÁN	00:53:27	00:04:28	00:53:00	00:04:25	00:33:29	ESCOLA ATLÉTICA LUCENSE	LUGO
279	3197 JAIME	ARIAS LÓPEZ	00:53:29	00:04:28	00:52:51	00:04:25	00:33:16	A CASIÑA	A CORUÑA
280	3809 CARLOS	PEÑA GAVILÁN	00:53:31	00:04:28	00:53:09	00:04:26	00:33:29		OURENSE
281	3315 JOSE	VARELA VERDES	00:53:32	00:04:28	00:53:07	00:04:26	00:33:32	BEER RUNNERS CORUÑA	A CORUÑA
282	4492 FRAN	MARTÍNEZ PORTELA	00:53:38	00:04:29	00:52:52	00:04:25	00:34:06	VETERAN@S DE GALICIA	BUEU
283	3783 ALBERTO	BOUZÓN ALEJANDRO	00:53:40	00:04:29	00:53:15	00:04:27	00:33:23		SANTIAGO DE COMPOSTELA
284	1059 JORGE	CASTRO BOUZAS	00:53:40	00:04:29	00:53:22	00:04:27	00:33:29		PADRON
285	1801 RUBÉN	LAGO LORENZO	00:53:40	00:04:29	00:52:45	00:04:24	00:34:12		MOS
286	3405 EDELMIRO	PORTO BLANCO	00:53:43	00:04:29	00:53:20	00:04:27	00:33:38	CLUB CICLISTA MESOIRO - RUNNING	MONFERO
287	143 MIGUEL	MARÓÑO DOMINGUEZ	00:53:47	00:04:29	00:53:15	00:04:27	00:34:02	ATLETISMO A ESTRADA	SANTIAGO DE COMPOSTELA
288	586 DANIEL	CANOSA	00:53:48	00:04:29	00:53:21	00:04:27	00:33:50		MUROS A CORUÑO
289	3730 SUSO	GARCÍA CÓRDOBA	00:53:49	00:04:30	00:52:38	00:04:24	00:34:16		PONTEVEDRA
290	3816 FERNANDO JOSE	DE ALMEIDA REY	00:53:53	00:04:30	00:53:09	00:04:26	00:33:34		CARACAS, VENEZUELA
291	259 VICTOR	GARCIA VIAÑO	00:53:55	00:04:30	00:53:32	00:04:28	00:33:39	NOSPORTLIMIT	ZURICH

292	3463	ANTONIO	FERNÁNDEZ RODRÍGUEZ	00:53:56	00:04:30	00:53:41	00:04:29	00:33:12	CORREDORES DO MIÑO	VENEZUELA
293	3402	JOSÉ	CALVIÑO CARREÑO	00:53:57	00:04:30	00:53:24	00:04:27	00:33:50	CLUB BTT TRIATLON O TREITO	NOIA
294	3842	MANUEL	PONTE LORENZO	00:53:58	00:04:30	00:53:33	00:04:28	00:33:22		SANTIAGO
295	233	JOSE ANGEL	CONDE TATO	00:53:58	00:04:30	00:52:23	00:04:22	00:34:00	GYM TONIC	VILAGARCIA
296	3246	MIGUEL ÁNGEL	GARCÍA MUÑIZ	00:54:00	00:04:30	00:53:41	00:04:29	00:33:01	ATENAS RUNNING VDA	CALDAS DE REIS
297	865	JUAN JOSE	ALVARELLOS BARREIRO	00:54:02	00:04:31	00:53:47	00:04:29	00:33:45		SANTIAGO DE COMPOSTELA
298	592	LUIS MANUEL	GARCIA TABOADA	00:54:12	00:04:31	00:53:40	00:04:29	00:33:09		LA CORUÑA
299	223	ALVARO	ROZAS MARTÍNEZ	00:54:17	00:04:32	00:54:10	00:04:31	00:33:27	CORRE POR BEGONTE	COSPEITO
300	4143	ALBERT	CARBALL IGLESIAS	00:54:18	00:04:32	00:53:33	00:04:28	00:34:53		LALIN
301	146	ADRIAN	GALLEGO CID	00:54:18	00:04:32	00:53:56	00:04:30	00:33:53	ATLETISMO FONTES DO SAR	OURENSE
302	373	JAVIER	ENRÍQUEZ ALLEGUE	00:54:19	00:04:32	00:53:52	00:04:30	00:33:54		PONTEDEUME
303	3442	LUIS	VEREA VAZQUEZ	00:54:20	00:04:32	00:53:44	00:04:29	00:33:48	CLUBE ATLETISMO BOIMORTO	BOIMORTO
304	3270	MARIO DANIEL	VARELA CRESPO	00:54:21	00:04:32	00:54:02	00:04:31	00:33:14	ATLETISMO ARENTEIRO	O CARBALLIÑO
305	821	JOSE ANTONIO	CARNEIRO GARCIA	00:54:24	00:04:32	00:54:10	00:04:31	00:33:27	RUNNERS AMIO C.D.	SANTIAGO DE COMPOSTELA
306	235	RAFAEL	GARCIA POUSO	00:54:28	00:04:33	00:54:15	00:04:32	00:33:07	IMOS CON CALMA	SAN SADURNIÑO
307	517	GUILLERMO	MARTÍN FERNÁNDEZ	00:54:29	00:04:33	00:53:14	00:04:27	00:34:51		LAS PALMAS
308	2013	JOSE MANUEL	BLANCO LEMA	00:54:33	00:04:33	00:54:10	00:04:31	00:34:28	@S DE MUXÍA A FULL	MUXIA
309	3326	ROBERTO	GARCÍA COLLAZO	00:54:37	00:04:34	00:53:54	00:04:30	00:33:54	C.A.R. MARISQUEIRO	VIGO
310	812	ADRI	FERRER GARCIA	00:54:38	00:04:34	00:54:33	00:04:33	00:33:43	PASA OU ENTORNA	FERROL
311	3546	RUBÉN	FREIRE CASAS	00:54:38	00:04:34	00:54:33	00:04:33	00:33:43	PASA OU ENTORNA	FERROL
312	1640	RAFA	BARREIRO LOPEZ	00:54:39	00:04:34	00:53:55	00:04:30	00:34:23	CDM VÉRTICE	VEDRA
313	3470	IGOR	PEREDA GARCÍA	00:54:40	00:04:34	00:54:13	00:04:32	00:33:53	ENKARTERRI TRIATLOI	BALMASEDA (BIZKAIA)
314	4199	ALBERTO	BECERRA LAGE	00:54:40	00:04:34	00:54:12	00:04:31	00:33:54		LUGO
315	573	ANDRÉS	FERNÁNDEZ SÁNCHEZ	00:54:42	00:04:34	00:54:32	00:04:33	00:33:41		LALIN
316	3942	DAVID	PÉREZ GONZÁLEZ	00:54:44	00:04:34	00:54:10	00:04:31	00:34:11	ATLETISMO A CANUDA SEGUROS BILBAO	SALCEDA DE CASELAS
317	377	JESÚS	PAZOS QUINTELA	00:54:44	00:04:34	00:54:21	00:04:32	00:33:25		SANTIAGO DE COMPOSTELA
318	3775	RAFAEL	GARCIA PENA	00:54:45	00:04:34	00:54:26	00:04:33	00:33:39		CERCEDA
319	1184	SERGIO	SIXTO MONTERO	00:54:46	00:04:34	00:54:16	00:04:32	00:34:44		SANTIAGO DE COMPOSTELA
320	422	BORJA	CARDESÍN VILA	00:54:47	00:04:34	00:54:16	00:04:32	00:33:37		SOBRADO DOS MONXES
321	4456	JOSÉ IGNACIO	CALVO FERNÁNDEZ	00:54:49	00:04:35	00:54:31	00:04:33	00:33:32	ATLETICO BERTAMIRANS	NOIA
322	3283	DIEGO	PAZOS SAÍNZA	00:54:50	00:04:35	00:54:30	00:04:33	00:34:03	ATLETISMO FONTES DO SAR	CONCORD , MASSACHUSETTS
323	451	JOSE ANTONIO	ESTEVEZ DAVID	00:54:51	00:04:35	00:54:24	00:04:32	00:34:17		GONDOMAR
324	254	MIGUEL	VIDAL MOREIRAS	00:54:52	00:04:35	00:54:03	00:04:31	00:34:10	MONTAEVAI BTT O PINO	SANTIAGO DE COMPOSTELA
325	183	JOSE	ROMERO GONZÁLEZ	00:54:54	00:04:35	00:54:24	00:04:32	00:34:25	CLUB ATLETISMO OUTES	OUTES
326	3719	MARCOS	FONTANS SEBE	00:54:55	00:04:35	00:54:21	00:04:32	00:33:58		VALGA
327	3603	IVAN	ROMERO DOMINGUEZ	00:54:56	00:04:35	00:54:25	00:04:33	00:34:33	TERRA DE SONEIRA C.D.	ZAS
328	3240	DIEGO	SANCHEZ GONZALEZ	00:54:57	00:04:35	00:54:28	00:04:33	00:34:40	ASOCIACIÓN DEPORTIVA CERNE	LUGO
329	3469	HECTOR	SOUTO PEREZ	00:54:58	00:04:35	00:54:24	00:04:32	00:35:25	DT1 TEAM	OURENSE
330	3422	JOSÉ CARLOS	GONZÁLEZ MONTERO	00:55:03	00:04:36	00:54:41	00:04:34	00:34:53	CLUB MONTEPENARUBIA LUGO	LUGO
331	588	SERGIO	AREVALILLO ROMERO	00:55:03	00:04:36	00:54:17	00:04:32	00:34:16		RIVEIRA
332	3708	GUSTAVO	RAMA MARTÍNEZ	00:55:05	00:04:36	00:54:48	00:04:34	00:34:32		SANTIAGO DE COMPOSTELA
333	779	ROBERTO	CARRO GARCIA	00:55:05	00:04:36	00:54:09	00:04:31	00:35:16	GALLAECIA RAID	OLEIROS
334	4156	CARLOS	DE LA VEGA SIERRA	00:55:07	00:04:36	00:54:11	00:04:31	00:34:51		MADRID
335	1838	PEDRO	PONTES	00:55:08	00:04:36	00:54:51	00:04:35	00:33:38	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
336	826	JUAN JOSE	BELLO GARCIA	00:55:09	00:04:36	00:53:41	00:04:29	00:35:53	SERVICIO	NEGREIRA
337	3712	JOSÉ	GARABAL FERNÁNDEZ	00:55:09	00:04:36	00:54:40	00:04:34	00:34:44		SANTIAGO
338	204	GONZALO	SANMARTIN MONTES	00:55:09	00:04:36	00:53:41	00:04:29	00:35:52	CLUB O COTÓN NEGREIRA	SANTIAGO DE COMPOSTELA
339	3804	ALBERTO	SANCHEZ GOMEZ	00:55:09	00:04:36	00:54:37	00:04:34	00:34:26		SANTIAGO DE COMPOSTELA
340	3427	ALEJANDRO	LOMBAO BLANCO	00:55:10	00:04:36	00:54:47	00:04:34	00:34:14	CLUB MONTEPENARUBIA LUGO	OUTEIRO DE REI
341	365	FRANCISCO	BALADO FONTENLA	00:55:13	00:04:37	00:53:57	00:04:30	00:35:30		SANTIAGO
342	319	FERNANDO NICOLÁS	PUNTE VARELA	00:55:13	00:04:37	00:54:39	00:04:34	00:34:25		ARES
343	3553	ALBERTO	SOUTO PAEZ	00:55:18	00:04:37	00:54:34	00:04:33	00:34:46	PEÑA CICLISTA SANTA MARTA	ARTEIXO
344	909	MANUEL	SANDOMINGO LOPEZ	00:55:18	00:04:37	00:54:35	00:04:33	00:34:59		ORTIGUEIRA
345	3494	HECTOR	GONZÁLEZ LÓPEZ	00:55:21	00:04:37	00:54:59	00:04:35	00:34:27	KORBIS	MONFORTE DE LEMOS
346	3667	MARCOS	PARGA RODRIGUEZ	00:55:21	00:04:37	00:54:58	00:04:35	00:34:27		MONFORTE DE LEMOS

347	3352	MARCOS	MONDELO BALTAR	00:55:23	00:04:37	00:54:27	00:04:33	00:34:40	CLUB ATLETISMO CARBALLIÑO	OURENSE
348	868	ANTONIO	VISOS FIAÑO	00:55:23	00:04:37	00:54:54	00:04:35	00:34:27		TEO
349	4396	PABLO BREGOÁN	SÁNCHEZ VÁZQUEZ	00:55:25	00:04:38	00:54:11	00:04:31	00:35:30		CHANTADA
350	609	XABIER	FERRO GARCIA	00:55:26	00:04:38	00:54:37	00:04:34	00:33:51		TOURO
351	3308	ÓSCAR	RODRÍGUEZ OTERO	00:55:30	00:04:38	00:54:35	00:04:33	00:35:25	ATLETISMO PORRIÑO	MOS
352	990	CARLOS	VIAÑO LISTE	00:55:30	00:04:38	00:55:14	00:04:37	00:34:14		ORDES
353	3237	ANTONIO	GARCÍA PRADO	00:55:33	00:04:38	00:55:04	00:04:36	00:34:40	ASOCIACIÓN DEPORTIVA CERNE	ALEMANIA
354	3709	ISIDRO	SANCHEZ GONZALEZ	00:55:34	00:04:38	00:55:04	00:04:36	00:34:19		MESOIRO
355	3751	DANIEL	LORENZO ALVAREZ	00:55:35	00:04:38	00:54:29	00:04:33	00:34:50		PEREIRA DE AGUIAR
356	127	FRANCISCO MANUEL	SANTOS SANTAMARIA	00:55:35	00:04:38	00:55:19	00:04:37	00:34:59	A.D. PORTO DO SON	PORTO DO SON
357	3871	FERNANDO	LEAL IRIMIA	00:55:36	00:04:38	00:55:27	00:04:38	00:34:17		A CORUÑA
358	4016	ALBERTO	SECO GALLO	00:55:40	00:04:39	00:55:19	00:04:37	00:34:36	CLUB MONTEPENARUBIA LUGO	A PASTORIZA
359	362	FERNANDO	MARTÍNEZ BACELAR	00:55:43	00:04:39	00:54:37	00:04:34	00:34:41		27-07-1980
360	3359	MARCELINO	RIVAS POMBO	00:55:43	00:04:39	00:55:14	00:04:37	00:35:02	CLUB ATLETISMO FONTES DO SAR	SANTA COMBA
361	411	ROBERTO	PAZ GOMEZ	00:55:46	00:04:39	00:55:17	00:04:37	00:34:25		AMES
362	3984	MARIO	LAGO BLANCO	00:55:54	00:04:40	00:54:10	00:04:31	00:35:05	CLUB ATLETISMO MILLADOIRO	SERRA DE OUTES
363	85	JOSE LUIS	ROSENDE FUENTES	00:55:55	00:04:40	00:54:37	00:04:34	00:35:49		PONTEVEDRA
364	608	RAFAEL	CARRASCO DEL POZO	00:55:58	00:04:40	00:55:16	00:04:37	00:34:55		SANTIAGO
365	417	YAGO	COTELO COSTOYA	00:56:06	00:04:41	00:55:44	00:04:39	00:35:25		SANTIAGO
366	565	RUBÉN	MARTÍNEZ FERNÁNDEZ	00:56:27	00:04:43	00:55:24	00:04:37	00:35:31		O CARBALLIÑO
367	885	ENRIQUE	GODOY LOPEZ	00:56:33	00:04:43	00:55:37	00:04:39	00:36:22		GIJÓN
368	4400	EDUARDO	GÓMEZ RAPOSO	00:56:37	00:04:44	00:56:15	00:04:42	00:35:28		SANTA COMBA
369	1636	BERNABÉ	PUENTE MOURE	00:56:38	00:04:44	00:55:47	00:04:39	00:35:34	BASADRE & SUFLENORSA RUNNING TEAM	SANTIAGO DE COMPOSTELA
370	481	MANUEL	PAZOS PALMEIRO	00:56:41	00:04:44	00:55:53	00:04:40	00:35:58		VILALBA
371	3568	OSCAR	GARCÍA BLANCO	00:56:41	00:04:44	00:56:07	00:04:41	00:35:36	RUN PONTEVEDRA	FERROL
372	941	RODRIGO	LAMAS GONZALEZ	00:56:45	00:04:44	00:56:07	00:04:41	00:36:21		OURENSE
373	3592	FRANCISCO	PRIETO PERNAS	00:56:52	00:04:45	00:56:35	00:04:43	00:34:53	SÍGUEME SI PUEDES	PONTEVEDRA
374	1766	ADRIÁN	SÁNCHEZ VÁZQUEZ	00:56:55	00:04:45	00:56:06	00:04:41	00:36:04		PALENCIA
375	1683	BELTRÁN	VÁZQUEZ RODRÍGUEZ	00:56:56	00:04:45	00:55:44	00:04:39	00:35:32		VILLAGARCIA DE AROSA
376	483	MARCO	LEMA GARCIA	00:56:58	00:04:45	00:55:34	00:04:38	00:36:27		CARBALLO
377	3509	JAVIER	PAZOS RECAREY	00:56:59	00:04:45	00:56:26	00:04:43	00:34:55	MARISCOS RECIO	SANTA COMBA
378	3929	FERNANDO	SINES CASTRO	00:57:01	00:04:46	00:56:16	00:04:42	00:35:26	ARTROGAL-TRI498	SANTIAGO DE COMPOSTELA
379	1177	RUBÉN	FREIRE BERMÚDEZ	00:57:02	00:04:46	00:56:03	00:04:41	00:36:04		VALDOVIÑO
380	4157	DANIEL	CASTRO MOSCOSO	00:57:02	00:04:46	00:56:07	00:04:41	00:35:42		O PINO
381	3987	DANIEL	RODRÍGUEZ GÁNDARA	00:57:05	00:04:46	00:56:06	00:04:41	00:35:34	CLUB ATLETISMO OUTES - JOHN TURKEY	OUTES
382	1171	ROBERTO	PÉREZ PÉREZ	00:57:05	00:04:46	00:55:22	00:04:37	00:35:51		FERROL
383	1709	MARCOS	CARRIL CARRILLO	00:57:10	00:04:46	00:56:39	00:04:44	00:35:35	MONTAEVAI BTT O PINO	O PINO
384	1665	DAVID	VAZQUEZ PENA	00:57:11	00:04:46	00:56:39	00:04:44	00:34:30		ORDES
385	3168	MANUEL	FOLGUEIRA DÍAZ	00:57:15	00:04:47	00:56:34	00:04:43	00:34:58		FOZ
386	3687	PABLO	VARA FIDALGO	00:57:16	00:04:47	00:55:57	00:04:40	00:36:50		OURENSE
387	1048	JAVIER	NUÑEZ TORRADO	00:57:20	00:04:47	00:57:02	00:04:46	00:35:56		VILLAGARCIA DE AROSA
388	1187	SERGIO	RODRIGUEZ PAZOS	00:57:20	00:04:47	00:56:18	00:04:42	00:35:23		TEO
389	3046	IVAN	SEGADE CAROU	00:57:28	00:04:48	00:56:49	00:04:45	00:35:39	CLUB ATLETISMO BOIMORTO	A CORUÑA
390	3808	CARLOS	RIÁDIGOS MOSQUERA	00:57:28	00:04:48	00:56:49	00:04:45	00:35:39		A CORUÑA
391	1671	JORGE	LOSADA TEJERA	00:57:29	00:04:48	00:56:47	00:04:44	00:36:18		A CORUÑA
392	3810	DAVID	NOVO VICOS	00:57:29	00:04:48	00:56:22	00:04:42	00:36:53		BETANZOS
393	910	MIGUEL	ALVAREZ PALLIN	00:57:30	00:04:48	00:56:20	00:04:42	00:36:16		VALLADOLID
394	958	ALBERTO	CACHAFEIRO SÁNCHEZ	00:57:30	00:04:48	00:56:24	00:04:42	00:35:55		SANTIAGO DE COMPOSTELA
395	485	OSCAR	REY RODRÍGUEZ	00:57:31	00:04:48	00:56:00	00:04:40	00:37:46		SANTIAGO DE COMPOSTELA
396	443	JUAN	FERNANDEZ MOSQUERA	00:57:33	00:04:48	00:57:06	00:04:46	00:34:24		LOURO
397	902	FARRUCO	VÁZQUEZ	00:57:34	00:04:48	00:57:10	00:04:46	00:35:47		TEIXEIRO
398	3999	RUBEN	PEREZ IGLESIAS	00:57:34	00:04:48	00:57:12	00:04:46	00:36:52	CLUB ATLETISMO TORTUJAS - TOMIÑO	NIGRAN
399	607	OSCAR	DOPACIO SOLIÑO	00:57:36	00:04:48	00:56:02	00:04:41	00:36:56		VIGO
400	3978	VICTOR MANUEL	CID BLANCO	00:57:40	00:04:49	00:56:37	00:04:44	00:35:35	CIE GALFOR	OURENSE
401	568	SERGIO	BELLO MARTÍNEZ	00:57:43	00:04:49	00:56:56	00:04:45	00:36:23		FERROL

402	3530 ALFONSO	RODRIGUEZ FRAMIL	00:57:43	00:04:49	00:56:46	00:04:44	00:36:14	NOITEBRA FC	AMES
403	1131 MARCOS	LOPEZ DIAZ	00:57:44	00:04:49	00:56:48	00:04:44	00:36:50		SANTIAGO DE COMPOSTELA
404	535 JOSÉ ANTONIO	SISO RONQUETE	00:57:46	00:04:49	00:56:43	00:04:44	00:36:41		NOIA
405	518 GUSTAVO	SERANTES RIVAS	00:57:50	00:04:50	00:56:51	00:04:45	00:36:33		VILAGARCIA
406	455 MARTÍN	CEBREIRO BENITO	00:57:52	00:04:50	00:57:34	00:04:48	00:34:58		SANTIAGO
407	886 MARCO	CASTRO COSTOYA	00:57:53	00:04:50	00:57:07	00:04:46	00:36:29		FRADES
408	556 OSCAR	BARREIRO MIRANDA	00:57:57	00:04:50	00:56:32	00:04:43	00:37:24		VIGO
409	4079 RUBÉN	CAÑÁS BRANDARIZ	00:57:58	00:04:50	00:56:57	00:04:45	00:37:03	NOSPORTLIMIT	CAMBRE
410	564 RICARDO	MARTINEZ FERNANDEZ	00:57:58	00:04:50	00:57:24	00:04:47	00:36:04		SANTIAGO DE COMPOSTELA
411	1185 SERGIO	HERNANDEZ REGUEIRO	00:57:59	00:04:50	00:56:23	00:04:42	00:37:40		MUGARDOS
412	3743 ROBERTO	REY LÓPEZ	00:58:01	00:04:51	00:57:07	00:04:46	00:37:15		LA CORUÑA
413	3957 PABLO	ACEVEDO VIEITEZ	00:58:04	00:04:51	00:57:08	00:04:46	00:36:12	BAHIA RUNNING TEAM	OURENSE
414	3009 MANUEL	ARCA PEDRIDO	00:58:05	00:04:51	00:57:50	00:04:50	00:35:23	ARTROGAL-TRI498	NOIA
415	543 JUAN MANUEL	CANEDA OUBEL	00:58:06	00:04:51	00:57:27	00:04:48	00:36:21		SANTIAGO
416	833 MARCO	CESPON FIGUEIRO	00:58:07	00:04:51	00:57:13	00:04:47	00:36:18	TAMBRE BIKE&RUN	RIANXO
417	257 MANUEL	ALONSO FERNANDEZ	00:58:09	00:04:51	00:57:30	00:04:48	00:35:58	NOITEBRA FC	SANTIAGO DE COMPOSTELA
418	3576 JOSE MANUEL	IGLESIAS SANCHEZ	00:58:09	00:04:51	00:57:53	00:04:50	00:36:13	S.D. BARBANTIA RODA	BOIRO
419	1008 DIEGO	RAMA MATO	00:58:10	00:04:51	00:57:01	00:04:46	00:36:12		VIMIANZO
420	1163 RAFAEL	DIAZ PIÑEIRO	00:58:12	00:04:51	00:57:20	00:04:47	00:37:01		A CORUÑA
421	4164 MIGUEL	MOSQUERA MARTÍNEZ	00:58:12	00:04:51	00:57:25	00:04:48	00:36:23		NARÓN
422	2018 SIMÓN	GASAMÁNS GARCÍA	00:58:13	00:04:52	00:57:13	00:04:47	00:36:09	LUCINDA RUNNING	SANTIAGO DE COMPOSTELA
423	225 SERXIO	SOUTO CARDELLE	00:58:13	00:04:52	00:57:20	00:04:47	00:37:08	DRUNK RUNNERS	SANTA COMBA
424	4393 IBAN	DORADO FUENTE	00:58:14	00:04:52	00:57:12	00:04:46	00:36:40		OÑATI
425	397 MANUEL	LOPEZ-RIVADULLA SÁNDEZ	00:58:15	00:04:52	00:57:55	00:04:50	00:35:59		LUGO
426	4395 YAGO	DOPAZO PENÍN	00:58:16	00:04:52	00:57:17	00:04:47	00:37:07		A CORUÑA
427	872 JOSÉ	LÓPEZ VÁZQUEZ	00:58:17	00:04:52	00:57:07	00:04:46	00:37:26		GINEBRA
428	3782 ADRIÁN	LÓPEZ VILLAVERDE	00:58:17	00:04:52	00:57:07	00:04:46	00:37:26		PONTEVEDRA
429	918 CARLOS	DUBERT CASTRO	00:58:19	00:04:52	00:57:41	00:04:49	00:36:23		SANTIAGO DE COMPOSTELA
430	4314 JORGE	MEIJIDE	00:58:21	00:04:52	00:57:24	00:04:47	00:36:24		OURENSE
431	3932 DAVID	GARABATOS BARCIELA	00:58:21	00:04:52	00:57:27	00:04:48	00:36:25	ASOCIACIÓN DEPORTIVA C.A.R	VIGO
432	948 KARL ANTHONY	CEDEIRA WHITE	00:58:22	00:04:52	00:56:50	00:04:45	00:37:16		REINO UNIDO
433	1220 JOSE MANUEL	IGLESIAS RIVEIRO	00:58:22	00:04:52	00:57:58	00:04:50	00:36:26		SANTIAGO DE COMPOSTELA
434	1145 MIGUEL	VARELA PUGA	00:58:23	00:04:52	00:57:25	00:04:48	00:36:59		MELIDE
435	537 JOSE LUIS	MOSQUERA FERNANDEZ	00:58:23	00:04:52	00:56:49	00:04:45	00:37:04		TOURO
436	997 CÉSAR JOSÉ	VARELA SOUTO	00:58:23	00:04:52	00:56:49	00:04:45	00:37:05		TOQUES
437	906 JESUS	BARREIRO VARELA	00:58:24	00:04:52	00:57:46	00:04:49	00:36:21		SANTIAGO
438	730 JUAN	FERNÁNDEZ BALADO	00:58:26	00:04:53	00:57:51	00:04:50	00:36:28	CLUB ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
439	3143 ROBERTO	PICON ESPÍÑO	00:58:28	00:04:53	00:57:34	00:04:48	00:36:40	TRIATLON ARCADE INFORHOUSE SANTIAGO	SANTIAGO
440	320 FRANCISCO JOSE	BESADA FILGUEIRAS	00:58:29	00:04:53	00:57:36	00:04:48	00:36:41		BERTAMIRANS
441	3847 ÓSCAR	LÓPEZ TOBAR	00:58:29	00:04:53	00:57:36	00:04:48	00:36:40		SANTIAGO
442	4257 MAURO	CARRILLO VAL	00:58:30	00:04:53	00:57:15	00:04:47	00:37:27		SANTIAGO
443	754 PABLO	BAÑA SANDÁ	00:58:31	00:04:53	00:57:19	00:04:47	00:36:42	CLUB DEPORTIVO VAGALUME ENERGÍA	SANTIAGO DE COMPOSTELA
444	1141 MIGUEL	GONZÁLEZ LIÑARES	00:58:31	00:04:53	00:57:27	00:04:48	00:37:28		AMES
445	474 JACOBO	PAREDES LEIS	00:58:32	00:04:53	00:56:55	00:04:45	00:37:29		SANTIAGO DE COMPOSTELA
446	4291 DAVID	TORRON BARCIELA	00:58:32	00:04:53	00:57:37	00:04:49	00:36:32		VIGO
447	1126 MANUEL	PEREZ GARCIA	00:58:33	00:04:53	00:57:53	00:04:50	00:37:09		SANTIAGO
448	3316 JUAN LUIS	RAMOS DIEZ	00:58:33	00:04:53	00:57:58	00:04:50	00:36:22	BEER RUNNERS CORUÑA	A CORUÑA
449	3631 FRANCISCO	PORTO SUAREZ	00:58:34	00:04:53	00:57:04	00:04:46	00:36:35	XHUZAS TEAM	VIGO
450	1150 OSCAR	CASAS COUSELO	00:58:35	00:04:53	00:57:54	00:04:50	00:36:22		OROSO
451	1149 OLIMPIO	GONZALEZ MIRAMONTES	00:58:36	00:04:53	00:58:01	00:04:51	00:36:06		SANTIAGO
452	1051 JAVIER	PONTE PINTOR	00:58:37	00:04:54	00:57:05	00:04:46	00:37:46		SANTIAGO DE COMPOSTELA
453	3290 DIEGO	GARCÍA LORENZO	00:58:37	00:04:54	00:58:07	00:04:51	00:36:23	ATLETISMO FONTES DO SAR	RIANXO
454	137 FERNANDO	VARELA CARREIRA	00:58:37	00:04:54	00:58:04	00:04:51	00:37:11	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
455	4015 GABRIEL	NÚÑEZ CHAO	00:58:38	00:04:54	00:57:52	00:04:50	00:37:04	CLUB MONTEPENARUBIA LUGO	LUGO
456	1730 ALEXANDER	STOREY	00:58:39	00:04:54	00:54:56	00:04:35	00:36:53		HONG KONG

457	4180 RUBÉN	UCHA	00:58:42	00:04:54	00:58:13	00:04:52	00:36:20		O PORRIÑO
458	224 IGNACIO	GARCIA RODRIGUEZ	00:58:42	00:04:54	00:58:15	00:04:52	00:36:59	CORRECLUBCAMPO	FERROL
459	560 RAMIRO	CANEIRO GRANULLAQUE	00:58:42	00:04:54	00:58:16	00:04:52	00:36:59		FERROL
460	1835 PAULO	FERNANDES	00:58:44	00:04:54	00:57:40	00:04:49	00:37:22	CLUBE OS BRAGUINHAS	BRAGA
461	190 IVAN	CERNADAS	00:58:46	00:04:54	00:58:03	00:04:51	00:37:09	CLUB DEPORTIVO PINARIUM	VIGO
462	1121 LUIS	GARCIA RIEIRO	00:58:47	00:04:54	00:58:12	00:04:51	00:36:35		BRIÓN
463	4158 FERNANDO	LANDEIRA CASTRO	00:58:48	00:04:54	00:57:55	00:04:50	00:37:09		SANTA COMBA
464	3702 DAVID	COUTO BLANCO	00:58:48	00:04:54	00:57:47	00:04:49	00:37:04		ZAS
465	378 JOAQUIN	PAMPIN BARREIRO	00:58:51	00:04:55	00:57:26	00:04:48	00:37:19		A CORUÑA
466	1174 RUBEN	SEIJO VAL	00:58:52	00:04:55	00:57:53	00:04:50	00:36:58		NOIA
467	959 ALBERTO	REY BLANCO	00:58:53	00:04:55	00:58:15	00:04:52	00:36:52		FRADES
468	402 MIGUEL	GARCIA RODRIGUEZ	00:58:54	00:04:55	00:58:08	00:04:51	00:37:25		PONFERRADA
469	505 DAVID	SANTOS TEIJELO	00:58:54	00:04:55	00:57:07	00:04:46	00:38:35		VILAGARCIA DE AROUSA
470	1492 JOSÉ ANTONIO	SUÁREZ NOYA	00:59:01	00:04:56	00:58:17	00:04:52	00:37:38		SANTIAGO
471	882 ALVARO	HERRERO	00:59:02	00:04:56	00:58:12	00:04:51	00:37:24		BURGOS
472	1411 LEO	PIMENTEL LINARES	00:59:02	00:04:56	00:58:09	00:04:51	00:37:34		SANTIAGO DE COMPOSTELA
473	1728 LUIS MANUEL	RICO PERNAS	00:59:04	00:04:56	00:57:35	00:04:48	00:37:40		BURELA
474	4262 RAMIRO	NEIRA RODRÍGUEZ	00:59:04	00:04:56	00:57:20	00:04:47	00:38:31		A ESTRADA
475	806 OSCAR	SANCHEZ CANEDA	00:59:04	00:04:56	00:58:28	00:04:53	00:37:03	MONTAEVAI BTT O PINO	TOURO
476	1103 JOSE MIGUEL	VAZQUEZ GONZALEZ	00:59:05	00:04:56	00:58:05	00:04:51	00:37:02		NOYA
477	822 SUSO	CARREIRA CAROLLO	00:59:06	00:04:56	00:58:52	00:04:55	00:35:19	RUNNERS AMIO C.D.	SANTIAGO DE COMPOSTELA
478	3841 MANUEL	RODRIGUEZ TOBIO	00:59:06	00:04:56	00:57:40	00:04:49	00:37:14		MUROS
479	4211 BERNALDO	PENAS ANTELO	00:59:07	00:04:56	00:58:15	00:04:52	00:37:46		SANTIAGO DE COMPOSTELA
480	1199 ALEJANDRO	MÍGUEZ RUANOVA	00:59:07	00:04:56	00:57:16	00:04:47	00:38:25		SANTIAGO DE COMPOSTELA
481	1239 ENRIQUE	GIL GIL	00:59:10	00:04:56	00:57:45	00:04:49	00:37:47		SANTIAGO
482	3440 OSCAR	MIRANDA GOLMAR	00:59:11	00:04:56	00:58:57	00:04:55	00:36:40	CLUBE ATLETISMO BOIMORTO	ARZUA
483	1043 IVAN	FIGUEIRAS ZARAUZA	00:59:13	00:04:57	00:57:13	00:04:47	00:37:55		SANTIAGO
484	1236 EDI	VIEITO	00:59:13	00:04:57	00:57:53	00:04:50	00:36:35		PORRIÑO
485	3813 DAVID	SEDES DOCE	00:59:18	00:04:57	00:58:13	00:04:52	00:37:14		VALDOVIÑO
486	3787 JAVIER	GARCÍA VARELA	00:59:20	00:04:57	00:58:38	00:04:54	00:36:31		CULLEREDO
487	227 JUAN CARLOS	SERRANO ALVAREZ	00:59:21	00:04:57	00:58:23	00:04:52	00:36:43	DUBRA TEAM	CARBALLO
488	4068 EDUARDO JORGE	VAZQUEZ AMOR	00:59:21	00:04:57	00:58:44	00:04:54	00:36:31	LANDROBER TEAM	LA CORUÑA
489	791 JOSÉ RAMÓN	CASTELO TOBA	00:59:22	00:04:57	00:58:10	00:04:51	00:38:07	JR	MUXÍA
490	139 DAVID	RODRÍGUEZ MARTÍNEZ	00:59:22	00:04:57	00:58:39	00:04:54	00:36:42	ATENAS RUNNING VDA	VILAGARCIA DE AROUSA
491	1156 PATRICK	SHANKS	00:59:28	00:04:58	00:58:27	00:04:53	00:37:48		IRLANDA
492	1154 PACO	LOMO	00:59:28	00:04:58	00:58:09	00:04:51	00:37:39		CACERES
493	732 ALEJANDRO	SANCHEZ SOMOZA	00:59:31	00:04:58	00:58:08	00:04:51	00:37:26	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	NOIA
494	1483 MARCOS	MARTINEZ LAREO	00:59:33	00:04:58	00:59:11	00:04:56	00:36:11		SANTIAGO
495	1232 CÉSAR	VARELA VALLADARES	00:59:40	00:04:59	00:58:40	00:04:54	00:37:56		SANXENXO
496	4195 RAUL	RODRIGUEZ GONZALEZ	00:59:41	00:04:59	00:58:35	00:04:53	00:37:17		OURENSE
497	1015 FELIPE	DOSIL CASTRO	00:59:42	00:04:59	00:58:21	00:04:52	00:40:55		NOIA
498	4035 RUBEN	ZUÑIGA RODRIGUEZ	00:59:50	00:05:00	00:58:35	00:04:53	00:37:22	CORREDORES FESTEIROS	PONTEAREAS
499	4173 DIEGO	RODRÍGUEZ PÉREZ	00:59:51	00:05:00	00:58:48	00:04:54	00:37:37		VIANA DO BOLO
500	1689 RAMÓN	REY GARCÍA	00:59:52	00:05:00	00:58:42	00:04:54	00:38:56		SANTIAGO DE COMPOSTELA
501	4168 ÁLVARO	CAROU GARCÍA	00:59:54	00:05:00	00:58:06	00:04:51	00:38:35		VILAGARCÍA DE AROUSA
502	4056 PABLO	GONZALEZ VAZQUEZ	00:59:58	00:05:00	00:59:26	00:04:58	00:36:32	FLUVIAL DE LUGO MONTE SEGADE	LUGO
503	459 SERGIO	SEOANE CARRIL	00:59:59	00:05:00	00:59:49	00:05:00	00:37:26		PADRON
504	4204 ALEJANDRO	VILLAR PICHEL	01:00:02	00:05:01	00:58:49	00:04:55	00:39:04		SANTIAGO
505	4148 JOSÉ LUIS	PANIAGUA FERNÁNDEZ	01:00:03	00:05:01	00:59:32	00:04:58	00:36:50		SANTIAGO DE COMPOSTELA
506	1226 AGUSTÍN	PIÑEIRO	01:00:05	00:05:01	00:59:37	00:04:59	00:37:31		MUROS
507	3471 JORGE	GONTA NOVO	01:00:06	00:05:01	00:59:16	00:04:57	00:38:00	ERIKA PILATES TEAM	SEGOVIA
508	4274 SERGIO	MARTINEZ GOMEZ	01:00:07	00:05:01	00:59:13	00:04:57	00:37:45		A CORUÑA
509	562 RAMÓN	RAMOS RÍOS	01:00:08	00:05:01	00:58:47	00:04:54	00:37:13		SANTIAGO DE COMPOSTELA
510	519 IGNACIO	VALDES BASTERRECHEA	01:00:09	00:05:01	00:58:51	00:04:55	00:37:02		SANTIAGO DE COMPOSTELA
511	248 IGNACIO	REVILLA ORTIZ	01:00:14	00:05:02	00:59:16	00:04:57	00:36:25	MAIS DEPORTE	GETAFE

512	247 RUBÉN	VIDAL MARTINEZ	01:00:15	00:05:02	00:59:24	00:04:57	00:37:17	LOS CHAVALES	RIBEIRA
513	1464 ROBERTO	BALSEIRO VÁZQUEZ	01:00:15	00:05:02	00:58:41	00:04:54	00:39:34		ALFOZ
514	2024 JOSÉ RAMON	CASTRO PENA	01:00:15	00:05:02	00:59:30	00:04:58	00:37:39		SANTIAGO DE COMPOSTELA
515	487 PEDRO	BARBOSA VAZ PINTO DE SOUSA	01:00:16	00:05:02	00:58:47	00:04:54	00:36:46		PORTO
516	594 MARCO	GÓMEZ VEIRAS	01:00:17	00:05:02	00:58:45	00:04:54	00:38:42		ORDES
517	2009 MIGU	LIBO	01:00:18	00:05:02	00:59:51	00:05:00	00:35:18		A CORUÑA
518	3532 JUAN CARLOS	MALLO BALUJA	01:00:19	00:05:02	00:59:31	00:04:58	00:36:33	NOITEBRA FC	SANTIAGO
519	4116 LUIS	FEIJOO GARCIA	01:00:21	00:05:02	00:59:30	00:04:58	00:36:55	TARTARUGAS	MADRID
520	964 ALEJANDRO	LAGO SANDE	01:00:23	00:05:02	00:58:56	00:04:55	00:39:30		SANTIAGO
521	4267 ROBERTO	RIELO IGLESIAS	01:00:25	00:05:03	00:58:40	00:04:54	00:39:22		POL - LUGO
522	585 MARCOS	GORGOSO GARCIA	01:00:27	00:05:03	01:00:23	00:05:02	00:36:12		CARRAL
523	4078 RAMÓN	CARNOTA MENDEZ	01:00:29	00:05:03	00:59:31	00:04:58	00:37:45	NOSPORTLIMIT	A CORUÑA
524	1101 JOSE MARIA	GUERRERO MORENO	01:00:30	00:05:03	00:59:35	00:04:58	00:37:33		CÁDIZ
525	1474 JUAN PABLO	TORRES ANTUNEZ	01:00:30	00:05:03	00:58:47	00:04:54	00:38:14		SANTIAGO DE COMPOSTELA
526	525 JAVIER	FERNÁNDEZ CANABAL	01:00:30	00:05:03	00:59:57	00:05:00	00:36:54		ANDORRA
527	1754 SERGIO	GOMEZ MARIÑO	01:00:33	00:05:03	01:00:14	00:05:02	00:36:19		BRION
528	682 LUIS	AGUIN FERNANDEZ	01:00:33	00:05:03	00:59:32	00:04:58	00:38:43	ARMENTEIRA E PUNTO	SANXENXO
529	1231 BRUNO	VARELA VALLADARES	01:00:33	00:05:03	00:59:32	00:04:58	00:38:43		SANXENXO
530	4243 JOSE RAMON	MARTINEZ PENA	01:00:34	00:05:03	00:59:19	00:04:57	00:38:35		MOAÑA
531	3781 ABEL	MILLAN FERNANDEZ	01:00:34	00:05:03	00:59:19	00:04:57	00:38:35		CANGAS
532	4121 DAVID	PENA SILVA	01:00:36	00:05:03	00:59:12	00:04:56	00:38:44	TRAN TRAN	LUGO
533	3727 ROBERTO	GARCIA FRAGUEIRO	01:00:36	00:05:03	00:59:46	00:04:59	00:38:26		PAZOS DE BORBEN
534	965 ALEJANDRO	NOYA IGLESIAS	01:00:36	00:05:03	00:59:30	00:04:58	00:37:05		SANTIAGO DE COMPOSTELA
535	4235 IVAN	FLORES VAZQUEZ	01:00:37	00:05:04	00:58:56	00:04:55	00:38:45		LUGO
536	2031 RUBEN	PITA GONZÁLEZ	01:00:38	00:05:04	01:00:13	00:05:02	00:38:37		A CORUÑA
537	3961 JORGE	BARREIRO GONZÁLEZ	01:00:40	00:05:04	01:00:03	00:05:01	00:37:47	BEER RUNNERS CORUÑA	OUTES
538	4289 MARCOS J.	GÓMEZ ROMÁN	01:00:41	00:05:04	00:59:24	00:04:57	00:39:34		VILALBA
539	1217 DOMENICO	UHING HUR	01:00:41	00:05:04	01:00:18	00:05:02	00:37:26		SÃO PAULO
540	1179 SAMUEL	LIÑARES BOQUETE	01:00:51	00:05:05	00:59:36	00:04:58	00:38:18		SIGÜEIRO
541	892 JORGE	OJEA	01:00:52	00:05:05	01:00:17	00:05:02	00:37:54		LALÍN
542	1303 DANIEL	SORDO SANCHEZ	01:00:53	00:05:05	00:59:36	00:04:58	00:37:41		FRIBOURGH, SUIZA.
543	1000 DANIEL	NAGY	01:00:58	00:05:05	00:59:57	00:05:00	00:39:02		HUNGRIA
544	3831 JOSE MIGUEL	GONZALEZ BUENO	01:00:58	00:05:05	00:59:54	00:05:00	00:38:18		OURENSE
545	3933 DAVID	BENITO CUÉLLAR	01:01:01	00:05:06	01:00:29	00:05:03	00:37:35	ASOCIACIÓN DEPORTIVA CERNE	SEGOVIA
546	1479 CARLOS	PORTAS COSTA	01:01:06	00:05:06	00:59:36	00:04:58	00:39:20		A CORUÑA
547	3980 DIEGO	VAZQUEZ BENDAÑA	01:01:18	00:05:07	01:00:46	00:05:04	00:37:03	CLUB ATLETISMO ARZUA	ARZUA
548	4309 JAIME	MORADO PAREDES	01:01:18	00:05:07	01:00:38	00:05:04	00:38:52		NARÓN
549	350 BORJA	BLANCO	01:01:23	00:05:07	00:59:55	00:05:00	00:38:43		A CORUÑA
550	3976 MANUEL	NUÑEZ PREGO	01:01:24	00:05:07	01:00:13	00:05:02	00:39:25	CENTRO DE FISIOTERAPIA RAQUEL BALSERA	PONTEVEDRA
551	1875 FERNANDO	BALO PENSADO	01:01:24	00:05:07	01:00:25	00:05:03	00:37:53		SANTIAGO DE COMPOSTELA
552	3817 FERNANDO JOSÉ	SALES AGRA	01:01:25	00:05:08	01:00:02	00:05:01	00:39:36		A CORUÑA
553	2026 JESÚS R.	RODRÍGUEZ MUÍÑO	01:01:25	00:05:08	01:00:02	00:05:01	00:39:36		CARBALLO
554	4027 RAÚL	ROJO MARTÍNEZ	01:01:28	00:05:08	01:00:09	00:05:01	00:39:34	CLUBE ATLETISMO VILALBA	VILALBA
555	989 CARLOS	CASAL CARRACEDO	01:01:29	00:05:08	01:00:12	00:05:01	00:39:36		SANTIAGO
556	1716 FERNANDO	PEREZ PIÑEIRO	01:01:30	00:05:08	01:00:54	00:05:05	00:36:54		---
557	4337 XANDRÉ	FERNÁNDEZ FERNÁNDEZ	01:01:36	00:05:08	00:59:55	00:05:00	00:40:43		PADERNE DE ALLARIZ (OURENSE)
558	583 LEANDRO	REY RODRIGUEZ	01:01:36	00:05:08	01:00:06	00:05:01	00:39:20		NEGREIRA
559	1264 ANDONI	BLANCO SUÁREZ	01:01:36	00:05:08	00:59:56	00:05:00	00:40:42		XUNQUEIRA DE AMBÍA
560	927 IGNACIO	TOUZÓN LIJÓ	01:01:36	00:05:08	01:00:20	00:05:02	00:39:53		RIBEIRA
561	1057 JORGE	LAGO BLANCO	01:01:38	00:05:09	00:59:39	00:04:59	00:38:16		OUTES
562	4296 XAN XOSÉ	SUÁREZ VILELA	01:01:41	00:05:09	01:00:13	00:05:02	00:39:30		CEDEIRA
563	1775 OSCAR	SANCHEZ GARCIA	01:01:41	00:05:09	01:00:30	00:05:03	00:39:37		A CORUÑA
564	454 MARCOS	JAMARDO DOMÍNGUEZ	01:01:42	00:05:09	01:00:38	00:05:04	00:39:13		PONTECESURES
565	1868 SERGIO	ARES CHAO	01:01:43	00:05:09	01:01:15	00:05:07	00:37:18		GIJÓN
566	881 ALFONSO	TORRES LAMELA	01:01:44	00:05:09	01:00:15	00:05:02	00:38:53		LUGO

622	1055 JONAY	SOSA RAMOS	01:04:11	00:05:21	01:03:25	00:05:18	00:39:27	LAS PALMAS
623	4403 FRANCISCO JOSÉ	FERREIRO CAAMAÑO	01:04:13	00:05:22	01:03:13	00:05:17	00:40:21	FERROL
624	4333 TONI	CEBRIAN LLUMA	01:04:14	00:05:22	01:03:26	00:05:18	00:40:58	BARCELONA
625	1870 FRANCISCO JOSÉ	ROCHA GARCÍA	01:04:26	00:05:23	01:02:43	00:05:14	00:39:20	OZA DOS RIOS
626	569 SERGIO	MARTINEZ LAGO	01:04:27	00:05:23	01:02:59	00:05:15	00:39:32	SANTIAGO DE COMPOSTELA
627	1421 PABLO	RAÑA DÍEZ	01:04:29	00:05:23	01:02:47	00:05:14	00:40:37	SANTIAGO
628	999 CRISTÓBAL	LINARES JUANATEY	01:04:29	00:05:23	01:03:22	00:05:17	00:40:45	SANTIAGO DE COMPOSTELA
629	1678 ALBERTO	PALACIOS NIMO	01:04:35	00:05:23	01:03:17	00:05:17	00:41:23	LOUSAME
630	1777 ELÍAS	FERREIRO VILA	01:04:37	00:05:24	01:02:54	00:05:15	00:40:45	VIGO
631	3935 JAVIER	VIDAL MIGUELEZ	01:04:37	00:05:24	01:03:42	00:05:19	00:40:53	ASOCIACIÓN DEPORTIVA CERNE
632	358 DIMAS	SUAREZ BARROS	01:04:39	00:05:24	01:04:22	00:05:22	00:39:47	VEDRA
633	445 OSCAR	OTERO OTERO	01:04:39	00:05:24	01:03:34	00:05:18	00:41:54	NOIA
634	1328 JOSE	SILVA TREUS	01:04:42	00:05:24	01:03:42	00:05:19	00:40:40	BOIRO
635	1029 GABRIEL	ÁLVAREZ CASTRO	01:04:47	00:05:24	01:03:34	00:05:18	00:40:58	SANTIAGO
636	961 ALBERTO	MIGUEZ GOMEZ	01:04:50	00:05:25	01:04:10	00:05:21	00:40:24	SANTIAGO
637	1202 YAGO	LÓPEZ PIÑEIRO	01:04:51	00:05:25	01:03:05	00:05:16	00:41:49	VALGA
638	777 JUAN	PAMPILLÓN ALONSO DE VELASCO	01:04:55	00:05:25	01:03:17	00:05:17	00:42:25	ESTILA RUNNING CLUB
639	1340 LISARDO	NÚÑEZ PARDO DE VERA	01:04:56	00:05:25	01:03:42	00:05:19	00:41:26	SANTIAGO DE COMPOSTELA
640	1070 JOSE	REGUEIRO OTERO	01:05:02	00:05:26	01:04:05	00:05:21	00:40:09	SANTIAGO DE COMPOSTELA
641	4339 ANDRÉS	PAZOS TRONCEDA	01:05:03	00:05:26	01:03:24	00:05:17	00:41:39	VENEZUELA
642	4240 JOSE ANGEL	NOLASCO MACEIRAS	01:05:07	00:05:26	01:03:15	00:05:17	00:41:54	ARANGA
643	4301 DANIEL	PEREZ REY	01:05:07	00:05:26	01:03:16	00:05:17	00:41:51	BRION
644	1077 JOSÉ ANTONIO	ANTELO CASTELO	01:05:10	00:05:26	01:03:45	00:05:19	00:41:27	MAZARICOS
645	4349 DAVID	DÍAZ PÉREZ	01:05:12	00:05:26	01:04:11	00:05:21	00:40:57	A CORUÑA
646	801 OSCAR	BOUZÓN FERNÁNDEZ	01:05:16	00:05:27	01:04:56	00:05:25	00:40:50	MATRACA
647	4311 JESUS MANUEL	LOPEZ FANDIÑO	01:05:21	00:05:27	01:03:59	00:05:20	00:41:30	RIPOLL (GIRONA)
648	4354 FRANCISCO	NIETO NEGRAL	01:05:21	00:05:27	01:03:38	00:05:19	00:40:44	LUGO
649	1791 JORGE	GONZALEZ LEJARRAGA	01:05:23	00:05:27	01:03:39	00:05:19	00:43:31	LOGROÑO
650	1277 AMARO	RÚA LAGO	01:05:23	00:05:27	01:03:53	00:05:20	00:39:57	SANTIAGO DE COMPOSTELA
651	1157 PAULO	CASTRO CASTIÑEIRAS	01:05:23	00:05:27	01:03:53	00:05:20	00:39:57	MADRID
652	1138 MARTIN	CALO PÉREZ	01:05:27	00:05:28	01:04:02	00:05:21	00:41:27	VIMIANZO
653	1234 DAVID	SANTOMIL MOSQUERA	01:05:28	00:05:28	01:04:41	00:05:24	00:41:36	AMES
654	1735 EMILIO	ALBELA COUTO	01:05:30	00:05:28	01:04:21	00:05:22	00:41:31	VEDRA
655	1285 SERGIO	CARREIRA	01:05:38	00:05:29	01:04:24	00:05:22	00:41:32	GRABS
656	1747 MANUEL	GONZALEZ SISO	01:05:38	00:05:29	01:04:22	00:05:22	00:41:29	NOIA
657	4213 CARLOS	RODRÍGUEZ DÍAZ	01:05:38	00:05:29	01:04:31	00:05:23	00:41:35	VIGO
658	555 MIGUEL	LEIS SOUTULLO	01:05:41	00:05:29	01:04:09	00:05:21	00:41:32	COMPOSTELA
659	228 RUI	MENESES	01:05:44	00:05:29	01:05:00	00:05:25	00:40:38	ES MI NOBIA
660	971 ANDRÉS	PAN MORANO	01:05:47	00:05:29	01:04:40	00:05:24	00:41:33	CULLEREDO
661	1365 RUBÉN	CELA BOISA	01:05:49	00:05:30	01:04:23	00:05:22	00:42:44	BASTAVALES
662	4346 ALBERTO	PEREZ PARDIÑAS	01:05:55	00:05:30	01:05:10	00:05:26	00:40:42	LA CORUÑA
663	1420 PABLO	ALLER GUERRA	01:05:56	00:05:30	01:04:51	00:05:25	00:41:04	SANTIAGO
664	4212 CARLOS	GARCIA GONZALEZ	01:05:57	00:05:30	01:04:41	00:05:24	00:39:53	A CORUÑA
665	2019 PAULINO	BOUZAS GESTAL	01:05:58	00:05:30	01:04:47	00:05:24	00:42:40	A CORUÑA
666	3684 ALBERTO	LOPEZ FILGUEIRAS	01:06:05	00:05:31	01:04:33	00:05:23	00:43:37	FERROL
667	1451 CARLOS	IGLESIAS PASTORIZA	01:06:11	00:05:31	01:05:04	00:05:26	00:40:00	SANTIAGO DE COMPOSTELA
668	942 VICTOR	VEIGA AGUION	01:06:12	00:05:31	01:05:32	00:05:28	00:41:13	BOIMORTO
669	1151 PABLO	MARTÍNEZ RODRÍGUEZ	01:06:13	00:05:32	01:05:17	00:05:27	00:41:05	SANTIAGO
670	1751 PEDRO	JIMENEZ ALVAREZ	01:06:17	00:05:32	01:05:58	00:05:30	00:40:15	GUADALAJARA
671	1765 ABRAHAM	RODRIGUEZ GUEDES	01:06:18	00:05:32	01:04:50	00:05:25	00:41:25	MOS
672	1301 CHRIS	GEORGE	01:06:19	00:05:32	01:04:45	00:05:24	00:42:58	PENSILVANIA
673	1319 JAVIER	DÍAZ FERNÁNDEZ	01:06:21	00:05:32	01:04:55	00:05:25	00:42:43	N
674	1158 PEDRO	ESTEVEZ FERNANDEZ	01:06:24	00:05:32	01:05:03	00:05:26	00:41:27	VIGO
675	1002 DAVID	IGLESIAS PEDROUSO	01:06:30	00:05:33	01:05:20	00:05:27	00:42:02	SANTIAGO1
676	962 ALEJANDRO	MAYO BARREIRO	01:06:30	00:05:33	01:05:03	00:05:26	00:41:29	SANTIAGO DE COMPOSTELA

732	1869 FELIX	VARELA MARTINEZ	01:09:40	00:05:49	01:07:57	00:05:40	00:43:38		A CORUÑA
733	4134 MANUEL	BESADA CURRÁS	01:09:42	00:05:49	01:08:11	00:05:41	00:44:48	XHUZAS TEAM	O GROVE
734	1357 NICOLÁS	CREMADES LEGUINA	01:09:48	00:05:49	01:08:24	00:05:42	00:44:57		PALMA DE MALLORCA
735	4030 JOSE MANUEL	SANTAMARIA PEREZ	01:09:52	00:05:50	01:08:35	00:05:43	00:44:01	COMPOSTELA JUDO CLUB	SANTIAGO DE COMPOSTELA
736	1160 PEDRO	SÁNCHEZ ROMAY	01:10:17	00:05:52	01:09:11	00:05:46	00:44:02		SANTIAGO
737	1169 RICARDO	ROSELL CARDAMA	01:10:20	00:05:52	01:08:50	00:05:45	00:43:00		SANTIAGO
738	4365 RAMON	DEL RIO CUMBREÑO	01:10:22	00:05:52	01:08:31	00:05:43	00:44:00		BURGOS
739	1193 VICTOR	SANTOS	01:10:26	00:05:53	01:09:31	00:05:48	00:44:33		VALGA
740	494 AITOR	SANABRIA LOPEZ	01:10:26	00:05:53	01:09:19	00:05:47	00:44:08		VIGO
741	1441 JOSE MANUEL	PAZOS POSE	01:10:34	00:05:53	01:10:19	00:05:52	00:42:17		SANTIAGO DE COMPOSTELA
742	4374 SANTIAGO	FORTES FERRO	01:11:21	00:05:57	01:09:55	00:05:50	00:43:47		SANTIAGO DE COMPOSTELA
743	786 ROI	PANTIN LÓPEZ	01:11:56	00:06:00	01:11:01	00:05:56	00:44:43	IMOS CON CALMA	NARON
744	1326 JORGE	VÁZQUEZ CANCELA	01:12:06	00:06:01	01:10:10	00:05:51	00:45:40		SANTIAGO DE COMPOSTELA
745	1753 SANTIAGO MANUEL	VILAR BLANCO	01:12:06	00:06:01	01:10:11	00:05:51	00:45:39		A CORUÑA
746	1296 ANTONIO	BLANCO GÓMEZ	01:12:06	00:06:01	01:10:12	00:05:51	00:45:39		XINZO DE LIMIA
747	4377 JESÚS MANUEL	MONTERO SOUTO	01:12:10	00:06:01	01:10:30	00:05:53	00:44:58		BARAKALDO
748	1146 MIGUEL	FACAL VÁZQUEZ	01:12:29	00:06:03	01:11:45	00:05:59	00:46:39		CORISTANCO
749	1283 JESÚS	VILAS CANTELAR	01:12:30	00:06:03	01:10:46	00:05:54	00:46:51		A CORUÑA
750	968 ALFONSO	IGLESIAS AMORIN	01:12:41	00:06:04	01:11:15	00:05:57	00:44:28		SANTIAGO DE COMPOSTELA
751	1060 JORGE	SANTOS GIMÉNEZ	01:12:42	00:06:04	01:11:20	00:05:57	00:46:09		REDONDELA
752	1196 XAN	PAMPÍN IGLESIAS	01:13:13	00:06:07	01:12:50	00:06:05	00:42:40		SANTIAGO DE COMPOSTELA
753	1288 ADRIÁN	VÁZQUEZ COSTA	01:13:16	00:06:07	01:11:55	00:06:00	00:45:22		NOIA
754	1793 SANTIAGO	SIXTO FERNANDEZ	01:13:30	00:06:08	01:12:43	00:06:04	00:43:58		TEO
755	4233 ISAAC JAVIER	LEMUS CIBRÁN	01:13:46	00:06:09	01:12:36	00:06:03	00:44:56		CAMARIÑAS
756	1300 CARLOS ALBERTO	PENA PUGA	01:13:52	00:06:10	01:12:26	00:06:03	00:43:45		CARBALLO
757	1224 MANUEL	FERNANDEZ MARTINEZ	01:13:54	00:06:10	01:12:09	00:06:01	00:45:51		SANTIAGO
758	824 MARIO	RODRIGUEZ ABOY	01:13:59	00:06:10	01:12:38	00:06:04	00:44:59	SAUNIER DUVAL	AMES
759	1081 JOSE DAVID	MARTINEZ ALVAREZ	01:14:44	00:06:14	01:13:03	00:06:06	00:46:54		TUY
760	4097 SERGIO	LÓPEZ REY	01:14:48	00:06:14	01:13:08	00:06:06	00:47:32	PATUKOS TIM RANIN	A CORUÑA
761	1750 PABLO	BOULLOSA LORENZO	01:15:34	00:06:18	01:13:44	00:06:09	00:47:22		REDONDELA
762	1850 ROI	GONZALEZ BELLO	01:15:38	00:06:19	01:13:48	00:06:09	00:47:27		COMPOSTELA
763	783 DANIEL	VILA RODRÍGUEZ	01:15:40	00:06:19	01:13:55	00:06:10	00:51:58	IECI	SANTIAGO DE COMPOSTELA
764	1294 ANDRES	MOSQUERA REY	01:15:51	00:06:20	01:15:22	00:06:17	00:45:20		SANTIAGO DE COMPOSTELA
765	769 LUÍS FILIPE	RAMOS	01:16:00	00:06:20	01:15:42	00:06:19	00:46:59	CONVENCIDOS.COM	GONDOMAR
766	879 MARCO ANTONIO	SABORIDO SILVA	01:16:01	00:06:21	01:14:18	00:06:12	00:44:05		BOIRO
767	4254 MARCOS	ANTELO PIÑEIRO	01:16:14	00:06:22	01:14:53	00:06:15	00:48:07		NOIA
768	1786 LUIS ALBERTO	QUINTÁNS RIAL	01:16:20	00:06:22	01:14:36	00:06:13	00:46:51		SANTIAGO DE COMPOSTELA
769	1452 CHRISTOPHE	GARCIA GONÇALVES	01:16:22	00:06:22	01:14:30	00:06:13	00:48:56		SANTIAGO
770	1358 PABLO	SANCHEZ LIÑARES	01:17:47	00:06:29	01:15:47	00:06:19	00:48:14		SANTIAGO
771	1353 MIGUEL	TORRES LOPEZ	01:17:58	00:06:30	01:16:34	00:06:23	00:49:39		VEDRA
772	4388 PABLO	FERNANDEZ ESPADA	01:18:22	00:06:32	01:17:14	00:06:27	00:47:33		FERROL
773	4007 JESUS MANUEL	REY VARELA	01:18:27	00:06:33	01:17:41	00:06:29	00:47:46	CLUB DEPORTIVO OS MUDITOS	CARBALLO
774	975 ANTONIO	FERNANDEZ SOUTO	01:18:35	00:06:33	01:17:06	00:06:26	00:47:22		FENE
775	1729 PABLO	MOSTEIRO SOUTO	01:18:36	00:06:33	01:17:21	00:06:27	00:47:50		SANTIAGO
776	1115 JUAN JOSÉ	DAPENA GÓMEZ	01:18:46	00:06:34	01:17:20	00:06:27	00:49:05		SANTIAGO DE COMPOSTELA
777	3102 JAIME	CORTIZO SEDANO	01:20:24	00:06:42	01:19:48	00:06:39	00:49:26	NOITEBRA F.C.	VITORIA
778	986 CARLOS	FERNANDEZ FANEGO	01:20:27	00:06:43	01:19:19	00:06:37	00:48:04		SANTIAGO DE COMPOSTELA
779	1317 IVAN	ALDREY PEREZ	01:20:30	00:06:43	01:18:59	00:06:35	00:51:34		TEO
780	1309 ESTEBAN	BLANCO VARELA	01:20:30	00:06:43	01:18:59	00:06:35	00:51:34		TEO
781	1788 MARTÍN	RÍOS GARCÍA	01:21:49	00:06:50	01:20:58	00:06:45	00:49:33		GLAURS
782	1379 JOÃO PEDRO	CHAVES LOPES	01:22:14	00:06:52	01:20:43	00:06:44	00:50:55		GRENOBLE
783	1454 SIN DATOS DEL	DORSAL 1454	01:22:48	00:06:54	01:21:19	00:06:47	00:50:07		
784	3735 ARTURO	ZAS MANEIRO	01:23:56	00:07:00	01:23:11	00:06:56	00:50:13		SANTIAGO DE COMPOSTELA
785	1743 JON	LEBORÁNS IZQUIERDO	01:25:19	00:07:07	01:23:35	00:06:58	00:52:26		BILBAO
786	1798 RUBÉN	DA SILVA IGLESIAS-MOREIRA	01:26:29	00:07:13	01:24:56	00:07:05	00:54:44		VIGO

787	1432 DANIEL	NIEVES MUNIN	01:28:30	00:07:23	01:26:34	00:07:13	00:53:22		SANTIAGO DE COMPOSTELA
788	1397 IGNACIO	TURNESDIAZ	01:30:06	00:07:31	01:28:13	00:07:22	00:54:47		SANTIAGO DE COMPOSTELA
DNF	1712 ESTEBAN	OTERO CALVO						RAPOSO	SANTIAGO DE COMPOSTELA
DNF	1796 JOSÉ CARLOS	SÁNCHEZ MOUGÁN							BOQUEIXÓN
DNF	368 HUGO	IGLESIAS RODRÍGUEZ							PONTEVEDRA
DNF	3362 JORGE	COSTOYA DOSIL						CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	NOIA
DNF	2 ALEJANDRO	FERNÁNDEZ RIVERA					00:23:07	ADAS-O BARCO	OURENSE
DNF	504 DAVID	SEOANE BROCOS							SANTIAGO DE COMPOSTELA
DNF	908 MANUEL	DUBERT CASTRO							SANTIAGO
DNF	4225 FRAN	RODRIGUEZ GARRIDO							CORUÑA
DNF	68 FRANCISCO	RODRIGUEZ RODRIGUEZ					00:26:24	REAL CLUB CELTA DE ATLETISMO	BARCELONA
DNS	1137 MARCOS	EDROSA SEIJO							ABADIN
DNS	1143 MIGUEL	PARRA AMEIJIDE							A CORUÑA
DNS	513 FRANCISCO	RODRIGUEZ MATO							SANTIAGO
DNS	1376 ANTONIO	BARRAL ÁLVAREZ							LA CORUÑA
DNS	32 ANGEL	REQUEJO FERNANDEZ						ATLETISMO NOIA	NOIA
DNS	1066 JOSE	PARRA AMEIJIDE							A CORUÑA
DNS	1117 JUSTO	FERNÁNDEZ							BAIONA
DNS	1465 TONO	LAGO SEGADE							LOURO
DNS	829 MARCOS	VILANOVA DACOSTA						SERVICIO	ORENSE
DNS	1092 JOSE MANUEL	MARCOTE PEREZ							CULLEREDO
DNS	1050 JAVIER	VIDAL MONASTERIO							A CORUÑA
DNS	1127 MANUEL	RODRIGUEZ FERNANDEZ							VILAGARCIA DE AROUSA
DNS	911 MIGUEL	ARES CRIADO							SANTIAGO DE COMPOSTELA
DNS	1135 MARCOS	GARCIA CASANOVA							VILLAGARCIA
DNS	1119 LUIS	MATOS							PORTO
DNS	869 ANTONIO	REY GARCÍA							BERTAMIRANS
DNS	3945 DAVID	CASTRO RODRÍGUEZ						ATLETISMO CHANTADA	MADRID
DNS	3716 LUIS MIGUEL	REY PEREIRA							SANTIAGO DE COMPOSTELA
DNS	1631 JESUS	RODRIGUEZ FERNANDEZ							SANTIAGO
DNS	1484 MAURO	ANTELO SUÁREZ							SERRA DE OUTES
DNS	1491 JOSE	MORAN MONZO							A CORUÑA
DNS	599 ALFONSO	GONZALEZ LOPEZ							LUGO
DNS	1718 IAGO	CASTRO CASTRO							---
DNS	750 CESAR	VILASANCHEZ LOPEZ						CLUB DE TENIS REDES	REDES
DNS	4466 SANTIAGO	SANGUINETTI RODRÍGUEZ						ATLETISMO CLUB SOCIAL BANCO PASTOR	PONTEVEDRA
DNS	4445 MARCOS	MARTÍNEZ GUNTÍN						MARATÓN NATTEX BARBADÁS	OURENSE
DNS	3439 DIEGO	SOTO VIÑAS						CLUB TRIATLON CORUÑA	FERROL
DNS	3877 FRANCISCO JAVIER	SUAREZ BERMUDEZ							SANTIAGO DE COMPOSTELA
DNS	103 JOSE RAMON	FRANCO FOJO							FERROL
DNS	3861 ANGEL	PEREZ BURGOS							LUGO
DNS	431 ALEJANDRO	LIZ GRAÑA							SANTIAGO DE COMPOSTELA
DNS	3825 JOSE	ARJONA							VILANOVA I LA GELTRÚ
DNS	3388 ADRIÁN	CANDAL CASTRO						CLUB ATLETISMO SADA	A CORUÑA
DNS	3811 DAVID	NOVO MARTÍNEZ							SANTA UXÍA DE RIBEIRA
DNS	3369 JESÚS	COUSO GARCÍA						CLUB ATLETISMO NEGREIRA	A BAÑA
DNS	3823 JORGE	BERDULLAS VILLALON							SANTIAGO DE COMPOSTELA
DNS	3947 ALFONSO	ARIAS GARCIA						ATLETISMO FONTES DO SAR	LUGO
DNS	4025 JUAN ALBERTO	SÁNCHEZ IÑÍGUEZ						CLUBE ATLETISMO BOIMORTO	BOIMORTO
DNS	3770 FRANCISCO JOSÉ	DELGADO MONTES							A CORUÑA
DNS	3993 JAVIER	MIRA MAROÑAS						CLUB ATLETISMO SADA	ZAS
DNS	3801 ADOLFO	GARCÍA ALONSO							VIGO
DNS	3495 MANUEL FRANCISCO	RODRIGUEZ FERNANDEZ						KURAI	CEA
DNS	3866 MIGUEL	PEREIRO BARCIELA							MOS
DNS	1812 HUGO MIGUEL	PIRES PINTO						COMESAÑA SPORTING CLUB	AMADORA

DNS	4166	ALEJANDRO	VARELA FUENTES							CARBALLO
DNS	4172	DAVID	FERRERO QUIÑOY							SANTIAGO
DNS	4300	CARLOS	TARRIO BUGALLO							SANTIAGO
DNS	4305	FRANCISCO JAVIER	JARDÓN ABAL							VIGO
DNS	4153	ADRIAN	FERRERA GARCIA							OURENSE
DNS	4332	SANTIAGO	FAGILDE FANDIÑO							SANTIAGO DE COMPOSTELA
DNS	4260	ÓSCAR	LOPEZ BLANCO							N
DNS	4277	VICTOR MANUEL	ALVAREZ TABOADA							A CORUÑA
DNS	4286	JORGE	VAZQUEZ GONZALEZ							OURENSE
DNS	4266	RENATO	RIVAS LOPEZ							A CORUÑA
DNS	2010	JOSE	MARTÍNEZ CAAMAÑO							CABANA DE BERGANTIÑOS
DNS	116	JAVIER	SANCHEZ HERNANDEZ							ÁVILA
DNS	4229	HÉCTOR	CASTIÑEIRA BLANCO							A CORUÑA
DNS	3749	DAMIÁN	ANDRADE PADÍN							PORTONOVO
DNS	4351	EMILIO JOSÉ	LAMAS FRAGA							OLEIROS
DNS	1845	MIGUEL	DÍAZ BOTANA							SANTIAGO
DNS	3098	VICTOR	RIOBO VILLANUEVA				MILER. VINTAGE RUNNING CLUB			MARIN
DNS	500	CRISTIAN	CARNOTA COSTOYA							FRADES
DNS	4201	ALBERTO	CIDRAS ALFONSO							SANTO TOME DE PIÑEIRO
DNS	3092	IVÁN	VEIGA RAPOSO				ERIKA PILATES TEAM			LUGO
DNS	782	ADRIAN	QUINTEIRO GARCÍA				IAGO			SANTIAGO DE COMPOSTELA
DNS	789	EMILIO	BERRIDE AMENEIRO				JOLOSOS			VILLAGARCIA
DNS	3049	ENRIQUE	MORAN GONZALEZ				CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA			PORRIÑO
DNS	792	DIEGO	PAZ				JUSAPOL			AMES
DNS	3069	CARLOS	DIEGUEZ CARREIRA				CLUB DEPORTIVO SAN PAIO			A ESTRADA
DNS	4234	ISMAEL	VEIGA PEREZ							PADERNE
DNS	685	JORDI	CURROS DOMENECH				ASOCIACIÓN DEPORTIVA CERNE			A CORUÑA
DNS	1399	JAVIER	RODRÍGUEZ DOPICO							FERROL
DNS	534	JOSE ANTONIO	QUINTANS VAZQUEZ							SANTIAGO DE COMPOSTELA
DNS	1437	JORGE JUAN	FERNANDEZ GRAÑA							EL FERROL
DNS	80	MANUEL	ROMERO				VELAIBIKE			SANTIAGO
DNS	3221	MANUEL	FRAGA DÍAZ				ARMADILLOS			LA LÍNEA DE LA CONCEPCIÓN
DNS	1450	DAVID	GONZÁLEZ IGLESIAS							OURENSE
DNS	1331	JOSE ANGEL	RIVAS FERNANDEZ							LUGO
DNS	531	JORGE	BUSTO MARIÑO							LA CORUÑA
DNS	1325	JONATHAN	ANTA BORRAJO							O BARCO DE VALDEORRAS
DNS	1311	FRANCISCO	COROSTOLA GONZÁLEZ							CORUÑA
DNS	703	JESÚS	ROMERO FREIRE				ATLETISMO NOIA			NOIA
DNS	3199	JOSÉ ÁNGEL	CID BRANDIN				A. D. LIMIACTIVA			SARREAU
DNS	84	JESÚS	SÁENZ-DIEZ ROSÓN							SANTIAGO DE COMPOSTELA
DNS	3220	ROBERTO	ALVITE SIEIRA				ALVITE			MAZARICOS
DNS	263	MARTIN	BLANCO MARTINEZ				PAQUETES RUNNERS			A CORUÑA
DNS	3170	ALBERTO	TRILLO BARCA							SANTIAGO DE COMPOSTELA
DNS	514	FRANCISCO	BRENLLA GERPE							SANTA COMBA
DNS	3547	ALBERTO	PRIETO PARDO				PASA OU ENTORNA			NARÓN
DNS	1419	OSCAR MANUEL	VILAS SUAREZ							SANTIAGO DE COMPOSTELA
DNS	3178	MARCOS	OTERO COUSELO							SANTIAGO
DNS	1042	ISMAEL	SESAR CARBAJALES							BARAKALDO

VTAM VETERANOS A Inscritos:

1077 Llegados: 960

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	3076	JUAN ANTONIO	GUDE VILA	00:39:29	00:03:18	00:39:28	00:03:18	00:24:11	CLUB MONTEPENARUBIA LUGO	RIVEIRA
2	3004	RICARDO	VAZQUEZ VAAMONDE	00:39:58	00:03:20	00:39:57	00:03:20	00:24:36	ADAS-PROINOR	LALÍN
3	3003	JOSE MANUEL	FERNANDEZ MARQUEZ	00:40:19	00:03:22	00:40:19	00:03:22	00:24:53	ADAS-PROINOR	BANDE
4	3074	RAMON	SERANTES GÓMEZ	00:40:44	00:03:24	00:40:41	00:03:24	00:25:18	CLUB MARINEDA ATLETICO	A CORUÑA

5	3027	MANUEL OLIVER	PÉREZ LÓPEZ	00:41:21	00:03:27	00:41:20	00:03:27	00:25:40	ATLETISMOS SAR VERMU ST. PETRONI	BASILEA
6	4433	ABEL	BARROS GONZÁLEZ	00:41:25	00:03:28	00:41:23	00:03:27	00:25:26	ATLETISMO +9 MORAÑA	MORAÑA
7	3121	ENRIQUE	GOCE PEREIRA	00:41:28	00:03:28	00:41:27	00:03:28	00:25:40	SAR-VERMU PETRONI	BAIONA
8	87	FRANCISCO JAVIER	CAMPOS SUÁREZ	00:42:00	00:03:30	00:42:00	00:03:30	00:25:52		RIVEIRA
9	3029	JOSÉ	NERCELLAS MÉNDEZ	00:42:15	00:03:32	00:42:12	00:03:31	00:26:15	BEARIZ TRIATLON	LALÍN
10	90	RUBEN	LIÑARES ARAN	00:42:19	00:03:32	00:42:17	00:03:32	00:26:13		SANTIAGO DE COMPOSTELA
11	3086	PEDRO	TRABA CAAMAÑO	00:42:19	00:03:32	00:42:17	00:03:32	00:26:10	CLUBE ATLETISMO OUTES- JOHN TURKEY	OUTES
12	3095	XABIER	DÍAZ FERNÁNDEZ	00:42:23	00:03:32	00:42:21	00:03:32	00:26:21	LUCUS CAIXA RURAL GALEGA	BARCELONA
13	54	MARCELO	VASQUEZ CORTES	00:42:29	00:03:33	00:42:29	00:03:33	00:26:23	EGOVARROS VIVEIRO	CHILE
14	3150	JOSE	BARREIRO ARIAS	00:42:38	00:03:34	00:42:35	00:03:33	00:26:14	VERXEL NUTRICIÓN DEPORTIVA	LUGO
15	3048	NEMESIO	LÓPEZ FERNÁNDEZ	00:42:42	00:03:34	00:42:40	00:03:34	00:26:45	CLUB ATLETISMO FONTES DO SAR	OURENSE
16	3045	CHARLY	OUTON BESADA	00:43:10	00:03:36	00:43:10	00:03:36	00:26:55	CLUB ATLETISME INCA	SAN SALVADOR DE POIO
17	1630	FERNANDO	BERNAL LOPEZ	00:43:12	00:03:36	00:43:08	00:03:36	00:26:38		SANTIAGO
18	3017	FERNANDO MANUEL	LÓPEZ DE LAS HERAS	00:43:25	00:03:38	00:43:24	00:03:37	00:26:26	ATLETISMO CORUÑA COMARCA	LUGO
19	3021	JOSE ANTONIO	GONTAN CASTRO	00:43:31	00:03:38	00:43:30	00:03:38	00:26:57	ATLETISMO FONTES DO SAR	SANTIAGO
20	29	FERNANDO	VIDAL MORENO	00:43:32	00:03:38	00:43:30	00:03:38	00:26:41	ATENAS RUNNING VDA	SALAMANCA
21	4439	ROBERTO	RIOBO ESTEVEZ	00:43:35	00:03:38	00:43:30	00:03:38	00:27:07	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	BUEU
22	3125	CARLOS	BUSTO LOBATO	00:43:36	00:03:38	00:43:34	00:03:38	00:26:57	SAR-VERMU PETRONI	CATOIRA
23	3026	ANGEL	MACEIRAS LAGO	00:43:44	00:03:39	00:43:43	00:03:39	00:27:01	ATLETISMO SAR VERMU-PETRONI	MUROS
24	3042	FEDERICO	LOSADA CONDE	00:43:44	00:03:39	00:43:42	00:03:39	00:27:02	CASTRO TRAIL	OURENSE
25	3090	DAVID	CANO CONESA	00:44:00	00:03:40	00:43:55	00:03:40	00:26:58	CORREDORES POPULARES ARMADA FERROL	CARTAGENA
26	3047	FERNANDO	PEREZ HERNANDEZ	00:44:02	00:03:41	00:44:00	00:03:40	00:27:04	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
27	3127	ALBERTO	RODRIGUEZ PEREZ	00:44:05	00:03:41	00:44:03	00:03:41	00:27:08	SAR-VERMU PETRONI	PADRON
28	88	JUAN LUIS	RUIZ BUJAN	00:44:05	00:03:41	00:44:05	00:03:41	00:27:03		CORUÑA
29	3080	ALBERTO	DOPAZO MÍGUEZ	00:44:14	00:03:42	00:44:11	00:03:41	00:27:24	CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA
30	70	LUIS ANTONIO	PIÑEIRO LOPEZ	00:44:32	00:03:43	00:44:29	00:03:43	00:27:28	S.D. BARBANTIA RODA	POBRA DO CARAMIÑAL
31	3050	ARTURO	RAMOS FERROL	00:44:34	00:03:43	00:44:31	00:03:43	00:27:19	CLUB ATLETISMO MILLADOIRO	SANTA COMBA
32	3064	MANUEL	LEIRACHA VALENTIN	00:44:35	00:03:43	00:44:33	00:03:43	00:27:41	CLUB CASTRO DE LOBADIZ	FERROL
33	52	FILIPE	FONTES	00:44:40	00:03:44	00:44:40	00:03:44	00:27:34	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
34	63	JULIO	ANDRADE GARCIA	00:44:42	00:03:44	00:44:38	00:03:44	00:27:27	NOITEBRA FC	SANTIAGO
35	50	JAPI	BAAMONDE ARUFE	00:44:42	00:03:44	00:44:40	00:03:44	00:27:11	CLUBE ATLETISMO OUTES - JOHN TURKEY	NOIA
36	31	JOSÉ RAMÓN	LAGO QUINTEIRO	00:45:00	00:03:45	00:45:00	00:03:45	00:28:08	ATLETISMO FONTES DO SAR	SANTIAGO
37	61	JESÚS	BECEIRO NOVO	00:45:02	00:03:46	00:44:59	00:03:45	00:28:04	MASSALUD	CARIÑO
38	3033	JOSÉ ÁNGEL	LÓPEZ VILLAR	00:45:08	00:03:46	00:45:08	00:03:46	00:27:22	C.D. EGOVARROS VIVEIRO	CEDEIRA
39	3063	JOSE MANUEL	TEIJEIRO IGLESIAS	00:45:12	00:03:46	00:45:10	00:03:46	00:28:00	CLUB CASTRO DE LOBADIZ	NARON
40	3224	JOSE RAMON	LAGO CIVES	00:45:14	00:03:47	00:45:06	00:03:46	00:28:08	ARTROGAL-TRI498	NOIA
41	4491	JUAN CARLOS	MARTÍNEZ VALVERDE	00:45:16	00:03:47	00:45:13	00:03:47	00:27:57	VERXEL NUTRICIÓN DEPORTIVA	ORDES
42	3052	JOSE LUIS	ROIBAS FERNANDEZ	00:45:16	00:03:47	00:45:16	00:03:47	00:27:57	CLUB ATLETISMO SADA	A CORUÑA
43	93	ISMAEL	CAMPELO PENA	00:45:17	00:03:47	00:45:13	00:03:47	00:27:51		A CORUÑA
44	205	JUAN FRANCISCO	FERNANDEZ LIJO	00:45:20	00:03:47	00:45:13	00:03:47	00:28:01	CLUB REMO NAUTICO RIBEIRA	RIBEIRA
45	3022	JOSE ANTONIO	JUANATEY PÉREZ	00:45:21	00:03:47	00:45:17	00:03:47	00:27:55	ATLETISMO FONTES DO SAR	NOIA
46	3118	ALBERTO	VÁZQUEZ TUBIO	00:45:26	00:03:48	00:45:23	00:03:47	00:28:11	S.D.BARBANTIA RODA	BOIRO
47	3104	RICARDO	VILLAR RODRIGUEZ	00:45:32	00:03:48	00:45:29	00:03:48	00:27:51	NOITEBRA FC	SANTA COMBA
48	3524	JORGE MANUEL	GARCIA RODRIGUEZ	00:45:35	00:03:48	00:45:33	00:03:48	00:27:59	NOITEBRA FC	PO
49	3159	LUIS	MENDEZ TORRES	00:45:36	00:03:48	00:45:36	00:03:48	00:28:06		RIVEIRA
50	3115	JORDI	CARRASCO NUÑEZ	00:45:43	00:03:49	00:45:42	00:03:49	00:27:30	RUNGALICIA	MORAÑA
51	3091	JOSE MANUEL	RODRIGUEZ MOURE	00:45:46	00:03:49	00:45:43	00:03:49	00:28:09	CORUÑA COMARCA	COLES
52	3438	JUAN	CASTIÑEIRA ROMERO	00:45:49	00:03:50	00:45:44	00:03:49	00:28:14	CLUB TRIATHLON COSTA DA MORTE	CEE
53	3282	JOSE DOMINGO	SENDON RODRIGUEZ	00:45:49	00:03:50	00:45:45	00:03:49	00:28:20	ATLETISMO FONTES DO SAR	OUTES
54	3638	EDUARDO	AMEAL LORENZO	00:45:53	00:03:50	00:45:44	00:03:49	00:28:25		CATOIRA
55	3128	JOSÉ MANUEL	LAGO CES	00:45:54	00:03:50	00:45:49	00:03:50	00:28:14	SAR-VERMU PETRONI	CARNOTA
56	3035	ANDRÉS	PIÑÓN LOUREIRO	00:45:58	00:03:50	00:45:56	00:03:50	00:28:29	C.D.EGOVARROS-VIVEIRO	CEDEIRA
57	308	ANTONIO JOSÉ	CASTRO AREA	00:45:58	00:03:50	00:45:41	00:03:49	00:28:55		ORTIGUEIRA
58	3457	JOSE	ULLA ROCHA	00:46:10	00:03:51	00:46:06	00:03:51	00:28:46	CORRE POR BEGONTE	BEGONTE
59	57	CARLOS	MONTEIRO	00:46:12	00:03:51	00:42:40	00:03:34	00:30:17	F.C.VIZELA	VIZELA

60	43 ANTONIO	VÁZQUEZ TOURÓN	00:46:15	00:03:52	00:46:11	00:03:51	00:28:33	CLUB DEPORTIVO VAGALUME ENERGÍA	SARRIA
61	3278 RAMON	GARCIA TEIRA	00:46:16	00:03:52	00:46:11	00:03:51	00:28:59	ATLETISMO FONTES DO SAR	SANTIAGO
62	3642 HÉCTOR	CAJARAVILLE ARAÚJO	00:46:26	00:03:53	00:46:18	00:03:52	00:28:48		SANTIAGO
63	140 MANUEL	PARDES PARADA	00:46:26	00:03:53	00:46:21	00:03:52	00:28:50	ATL. BARBANZA	POBRA DO CARAMIÑAL
64	3527 DANIEL	BECERRA RODRIGUEZ	00:46:29	00:03:53	00:46:18	00:03:52	00:29:07	NOITEBRA FC	VILA DE CRUCES
65	3037 EMILIO	RÚA VAAMONDE	00:46:33	00:03:53	00:46:27	00:03:53	00:29:00	CAI A ESTRADA	VERÍN
66	46 ADOLFO	VILARES MACEIRAS	00:46:38	00:03:54	00:46:35	00:03:53	00:29:05	CLUB MARINEDA ATLETICO	A CORUÑA
67	1191 TOMÁS	CAAMAÑO SENDÓN	00:46:46	00:03:54	00:46:38	00:03:54	00:29:10		MUROS
68	3661 FRANCISCO JAVIER	FERNÁNDEZ GARCÍA	00:46:50	00:03:55	00:46:42	00:03:54	00:29:10		O PINDO
69	153 ÁNGEL	PIÑEIRO	00:46:51	00:03:55	00:46:48	00:03:54	00:28:40	ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
70	3333 GERARDO	PEREZ PRIETO	00:46:52	00:03:55	00:46:44	00:03:54	00:28:58	CAC CAMBADOS S. NOVAL	CAMBADOS
71	4482 FRANCISCO	MARTINEZ NUÑEZ	00:46:57	00:03:55	00:46:46	00:03:54	00:29:40	VERXEL NUTRICIÓN DEPORTIVA	LUGO
72	304 MARCOS	RODRIGUEZ DURAN	00:46:57	00:03:55	00:46:52	00:03:55	00:29:02		RIBADAVIA
73	3277 JOSE ANTONIO	NOYA PÉREZ	00:47:01	00:03:56	00:46:56	00:03:55	00:29:01	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
74	3572 MIGUEL ANGEL	GOMEZ SENIN	00:47:02	00:03:56	00:46:55	00:03:55	00:29:27	RUNNING OLEIROS	VIGO
75	3417 ALVARO	LOPEZ JACOME	00:47:03	00:03:56	00:46:58	00:03:55	00:29:09	CLUB HERCULES TERMARIA	LUGO
76	3183 JOSE MANUEL	CAO GARCÍA	00:47:05	00:03:56	00:47:00	00:03:55	00:29:00		SANTIAGO
77	1816 CARLOS	FERNÁNDEZ ÁLVAREZ	00:47:06	00:03:56	00:47:02	00:03:56	00:29:16	SOCIEDADE ATLÉTICA DO TREGA	O ROSAL
78	571 JOSE ANTONIO	VARELA MARZOA	00:47:07	00:03:56	00:46:59	00:03:55	00:29:10		OROSO
79	3030 JUAN DIEGO	VAZQUEZ REMIGIO	00:47:09	00:03:56	00:47:06	00:03:56	00:29:02	C.A. RIA DE AROUSA, O GROVE	O GROVE
80	3505 GERARDO	RAPOSO BUJAN	00:47:10	00:03:56	00:47:05	00:03:56	00:29:28	LUCUS CAIXA RURAL GALEGA	COSEPTE, LUGO
81	576 FRANCISCO	CASÁS SABARIS	00:47:11	00:03:56	00:46:51	00:03:55	00:29:19		PONTEVEDRA
82	4494 ROBERTO	FEIJOO CANTARILLA	00:47:12	00:03:56	00:47:05	00:03:56	00:29:13	A. D. LIMIACTIVA	XINZO DE LIMIA
83	3641 PEDRO	FERNANDEZ FERNANDEZ	00:47:14	00:03:57	00:46:57	00:03:55	00:29:40		MUGARDOS
84	3649 RAFAEL	CABO LANDEIRA	00:47:17	00:03:57	00:47:13	00:03:57	00:28:40		SANTIAGO DE COMPOSTELA
85	3645 JAVIER	ARIAS DE LA VEGA	00:47:21	00:03:57	00:47:12	00:03:56	00:29:43		MONFORTE DE LEMOS
86	45 MARCOS	TARRIO MARTINEZ	00:47:22	00:03:57	00:47:19	00:03:57	00:29:13	CLUB DEPORTIVO VAGALUME ENERGÍA	SANTIAGO
87	403 MIGUEL	SARABANDO GAFANHA	00:47:25	00:03:58	00:47:21	00:03:57	00:29:16		FRANCIA
88	189 JOSÉ MANUEL	PONTE SOMOZA	00:47:26	00:03:58	00:47:15	00:03:57	00:29:30	CLUB DE ATLETISMO DE OUTES	OUTES
89	138 SANTIAGO	MELIO ROMERO	00:47:36	00:03:58	00:47:10	00:03:56	00:29:55	ATENAS RUNING VDA	VILAGARCIA DE AROSA
90	3214 JOSE ANTONIO	COSTA RODRIGUEZ	00:47:37	00:03:59	00:47:30	00:03:58	00:29:30	AGRUPACIÓN ATLÉTICA MAZÍ	CAMBADOS
91	3401 RUBEN	CASTRO DOMINGUEZ	00:47:38	00:03:59	00:47:34	00:03:58	00:29:10	CLUB ATLETISMO TUI-THERMALIA	TOMIÑO
92	3590 JULIAN	PEREZ DURAN	00:47:43	00:03:59	00:47:33	00:03:58	00:29:26	SÍGUEME SI PUEDES	FERROL
93	3265 MANUEL ANGEL	CARRACEDO CARBAJAL	00:47:48	00:03:59	00:47:38	00:03:59	00:29:44	ATLETISMO A ESTRADA	GIJÓN
94	3578 DAVID	PÉREZ SANTAMARÍA	00:47:49	00:04:00	00:47:40	00:03:59	00:30:00	SAR-VERMU PETRONI	BILBAO
95	3031 MIGUEL ANGEL	MARTINEZ NIETO	00:47:54	00:04:00	00:47:45	00:03:59	00:29:32	C.A.O. - CLUB ATLETISMO OUTES	SUIZA
96	4462 MIGUEL ANGEL	OCAMPO REY	00:47:54	00:04:00	00:47:49	00:04:00	00:29:31	ATLETISMO A GÁNDARA MONFORTE	VILAGARCIA DE AROUSA
97	289 SALVADOR	BOO FARIÑA	00:47:55	00:04:00	00:47:46	00:03:59	00:29:39	TRIBU TRAIL	PUEBLA DEL CARAMIÑAL
98	3451 JOSE	BUJAN GONZALEZ	00:47:55	00:04:00	00:47:09	00:03:56	00:30:07	CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
99	311 JOSE ANTONIO	QUINTAS SIXTO	00:48:00	00:04:00	00:47:50	00:04:00	00:29:35		SANTIAGO DE COMPOSTELA
100	3512 CARLOS ALFONSO	RAMOS GALLEGO	00:48:02	00:04:01	00:47:52	00:04:00	00:29:39	MARRANERS	LUGO
101	3250 SIMON	LOPEZ EIROA	00:48:02	00:04:01	00:47:52	00:04:00	00:29:50	ATLETAS DE ACEA DE AMA	OLEIROS
102	3160 MANUEL	CORBELLE CASTRO	00:48:03	00:04:01	00:48:01	00:04:01	00:29:37		LUGO
103	3446 CARLOS	REY AGUIAR	00:48:04	00:04:01	00:47:55	00:04:00	00:29:56	CLUBE ATLETISMO CAMBADOS-SEGUROS NOVAL	MEAÑO
104	532 JOSÉ	VARELA PÁJARO	00:48:04	00:04:01	00:47:51	00:04:00	00:29:49		VILA DE CRUCES
105	3356 CARLOS	BECERRA DO EJO	00:48:07	00:04:01	00:48:00	00:04:00	00:29:31	CLUB ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
106	1660 JUAN	FERREIRO LÓPEZ	00:48:07	00:04:01	00:47:58	00:04:00	00:29:32	TAMBRE BIKE & RUNNING	SANTIAGO DE COMPOSTELA
107	3161 BYRON	REINO	00:48:07	00:04:01	00:48:05	00:04:01	00:29:45		ESPAÑA
108	3938 IVAN	VARELA BARREIRO	00:48:08	00:04:01	00:47:58	00:04:00	00:29:46	ATLETAS DE ACEA DE AMA	CULLEREDO
109	328 PABLO	AYASO SAINZ	00:48:08	00:04:01	00:48:04	00:04:01	00:29:41		RIVEIRA
110	3229 MANUEL	ULLA REGA	00:48:09	00:04:01	00:47:59	00:04:00	00:30:15	ASOCIACIÓN DEPORTIVA C.A.R	REDONDELA
111	180 MARCOS	PEREZ LOURIDO	00:48:10	00:04:01	00:48:06	00:04:01	00:29:37	CLUB ATLETISMO NEGREIRA	SANTIAGO DE COMPOSTELA
112	3185 MARCOS	FRANCES GOMEZ	00:48:14	00:04:02	00:48:12	00:04:01	00:29:31		PORRIÑO
113	3680 JOSÉ	LÓPEZ FERNÁNDEZ	00:48:14	00:04:02	00:48:11	00:04:01	00:29:41		OURENSE
114	3154 FERNANDO	VAZQUEZ ARES	00:48:15	00:04:02	00:48:03	00:04:01	00:29:53		SANTIAGO

115	1106 JUAN	LOJO RODRIGUEZ	00:48:24	00:04:02	00:48:03	00:04:01	00:30:21		RIBEIRA
116	4473 ROBERTO	GONZALEZ GARCÍA	00:48:24	00:04:02	00:48:16	00:04:02	00:29:11	CLUB SANGIAO TKD	LA ROBLA
117	282 ROBERTO	SENRA ALVAREZ	00:48:26	00:04:03	00:48:15	00:04:02	00:30:03	TAMBRE BIKE RUNNING	SUIZA
118	3275 OSCAR	FANDIÑO GARCIA	00:48:26	00:04:03	00:48:17	00:04:02	00:30:17	ATLETISMO C.A CAMBADOS SEGUROS NOVAL	VILLAGARCIA DE AROSA
119	3650 JOSE MANUEL	PAJARO SALAGRE	00:48:27	00:04:03	00:48:23	00:04:02	00:29:45		OVIEDO
120	3321 JUAN MANUEL	PINTADO COSTA	00:48:28	00:04:03	00:48:18	00:04:02	00:30:13	C.A.CAMBADOS-SEG.NOVAL	CAMBADOS
121	3955 JOSE MANUEL	MARTINEZ OTERO	00:48:29	00:04:03	00:48:24	00:04:02	00:29:45	ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
122	3372 GERMÁN	PÉREZ VIDAL	00:48:29	00:04:03	00:48:04	00:04:01	00:30:25	CLUB ATLETISMO NOIA	NOIA
123	236 JOSÉ	FERREIRA	00:48:34	00:04:03	00:48:28	00:04:03	00:30:10	JOBRA	BRANCA
124	3020 JULIO	GARCIA FACHAL	00:48:34	00:04:03	00:48:24	00:04:02	00:29:53	ATLETISMO CORUÑA COMARCA	BERGONDO
125	3361 RUBÉN	GARCÍA PIÑEIROA	00:48:35	00:04:03	00:48:28	00:04:03	00:30:10	CLUB ATLETISMO LOURENZÁ	LOURENZA
126	1628 DANIEL	NEIRA BARRAL	00:48:35	00:04:03	00:48:28	00:04:03	00:30:18		SANTIAGO
127	3580 FRANCISCO JOSE	OLVEIRA MARTINEZ	00:48:39	00:04:04	00:48:31	00:04:03	00:30:01	SAR-VERMU PETRONI	PORTO DO SON
128	1670 JAVIER	OTERO ESPINEIRA	00:48:39	00:04:04	00:48:28	00:04:03	00:29:44		SANTIAGO
129	332 DAVID TOVIAS	VILLAR COUTO	00:48:42	00:04:04	00:48:32	00:04:03	00:30:26		BOQUEIXON
130	3657 CARLOS	CASTRILLON CRESPO	00:48:47	00:04:04	00:48:33	00:04:03	00:30:30		CORUÑA
131	3856 SUSO	QUEIRUGA TRIÑANES	00:48:48	00:04:04	00:48:21	00:04:02	00:30:41		PORTO DO SON
132	442 JOSÉ RAMÓN	RODRÍGUEZ BELLO	00:48:49	00:04:05	00:48:36	00:04:03	00:30:16		TRAZO
133	3585 MANUEL	FIGUEIRA PEREZ	00:48:49	00:04:05	00:48:42	00:04:04	00:30:02	SAR-VERMU PETRONI	PADRÓN
134	3208 CARLOS	LEMA PORTEIRO	00:48:51	00:04:05	00:48:42	00:04:04	00:30:06	AD JARNACHAS	CARBALLO
135	3627 DAVID	ARIAS QUINTEIRO	00:48:51	00:04:05	00:48:24	00:04:02	00:31:08	WHERE IS THE CHANDAL?	VILAGARCIA DE AROUSA
136	3683 LUÍS	GÓMEZ ALDEGUNDE	00:48:51	00:04:05	00:48:42	00:04:04	00:30:08		O CORGO
137	3672 CARLOS JESÚS	RODRIGUEZ REY	00:48:52	00:04:05	00:48:34	00:04:03	00:30:38		SANTIAGO DE COMPOSTELA
138	4009 JOSE A.	FUENTES SAYAR	00:48:53	00:04:05	00:48:44	00:04:04	00:30:17	CLUB DEPORTIVO PINARIUM	MARIN
139	3673 JAVIER	BLANCO BLANCO	00:48:56	00:04:05	00:48:51	00:04:05	00:30:03		A CORUÑA
140	3158 KIKO	GARCIA ABALO	00:48:59	00:04:05	00:48:58	00:04:05	00:29:29		SANTIAGO
141	3647 JUAN CARLOS	DIÉGUEZ TEIJEIRO	00:48:59	00:04:05	00:48:48	00:04:04	00:30:28		CAMBRE
142	181 JUAN	ARUFE SANTAMARIA	00:49:00	00:04:05	00:48:16	00:04:02	00:30:42	CLUB ATLETISMO NOIA	PORTO DO SON
143	3491 ANTONIO	FERNÁNDEZ CABEZAS	00:49:00	00:04:05	00:48:41	00:04:04	00:30:57	IBERISAC FALTA P@CO	VIGO
144	1623 RENATO	FERNÁNDEZ GARCÍA	00:49:01	00:04:06	00:49:01	00:04:06	00:30:31	LA GRAMOLA GTR	LALIN
145	3450 DAVID	LOSADA CARRIL	00:49:02	00:04:06	00:48:57	00:04:05	00:30:42	CLUBE ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
146	219 PAULO JORGE	MONTEIRO	00:49:05	00:04:06	00:49:02	00:04:06	00:30:11	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
147	3705 FERNANDO	CASTRO PAREDES	00:49:05	00:04:06	00:48:52	00:04:05	00:31:02		TAPIA DE CASARIEGO
148	3109 JOSE MANUEL	RAMOS VAZQUEZ	00:49:09	00:04:06	00:49:04	00:04:06	00:30:05	OURENRUNNING	SUIZA
149	148 ROGER	SUAREZ DOSIL	00:49:10	00:04:06	00:48:52	00:04:05	00:30:24	ATLETISMO FONTES DO SAR	SUIZA
150	144 ADOLFO	CARBALLO PENELA	00:49:11	00:04:06	00:48:59	00:04:05	00:30:53	ATLETISMO A ESTRADA	A ESTRADA
151	3548 JOSE MANUEL	TOLEDO ESTEVEZ	00:49:11	00:04:06	00:49:05	00:04:06	00:30:28	PATO BLANCO CELANOVA	CELANOVA
152	3625 JUAN JOSE	BUGALLO FUENTES	00:49:13	00:04:07	00:49:05	00:04:06	00:30:51	USBA MORILLO	CUNTIS
153	3378 FRANCISCO RAMON	BLANCO PAN	00:49:15	00:04:07	00:49:09	00:04:06	00:30:43	CLUB ATLETISMO OUTES - JOHN TURKEY	NOIA
154	135 PATO	MARTI PATIÑO	00:49:16	00:04:07	00:49:00	00:04:05	00:30:42	ARTROGAL-TRI498	NOIA
155	3173 EMILIO	MARTINEZ NUÑEZ	00:49:18	00:04:07	00:49:08	00:04:06	00:30:29		LUGO
156	3264 JESÚS	LÓPEZ VILLAVERDE	00:49:21	00:04:07	00:49:10	00:04:06	00:31:03	ATLETISMO A ESTRADA	FORCAEI
157	3228 CESAR	FERNANDEZ BLANCO	00:49:22	00:04:07	00:49:09	00:04:06	00:30:36	ASOCIACIÓN DEPORTIVA C.A.R	REDONDELA
158	3207 JAVIER	SÁNCHEZ LÓPEZ	00:49:23	00:04:07	00:49:14	00:04:07	00:30:40	ABRENTE LUGO	LUGO
159	3616 JOSE ANTONIO	VEIGA MOSQUERA	00:49:25	00:04:08	00:49:22	00:04:07	00:30:08	TRIATLON SANTIAGO	ORDES
160	3624 FERNANDO	CAMPOS MURAS	00:49:27	00:04:08	00:49:20	00:04:07	00:30:51	USBA GENERAL MORILLO	PONTEVEDRA
161	3521 MIGUEL	MOSCOSO LISTE	00:49:27	00:04:08	00:49:20	00:04:07	00:30:02	NDORFINA SPORTS	SANTIAGO DE COMPOSTELA
162	3678 JAVIER	CUPEIRO FRADE	00:49:29	00:04:08	00:49:03	00:04:06	00:30:41		A CORUÑA
163	3500 AURELIO	VERGARA CASTRO	00:49:29	00:04:08	00:48:58	00:04:05	00:30:59	LAMARGHA-AUTOTODO	CELANOVA
164	3284 JUAN JESÚS	TAJES MAYO	00:49:29	00:04:08	00:49:19	00:04:07	00:30:58	ATLETISMO FONTES DO SAR	ESTEIRO
165	323 MANUEL	COSTA CASTRO	00:49:30	00:04:08	00:49:15	00:04:07	00:30:41		SANTIAGO
166	339 MIGUEL ANGEL	ZAS MANEIRO	00:49:31	00:04:08	00:49:09	00:04:06	00:31:24		SANTIAGO DE COMPOSTELA
167	3054 ANTONIO	ILLOBRE JIMENEZ	00:49:33	00:04:08	00:49:21	00:04:07	00:30:39	CLUB ATLETISMO SADA	VALENCIA
168	3818 FRANCISCO JAVIER	FERNÁNDEZ FERNÁNDEZ	00:49:37	00:04:09	00:49:09	00:04:06	00:31:15		ZAMORA
169	3664 GELASIO	RODRIGUEZ IGLESIAS	00:49:37	00:04:09	00:49:09	00:04:06	00:30:50		OURENSE

170	3556 XAQUÍN	CASTRO IGLESIAS	00:49:38	00:04:09	00:49:21	00:04:07	00:30:41	PORCOS BRAVOS	LUGO
171	3528 FRANCISCO M.	MENDEZ QUINTELA	00:49:39	00:04:09	00:49:30	00:04:08	00:31:40	NOITEBRA FC	SANTIAGO DE COMPOSTELA
172	3247 FRANCISCO	REY PADIN	00:49:42	00:04:09	00:49:13	00:04:07	00:31:01	ATENAS RUNNING VDA	VILLAGARCIA DEAROUSA
173	3011 PEDRO PABLO	OUTEREO COUSIÑO	00:49:42	00:04:09	00:49:14	00:04:07	00:31:02	ATENAS RUNNING VDA	VIGO
174	3351 PEDRO PABLO	BERNÁRDEZ FERREIRÓS	00:49:42	00:04:09	00:49:15	00:04:07	00:30:58	CLUB ATENAS RUNNING VILAGARCÍA	VILAGARCÍA DE AROUSA
175	3293 JOSÉ CARLOS	GONZÁLEZ GONZÁLEZ	00:49:43	00:04:09	00:49:37	00:04:09	00:31:04	ATLETISMO FONTES DO SAR	NOYA
176	342 JOSEMARIA	RODRIGUEZ FERNANDEZ	00:49:48	00:04:09	00:49:35	00:04:08	00:30:50		SANTIAGO
177	3623 JUAN JESUS	SUAREZ COSTA	00:49:51	00:04:10	00:49:43	00:04:09	00:30:52	USBA GENERAL MORILLO	VIMIANZO
178	413 RUI	FERREIRA	00:49:53	00:04:10	00:49:46	00:04:09	00:30:47		PORTO
179	3198 MIGUEL ÁNGEL	DÍAZ BARBA	00:49:54	00:04:10	00:49:46	00:04:09	00:30:58	A. D. LIMIACTIVA	XINZO DE LIMIA
180	581 GABRIEL	GONZALEZ EIROA	00:49:59	00:04:10	00:49:26	00:04:08	00:31:22		LA CORUÑA
181	3555 JUAN JAVIER	LAREO CREO	00:50:00	00:04:10	00:49:38	00:04:09	00:30:55	PONTE TRAIL	SAN SEBASTIAN
182	3711 JOSÉ	CARBALLEIRA PUÑAL	00:50:02	00:04:11	00:49:50	00:04:10	00:30:36		SANTIAGO
183	3686 JOSÉ LUIS	REQUEJO RODRÍGUEZ	00:50:02	00:04:11	00:49:33	00:04:08	00:31:35		OURENSE
184	3341 DAVID	LOSADA CONDE	00:50:02	00:04:11	00:49:52	00:04:10	00:31:01	CASTROTRAIL	OURENSE
185	3695 STOIL	NIKOLOV NIKOLOV	00:50:08	00:04:11	00:49:59	00:04:10	00:31:44		SOFIA (BULGARIA)
186	3034 RUBEN	VILA SIEIRA	00:50:09	00:04:11	00:50:01	00:04:11	00:32:47	C.D. EGOVARROS-VIVEIRO	BOIRO
187	3174 F. JAVIER	BARREIRO CORDEIRO	00:50:13	00:04:12	00:49:41	00:04:09	00:31:41		SANTA COMBA
188	44 DAVID	CARRIZO GONZALEZ	00:50:14	00:04:12	00:50:01	00:04:11	00:30:57	CLUB DEPORTIVO VAGALUME ENERGÍA	OVIEDO
189	3759 JOSÉ ANTONIO	RODRÍGUEZ ARTOLAZÁBAL	00:50:14	00:04:12	00:49:51	00:04:10	00:31:29		MADRID
190	164 MANUEL	VIEITES RODRIGUEZ	00:50:16	00:04:12	00:50:06	00:04:11	00:31:41	C.C. OS ESFLA ARRÓS	SANTIAGO
191	3235 XABIER	VARELA LOPEZ	00:50:24	00:04:12	00:49:59	00:04:10	00:31:54	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
192	3742 JOSÉ	GONZÁLEZ AQUINO	00:50:25	00:04:13	00:49:58	00:04:10	00:31:26		MARÍN
193	486 OSCAR	LAMAS BALBOA	00:50:27	00:04:13	00:49:58	00:04:10	00:31:35		CARBALLO
194	3571 FRANCISCO JAVIER	GONZÁLEZ LEDO	00:50:31	00:04:13	00:50:24	00:04:12	00:30:44	RUNNING OLEIROS	A CORUÑA
195	3690 JAVIER	LOPEZ PIÑEIRO	00:50:35	00:04:13	00:50:25	00:04:13	00:31:31		SANTIAGO
196	141 MANOLO	FOLGOSO ROCHA	00:50:35	00:04:13	00:50:23	00:04:12	00:31:00	ATLETAS VETERANOS OURENSE	OURENSE 5
197	3386 JUAN	GALÁN PRESAS	00:50:35	00:04:13	00:50:20	00:04:12	00:31:51	CLUB ATLETISMO SADA	A CORUÑA
198	447 SANTIAGO	BOUZON ALEJANDRO	00:50:38	00:04:14	00:50:14	00:04:12	00:31:29		SANTIAGO
199	3213 MIGUEL	MIRANTES MIRANTES	00:50:39	00:04:14	00:50:26	00:04:13	00:31:43	AFIN	LEÓN
200	3662 FRANCISCO JAVIER	GARCIA PALLEIRO	00:50:41	00:04:14	00:50:24	00:04:12	00:31:32		A CORUÑA
201	477 JOSÉ ANTONIO	SERRANO REMUIÑAN	00:50:41	00:04:14	00:50:13	00:04:12	00:31:36		CARBALLO
202	394 JUAN MIGUEL	IGLESIAS SUAREZ	00:50:43	00:04:14	00:50:18	00:04:12	00:31:28		TOURO
203	86 JOSÉ MANUEL	DEL RIO NOYA	00:50:48	00:04:14	00:50:31	00:04:13	00:31:22		SANTIAGO
204	1114 JUAN JOSÉ	NOYA RODRÍGUEZ	00:50:50	00:04:15	00:49:38	00:04:09	00:32:30		A BAÑA
205	3693 JAVIER	FREAN FERNANDEZ	00:50:51	00:04:15	00:50:37	00:04:14	00:31:46		A CORUÑA
206	453 MANUEL	OTERO AIRA	00:50:55	00:04:15	00:50:40	00:04:14	00:31:46		SANTIAGO
207	3325 CARLOS	GARCÍA AMIGO	00:50:57	00:04:15	00:50:42	00:04:14	00:31:55	C.A.R. MARISQUEIRO	A CORUÑA
208	3482 DANIEL	LOPEZ CANTO	00:50:58	00:04:15	00:50:44	00:04:14	00:31:44	ESCUELA ATLETICA LUCENSE	BARCELONA
209	3607 FRANCISCO JAVIER	IGLESIAS PRADO	00:50:59	00:04:15	00:50:47	00:04:14	00:31:49	TRIATLON ARCADE INFORHOUSE SANTIAGO	A CORUÑA
210	3312 JUSTI	ANDRES	00:51:01	00:04:16	00:50:44	00:04:14	00:32:03	ATLETISMO TUI- THERMALIA	TUI
211	24 LUIS	PARADA GARCIA	00:51:02	00:04:16	00:50:55	00:04:15	00:31:26	AAD BARBANZA	POBRA DO CARAMIÑAL
212	21 MANUEL	LORENZO QUEIRUGA	00:51:03	00:04:16	00:51:00	00:04:15	00:30:55	3 & RUN	PORTO DO SON
213	4142 LUIS	TAJES CANOSA	00:51:04	00:04:16	00:50:53	00:04:15	00:31:06		CAMARIÑAS
214	3757 JOSÉ	FUNGUEIRIÑO RAMOS	00:51:06	00:04:16	00:50:48	00:04:14	00:32:09		TARAGOÑA
215	3201 ROBERTO	PEREZ ZARRAQUIÑOS	00:51:07	00:04:16	00:50:58	00:04:15	00:31:37	A. D. LIMIACTIVA	EDE(HOLANDA)
216	3399 JOSÉ MANUEL	PEREZ IGLESIAS	00:51:08	00:04:16	00:50:46	00:04:14	00:32:08	CLUB ATLETISMO TORTUJAS - TOMIÑO	NIGRÁN
217	3586 EVARISTO	GARCIA MARTINEZ	00:51:08	00:04:16	00:51:01	00:04:16	00:31:46	SAR-VERMU PETRONI	ROIS
218	3425 LUCIANO	ESPINO LOPEZ	00:51:09	00:04:16	00:50:47	00:04:14	00:32:15	CLUB MONTEPENARUBIA LUGO	FOLGOSO DE COUREL
219	3366 ALBERTO	VARELA NUÑEZ	00:51:10	00:04:16	00:50:57	00:04:15	00:31:45	CLUB ATLETISMO MILLADOIRO SANTIAGO	SANTIAGO DE COMPOSTELA
220	284 MANUEL	MARTINEZ SESTAYO	00:51:11	00:04:16	00:50:49	00:04:15	00:32:14	TARTARUGAS	MUROS
221	167 JUAN LUIS	CALLON CAMEAN	00:51:11	00:04:16	00:50:57	00:04:15	00:32:10	C.D. RIA DE AROUSA O GROVE	LA PUEBLA DEL CARAMIÑAL
222	3285 JUANMA	MATA	00:51:11	00:04:16	00:51:03	00:04:16	00:30:51	ATLETISMO FONTES DO SAR	SANTIAGO
223	3301 MIGUEL ANGEL	VILABOY ROMERO	00:51:12	00:04:16	00:50:48	00:04:14	00:32:21	ATLETISMO OLYMPO	AS PONTES
224	3643 FERNANDO	NÚÑEZ POL	00:51:13	00:04:17	00:51:05	00:04:16	00:30:23		A CORUÑA

225	166 FRANCISCO JOSÉ	PÉREZ MEIS	00:51:13	00:04:17	00:50:58	00:04:15	00:32:09	C.D. RIA DE AROUSA O GROVE	O GROVE	
226	1857 GUILLERMO	CRiado CAO	00:51:14	00:04:17	00:50:50	00:04:15	00:32:23		MUGARDOS	
227	266 RICARDO	AMENEDO GONZÁLEZ	00:51:14	00:04:17	00:50:49	00:04:15	00:32:04	PASA OU ENTORNA	REDES	
228	1674 JUAN	JAMARDO MIGUENS	00:51:15	00:04:17	00:50:59	00:04:15	00:31:54		PADRON	
229	1842 JULIO	RODRÍGUEZ FERNÁNDEZ	00:51:15	00:04:17	00:51:02	00:04:16	00:31:52		FIRMISTANS - AMES	
230	3411 ANGEL MANUEL	RODAL DIZ	00:51:20	00:04:17	00:51:09	00:04:16	00:32:10	CLUB DEPORTIVO PINARIUM	MARIN	
231	1646 MÁRIO	RODRIGUES	00:51:21	00:04:17	00:51:15	00:04:17	00:31:42	G.D.R.-GRANJA-TRUTAS DO MAU	VILA NOVA DE PAIVA	
232	408 PABLO	CASTRO FUENTES	00:51:22	00:04:17	00:51:07	00:04:16	00:31:23		SAINT PRIEST	
233	336 MARCOS	SANCHEZ LIÑARES	00:51:22	00:04:17	00:51:15	00:04:17	00:31:29		ORDES	
234	3675 ANTONIO	DE LA MATA GARCIA	00:51:22	00:04:17	00:50:57	00:04:15	00:32:21		MADRID	
235	3350 LINO	VÁZQUEZ GONZALEZ	00:51:23	00:04:17	00:50:04	00:04:11	00:32:22	CÍE GALFOR	OURENSE	
236	162 SECHU	GARCIA NUÑEZ	00:51:24	00:04:17	00:50:38	00:04:14	00:32:26	C.A. NOIA	NOIA	
237	3327 ALBERTO	FIGUEIRO ALFONSO	00:51:26	00:04:18	00:51:11	00:04:16	00:32:09	C.D. RIA DE AROUSA O GROVE		09/12/1972
238	3403 JOSE RAMON	CAROU FERNANDEZ	00:51:29	00:04:18	00:50:56	00:04:15	00:32:04	CLUB BTT TRIATLON O TREITO	ESTEIRO	
239	3958 KIKO	ROMERO PARADA	00:51:30	00:04:18	00:51:16	00:04:17	00:32:16	BARBANTIA RODA	BOIRO	
240	3508 MIGUEL ÁNGEL	FERNÁNDEZ NÓVOA	00:51:31	00:04:18	00:51:18	00:04:17	00:31:23	MARINEDA ATLÉTICO	PUEBLA DE TTRIVES	
241	3754 FRAN	IGLESIAS VILA	00:51:32	00:04:18	00:51:00	00:04:15	00:32:21		TABOADELA	
242	466 CARLOS	IGLESIAS REY	00:51:32	00:04:18	00:50:16	00:04:12	00:32:37		SANTIAGO	
243	3353 JORGE	RANDOLFE VARELA	00:51:33	00:04:18	00:50:59	00:04:15	00:32:26	CLUB ATLETISMO CHANTADA	BADALONA-BARCELONA.	
244	3843 MANUEL JAVIER	MARCOS PIÑEIRO	00:51:34	00:04:18	00:51:17	00:04:17	00:31:44		A CORUÑA	
245	3231 JOSÉ ANTONIO	VÁZQUEZ FERNÁNDEZ	00:51:34	00:04:18	00:51:09	00:04:16	00:32:12	ASOCIACION DEPORTIVA CERNE	PALAS DE REI	
246	3455 SENEN RODRIGO	VILLARINO PAZ	00:51:38	00:04:19	00:51:18	00:04:17	00:31:47	CLUBE ATLETISMO VILALBA	VILALBA	
247	3621 JAVIER	DÍAZ ARAÚJO	00:51:40	00:04:19	00:50:49	00:04:15	00:32:39	TROPA DO CARALLO	OURENSE	
248	108 PIO	IGLESIAS CARRERA	00:51:41	00:04:19	00:51:36	00:04:18	00:31:36		OURENSE	
249	436 EDUARDO	IGLESIAS PARDAL	00:51:41	00:04:19	00:51:25	00:04:18	00:32:26		SANTIAGO DE COMPOSTELA	
250	3595 MANUEL	PUENTE VEIGA	00:51:45	00:04:19	00:51:34	00:04:18	00:32:11	SOLORUNNERS CORUÑA	A CORUÑA	
251	3676 CARLOS	FERNANDEZ SANCHEZ	00:51:51	00:04:20	00:51:44	00:04:19	00:31:53		SANTIAGO DE COMPOSTELA	
252	3133 ÓSCAR	DÍAZ FORTUNA	00:51:51	00:04:20	00:51:36	00:04:18	00:32:08	SÍGUEME SI PUEDES	FERROL	
253	3424 ALBERTO	BLANCO CASTIÑEIRA	00:51:52	00:04:20	00:51:33	00:04:18	00:32:40	CLUB MONTEPENARUBIA LUGO	LUGO	
254	3465 MANUEL	VARELA VILA	00:51:53	00:04:20	00:51:39	00:04:19	00:32:22	CORREDORES POPULARES ARMADA FERROL	FENE	
255	3551 ROBERTO	MIRANDA RIVERO	00:51:53	00:04:20	00:51:12	00:04:16	00:32:29	PATO BLANCO CELANOVA	CELANOVA	
256	3761 JUAN MANUEL	MARTÍNEZ MARTÍNEZ	00:51:55	00:04:20	00:51:17	00:04:17	00:32:31		ESTEIRO	
257	3342 GUSTAVO	EXPOSITO GOMEZ	00:51:55	00:04:20	00:51:34	00:04:18	00:32:08	CC LAMPREA	GONDOMAR	
258	3597 JOSE CARLOS	REBOREDO FRAGA	00:51:55	00:04:20	00:51:44	00:04:19	00:31:59	TAMBRE BIKE RUNING	OROSO	
259	3456 MARCOS	ROUCO SOUTO	00:51:55	00:04:20	00:51:35	00:04:18	00:32:05	CLUBE ATLETISMO VILALBA	FERROL	
260	707 JOSE ARTURO	PIÑEIRO REY	00:52:04	00:04:21	00:51:39	00:04:19	00:32:38	BARBANTIA RODA S.D	BOIRO	
261	3324 CARLOS	CID COELLO	00:52:05	00:04:21	00:51:49	00:04:20	00:32:30	C.A.R. MARISQUEIRO	EIBAR	
262	3658 CESAR	PACHECO LEINS	00:52:06	00:04:21	00:51:46	00:04:19	00:32:18		PONTEVEDRA	
263	1049 JAVIER	QUINTANS BERRIDE	00:52:06	00:04:21	00:51:49	00:04:20	00:31:28		VILLAGARCIA	
264	1841 PABLO	MÉNDEZ TOURAL	00:52:06	00:04:21	00:51:46	00:04:19	00:32:13	ZEPPELIN TORGUESA FINFLOOR	PALAS DE REY	
265	3461 ALBERTO	LOPEZ PRADO	00:52:07	00:04:21	00:51:41	00:04:19	00:32:37	CORRE POR BEGONTE	MADRID	
266	273 RAFA	HERNÁNDEZ NAVEIRO	00:52:10	00:04:21	00:51:33	00:04:18	00:32:39	S D BARBANTIA RODA	RIANXO	
267	318 ENRIQUE	MARTINEZ HAYNES	00:52:11	00:04:21	00:51:49	00:04:20	00:32:01		SANTIAGO	
268	3733 ALFONSO	FERNANDEZ DOMÍNGUEZ	00:52:12	00:04:21	00:52:08	00:04:21	00:32:35		O GROVE	
269	467 CARLOS	PIÑEIRO ESPERANTE	00:52:14	00:04:22	00:51:51	00:04:20	00:32:41		SANTIAGP	
270	113 SERGIO	SOUTO VAZQUEZ	00:52:15	00:04:22	00:52:01	00:04:21	00:32:40		SANTIAGO	
271	3467 RAMON	BARREIRO LOBATO	00:52:18	00:04:22	00:52:06	00:04:21	00:32:50	CUB ATENAS	CATOIRA	
272	71 MIGUEL	LAMELA MÉNDEZ	00:52:20	00:04:22	00:51:55	00:04:20	00:32:35	SAN FINS FLYERS	A CORUÑA	
273	3318 ALFONSO	CANOSA BLANCO	00:52:22	00:04:22	00:52:17	00:04:22	00:32:07	C D OLIMPIA	CEE- A CORUÑA	
274	3215 BENITO	PIÑEIRO ABEIJON	00:52:22	00:04:22	00:52:01	00:04:21	00:32:45	AGRUPACION DEPORTIVA ATLETES	MUROS	
275	3216 VICTORIANO	RAMOS BENITO	00:52:23	00:04:22	00:51:48	00:04:19	00:33:16	AGRUPACIÓN DEPORTIVA NTRA SRA DE LOS REMEDI	SANTIAGO DE COMPOSTELA	
276	523 JAVIER	TABOADA GARCIA	00:52:25	00:04:23	00:51:40	00:04:19	00:33:10		SANTIAGO DE COMPOSTELA	
277	98 EVARISTO	GIL PERISCAL	00:52:27	00:04:23	00:52:19	00:04:22	00:31:39		CARBALLO	
278	92 TONO	RODRÍGUEZ FRAGUELA	00:52:29	00:04:23	00:52:26	00:04:23	00:32:14		CEDEIRA	
279	3477 SERGIO	MARTINEZ ALONSO	00:52:32	00:04:23	00:52:18	00:04:22	00:33:12	ESCOLA ATLÉTICA LUCENSE	A CORUÑA	

280	3259	BENITO	NORES GOMEZ	00:52:33	00:04:23	00:52:12	00:04:21	00:32:25	ATLETAS VETERANOS OURENSE	OURENSE
281	291	PRIMITIVO	CALVO ROO	00:52:33	00:04:23	00:52:18	00:04:22	00:32:49	URBAN RUNNERS CLUB SANTIAGO	LOUSAME
282	3862	ANGEL	FERNÁNDEZ VIDAL	00:52:33	00:04:23	00:52:20	00:04:22	00:32:46		MUROS
283	337	FRANCISCO JOSE	CALVETE GOMEZ	00:52:33	00:04:23	00:52:18	00:04:22	00:32:51		A CORUÑA
284	3869	RICARDO	RODRÍGUEZ PIÑEIRO	00:52:34	00:04:23	00:52:22	00:04:22	00:32:37		CAMBADOS
285	169	ROBERTO	BREY MATO	00:52:35	00:04:23	00:52:15	00:04:22	00:32:50	CAI A ESTRADA	A ESTRADA
286	3972	ANTONIO	DA SILVA	00:52:35	00:04:23	00:52:02	00:04:21	00:33:04	CARBALLEIRA RUNNING	PAREDES
287	3552	FELISINDO	CORBILLON TRIGO	00:52:39	00:04:24	00:52:14	00:04:22	00:32:29	PATO BLANCO CELANOVA	A BOLA
288	3799	GUILLERMO	MATEOS GARCÍA	00:52:44	00:04:24	00:52:32	00:04:23	00:32:46		PONFERRADA
289	3756	FRANCISCO MIGUEL	GÓMEZ RIVERA	00:52:44	00:04:24	00:52:39	00:04:24	00:32:37		PONTEVEDRA
290	3492	JORGE	CORREAL CAGIAO	00:52:44	00:04:24	00:51:53	00:04:20	00:33:16	JIMBARÁN RUNNING	SANTIAGO DE COMPOSTELA
291	3363	AGOSTIÑO	ABEIJON GOMES	00:52:46	00:04:24	00:52:05	00:04:21	00:32:57	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	FAMALICAO
292	161	LUCHO	GARCIA IGLESIAS	00:52:46	00:04:24	00:52:05	00:04:21	00:32:57	BTT TRIATLON O TREITO	NOIA
293	3459	JOSE LUIS	FREIRE REGUEIRO	00:52:48	00:04:24	00:52:23	00:04:22	00:33:17	CORRE POR BEGONTE	RABADE
294	232	PEDRO	PAZOS CARBÓN	00:52:50	00:04:25	00:52:29	00:04:23	00:33:45	FONTES DO SAR	SANTIAGO
295	440	JESUS	BEIS CABANAS	00:52:56	00:04:25	00:52:41	00:04:24	00:33:01		O PINO
296	3880	MIGUEL ÁNGEL	BREA LÓPEZ	00:52:56	00:04:25	00:52:05	00:04:21	00:33:06		VILA DE CRUCES
297	3205	JOSE MANUEL	GONZALEZ SALGADO	00:52:56	00:04:25	00:52:28	00:04:23	00:33:14	A.D. CERNE	MELIDE
298	811	XULIO	SUÁREZ BRENLLA	00:52:57	00:04:25	00:52:25	00:04:23	00:32:40	OEA	NEGREIRA
299	441	JOSE JAVIER	MONTERROSO PRIETO	00:52:57	00:04:25	00:52:21	00:04:22	00:33:26		RIBEIRA
300	3740	LINO	ESPIÑEIRA CASTRO	00:52:58	00:04:25	00:52:32	00:04:23	00:33:05		FRADES
301	309	FERNANDO	VILLA VIEIRO	00:52:58	00:04:25	00:52:50	00:04:25	00:31:39		SANTIAGO
302	3260	BENITO	BOUZADA BLANCO	00:52:59	00:04:25	00:52:38	00:04:24	00:32:22	ATLETAS VETERANOS OURENSE	OURENSE
303	479	JOSE MANUEL	OTERO LOPEZ	00:53:00	00:04:25	00:52:56	00:04:25	00:32:13		SANTIAGO
304	1089	JOSE MANUEL	JUNCAL SANTOS	00:53:00	00:04:25	00:52:20	00:04:22	00:33:16		SANTIAGO
305	1073	JOSE ANTONIO	GIGIREY AMADO	00:53:00	00:04:25	00:52:19	00:04:22	00:33:14		SANTIAGO
306	551	MANUEL	LEAL GÓMEZ	00:53:00	00:04:25	00:52:34	00:04:23	00:33:27		VILA DE CRUCES
307	3291	JOSE ANTONIO	VALIÑO CES	00:53:02	00:04:26	00:52:41	00:04:24	00:33:43	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
308	4493	JOSE MANUEL	GONZÁLEZ CHAYAN	00:53:06	00:04:26	00:52:21	00:04:22	00:33:09	VETERAN@S DE GALICIA	CAMPO LAMEIRO
309	3131	JOSE ANTONIO	ALVAREZ OTERO	00:53:06	00:04:26	00:53:04	00:04:26	00:29:32	SERVICIO	VIGO
310	3232	GONZALO	MATO ARMAS	00:53:07	00:04:26	00:52:41	00:04:24	00:32:54	ASOCIACION DEPORTIVA CERNE	PALAS DE REI
311	438	IVÁN	OTERO CERVERÓ	00:53:09	00:04:26	00:52:34	00:04:23	00:33:11		A CORUÑA
312	751	RUBEN	MENÉNDEZ FERNÁNDEZ	00:53:09	00:04:26	00:52:35	00:04:23	00:33:11	CLUB DEPORTIVO GAS NATURAL FENOSA	GIJON
313	3449	DIEGO	GONZALEZ CAMARGO	00:53:09	00:04:26	00:52:36	00:04:23	00:33:27	CLUBE ATLETISMO FENE	BUENOS AIRES
314	101	JAVIER	RIVAS BEIS	00:53:13	00:04:27	00:53:05	00:04:26	00:32:21		SANTIAGO DE COMPOSTELA
315	275	JOSE CARLOS	LÓPEZ OUTEIRAL	00:53:14	00:04:27	00:52:36	00:04:23	00:33:04	S.D. BARBANTIA RODA	BOIRO
316	3564	GUILLERMO	CORTÉS FERNÁNDEZ	00:53:14	00:04:27	00:53:07	00:04:26	00:32:37	RECTA FINAL-TOSCAF	LUARCA
317	4203	ALBERTO	RODRÍGUEZ IGLESIAS	00:53:18	00:04:27	00:52:42	00:04:24	00:33:19		OURENSE
318	3484	JOSE MARIA	LEVOSO TOUCEDA	00:53:18	00:04:27	00:52:52	00:04:25	00:33:01	ESPRINTES OURENSE	BARBANTES - ESTACION (CENLLE - OURENSE)
319	3659	FELIX	QUINTANS MELENDEZ	00:53:20	00:04:27	00:53:03	00:04:26	00:34:01		A CORUÑA(SANTA CRUZ -OLEIROS)
320	496	ANGEL	GARCIA GONZALEZ	00:53:21	00:04:27	00:52:55	00:04:25	00:33:20		SANTIAGO DE COMPOSTELA
321	3665	GIOVANNI	QUINTANS MELÉNDEZ	00:53:22	00:04:27	00:53:05	00:04:26	00:33:05		A CORUÑA
322	3875	ALBERTO	BRAGADO RODRIGUEZ	00:53:23	00:04:27	00:52:35	00:04:23	00:33:37		VIGO
323	1667	ANTONIO	BARRAL LAGO	00:53:29	00:04:28	00:52:56	00:04:25	00:33:33		TOURO
324	545	JULIO	MANEIRO SAMPEDRO	00:53:30	00:04:28	00:53:04	00:04:26	00:33:30		SANTA UXIA DE RIBEIRA
325	3370	JOSELO	TUBIO MARTINEZ	00:53:32	00:04:28	00:52:45	00:04:24	00:33:49	CLUB ATLETISMO NOIA	NOIA
326	3769	ANGEL	PEREZ SUSAVILA	00:53:33	00:04:28	00:53:13	00:04:27	00:33:26		DODRO
327	922	EDUARDO	FERNÁNDEZ MEGÍA	00:53:35	00:04:28	00:53:03	00:04:26	00:33:27		VIGO
328	3088	ELIGIO JESUS	LAMAS VILA	00:53:36	00:04:28	00:53:21	00:04:27	00:33:11	CORREDORES DO MIÑO	ERMUA
329	3367	JOSÉ	VIDAL RODRÍGUEZ	00:53:42	00:04:29	00:53:16	00:04:27	00:33:36	CLUB ATLETISMO MILLARAIO	LUGO
330	3313	FÉLIX	QUINTERO MARTÍNEZ	00:53:42	00:04:29	00:53:22	00:04:27	00:33:15	ATLETISMO UNIVERSIDADE DE VIGO	SANTIAGO DE COMPOSTELA
331	388	JOSE LUIS	GARCIA ESMORIS	00:53:43	00:04:29	00:52:45	00:04:24	00:34:14		SANTIAGO DE COMPOSTELA
332	3798	ALVARO	PEREIRAS COUTO	00:53:44	00:04:29	00:53:25	00:04:28	00:33:44		BOQUEIXON
333	3203	MANUEL IGNACIO	PEREZ LOPEZ	00:53:44	00:04:29	00:53:37	00:04:29	00:32:50	A.A.D. BARBANZA	BOIRO
334	3703	DAVID	MIRÁS CALVO	00:53:45	00:04:29	00:53:28	00:04:28	00:32:57		SANTIAGO

335	3239	ÁNGEL	GARCÍA REY	00:53:46	00:04:29	00:53:16	00:04:27	00:34:33	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
336	128	BENJAMIN	CARTER	00:53:49	00:04:30	00:53:17	00:04:27	00:33:36	ACADE (ASOCIACIÓN DE CANS DEPORTISTAS)	LONDRÉS
337	3252	LUIS MARCELO	BELLO GOMEZ	00:53:49	00:04:30	00:53:37	00:04:29	00:33:13	ATLETAS DE ACEA DE AMA	MONTEVIDEO
338	844	AITOR	IBÁÑEZ PEREIRO	00:53:50	00:04:30	00:53:01	00:04:26	00:34:07	TRIBU TRAIL	RIBEIRA
339	326	SANTIAGO	SOLETO CEREIJO	00:53:51	00:04:30	00:53:19	00:04:27	00:33:44		PONTEVEDRA
340	4177	LUIS	LOPEZ IGLESIAS	00:53:54	00:04:30	00:53:06	00:04:26	00:33:52		OURENSE
341	1867	FERNANDO ANTONIO	BOUZON OTERO	00:53:54	00:04:30	00:53:34	00:04:28	00:34:48		VIGO
342	1093	JOSE MANUEL	TROITIÑO BOUZA	00:53:56	00:04:30	00:53:48	00:04:29	00:34:03		FERROL
343	489	RUBEN	REY PENA	00:53:56	00:04:30	00:53:38	00:04:29	00:33:28		A CORUÑA
344	4457	XOSE MANUEL	TOUCEDA ABELLEIRA	00:53:59	00:04:30	00:53:41	00:04:29	00:33:17	ATLETICO BERTAMIRANS	LESTROVE
345	3543	MIGUEL ANGEL	SEARA MARTINEZ	00:54:00	00:04:30	00:53:46	00:04:29	00:34:01	OURENRUNNING	OURENSE
346	3200	VÍCTOR HUGO	PÉREZ VELOSO	00:54:01	00:04:31	00:53:41	00:04:29	00:33:47	A. D. LIMIACTIVA	RIBADAVIA
347	1647	J. CARLOS	LADO	00:54:02	00:04:31	00:53:28	00:04:28	00:34:26	INCOR	QUEIRUGA
348	864	JOSE MARIA	DURAN CASAS	00:54:04	00:04:31	00:53:43	00:04:29	00:33:53		SANTIAGO DE COMPOSTELA
349	3266	DIEGO MANUEL	MARTINEZ GONZALEZ	00:54:04	00:04:31	00:53:36	00:04:28	00:34:06	ATLETISMO A GANDARA MONFORTE	MONFORTE DE LEMOS
350	3387	OSCAR	SOLTÓ MUIÑO	00:54:05	00:04:31	00:53:49	00:04:30	00:33:17	CLUB ATLETISMO SADA	A CORUÑA
351	3468	RUBEN	MARTINEZ DEL RIO	00:54:06	00:04:31	00:53:49	00:04:30	00:34:02	DREAM TEAM	SAN SEBASTIAN
352	3423	DIEGO	PRADO BASANTA	00:54:07	00:04:31	00:53:46	00:04:29	00:33:49	CLUB MONTEPENARUBIA LUGO	LUGO
353	3609	CARLOS	MALDONADO GONZÁLEZ	00:54:09	00:04:31	00:53:26	00:04:28	00:35:09	TRIATLON ARCADE INFORHOUSE SANTIAGO	OURENSE
354	338	ANTON	CIMADEVILA GARCIA	00:54:11	00:04:31	00:54:02	00:04:31	00:33:18		SANTIAGO
355	3789	JESUS	ALONSO DA SILVA	00:54:12	00:04:31	00:53:19	00:04:27	00:34:13		TUI
356	692	MANUEL	GONZALEZ ADAN	00:54:13	00:04:32	00:52:55	00:04:25	00:34:26	ATLETISMO DEZA	LALIN
357	1853	LUIS JAVIER	FERNANDEZ OTERO	00:54:13	00:04:32	00:53:34	00:04:28	00:34:03	SAR VERMU PETRONI	PADRON
358	4145	FERNANDO RAFAEL	PARDO SECO	00:54:14	00:04:32	00:53:52	00:04:30	00:34:00		SANTIAGO DE COMPOSTELA
359	3287	SANTIAGO	GOMEZ BEIRO	00:54:16	00:04:32	00:53:41	00:04:29	00:33:52	ATLETISMO FONTES DO SAR	NOIA
360	3839	LUIS	VOCES REBORDINOS	00:54:16	00:04:32	00:53:00	00:04:25	00:34:40		MADRID
361	3380	ÓSCAR	FIGUEIRAS TOREA	00:54:17	00:04:32	00:53:44	00:04:29	00:34:12	CLUB ATLETISMO OUTES JOHN TURKEY	ESTEIRO
362	3748	ANDRES	DIOS REY	00:54:17	00:04:32	00:54:01	00:04:31	00:33:55		RIVEIRA
363	4144	ENRIQUE MANUEL	BREA LOPEZ	00:54:18	00:04:32	00:53:24	00:04:27	00:34:03		TAL-MUROS
364	3501	ALBERTO	CASTRO REBOREDO	00:54:26	00:04:33	00:53:55	00:04:30	00:34:41	LAMARGHA-AUTOTODO	O CARBALLIÑO
365	4287	ROBERTO CARLOS	ESPINOSO VIDE	00:54:27	00:04:33	00:53:55	00:04:30	00:33:19		OURENSE
366	3830	JOSÉ MANUEL	GONZÁLEZ ESTÉVEZ	00:54:29	00:04:33	00:53:46	00:04:29	00:34:43		VIGO
367	3619	JOSÉ ANTONIO	ARAGUNDE DIESTE	00:54:30	00:04:33	00:54:00	00:04:30	00:34:01	TRIATLON VILAGARCÍA/ATENAS RUNNING VDA	VILAGARCÍA DE AROUSA
368	3617	CARLOS	CUSTODIO MARIÑO	00:54:30	00:04:33	00:54:01	00:04:31	00:34:01	TRIATLÓN VILAGARCÍA - ATENAS RUNNING	PADRÓN
369	3731	VICTOR	CAROU COVELO	00:54:31	00:04:33	00:53:21	00:04:27	00:34:56		VIGO
370	4207	ANTONIO	PRIEGUE LEIS	00:54:32	00:04:33	00:54:19	00:04:32	00:33:27		MUROS
371	2002	MIGUEL ÁNGEL	DÍAZ MORÁN	00:54:32	00:04:33	00:54:09	00:04:31	00:33:36	CLUB ATLETISMO MILLARAIO	VIGO
372	509	ENRIQUE	FANDIÑO	00:54:32	00:04:33	00:54:03	00:04:31	00:33:44		BUDIÑO
373	465	ALBERTO ALEJANDRO	VILLAR CONDE	00:54:37	00:04:34	00:53:51	00:04:30	00:33:57		VIGO
374	3413	RAUL	IGLESIAS GONZALEZ	00:54:37	00:04:34	00:54:25	00:04:33	00:33:08	CLUB DEPORTIVO PINARIUM	CUNTIS
375	3791	JOSE JUAN	LOPEZ BECERRA	00:54:38	00:04:34	00:54:24	00:04:32	00:33:44		A CORUÑA
376	3113	XURXO	GÓMEZ VÁZQUEZ	00:54:38	00:04:34	00:54:34	00:04:33	00:33:43	PASA OU ENTORNA	ZURICH
377	3241	JAVIER	IGLESIAS VARELA	00:54:39	00:04:34	00:54:11	00:04:31	00:34:38	ASOCIACIÓN DEPORTIVA CERNE	SANTISO
378	3566	ALEJANDRO	PADÍN TRIÑANES	00:54:39	00:04:34	00:54:24	00:04:32	00:33:53	RIA DE AROUSA	O GROVE
379	3557	ANTONIO	RODRIGUEZ RODRIGUEZ	00:54:41	00:04:34	00:54:06	00:04:31	00:34:13	PRAIA DE CARNOTA - RUNNERS	MUROS
380	4444	JUAN MANUEL	SUÁREZ FEIJOO	00:54:42	00:04:34	00:54:28	00:04:33	00:34:07	MARATÓN NATTEX BARBADÁS	OURENSE
381	550	MANUEL	TORRES BAUTIS	00:54:44	00:04:34	00:53:57	00:04:30	00:34:37		SANTIAGO DE COMPOSTELA
382	4224	ESTEBAN	FERNANDEZ ALVAREZ	00:54:44	00:04:34	00:53:57	00:04:30	00:33:51		OURENSE
383	452	JOSE MANUEL	GARCIA ARES	00:54:45	00:04:34	00:54:25	00:04:33	00:34:23		AMRISWIL
384	773	BERNARDO	PICADO RIVEIRA	00:54:49	00:04:35	00:53:44	00:04:29	00:34:25	CORRECAMIÑOS BETANZOS	BETANZOS
385	3874	JORGE	BLANCO FERNANDEZ	00:54:50	00:04:35	00:54:34	00:04:33	00:34:06		A CORUÑA
386	356	DIEGO	RODRIGUEZ VIDAL	00:54:51	00:04:35	00:53:15	00:04:27	00:34:37		CORÓN
387	3715	JUAN MANUEL	BAUTIS OTERO	00:54:53	00:04:35	00:54:46	00:04:34	00:34:07		SANTIAGO
388	1800	JOSE	RUBAL GARCIA	00:54:53	00:04:35	00:53:53	00:04:30	00:34:16		OURL
389	1016	FERNANDO	PENAS VIDAL	00:54:55	00:04:35	00:54:11	00:04:31	00:34:57		SANTIAGO DE COMPOSTELA

390	1840	JOSE ANTONIO	GRAÑA SANTACLARA	00:54:57	00:04:35	00:54:08	00:04:31	00:34:56		
391	4282	ALEJANDRO	FERREIRO VARELA	00:55:00	00:04:35	00:54:19	00:04:32	00:34:15		LUGO
392	3373	TONI	REY COSTA	00:55:00	00:04:35	00:54:36	00:04:33	00:33:46	CLUB ATLETISMO OLYMPO	NEDA
393	468	DANIEL	SÁNCHEZ ROMERO	00:55:02	00:04:36	00:54:30	00:04:33	00:34:34		A CORUÑA
394	601	FERNANDO	REY FIGUEIRAS	00:55:03	00:04:36	00:54:30	00:04:33	00:34:26		CALDAS DE REIS
395	3747	ALVARO	VAZQUEZ ALVAREZ	00:55:03	00:04:36	00:54:49	00:04:35	00:34:20		OURENSE
396	132	FRANCISCO JAVIER	BERNARDO SÁNCHEZ	00:55:04	00:04:36	00:54:51	00:04:35	00:33:45	ARMENTEIRA E PUNTO	CALDAS DE REÍS
397	3663	FRANCISCO JAVIER	DOMINGUEZ ZUFIAURRE	00:55:05	00:04:36	00:53:04	00:04:26	00:35:18		O ´CARBALLIÑO
398	476	JAVIER	PRIMO FRANCO	00:55:06	00:04:36	00:54:17	00:04:32	00:35:10		SANTIAGO
399	3377	MARCOS ANTONIO	BLANCO FIGUEIRIDO	00:55:07	00:04:36	00:54:37	00:04:34	00:34:51	CLUB ATLETISMO OUTES	NOIA
400	125	MARIO	FERNANDEZ FORMOSO	00:55:07	00:04:36	00:54:48	00:04:34	00:34:40	3 AND RUN	A CORUÑA
401	260	JACOBO	CASTRO LOPEZ	00:55:10	00:04:36	00:53:50	00:04:30	00:34:46	OMR	LUGO
402	246	JOSE MANUEL	LISTE MOURE	00:55:12	00:04:36	00:53:55	00:04:30	00:35:36	LISTE INSTALACIONES	SANTIAGO DE COMPOSTELA
403	3481	MANUEL	ARGIBAY PEREZ	00:55:13	00:04:37	00:53:58	00:04:30	00:35:27	ESCOLA ATLETISMO DEZA	00:52:00
404	516	GENARO	GONZÁLEZ GRAÑA	00:55:17	00:04:37	00:54:28	00:04:33	00:34:55		BUEU
405	4246	JULIAN	RODRIGUEZ GARZON	00:55:19	00:04:37	00:54:26	00:04:33	00:35:01		BARCELONA
406	290	JUAN	LUNA	00:55:20	00:04:37	00:54:32	00:04:33	00:34:17	TRIBU TRAIL	RIBEIRA
407	3562	XOSE FRANCISCO	LEMA RIVADAS	00:55:21	00:04:37	00:54:39	00:04:34	00:35:14	QUESCREM	SANTIAGO DE COMPOSTELA
408	587	ROBERTO	MARTINEZ PADIN	00:55:22	00:04:37	00:54:59	00:04:35	00:34:09		RIBADUMIA
409	3340	CESAR	GONZALEZ SEARA	00:55:26	00:04:38	00:54:24	00:04:32	00:34:35	CASTRO TRAIL	OURENSE
410	1495	MARTÍN	AMADO CASTRO	00:55:27	00:04:38	00:54:25	00:04:33	00:35:25		CORUÑA
411	4245	JUAN IGNACIO	ROSENDE AMOR	00:55:27	00:04:38	00:54:56	00:04:35	00:35:09		FERROL
412	4483	VICENTE	SANMARTIN VIGO	00:55:28	00:04:38	00:55:15	00:04:37	00:34:16	VERXEL NUTRICIÓN DEPORTIVA	GUITIRIZ
413	3777	OSCAR	RODRÍGUEZ FERNÁNDEZ	00:55:30	00:04:38	00:55:07	00:04:36	00:34:20		GUITIRIZ
414	303	FRANCISCO MANUEL	DOMINGUEZ RE CAREY	00:55:32	00:04:38	00:54:53	00:04:35	00:34:47		NOIA
415	3288	CURRO	LOPEZ MARTINEZ	00:55:33	00:04:38	00:54:55	00:04:35	00:34:59	ATLETISMO FONTES DO SAR	FERROL
416	115	XOSE MANUEL	BURES MIGUENS	00:55:34	00:04:38	00:54:44	00:04:34	00:35:14		BOIRO
417	3227	JOSÉ	SAS GOLPE	00:55:34	00:04:38	00:54:50	00:04:35	00:35:24	AS MARIÑAS BETANZOS	BETANZOS
418	475	JAIME	DIAZ FIUZA	00:55:40	00:04:39	00:55:08	00:04:36	00:34:29		A PEROXA
419	4070	ANTONIO	BARREIRO CORDEIRO	00:55:40	00:04:39	00:55:09	00:04:36	00:35:02	MARISCOS RECIO	SANTA COMBA
420	3385	JACINTO	PARGA FERNANDEZ	00:55:42	00:04:39	00:55:23	00:04:37	00:34:36	CLUB ATLETISMO SADA	A CORUÑA
421	3389	FERNANDO	MÍGUEZ SÁNCHEZ	00:55:43	00:04:39	00:55:23	00:04:37	00:34:43	CLUB ATLETISMO SADA	SANTIAGO
422	3850	XOSE MANUEL	LAMAS POSE	00:55:45	00:04:39	00:55:12	00:04:36	00:35:49		SANTIAGO DE COMPOSTELA
423	361	FERNANDO	LAZO PÉREZ	00:55:46	00:04:39	00:55:25	00:04:38	00:34:26		SANTIAGO DE COMPOSTELA
424	4367	SERAFIN	ESTEVEZ SOBRINO	00:55:49	00:04:40	00:54:45	00:04:34	00:35:50		MIXOS(MONTERREY)
425	2008	MANUEL	MIGUÉLEZ VILA	00:55:49	00:04:40	00:55:30	00:04:38	00:34:45		OURENSE
426	155	JUAN	PEÑA BARREIRO	00:55:52	00:04:40	00:55:04	00:04:36	00:34:51	ATLETISMO NOIA	NOIA
427	1478	PABLO	VIAÑO LORENZO	00:55:52	00:04:40	00:55:22	00:04:37	00:35:19		SANTIAGO DE COMPOSTELA
428	4076	JESUS	PEREZ BALIRAC	00:55:52	00:04:40	00:55:09	00:04:36	00:35:19	NOITEBRA FC	LOUSAME
429	3815	F. JAVIER	MUÑOZ PEREIRA	00:55:55	00:04:40	00:55:14	00:04:37	00:35:01		OURENSE
430	1254	MANUEL	PEREZ ALVAREZ	00:55:56	00:04:40	00:55:29	00:04:38	00:34:35		CELANOVA
431	3793	JUAN CARLOS	FERNANDEZ OLIVEIRA	00:55:57	00:04:40	00:55:38	00:04:39	00:33:51		A ESTRADA
432	1022	FRANCISCO	GONZALEZ FERNANDEZ	00:56:01	00:04:41	00:54:36	00:04:33	00:36:42		NOYA
433	1094	JOSE MANUEL	LOZANO PAZOS	00:56:01	00:04:41	00:54:37	00:04:34	00:36:43		A CORUÑA
434	536	JOSÉ IGNACIO	FERNÁNDEZ SIMÓN	00:56:04	00:04:41	00:55:52	00:04:40	00:34:16		VILAGARCÍA
435	1056	JORGE	CARBALLIDO SALGADO	00:56:15	00:04:42	00:54:56	00:04:35	00:35:01		FENE
436	804	JAVIER	GARCÍA GALDO	00:56:16	00:04:42	00:55:50	00:04:40	00:34:42	MILLARAI0	FERROL
437	288	OSCAR	DEL OLMO DOMINGUEZ	00:56:17	00:04:42	00:55:24	00:04:37	00:35:37	TRAILXTREM TEAM	VALLADOLID
438	4147	JOSE ANTONIO	BREA LOPEZ	00:56:18	00:04:42	00:55:24	00:04:37	00:35:49		TAL-MUROS
439	212	PABLO	NIETO LEIS	00:56:23	00:04:42	00:55:30	00:04:38	00:35:28	CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
440	794	CARLOS	ALVAREZ GONZÁLEZ	00:56:26	00:04:43	00:55:47	00:04:39	00:35:36	LA CORUÑA	LA CORUÑA
441	3829	JOSÉ MANUEL	MOSQUERA SANTÉ	00:56:29	00:04:43	00:55:55	00:04:40	00:34:45		ARANGA, A CORUÑA
442	163	CARLOS ANDRES	VILLVERDE VIAÑO	00:56:33	00:04:43	00:56:04	00:04:41	00:35:04	C.C. OS ESFOLA ARRÓS	SANTIAGO
443	871	JOSE	MOURE ENRIQUE	00:56:34	00:04:43	00:56:33	00:04:43	00:34:33		VALGA
444	406	OSCAR	VARELA SÁNCHEZ	00:56:34	00:04:43	00:56:12	00:04:41	00:35:23		ARTEIXO

445	3263	MANUEL	SEARA ESTEVEZ	00:56:35	00:04:43	00:56:22	00:04:42	00:34:27	ATLETICA DE ALLARIZ	ALLARIZ
446	503	DAVID	PITA GONZÁLEZ	00:56:36	00:04:43	00:56:12	00:04:41	00:36:24		A CORUÑA
447	3407	SAMUEL	VEIGA IGLESIAS	00:56:36	00:04:43	00:56:13	00:04:42	00:34:57	CLUB DE ATLETISMO MILLADOIRO	ARZUA
448	943	JUAN CARLOS	RODRÍGUEZ PERNIA	00:56:41	00:04:44	00:55:51	00:04:40	00:35:57		CARACAS VENEZUELA
449	392	JOSE RAMON	QUINTAS FERRO	00:56:41	00:04:44	00:56:04	00:04:41	00:35:24		SANTIAGO
450	327	VICENTE	PEREZ SANDA	00:56:42	00:04:44	00:56:25	00:04:43	00:35:11		SANTIAGO DE COMPOSTELA
451	1727	MANUEL	GARCIA FIGUEROA	00:56:45	00:04:44	00:56:08	00:04:41	00:34:59		SANTIAGO
452	3292	JOSÉ VICENTE	PIÑEIRO VÁZQUEZ	00:56:52	00:04:45	00:56:17	00:04:42	00:35:16	ATLETISMO FONTES DO SAR	A CORUÑA
453	4113	BERTO	BAZ RODRÍGUEZ	00:56:52	00:04:45	00:56:36	00:04:43	00:35:27	SÍGUEME SI PUEDES	LA GUARDIA (PONTEVEDRA)
454	1074	JOSE ANTONIO	VIDAL MANSO	00:56:53	00:04:45	00:55:45	00:04:39	00:35:32		FERROL
455	3827	JOSE LUIS	DAPENA TENORIO	00:56:55	00:04:45	00:56:26	00:04:43	00:35:27		VENEZUELA
456	3964	CLAUDIO	VERA SANMARTIN	00:56:56	00:04:45	00:55:55	00:04:40	00:36:07	C.A. CAMBADOS - SEG. NOVAL	PONTEVEDRA
457	547	LEOPOLDO	VAAMONDE SANCHEZ-ANDRADE	00:56:56	00:04:45	00:56:41	00:04:44	00:35:08		SANTIAGO
458	208	JAVIER	PUENTE DÍAZ	00:56:58	00:04:45	00:56:41	00:04:44	00:35:13	CLUB TRIATLÓN TALLERES DAVID	SANTIAGO DE COMPOSTELA
459	930	JOSE CARLOS	TAIBO RIVERA	00:57:01	00:04:46	00:56:48	00:04:44	00:34:46		SANTIAGO DE COMPOSTELA
460	3858	HORACIO	IGLESIAS CASTRO	00:57:03	00:04:46	00:55:38	00:04:39	00:37:14		SANTIAGO
461	548	LUIS	GONÇALVEZ LOPEZ	00:57:07	00:04:46	00:56:02	00:04:41	00:36:27		LA CORUÑA
462	938	RAFAEL	GONZALEZ CESAR	00:57:08	00:04:46	00:56:29	00:04:43	00:36:00		SANTIAGO
463	3773	JOSE MANUEL	MALLO NIEVES	00:57:09	00:04:46	00:56:37	00:04:44	00:35:35		SANTIAGO
464	3338	CARLOS	VAZQUEZ FERNANDEZ	00:57:10	00:04:46	00:56:57	00:04:45	00:35:13	CAMISETASLUGO.COM	O PARAMO
465	3445	JUAN MANUEL	TABODA BARREIRO	00:57:12	00:04:46	00:57:00	00:04:45	00:35:13	CLUBE ATLETISMO BOIMORTO	CORUÑA
466	3962	ROBERTO	HERNANDO SANTALLA	00:57:12	00:04:46	00:56:36	00:04:43	00:36:09	BEER RUNNERS CORUÑA	A CORUÑA
467	901	EDU	CASTELO VENTOSO	00:57:13	00:04:47	00:56:51	00:04:45	00:35:30		PORTOSIN
468	887	MAXIMINO	FERNANDEZ PEREZ	00:57:13	00:04:47	00:56:44	00:04:44	00:35:11		RIBADAVIA
469	874	VÍCTOR M.	LÓPEZ PUGA	00:57:14	00:04:47	00:56:33	00:04:43	00:34:58		SANTIAGO
470	3857	FRANCISCO	FERNADEZ ANTELO	00:57:14	00:04:47	00:56:34	00:04:43	00:35:10		OUTES
471	3591	DAVID	BAENA RODRÍGUEZ	00:57:15	00:04:47	00:56:46	00:04:44	00:35:29	SÍGUEME SI PUEDES	LAS PALMAS DE GRAN CANARIA
472	213	JAVIER	ASOREY RIVAS	00:57:17	00:04:47	00:56:31	00:04:43	00:35:33	CLUBE ATLETISMO OUTES - JOHN TURKEY	SANTIAGO DE COMPOSTELA
473	3848	SANTIAGO	CARIDAD DOMINGUEZ	00:57:18	00:04:47	00:56:53	00:04:45	00:35:39		SANTIAGO
474	508	EMILIO	FERNÁNDEZ SUÁREZ	00:57:22	00:04:47	00:55:52	00:04:40	00:36:44		LA CORUÑA
475	366	GERMAN	PÉREZ SALES	00:57:23	00:04:47	00:57:02	00:04:46	00:35:09		BARCELONA
476	511	FERNANDO	SEARA SOTELO	00:57:25	00:04:48	00:55:54	00:04:40	00:36:41		OURENSE
477	552	MANUEL	RODRÍGUEZ PALMEIRO	00:57:29	00:04:48	00:57:14	00:04:47	00:35:29		SANTIAGO
478	4498	JOSE MANUEL	POSADA VILA	00:57:29	00:04:48	00:56:43	00:04:44	00:36:54	VETERAN@S DE GALICIA	VIGO
479	940	RAMÓN	FERRER LOJO	00:57:29	00:04:48	00:56:52	00:04:45	00:36:22		SANTIAGO DE COMPOSTELA
480	449	CARLOS	RODRIGUEZ SABUGUEIRO	00:57:30	00:04:48	00:56:52	00:04:45	00:36:06		SANTIAGO DE COMPOSTELA
481	4149	MANUEL	PAZ CARBON	00:57:30	00:04:48	00:56:27	00:04:43	00:36:13		A CORUÑA
482	4174	ENRIQUE VÍCTOR	VEGA GLIEMMO	00:57:31	00:04:48	00:57:05	00:04:46	00:35:44		TENNESSEE
483	873	MANUEL	MUCIENTES MOLINA	00:57:37	00:04:49	00:57:01	00:04:46	00:36:26		SANTIAGO DE COMPOSTELA
484	563	RICARDO	PORTABALES DOBAÑO	00:57:37	00:04:49	00:57:14	00:04:47	00:35:37		VALLADOLID
485	130	LUIS JAIME	SOLLA FONTAN	00:57:40	00:04:49	00:57:26	00:04:48	00:34:59	AGRUPACION ATLETICA MAZI	POBRA DO CARAMIÑAL
486	3337	LUIS	MONTERO VEGA	00:57:41	00:04:49	00:56:24	00:04:42	00:36:13	CAMISETASLUGO.COM	LUGO
487	3917	CARLOS	GOMEZ NUÑEZ	00:57:42	00:04:49	00:57:06	00:04:46	00:36:00	A. D. LIMIACTIVA	OURENSE
488	4163	JOSE MANUEL	BREA FLORIANI	00:57:45	00:04:49	00:56:28	00:04:43	00:36:30		PONTEVEDRA
489	3475	ALBERTO	ARIAS TORRON	00:57:46	00:04:49	00:56:43	00:04:44	00:37:10	ESCOLA ATLETICA LUCENSE	LUGO
490	3478	JOSE	GARCIA PINAL	00:57:47	00:04:49	00:56:45	00:04:44	00:37:11	ESCOLA ATLÉTICA LUCENSE	CARBALLIÑO
491	3873	JESUS	BALIÑA DE JESUS	00:57:47	00:04:49	00:57:22	00:04:47	00:35:36		PADRON
492	546	JULIO	FONTAÍÑA COUSO	00:57:50	00:04:50	00:57:01	00:04:46	00:35:32		PONTEVEDRA
493	347	ANGEL	GARCIA SANTALICES	00:57:51	00:04:50	00:57:34	00:04:48	00:35:58		O BARCO DE VALDEORRAS
494	803	JUAN CARLOS	BONINO IGLESIAS	00:57:53	00:04:50	00:57:28	00:04:48	00:35:31	MIDAS	SANTIAGO
495	3244	VÍCTOR HUGO	CONDE LÓPEZ	00:57:54	00:04:50	00:57:51	00:04:50	00:35:14	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
496	4063	ROSENDO	PEREZ FEIJOO	00:57:57	00:04:50	00:56:48	00:04:44	00:37:26	JAVIROS TEAM	CELANOVA
497	561	RAMIRO	GONZÁLEZ INSUA	00:57:58	00:04:50	00:56:44	00:04:44	00:36:58		LA CORUÑA
498	1190	TOMAS	CAMAÑO MALVIDO	00:57:58	00:04:50	00:57:38	00:04:49	00:35:50		CANGAS DO MORRAZO
499	3878	JESÚS	REY GRAÑA	00:57:58	00:04:50	00:57:18	00:04:47	00:35:57		LUGO

500	4242	JOSE MARIA	GARCIA REGUEIRO	00:57:59	00:04:50	00:57:31	00:04:48	00:35:22		CERCEDA
501	4402	ANTONIO	VARELA FARINA	00:57:59	00:04:50	00:56:27	00:04:43	00:37:16		A CORUÑA
502	4031	ROBERTO	EXPOSITO EXPOSITO	00:57:59	00:04:50	00:57:17	00:04:47	00:36:02	CORNELIOS MONTAÑA	A GUARDA
503	759	JOSE LUIS	REGUEIRO REGUEIRA	00:58:00	00:04:50	00:57:19	00:04:47	00:36:30	CLUBE ATLETISMO BOIMORTO	BOIMORTO
504	3792	JUAN	GONZÁLEZ BLANCO	00:58:05	00:04:51	00:57:40	00:04:49	00:35:52		VILLAFRANCA DEL BIERZO
505	3983	JOSE MANUEL	BUSTO GALLARDO	00:58:08	00:04:51	00:56:33	00:04:43	00:37:26	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	LOUSAME
506	862	VICTOR MANUEL	SIGNIORINI IGLESIAS	00:58:09	00:04:51	00:57:19	00:04:47	00:36:22		AMES
507	4175	JAVIER	TEIJEIRO GONZALEZ	00:58:09	00:04:51	00:57:34	00:04:48	00:35:59		FERROL
508	4465	JOSE FRANCISCO	VARELA VAL	00:58:10	00:04:51	00:57:19	00:04:47	00:36:22	ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
509	159	JUAN JOSE	OUTEIRAL SECO	00:58:12	00:04:51	00:57:36	00:04:48	00:35:40	BARBANTIA RODA	BOIRO
510	272	AGUSTIN	RIVAS RIO	00:58:12	00:04:51	00:57:37	00:04:49	00:35:40	RUINNERS COMPOSTELA	BOIRO
511	1017	FERNANDO	OTERO MOSQUERA	00:58:14	00:04:52	00:57:40	00:04:49	00:35:52		SANTIAGO
512	3992	EDUARDO	GRANDA FERNANDEZ	00:58:16	00:04:52	00:57:56	00:04:50	00:36:13	CLUB ATLETISMO SADA	OVEDO
513	916	ANTONIO	RUIZ BEIRAS	00:58:17	00:04:52	00:57:55	00:04:50	00:35:55		SANTIAGO DE COMPOSTELA
514	896	ANTONIO	GARCIA LOUREIRO	00:58:18	00:04:52	00:57:42	00:04:49	00:36:26		LA GUDIÑA
515	3837	JUAN JOSE	LAMAS CONDE	00:58:19	00:04:52	00:58:06	00:04:51	00:35:46		XUNQUEIRA DE AMBIA
516	866	JAIME	DELGADO SUAREZ	00:58:20	00:04:52	00:57:22	00:04:47	00:37:10		SANTIAGO
517	530	JOAQUÍN	CARRIÓN VELASCO	00:58:22	00:04:52	00:57:07	00:04:46	00:37:21		SANTIAGO
518	890	ROGELIO	VAZQUEZ GUERRA	00:58:25	00:04:53	00:57:46	00:04:49	00:37:13		SANTIAGO
519	605	MANOLO	TORRES FERNANDEZ	00:58:26	00:04:53	00:57:46	00:04:49	00:37:13		RIVEIRA
520	3588	FRANCISCO	COLLAZO LORENZO	00:58:28	00:04:53	00:57:36	00:04:48	00:36:39	SERVICIO	SANTIAGO
521	3565	JESÚS	VILLAVEDE LÓPEZ	00:58:29	00:04:53	00:57:37	00:04:49	00:36:40	RED BOAR	SANTIAGO
522	3496	JOSE ANTONIO	FERNANDEZ RENDO	00:58:29	00:04:53	00:57:36	00:04:48	00:36:41	LA GRAMOLA GTR	BARCELONA
523	4136	MARTÍN	RUDIÑO	00:58:29	00:04:53	00:57:38	00:04:49	00:36:41		SANTIAGO
524	4194	CRISTÓBAL	MATEOS GARCÍA	00:58:29	00:04:53	00:58:03	00:04:51	00:36:47		PONFERRADA
525	4024	JAIME	TIZÓN DAVILA	00:58:29	00:04:53	00:57:36	00:04:48	00:36:39	CLUB TRIATLÓN COMPOSTELA	FERROL
526	3408	FRANCISCO MANUEL	ABEIJON COSTA	00:58:30	00:04:53	00:57:38	00:04:49	00:36:40	CLUB DE ATLETISMO OUTES	LOUSAME
527	3807	BERNARDO	CARRION VELASCO	00:58:30	00:04:53	00:57:14	00:04:47	00:37:27		SANTIAGO DE COMPOSTELA
528	541	JOSE ORLANDO	FARIÑA CASTILLO	00:58:30	00:04:53	00:58:02	00:04:51	00:36:49		VENEZUELA
529	4137	RAFAEL	PAIS COMINO	00:58:30	00:04:53	00:58:30	00:04:53	00:36:40		--
530	3990	ELISEO	GARCÍA CRISTÓBAL	00:58:30	00:04:53	00:57:39	00:04:49	00:36:59	CLUB ATLETISMO SADA	CAMBRE
531	376	JESUS	CADABAL MARTINEZ	00:58:30	00:04:53	00:57:44	00:04:49	00:37:00		RIVEIRA
532	1704	DAVID	CARRILLO GUERRA	00:58:31	00:04:53	00:57:39	00:04:49	00:36:39	CC OS ESFOLA ARRRÓS	BERTAMIRÁN
533	1356	NICHOLAS	DUTFIELD	00:58:32	00:04:53	00:57:13	00:04:47	00:38:23		INGLATERRA
534	3872	JAIME	RODRIGUEZ-TOUBES MUÑIZ	00:58:33	00:04:53	00:57:26	00:04:48	00:36:28		ORENSE
535	3390	JOSE JAVIER	FERNANDEZ RAMOS	00:58:33	00:04:53	00:58:14	00:04:52	00:36:12	CLUB ATLETISMO SADA	BARCELONA
536	1110	JUAN CARLOS	PEREZ LOPEZ	00:58:33	00:04:53	00:57:11	00:04:46	00:37:06		CASTROPOL
537	1823	RAMIRO	SILVA	00:58:34	00:04:53	00:57:36	00:04:48	00:37:52	CALDAS DE SÃO JORGE SPORT CLUB	CALDAS SAO JORGE
538	4167	MANUEL ANGEL	MIRAMONTES BARREIRO	00:58:34	00:04:53	00:57:56	00:04:50	00:36:42		SANTIAGO DE COMPOSTELA
539	4270	SANTI	FERNÁNDEZ ROZADA	00:58:35	00:04:53	00:57:01	00:04:46	00:37:14		MELÓN
540	917	CARLOS	GENDRA VIEITES	00:58:35	00:04:53	00:57:11	00:04:46	00:37:28		SANTIAGO DE COMPOSTELA
541	4155	ARTURO NORBERTO	FONTÁN PÉREZ	00:58:35	00:04:53	00:57:32	00:04:48	00:37:03		PONTEVEDRA
542	1091	JOSE MANUEL	PIÑEIRO RIOS	00:58:37	00:04:54	00:58:02	00:04:51	00:36:06		SANTIAGO
543	830	LUIS MANUEL	GARCIA BAÑA	00:58:38	00:04:54	00:58:00	00:04:50	00:36:45	SERVICIO CAMPOLONGO	VILLAGARCIA DE AROSA
544	4241	JOSE MANUEL	GARABATOS FREIRIA	00:58:39	00:04:54	00:57:43	00:04:49	00:37:03		VIGO
545	3725	PACO	DE LA TORRE GARCIA	00:58:39	00:04:54	00:57:49	00:04:50	00:37:19		PORTO DO SON
546	3795	VÍTOR MANUEL	RODRÍGUEZ JURJO	00:58:39	00:04:54	00:57:58	00:04:50	00:35:51		SANTIAGO DE COMPOSTELA
547	3330	ALBERTO	ALBAN SALGADO	00:58:40	00:04:54	00:57:50	00:04:50	00:37:19	C.D.PORTOSIN	BARQUISIMETO
548	761	FERNANDO MANUEL	CASTRO CASTRO	00:58:40	00:04:54	00:57:18	00:04:47	00:36:47	CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
549	4107	PEDRO	PETEIRO ROSENDE	00:58:40	00:04:54	00:58:01	00:04:51	00:36:38	RUNNING OLEIROS	A CORUÑA
550	802	ANTONIO	GONZALEZ LIRIO	00:58:40	00:04:54	00:58:10	00:04:51	00:35:58	MELIDE TRAIL TEAM	MELIDE
551	3490	JOSE	PAULOS LOBATO	00:58:41	00:04:54	00:57:31	00:04:48	00:37:15	GALITAR RUNNERS	VILLAGARCIA
552	1409	JOSÉ MANUEL	GONZÁLEZ OUTEIRAL	00:58:41	00:04:54	00:56:58	00:04:45	00:37:50		BOIRO
553	4089	FRANCISCO	FREIRE LOPEZ	00:58:42	00:04:54	00:57:55	00:04:50	00:36:55	PACO AUDI	SAN SATURNINO
554	4238	JORDI	LOPEZ MERCADER	00:58:43	00:04:54	00:57:54	00:04:50	00:36:30		FERROL

555	507	EDUARDO	RÁDEKE FARIÑA	00:58:44	00:04:54	00:57:22	00:04:47	00:37:42		SADA
556	4252	MANUEL	CORTIZO GARCÍA	00:58:44	00:04:54	00:57:55	00:04:50	00:36:08		SANTIAGO DE COMPOSTELA
557	4066	CARLOS ALFONSO	PÉREZ VÁZQUEZ	00:58:49	00:04:55	00:58:14	00:04:52	00:37:02	LAMARGHA AUTOTODO	EUSKIRCHEN
558	510	FABIO	TABARÉS SANTALICES	00:58:50	00:04:55	00:58:40	00:04:54	00:36:29		OURENSE
559	149	JOSE MANUEL	MIRA MAYO	00:58:55	00:04:55	00:58:03	00:04:51	00:37:57	ATLETISMO FONTES DO SAR	AMES
560	889	ROBERTO	GARCIA LOUREIRO	00:58:55	00:04:55	00:57:41	00:04:49	00:38:40		SUIZA
561	3376	RAFAEL SENEN	GOMEZ REIRIS	00:58:56	00:04:55	00:57:55	00:04:50	00:37:18	CLUB ATLETISMO OUTES	OUTES
562	3558	JESUS	LOPEZ RAMA	00:58:57	00:04:55	00:58:34	00:04:53	00:36:45	PRAIA DE CARNOTA RUNNERS	CARNOTA
563	4458	ALFREDO	FERNÁNDEZ RÍOS	00:59:07	00:04:56	00:58:32	00:04:53	00:37:42	ATLETICO BERTAMIRANS	OURENSE
564	2022	ROBERTO	PARRA RODRÍGUEZ	00:59:07	00:04:56	00:57:45	00:04:49	00:37:36		DONOSTIA
565	1639	MIGUEL ANGEL	FERNANDEZ PEREZ	00:59:10	00:04:56	00:58:30	00:04:53	00:37:03	CAO NAVIA	VALDES
566	1033	GUSTAVO	CASTRO AMBOAGE	00:59:14	00:04:57	00:57:58	00:04:50	00:38:13		SANTIAGO
567	898	AURELIO	COUSO CAMBEIRO	00:59:14	00:04:57	00:58:34	00:04:53	00:37:21		00:58:00
568	1052	JESUS	COUSO CAMBEIRO	00:59:14	00:04:57	00:58:34	00:04:53	00:37:22		SANTIAGO
569	253	JOSE BENITO	GARCIA PEREIRA	00:59:15	00:04:57	00:57:43	00:04:49	00:38:26	MONTAEVAI BTT O PINO	O PINO
570	3920	JULEN	MAYOR BALVÍS	00:59:16	00:04:57	00:58:22	00:04:52	00:37:17	A.D.CERNE	PORTUGALETE
571	461	JESUS	MARQUINA LEAL	00:59:21	00:04:57	00:58:20	00:04:52	00:38:18		OURENSE
572	3865	JOSE	CAO GARCIA	00:59:23	00:04:57	00:57:59	00:04:50	00:38:40		A ESTRADA
573	3428	SEVERINO	FERNANDEZ CASCUDO	00:59:23	00:04:57	00:58:35	00:04:53	00:37:11	CLUB MONTEPENARUBIA LUGO	LUGO
574	4105	MANUEL	CARBAJO CAPEANS	00:59:23	00:04:57	00:58:33	00:04:53	00:37:01	REAL AERoclUB SANTIAGO	SANTIAGO DE COMPOSTELA
575	30	SUSO	FLORES GARCIA	00:59:24	00:04:57	00:59:14	00:04:57	00:36:02	ATLETISMO A ESTRADA	BILBAO
576	712	RAFAEL	CUÑA VILÁN	00:59:27	00:04:58	00:58:34	00:04:53	00:37:49	BJ	ROIS
577	3844	MARCOS	ALVAREZ PATIÑO	00:59:27	00:04:58	00:58:48	00:04:54	00:36:35		A CORUÑA
578	1657	JUAN CARLOS	VITURRO MARTÍNEZ	00:59:28	00:04:58	00:58:44	00:04:54	00:37:18	S.D. BARBANTIA RODA	BOIRO
579	4315	JORGE JOSE	RICO RICO	00:59:29	00:04:58	00:58:08	00:04:51	00:37:51		PADERNE
580	1046	JAIME	CASTEJON OTERO	00:59:29	00:04:58	00:58:35	00:04:53	00:37:14		PONTEVEDRA
581	673	FÉLIX	FERNÁNDEZ ALLENDE	00:59:30	00:04:58	00:57:54	00:04:50	00:39:07		A CORUÑA
582	3249	ANTONIO	GUERREIRO PANTALEÓN	00:59:32	00:04:58	00:58:49	00:04:55	00:37:07	ATLETAS ACEA DE AMA	A GUARDA
583	3534	MANUEL	OTERO GOMEZ	00:59:32	00:04:58	00:58:50	00:04:55	00:36:58	NOSPORTLIMIT	A CORUÑA
584	967	ALFONSO	DOCE PORTAS	00:59:33	00:04:58	00:58:41	00:04:54	00:37:42		PONTECESURES
585	3994	LUIS ALBERTO	MARTINEZ ARES	00:59:34	00:04:58	00:58:39	00:04:54	00:37:06	CLUB ATLETISMO SADA	A CORUÑA
586	4222	ENRIQUE	MACIAS FERNANDEZ	00:59:34	00:04:58	00:58:42	00:04:54	00:38:11		VALLADOLID
587	1672	JORGE	VARELA SEÑARIS	00:59:35	00:04:58	00:58:34	00:04:53	00:37:56		SANTIAGO DE COMPOSTELA
588	686	ADRIANO	GRANDAL SOUTO	00:59:35	00:04:58	00:58:38	00:04:54	00:38:01	ASOCIACION GALEGA DE CICLISTAS	PONTEAREAS
589	931	JUAN JOSE	VERDES GOMEZ	00:59:35	00:04:58	00:58:38	00:04:54	00:37:15		MALPICA
590	3991	INDALECIO	TEJEIRO MENDEZ	00:59:36	00:04:58	00:59:09	00:04:56	00:37:09	CLUB ATLETISMO SADA	A CORUÑA
591	836	JOSÉ	FERREIRÓS FERNÁNDEZ	00:59:36	00:04:58	00:59:03	00:04:56	00:37:50	TARTARUGAS	PALMEIRA
592	1722	MANUEL	LAMEIRO COVELO	00:59:38	00:04:59	00:57:48	00:04:49	00:37:48		CHAPELA
593	1111	JUAN CARLOS	GONZALEZ RIOS	00:59:38	00:04:59	00:59:06	00:04:56	00:36:48		SANTIAGO
594	923	EMILIO	EIRIN BARRIO	00:59:38	00:04:59	00:59:16	00:04:57	00:36:34		PONTEVEDRA
595	470	ELISARDO	ANTELO VILAS	00:59:42	00:04:59	00:58:40	00:04:54	00:37:43		SANTAIGO DE COMPOSTELA
596	4140	BASILIO	GUIJARRO ARCA	00:59:42	00:04:59	00:59:07	00:04:56	00:37:13		A CORUÑA
597	4397	FCO. JAVIER	ROMERO ROMERO	00:59:42	00:04:59	00:58:44	00:04:54	00:37:54		PORTO DO SON
598	867	JOSE ANGEL	SERICO VIDAL	00:59:43	00:04:59	00:58:45	00:04:54	00:37:27		SANTIAGO
599	4081	ROBERTO	PEREZ Y OSUNA	00:59:44	00:04:59	00:58:09	00:04:51	00:38:39	NOSPORTLIMIT	A CORUÑA
600	980	AQUILINO	REDONDO PÉREZ	00:59:45	00:04:59	00:58:32	00:04:53	00:39:09		PONTEVEDRA
601	4100	JUAN VIDAL	PEREZ ALVAREZ	00:59:45	00:04:59	00:59:09	00:04:56	00:36:54	POWERADE	---
602	1676	RAMON	PACHECO ETCHEVERS	00:59:46	00:04:59	00:58:46	00:04:54	00:37:15		SANTIAGO DE COMPOSTELA
603	1028	FRANCISCO JAVIER	HERMO ROMERO	00:59:49	00:05:00	00:58:48	00:04:54	00:36:55		BOIRO
604	4139	ENRIQUE FERNANDO	PENA CARRIL	00:59:56	00:05:00	00:59:30	00:04:58	00:37:19		MALPICA DE BERGANTIÑOS
605	1719	IGNACIO	GÓMEZ COIRA	01:00:00	00:05:00	00:59:12	00:04:56	00:37:44		FERROL
606	1711	LUIS ANGEL	ÁLVAREZ QUIÑOÁ	01:00:02	00:05:01	00:59:03	00:04:56	00:38:01	PORCOS BRAVOS	PONFERRADA
607	1206	ALBERTO	REY GARCÍA	01:00:04	00:05:01	00:59:50	00:05:00	00:37:08		VAL DO DUBRA
608	694	JESÚS	MIRA MARTÍNEZ	01:00:06	00:05:01	00:59:35	00:04:58	00:36:52	ATLETISMO FONTES DO SAR	SANTIAGO
609	870	JAIME	RODRÍGUEZ VIDAL	01:00:08	00:05:01	00:58:49	00:04:55	00:37:16		ARZÚA

610	4098	EDUARDO	BARRAL PRADO	01:00:09	00:05:01	00:59:09	00:04:56	00:38:01	PORCOS BRAVOS	BRUSELAS (BELGICA)
611	3939	RICARDO	CALVO LÓPEZ	01:00:10	00:05:01	00:59:04	00:04:56	00:37:47	ATLETAS DE ACEA DE AMA	CASTRO DE REY
612	1339	JULIO CÉSAR	PORTERO MUÑOZ	01:00:10	00:05:01	00:58:20	00:04:52	00:38:51		MADRID
613	1134	MARCOS	SEIJO ACEBEDO	01:00:11	00:05:01	00:58:35	00:04:53	00:39:08		SANTIAGO
614	1037	IGNACIO	BURILLO TERRER	01:00:13	00:05:02	00:58:53	00:04:55	00:37:06		ZARAGOZA
615	1105	JUAN	REQUEIJO PASCUAL	01:00:15	00:05:02	00:58:38	00:04:54	00:39:08		SANTIAGO
616	4022	JOSE BENITO	MUÑIZ VILAR	01:00:16	00:05:02	00:59:09	00:04:56	00:37:37	CLUB NATACION RIVEIRA	RIBEIRA
617	3963	JOSE MANUEL	SAMPEDRO PEREZ	01:00:16	00:05:02	00:59:09	00:04:56	00:37:35	C. N. RIVEIRA	RIBEIRA
618	3824	JORGE JAVIER	VILLARINO RODRÍGUEZ-REY	01:00:17	00:05:02	00:59:38	00:04:59	00:37:28		OURENSE
619	354	DAVID	ROSA COUTO	01:00:19	00:05:02	00:59:17	00:04:57	00:38:03		VAL DO DUBRA
620	4259	OSCAR	SABUCEDO BLANCO	01:00:19	00:05:02	00:59:16	00:04:57	00:38:00		BARBADAS
621	1130	MARCO ANTONIO	SUAREZ IGLESIAS	01:00:19	00:05:02	00:59:18	00:04:57	00:37:20		SANTIAGO
622	972	ANGEL	CONDE PEREIRA	01:00:20	00:05:02	00:59:01	00:04:56	00:38:44		TEO
623	1684	DAVID	GIANZO BUSTO	01:00:22	00:05:02	00:59:19	00:04:57	00:37:09		SANTIAGO
624	4490	JOSÉ MARÍA	VIANA FERREIRO	01:00:26	00:05:03	00:59:30	00:04:58	00:37:48	VERXEL NUTRICIÓN DEPORTIVA	LUGO
625	3966	JUAN JOSE	MILEGO FERNANDEZ	01:00:28	00:05:03	00:59:37	00:04:59	00:37:41	C.A.R. MARISQUEIRO	VIGO
626	1182	SANTIAGO	MARTINEZ MIRÁS	01:00:30	00:05:03	00:59:12	00:04:56	00:38:58		SANTIAGO DE COMPOSTELA
627	929	JOSE A.	REGUEIRO SUAREZ	01:00:32	00:05:03	01:00:08	00:05:01	00:36:55		MESIA
628	982	BERNARDINO	OTERO QUINTAS	01:00:34	00:05:03	00:59:55	00:05:00	00:37:32		VIGO
629	713	ALVARO	CORRALES CASANUEVA	01:00:36	00:05:03	00:59:39	00:04:59	00:38:30	BORINES	OVIEDO
630	4264	RAUL	MEIZOSO	01:00:36	00:05:03	00:58:57	00:04:55	00:39:08		MAGALOFES
631	4112	PEDRO	FERNANDEZ SANCHEZ-ROLDAN	01:00:40	00:05:04	01:00:10	00:05:01	00:37:08	SÍGUEME SI PUEDES	MADRID
632	709	YUMAN	LOUZA MELLA	01:00:40	00:05:04	01:00:04	00:05:01	00:38:15	BEER RUNNERS CORUÑA	A CORUÑA
633	3710	IVÁN	ROIBÁS BLANCO	01:00:43	00:05:04	01:00:19	00:05:02	00:36:24		LA CORUÑA
634	1098	JOSÉ MANUEL	PUGA GÓMEZ	01:00:45	00:05:04	00:59:16	00:04:57	00:38:22		MONFORTE DE LEMOS
635	4253	MARCOS	GONZÁLEZ RODRÍGUEZ	01:00:45	00:05:04	00:59:16	00:04:57	00:38:21		MONFORTE DE LEMOS
636	1164	RAMIRO	PAMPIN SOUTO	01:00:49	00:05:05	00:59:57	00:05:00	00:38:22		SANTIAGO
637	1276	ENRIQUE	LOPEZ ALVAREZ	01:00:50	00:05:05	01:00:04	00:05:01	00:38:04		SANTIAGO DE COMPOSTELA
638	498	CARLOS	SANTOS FERRADAS	01:00:51	00:05:05	01:00:28	00:05:03	00:37:18		PONTEVEDRA
639	1355	MODESTO	LUSQUIÑOS GARCIA	01:00:52	00:05:05	01:00:06	00:05:01	00:37:52		VIGO
640	1653	ADOLFO	DIZ DOMINGUEZ	01:00:53	00:05:05	01:00:14	00:05:02	00:37:46	PATO BLANCO CELANOVA	CELANOVA
641	1064	JOSE	VIDAL ALVAREZ	01:00:57	00:05:05	01:00:20	00:05:02	00:38:14		SANTIAGO
642	1080	JOSE DANIEL	OTERO ILLODO	01:00:57	00:05:05	00:59:55	00:05:00	00:38:23		SANTIAGO
643	1688	PEDRO VICENTE	CHICANO PIA	01:01:02	00:05:06	00:59:46	00:04:59	00:39:28		VALENCIA
644	3544	MANUEL	LOPEZ MIGUEZ	01:01:04	00:05:06	01:00:46	00:05:04	00:37:55	OURENRUNNING - CAFES CAMPOS	OURENSE
645	853	ROMUALDO	RODRÍGUEZ VINAGRE	01:01:04	00:05:06	01:00:08	00:05:01	00:38:46	VICLAUMAIA	PORTO DO SON
646	4186	JOSE ANGEL	LORENZO RIVEIRO	01:01:06	00:05:06	01:00:45	00:05:04	00:37:23		SOLINGEN (ALEMANIA)
647	4188	JOSE LUIS	PEREIRA FEIJOO	01:01:07	00:05:06	00:59:52	00:05:00	00:38:03		OURENSE
648	976	ANTONIO	CASTRO CASAL	01:01:09	00:05:06	00:59:48	00:04:59	00:37:50		SANTIAGO DE COMPOSTELA
649	4476	CARLOS	VÁZQUEZ DELGADO	01:01:10	00:05:06	01:00:10	00:05:01	00:39:17	MARATÓN NATTEX BARBADÁS	OURENSE
650	4249	LUIS MIGUEL	CENTENO	01:01:11	00:05:06	01:00:05	00:05:01	00:38:06		PALENCIA
651	1270	JOSÉ BENITO	GUERREIRO ÁLVAREZ	01:01:15	00:05:07	01:00:19	00:05:02	00:39:05		O ROSAL
652	1003	DAVID	BALADO BASTIDA	01:01:20	00:05:07	01:00:47	00:05:04	00:37:12		PADERNE
653	4102	MIGUEL ANGEL	CARBALLADA RODRIGUEZ	01:01:24	00:05:07	01:00:10	00:05:01	00:38:18	RABADE CORRE CON VOS	MONFORTE
654	4343	CARLOS	FANJUL MORI	01:01:24	00:05:07	01:00:12	00:05:01	00:38:17		GIJON
655	1040	ISAÍAS	CALVO DE LA UZ	01:01:25	00:05:08	00:59:37	00:04:59	00:38:45		PONFERRADA
656	297	JOSE MARIA	BOO REIRIZ	01:01:32	00:05:08	01:00:30	00:05:03	00:35:14	VIRXIGUIANOS TRAIL	RIBEIRA
657	1201	ANGEL JULIO	GONZALEZ PAZ	01:01:33	00:05:08	01:00:31	00:05:03	00:38:20		RIBEIRA
658	683	ROBERTO	TABOADA PATIÑO	01:01:34	00:05:08	00:59:51	00:05:00	00:39:41	ASOCIACION CULTURAL DEPORTIVA A FONTE	CAMBRE
659	4111	ROBERTO	DÍAZ REY	01:01:35	00:05:08	00:59:53	00:05:00	00:39:41	SERVICIO	AMES
660	3928	DANIEL	GUIMARÉ GONZÁLEZ	01:01:35	00:05:08	01:00:17	00:05:02	00:39:32	ARCHIENEMIGOS TEAM	VIGO
661	3832	JUAN	LOPEZ LOURO	01:01:36	00:05:08	01:00:12	00:05:01	00:39:14		PORTAS
662	3828	JOSÉ LUIS	QUINTELA JULIÁN	01:01:37	00:05:09	01:00:43	00:05:04	00:38:10		A CORUÑA
663	1752	SANTIAGO	DOMINGUEZ MARTIN	01:01:39	00:05:09	01:00:31	00:05:03	00:38:23		MADRID
664	265	ALFONSO	VAZQUEZ FERREIRO	01:01:41	00:05:09	01:01:03	00:05:06	00:38:40	PARQUE RUNNERS	ARTEIXO

665	3814 DIEGO	CASTIÑEIRA ROMERO	01:01:42	00:05:09	01:00:21	00:05:02	00:39:14		CEE
666	4150 GUILLERMO	RODRIGUEZ PUJOL	01:01:42	00:05:09	01:01:05	00:05:06	00:38:30		MADRID
667	4029 ANTONIO LUIS	CRiado REGO	01:01:43	00:05:09	01:00:24	00:05:02	00:39:39	CLUBE ATLETISMO VILALBA	VILALBA
668	3718 MANUEL	VÁZQUEZ VÁZQUEZ	01:01:43	00:05:09	01:00:43	00:05:04	00:40:17		CAMBADOS
669	4095 DANIEL	CIUDAD CENDÁN	01:01:45	00:05:09	01:00:09	00:05:01	00:39:08	PATUKOS TIM RANIN	A CORUÑA
670	4463 FRANCISCO JAVIER	VARELA MAZÁS	01:01:45	00:05:09	01:00:55	00:05:05	00:37:47	ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
671	1749 OSCAR	FERNANDEZ BAUTISTA	01:01:47	00:05:09	01:00:16	00:05:02	00:40:03		SANTIAGO DE COMPOSTELA
672	935 OSCAR	GALANTE PEREIRA	01:01:48	00:05:09	01:00:38	00:05:04	00:38:40		SAN SEBASTIÁN
673	933 MANUEL	RENDO LAREO	01:01:48	00:05:09	01:01:02	00:05:06	00:37:58		PARIS
674	1023 FRANCISCO JAVIER	CHOUZA FERREIRO	01:01:52	00:05:10	01:00:31	00:05:03	00:39:14		SAN SEBASTIÁN
675	1702 JESÚS	CABO SOUTO	01:01:53	00:05:10	01:01:13	00:05:07	00:37:21	ATLETISMO FONTES DO SAR	VEDRA
676	4302 DIEGO	FOMPEDRIÑA ROCA	01:01:57	00:05:10	01:00:57	00:05:05	00:38:58		SANTIAGO DE COMPOSTELA
677	762 CARLOS	VILLARES	01:01:58	00:05:10	01:00:46	00:05:04	00:38:23	CLUBE ATLETISMO VILALBA	SAN CIPRIAN (CERVO-LUGO)
678	4317 JOSE ALVARO	VEITES NOVO	01:01:59	00:05:10	01:00:09	00:05:01	00:38:53		TEO
679	194 ANTONIO	RIVEIRA MARTINEZ	01:01:59	00:05:10	01:00:47	00:05:04	00:38:22	CLUB DEPORTIVO VAGALUME ENERGÍA	O PINO
680	981 BENITO	DACAL DACAL	01:01:59	00:05:10	01:01:25	00:05:08	00:37:41		GELSENKIRCHEN
681	1183 SANTIAGO	MATA EIRISQ	01:02:00	00:05:10	01:01:25	00:05:08	00:37:51		TEO
682	1167 RAMON FERNANDO	PUENTE VARELA	01:02:06	00:05:11	01:00:59	00:05:05	00:39:16		ARES
683	1087 JOSÉ LUIS	MARTÍNEZ OLIVARES	01:02:14	00:05:12	01:01:28	00:05:08	00:38:58		MADRID
684	1306 DAVID	RODRIGUEZ GÓMEZ	01:02:14	00:05:12	01:01:24	00:05:07	00:39:25		OURENSE
685	1634 MANUEL ALEJANDRO	PORTO MOLLINEDO	01:02:15	00:05:12	01:00:36	00:05:03	00:40:44	ARTROGAL-TRI498	VILLAGARCIA DE AROSA
686	4058 JOAQUIN	POMARES	01:02:15	00:05:12	01:01:16	00:05:07	00:38:24	FURAFOLLAS	CAMBADOS
687	1223 NOTORIOUS	BIG	01:02:16	00:05:12	01:01:50	00:05:10	00:38:02		BEDFORD-STUYVESANT
688	4295 VICTOR	FERREIRO LAMAS	01:02:16	00:05:12	01:01:23	00:05:07	00:39:08		FRIOL
689	1216 CARLOS	BELMONTE POSE	01:02:17	00:05:12	01:02:04	00:05:11	00:38:06		A CORUÑA
690	888 MIGUEL ANGEL	BERMÚDEZ RODRÍGUEZ	01:02:18	00:05:12	01:01:16	00:05:07	00:39:10		A CORUÑA
691	1180 SANTIAGO	NUÑEZ NUÑEZ	01:02:20	00:05:12	01:01:14	00:05:07	00:38:33		ESTEIRO
692	1219 GONZALO	PRADO SEXTO	01:02:23	00:05:12	01:01:26	00:05:08	00:39:46		SANTIAGO
693	1097 JOSÉ MANUEL	GALIÑANES FERNÁNDEZ	01:02:24	00:05:12	01:01:08	00:05:06	00:39:34		CAMBADOS
694	4202 ALBERTO	PEREZ MIRAMONTES	01:02:28	00:05:13	01:01:08	00:05:06	00:39:27		A CORUÑA
695	1246 JOSE LUIS	BARRAN CEPEDA	01:02:31	00:05:13	01:02:01	00:05:11	00:38:43		SANTIAGO
696	925 ENRIQUE	PRIETO PORTO	01:02:32	00:05:13	01:01:35	00:05:08	00:39:43		A ESTRADA
697	1036 IGNACIO	PRIETO RICO	01:02:33	00:05:13	01:01:41	00:05:09	00:39:03		VALLADOLID
698	998 CONSTANTINO	FUENTES GONZÁLEZ	01:02:35	00:05:13	01:02:00	00:05:10	00:38:37		SANTIAGO DE COMPOSTELA
699	1076 JOSÉ ANTONIO	MILLARES ROO	01:02:38	00:05:14	01:01:14	00:05:07	00:40:02		NOIA
700	1013 ELPIDIO	COSTA BOUZAS	01:02:40	00:05:14	01:01:21	00:05:07	00:40:10		VILLAGARCIA
701	678 MANUEL ANTONIO	GARCÍA DAPONTE	01:02:41	00:05:14	01:01:22	00:05:07	00:40:12	AFICIONADO	VILLAGARCIA
702	4320 JOSÉ ANTONIO	SALVADO CASTRO	01:02:42	00:05:14	01:01:20	00:05:07	00:39:31		BRIÓN
703	1238 EMILIO	VIGO RAMOS	01:02:44	00:05:14	01:00:14	00:05:02	00:40:11		COMPOSTELA
704	4237 JOAQUIN	FERNÁNDEZ MARTINEZ	01:02:46	00:05:14	01:02:21	00:05:12	00:38:38		MUROS
705	3800 PEDRO	CARRERA GONZALEZ	01:02:47	00:05:14	01:02:27	00:05:13	00:38:45		TUY
706	4268 ROGELIO	PORTO DIOS	01:02:48	00:05:14	01:02:43	00:05:14	00:38:37		PONTEVEDRA
707	4313 JORGE	ENCINAS ARNAU	01:02:52	00:05:15	01:02:00	00:05:10	00:39:37		MADRID
708	4151 JUÁN PEDRO	VIGO SANZ	01:02:52	00:05:15	01:01:52	00:05:10	00:38:24		CARBALLO
709	1477 NABOR	ALVAREZ FERNANDEZ	01:02:53	00:05:15	01:01:56	00:05:10	00:38:55		FERROL
710	3834 JUAN CARLOS	PORTO LOPEZ	01:02:55	00:05:15	01:02:05	00:05:11	00:39:31		ARES
711	742 FERNANDO	DÍAZ PARDO	01:02:56	00:05:15	01:02:16	00:05:12	00:39:13	CLUB ATLETISMO SADA	SADA
712	4154 ALFONSO	BOTANA CASTELO	01:02:56	00:05:15	01:02:14	00:05:12	00:39:34		A CORUÑA
713	4214 CARLOS	GONZALEZ CRIADO	01:02:56	00:05:15	01:01:41	00:05:09	00:39:47		AS PONTES DE GARCIA RODRIGUEZ
714	375 JESUS	LOPEZ OUTEIRAL	01:02:59	00:05:15	01:02:21	00:05:12	00:38:31		BOIRO
715	3805 ANTONIO	PAZOS ALVAREZ	01:02:59	00:05:15	01:02:48	00:05:14	00:37:53		VIGO
716	1467 ALBERTO	SEOANE SANTOS	01:03:00	00:05:15	01:02:21	00:05:12	00:39:02		SANTIAGO DE COMPOSTELA
717	687 JURGEN	WACHTER	01:03:05	00:05:16	01:02:01	00:05:11	00:38:57	ASSAMSTADT	ASSAMSTADT
718	1229 ÁLVARO	BAÑOS ATANCE	01:03:07	00:05:16	01:01:59	00:05:10	00:39:28		MADRID
719	956 ALBERTO	FERNANDEZ LORENZO	01:03:13	00:05:17	01:01:48	00:05:09	00:40:55		CANGAS DEL MORRAZO

720	855 ALFONSO	RUEDA VALENZUELA	01:03:16	00:05:17	01:02:11	00:05:11	00:39:20		PONTEVEDRA
721	946 FRANCISCO	ÁVILA SÁNCHEZ	01:03:16	00:05:17	01:02:06	00:05:11	00:39:47		GRANADA
722	4114 JOSÉ ANTONIO	PENA ROS	01:03:21	00:05:17	01:02:50	00:05:15	00:39:26	SÍGUEME SI PUEDES	FERROL
723	1757 XABI	RODRIGUEZ BABARRO	01:03:22	00:05:17	01:02:54	00:05:15	00:38:56		SANT GALLEN (SUIZA)
724	4170 ANTONIO DAVID	RODRIGUEZ GARRIDO	01:03:24	00:05:17	01:02:40	00:05:14	00:39:12		O GROVE
725	3593 JOSÉ MANUEL	CAMBA DEUS	01:03:27	00:05:18	01:02:57	00:05:15	00:39:27	SÍGUEME SI PUEDES	FERROL
726	2015 ALFREDO	FANDIÑO ARES	01:03:28	00:05:18	01:02:27	00:05:13	00:40:05	ATLETISMO FONTES DO SAR	BUDIÑO
727	399 MANUEL ANGEL	VILARIÑO ABEIJON	01:03:29	00:05:18	01:02:18	00:05:12	00:40:08		MUROS
728	4196 ANGEL	FUDILI MORENO	01:03:29	00:05:18	01:02:11	00:05:11	00:40:01		BELMEZ (CÓRDOBA)
729	3433 SERGIO	DEL ARCO MARQUIZ	01:03:29	00:05:18	01:02:49	00:05:15	00:39:13	CLUB OLIMPICO DE VEDRA	SALAMANCA
730	1061 JORGE ALBERTO	HERNÁNDEZ GIADÁNS	01:03:33	00:05:18	01:02:47	00:05:14	00:39:08		EASTBOURNE
731	691 ANGEL	DES GONZALEZ	01:03:40	00:05:19	01:03:19	00:05:17	00:39:58	ATLETISMO ARENTEIRO	OURENSE
732	4231 IGNACIO	RODRIGUEZ	01:03:41	00:05:19	01:02:17	00:05:12	00:40:27		RIBEIRA
733	313 JOSE MARÍA	GARCIA GOMEZ	01:03:44	00:05:19	01:02:21	00:05:12	00:39:03		LOUSAME
734	4080 SERGIO	NOGUEROL URRUTIA	01:03:49	00:05:20	01:02:42	00:05:14	00:40:35	NOSPORTLIMIT	VIGO
735	490 JOSÉ RAMÓN	SEÑARÍS BOO	01:03:52	00:05:20	01:02:33	00:05:13	00:39:58		PUEBLA DO CARAMIÑAL
736	4281 JOSE MANUEL	MARTINEZ MARTINEZ	01:03:53	00:05:20	01:02:43	00:05:14	00:39:35		VILANOVA DE AROUSA
737	4357 JOSE MANUEL	PICO MOSQUERA	01:03:58	00:05:20	01:02:54	00:05:15	00:39:54		CORUÑA
738	1120 LUIS	CARDALDA FRESCO	01:04:02	00:05:21	01:02:16	00:05:12	00:41:15		VILLAGARCIA
739	1019 FRANCISCO	VALLEJO TORRES	01:04:09	00:05:21	01:02:45	00:05:14	00:39:58		SANTIAGO DE COMPOSTELA
740	4361 MANUEL	LOPEZ OURO	01:04:13	00:05:22	01:03:08	00:05:16	00:40:37		TABOADA
741	488 TOMAS ALBERTO	IGLESIAS PERMUY	01:04:15	00:05:22	01:03:45	00:05:19	00:41:31		SANTIAGO
742	4368 VIRGILIO	CALVO MARTINEZ	01:04:16	00:05:22	01:02:54	00:05:15	00:40:10		MADRID
743	1767 ARMANDO	MARTÍNEZ DOSIL	01:04:17	00:05:22	01:02:51	00:05:15	00:41:07		NOYA
744	4370 ROLANDO	MARTÍNEZ RODRÍGUEZ	01:04:20	00:05:22	01:02:43	00:05:14	00:40:17		FERROL
745	1095 JOSÉ MANUEL	CASTELO FERNÁNDEZ	01:04:21	00:05:22	01:02:57	00:05:15	00:41:32		SANTIAGO DE COMPOSTELA
746	4310 JESUS	GUIMERANS GONZALEZ	01:04:22	00:05:22	01:03:19	00:05:17	00:40:55		CANGAS
747	3944 ANTONIO	LOPEZ FERNANDEZ	01:04:23	00:05:22	01:04:02	00:05:21	00:40:04	ATLETISMO ARENTEIRO	VERIN
748	1731 AMANDO	ÁLVAREZ REGUEIRO	01:04:24	00:05:22	01:02:42	00:05:14	00:41:05		SANTIAGO
749	1416 MANUEL	GARCÍA FERREIRA	01:04:28	00:05:23	01:04:14	00:05:22	00:38:52		SANTIAGO DE COMPOSTELA
750	970 ALFREDO JORGE	NOVOA VÁZQUEZ	01:04:34	00:05:23	01:03:20	00:05:17	00:40:12		SILLEDA
751	1181 SANTIAGO	BOTAS RAMOS	01:04:35	00:05:23	01:03:21	00:05:17	00:40:12		SILLEDA
752	4055 MAXIMINO	LAGARES CARRO	01:04:36	00:05:23	01:03:01	00:05:16	00:41:26	ESPRINTES OURENSE	ORDES
753	4299 CARLOS	AMIAMA ARES	01:04:36	00:05:23	01:03:23	00:05:17	00:40:52		ARCADE- SOUTOMAIOR (PONTEVEDRA)
754	1192 VICENTE	MALLO SEIJO	01:04:37	00:05:24	01:03:33	00:05:18	00:39:26		SANTIAGO
755	684 JESUS ALBERTO	RUA RUA	01:04:38	00:05:24	01:03:43	00:05:19	00:40:53	ASOCIACIÓN DEPORTIVA CERNE	A CORUÑA
756	1744 JOSE JUAN	SUAREZ GESTAL	01:04:38	00:05:24	01:03:29	00:05:18	00:39:59		PONTEVEDRA
757	1244 JORGE	DEL RIO	01:04:41	00:05:24	01:02:49	00:05:15	00:41:30		LAS PALMAS DE GRAN CANARIA
758	727 JUAN CARLOS	VINSEIRO MELLA	01:04:46	00:05:24	01:03:45	00:05:19	00:40:55	CLUB ATLETISMO ESTRADA	A ESTRADA
759	728 RAFAEL	VILAR SEOANE	01:04:46	00:05:24	01:03:45	00:05:19	00:40:55	CLUB ATLETISMO ESTRADA	PONTEVEDRA
760	1792 MANUEL	VÁZQUEZ CAMIÑA	01:04:48	00:05:24	01:03:04	00:05:16	00:43:31		OURENSE
761	1044 IVAN	SANCHEZ VILLANUEVA	01:04:51	00:05:25	01:03:42	00:05:19	00:39:45		SANTIAGO
762	4220 CRISANTO	CASTRO	01:04:53	00:05:25	01:04:32	00:05:23	00:40:31		SANTIAGO
763	1172 ROBERTO	ANTELO VILAS	01:04:58	00:05:25	01:03:56	00:05:20	00:40:41		SANTIAGO DE COMPOSTELA
764	1764 PABLO	CARRACEDO MANEIRO	01:04:59	00:05:25	01:03:26	00:05:18	00:41:54		MADRID
765	991 CARLOS	REY CALVO	01:04:59	00:05:25	01:03:29	00:05:18	00:41:44		PADRON
766	1058 JORGE	GARCÍA LOUREIRO	01:05:02	00:05:26	01:04:19	00:05:22	00:39:35		A GUDIÑA (OURENSE)
767	1272 RAUL	MALDONADO LEMOS	01:05:03	00:05:26	01:03:53	00:05:20	00:40:53		VIGO
768	4179 PABLO	MARTINEZ DIEGUEZ	01:05:03	00:05:26	01:04:05	00:05:21	00:38:58		SANTIAGO DE COMPOSTELA
769	1027 FRANCISCO JOSE	GONZALEZ TORRES	01:05:04	00:05:26	01:03:33	00:05:18	00:41:48		PADRON
770	1425 VÍCTOR	ESTEVEZ GARRIDO	01:05:05	00:05:26	01:04:08	00:05:21	00:39:37		VIGO
771	4192 OLE	TOUCEDO RODRIGUEZ	01:05:05	00:05:26	01:03:43	00:05:19	00:41:08		MOS
772	1035 IAGO	MARTINEZ GARRIDO	01:05:08	00:05:26	01:03:23	00:05:17	00:41:15		PONTEVEDRA
773	1233 DAVID	ALVAREZ OUTERELO	01:05:12	00:05:26	01:03:42	00:05:19	00:41:24		VIGO
774	1378 JESUS	GARABOA FERNANDEZ	01:05:16	00:05:27	01:04:58	00:05:25	00:41:10		SANTIAGO

830	1388 CARLOS	FIGUEROA RODRÍGUEZ	01:07:37	00:05:39	01:05:59	00:05:30	00:43:53		REDONDELA (PONTEVEDRA)
831	4358 JUAN CARLOS	LOPEZ PENSADO	01:07:38	00:05:39	01:06:27	00:05:33	00:41:53		PORRIÑO
832	4197 SANTIAGO	ROMERO OTERO	01:07:39	00:05:39	01:06:24	00:05:32	00:42:07		SANTIAGO
833	1773 JUAN MANUEL	GIL DE ESCOBAR DELGADO	01:07:40	00:05:39	01:07:02	00:05:36	00:42:03		SEVILLA
834	905 JAVIER	DE LA VIUDA IGLESIAS	01:07:46	00:05:39	01:06:59	00:05:35	00:42:08		BURGOS
835	1307 DIEGO	RODRÍGUEZ SOTO	01:07:47	00:05:39	01:07:10	00:05:36	00:42:39		CORUÑA
836	381 JORGE	HERNANDEZ RODRIGUEZ	01:07:47	00:05:39	01:06:34	00:05:33	00:42:39		CARTAGENA
837	4236 JESUS	LANDEIRA CAAMAÑO	01:07:51	00:05:40	01:07:13	00:05:37	00:41:26		A BAÑA
838	1082 JOSÉ FRANCISCO	GÓMEZ MATO	01:07:53	00:05:40	01:06:03	00:05:31	00:43:46		LAXE
839	4362 MARCOS	LEYES BASTIDA	01:07:55	00:05:40	01:06:18	00:05:32	00:43:46		SANTIAGO DE COMPOSTELA
840	4352 ERWIN	AROSA LÓPEZ	01:07:57	00:05:40	01:06:47	00:05:34	00:43:20		SANTIAGO
841	3717 MANUEL	FOLGAR ROMAY	01:07:59	00:05:40	01:06:19	00:05:32	00:44:39		SANTIAGO
842	1132 MARCOS	SANCHEZ LOPEZ	01:08:06	00:05:41	01:07:15	00:05:37	00:42:55		SANTIAGO
843	4294 JOSÉ FRANCISCO	BLANCO FANDIÑO	01:08:09	00:05:41	01:07:03	00:05:36	00:41:31		NEDA
844	723 SANTOS	SALVADOR	01:08:11	00:05:41	01:07:29	00:05:38	00:42:38	CENTRO DE MARCHA E CORRIDA DO PORTO	PAREDES
845	1407 JOSE LEANDRO	BENITO TORRES	01:08:13	00:05:42	01:06:49	00:05:35	00:44:19		SANTIAGO
846	1706 RICARDO	VÁZQUEZ PEREZ	01:08:22	00:05:42	01:06:51	00:05:35	00:42:57	CLUB ATLETISMO SADA	ORENSE
847	1266 FABIAN	ALCOBA	01:08:23	00:05:42	01:06:57	00:05:35	00:43:13		VIGO
848	1133 MARCOS	BARREIRO GARAZO	01:08:24	00:05:42	01:07:13	00:05:37	00:41:44		SANTIAGO
849	4364 PEDRO	MONTERO VILAR	01:08:29	00:05:43	01:07:34	00:05:38	00:41:35		A CORUÑA
850	1142 MIGUEL	VAZQUEZ PRECEDO	01:08:35	00:05:43	01:06:56	00:05:35	00:44:24		A CORUÑA
851	4272 SANTIAGO	REBOYRAS	01:08:35	00:05:43	01:06:56	00:05:35	00:44:25		PADRON
852	1271 JUAN CARLOS	FORMOSO GONZALEZ	01:08:36	00:05:43	01:07:22	00:05:37	00:41:48		CARBALLEDA DE AVIA
853	973 ANGEL	CARRILLO PRESEDO	01:08:38	00:05:44	01:07:21	00:05:37	00:43:56		SANTIAGO
854	3973 JOSE ALEJANDRO	GANDARA BOUZA	01:08:40	00:05:44	01:07:52	00:05:40	00:42:53	CASTRELOS 20:30	URUGUAY
855	741 RAMÓN ANDRÉS	ACEBRÁS BARCIA	01:08:52	00:05:45	01:07:48	00:05:39	00:43:57	CLUB ATLETISMO SADA	A CORUÑA
856	1329 JOSE	CAÍNZOS	01:08:53	00:05:45	01:07:58	00:05:40	00:43:12		FERROL
857	4047 GONZALO	BREA LÓPEZ	01:09:06	00:05:46	01:07:22	00:05:37	00:44:33	ESCOLA ATLETISMO DEZA	VILA DE CRUCES
858	838 ANTONIO	FERREIRO PEREZ	01:09:08	00:05:46	01:07:49	00:05:40	00:43:01	TARTARUGAS	MANHEIMM -ALEMANIA
859	831 PEDRO	MEDIN SUAREZ	01:09:13	00:05:47	01:08:50	00:05:45	00:41:59	SERVICIO FERROL	FERROL
860	747 XOÁN	MONASTERIO SUÁREZ	01:09:20	00:05:47	01:08:16	00:05:42	00:42:39	CLUB CICLISTA EO	RIBADEO
861	676 BERNARDO	DIEZ GARCIA	01:09:22	00:05:47	01:08:30	00:05:43	00:42:27	AEROCUB SANTIAGO	OURENSE
862	775 ANTONIO	IGLESIAS ARNEJO	01:09:28	00:05:48	01:08:29	00:05:43	00:41:52	DUBRA TEAM	VAL DO DUBRA
863	1243 JACOBO	RODRÍGUEZ ALVARIÑO	01:09:29	00:05:48	01:07:48	00:05:39	00:43:07		FERROL
864	4318 JOSE ANGEL	TEIJO LOPEZ	01:09:31	00:05:48	01:08:10	00:05:41	00:42:50		BETANZOS.
865	1250 JUAN CARLOS	MIGUEZ GARCIA	01:09:31	00:05:48	01:08:40	00:05:44	00:42:55		NEGREIRA
866	4133 CARLOS	PEREZ SUAREZ	01:09:42	00:05:49	01:08:11	00:05:41	00:44:48	XHUZAS TEAM	VIGO
867	4271 SANTIAGO	MOROÑO ARENAS	01:09:45	00:05:49	01:08:08	00:05:41	00:44:50		BATH - REINO UNIDO
868	814 CLAUDIO J.	FUENTES GIRGADO	01:09:46	00:05:49	01:08:17	00:05:42	00:44:53	PHOTO RUNNING TEAM	FERROL
869	4497 CARLOS ALBERTO	CASTAÑO CAMEJO	01:09:47	00:05:49	01:08:39	00:05:44	00:42:21	ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
870	4344 LUIS ALFREDO	CUESTA RODRIGO	01:09:49	00:05:50	01:08:03	00:05:41	00:44:55		OVIEDO
871	4399 ROBERTO	ALVAREZ ALONSO	01:10:07	00:05:51	01:09:03	00:05:46	00:43:52		REDONDELA
872	1032 GUSTAVO	ALVAREZ BEA	01:10:26	00:05:53	01:08:43	00:05:44	00:44:54		BS.AS.
873	1280 RAFAEL	FILGUEIRA JANEIRO	01:10:27	00:05:53	01:08:44	00:05:44	00:44:55		VILABOIA (PONTEVEDRA)
874	1374 SANTIAGO	CABALEIRO	01:10:33	00:05:53	01:09:01	00:05:46	00:43:34		VIGO
875	1107 JUAN CARLOS	RODRIGUEZ VAZQUEZ	01:10:35	00:05:53	01:09:02	00:05:46	00:44:34		BANDE
876	1062 JORGE ALBERTO	SUÁREZ GAREA	01:10:36	00:05:53	01:08:53	00:05:45	00:43:14		SANTIAGO
877	1315 FRANCISCO JAVIER	MONTENEGRO GIL	01:10:41	00:05:54	01:09:29	00:05:48	00:44:31		LAS PALMAS
878	4181 ALEJANDRO	DE LAS HERAS LÓPEZ	01:10:44	00:05:54	01:09:00	00:05:45	00:45:43		LUGO
879	4360 JUAN MANUEL	CANO ACEVEDO	01:10:46	00:05:54	01:09:04	00:05:46	00:44:09		LA CORUÑA
880	787 JOAQUIM	FERREIRA	01:10:57	00:05:55	01:09:50	00:05:50	00:45:28	I-RUN	PORTO
881	409 PAULO ARTUR	PINTO DE SOUSA	01:11:07	00:05:56	01:10:24	00:05:52	00:43:06		PORTO
882	1401 JAVIER	BENITO TORRES	01:11:07	00:05:56	01:09:43	00:05:49	00:44:22		SANTIAGO
883	1359 PABLO	OTERO RODAL	01:11:10	00:05:56	01:10:06	00:05:51	00:43:28		CANGAS DO MORRAZO
884	1760 FRAN	PENA TORREIRA	01:11:11	00:05:56	01:10:00	00:05:50	00:44:36		SANTIAGO

885	1778	MARCOS	FRANCO SABARÍS	01:11:13	00:05:57	01:09:31	00:05:48	00:43:38	VIGO
886	1102	JOSE MARÍA	SUÁREZ MARIÑO	01:11:14	00:05:57	01:09:43	00:05:49	00:44:00	SANTIAGO DE COMPOSTELA
887	1456	JUVENTINO	LÓPEZ PAZ	01:11:18	00:05:57	01:09:39	00:05:49	00:43:52	PADRÓN
888	1257	RAFAEL RAMÓN	CASTEJÓN SEGURA	01:11:19	00:05:57	01:11:02	00:05:56	00:41:14	BARQUISIMETO
889	1122	LUIS ALBERTO	FERNÁNDEZ PARADA	01:11:22	00:05:57	01:09:57	00:05:50	00:45:32	A CORUÑA
890	1366	SANTIAGO	ROMERO LEMA	01:11:23	00:05:57	01:10:20	00:05:52	00:43:48	SANTIAGO DE COMPOSTELA
891	4372	ELÍAS	PIÑEIRO VILA	01:11:24	00:05:57	01:09:40	00:05:49	00:44:44	ALLARIZ
892	1413	LUIS MIGUEL	GRELA LOPEZ	01:11:24	00:05:57	01:09:46	00:05:49	00:45:56	RIANXO
893	1312	FRANCISCO	DIOS	01:11:38	00:05:59	01:10:10	00:05:51	00:46:54	RIBEIRA
894	1423	RODRIGO IVÁN	LESMES ROMERO	01:12:01	00:06:01	01:10:25	00:05:53	00:44:08	VIGO
895	1337	JUAN LUIS	VILAR TOVAR	01:12:02	00:06:01	01:10:33	00:05:53	00:44:45	A CORUÑA
896	1426	VÍCTOR	ROCA VÁZQUEZ	01:12:02	00:06:01	01:10:34	00:05:53	00:44:45	A CORUÑA
897	3931	MARIO	SANTANA GOMEZ	01:12:04	00:06:01	01:10:21	00:05:52	00:45:12	ASOCIACION CULTURAL DEPORTIVA A FONTE
898	1783	JAVIER	LAREO MOUGAN	01:12:21	00:06:02	01:11:05	00:05:56	00:45:43	VEDRA
899	1780	EDUARDO	BARREIRO VILLAVERDE	01:12:23	00:06:02	01:10:45	00:05:54	00:44:51	CORUÑA
900	367	HECTOR	GONZALEZ TROITIÑO	01:12:36	00:06:03	01:11:27	00:05:58	00:45:11	BSAS
901	1364	RAMON	SANDE MIRAMONTES	01:12:40	00:06:04	01:11:46	00:05:59	00:44:33	SANTIAGO DE COMPOSTELA
902	1344	LUIS	GENDRA ORDOÑEZ	01:12:44	00:06:04	01:11:21	00:05:57	00:46:18	SANTIAGO
903	1468	JOSÉ RAMÓN	TUBÍO ORDÓÑEZ	01:12:49	00:06:05	01:11:02	00:05:56	00:46:07	RIANXO
904	1256	MODESTO	RIVAS FIDALGO	01:12:50	00:06:05	01:12:22	00:06:02	00:43:33	AACHEN-ALEMANIA
905	1394	FRANCISCO JAVIER	CES LAIÑO	01:12:52	00:06:05	01:12:02	00:06:01	00:47:43	RIANXO
906	1352	MIGUEL	PEDREIRA RODRIGUEZ	01:12:54	00:06:05	01:11:25	00:05:58	00:44:28	LA CORUÑA
907	1445	RAÚL	PÉREZ MARTÍNEZ	01:12:56	00:06:05	01:11:18	00:05:57	00:46:06	REQUEJO DE LA VEGA
908	3728	ROBERTO	PICO POUSO	01:12:59	00:06:05	01:11:47	00:05:59	00:44:56	A CORUÑA
909	1824	VITOR	ALMEIDA	01:13:01	00:06:06	01:12:03	00:06:01	00:46:04	CALDAS DE SÃO JORGE SPORT CLUB
910	677	CELSO	BARRIOS CEIDE	01:13:02	00:06:06	01:12:10	00:06:01	00:44:15	AEROCLUB SANTIAGO
911	4306	FRANCISCO JAVIER	PEREZ LOPEZ	01:13:23	00:06:07	01:11:57	00:06:00	00:47:05	LOPERA
912	4082	BORJA	FERNÁNDEZ BERMÚDEZ	01:13:30	00:06:08	01:11:54	00:06:00	00:45:54	NOSPORTLIMIT
913	797	NICOLAS	SANCHEZ CURBERA	01:13:30	00:06:08	01:11:55	00:06:00	00:47:28	LOMBIS
914	1427	XABIER	MUNAIZ ALONSO	01:13:30	00:06:08	01:11:54	00:06:00	00:47:06	PONTEVEDRA
915	1396	HECTOR	GARCIA SOBRADO	01:13:37	00:06:09	01:12:01	00:06:01	00:46:02	SANTIAGO
916	1444	RAMON	VARELA BARREIRO	01:13:54	00:06:10	01:12:08	00:06:01	00:46:29	SANTIAGO DE COMPOSTELA
917	1725	PABLO	GARCÍA VIVANCO	01:14:07	00:06:11	01:12:53	00:06:05	00:44:31	FERROL
918	842	CLÁUDIO	COSTA	01:14:13	00:06:12	01:13:17	00:06:07	00:45:05	TOP TOP
919	1790	ISMAEL	PARDO VARELA	01:14:39	00:06:14	01:14:27	00:06:13	00:45:30	SANTIAGO
920	1822	ANTONIO	CONCEIÇÃO	01:14:42	00:06:14	01:13:46	00:06:09	00:46:04	CALDAS DE SÃO JORGE SPORT CLUB
921	4383	ÁNGEL	HERMIDA OTERO	01:14:47	00:06:14	01:13:07	00:06:06	00:47:32	LEIRO
922	1367	TOMÁS	RUIZ BUJÁN	01:15:02	00:06:16	01:13:31	00:06:08	00:47:00	A CORUÑA
923	1501	IGNACIO	RUIZ BUJAN	01:15:02	00:06:16	01:13:32	00:06:08	00:46:48	A CORUÑA
924	1713	GABRIEL	DAVILA LISTE	01:15:06	00:06:16	01:13:43	00:06:09	00:48:55	REAL AEROCLUB DE SANTIAGO
925	1010	DIEGO	CASTRO SANJURJO	01:15:27	00:06:18	01:13:42	00:06:09	00:46:35	FERROL
926	4018	MIGUEL	FOLGUEIRA GARCIA	01:15:29	00:06:18	01:14:40	00:06:14	00:45:59	CLUB MONTEPENARUBIA LUGO
927	351	CARLOS	GONZALEZ LOPEZ	01:15:32	00:06:18	01:14:12	00:06:11	00:46:40	CARIÑO
928	1316	GONZALO	CARRILLO GUILLIN	01:16:37	00:06:24	01:15:27	00:06:18	00:47:54	SANTIAGO
929	1771	JAVIER	COLOMA BOCKOS	01:16:52	00:06:25	01:15:26	00:06:18	00:47:05	TALARA
930	1395	FRANCISCO JAVIER	PÉREZ BOO	01:16:52	00:06:25	01:15:39	00:06:19	00:48:48	SANTIAGO DE COMPOSTELA
931	1279	ANTONIO	BELLO DIAZ	01:17:03	00:06:26	01:15:17	00:06:17	00:47:54	A CORUÑA
932	1748	MIGUEL ÁNGEL	CERDEIRA LOIS	01:17:34	00:06:28	01:16:12	00:06:21	00:48:15	O CARBALLIÑO
933	1787	MANUEL ÁNGEL	PATIÑO VARELA	01:17:34	00:06:28	01:16:11	00:06:21	00:48:14	SANTIAGO
934	1776	THOMAS	GROONELL	01:17:34	00:06:28	01:16:12	00:06:21	00:48:15	IRLANDA
935	680	JOSE SANTIAGO	RUEDA ROMERO	01:17:37	00:06:29	01:16:29	00:06:23	00:46:44	ALTAFIT GYM CLUB
936	104	JUAN FRANCISCO	ROMAY SIEIRA	01:17:41	00:06:29	01:16:13	00:06:22	00:47:50	SANTIAGO
937	915	MIGUEL	VAZQUEZ FERNÁNDEZ	01:17:42	00:06:29	01:16:06	00:06:21	00:48:34	VIGO
938	1866	JOSE	MEJUTO PÉREZ	01:17:51	00:06:30	01:16:40	00:06:24	00:48:03	BARCELONA
939	4060	PEDRO	ABELED0 CORTIZAS	01:17:58	00:06:30	01:16:36	00:06:23	00:48:22	GRUPO CALVO

940	1781 FELIPE	MARTÍNEZ HERMO	01:17:58	00:06:30	01:16:10	00:06:21	00:49:36		A CORUÑA
941	1443 MIGUEL	FERRERO	01:18:13	00:06:32	01:16:33	00:06:23	00:49:49		A CORUÑA
942	4096 JUAN	FERNANDEZ GONZALEZ	01:18:13	00:06:32	01:16:34	00:06:23	00:49:49	PATUKOS TIM RANIN	SANTA UXÍA DE RIVEIRA
943	969 ALFREDO	MOSQUERA FAJARDO	01:18:35	00:06:33	01:17:30	00:06:28	00:48:10		SANTIAGO
944	2025 ADOLFO	NÚÑEZ	01:18:37	00:06:34	01:16:57	00:06:25	00:49:21		VIGO
945	858 JESUS	GAÑETE PICANS	01:20:23	00:06:42	01:19:09	00:06:36	00:49:27		A ESTRADA
946	1412 LUIS	TARRIO LUGO	01:20:23	00:06:42	01:19:09	00:06:36	00:49:26		A ESTRADA
947	4013 XOÁN	AREA SANTOS	01:20:37	00:06:44	01:19:06	00:06:36	00:50:21	CLUB MARINEDA ATLETICO	A CORUÑA
948	966 ALEJANDRO	BREA FERNÁNDEZ	01:20:43	00:06:44	01:19:37	00:06:39	00:50:20		SANTIAGO DE COMPOSTELA
949	681 PABLO	BARBEITO VILARIÑO	01:20:48	00:06:44	01:19:41	00:06:39	00:49:20	ALTAFIT GYM CLUB	A CORUÑA
950	385 JOSE DOMINGO	GARCÍA DOSIL	01:21:20	00:06:47	01:20:28	00:06:43	00:50:05		CARNOTA
951	1406 JOSÉ IGNACIO	RODRÍGUEZ ORMAECHEA	01:21:23	00:06:47	01:19:36	00:06:38	00:49:47		FERROL
952	828 DIEGO	RODRIGUEZ MOUGAN	01:22:07	00:06:51	01:20:31	00:06:43	00:50:57	SERVICIO	VILLANUEVA DE AROSA
953	102 JOSE MARIA	ROMAY SIEIRA	01:22:48	00:06:54	01:21:20	00:06:47	00:50:07		SANTIAGO
954	4390 IVÁN	PIÑEIRO PÉREZ	01:22:59	00:06:55	01:21:12	00:06:46	00:52:05		LALÍN
955	1417 MARCOS	CARRERA TABOAS	01:23:53	00:07:00	01:22:07	00:06:51	00:52:22		SANTIAGO
956	1475 MIGUEL	MIGUEL RIAL PEREZ	01:24:06	00:07:01	01:22:28	00:06:53	00:53:21		ZAS
957	1308 EMILIO	TRIGO FILGUEIRAS	01:25:07	00:07:06	01:23:10	00:06:56	00:53:22		GUIRIZ
958	4378 JOSE LUIS	CRUZ ALVAREZ	01:27:27	00:07:18	01:25:39	00:07:09	00:55:07		A CORUÑA
959	784 JAIME	GONZÁLEZ PEREIRA	01:28:20	00:07:22	01:26:35	00:07:13	00:53:39	IECI	OURENSE
960	793 JOSÉ IGNACIO	FARIÑA IZQUIERDO	01:28:22	00:07:22	01:27:02	00:07:16	00:56:19	KINI PIT CREW	SANTIAGO
DNF	1299 CARLOS	LÓPEZ VILARIÑO					00:40:10		FERROL
DNF	107 MIGUEL ANGEL	DOPAZO CASAL					00:38:12		SANTIAGO
DNF	1391 CARLOS ALBERTO	MILLARES DOMINGUEZ							SANTIAGO
DNF	1349 MANUEL JUAN	BLANCO GABIN					00:51:16		PADERNE
DNF	4478 CARLOS	FERNANDEZ VILLAVERDE						VERXEL NUTRICIÓN DEPORTIVA	ORDES
DNF	538 JOSE MANUEL	PARDAL ROMERO					00:37:09		BOIRO
DNF	954 ADRIAN	MARZOA TARRIO							SANTIAGO DE COMPOSTELA
DNF	755 MONCHO	OTERO AMENAL						CLUB DEPORTIVO VAGALUME ENERGÍA	SANTIAGO DE COMPOSTELA
DNS	426 JOSÉ MANUEL	NOVOA MIGUEZ							VIGO
DNS	4316 JOSÉ A.	BORREGÁN TARANILLA							FENE
DNS	462 FERNANDO	AREA TORRES							AHLEN - ALEMANIA
DNS	456 OSCAR	QUIROGA CASADO							SALAMANCA
DNS	4122 EMILIO ANTONIO	CAEIRO CASAS						TRAN-TRAN	VILLAGARCÍA DE AROSA
DNS	3431 RAMON	FERNÁNDEZ LAGO						CLUB NATACION RIVEIRA	RIVEIRA
DNS	400 MARCOS	MARTÍNEZ LEIS							SANTIAGO
DNS	805 TOÑO	HERMIDA PEREIRO						MONTAEVAI BTT O PINO	O PINO
DNS	4319 JOSE ANTONIO	MONTERO DOMINGUEZ							A CORUÑA
DNS	423 EMILIO	VAZQUEZ LOPEZ							OURENSE
DNS	3587 XAIÑO	MENDEZ FROJAN						SAR-VERMU PETRONI	NOIA
DNS	420 DIEGO	FRAGA SISO							A CORUÑA
DNS	1096 JOSÉ MANUEL	RÚA FREIRE							A CORUÑA
DNS	3531 ANGEL	MUNIN OTERO						NOITEBRA FC	SANTIAGO
DNS	1153 PABLO	VILLAVIEJA							SANTIAGO
DNS	4347 ALBERTO	MARTINEZ DE MENA							A CORUÑA
DNS	4159 IGNACIO JESÚS	BORREGAN TARANILLA							FERROL
DNS	3606 JOSE LUIS	CALO GONZALEZ						TRES AND RUN	BOIRO
DNS	1100 JOSÉ MANUEL	SALGADO							LAUSANNE (VAUD) - SUIZA
DNS	4450 JOSE LUIS	VALIÑA MENDEZ						VERXEL NUTRICIÓN DEPORTIVA	A PASTORIZA
DNS	4126 JOSE LUIS	LOUZAO TATO						TRINITY TRIATLON	NIGRAN
DNS	4375 XOSE LOIS	LAGO LEONARDO							CEDEIRA
DNS	3454 JAVIER	CENDAN MARTINEZ						CLUBE ATLETISMO VILALBA	VILALBA
DNS	4401 JOSE CARLOS	FERNANDEZ-BARJA MARTINEZ							ORENSE
DNS	4335 JOSE MANUEL	CASAS PEREZ							OURENSE
DNS	1837 JOSÉ ANTÓNIO	SILVA						ERMIDA TEAM	BRAGA

DNS	3589 RICARDO	ALVAREZ MARTINEZ	SERVICIO CAMPOLONGO	PARIS
DNS	1099 JOSÉ MANUEL	VILARIÑO ORGEIRA		SOLOTHURN(SUIZA)
DNS	4499 MARIO RAMON	HERAS CARMONA	VETERAN@S DE GALICIA	MADRID
DNS	418 JOSE MANUEL	FERNANDEZ GARCIA		MUROS DE SAN PEDRO
DNS	4280 JOSE ANGEL	RODRIGUEZ CAMIÑAS		TABOADA
DNS	1148 MOISES	CAMPOS MANVINO		VILLAGARCIA
DNS	4028 ANTONIO	CAZÓN PIÑÓN	CLUBE ATLETISMO VILALBA	VILALBA
DNS	4062 JAVIER	CUIÑA BALADO	INDRA RUNNERS	A CORUÑA
DNS	3626 JOSE MANUEL	RUIZ PÉREZ	USC	SANTIAGO DE COMPOSTELA
DNS	3974 FRANCISCO	SARASQUETE FERNANDEZ	CCCP RIVEIRA	RIVEIRA
DNS	3989 ALEJANDRO	BARREIRO BARRAL	CLUB ATLETISMO SADA	SUSSEX (INGLATERRA)
DNS	4010 JOSE MANUEL	PEREZ TORREIRA	CLUB DEPORTIVO PINARIUM	SANTA COMBA
DNS	4322 JOSE-MIGUEL	CURIEL CEPEDA		PALENCIA
DNS	1165 RAMON	QUINTELA LOUREIRO		ARZÚA
DNS	3876 ALFONSO	FERRADÁS VILÁN		PONTEVEDRA
DNS	3692 PABLO	BUCETA BLANCO		A CORUÑA
DNS	743 BENITO	PORTELA FERNANDEZ	CLUB ATLETISMO SADA	SADA
DNS	4138 SERGIO	PEREZ ALVAREZ		GIJÓN
DNS	1500 ANTONIO	ALVAREZ MORENO		OURENSE
DNS	3682 SANTIAGO	GONZÁLEZ GUTIERREZ		LALÍN
DNS	1714 CÉSAR	CASTRO CAAMAÑO	REDBOAR	BERTAMIRANS
DNS	1717 FRANCISCO JAVIER	ARES MONTERO		SANTIAGO
DNS	1469 LUIS JOSE	TRIGO SOMOZA		VILLAGARCIA
DNS	3666 MANUEL	VÁZQUEZ RAMOS		XERMADE
DNS	1662 MARCOS	ERIAS MAZAS		SAO PAULO
DNS	1496 MIGUEL ANGEL	IGLESIAS VARELA		SANTIAGO DE COMPOSTELA
DNS	1668 FRANCISCO	DOMINGUEZ		VIGO
DNS	1785 JOSÉ SANTIAGO	PRADO NOVOA		SANTIAGO
DNS	3574 JOSE MARIA	FERNANDEZ LOPEZ	RUNNING OLEIROS	A CORUÑA
DNS	799 PELAYO	ALTAYO NUÑEZ	LUCIITA AMOROSA RUNNING	AVILÉS
DNS	819 JUAN MANUEL	MOSQUERA CARNOTA	RUNNERS AMIO	SANTIAGO DE COMPOSTELA
DNS	785 JUAN MANUEL	PENALTA RODRÍGUEZ	IECI	SANTIAGO DE COMPOSTELA
DNS	391 JOSÉ MANUEL	VIEIRA ALVES		PORTO
DNS	856 ANDRES	RODRIGUEZ IGLESIAS		SANTIAGO
DNS	1147 MIGUEL ANGEL	BRAVO BASTOS		O GROVE
DNS	3753 FELIPE	CASAL VIEITES		PONTECESURES
DNS	3674 OMAR	GONZÁLEZ SAMPEDRO		OVIEDO
DNS	390 JOSÉ MANUEL	DOPAZO COUCEIRO		HERFD, REINO UNIDO
DNS	823 MANOLO	CARREIRA CAROLLO	RUNNERS AMIO D.C.	SANTIAGO DE COMPOSTELA
DNS	3426 JUANJO	ORTEGA ORTEGA	CLUB MONTEPENARUBIA LUGO	VALENCIA
DNS	3713 JOSE EUSEBIO	OTERO LOPEZ		LUGO
DNS	3729 SECHO	FIGUEIRAS BLANCO		A ESTRADA
DNS	1038 IGNACIO	VELA RIOS		SANTIAGO
DNS	3762 MIGUEL	GC		CORDOBA
DNS	1021 FRANCISCO	NIETO FONTENLA		SANTIAGO
DNS	1031 GUSTABO	TABOADA LOPEZ		SANTIAGO
DNS	1025 FRANCISCO JAVIER	ILLAN DIAZ		OTERO DE REY
DNS	3707 FRANCISCO JAVIER	BELLAS BOUZA		FERROL
DNS	748 DANIEL	MARTÍNEZ GALDÓS	CLUB CICLISTA RIAZOR	FERROL
DNS	932 MANUEL	REGA RECAREY		LA CORUÑA
DNS	3225 JUAN LUIS	CARBIA MENDEZ	ARTROGAL-TRI498	PUNTECESURES
DNS	1389 CARLOS	SANCHEZ ROMERO		LA CORUÑA
DNS	1390 CARLOS	REGUEIRO QUINTÁS		SANTIAGO DE COMPOSTELA
DNS	3269 JUAN CARLOS	FERNÁNDEZ CARIDE	ATLETISMOARENTEIRO	OURENSE
DNS	3280 SANTI	CANICOBA	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA

DNS	3302	MANUEL	BOUZA ARIAS						ATLETISMO OLYMPO	AS PONTES
DNS	1368	XOSÉ	XOGA							XINZO DE LIMIA
DNS	3006	JOSE CARLOS	ADÁN ARIAS						ADN RUNNERS-TELMO PELUQUEROS F.C.	VIGO
DNS	3234	GUSTAVO	SEXTO RIVAS						ASOCIACIÓN DEPORTIVA CERNE	MELIDE
DNS	3056	JOSE ANTONIO	ABUIN TREUS						CLUB ATLETISMO SADA	VILAGARCIA
DNS	3358	SANTIAGO	FERNANDEZ RIAL						CLUB ATLETISMO FONTES DO SAR	BERNA
DNS	3314	IVAN	FOLLA-CISNEROS VIDAL						BEER & RUNNERS CORUÑA	A CORUÑA
DNS	1741	JAVIER	PONCE							BARCELONA
DNS	249	ANGEL DOMINGO	CAMESELLE PINTOS						MAIS QUE AUGA	VIGO
DNS	4304	ENRIQUE	BARRAL ALVEDRO							A CORUÑA
DNS	3243	JUAN CARLOS	GARCIA FERRIO						ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBION
DNS	1745	JOSÉ RAMÓN	FREIJEIRO OTERO							SANXENXO
DNS	1459	GUILLERMO	AGRA LOPEZ							RIBEIRA
DNS	242	JOSE MANUEL	GOMEZ RICO						JOSE	SANTIAGO
DNS	3103	JOSE CARLOS	BUJAN OTERO						NOITEBRA FC	SANTIAGO
DNS	209	FERNANDO	VILAR RODRIGUEZ						CLUB USC	SANTIAGO
DNS	1761	JOSE ANTONIO	ROZADOS MURAS							FORCAREI
DNS	214	AITOR	LOZANO SÁNCHEZ						CLUBE ATLETISMO VILALBA	BARAKALDO
DNS	2032	GUILLERMO	MARQUEZ LORENZO							BUENOS AIRES
DNS	206	ANTONIO	FERNÁNDEZ FUENTES						CLUB REMO PUEBLA	A POBRA DO CARAMIÑAL
DNS	363	FERNANDO JORGE	GOMES FONTELONGA							PORTO
DNS	62	F.	VEIROLO						MONTAEVAI BTT O PINO	ABEGONDO
DNS	3117	JOSE	NAVARRO ANTON						S.D. BARBANTIA RODA	LEON
DNS	124	VICENTE	SOLAR IGLESIAS						...	SANTIAGO DE COMPOSTELA
DNS	1247	JOSE MARIA	VARA RODRIGUEZ							LEON
DNS	1346	MANUEL	MIGUEZ MORGAGE							PARIS
DNS	1265	CARLOS	FONDEVILA GONZÁLEZ							MELIDE
DNS	1721	DAVID	GARCÍA DE LA FUENTE							MADRID

VTBM VETERANOS B N Inscritos:
399 Llegados: 352

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control	Galeras	Club	Localidad
1	3124	JOSE	SUAREZ LEIS	00:42:30	00:03:33	00:42:29	00:03:33	00:26:13		SAR-VERMU PETRONI	A BAÑA
2	69	LOLO	NEIRA	00:45:18	00:03:47	00:45:16	00:03:47	00:27:49		RUN CARBALLIÑO	OURENSE
3	3055	JESUS	ALVAREZ CHINCHILLA	00:46:06	00:03:51	00:46:03	00:03:51	00:28:13		CLUB ATLETISMO SADA	ZUMAIA
4	3023	JOSE LUIS	BOUZA FREIRE	00:46:13	00:03:52	00:46:10	00:03:51	00:28:32		ATLETISMO NARON	MIÑO
5	3038	JOSE	ROSENDE BREA	00:46:25	00:03:53	00:46:19	00:03:52	00:28:59		CAI A ESTRADA	A ESTRADA
6	3948	JUAN CARLOS	BRANDÓN RODRÍGUEZ	00:46:32	00:03:53	00:46:28	00:03:53	00:28:59		ATLETISMO FONTES DO SAR	SANTIAGO
7	3640	ALFONSO	GARCÍA BELLO	00:46:51	00:03:55	00:46:48	00:03:54	00:29:36			CAMBRE
8	3637	JOSE MANUEL	RODRIGUEZ TAJES	00:46:53	00:03:55	00:46:51	00:03:55	00:28:51			CAMARIÑAS
9	3639	JOSÉ ÁNGEL	PITA TORRES	00:46:54	00:03:55	00:46:51	00:03:55	00:28:43			CEDEIRA
10	3486	EDUARDO	OTERO SALGADO	00:47:16	00:03:57	00:47:09	00:03:56	00:29:23		FLUVIAL DE LUGO MONTE SEGADE	LUGO
11	3251	FRANCISCO JAVIER	CORREA PIÑEIRO	00:47:17	00:03:57	00:47:07	00:03:56	00:29:27		ATLETAS DE ACEA DE AMA	A CORUÑA
12	27	XESÚS MANUEL	MOSTEIRO LÓPEZ	00:47:28	00:03:58	00:47:27	00:03:58	00:28:46		ASOCIACIÓN DEPORTIVA CERNE	MELIDE
13	4475	JOSÉ ANTONIO	REY FERNÁNDEZ	00:48:09	00:04:01	00:47:58	00:04:00	00:30:06		FLUVIAL DE LUGO MONTE SEGADE	LUGO
14	4453	JOSÉ ALFREDO	SÁNCHEZ MURCIA	00:48:34	00:04:03	00:48:29	00:04:03	00:29:59		VETERAN@S DE GALICIA	ALICANTE
15	3489	EMILIO	VEIGA PIÑEIRO	00:48:37	00:04:04	00:48:32	00:04:03	00:29:54		FLUVIAL DE LUGO MONTE SEGADE	LUGO
16	4441	JOSE LUIS	TORRES GONZÁLEZ	00:48:49	00:04:05	00:48:46	00:04:04	00:29:56		MARATÓN NATTEX BARBADÁS	OURENSE
17	3421	EUGENIO	CAEIRO GONZALEZ	00:48:56	00:04:05	00:48:48	00:04:04	00:29:56		CLUB MONTEPENARUBIA LUGO	MARÍN
18	3594	PACO	SUÁREZ BENITO	00:49:17	00:04:07	00:49:13	00:04:07	00:30:39		SOCIEDAD GIMNASTICA DE PONTEVEDRA	A BAÑA
19	2033	LUÍS	FERNÁNDEZ VEIGA	00:49:24	00:04:07	00:49:24	00:04:07	00:30:40		VERXEL NUTRICIÓN DEPORTIVA	COPEITO
20	330	FRANCISCO JAVIER	CEPEDA GACIO	00:49:47	00:04:09	00:49:42	00:04:09	00:30:33			SAN FELIX DE SALES
21	4488	JOSE MANUEL	FERNANDEZ SANGIAO	00:49:51	00:04:10	00:49:45	00:04:09	00:31:08		VERXEL NUTRICIÓN DEPORTIVA	LUGO
22	3273	ANTONIO	ALONSO VALVERDE	00:49:57	00:04:10	00:49:43	00:04:09	00:30:55		ATLETISMO BAIONA	GONDOMAR - PONTEVEDRA
23	3298	XOAN RAMON	FERNANDEZ GARRIDO	00:50:08	00:04:11	00:50:00	00:04:10	00:31:13		ATLETISMO MILLADOIRO	CUNTIS PONTEVEDRA
24	126	IGNACIO	SEIJO VÁZQUEZ	00:50:12	00:04:11	00:50:08	00:04:11	00:30:53		3&RUN	ARZÚA

25	3569	JESUS	EIRIS PONTE	00:50:20	00:04:12	00:50:11	00:04:11	00:31:16	RUN4ONE	CARBALLO
26	3691	MIGUEL	DIAZ CARBALLO	00:50:27	00:04:13	00:49:58	00:04:10	00:31:51		MUROS
27	3859	ROGELIO JOSE	VALBUENA ALVAREZ	00:50:48	00:04:14	00:50:41	00:04:14	00:31:09		FERROL
28	3458	JOSE RAMON	REY RUIZ	00:50:50	00:04:15	00:50:44	00:04:14	00:31:10	CORRE POR BEGONTE	LUGO
29	4484	RAMÓN	VILLAR RUIBAL	00:50:58	00:04:15	00:50:04	00:04:11	00:32:26	VERXEL NUTRICIÓN DEPORTIVA	A CORUÑA
30	3255	MANUEL	FONTENLA MUIÑO	00:51:10	00:04:16	00:50:52	00:04:15	00:32:04	ATLETAS DE ACEA DE AMA	CAMBRE
31	3768	EMILIO	MEDINA JIMÉNEZ	00:51:10	00:04:16	00:50:55	00:04:15	00:32:05		LINARES (JAÉN)
32	3523	JOSE RAMON	ABEL SUAREZ	00:51:12	00:04:16	00:51:02	00:04:16	00:31:46	NOITEBRA F.C.	O PINO
33	4215	CARLOS	LÓPEZ DOMÍNGUEZ	00:51:24	00:04:17	00:50:59	00:04:15	00:31:52		A CORUÑA
34	3230	AMADOR	REBOREDA GRAÑA	00:51:25	00:04:18	00:50:52	00:04:15	00:32:16	ASOCIACIÓN DEPORTIVA C.A.R	REDONDELA
35	700	CARLOS	GONZALEZ REINO	00:51:25	00:04:18	00:50:37	00:04:14	00:32:26	ATLETISMO NOIA	NOIA
36	3414	ANTONIO	MARTINEZ RODRIGUEZ	00:51:30	00:04:18	00:51:16	00:04:17	00:32:09	CLUB DEPORTIVO PINARIUM	MARIN
37	4443	JOSE ANTONIO	SUAREZ DOMINGUEZ	00:51:40	00:04:19	00:51:35	00:04:18	00:31:59	MARATÓN NATTEX BARBADÁS	OURENSE
38	3236	XOSE MANUEL	PAMPIN FUCIÑOS	00:51:41	00:04:19	00:51:14	00:04:17	00:32:27	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
39	3483	JOSÉ ROBERTO	REY IGLESIAS	00:51:43	00:04:19	00:51:28	00:04:18	00:32:27	ESCUELA DE ATLETISMO PAULA MAYOBRE	A CORUÑA
40	3868	JOSE ANTONIO	GIL BREA	00:51:43	00:04:19	00:51:10	00:04:16	00:32:48		SANTIAGO
41	3514	JUAN CARLOS	RIVAS VARELA	00:51:47	00:04:19	00:51:30	00:04:18	00:31:58	MARZO SAUDE	LUGO
42	1682	XOÁN	LOUZAO RODRIGUEZ	00:51:49	00:04:20	00:51:08	00:04:16	00:32:26		TOURO
43	416	TOÑO	AGUIN TRELLES	00:51:56	00:04:20	00:51:28	00:04:18	00:32:15		O GROVE
44	53	JORGE	GONÇALVES	00:52:03	00:04:21	00:52:00	00:04:20	00:31:48	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
45	220	RODRIGO NUNES	SILVA	00:52:03	00:04:21	00:51:59	00:04:20	00:32:10	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
46	3579	FRANCISCO	SANMARCO SANTOS	00:52:17	00:04:22	00:51:48	00:04:19	00:33:10	SAR-VERMU PETRONI	PADRON
47	4448	JOSÉ	ÁLVAREZ LENCE	00:52:18	00:04:22	00:52:12	00:04:21	00:32:36	VERXEL NUTRICIÓN DEPORTIVA	LUGO
48	3936	ADOLFO	RODRIGUEZ RODRIGUEZ	00:52:18	00:04:22	00:51:59	00:04:20	00:32:36	ATENAS RUNNING VDA	VILLAGARCIA
49	3332	JOSE MANUEL	DOPICO SOTO	00:52:31	00:04:23	00:52:25	00:04:23	00:32:06	C.D. EGOVARROS-VIVEIRO	SAN SATURNINO
50	577	FRANCISCO JAVIER	PIAS	00:52:35	00:04:23	00:51:55	00:04:20	00:33:09		NEGREIRA
51	3529	JOSE ANTONIO	BERMUDEZ TURNES	00:52:36	00:04:23	00:51:46	00:04:19	00:33:12	NOITEBRA FC	BRION
52	3504	TEODORO	MARTINEZ ALONSO	00:52:42	00:04:24	00:52:05	00:04:21	00:32:59	LIMIATIVA	OURENSE
53	876	VICENTE	SILVALDE MARTINEZ	00:52:57	00:04:25	00:52:47	00:04:24	00:32:26		SANTIAGO DE COMPOSTELA
54	3573	SAUL	GOMEZ ARROJO	00:52:57	00:04:25	00:52:50	00:04:25	00:32:09	RUNNING OLEIROS	FURIS_CASTROVERDE
55	3739	JOSÉ RAMÓN	MARTÍNEZ BLANCO	00:53:03	00:04:26	00:52:27	00:04:23	00:33:15		CALVOS DE RANDIN
56	185	JESUS	LOPEZ PALEO	00:53:04	00:04:26	00:52:48	00:04:24	00:32:58	CLUB ATLETISMO SADA	BURELA
57	473	GONZALO	COUCEIRO SANCHEZ	00:53:09	00:04:26	00:52:56	00:04:25	00:33:13		VIVEIRO
58	3310	RAFAEL	PEREZ REGO	00:53:12	00:04:26	00:52:41	00:04:24	00:33:20	ATLETISMO TUI- THERMALIA	FERROL
59	4442	JORGE	REGAL LAMELO	00:53:12	00:04:26	00:52:57	00:04:25	00:32:33	MARATÓN NATTEX BARBADÁS	OURENSE
60	203	JUAN ANTONIO	ARGIBAY PEREZ	00:53:25	00:04:28	00:53:05	00:04:26	00:33:26	CLUB NATACION RIVEIRA	SANTA EUGENIA DE RIVEIRA
61	3867	CAMILO	RIAL SANCHIÑO	00:53:26	00:04:28	00:52:52	00:04:25	00:33:12		SANTIAGO
62	1849	PEDRO	VIÑAS GONZALEZ-ZAERA	00:53:34	00:04:28	00:53:09	00:04:26	00:33:03	AGRUPACIÓN DEPORTIVA LA MERCED	SARRIA
63	3778	ANGEL JOSE	TURRION PEREIRO	00:53:39	00:04:29	00:53:18	00:04:27	00:33:25		A CORUÑA
64	3502	MARTIN	FERNANDEZ LOPEZ	00:53:45	00:04:29	00:53:14	00:04:27	00:33:40	LAMARGHA-AUTOTODO	O CARBALLIÑO
65	875	RAMIRO	COUCE VELLON	00:53:53	00:04:30	00:53:44	00:04:29	00:33:24		SAN SADURNIÑO
66	3732	XAIME	RIVAS POSSE	00:53:54	00:04:30	00:53:39	00:04:29	00:33:37		SANTIAGO
67	414	SANTIAGO	ÁLVAREZ LODEIRO	00:53:58	00:04:30	00:53:02	00:04:26	00:34:10		SANTIAGO
68	3794	PABLO	GONZALEZ GONZALEZ	00:53:59	00:04:30	00:53:26	00:04:28	00:33:47		A CORUÑA
69	3790	JESÚS	VAAMONDE RÚA	00:54:01	00:04:31	00:53:43	00:04:29	00:33:10		LA CORUÑA
70	3066	FRANCISCO ANTONIO	SANTIAGO SUÁREZ	00:54:03	00:04:31	00:53:54	00:04:30	00:33:35	CLUB DEPORTIVO PINARIUM	MARÍN
71	448	ADOLFO	PEREIRO RAPOSO	00:54:04	00:04:31	00:53:54	00:04:30	00:32:41		SANTIAGO DE COMPOSTELA
72	425	JOSE MANUEL	VALIÑO CEREIJO	00:54:04	00:04:31	00:53:52	00:04:30	00:33:39		TOURO
73	527	JESÚS	CEA PEREIRO	00:54:05	00:04:31	00:53:41	00:04:29	00:34:04		SANTIAGO DE COMPOSTELA
74	512	FERNANDO	LEIRA IGLESIAS	00:54:10	00:04:31	00:53:43	00:04:29	00:33:51		FERROL
75	3560	JUAN MIGUEL	COSTA LAGO	00:54:15	00:04:32	00:53:39	00:04:29	00:34:28	PRAIA DE CARNOTA RUNNERS	CARNOTA
76	221	RUI AMORIM	OLIVEIRA	00:54:15	00:04:32	00:53:37	00:04:29	00:34:21	CONVENCIDOS.COM	S.JOÃO DE VER
77	1843	JOSE	FILGUEIRA MELENDEZ	00:54:17	00:04:32	00:53:47	00:04:29	00:34:38	ASOCIACIÓN DEPORTIVA CERNE	OURENSE
78	1654	JOSE	ARUFE	00:54:18	00:04:32	00:54:03	00:04:31	00:34:00	REAL AERoclUB DE SANTIAGO	SANTIAGO DE COMPOSTELA
79	3419	ANTONIO	LOIS PEREZ	00:54:20	00:04:32	00:54:08	00:04:31	00:33:45	CLUB MARINEDA ATLETICO	A CORUÑA

80	472 FRANCISCO	OCHOA VIDAL	00:54:21	00:04:32	00:53:53	00:04:30	00:34:52		O GROVE
81	1109 JUAN CARLOS	PEREIRA REDONDO	00:54:24	00:04:32	00:53:16	00:04:27	00:34:05		POBRA DO CARAMIÑAL
82	3444 MONCHO	FERRACES VAZQUEZ	00:54:24	00:04:32	00:54:12	00:04:31	00:32:58	CLUBE ATLETISMO BOIMORTO	SANTIAGO
83	3289 BENITO ALBERTO	GUTIERREZ ALONSO	00:54:30	00:04:33	00:53:58	00:04:30	00:33:45	ATLETISMO FONTES DO SAR	SALAMANCA
84	3245 ANDRES	LOPEZ TORRES	00:54:32	00:04:33	00:54:02	00:04:31	00:34:01	ATENAS RUNNIG VDA	VILAGARCIA DE AROUSA
85	3635 FRANCISCO	ROCA LOPEZ	00:54:32	00:04:33	00:54:10	00:04:31	00:33:46	ZEPPELIN TORGUESA FINFLOOR	LUGO
86	3452 RAMON	BARREIRO CERNADAS	00:54:35	00:04:33	00:53:48	00:04:29	00:34:23	CLUBE ATLETISMO OUTES JOHN TURKEYS	OUTES
87	3384 MANUEL	FERREIRA VARELA	00:54:41	00:04:34	00:54:21	00:04:32	00:34:07	CLUB ATLETISMO SADA	CORUÑA
88	464 AGUSTIN	HERNANDEZ FERNANDEZ DE ROJAS	00:54:47	00:04:34	00:54:38	00:04:34	00:33:21		MADRID
89	3488 JOSE CARLOS	CARREGAL SANCHEZ	00:54:47	00:04:34	00:54:35	00:04:33	00:33:45	FLUVIAL DE LUGO MONTE SEGADE	LUGO
90	4470 NINO	SAAVEDRA GAYOSO	00:54:52	00:04:35	00:54:33	00:04:33	00:33:34	C.D. VAL DA RABEDA	OURENSE
91	3443 JORGE	DUARTE VAZQUEZ	00:54:55	00:04:35	00:54:40	00:04:34	00:34:21	CLUBE ATLETISMO BOIMORTO	A CORUÑA
92	3772 JOSE MANUEL	MOURE RODRIGUEZ	00:54:59	00:04:35	00:54:31	00:04:33	00:34:08		MONFORTE DE LEMOS
93	4460 EMILIO	BRUN VAZQUEZ	00:55:01	00:04:36	00:54:28	00:04:33	00:34:48	ATLETICO BERTAMIRANS	SANTIAGO DE COMPOSTELA
94	1214 RAMON	CAMPOS COSTA	00:55:02	00:04:36	00:54:55	00:04:35	00:33:34		SANTIRSO(MUXÍA)
95	3726 PRIMITIVO	RAMA BLANCO	00:55:05	00:04:36	00:54:49	00:04:35	00:34:32		SANTIAGO DE COMPOSTELA
96	533 JOSÉ	LUACES GONZÁLEZ	00:55:24	00:04:37	00:55:02	00:04:36	00:34:17		LUGO
97	3765 PEPE	RODRÍGUEZ NOVO	00:55:29	00:04:38	00:55:07	00:04:36	00:34:19		LUGO
98	1482 GONZALO	PARENTE	00:55:30	00:04:38	00:54:38	00:04:34	00:34:36		A CORUÑA
99	251 TOÑO	GARCÍA PENA	00:55:38	00:04:39	00:55:05	00:04:36	00:34:36	METALICA HERCULINA	A CORUÑA
100	386 JOSE JAVIER	BRAÑAS ABRAIRA	00:55:40	00:04:39	00:54:19	00:04:32	00:35:25		BILBAO
101	4461 MANUEL	GALLEGO PRIEGO	00:55:42	00:04:39	00:55:09	00:04:36	00:34:54	ATLETICO BERTAMIRANS	MADRID
102	3820 GUILLERMO	CONCHEIRO FERNÁNDEZ	00:55:43	00:04:39	00:54:26	00:04:33	00:35:23		CAMBRE
103	3365 CAMILO	IGLESIAS LOPEZ	00:55:47	00:04:39	00:55:40	00:04:39	00:34:28	CLUB ATLETISMO MILLADOIRO	OURENSE
104	4165 ROGELIO MANUEL	PEREZ MIÑONES	00:55:48	00:04:39	00:55:32	00:04:38	00:34:06		PARÍS (FRANCIA)
105	1632 MANUEL CARLOS	ARAUJO PEREZ	00:55:49	00:04:40	00:55:43	00:04:39	00:33:44		VERIN
106	1831 JOSÉ	RIBEIRO	00:55:57	00:04:40	00:55:46	00:04:39	00:35:16	CLUBE OS BRAGUINHAS	BRAGA
107	74 JOSE CARLOS	VIEITO PICALLO	00:55:58	00:04:40	00:55:41	00:04:39	00:35:23	SIGUEME SI PUEDES	FERROL
108	4162 JOSÉ	GÓMEZ VIAÑO	00:55:59	00:04:40	00:55:28	00:04:38	00:35:20		AMES
109	4219 CARLOS MANUEL	IGLESIAS CANDAL	00:56:09	00:04:41	00:55:40	00:04:39	00:35:05		A CORUÑA
110	3796 DIONISIO JOSE	BUENO GARCIA	00:56:15	00:04:42	00:55:49	00:04:40	00:34:50		VILLANUEVA DEL ARZOBISPADO (JAÉN)
111	3570 JOSÉ ANTONIO	SAAVEDRA PAZOS	00:56:32	00:04:43	00:56:03	00:04:41	00:35:54	RUNAWAYS	VENEZUELA
112	3339 CASTOR	TOMBO CANTARILLA	00:56:32	00:04:43	00:56:11	00:04:41	00:35:12	CASTRO TRAIL	OURENSE
113	3786 GABRIEL	BUDIÑO VAZQUEZ	00:56:33	00:04:43	00:56:01	00:04:41	00:35:19		SANTIAGO DE COMPOSTELA
114	3331 JOSE CARLOS	MILLARES DOMENECH	00:56:33	00:04:43	00:55:50	00:04:40	00:35:28	C.N. PORTAMIÑÁ	LUGO
115	884 ELOY	IGLESIAS CRISTOBO	00:56:34	00:04:43	00:56:33	00:04:43	00:34:33		VALGA
116	4161 JOSE	BLANCO REY	00:56:34	00:04:43	00:56:24	00:04:42	00:35:41		CORBELLE, A PEROXA, OURENSE
117	883 CARLOS	CALZADILLA BOUZON	00:56:39	00:04:44	00:56:04	00:04:41	00:34:43		VIGO
118	1635 JOSÉ MANUEL	NOUCHE BOTANA	00:56:44	00:04:44	00:56:14	00:04:42	00:35:31	ATLETISMO FONTES DO SAR	ORDES
119	4064 JOSÉ MANUEL	GONZÁLEZ GONZÁLEZ	00:56:45	00:04:44	00:55:55	00:04:40	00:35:37	JIMBARÁN RUNNING	PARIS
120	4176 JUAN JOSÉ	RUBIO GARCÍA DEL VILLAR	00:56:48	00:04:44	00:55:51	00:04:40	00:35:52		VIGO
121	957 ALBERTO	PARDO PÉREZ	00:56:59	00:04:45	00:56:01	00:04:41	00:36:43		MELIDE
122	4152 JOSE	LOPEZ ANEIROS	00:57:13	00:04:47	00:56:27	00:04:43	00:35:43		FERROL
123	3760 JUAN ANTONIO	RIVAS ROMERO	00:57:13	00:04:47	00:56:14	00:04:42	00:35:54		MUGARDOS
124	1124 MANUEL	MUNIN SANCHEZ	00:57:21	00:04:47	00:57:08	00:04:46	00:35:13		SANTIAGO
125	3360 JESUS	PEREIRO MALLO	00:57:28	00:04:48	00:56:36	00:04:43	00:35:45	CLUB ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
126	3846 ORLANDO	FERREIRA	00:57:33	00:04:48	00:57:04	00:04:46	00:36:07		GONDOMAR
127	1829 DOMINGOS	SOUSA	00:57:33	00:04:48	00:57:15	00:04:47	00:35:38	CLUBE OS BRAGUINHAS	BRAGA
128	4187 JOSÉ ANTONIO	BLANCO BARREIRO	00:57:36	00:04:48	00:57:04	00:04:46	00:35:47		SANTA COMBA
129	1323 JOAQUÍN	ALVAREZ PORTELA	00:57:41	00:04:49	00:57:04	00:04:46	00:35:37		LA CORUÑA
130	463 FRANCISCO	MILLET AYASO	00:57:42	00:04:49	00:57:07	00:04:46	00:35:21		RIBEIRA
131	702 MARIO	ARUFE SANTAMARIA	00:57:46	00:04:49	00:56:57	00:04:45	00:36:04	ATLETISMO NOIA	NOIA
132	3840 LUIS	JIMENEZ GARCIA	00:57:56	00:04:50	00:57:18	00:04:47	00:35:41		AVILA
133	542 JUAN IGNACIO	VERDEJO	00:58:01	00:04:51	00:57:51	00:04:50	00:36:00		MADRID
134	67 JESUS	PEREZ TRILLO	00:58:05	00:04:51	00:57:41	00:04:49	00:36:07	PRAIA DE CARNOTA RUNNERS	CARNOTA

190	315 ANGEL	RODRIGUEZ SANTAMARIA	01:00:40	00:05:04	01:00:30	00:05:03	00:36:49		RIVEIRA
191	4004 JOSE LUIS	AMIGO DIGÓN	01:00:41	00:05:04	00:59:58	00:05:00	00:37:44	CLUB CORREDORES BECERREÁ	LUGO
192	1088 JOSE MANUEL	LAMELA RIVERA	01:00:42	00:05:04	00:59:36	00:04:58	00:38:38		O BARCO DE VALDEORRAS
193	1200 ALVARO	PAINCEIRA FERRACES	01:00:43	00:05:04	00:59:57	00:05:00	00:37:44		OROSO
194	4006 ANTONIO	RIO LOMBARDEIRO	01:00:45	00:05:04	01:00:03	00:05:01	00:37:53	CLUB DE COMUNICACIÓNS - FEDEROPTICOSLUKUS	BALEIRA
195	3182 XOSÉ MANUEL	LISTE PIÑEIRO	01:00:49	00:05:05	01:00:39	00:05:04	00:37:49		SANTIAGO DE COMPOSTELA
196	268 FILIPE	LEMOS	01:01:00	00:05:05	01:00:07	00:05:01	00:38:42	PORTORUNNERS	PORTO
197	4469 JORGE	PUGA GONZALEZ	01:01:01	00:05:06	01:00:10	00:05:01	00:38:14	C.D. VAL DA RABEDA	OURENSE
198	679 MANUEL	MENDONÇA	01:01:03	00:05:06	01:00:21	00:05:02	00:37:35	AFIS	OVAR
199	4209 ANTONIO	CAÑAS DELGADO	01:01:15	00:05:07	01:00:22	00:05:02	00:37:35		MONTORO
200	924 ENRIQUE	NIETO POL	01:01:16	00:05:07	01:00:43	00:05:04	00:37:43		SANTIAGO
201	1039 ISAAC MANUEL	FUENTES BOQUETE	01:01:16	00:05:07	01:00:11	00:05:01	00:38:15		SANTIAGO DE COMPOSTELA
202	693 XOSÉ	CABIDO PÉREZ	01:01:16	00:05:07	01:00:12	00:05:01	00:38:15	ATLETISMO FONTES DO SAR	VERÍN
203	4129 JESÚS	CASTRO LÓPEZ	01:01:25	00:05:08	01:00:13	00:05:02	00:38:17	UNIVERSIDADE DE SANTIAGO DE COMPOSTELA	LUGO
204	4273 SANTIAGO	SIMON CUADRADO	01:01:29	00:05:08	00:59:53	00:05:00	00:38:37		A CORUÑA
205	298 JAIME	LOPEZ SANCHEZ	01:01:33	00:05:08	01:00:32	00:05:03	00:38:20	VIRXIGUINIANOS TRAIL	RIVEIRA
206	854 JOSE MANUEL	PEREZ LAMPON	01:01:33	00:05:08	01:00:31	00:05:03	00:38:20	VIRXE DA GUIA	CARREIRA
207	4285 FERMIN	RODRIGUEZ SIRVENT	01:01:33	00:05:08	01:01:09	00:05:06	00:38:07		OURENSE
208	926 FERNANDO	SUÁREZ SANDOMINGO	01:01:34	00:05:08	01:01:16	00:05:07	00:37:06		ORTIGUEIRA
209	944 JOSE MANUEL	GENDRA VIEITES	01:01:40	00:05:09	01:00:16	00:05:02	00:39:17		SANTIAGO DE COMPOSTELA
210	708 GUILLERMO ANTONIO	GONZALEZ TEIJEIRO	01:01:40	00:05:09	01:00:49	00:05:05	00:37:50	BASADRE & SUFLENORSA RUNNING TEAM	VIGO.
211	4464 JAVIER	LOPEZ MARTIN	01:01:41	00:05:09	01:01:06	00:05:06	00:37:35	ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
212	4109 RAMON	GOMEZ RIVADULLA	01:01:42	00:05:09	01:00:21	00:05:02	00:38:43	SAUNIER DUVAL	BRION
213	4500 MIGUEL ANGEL	VILELA PEREIRA	01:01:43	00:05:09	01:00:58	00:05:05	00:38:50	VETERAN@S DE GALICIA	PONTEVEDRA
214	1011 ELADIO	MENDEZ CASAL	01:01:45	00:05:09	01:01:06	00:05:06	00:37:15		AGOLADA
215	4130 MANUEL RAMIRO	RODRÍGUEZ RODRÍGUEZ	01:01:47	00:05:09	01:00:35	00:05:03	00:38:25	UNIVERSIDADE DE SANTIAGO DE COMPOSTELA	CASTROVERDE
216	600 CARLOS	PAZ COSTAS	01:01:51	00:05:10	01:01:19	00:05:07	00:38:13		SANTIAGO DE COMPOSTELA
217	4073 MARCELO GABRIEL	TRIPODI	01:01:54	00:05:10	01:00:30	00:05:03	00:39:40	MIXMASTER RUNNING	BUENOS AIRES
218	4072 JOSE LUIS	PENALTA DATORRE	01:01:59	00:05:10	01:00:35	00:05:03	00:39:09	MIXMASTER RUNNING	LALIN
219	674 ÁNGEL M.	ÁLVAREZ SOTO	01:02:12	00:05:11	01:01:16	00:05:07	00:38:59	A.D.R. VARA E PEDAL	MAÑÓN
220	1762 VICENTE	CARBALLO GONZÁLEZ	01:02:13	00:05:12	01:00:33	00:05:03	00:39:55		TUI
221	3254 TOMAS	ABELEDÓ PATIÑO	01:02:17	00:05:12	01:01:35	00:05:08	00:40:01	ATLETAS DE ACEA DE AMA	A CORUÑA
222	903 FERNANDO JAVIER	CASTRO VILAS	01:02:24	00:05:12	01:00:36	00:05:03	00:40:10		VILAGARCIA DE AROUSA
223	1851 MANUEL	LAGO MOLEDOCC	01:02:37	00:05:14	01:02:17	00:05:12	00:38:28	CAO SIERRA DE OUTES	OUTES
224	817 ABEL	CARDOSO	01:02:48	00:05:14	01:01:55	00:05:10	00:39:23	PORTO RUNNERS - CLUB DE CORRIDA	PORTO
225	4292 GONZALO	LOPEZ MARTIN	01:02:50	00:05:15	01:01:31	00:05:08	00:39:38		A CORUÑA
226	4003 ABEL	AMIGO DIGON	01:02:55	00:05:15	01:02:11	00:05:11	00:38:54	CLUB CORREDORES BECERREÁ	LUGO
227	985 CARLOS	DÍAZ-PACHE MACKINLAY	01:02:57	00:05:15	01:02:10	00:05:11	00:38:53		FERROL
228	4000 ANDRÉS	GONZÁLEZ GARCÍA	01:02:57	00:05:15	01:02:16	00:05:12	00:38:45	CLUB CASTRO DE LOBADIZ	A CORUÑA
229	3835 JUAN CARLOS	MENÉNDEZ DOMÍNGUEZ	01:02:59	00:05:15	01:02:45	00:05:14	00:38:10		ARTEIXO
230	1012 ELISEO	IGLESIAS BARREIRO	01:03:06	00:05:16	01:02:54	00:05:15	00:39:50		NOYA
231	4049 ALEJANDRO	VIDAL DIAZ	01:03:07	00:05:16	01:01:35	00:05:08	00:40:04	ESPRINTES OURENSE	GUSTEI-COLES (OURENSE)
232	1085 JOSE LUIS	VAZQUEZ CAMINO	01:03:07	00:05:16	01:01:58	00:05:10	00:39:57		SANTIAGO
233	478 JOSE ANTONIO	VARELA IGLESIAS	01:03:08	00:05:16	01:02:56	00:05:15	00:38:48		SANTIAGO
234	4312 JESUS MATIAS	DOMINGUEZ GOMEZ	01:03:11	00:05:16	01:02:00	00:05:10	00:39:21		A LARACHA
235	1014 ENRIQUE	BLANCO REY	01:03:15	00:05:17	01:03:06	00:05:16	00:39:00		A PEROXA
236	1208 ANTONIO A	PEREZ VAZQUEZ	01:03:18	00:05:17	01:02:06	00:05:11	00:39:52		MUGARDOS
237	3949 MANUEL ANGEL	COBAS OTERO	01:03:19	00:05:17	01:02:41	00:05:14	00:39:27	ATLETISMO FONTES DO SAR	BUENOS AIRES
238	4255 MARIO	CAL VARELA	01:03:19	00:05:17	01:02:17	00:05:12	00:38:55		NARÓN
239	1779 MODESTO	ROUCO VILAR	01:03:21	00:05:17	01:02:48	00:05:14	00:39:53		VIGO
240	716 MANUEL ANTONIO	ALFONSO PÉREZ	01:03:24	00:05:17	01:02:56	00:05:15	00:39:36	C.D. RIA DE AROUSA O GROVE	O GROVE
241	740 ALFREDO JESUS	ATRIO GONZALEZ	01:03:24	00:05:17	01:02:42	00:05:14	00:39:05	CLUB ATLETISMO NEGREIRA	HONDARRIBIA
242	701 JOSE SEGUNDO	LOPEZ HERMO	01:03:25	00:05:18	01:02:36	00:05:13	00:39:33	ATLETISMO NOIA	NOIA
243	770 RAIMUNDO	SILVA	01:03:26	00:05:18	01:02:52	00:05:15	00:39:17	CONVENCIDOS.COM	OVAR
244	3988 JOSE ISAIAS	BURLIDO BORREGO	01:03:30	00:05:18	01:02:35	00:05:13	00:39:58	CLUB ATLETISMO PORRIÑO	PORRIÑO

245	4392 ANTONIO	MELON GONZALEZ	01:03:31	00:05:18	01:01:30	00:05:08	00:41:32	SAO PAULO
246	1387 BENITO	GONZÁLEZ VARELA	01:03:37	00:05:19	01:03:10	00:05:16	00:38:37	SANTIAGO
247	603 JOSE	CERQUEIRO CONDE	01:03:37	00:05:19	01:03:24	00:05:17	00:39:41	SANTIAGO DE COMPOSTELA
248	1832 JOSÉ	SEQUEIRA	01:03:42	00:05:19	01:03:32	00:05:18	00:38:53	CLUBE OS BRAGUINHAS
249	1759 JORGE	LORENZO SOUTO	01:03:49	00:05:20	01:03:39	00:05:19	00:39:05	SANTIAGO DE COMPOSTELA
250	4206 ANGEL RAMON	MARTINEZ CAMBON	01:03:50	00:05:20	01:02:43	00:05:14	00:39:55	A CORUÑA
251	1286 FERNANDO	SAAVEDRA CASAS	01:03:52	00:05:20	01:03:23	00:05:17	00:38:35	GINEBRA SUIZA
252	4141 JAVIER	RIO RODRIGUEZ	01:03:52	00:05:20	01:02:53	00:05:15	00:39:06	CARBALLO
253	1827 ANTÓNIO	FERREIRA	01:03:57	00:05:20	01:02:47	00:05:14	00:41:03	CLUBE OS BRAGUINHAS
254	1494 LUIS	SOTO AMIL	01:03:59	00:05:20	01:02:59	00:05:15	00:40:16	GULÁNS
255	1159 PEDRO	SANCHEZ CARREIRA	01:04:02	00:05:21	01:03:40	00:05:19	00:37:55	ARZUA
256	760 MIGUEL ANGEL	VAZQUEZ VEIGA	01:04:05	00:05:21	01:03:25	00:05:18	00:39:03	CLUBE ATLETISMO BOIMORTO
257	766 XOSÉ FRANCISCO	BUDIÑO PEREIRA	01:04:27	00:05:23	01:02:49	00:05:15	00:40:51	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"
258	4054 MANUEL	PICOUTO DURÁN	01:04:36	00:05:23	01:03:03	00:05:16	00:41:26	ESPINTES OURENSE
259	1795 JOSE	GOMEZ DURAN	01:04:40	00:05:24	01:04:04	00:05:21	00:39:42	CORUÑAN
260	1222 JUAN CARLOS	FERNÁNDEZ GONZÁLEZ	01:04:59	00:05:25	01:03:56	00:05:20	00:40:00	VIVEIRO
261	4326 MANUEL	REY PUENTE	01:05:01	00:05:26	01:03:55	00:05:20	00:41:23	BÓVEDA
262	1170 RICARDO SERAFIN	VICENTE PEREIRAS	01:05:02	00:05:26	01:03:31	00:05:18	00:41:48	PONTECESURES
263	4283 DANIEL	OTERO CEPEDA	01:05:10	00:05:26	01:04:28	00:05:23	00:39:53	SANTIAGO DE COMPOSTELA
264	807 ENRIQUE	CASTRO RODRIGUEZ	01:05:13	00:05:27	01:03:32	00:05:18	00:40:18	N+CR
265	4323 JUAN	TROBAJO DE LAS MATAS	01:05:14	00:05:27	01:03:32	00:05:18	00:41:22	LEON
266	1348 MANUEL	DOPICO BELLÓN	01:05:29	00:05:28	01:04:34	00:05:23	00:41:08	VALDOVIÑO
267	4247 LOLO	CALVIÑO BUGUEIRO	01:05:35	00:05:28	01:04:14	00:05:22	00:41:15	BERGONDO
268	1210 FELIPE	PATÍÑO JUNQUERA	01:05:35	00:05:28	01:04:19	00:05:22	00:41:33	FERROL
269	4404 JORGE	FERNANDEZ LÓPEZ	01:05:37	00:05:29	01:04:44	00:05:24	00:40:21	FENE
270	4290 ALONSO	ÁLVAREZ VENTOSO	01:05:44	00:05:29	01:04:22	00:05:22	00:40:34	A CORUÑA
271	1282 ANDRES	MAHIA CEDEIRA	01:05:52	00:05:30	01:05:11	00:05:26	00:41:34	A CORUÑA
272	832 ENRIQUE	PASEIRO PARDAL	01:05:54	00:05:30	01:04:07	00:05:21	00:41:12	SYNAPTYCA RUNNING CLUB
273	4057 JOSWE MANUEL	GONZALEZ GRAÑA	01:05:56	00:05:30	01:05:06	00:05:26	00:41:31	FONTES DO SAR
274	1715 JOSE	MARTINEZ LEIS	01:06:12	00:05:31	01:05:19	00:05:27	00:41:02	RO--XO
275	757 MANUEL	PEDROSA CARRETE	01:06:34	00:05:33	01:05:52	00:05:30	00:39:07	CLUB USC
276	4321 JOSE BENITO	LOPEZ BARREIRO	01:06:37	00:05:34	01:05:18	00:05:27	00:42:09	A ESTRADA
277	4496 ANTONI	OLIVERAS DOMINGUEZ	01:06:43	00:05:34	01:04:54	00:05:25	00:42:20	ATLETISMO CLUB SOCIAL BANCO PASTOR
278	3349 JUAN ERNESTO	PEÑA ROS	01:06:46	00:05:34	01:06:35	00:05:33	00:41:14	CEX CARTAGENA
279	4336 MARCELINO	DE JUAN BARQUIN	01:06:48	00:05:34	01:05:27	00:05:28	00:40:43	LOGROÑO
280	4293 ALEJANDRO	CAÑADA MUÑOZ	01:06:49	00:05:35	01:05:25	00:05:28	00:42:00	LA CORUÑA
281	1221 ANTONIO	GONZÁLEZ MARTÍNEZ-PEDRAYO	01:06:50	00:05:35	01:05:24	00:05:27	00:41:14	LEÓN
282	1065 JOSE	LOPEZ SOTO	01:06:52	00:05:35	01:05:18	00:05:27	00:42:36	FERROL
283	4244 JUAN CARLOS	GÓMEZ PÉREZ	01:06:54	00:05:35	01:05:21	00:05:27	00:43:56	O PINO
284	4069 ROMAN	ZUNZUNEGUI QUEIMADELOS	01:06:56	00:05:35	01:05:31	00:05:28	00:41:53	LÓSTREGOS COIA
285	4379 JUAN MANUEL	CUTRÍN MARTÍNEZ	01:06:58	00:05:35	01:05:26	00:05:28	00:43:55	A CORUÑA
286	604 JOSE LUIS	PAREDES MARCUÑO	01:06:58	00:05:35	01:06:30	00:05:33	00:40:44	SANTIAGO DE COMPOSTELA
287	1113 JUAN JOSE	PONCE BENITEZ	01:06:59	00:05:35	01:05:12	00:05:26	00:43:59	PONTEVEDRA
288	1371 JUAN MANUEL	RUIZ GONZÁLEZ	01:06:59	00:05:35	01:05:26	00:05:28	00:43:15	SANTA CRUZ DE TENERIFE
289	1197 XOSÉ MANUEL	DURÁN ORÚS	01:07:00	00:05:35	01:05:19	00:05:27	00:42:02	VIGO
290	1338 JUAN MANUEL	VIVANCO ANDINO	01:07:06	00:05:36	01:05:58	00:05:30	00:42:19	VALLE DE MENA
291	1275 JESÚS JULIO	ILLADE CERDEIRAS	01:07:10	00:05:36	01:06:22	00:05:32	00:42:50	CAMARIÑAS
292	1833 JOSÉ ALBERTO	FERREIRA	01:07:14	00:05:37	01:05:37	00:05:29	00:42:20	CLUBE OS BRAGUINHAS
293	4117 GONZALO	ALFONSIN SOLIÑO	01:07:33	00:05:38	01:06:28	00:05:33	00:42:50	TARTARUGAS
294	1440 JOSÉ LUIS	VILLAVERDE ACUÑA	01:07:43	00:05:39	01:06:29	00:05:33	00:41:28	SANTIAGO DE COMPOSTELA
295	1438 JOSÉ CAMILO	GARCÍA MATOS	01:07:43	00:05:39	01:06:28	00:05:33	00:41:29	SANTIAGO DE COMPOSTELA
296	109 RAUL COSTA	MACHADO	01:07:49	00:05:40	01:07:34	00:05:38	00:42:04	BRAGA
297	97 ANTÓNIO MARIA COUTINHO	MONTEIRO	01:07:50	00:05:40	01:06:42	00:05:34	00:42:00	BRAGA
298	4328 MANUEL JAVIER	MUÑIZ SEIJAS	01:08:05	00:05:41	01:07:02	00:05:36	00:42:26	A CORUÑA
299	1398 IGNACIO JOSÉ	OTERO LÓPEZ	01:08:11	00:05:41	01:07:47	00:05:39	00:39:55	SANTIAGO DE COMPOSTELA

300	4050	ÁNGEL	PUMAR BÓVEDA	01:08:17	00:05:42	01:06:42	00:05:34	00:42:20	ESPRINTES OURENSE	OURENSE
301	825	GERMAN	VILLANUSTRE ABUIN	01:08:19	00:05:42	01:07:30	00:05:38	00:41:51	SD BARBANTIA RODA	BOIRO
302	1703	EMILIO	LOMBAS GUTIERREZ	01:08:22	00:05:42	01:06:34	00:05:33	00:44:29	CAR LA ROBLA	LA ROBLA
303	1292	ALEJANDRO	FRANCO MARTÍNEZ	01:08:37	00:05:44	01:06:48	00:05:34	00:44:22		ORDES
304	808	MANUEL	DÍAZ MATO	01:08:40	00:05:44	01:07:33	00:05:38	00:43:00	NOITEBRA FC	LUGO
305	768	JOSÉ CARLOS	SILVA	01:08:51	00:05:45	01:08:36	00:05:43	00:43:46	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
306	1298	ANTÓNIO GODINHO	ANTÓNIO AUGUSTO SÁ FERREIRA GODINHO	01:08:55	00:05:45	01:08:05	00:05:41	00:42:36		CORTEGAÇA
307	4355	JOSE ANTONIO	MONTERO VILAR	01:08:57	00:05:45	01:08:04	00:05:41	00:43:17		A CORUÑA
308	1332	JOSE IGNACIO	FEIJOO JUARROS	01:09:00	00:05:45	01:07:31	00:05:38	00:43:48		OURENSE
309	1381	RICARDO JULIO	RODRÍGUEZ FERNÁNDEZ	01:09:01	00:05:46	01:07:25	00:05:38	00:43:03		FERROL
310	1354	MIGUEL	ARENAS MEZA	01:09:13	00:05:47	01:07:34	00:05:38	00:43:19		TRUIJILLO
311	4359	JUAN MANUEL	PEREZ FERNÁNDEZ	01:09:14	00:05:47	01:07:28	00:05:38	00:42:59		FERROL
312	3934	ELADIO	CASAL VÁZQUEZ	01:09:29	00:05:48	01:08:22	00:05:42	00:43:35	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
313	136	ENRIQUE	VAZQUEZ VAZQUEZ	01:09:29	00:05:48	01:08:12	00:05:41	00:43:35	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
314	1369	XOSÉ ANTÓN	COTÓN GAREA	01:09:29	00:05:48	01:08:04	00:05:41	00:43:49		O PINO
315	4303	EMILIO	SANGIL DEL RÍO	01:09:35	00:05:48	01:08:19	00:05:42	00:41:48		SANTIAGO DE COMPOSTELA
316	4104	JESUS	SERRANO SACRISTAN	01:09:37	00:05:49	01:08:23	00:05:42	00:43:21	RABADE CORRE CON VOS	MADRID
317	3533	MANUEL	MOURE SANDE	01:09:55	00:05:50	01:08:56	00:05:45	00:43:19	NOITEBRA FC	SANTIAGO
318	4382	RAÚL	GALAN CERVERO	01:10:20	00:05:52	01:08:38	00:05:44	00:44:17		MONTSERRAT-VALENCIA
319	722	LEAL	JOSÉ	01:10:26	00:05:53	01:09:43	00:05:49	00:44:14	CENTRO DE MARCHA E CORRIDA DO PORTO	PAREDES
320	788	MÁRIO	PINTO	01:10:57	00:05:55	01:09:49	00:05:50	00:45:28	I-RUN	PORTO
321	4477	JOSÉ MANUEL	FERNÁNDEZ GALLEGO	01:10:59	00:05:55	01:09:59	00:05:50	00:44:12	MARATÓN NATTEX BARBADÁS	OURENSE
322	4369	JUAN	FERNANDEZ RILO	01:11:04	00:05:56	01:09:20	00:05:47	00:44:10		FERROL
323	1424	SANTIAGO	TOME MARTINEZ DE RITUERTO	01:11:10	00:05:56	01:10:05	00:05:51	00:44:34		SANTIAGO
324	1400	JAVIER	LUPON VILLAGRASA	01:11:15	00:05:57	01:09:48	00:05:49	00:44:43		ZARAGOZA
325	1839	ANTÓNIO	MATIAS	01:11:30	00:05:58	01:10:05	00:05:51	00:46:32	MUNICÍPIO DE CASTRO DAIRE	LISBOA
326	96	ANTÓNIO ALVEOLOS	SANTOS	01:11:46	00:05:59	01:11:32	00:05:58	00:43:10		BRAGA
327	1242	GABRIEL	BARROS GONZALEZ	01:12:17	00:06:02	01:10:42	00:05:54	00:46:20		LOMAS DE ZAMORA
328	1241	FRANCISCO	MARTINEZ RODRIGUEZ	01:12:18	00:06:02	01:10:43	00:05:54	00:46:20		VIGO
329	4061	JOSÉ MIGUEL	PÉREZ RODRÍGUEZ	01:12:26	00:06:03	01:11:06	00:05:56	00:45:17	GRUPO CUEVAS NOGUEIRA TRAIL	FRAGA
330	1291	ALBERTO	DO RIO QUIROGA	01:12:53	00:06:05	01:11:26	00:05:58	00:45:54		OURENSE
331	3997	JULIO	ESCALANTE DIEGO	01:13:10	00:06:06	01:12:06	00:06:01	00:44:58	CLUB ATLETISMO SADA	BUENOS AIRES
332	1336	JUAN	RIAL GALLEGO	01:13:49	00:06:10	01:12:23	00:06:02	00:46:16		TEO
333	4356	JOSE ANTONIO	BOCELO PRIETO	01:13:55	00:06:10	01:12:35	00:06:03	00:46:05		BERGONDO
334	843	JOSÉ	VELOSO	01:14:13	00:06:12	01:13:18	00:06:07	00:45:06	TOP TOP	BRAGA - PORTUGAL
335	4128	JOSE	SAA MERINO	01:14:53	00:06:15	01:13:22	00:06:07	00:45:40	UNIVERSIDAD SANTIAGO	OURENSE
336	3919	ANTONIO FEDERICO	SERRAT SOTO	01:15:08	00:06:16	01:13:37	00:06:09	00:46:01	A.D. TRIPENTA TERRAS DE LUGO	VIGO
337	1461	JAVIER	GONZALEZ QUINTEIRO	01:15:09	00:06:16	01:13:36	00:06:08	00:45:56		AMES
338	1408	JOSÉ LUIS	COLLAZO MARIÑO	01:15:16	00:06:17	01:14:16	00:06:12	00:47:50		MARÍN
339	1324	JOEL	ALONSO MENDEZ	01:15:25	00:06:18	01:14:15	00:06:12	00:46:23		MEXICO
340	1768	CARLOS	SALMONTE VARELA	01:15:29	00:06:18	01:15:10	00:06:16	00:44:44		SANTIAGO
341	170	ANTÓNIO	BRANDÃO	01:15:29	00:06:18	01:15:09	00:06:16	00:46:27	CAIXA GERAL DE DEPÓSITOS - OVAR	OVAR
342	4232	IGNACIO MIGUEL	PALACIOS MARTÍNEZ	01:16:16	00:06:22	01:14:44	00:06:14	00:46:59		SAN SEBASTIÁN
343	1267	JAIME	ARMENTEROS PEDRERO	01:17:26	00:06:28	01:16:21	00:06:22	00:46:19		SALAMANCA
344	1415	MANUEL	SEIJAS RIVAS	01:17:57	00:06:30	01:16:41	00:06:24	00:48:22		LUGO
345	1433	DAVID	DIEGUEZ PAIS	01:18:17	00:06:32	01:17:54	00:06:30	00:49:12		PAMPLONA
346	1428	XAVIER	ZAS GARCIA	01:19:00	00:06:35	01:18:22	00:06:32	00:46:58		LARACHA
347	1789	CARLOS	CARID FERNANDEZ	01:19:36	00:06:38	01:18:18	00:06:32	00:49:54		CEA
348	1481	FERNANDO	DE ROSENDE GARCÍA	01:20:39	00:06:44	01:18:55	00:06:35	00:49:31		FERROL
349	4032	GONZALO	ALVAREZ PRADO	01:21:11	00:06:46	01:21:11	00:06:46	00:57:38	CORRECAMINOS COYOTE RUNNING TEAM-ORDES (A	ORDES
350	4385	JAVIER	CREMADES UGARTE	01:23:29	00:06:58	01:22:03	00:06:51	00:50:08		VITORIA
351	4038	JOSE MANUEL	REY RODRIGUEZ	01:27:00	00:07:15	01:25:14	00:07:07	00:53:15	DEXTER TRIATLÓN COMPOSTELA	CARACAS - VENEZUELA
352	142	ANTONIO	PEREZ OTERO	01:32:03	00:07:41	01:30:35	00:07:33	00:54:32	ATLETICA DE ALLARIZ	EIBAR
DQ	771	VITOR HUGO	LEITE	00:47:32	00:03:58	00:46:18	00:03:52		CONVENCIDOS.COM	SANTA MARIA DA FEIRA
DQ	1090	JOSE MANUEL	ARIAS RENDO	01:19:57	00:06:40	01:18:16	00:06:32			VEDRA

DNS	3398	JOAQUIN	SANCHEZ LEIRA						CLUB ATLETISMO SANTIAGO	PONTEDEUME
DNS	4226	FRANCISCO JAVIER	FERNÁNDEZ POLO							VIVEIRO
DNS	3256	CARLOS	ALLER FERNANDEZ						ATLETAS DE ACEA DE AMA	FERROL
DNS	4227	FRANCISCO JAVIER	PUMARES LOPEZ							SEGOVIA
DNS	4248	LUIS	FERNANDEZ-COUTO GOMEZ							FERROL
DNS	4216	CARLOS	GONZALEZ SOUTO							OURENSE
DNS	4275	TONO	PIÑEIRO LAGO							CARNOTA
DNS	3253	FRANCISCO JAVIER	RODRIGUEZ FERREIRO						ATLETAS DE ACEA DE AMA	A CORUÑA
DNS	4386	JOSE MANUEL	RODRIGUEZ BOUZA							NEDA
DNS	4001	ANTONIO	GONZÁLEZ FRANCO						CLUB CICLISTA CEE	EZARO (DUMBRÍA)
DNS	4338	XOÁN CARLOS	LORENZO ÁLVAREZ							PIÑOR
DNS	4171	CARLOS	RODRIGUEZ NOVOA							OURENSE
DNS	346	ANDRES	AGIS GONDAR							SANXENXO
DNS	226	JESUS	BALEATO PENSADO						DUBRA TEAM	BEMBIBRE
DNS	4348	CARLOS	ARES							A CORUÑA
DNS	3487	ALEJANDRO	NOVO VAZQUEZ						FLUVIAL DE LUGO MONTE SEGADE	LUGO
DNS	4008	CARLOS	PAMPÍN BOADO						CLUB DEPORTIVO PINARIUM	VILA DE CRUCES
DNS	4279	XOSÉ MANUEL	CAMBÓN ARCEO							SANTIAGO DE COMPOSTELA
DNS	4474	DAVID	GARCÍA CURROS						ESCOLA ATLETISMO DEZA	LALIN
DNS	3836	JUAN ENRIQUE	GONZÁLEZ MIGUÉNS							VIGO
DNS	129	JUAN JESÚS	PESADO DEL RÍO						AGRUPACION ATLETICA MAZI	VILAGARCÍA
DNS	3821	JAVIER	GUIMARAENS JUDEL							LA CORUÑA
DNS	3738	JOSE LUIS	SIMOES FERNANDEZ							VIGO
DNS	3767	JESÚS ANGEL	SANTIUSTE INSUA							A CORUÑA
DNS	3797	MIGUEL ÁNGEL	COS BLANCO							PONTEVEDRA
DNS	3737	JOSE ENRIQUE	GOMEZ LOPEZ							FERROL
DNS	4298	ALVARO	ZUBIELA GONZALEZ							OUTES
DNS	218	MANUEL ANTONIO	SILVA						CONVENCIDOS.COM	SANTA MARIA DA FEIRA
DNS	3879	JUAN JOSÉ	RIVAS LAGE							SESTAO
DNS	3915	MARIO	GONZALEZ FREIRE						3&RUN BY PEDRO NIMO CLUB CORREDORES	BUENOS AIRES
DNS	3335	JOAQUÍN	BARREIRO TATO						CAI A ESTRADA	FORCAREI
DNS	1377	FRANCISCO	COSTA GUIMARÃES BEIRES							PORTO
DNS	3311	ROSENDO	BUGARÍN GONZÁLEZ						ATLETISMO TUI- THERMALIA	TUI
DNS	1836	RAÚL	VELOSO						CLUBE OS BRAGUINHAS	BRAGA
DNS	1209	CARLOS	GONZÁLEZ GONZÁLEZ							ORENSE
DNS	1072	JOSÉ	GÓMEZ VIEITES							SANTIAGO
DNS	790	LUIS	LAYA FERNANDEZ						JOLOSOS	VILLAGARCIA
DNS	798	DANIEL	CASTROSEIROS PRIEGO						LÓSTREGOS COIA	VILLAGARCIA
DNS	1240	FRANCISCO	BELLO BELLO							LAXE
DNS	1225	AGUSTIN	GARRIDO VIÑAS							VILLAGARCIA
DNS	3156	ANTONIO	RIVAS FEAL							FERROL
DNS	1140	MIGUEL	FERREIRO CAMPOS							SANTIAGO
DNS	578	JOSÉ ANDRES	FREIRE GATO							FENE
DNS	1487	JOSÉ MANUEL	UZAL RODRÍGUEZ							SANTIAGO DE COMPOSTELA
DNS	3172	CARLOS	SILVA CESAR							SANTIAGO

VTCM VETERANOS C M Inscritos:

113 Llegados: 98

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	277	RAMIRO	PEREZ PEREIRA	00:46:22	00:03:52	00:46:16	00:03:52	00:28:44	SAR-VERMU PETRONI	TEO
2	3654	ANDRÉS	DOMÍNGUEZ CASTRO	00:49:50	00:04:10	00:49:35	00:04:08	00:30:55		SANTIAGO DE COMPOSTELA
3	3357	XOSE MANUEL	MALVIDO CARRILLO	00:49:52	00:04:10	00:49:44	00:04:09	00:31:28	CLUB ATLETISMO FONTES DO SAR	SANTIAGO
4	1645	SEVERINO	SANTOS	00:51:04	00:04:16	00:50:59	00:04:15	00:30:44	G.D.R.- GRANJA- TRUTAS DO MAU	CASTRO DAIRE
5	3032	MANUEL	CARAMES	00:52:04	00:04:21	00:52:04	00:04:21	00:32:05	C.A.R. MARISQUEIRO	TUY
6	859	JESÚS	LODEIRO MÉNDEZ	00:52:18	00:04:22	00:52:02	00:04:21	00:32:40		BOQUEIXON
7	188	JORGE	VILARIÑO MOZO	00:52:21	00:04:22	00:52:06	00:04:21	00:32:35	CLUB CASTRO DE LOBADIZ	FERROL

8	3328	DOMINGO	ALVAREZ IGLESIAS	00:53:00	00:04:25	00:52:16	00:04:22	00:33:06	C.D.EGOVARROS-VIVEIRO	LA CORUÑA
9	3262	JOSE MATIAS	REGUEIRA BOO	00:53:58	00:04:30	00:53:49	00:04:30	00:32:55	ATLETICA BARBANZA	16/07/51
10	3545	JULIO	SUAREZ VAZQUEZ	00:54:05	00:04:31	00:53:56	00:04:30	00:33:34	PARQUE RUNNERS	BETANZOS
11	4468	JESUS	RODRIGUEZ BLANCO	00:54:48	00:04:34	00:54:30	00:04:33	00:34:10	C.D. VAL DA RABEDA	OURENSE
12	458	SANTIAGO	SEOANE TRIGO	00:54:58	00:04:35	00:54:46	00:04:34	00:34:45		SANTIAGO
13	4087	JOSE ALFONSO	ELVIRA DEL OLMO	00:55:28	00:04:38	00:55:28	00:04:38	00:34:42	OS DAS SETE - FISIOVITALSAUDE	OURENSE
14	3965	JOSE RAMON	CONDE TORRES	00:55:51	00:04:40	00:55:46	00:04:39	00:34:50	C.A.R. MARISQUEIRO	PORRIÑO
15	3982	JOSE	GOMEZ BIOQUE	00:55:53	00:04:40	00:55:41	00:04:39	00:35:05	CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL	GUADIX-GRANADA
16	3741	LUIS	SEOANE CEBREIROS	00:56:10	00:04:41	00:55:48	00:04:39	00:35:24		OURENSE
17	3930	JOSE	SEIJO MARTINEZ	00:56:32	00:04:43	00:55:51	00:04:40	00:35:03	ASALTAMONTES	CARTELLE (OURENSE)
18	4119	FRANCISCO JAVIER	LEMA PEREZ	00:56:38	00:04:44	00:56:31	00:04:43	00:34:25	TERRA DE SONEIRA C.D.	CABANA DE BERGANTIÑOS
19	179	JOSE	ARUFE QUINTELA	00:56:46	00:04:44	00:56:38	00:04:44	00:35:33	CLUB ATLETISMO MILLADOIRO	SANTIAGO
20	1278	JULIO CESAR	CONSTENLA FONTAN	00:56:47	00:04:44	00:56:35	00:04:43	00:35:08		BARRO
21	3274	JESÚS	CARBALLEIRA FLÓREZ	00:57:03	00:04:46	00:56:21	00:04:42	00:36:12	ATLETISMO BAIONA	REDONDELA
22	4101	EMILIO	CANAL BLANCO	00:57:26	00:04:48	00:56:52	00:04:45	00:36:03	PRAIA DE CARNOTA RUNNERS	OURENSE
23	3941	JOSE LUIS	REQUEJO PEREZ	00:57:28	00:04:48	00:57:19	00:04:47	00:35:24	ATLETAS VETERANOS OURENSE	OURENSE
24	4449	ANTONIO TEOLINDO	TORRE MEJÍA	00:57:54	00:04:50	00:57:48	00:04:49	00:35:04	VERXEL NUTRICIÓN DEPORTIVA	LUGO
25	382	JOSE	PENA FRANCO	00:58:36	00:04:53	00:57:50	00:04:50	00:36:45		RIVEIRA
26	4017	ENRIQUE	LOPEZ FOLGUEIRAS	00:58:38	00:04:54	00:57:54	00:04:50	00:37:04	CLUB MONTEPENARUBIA LUGO	CORGO
27	3849	SANTIAGO	LOSADA PEREZ	00:59:03	00:04:56	00:58:49	00:04:55	00:36:32		SOBER
28	4251	MANUEL	OUTES PAZ	00:59:43	00:04:59	00:59:32	00:04:58	00:36:12		CORCUBIÓN
29	528	JESUS ANTONIO	GARCIA CAO	01:00:03	00:05:01	00:59:51	00:05:00	00:36:55		SANTIAGO DE COMPOSTELA
30	3967	FERMIN	PAN OTERO	01:00:10	00:05:01	00:59:08	00:04:56	00:38:18	C.D. EGOVARROS-VIVEIRO	A CORUÑA
31	715	SEVERIANO	LORENZO SANTAMARIA	01:00:13	00:05:02	00:59:40	00:04:59	00:37:31	C.D. PORTOSIN	PORTOSIN
32	4115	MANUEL JOSE	REY PAULOS	01:00:14	00:05:02	00:59:50	00:05:00	00:37:33	SINCLUB	ARTEIXO
33	4048	JUAN MANUEL	GONZÁLEZ QUIROGA	01:00:38	00:05:04	00:58:59	00:04:55	00:38:30	ESPRINTES OURENSE	MONFORTE DE LEMOS
34	695	MANUEL	IGLESIAS UZAL	01:00:56	00:05:05	01:00:20	00:05:02	00:38:13	ATLETISMO FONTES DO SAR	SANTIAGO
35	3925	TONY	CENDAN PRADO	01:01:17	00:05:07	01:00:11	00:05:01	00:39:00	ALTAFIT GYM CLUB	A CORUÑA
36	3968	EMILIO	TORAL ROMERO	01:01:22	00:05:07	01:00:47	00:05:04	00:38:18	C.D.EGOVARROS-VIVEIRO	FERROL
37	1161	PLACIDO	BLANCO LOPEZ	01:01:22	00:05:07	01:01:08	00:05:06	00:36:53		SANTIAGO
38	3779	JOSE ANTONIO	MENDEZ PAMPIN	01:01:24	00:05:07	01:00:16	00:05:02	00:38:33		ARZUA
39	928	JESUS MANUEL	FERNANDEZ ESCUDER	01:01:27	00:05:08	01:00:57	00:05:05	00:37:47		LUGO
40	3212	ARTURO	RABUÑAL VAZQUEZ	01:01:45	00:05:09	01:00:26	00:05:03	00:38:37	AFICIONADO	MEICENDE
41	1655	IGNACIO	BELLO GONZALEZ	01:01:46	00:05:09	01:00:46	00:05:04	00:39:19	RUN CARBALLIÑO	SAN AMARO
42	3012	RAMÓN ÁNGEL	CONDE BERMÚDEZ	01:01:47	00:05:09	01:00:56	00:05:05	00:38:45	ATLETAS VETERANOS OURENSE	OURENSE
43	1448	CARLOS	CIVES DURO	01:02:04	00:05:11	01:01:17	00:05:07	00:38:40		SANTIAGO DE COMPOSTELA
44	3977	JUAN	RODRÍGUEZ ARIAS	01:02:07	00:05:11	01:00:47	00:05:04	00:39:49	CIE GALFOR	NEIRAS, SOBER, LUGO
45	1162	PLÁCIDO	GONZÁLEZ GUTIÉRREZ	01:02:14	00:05:12	01:01:46	00:05:09	00:37:31		BURGANES DE VALVERDE
46	216	MANUEL	OTERO PEREZ	01:02:42	00:05:14	01:01:04	00:05:06	00:40:44	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	BUEU
47	4041	EMILIO	GONTA PEREIRO	01:03:00	00:05:15	01:02:10	00:05:11	00:39:09	ERIKA PILATES TEAM	A GOLADA
48	1834	MANUEL SANTOS	DIAS	01:03:07	00:05:16	01:02:08	00:05:11	00:38:00	CLUBE OS BRAGUINHAS	BRAGA
49	2023	JOSE ANTONIO	ESTÉVEZ ÁLVAREZ	01:03:10	00:05:16	01:01:58	00:05:10	00:39:13		BARRIKA-PLENTZIA (BIZKAIA)
50	978	ANTONIO E.	RODRIGUEZ DOMINGUEZ	01:03:38	00:05:19	01:03:28	00:05:18	00:38:44		VILLAGARCIA
51	995	CARMELO	PÉREZ CASTRO	01:03:47	00:05:19	01:03:12	00:05:16	00:39:53		CALDAS DE REIS
52	3979	JOSE ANTONIO	SANDIANES LORENZO	01:04:01	00:05:21	01:02:42	00:05:14	00:40:43	CÍE GALFOR	PEREIRO DE AGUIAR
53	4208	ANTONIO	ABEL FERNANDEZ	01:04:13	00:05:22	01:02:54	00:05:15	00:40:48		LUGO
54	1194	VITOR	CARDOSO	01:04:56	00:05:25	01:04:47	00:05:24	00:40:11		LISBOA
55	689	MANUEL	LOPEZ MIGUENS	01:04:59	00:05:25	01:04:50	00:05:25	00:40:42	ATENAS RUNNING VGA	PONTEVEDRA
56	4023	MANUEL	LOPEZ PEREIRA	01:06:01	00:05:31	01:05:14	00:05:27	00:41:32	CLUB OURENSE ATLETISMO	21/6/1949
57	1205	FERNANDO	PAZ CARRO	01:06:10	00:05:31	01:05:23	00:05:27	00:42:33		A CORUÑA
58	4342	LUIS	ALVAREZ CAMARA	01:06:11	00:05:31	01:05:09	00:05:26	00:41:24		LA RIOJA
59	1248	JOSE RAMON	SUAREZ PREGO	01:06:18	00:05:32	01:04:55	00:05:25	00:41:33		A CORUÑA
60	979	ANTONIO OSCAR	CONSTENLA JUNQUERA	01:06:33	00:05:33	01:05:45	00:05:29	00:40:48		VEDRA
61	1485	ALFONSO	MAÑA PENA	01:06:53	00:05:35	01:06:01	00:05:31	00:41:32		SANTIAGO DE COMPOSTELA
62	4307	GELASIO	BERNARDEZ BUGUEIRO	01:07:26	00:05:38	01:07:18	00:05:37	00:41:45		OURENSE

63	765	JOSE MANUEL	PARCERO RODAL	01:07:50	00:05:40	01:06:16	00:05:32	00:42:38	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	CANGAS DO MORRAZO
64	3956	MANUEL	RAÑA PREGO	01:08:14	00:05:42	01:07:15	00:05:37	00:42:27	ATLETISMO ORDES	ORDES
65	4387	MANUEL	CLAVERO IGLESIAS	01:08:41	00:05:44	01:07:43	00:05:39	00:42:34		FERROL
66	1281	RAÚL	GARCÍA DE LOZA	01:09:04	00:05:46	01:08:28	00:05:43	00:42:53		A CORUÑA
67	1295	ANTONIO	ANEIROS REY	01:09:26	00:05:48	01:08:59	00:05:45	00:42:51		FERROL
68	1384	JOSÉ	PANTÍN LÓPEZ	01:09:48	00:05:49	01:08:53	00:05:45	00:43:04		NEDA
69	1455	RICARDO	OUTES VIQUEIRA	01:10:32	00:05:53	01:09:59	00:05:50	00:43:38		SANTIAGO DE COMPOSTELA
70	1079	JOSÉ CARLOS	STELLA SILVA	01:10:39	00:05:54	01:09:55	00:05:50	00:43:48		PORTO-PORTUGAL
71	4371	JOSE MANUEL	CARBALLEIRA HORTAS	01:10:41	00:05:54	01:10:18	00:05:52	00:43:36		SANTIAGO
72	4059	ANTONIO	BERMEJO CONDE	01:11:01	00:05:56	01:09:41	00:05:49	00:44:40	GALFOR	PADERNE
73	1666	ENRIQUE	LOBÓN GAVIRA	01:11:27	00:05:58	01:09:53	00:05:50	00:45:17		A CORUÑA
74	827	SANTIAGO	OTERO LOSA	01:12:42	00:06:04	01:11:26	00:05:58	00:45:19	SERVICIO	SANTIAGO
75	1380	MANUEL	FANDIÑO IGLESIAS	01:12:48	00:06:04	01:11:00	00:05:55	00:46:09		SANTIAGO
76	1245	JOSE ANTONIO	SALVADO LOPEZ	01:12:53	00:06:05	01:11:34	00:05:58	00:44:03		SANTIAGO
77	3969	XOSÉ	GÓMEZ BOTANA	01:12:59	00:06:05	01:11:47	00:05:59	00:44:56	C.D.EGOVARROS-VIVEIRO	A CORUÑA
78	714	HIPOLITO	REY ABEIJON	01:14:38	00:06:14	01:14:30	00:06:13	00:45:02	C.A.N.	NOIA
79	1258	SUSO	PEREIRA FERNANDEZ	01:15:48	00:06:19	01:14:00	00:06:10	00:47:23		O CARBALLIÑO
80	1453	DELFIN	GARCIA IGLESIAS	01:16:21	00:06:22	01:14:30	00:06:13	00:48:56		TOURO
81	815	VICENTE	BAÑOBRE MARTINEZ	01:16:51	00:06:25	01:15:21	00:06:17	00:47:56	PHOTO RUNNING TEAM	FERROL
82	1253	LUIS	CARBALLEIRA FLOREZ	01:16:59	00:06:25	01:15:38	00:06:19	00:47:36		REDONDELA
83	4094	ANTONIO	CIUDAD PEREIRA	01:18:13	00:06:32	01:16:34	00:06:23	00:48:31	PATUKOS	LA CORUÑA
84	1439	JOSE LUIS	LOPEZ FERNANDEZ	01:18:42	00:06:34	01:17:51	00:06:30	00:49:17		GUNTÍN
85	4046	MANUEL	HURTADO LOPEZ	01:19:27	00:06:38	01:17:55	00:06:30	00:49:29	ESCOLA ATLÉTICA LUCENSE	LUGO
86	1435	ENRIQUE ALFONSO	SANDE MEIIDE	01:21:05	00:06:46	01:19:32	00:06:38	00:49:51		SANTIAGO
87	1414	MANUEL	VÁZQUEZ LAMAS	01:21:05	00:06:46	01:20:28	00:06:43	00:50:32		TOURO
88	1403	JESUS	RUA PEREZ	01:21:50	00:06:50	01:21:04	00:06:46	00:50:48		SANTIAGO DE COMPOSTELA
89	1078	JOSÉ ANTONIO	RIAL FERNÁNDEZ	01:22:03	00:06:51	01:21:02	00:06:46	00:48:37		SANTIAGO DE COMPOSTELA
90	1071	JOSÉ	DOMÍNGUEZ SENRA	01:22:15	00:06:52	01:20:51	00:06:45	00:50:16		SANTIAGO
91	1449	FÉLIX MANUEL	IGLESIAS MARTÍNEZ	01:22:16	00:06:52	01:20:43	00:06:44	00:50:57		OURENSE
92	1431	ANTONIO	PRESEDO VARELA	01:23:28	00:06:58	01:21:35	00:06:48	00:51:59		BETANZOS
93	3921	FRANCISCO	BAO ESTEVEZ	01:23:33	00:06:58	01:21:46	00:06:49	00:53:24	ADAS-PROINOR	O BARCO DE VALDEORRAS
94	721	CARLOS	CAPELA	01:24:48	00:07:04	01:24:04	00:07:01	00:48:52	CENTRO DE MARCHA E CORRIDA DO PORTO	GERÈS
95	100	FRANCISCO MANUEL ROCHA	SILVA	01:25:26	00:07:08	01:25:12	00:07:06	00:52:22		BRAGA
96	1383	SILVERIO	DOMINGUEZ ÀNDREŠ	01:28:16	00:07:22	01:27:29	00:07:18	00:54:42		VILLASOBROSO MONDARIZ PONTEVEDRA
97	1382	VICENTE	DAPENA DIAZ	01:29:47	00:07:29	01:28:09	00:07:21	00:55:27		PONTEVEDRA
98	491	ABEL	POZA LASTRA	01:32:03	00:07:41	01:30:36	00:07:33	00:54:23		ARCELLARES DEL TOZO
DQ	1825	ALBERTO	CERQUEIRA	00:52:17	00:04:22	00:51:03	00:04:16		CLUBE OS BRAGUINHAS	BRAGA
DQ	1826	AMÉRICO	FERREIRA	00:50:56	00:04:15	00:49:41	00:04:09		CLUBE OS BRAGUINHAS	BRAGA
DNF	4088	JOSÉ ANTONIO	NÓVOA RODRÍGUEZ						OS DAS SETE - FISIOVITALSAUDE	OURENSE
DNS	4002	JOSE MANUEL	CUESTA FERREIROS						CLUB CICLISTA LA CUESTA	CASTRO DE REY (LUGO)
DNS	3755	FRANCISCO	ACOSTA CRESPO							VILAGARCIA DE AROUSA
DNS	1347	MANUEL	SENRA BLANCO							SANTIAGO
DNS	497	ARTUR	SOUSA FREITAS							PORTO
DNS	690	GONZALO ALBERTO	VAZQUEZ FERREIRO						ATLETAS VETERANOS OURENSE	OURENSE
DNS	907	JOSE MANUEL	ALBORES DIAZ							LOUSAME
DNS	3297	MONCHO	SUAREZ GOMEZ						ATLETISMO MILLADOIRO	SANTIAGO
DNS	267	XESÚS ANXO	LÓPEZ PINTOS						PASA OU ENTORNA	CEDEIRA
DNS	1230	BERNABÉ	PUENTE MANEIRO							SANTIAGO DE COMPOSTELA
DNS	3622	XOSÉ LUIS	OTERO CEPEDA						UNIVERSIDADE DE SANTIAGO DE COMPOSTELA	SANTIAGO DE COMPOSTELA
DNS	4033	ABEL	ALVAREZ FEIJOO						CORREDORES DO MIÑO	OURENSE
DNS	3996	LUIS	SALGADO ABELLEIRA						CLUB ATLETISMO SADA	LUGO