

41 CARREIRA PEDESTRE POPULAR DE SANTIAGO, Santiago de Compostela 28/10/2018

PROBA ABSOLUTA. Distancia: 12.000 m

CLASIFICACION POR CATEGORIAS

JPF	JUNIOF Inscritos:			28 Llegados:				21		
PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
	1	114 PAULA	GONZÁLEZ BLANCO	00:45:57	00:03:50	00:45:56	00:03:50	00:28:58	GIJÓN ATLETISMO	GIJÓN
	2	55 LAURA	SANTOS DOMÍNGUEZ	00:46:19	00:03:52	00:46:17	00:03:52	00:28:32	CLUB ATLETISMO FEMENINO CELTA	A POBRA DO CARAMIÑAL
	3	56 LUCÍA	CARDESÍN CORTEGOSO	00:53:18	00:04:27	00:53:16	00:04:27	00:32:53	CLUB ATLETISMO FEMENINO CELTA	PONTEVEDRA
	4	2869 SHEILA	GONZÁLEZ ENRÍQUEZ	00:54:19	00:04:32	00:53:59	00:04:30	00:32:51		VIGO
	5	99 PATRICIE	VIADÉL TURJANICOVÁ	00:54:21	00:04:32	00:54:13	00:04:32	00:34:54	CLUB USC	PRAGA - REPÚBLICA CHECA
	6	1427 MARIAM	FERRAN FRAGA	00:55:11	00:04:36	00:55:03	00:04:36	00:34:55		SANTIAGO DE COMPOSTELA
	7	818 IRIA	RIVAS IGLESIAS	00:55:41	00:04:39	00:55:13	00:04:37	00:35:14	RIVAS IGLESIAS	AESTRADA
	8	692 CATARINA	FERREIRA	00:57:07	00:04:46	00:56:55	00:04:45	00:35:18	JOBRA-ASSOCIAÇÃO DE JOVENS DA BRANCA	AVEIRO
	9	1465 SARA	GONZÁLEZ SILVA	00:57:28	00:04:48	00:57:00	00:04:45	00:35:55		BOIRO
	10	256 SARA	FERNÁNDEZ-MARCOTE TORIBI	00:58:39	00:04:54	00:58:02	00:04:51	00:36:23		TOLEDO
	11	107 SANDRA	PIÑEIRO FUNGUEIRIÑO	01:00:14	00:05:02	00:59:36	00:04:58	00:38:20	CLUBE DE REMO CABO DA CRUZ	BOIRO
	12	1463 IRENE	ÁLVAREZ RODRÍGUEZ	01:01:04	00:05:06	01:00:22	00:05:02	00:38:28		OURENSE
	13	1513 SARA	COSTA FAYA	01:02:26	00:05:13	01:01:49	00:05:10	00:38:52		ORDES
	14	1529 IRIA	LAGO ANDRADE	01:08:32	00:05:43	01:07:50	00:05:40	00:42:25	A.D.OLIMPIA	CEE
	15	1960 BELÉN	BALLESTA GARCÍA	01:08:58	00:05:45	01:08:11	00:05:41	00:43:24	XHUZAS TEAM	VIGO
	16	1467 SABELA	TEIXEIRA TABOADA	01:12:41	00:06:04	01:12:06	00:06:01	00:46:36		SANTIAGO DE COMPOSTELA
	17	2932 LARA	POMBO PICALLOS	01:12:46	00:06:04	01:11:25	00:05:58	00:44:42		SANTIAGO DE COMPOSTELA
	18	2931 NOELIA	ANDRÉS OLIVEIRA	01:14:32	00:06:13	01:13:39	00:06:09	00:47:15		VIGO
	19	2946 PAULA	RODRIGUEZ GAGO	01:18:18	00:06:32	01:17:00	00:06:25	00:49:29		PUERTO DEL ROSARIO
	20	2935 CLARA	GUISÁN SAN VICENTE	01:24:53	00:07:05	01:23:46	00:06:59	00:53:06		SANTIAGO DE COMPOSTELA
	21	2952 PATRICIA	GARCIA CEBREIRO	01:27:07	00:07:16	01:26:49	00:07:15	00:54:31		PONTEAREAS

SNAF	SENIOF Inscritos:			51 Llegados:				39		
PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
	1	9 JOSELYN DANIELY	BREA ABREU	00:42:34	00:03:33	00:42:34	00:03:33	00:26:23	SOCIEDAD GIMNASTICA DE PONTEVEDRA	VALENCIA
	2	113 ESTER	NAVARRETE SANTANA	00:42:37	00:03:34	00:42:37	00:03:34	00:26:31	F.C. BARCELONA	VIGO
	3	14 ALICE	FINOT	00:43:05	00:03:36	00:43:05	00:03:36	00:26:56	CLUB ATLETISMO FEMENINO CELTA	MONTBÉLIARD
	4	11 SANDRA	MOSQUERA LOSADA	00:45:03	00:03:46	00:45:02	00:03:46	00:27:51	ADAS-PROINOR	VIGO
	5	731 MARYLINE	MARQUES	00:50:32	00:04:13	00:50:30	00:04:13	00:31:01	MUNICÍPIO DE CASTRO DAIRE	UISEU
	6	183 SHARAY	ASTARIZ NÚÑEZ	00:50:59	00:04:15	00:50:59	00:04:15	00:31:37	SOCIEDAD GIMNASTICA DE PONTEVEDRA	LUGO
	7	624 PATRICIA	VARELA SANTISO	00:54:47	00:04:34	00:54:19	00:04:32	00:34:15	ESCOLA ATLETISMO DEZA	VILA DE CRUCES
	8	137 DANIELA	FALCÃO	00:55:58	00:04:40	00:55:58	00:04:40	00:34:34	MUNICÍPIO DE CASTRO DAIRE	ARMAMAR
	9	383 SANDRA	SOBREIRA OTERO	00:57:02	00:04:46	00:56:48	00:04:44	00:35:06	ATLETISMO PORRIÑO	PONTEAREAS
	10	396 PAULA	MARTINEZ DIESTE	00:57:51	00:04:50	00:57:24	00:04:47	00:36:57	BARBANTIA RODA	BOIRO
	11	1437 TERE	PARRADO PINAQUE	00:58:29	00:04:53	00:58:03	00:04:51	00:36:34		SANTIAGO DE COMPOSTELA
	12	889 PAULA	TRILLO CALO	00:58:45	00:04:54	00:57:35	00:04:48	00:36:46	TERRA DE SONEIRA C.D.	VIMIANZO
	13	771 AMIRA	SIMÓN MARTÍNEZ	00:59:00	00:04:55	00:58:26	00:04:53	00:37:45	NOSPORTLIMIT	A CORUÑA
	14	150 MÓNICA	MEZQUITA VÁZQUEZ	00:59:58	00:05:00	00:59:25	00:04:58	00:37:52	NOSPORTLIMIT	A CORUÑA
	15	1510 ANA	BERNARDEZ RODRIGUEZ	01:00:37	00:05:04	01:00:06	00:05:01	00:38:38		OURENSE
	16	2994 ENARA	FERNANDEZ	01:01:18	00:05:07	01:01:03	00:05:06	00:37:47	C.D. BIOSBARDO	CALDAS DE REIS
	17	1938 TANIA	PAZOS FERNANDEZ	01:02:55	00:05:15	01:02:47	00:05:14	00:39:07	TERRA DE SONEIRA C.D.	VIMIANZO
	18	729 FLÁVIA	LOPES	01:03:14	00:05:17	01:03:09	00:05:16	00:38:19	MUNICÍPIO DE CASTRO DAIRE	S. PEDRO DO SUL
	19	1485 LAURA	RAMOS CUBA	01:03:35	00:05:18	01:02:44	00:05:14	00:40:02		BURELA
	20	1481 MARIA GABRIELA	BASCUAS GONÇALVES	01:03:55	00:05:20	01:03:23	00:05:17	00:39:52		FOXO
	21	851 MIRIAM	MACEIRA PENA	01:04:26	00:05:23	01:03:10	00:05:16	00:41:10	SERVICIO	VILAGARCÍA DE AROUSA
	22	2914 ELENA	MORA CUESTA	01:04:29	00:05:23	01:03:41	00:05:19	00:40:27		MADRID
	23	1505 UXIA	COSTA POSADA	01:05:37	00:05:29	01:04:16	00:05:22	00:41:33		VIGO

24	698	LORENA	GÓMEZ ROMERO	01:06:07	00:05:31	01:05:17	00:05:27	00:41:24	LA MOCHILA DEL DEPORTE	NOIA
25	473	VANESA	TUBÍO TUBÍO	01:06:26	00:05:33	01:05:36	00:05:28	00:41:46	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	LOUSAME
26	1493	LUISA	ANIDO RODRÍGUEZ	01:07:12	00:05:36	01:06:30	00:05:33	00:42:55		FERROL
27	1930	RAQUEL	CASTIÑEIRAS PEREIRA	01:09:12	00:05:46	01:08:44	00:05:44	00:42:31	TARTARUGAS	VEDRA
28	1484	MARTA	FERNÁNDEZ VARELA	01:10:46	00:05:54	01:09:42	00:05:49	00:43:43		SANTIAGO
29	1500	BELEN	GARCIA CAL	01:10:51	00:05:55	01:09:45	00:05:49	00:46:21		A CORUÑA
30	1954	CAMILA	RODRIGUEZ ROMERO	01:10:58	00:05:55	01:10:09	00:05:51	00:42:51	VELAIBIKE... CORRENDO	MUROS
31	1643	BEATRIZ	SUAREZ MONTERO	01:11:22	00:05:57	01:10:04	00:05:51	00:44:38	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	LOUSAME
32	2947	MARIA	GONZALEZ VILA	01:12:05	00:06:01	01:10:47	00:05:54	00:43:59		VIGO
33	1499	ALBA	FERNANDEZ PATO	01:12:32	00:06:03	01:12:24	00:06:02	00:45:04		BETANZOS
34	2920	FATIMA	POSE CARAMES	01:15:28	00:06:18	01:14:29	00:06:13	00:47:45		MUXIA
35	2873	MARÍA	REGUEIRA	01:16:24	00:06:22	01:15:17	00:06:17	00:48:30		SANTIAGO DE COMPOSTELA
36	2949	ISABEL	VILLAMOR IGLESIAS	01:18:29	00:06:33	01:17:39	00:06:29	00:48:50		SANTIAGO DE COMPOSTELA
37	1451	ROCÍO	VÁZQUEZ NÓVOA	01:19:00	00:06:35	01:18:12	00:06:31	00:49:18		SANTIAGO DE COMPOSTELA
38	3097	MARÍA	FERNÁNDEZ FERNÁNDEZ	01:24:00	00:07:00	01:23:39	00:06:59	00:50:22		MUROS
39	2911	MARTA	VARELA OTERO	01:24:00	00:07:00	01:23:40	00:06:59	00:50:21		VILAGARCIA DE AROUSA

SNBF SENIOF Inscritos: 148 Llegados: 125

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	3062	CLARISSE MARIA	PINHO CRUZ	00:43:57	00:03:40	00:43:57	00:03:40	00:26:50	COMESAÑA SPORTING CLUB	OVAR
2	13	ROCIO	ALVITE FERREIRO	00:45:29	00:03:48	00:45:27	00:03:48	00:28:01	SAR-VERMU PETRONI	MAZARICOS
3	2958	VICKY	LOSADA PÉREZ	00:48:33	00:04:03	00:48:30	00:04:03	00:30:15	BURGAS ATLETISMO OURENSE	OURENSE
4	2979	ANA	ABUÍN RODRÍGUEZ	00:50:25	00:04:13	00:50:22	00:04:12	00:31:17	VERXEL NUTRICIÓN DEPORTIVA	LUGO
5	2980	CARLA	TRILLO FERNANDEZ	00:50:26	00:04:13	00:50:22	00:04:12	00:31:29	VERXEL NUTRICIÓN DEPORTIVA	BURELA
6	782	VERÓNICA	BUGLIOT FERNÁNDEZ	00:51:10	00:04:16	00:50:54	00:04:15	00:32:06	OS CORZOS DO ORTEGAL	CARIÑO
7	157	KARINA	PASARIN MON	00:52:29	00:04:23	00:52:25	00:04:23	00:32:27	RABADE CORRE	LUGO
8	195	LORENA	POSE VARELA	00:53:08	00:04:26	00:52:56	00:04:25	00:33:34	URBAN RUNNERS SANTIAGO	PONTECESO
9	882	MARIA	MAREQUE MARTINEZ	00:54:33	00:04:33	00:54:03	00:04:31	00:34:49	TARTARUGAS	SANTIAGO DE COMPOSTELA
10	586	CRISTINA	GARCIA BEIRO	00:55:16	00:04:37	00:55:06	00:04:36	00:34:17	CLUBE ATLETISMO OUTES - JOHN TURKEY	DUSSELDORF
11	1422	EUSEBIA	MALDONADO	00:55:32	00:04:38	00:55:23	00:04:37	00:34:04		ESPAÑA
12	129	NATI	ROMERO VIÑAS	00:56:31	00:04:43	00:56:16	00:04:42	00:35:21	MGM	NOIA
13	1429	MAITE	SALGADO ALBORES	00:56:52	00:04:45	00:56:41	00:04:44	00:35:15		A CORUÑA
14	1432	NATALIA	SEOANE OTERO	00:56:59	00:04:45	00:56:36	00:04:43	00:34:53		A ESTRADA
15	1430	CHUS	ORGEIRA REY	00:57:20	00:04:47	00:56:54	00:04:45	00:35:54		CERCEDA
16	720	OLGA	PAZ SEÑORANS	00:57:29	00:04:48	00:56:50	00:04:45	00:35:34	MONTEPENARUBIA LUGO	PONTEVEDRA
17	1509	PATRICIA	ALONSO PARENTE	00:57:51	00:04:50	00:56:22	00:04:42	00:36:42		VIGO
18	2961	MARIAN	BERDEAL CUBA	00:57:52	00:04:50	00:57:05	00:04:46	00:37:06	FLUVIAL DE LUGO MONTE SEGADE	LUGO
19	1453	OLAIA	SUAREZ MARTINEZ	00:57:56	00:04:50	00:57:38	00:04:49	00:36:40		SANTIAGO DE COMPOSTELA
20	560	OLAYA	ALVAREZ VARELA	00:58:03	00:04:51	00:57:23	00:04:47	00:36:12	CLUB MONTEPENARUBIA LUGO	LUGO
21	2993	ELENA	PEREZ GONZALEZ	00:58:18	00:04:52	00:58:18	00:04:52	00:36:05	BURGAS ATLETISMO OURENSE	CSTRO CALDELA
22	1633	MARTA	ALVAREZ DEVESA	00:58:23	00:04:52	00:58:05	00:04:51	00:36:20	CLUB ATLETAS ACEA DE AMA	OURENSE
23	1482	PILI	FRANCO RESÚA	00:58:46	00:04:54	00:58:20	00:04:52	00:36:43		RIVEIRA
24	1474	ALICIA	LORENZO UCHA	00:58:46	00:04:54	00:58:16	00:04:52	00:36:44		VENEZUELA
25	562	MARIA DEL CARMEN	IGLESIAS LOPEZ	00:58:57	00:04:55	00:58:38	00:04:54	00:36:45	CLUB MONTEPENARUBIA LUGO	LUGO
26	2918	MARÍA	FERNÁNDEZ GONZÁLEZ	00:59:10	00:04:56	00:58:36	00:04:53	00:37:03	EDP	PRAVIA
27	367	ESTRELLA	MOREIRA	00:59:47	00:04:59	00:59:25	00:04:58	00:37:08	ATLETISMO FONTES DO SAR	ZAS
28	290	MARIA	MONTOIRO SALVADO	00:59:50	00:05:00	00:59:13	00:04:57	00:37:43	ARCA DE NOE	SANTIAGO
29	328	NURIA	VAZ URBANO	00:59:56	00:05:00	00:59:07	00:04:56	00:37:25	ATLETAS VETERANOS OURENSE	ORENSE
30	770	SANDRA	NOVO FERNANDEZ	00:59:58	00:05:00	00:59:25	00:04:58	00:37:53	NOSPORTLIMIT	VILALBA
31	261	IRIA	ALDAO PRADA	01:00:03	00:05:01	00:59:30	00:04:58	00:37:31		LA CORUÑA
32	1466	PATRICIA	RODRÍGUEZ ESTEVEZ	01:00:21	00:05:02	00:59:25	00:04:58	00:38:50		PONTEVEDRA
33	1512	MONICA	NIEVES FERNANDEZ	01:00:29	00:05:03	00:59:06	00:04:56	00:39:56		ESCAIRON
34	884	ADRIANA	FERNÁNDEZ VÁZQUEZ	01:00:35	00:05:03	00:59:47	00:04:59	00:38:34	TARTARUGAS	A CORUÑA
35	115	MARTA	BARBEITO DOMINGUEZ	01:00:41	00:05:04	01:00:24	00:05:02	00:37:33	HERCULES TERMARIA	CORUÑA

36	264 LUZ	ESTEVEZ ESTEVEZ	01:00:58	00:05:05	01:00:16	00:05:02	00:38:21		OURENSE
37	618 MARIA	MARTINEZ NIETO	01:01:10	00:05:06	01:00:49	00:05:05	00:38:21	ERIKA PILATES TEAM	BARCELONA
38	1479 ROSALÍA	AVENDAÑO MARTÍNEZ	01:01:10	00:05:06	01:00:36	00:05:03	00:38:19		VIGO
39	704 LOLA	RODRÍGUEZ GONZÁLEZ	01:01:11	00:05:06	00:59:51	00:05:00	00:39:36	LAMARGHA-AUTOTODO	OURENSE
40	1476 MARTA	CLEMENTE MARGINET	01:01:27	00:05:08	01:00:30	00:05:03	00:38:39		SALDES
41	808 ANA	RAMOS ONS	01:01:33	00:05:08	01:01:24	00:05:07	00:38:16	PONTE TRAIL	NOIA
42	544 LORENA	FRANQUEIRA LOSADA	01:02:04	00:05:11	01:01:11	00:05:06	00:39:12	CLUB HÉRCULES TERMARIA	A CORUÑA
43	687 SANDRA	MIRÁS LEBORÁN	01:02:13	00:05:12	01:01:43	00:05:09	00:39:01		SANTIAGO DE COMPOSTELA
44	1470 LAURA	LAMEIRO DURAN	01:02:16	00:05:12	01:01:47	00:05:09	00:38:56		MEXICO DF
45	777 ROCIO	GARCIA FELPETO	01:02:35	00:05:13	01:01:14	00:05:07	00:39:13	OLYMPO-MATOJOMA	NARON
46	1907 ANA	BELLO NINE	01:02:36	00:05:13	01:01:53	00:05:10	00:39:14	S.D. BARBANTIA RODA	NOYA
47	1506 NURIA	TARRIO FUENTES	01:02:36	00:05:13	01:02:15	00:05:12	00:38:49		VILLAGARCIA DE AROUSA
48	1560 NADIA	MRIMICHE	01:03:03	00:05:16	01:02:45	00:05:14	00:38:31	ATLETAS DE ACEA DE AMA	MARRUECOS
49	405 REBECA	ROLO RODRÍGUEZ	01:03:13	00:05:17	01:02:46	00:05:14	00:38:59	BIKILA	VIGO
50	891 MARIA JESUS (CHUS)	GARCIA PENA	01:03:25	00:05:18	01:02:28	00:05:13	00:39:28	TRAMBRE BIKE & RUNNING	TRAZO
51	407 ISABEL	LORENZO LÓPEZ	01:03:33	00:05:18	01:03:09	00:05:16	00:39:36	BOX001 OURENSE RUN MANIAK	BARCELONA
52	735 CECÍLIA	ALMEIDA	01:03:45	00:05:19	01:03:40	00:05:19	00:39:00	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
53	1490 KATIA	PÉREZ LÓPEZ	01:03:48	00:05:19	01:03:11	00:05:16	00:39:00		BAÑOS DE MOLGAS
54	736 DANIELA	CUNHA	01:03:49	00:05:20	01:03:46	00:05:19	00:41:07	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
55	472 LUCIA	ROMERO ONS	01:04:31	00:05:23	01:03:44	00:05:19	00:40:03	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	LOUSAME
56	910 ANA	FERNANDEZ COSTOYAS	01:04:36	00:05:23	01:03:41	00:05:19	00:40:27	URBAN RUNNER	SILLEDA
57	773 MARIA JOSE	VÁZQUEZ SANTOS	01:04:50	00:05:25	01:03:31	00:05:18	00:40:09	NOSPORTLIMIT	CULLEREDO
58	1714 SÍLVIA CATARINA	COELHO GOMES	01:05:30	00:05:28	01:04:51	00:05:25	00:41:21	CLUBE DESPORTIVO DE LEOMIL	TABUAÇO
59	2875 ANA	GARCIA RIEIRO	01:05:34	00:05:28	01:04:57	00:05:25	00:41:29		BRION
60	1563 LORENA	COLLADA GOMEZ	01:05:54	00:05:30	01:05:04	00:05:26	00:41:49	ATLETAS VETERANOS OURENSE	OURENSE
61	2897 BEA	ALDREY FERREIRO	01:06:03	00:05:31	01:05:00	00:05:25	00:41:18		SANTIAGO DE COMPOSTELA
62	2850 SHEILA	MARTIN GARCIA	01:06:07	00:05:31	01:05:04	00:05:26	00:41:59		MADRID
63	259 MONICA	GARCIA GARABAL	01:06:09	00:05:31	01:05:03	00:05:26	00:42:01		SANTIAGO
64	1657 CRISTINA	CARRIL BOO	01:06:09	00:05:31	01:05:15	00:05:27	00:41:19	CLUB ATLETISMO PINO	O PINO
65	2849 INES	LÓPEZ CURROS	01:06:09	00:05:31	01:04:53	00:05:25	00:41:21		SANTIAGO DE COMPOSTELA
66	739 SÓNIA	LEMONS	01:06:16	00:05:32	01:06:12	00:05:31	00:41:07	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
67	625 BEGOÑA	GIL OTERO	01:06:24	00:05:32	01:05:39	00:05:29	00:42:26	ESCOLA ATLETISMO DEZA	LALIN
68	1825 OLALLA	FERNÁNDEZ VALEIRAS	01:06:26	00:05:33	01:05:07	00:05:26	00:41:44	LAMARGHA-AUTOTODO	O CARBALLIÑO
69	1508 HELENA	ESTEBAN CARTELLE	01:06:41	00:05:34	01:06:26	00:05:33	00:40:04		FERROL
70	311 COVADONGA	LOPEZ PREGO	01:06:51	00:05:35	01:06:14	00:05:32	00:41:09	ATENAS RUNNING VDA	VILAGARCÍA DE AROUSA
71	2854 IRENE	BLANCO GÓMEZ	01:07:16	00:05:37	01:06:16	00:05:32	00:41:37		SANTIAGO DE COMPOSTELA
72	2916 MARTA	ABALO TARRIO	01:07:16	00:05:37	01:06:11	00:05:31	00:42:56		VILAGARCÍA DE AROUSA
73	2938 ANA CRISTINA	GUERRA GARCIA	01:07:58	00:05:40	01:07:19	00:05:37	00:42:07		SANTIAGO DE COMPOSTELA
74	2895 VANESA	GONZÁLEZ ROMERO	01:07:59	00:05:40	01:06:38	00:05:34	00:43:29		VIMIANZO
75	2902 RAQUEL	CORTIZO ALÉN	01:08:08	00:05:41	01:07:25	00:05:38	00:41:43		LALIN
76	2901 LORENA	CONDE OUTEIRIÑO	01:08:17	00:05:42	01:07:10	00:05:36	00:42:56		A MERCA
77	847 VANESSA	LEON VIÑAS	01:08:17	00:05:42	01:07:39	00:05:39	00:42:10	SAR-VERMU PETRONI	NOIA
78	3043 LIDIA	FERREIRA	01:08:24	00:05:42	01:07:52	00:05:40	00:42:33	CALDAS DE SÃO JORGE SPORT CLUB	CALDAS SAO JORGE
79	1495 SILVIA	ROZAS GARCÍA	01:08:26	00:05:43	01:07:07	00:05:36	00:43:18		SANTIAGO DE COMPOSTELA
80	1489 MARTA D.	GONZÁLEZ SOBRADO	01:08:51	00:05:45	01:07:03	00:05:36	00:43:54		LALÍN
81	274 SOFÍA	OBARRIO FERNÁNDEZ	01:09:16	00:05:47	01:08:39	00:05:44	00:42:00	A.D. REGO DO LOBO	OUTEIRO DE REI
82	1455 LILIANA	GÓMEZ ALMEIDA	01:09:19	00:05:47	01:09:01	00:05:46	00:43:26		COLOMBIANA
83	1939 BERTA	REYMUDEZ BAÑA	01:09:35	00:05:48	01:08:15	00:05:42	00:43:36	TERRA DE SONEIRA C.D.	BAIO
84	2884 CRISTINA	VÁZQUEZ LÓPEZ	01:09:38	00:05:49	01:08:24	00:05:42	00:43:08		OURENSE
85	369 ALMUDENA	VALIÑO CES	01:09:39	00:05:49	01:08:52	00:05:45	00:43:43	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
86	2881 VANESA	FELPETO BABÍO	01:09:46	00:05:49	01:08:55	00:05:45	00:43:22		A CORUÑA
87	2868 ALBA	POMBO LAGO	01:10:05	00:05:51	01:08:52	00:05:45	00:44:36		SANTIAGO DE COMPOSTELA
88	1590 BLANCA	PUIG MAURIZ	01:10:08	00:05:51	01:09:07	00:05:46	00:44:38	ATLETISMO FONTES DO SAR	FERROL
89	921 VANESA	COUTO CACHEIRO	01:10:10	00:05:51	01:09:03	00:05:46	00:44:34	VII LEGIO GEMINA	CARTELLE

90	2904	PATRICIA	GRACIA IGLESIAS	01:10:11	00:05:51	01:09:02	00:05:46	00:44:35		OURENSE
91	1725	MARINA	CALO NOVAS	01:10:26	00:05:53	01:09:22	00:05:47	00:43:28	COUTADAS TRAIL TEAM	CANGAS
92	2882	LUCIA	BLANCO MONTERO	01:10:39	00:05:54	01:09:37	00:05:49	00:44:55		SANTIAGO
93	1469	MARIA	CANOSA COSTAS	01:11:12	00:05:56	01:10:10	00:05:51	00:45:34		BUEU
94	1644	MARÍA	GARCÍA CASTELO	01:11:22	00:05:57	01:10:05	00:05:51	00:44:38	CLUB ATLETISMO LOUSAME-DEPORTES HERMIDA	OUTES
95	2878	PILAR	MILLÁN MONTE	01:11:34	00:05:58	01:10:33	00:05:53	00:46:26		OVIEDO
96	2877	NOEMÍ	RODRÍGUEZ CONDE	01:11:51	00:06:00	01:10:55	00:05:55	00:45:16		A CORUÑA
97	1444	MARIA	PERIANES BARREIRO	01:11:59	00:06:00	01:11:00	00:05:55	00:45:05		SANTIAGO
98	2907	MARTA	MUIÑO Balsa	01:12:08	00:06:01	01:11:10	00:05:56	00:44:36		TRAZO
99	2876	MARIA	AMENEDO	01:12:11	00:06:01	01:11:07	00:05:56	00:45:08		SANTIAGO DE COMPOSTELA
100	2927	MACARENA	CALVO SALAS	01:12:11	00:06:01	01:11:07	00:05:56	00:45:08		LOS SANTOS DE MAIMONA
101	1706	ROSANA	RIAL GARCÍA	01:12:23	00:06:02	01:11:01	00:05:56	00:45:19	CLUBE ATLETISMO OUTES - JOHN TURKEY	MADRID
102	1459	NOELIA	MARTIN LOPEZ	01:12:33	00:06:03	01:11:46	00:05:59	00:45:08		MILLADOIRO
103	2851	LORENA	FERREIRO SESAR	01:12:46	00:06:04	01:11:25	00:05:58	00:44:43		SANTIAGO DE COMPOSTELA
104	2930	SILVIA	CANDIA EXPÓSITO	01:13:26	00:06:08	01:12:10	00:06:01	00:46:22		MADRID
105	1950	PATRICIA	BEIROA BARDANCA	01:13:27	00:06:08	01:12:08	00:06:01	00:46:00	URBAN RUNNERS CLUB SANTIAGO	SANTIAGO DE COMPOSTELA
106	2870	SILVIA	FERNÁNDEZ BLANCO	01:13:46	00:06:09	01:12:27	00:06:03	00:46:18		VEDRA
107	1450	PURI	LÓPEZ PRESEDO	01:13:54	00:06:10	01:12:57	00:06:05	00:46:02		SANTIAGO DE COMPOSTELA
108	2917	HELENA	SUAREZ GOMEZ	01:14:12	00:06:11	01:12:57	00:06:05	00:47:06		A CORUÑA
109	2908	NOEMI	VEIGA TRASAR	01:14:28	00:06:13	01:14:01	00:06:11	00:45:26		SANTIAGO DE COMPOSTELA
110	2934	BEATRIZ	PARDO MONTENEGRO	01:14:44	00:06:14	01:13:38	00:06:09	00:46:25		VIGO
111	2924	VERÓNICA	IGLESIAS FERNÁNDEZ	01:14:56	00:06:15	01:13:41	00:06:09	00:47:19		LUGO
112	2892	LETICIA	PÍAS PELETEIRO	01:15:01	00:06:16	01:13:50	00:06:10	00:48:05		SANTIAGO DE COMPOSTELA
113	101	PAULA	GONZÁLEZ PAZOS	01:15:02	00:06:16	01:14:34	00:06:13	00:46:05	CLUBE ATLETISMO FENE	FENE
114	2900	SOFÍA	FRAGA GALDO	01:15:07	00:06:16	01:14:17	00:06:12	00:46:07		XOVE
115	2923	ANA BELÉN	DÁVILA IBÁÑEZ	01:15:07	00:06:16	01:14:28	00:06:13	00:46:50		RIANXO
116	2937	LETICIA	CAMBEIRO CANOSA	01:15:28	00:06:18	01:14:29	00:06:13	00:47:45		CEE
117	798	NOELIA	VÁZQUEZ FERREIRA	01:15:54	00:06:20	01:15:29	00:06:18	00:46:55	PATO BLANCO CELANOVA	GOMESENDE
118	1632	ANDREA	COSTOYA	01:16:00	00:06:20	01:14:48	00:06:14	00:47:40	CLUB ARZUA	ARZUA
119	2903	SALOMÉ	MIRAMONTES MIRÁS	01:16:04	00:06:21	01:14:59	00:06:15	00:47:49		SANTIAGO DE COMPOSTELA
120	2898	PALOMA	TORRES FREIRE	01:16:50	00:06:25	01:15:35	00:06:18	00:48:01		SANTIAGO
121	2941	MARIA F	NAVARRO POUPARD	01:17:12	00:06:26	01:15:54	00:06:20	00:47:45		MEXICO
122	3044	LILIANA	ALMEIDA	01:21:06	00:06:46	01:20:34	00:06:43	00:50:32	CALDAS DE SÃO JORGE SPORT CLUB	CALDAS SAO JORGE
123	2925	MAR	DAMIÁ PAU	01:25:35	00:07:08	01:24:21	00:07:02	00:51:24		SANTIAGO
124	2922	MARI	GONZÁLEZ SOUTO	01:26:55	00:07:15	01:25:50	00:07:10	00:52:40		SANTIAGO DE COMPOSTELA
125	2861	ANA	BLANCO SUÁREZ	01:27:44	00:07:19	01:26:24	00:07:12	00:54:31		A CORUÑA

MSAF MÁSTE Inscritos: 154 Llegados: 129

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control	Galeras	Club	Localidad
	1	25	MARÍA JESÚS	GESTIDO RODRÍGUEZ	00:44:47	00:03:44	00:44:46	00:03:44	00:27:44	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM FEMEN	CANGAS DE MORRAZO
	2	63	TERESA	CASTRO VILLAVERDE	00:48:19	00:04:02	00:48:17	00:04:02	00:30:24	CLUB ATLETISMO NOIA	NOIA
	3	2981	MARTA	VALIN SANDEZ	00:49:22	00:04:07	00:49:18	00:04:07	00:31:04	VERXEL NUTRICIÓN DEPORTIVA	LUGO
	4	607	NOELIA	PAPÍN ESTÉVEZ	00:50:24	00:04:12	00:50:19	00:04:12	00:31:13	CUB ATLETISMO SADA	SAN SEBASTIÁN
	5	32	MONICA	NOVOA BARBOSA	00:52:22	00:04:22	00:51:56	00:04:20	00:32:30	ATLETAS VETERANOS OURENSE	OURENSE
	6	797	MARIA DEL CARMEN	ARIAS MARTINEZ	00:53:58	00:04:30	00:53:48	00:04:29	00:33:37	PATO BLANCO CELANOVA	SANTA MARIA DE CEXO
	7	260	COVADONGA	VÁZQUEZ SANCHEZ	00:54:06	00:04:31	00:53:59	00:04:30	00:33:51		VILA DE CRUCES
	8	592	ROSA MARIA	DE ALMEIDA E SILVA	00:54:10	00:04:31	00:54:06	00:04:31	00:33:44	CLUBE DESPORTIVO DE LEOMIL	MOIMENTA DA BEIRA
	9	1424	LAURA	NÚÑEZ NAVEIRA	00:54:46	00:04:34	00:54:30	00:04:33	00:33:57		A CORUÑA
	10	1567	ANGELES	IGLESIAS SANTIAGO	00:54:56	00:04:35	00:54:45	00:04:34	00:33:37	ATLETISMO +9 MORAÑA	PONTEVEDRA
	11	1431	NOELIA	FERNANDEZ SUEIRO	00:55:17	00:04:37	00:54:52	00:04:35	00:34:37		OURENSE
	12	1487	ANA	BLANCO PÉREZ	00:55:51	00:04:40	00:55:39	00:04:39	00:34:31		LUGO
	13	138	TILA	PINA	00:55:54	00:04:40	00:55:52	00:04:40	00:34:25	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
	14	1439	MADA	GARCÍA ABALO	00:56:09	00:04:41	00:55:54	00:04:40	00:34:47		PONTECESURES
	15	271	BEATRIZ	OLVEIRA TRABA	00:56:58	00:04:45	00:56:34	00:04:43	00:35:53	A.D OLIMPIA	CORCUBION

16	507 LINA	GARCÍA PORTAS	00:57:23	00:04:47	00:57:05	00:04:46	00:35:34	CLUB ATLETISMO SADA	VILANOVA DE AROUSA
17	2956 ROCÍO	DÍAZ MESA	00:58:01	00:04:51	00:57:38	00:04:49	00:36:13	ATLETISMO RIBADEO	RINLO - RIBADEO
18	593 MARIA DO CÉU	DOS SANTOS E SOUSA NUNES	00:58:17	00:04:52	00:58:13	00:04:52	00:35:25	CLUBE DESPORTIVO DE LEOMIL	PENAFIEL - PORTO
19	488 EVA	DE LA FUENTE IGLESIAS	00:58:31	00:04:53	00:57:41	00:04:49	00:36:36	CLUB ATLÉTISMO O PINO	SANTIAGO
20	686 MARY	PENAS MENDEZ	00:58:40	00:04:54	00:58:19	00:04:52	00:36:20		VILA DE CRUCES
21	448 MARGA	MORENO FERNÁNDEZ	00:58:49	00:04:55	00:58:25	00:04:53	00:36:36	CDM VÉRTICE	EL PONT DE SUERT
22	737 ISABEL	OLIVEIRA	00:59:06	00:04:56	00:59:03	00:04:56	00:36:27	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
23	1445 ANA	PUIME MIGUEZ	00:59:29	00:04:58	00:59:15	00:04:57	00:36:50		VIGO
24	23 ANA LUISA	HERNÁNDEZ CABRERA	00:59:46	00:04:59	00:59:14	00:04:57	00:37:08	AS VELLAS NON PARAMOS	TENERIFE
25	772 SONIA	ROCA CANZOBRE	00:59:59	00:05:00	00:59:25	00:04:58	00:37:45	NOSPORTLIMIT	A CORUÑA
26	2883 MARIÁN	FIGUEROA MATALLÍN	01:00:19	00:05:02	00:59:31	00:04:58	00:38:07		LUGO
27	732 SANDRA	COSTA	01:00:30	00:05:03	01:00:26	00:05:03	00:37:22	MUNICÍPIO DE CASTRO DAIRE	VISEU
28	1488 ANA ISABEL	FERNÁNDEZ COBELO	01:00:32	00:05:03	01:00:09	00:05:01	00:37:17		FERROL
29	455 HELIANA	MARTÍNEZ ALONSO	01:00:40	00:05:04	01:00:22	00:05:02	00:37:33	CIDADE DE LUGO FLUVIAL	LEÓN
30	776 BELEN	PEREZ MARTINEZ	01:00:52	00:05:05	01:00:09	00:05:01	00:38:14	OLIMPIA CEE	CEE
31	883 SUSANA	GOMEZ LODEIROS	01:00:57	00:05:05	01:00:25	00:05:03	00:38:06	TARTARUGAS	SANTIAGO DE COMPOSTELA
32	366 ISABEL	GARCÍA FERNÁNDEZ	01:01:26	00:05:08	01:00:54	00:05:05	00:37:52	ATLETISMO FONTES DO SAR	LONDRES
33	1737 NATIVIDAD	DOMINGUEZ MOURIÑO	01:01:29	00:05:08	01:00:47	00:05:04	00:38:10	ESPARTAN@S CHIFLAD@S	VIGO
34	386 Mª LUISA	BARREIRO FUENTES	01:02:07	00:05:11	01:01:15	00:05:07	00:39:11	ATLETISMO RIAZOR	LA CORUÑA
35	1434 BEATRIZ	MAREQUE RIVAS	01:02:08	00:05:11	01:01:13	00:05:07	00:40:11		SANTIAGO DE COMPOSTELA
36	404 ISABEL	CASTAÑEDA LENARD	01:02:19	00:05:12	01:02:08	00:05:11	00:38:48	BIERZOTRIMAN	SAN FERNANDO
37	262 MARTA	FERNANDEZ EIRAS	01:02:22	00:05:12	01:01:23	00:05:07	00:37:57		LESTROVE
38	480 PURI	CARIÑENA AMIGO	01:02:25	00:05:13	01:01:44	00:05:09	00:38:58	CLUB ATLETISMO MILLARAI0	SANTIAGO DE COMPOSTELA
39	542 VICTORIA	LOPEZ PERMUY	01:02:29	00:05:13	01:01:37	00:05:09	00:39:12	CLUB HÉRCULES	CORUÑA (A)
40	1920 EVA MARÍA	SÁNCHEZ MAYO	01:02:30	00:05:13	01:01:32	00:05:08	00:39:29	TAMBRE BIKE & RUNNING	SANTIAGO DE COMPOSTELA
41	508 MONTSE	FERNÁNDEZ RAMOS	01:02:37	00:05:14	01:02:08	00:05:11	00:37:42	CLUB ATLETISMO SADA	CORNELLA
42	1503 MÓNICA	GARCÍA ASOREY	01:02:40	00:05:14	01:02:18	00:05:12	00:38:41		VILA DE CRUCES
43	1471 ROSA MARIA	MOURAZOS OTERO	01:02:41	00:05:14	01:01:54	00:05:10	00:38:54		ARZUA
44	487 MARGA	LEDESMA	01:02:45	00:05:14	01:02:15	00:05:12	00:39:11	CLUB ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
45	341 SUSANA	FEIJOO SANCHEZ	01:03:03	00:05:16	01:02:44	00:05:14	00:40:32	ATLETISMO CORUÑA COMARCA	A CORUNA
46	2874 PURY	CAMPOS	01:03:05	00:05:16	01:02:20	00:05:12	00:39:08		CORUÑA
47	47 MARIA LUISA	LOPEZ GARCIA	01:03:07	00:05:16	01:02:40	00:05:14	00:39:00	C.D.EGOVARROS-VIVEIRO	A CORUÑA
48	1511 ISABEL	LOPEZ OTERO	01:03:15	00:05:17	01:03:08	00:05:16	00:39:27		LUGO
49	109 ANABELA	SANTOS	01:03:22	00:05:17	01:03:19	00:05:17	00:39:39	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
50	589 BEATRIZ	HERBELLO MILLAN	01:03:49	00:05:20	01:03:04	00:05:16	00:39:41	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	CANGAS
51	133 ALEJANDRA	VILAR GONZALEZ	01:03:49	00:05:20	01:03:33	00:05:18	00:39:49	MTC-LOURES	LUGO
52	1446 ISABEL	CAMINO CREGO	01:03:51	00:05:20	01:02:56	00:05:15	00:39:31		ARZUA
53	638 ISaura	CASTRO MAESTRE	01:03:57	00:05:20	01:03:09	00:05:16	00:39:56	FLUVIAL MONTE SEGADE	LUGO
54	1433 ANA	BLANCO LOPEZ	01:03:58	00:05:20	01:02:41	00:05:14	00:40:11		CORUÑA
55	1440 MARIA ELENA	ESTEVEZ FREIRE	01:04:10	00:05:21	01:03:25	00:05:18	00:40:02		BUEU
56	371 MONTSE	VEIGA BLANCO	01:04:14	00:05:22	01:03:28	00:05:18	00:41:04	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
57	1931 LAURA ALICIA	ACEVEDO ARTEAGA	01:04:37	00:05:24	01:04:10	00:05:21	00:41:00	TARTARUGAS	MEXICO D.F
58	406 JULIA	CASTRO COLORADO	01:04:50	00:05:25	01:03:38	00:05:19	00:40:57	BIKILA	VIGO
59	894 ANGELES	SÁNCHEZ NAVIA	01:05:01	00:05:26	01:03:58	00:05:20	00:40:22	TRAN-TRAN	VILLAGARCÍA DE AROUSA
60	321 RAQUEL	BOTANA GONZALEZ	01:05:37	00:05:29	01:05:17	00:05:27	00:41:01	ATLETAS DE ACEA DE AMA	ABEGONDO
61	1491 ANA	AMIGO GONZÁLEZ	01:05:38	00:05:29	01:04:45	00:05:24	00:41:15		CARACAS
62	1641 ALEJANDRA	VARELA FONTELA	01:05:45	00:05:29	01:04:58	00:05:25	00:41:00	CLUB ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
63	1504 CRUZ	FERNÁNDEZ TORRES	01:06:06	00:05:31	01:05:44	00:05:29	00:40:18		VILA DE CRUCES
64	2865 CHELO	MURIAS RODRIGEZ	01:06:19	00:05:32	01:04:59	00:05:25	00:42:09		O BARQUEIRO
65	703 DORA	RIBEIRO GOMEZ	01:06:26	00:05:33	01:05:06	00:05:26	00:41:44	LAMARGHA-AUTOTODO	OURENSE
66	1458 Mª BEGOÑA	MIRA JUNCAL	01:06:27	00:05:33	01:06:21	00:05:32	00:41:07		SIGÜEIRO
67	2848 MARTA	MUÑOZ PÉREZ	01:06:46	00:05:34	01:06:07	00:05:31	00:41:20		A CORUÑA
68	2860 CONCHI	VILAS FERNÁNDEZ	01:07:16	00:05:37	01:06:05	00:05:31	00:42:30		NOIA
69	1507 MAR	SAINZ-AJA MAZA	01:08:05	00:05:41	01:07:02	00:05:36	00:43:00		RIOTUERTO

70	510 ANGELES	AMOR GARCIA	01:08:16	00:05:42	01:07:25	00:05:38	00:42:26	CLUB ATLETISMO SADA	SADA
71	1548 MARIA JOSE	TRABA LÓPEZ	01:08:32	00:05:43	01:07:50	00:05:40	00:42:25	ASOCIACION DEPORTIVA OLIMPIA	FINISTERRE
72	1526 ANA ISABEL	BUITURON MEJIDE	01:08:32	00:05:43	01:07:50	00:05:40	00:42:25	A. D. OLIMPIA	FISTERRA
73	1653 CARMEN	CASTRO CORES	01:08:42	00:05:44	01:07:49	00:05:40	00:42:44	CLUB ATLETISMO O PINO	O PINO
74	1819 ROSA MARÍA	SOTO GUARDADO	01:09:07	00:05:46	01:08:27	00:05:43	00:44:10	JIMBARÁN RUNNING	LUGO
75	2859 SUSANA	IGLESIAS VAZQUEZ	01:09:21	00:05:47	01:08:34	00:05:43	00:44:01		VIGO
76	433 ROSA	ESTEVEZ VÁZQUEZ	01:09:26	00:05:48	01:09:06	00:05:46	00:43:10	CAC CAMBADOS SEGUROS NOVAL	CAMBADOS
77	1682 MARIA BEGOÑA	VAZQUEZ FERNANDEZ	01:09:31	00:05:48	01:08:26	00:05:43	00:42:52	CLUB MARCHA NORDICA A CORUÑA	ARTEIXO
78	1589 SONIA MARÍA	REIMÓNDEZ CALVO	01:09:32	00:05:48	01:08:30	00:05:43	00:44:24	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
79	1442 M PILAR	MUGICA ELORZA	01:09:34	00:05:48	01:08:23	00:05:42	00:43:41		BILBAO
80	1705 YOLANDA	GONZÁLEZ VILLAR	01:09:38	00:05:49	01:08:24	00:05:42	00:43:43	CLUBE ATLETISMO OUTES - JOHN TURKEY	A CORUÑA
81	1665 ALMA	TRILLO FERNÁNDEZ	01:09:39	00:05:49	01:08:24	00:05:42	00:43:43	CLUB ATLETISMO SADA	LA CORUÑA
82	2857 SONIA	FERNANDEZ CONDE	01:09:49	00:05:50	01:08:37	00:05:44	00:43:34		SANTIAGO
83	1435 MARÍA	ROCAMONDE ÁLVAREZ	01:10:02	00:05:51	01:09:02	00:05:46	00:44:01		SANTIAGO DE COMPOSTELA
84	1588 CHELO	VIGO LIÑARES	01:10:03	00:05:51	01:09:02	00:05:46	00:44:23	ATLETISMO FONTES DO SAR	AMES
85	370 CRISTINA	LOPEZ	01:10:03	00:05:51	01:09:02	00:05:46	00:44:25	ATLETISMO FONTES DO SAR	SANTIAGO
86	1501 TERESA	LÓPEZ DE LA VEGA	01:10:29	00:05:53	01:09:29	00:05:48	00:44:41		FERROL
87	2915 PATRICIA	VILAR ALONSO	01:10:33	00:05:53	01:09:25	00:05:48	00:44:39		TUI
88	257 ISABEL	AYASO SUAREZ	01:10:35	00:05:53	01:10:01	00:05:51	00:43:31		POBRA DO CARAMIÑAL
89	1425 SONIA	BRAÑA MENÉNDEZ	01:11:08	00:05:56	01:10:09	00:05:51	00:45:05		GIJÓN
90	1852 SUSANA	BUJÁN OTERO	01:11:28	00:05:58	01:10:33	00:05:53	00:43:38	NOITEBRA FC	SANTIAGO
91	1496 YOLANDA	GONZÁLEZ AREAL	01:11:32	00:05:58	01:10:49	00:05:55	00:44:24		PORRIÑO
92	2944 RITA MARIA	GONZÁLEZ ROCHA	01:12:02	00:06:01	01:11:19	00:05:57	00:44:25		SANTIAGO DE COMPOSTELA
93	1448 MARTA	MARTINEZ LAMELAS	01:12:06	00:06:01	01:11:07	00:05:56	00:45:04		CARIÑO
94	1592 CAROLINA	GONZALEZ GARCIA	01:12:33	00:06:03	01:11:21	00:05:57	00:45:22	ATLETISMO SAR VERMU PETRONI	BOIRO
95	2909 PALOMA	CAINZOS ORDUNA	01:12:36	00:06:03	01:11:27	00:05:58	00:45:07		A CORUÑA
96	1822 SOL	GARCÍA NIETO	01:12:46	00:06:04	01:11:25	00:05:58	00:44:42	KAOS KRAV MAGÁ	SANTIAGO DE COMPOSTELA
97	368 Mª ANGELES	PÉREZ GUTIÉRREZ	01:13:15	00:06:07	01:12:13	00:06:02	00:45:39	ATLETISMO FONTES DO SAR	O PORRIÑO
98	343 BEATRIZ	VÁZQUEZ FERNÁNDEZ	01:13:15	00:06:07	01:12:13	00:06:02	00:45:39	ATLETISMO FO	SANTIAGO DE COMPOSTELA
99	1587 ANA	VIGO LIÑARES	01:13:15	00:06:07	01:12:13	00:06:02	00:45:39	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
100	1929 ALMUDENA	MANDADO FERNANDEZ	01:13:26	00:06:08	01:12:27	00:06:03	00:46:06	TARTARUGAS	OURENSE
101	1948 CARMEN	CARNEIRO	01:13:27	00:06:08	01:12:08	00:06:01	00:46:01	URBAN RUNNERS	TORTOSA
102	1870 SUSANA	SELAS	01:13:30	00:06:08	01:12:47	00:06:04	00:45:36	PATO BLANCO CELANOVA	NEW JERSEY
103	322 M.CRUZ	RODRIGUEZ SUAREZ	01:13:40	00:06:09	01:13:20	00:06:07	00:45:41	ATLETAS DE ACEA DE AMA	A CORUÑA
104	1719 PILI	ROZAS VEIGA	01:13:54	00:06:10	01:13:18	00:06:07	00:46:17	CORRE POR BEGONTE	BEGONTE
105	1441 KIKI	GÓMEZ AVILÉS	01:14:13	00:06:12	01:12:57	00:06:05	00:47:06		A CORUÑA
106	1949 DOLORES	PÍAS PELETEIRO	01:14:25	00:06:13	01:13:15	00:06:07	00:48:06	URBAN RUNNERS	SANTIAGO DE COMPOSTELA
107	2853 ROSALIA	CALLEJA	01:14:54	00:06:15	01:13:56	00:06:10	00:46:41		OURENSE
108	1720 MARIA ANGELES	LOPEZ PIÑEIRO	01:15:14	00:06:17	01:14:37	00:06:14	00:46:17	CORRE POR BEGONTE	GUITIRIZ
109	263 ALMUDENA	LODEIRO CASTRO	01:15:22	00:06:17	01:14:06	00:06:11	00:46:52		SANTIAGO
110	2887 MARÍA	PAZOS CARBON	01:15:23	00:06:17	01:14:55	00:06:15	00:45:55		SANTIAGO
111	1869 MONICA	ALVAREZ PEREZ	01:15:54	00:06:20	01:15:29	00:06:18	00:46:55	PATO BLANCO CELANOVA	A BOLA
112	1868 YOLANDA	RODRIGUEZ MOSQUERA	01:15:55	00:06:20	01:15:29	00:06:18	00:46:56	PATO BLANCO CELANOVA	CELANOVA
113	2899 ALICIA ANA	COUCE FALCON	01:16:00	00:06:20	01:14:54	00:06:15	00:47:26		FENE
114	1858 MONICA	FRAGA CASTRO	01:16:02	00:06:21	01:15:02	00:06:16	00:47:34	OMR	LUGO
115	2929 BEGOÑA	QUINTÁS	01:16:19	00:06:22	01:15:20	00:06:17	00:47:33		SANTIAGO
116	2894 LUCÍA	VILLAVERDE SOLER	01:16:19	00:06:22	01:15:20	00:06:17	00:48:29		SANTIAGO DE COMPOSTELA
117	2906 MARIA JESUS	EXPOSITO ABELEDO	01:16:39	00:06:24	01:15:20	00:06:17	00:47:47		LUGO
118	2889 MARIA DEL SOCORRO	FERNÁNDEZ VEGA	01:16:40	00:06:24	01:15:51	00:06:20	00:47:37		SANTIAGO DE COMPOSTELA
119	2893 ROSA	GARCIA PIÑEIRO	01:18:18	00:06:32	01:17:24	00:06:27	00:49:18		VILLALBA
120	2890 DIANA	ORTEGA IGLESIAS	01:18:18	00:06:32	01:17:25	00:06:28	00:49:17		SANTIAGO DE COMPOSTELA
121	2867 MARUXA	SORDO TOUZA	01:18:18	00:06:32	01:17:26	00:06:28	00:49:17		SANTIAGO DE COMPOSTELA
122	1449 ISABEL	SANTOS	01:19:07	00:06:36	01:18:28	00:06:33	00:49:36		PORTO
123	2921 TOÑA	GONZÁLEZ SOUTO	01:19:34	00:06:38	01:18:30	00:06:33	00:49:59		SANTIAGO DE COMPOSTELA

124	2919	MATILDE	VAZQUEZ CAAMAÑO	01:19:36	00:06:38	01:18:13	00:06:32	00:50:04		SANTA COMBA
125	2866	ANGELES	GARCIA GARCIA	01:20:36	00:06:43	01:19:16	00:06:37	00:49:56		BOIRO
126	2864	MARÍA DOLORES	NEIRA FERNANDEZ	01:20:36	00:06:43	01:19:17	00:06:37	00:49:56		FOZ
127	2933	MARIA TERESA	DE FARIA	01:24:47	00:07:04	01:24:01	00:07:01	00:53:22		PARIS
128	2891	RUTH	REZA LOPEZ	01:24:47	00:07:04	01:24:01	00:07:01	00:53:22		BARCELONA
129	2942	MAR	LOPEZ FERRANDO	01:29:11	00:07:26	01:27:49	00:07:20	00:54:31		MADRID

MSBF **MÁSTE Inscritos:** **47 Llegados:** **36**

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
	1	136	LÍDIA PEREIRA	00:48:28	00:04:03	00:48:27	00:04:03	00:29:56	MUNICÍPIO DE CASTRO DAIRE	WISEU
	2	1423	ROSA MARY GONZALEZ BANIELA	00:54:24	00:04:32	00:53:57	00:04:30	00:34:04		MEDAL-COAÑA
	3	733	SOFIA ROMÃO	00:54:58	00:04:35	00:54:53	00:04:35	00:34:01	MUNICÍPIO DE CASTRO DAIRE	WISEU
	4	258	ANA MARGARITA FREIRE ARUFE	00:57:45	00:04:49	00:57:40	00:04:49	00:36:04		NOIA
	5	31	MANUELA RODRÍGUEZ RODRÍGUEZ	00:58:45	00:04:54	00:58:20	00:04:52	00:36:34	ATLETAS VETERANOS OURENSE	RIBADAVIA OURENSE
	6	1428	MARIA DOLORES MUNIN GARCÍA	00:59:13	00:04:57	00:58:58	00:04:55	00:36:41		SANTIAGO DE COMPOSTELA
	7	429	SUSANA PARGUIÑA FERNÁNDEZ	01:00:04	00:05:01	00:59:37	00:04:59	00:37:35	C.D.EGOVARROS-VIVEIRO	FERROL
	8	637	ANA ISABEL RODRIGUEZ EXPOSITO	01:00:19	00:05:02	00:59:31	00:04:58	00:38:07	FLUVIAL DE LUGO MONTE SEGADE	LUGO
	9	1475	ANA MARÍA SOLLA FONTÁN	01:01:16	00:05:07	01:00:52	00:05:05	00:37:17		POBRA DO CARAMIÑAL
	10	734	TERESA RAMOS	01:01:38	00:05:09	01:01:26	00:05:08	00:38:09	MUNICÍPIO DE CASTRO DAIRE	WISEU
	11	885	PAZ PEÑA VILLAMIDE	01:01:58	00:05:10	01:01:02	00:05:06	00:39:27	TARTARUGAS	CASTRO DE REI (LUGO)
	12	2963	AZUCENA SEIJAS LÓPEZ	01:02:51	00:05:15	01:02:03	00:05:11	00:39:19	FLUVIAL DE LUGO MONTE SEGADE	LUGO
	13	1438	MARIA TERESA MARTINEZ BREIJO	01:03:56	00:05:20	01:03:13	00:05:17	00:39:51		MELILLA
	14	2962	MARIA JESUS RIO GARCIA	01:03:57	00:05:20	01:03:09	00:05:16	00:39:56	FLUVIAL DE LUGO MONTE SEGADE	LUGO
	15	1525	AMPARO TABOADA VILLARAVID	01:04:13	00:05:22	01:03:19	00:05:17	00:40:33	A. D. CERNE	MELIDE
	16	376	LOURDES PRIETO VIEITES	01:05:11	00:05:26	01:04:52	00:05:25	00:40:37	ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
	17	486	MARIA ISABEL CHORÉN MAROÑO	01:06:17	00:05:32	01:05:23	00:05:27	00:41:18	CLUB ATLETISMO O PINO	TOURO
	18	1472	MARÍA BEGOÑA RAMOS SUÁREZ	01:06:29	00:05:33	01:05:30	00:05:28	00:41:31		SANTIAGO
	19	1515	INMACULADA LOPEZ BRAÑA FREIJE	01:06:39	00:05:34	01:05:35	00:05:28	00:41:49		RIBADEO
	20	1443	ANA ROSA GONZALEZ IGLESIAS	01:07:03	00:05:36	01:06:41	00:05:34	00:41:10		ASNIERES
	21	1502	LOLECHA ASOREY SALGUEIRO	01:08:03	00:05:41	01:07:40	00:05:39	00:41:45		VILA DE CRUCES
	22	2852	MARIA DEL PILAR FERREIRO PEREZ	01:08:27	00:05:43	01:07:14	00:05:37	00:43:16		TOQUES - A CORUÑA
	23	1516	CARMEN GARCIA GARCIA	01:09:59	00:05:50	01:08:57	00:05:45	00:43:03		SANTIAGO DE COMPOSTELA
	24	1517	BELEN VELOSO RODRIGUEZ	01:10:38	00:05:54	01:09:25	00:05:48	00:44:44		A CORUÑA
	25	479	LOURDES GARCIA VAZQUEZ	01:12:47	00:06:04	01:11:55	00:06:00	00:45:33	CLUB ATLETISMO MILLARAI0	SANTIAGO
	26	1514	CAMPO LOPEZ BRAÑA FREIJE	01:13:01	00:06:06	01:11:57	00:06:00	00:45:01		RIBADEO
	27	2885	BERNICE FINN KIERAN	01:13:03	00:06:06	01:11:36	00:05:58	00:45:57		IRLANDA
	28	1454	CARMEN GARCIA GARCIA	01:13:25	00:06:08	01:12:12	00:06:01	00:46:04		A CORUÑA
	29	2880	MARÍA VARELA GARCÍA	01:13:39	00:06:09	01:12:52	00:06:05	00:46:24		MOREIRAS
	30	1853	LUCÍA ANSEDES DOMÍNGUEZ	01:13:53	00:06:10	01:12:53	00:06:05	00:45:50	NOITEBRA, FC	SILLEDA
	31	2856	ERNESTINA LIMA FERREIRA	01:14:35	00:06:13	01:14:22	00:06:12	00:46:06		BRAGA
	32	436	OLIVIA BRANDÃO	01:14:57	00:06:15	01:14:32	00:06:13	00:46:21	CAIXA GERAL DE DEPÓSITOS - OVAR	OVAR
	33	2879	MARIA ISABEL GIL Balsa	01:15:53	00:06:20	01:14:52	00:06:15	00:47:54		SANTIAGO DE COMPOSTELA
	34	2913	GRACIA MARÍA FRUTOS MARTÍNEZ	01:16:42	00:06:24	01:16:12	00:06:21	00:47:56		SANTIAGO DE COMPOSTELA
	35	1646	ANA FERNANDEZ GONZALEZ	01:18:39	00:06:34	01:17:12	00:06:26	00:48:50	CLUB ATLETISMO MILLARAI0	VIGO
	36	1647	MARÍA JOSEFINA PARDO MONTAÑA	01:18:39	00:06:34	01:17:12	00:06:26	00:48:50	CLUB ATLETISMO MILLARAI0	RABANO (VALLADOLID)

MSCF **MÁSTE Inscritos:** **7 Llegados:** **7**

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
	1	2847	ARACELI VEIGA BERMEJO	01:01:12	00:05:06	01:00:42	00:05:04	00:38:11		A CORUÑA
	2	509	PILAR MARQUIZ HERNANDEZ	01:02:05	00:05:11	01:01:41	00:05:09	00:38:27	CLUB ATLETISMO SADA	SALAMANCA
	3	617	CARMEN NOVO VARELA	01:05:03	00:05:26	01:04:42	00:05:24	00:40:14	ERIKA PILATES TEAM	FRIOL (LUGO)
	4	283	MIRANDA MARTINE	01:07:37	00:05:39	01:07:00	00:05:35	00:41:56	ACC CANNES FRANCE	NICE FRANCE
	5	2862	MARIA PENA TURNES	01:09:18	00:05:47	01:08:18	00:05:42	00:43:37		SANTIAGO DE COMPOSTELA
	6	415	GUADALUPE VILAR SEREN	01:09:41	00:05:49	01:09:20	00:05:47	00:43:11	C.A.CAMBADOS SEGUROS NOVAL	CAMBADOS

7 2896 GRACINDA CAPELA 01:19:07 00:06:36 01:18:28 00:06:33 00:49:37

PORTO

JPM JUNIOF Inscritos: 98 Llegados: 90

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control	Galeras	Club	Localidad
	1	62	PABLO	MONTEAGUDO LAGO	00:40:47	00:03:24	00:40:45	00:03:24	00:25:25	CLUB ATLETISMO NOIA	MUROS
	2	73	BORJA	CASTRO HERMIDA	00:41:04	00:03:26	00:41:04	00:03:26	00:25:06	CLUB ATLETISMO SANTIAGO	O PINO
	3	124	DANIEL	PÉREZ MURADO	00:41:05	00:03:26	00:41:02	00:03:26	00:25:40	LUCUS CAIXA RURAL GALEGA	LUGO
	4	70	JORGE	CORTÉS ESPERÓN	00:41:20	00:03:27	00:41:19	00:03:27	00:25:49	CLUB ATLETISMO SANTIAGO	PONTEVEDRA
	5	203	XABIER	RODRIGUEZ MORA	00:41:46	00:03:29	00:41:44	00:03:29	00:25:54		PONTEVEDRA
	6	694	MIGUEL	NEVES	00:41:47	00:03:29	00:41:47	00:03:29	00:25:33	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	ESTARREJA
	7	87	JESÚS	CORRAL MATO	00:42:21	00:03:32	00:42:20	00:03:32	00:26:05	CLUB MONTEPENARUBIA LUGO	LUGO
	8	69	ARTURO	RAMOS REY	00:42:30	00:03:33	00:42:30	00:03:33	00:26:04	CLUB ATLETISMO SANTIAGO	SANTA COMBA
	9	127	KEVIN	DARRIBA CORRAL	00:43:14	00:03:37	00:43:12	00:03:36	00:26:25	LUCUS CAIXA RURAL GALEGA	LUGO
	10	54	ROBERTO	TRIGO LORES	00:43:17	00:03:37	00:43:16	00:03:37	00:26:46	CLUB ATLETISMO CAMBADOS	MEAÑO
	11	190	VICENTE	PÉREZ SOLOVIEV	00:43:31	00:03:38	00:43:30	00:03:38	00:26:39	TRIATLON ARCADE INFORHOUSE SANTIAGO	SANTIAGO DE COMPOSTELA
	12	74	JACOBO	DOPAZO FERREIRO	00:43:40	00:03:39	00:43:40	00:03:39	00:26:44	CLUB ATLETISMO SANTIAGO	PONTECESURES
	13	36	JORGE	SIEIRA HERMIDA	00:44:09	00:03:41	00:44:07	00:03:41	00:26:44	ATLETISMO CORUÑA COMARCA	A CORUÑA
	14	1104	ANTÓN	GÓMEZ LÓPEZ	00:45:43	00:03:49	00:45:42	00:03:49	00:27:57		CULLEREDO
	15	603	ROBERTO	BLANCO FARIÑAS	00:46:44	00:03:54	00:46:40	00:03:54	00:29:03	CORREDORES DO MIÑO	OURENSE
	16	513	IAGO	PEREIRA SEIJO	00:47:20	00:03:57	00:47:10	00:03:56	00:29:44	CLUB ATLETISMO SANTIAGO	PONTEVEDRA
	17	1379	PEDRO	ALVEDRO RUIZ	00:47:40	00:03:59	00:47:16	00:03:57	00:29:46		A CORUÑA
	18	570	NICOLAS MANUEL	BOTANA PRINI	00:47:43	00:03:59	00:47:40	00:03:59	00:29:00	CLUB TRIATLÓN COMPOSTELA	SANTIAGO
	19	1256	MARTÍN	RODRÍGUEZ BOTANA	00:47:55	00:04:00	00:47:31	00:03:58	00:30:11		LUGO
	20	2955	RAMÓN	DORREGO FERNÁNDEZ DE SOT	00:48:01	00:04:01	00:47:41	00:03:59	00:30:16	ATLETISMO RIBADEO	RIBADEO
	21	387	MANUEL	FERNÁNDEZ TABOADA	00:48:01	00:04:01	00:47:57	00:04:00	00:29:49	ATLETISMO SAR VERMÚ PETRONI	SANTIAGO DE COMPOSTELA
	22	1023	LUIS	PORTO MATO	00:48:24	00:04:02	00:48:09	00:04:01	00:30:07		OLEIROS
	23	514	ARTURO	MATA CASTRO	00:48:25	00:04:03	00:48:18	00:04:02	00:29:55	CLUB ATLETISMO SANTIAGO	MARIN
	24	1123	MARCO	CASTIÑEIRA PAIS	00:49:31	00:04:08	00:49:20	00:04:07	00:31:00		VIMIANZO
	25	707	MARCO	FERNÁNDEZ VÁZQUEZ	00:49:48	00:04:09	00:49:41	00:04:09	00:30:38	LUCUS CAIXA RURAL GALEGA	LUGO
	26	1267	MANUEL	MALLO MAGARIÑOS	00:49:52	00:04:10	00:49:37	00:04:09	00:30:30		TEO, A CORUÑA
	27	1128	JONATAN	GARCÍA SUÁREZ	00:50:06	00:04:11	00:49:48	00:04:09	00:31:58		SALAS
	28	506	ÓSCAR	LORENZO FRAILE	00:50:23	00:04:12	00:50:18	00:04:12	00:31:12	CLUB ATLETISMO SADA	SADA
	29	1009	JOSE MANUEL	AMOEDO MEIJIDE	00:50:47	00:04:14	00:50:39	00:04:14	00:31:37		MARÍN
	30	2991	YAGO	FREIJE MARIÑO	00:50:47	00:04:14	00:50:28	00:04:13	00:31:54	ATLETISMO RIBADEO	RIBADEO
	31	527	JUAN	FERNANDEZ ROSALES	00:51:04	00:04:16	00:50:54	00:04:15	00:31:06	CLUB DE BOXEO EL CANARIO	RIBEIRA
	32	1361	ANTONIO	RODRÍGUEZ SAN BLAS	00:51:19	00:04:17	00:51:13	00:04:17	00:30:40		SANTA CRUZ DE TENERIFE
	33	201	MIGUEL	MONTERO NOYA	00:52:03	00:04:21	00:51:58	00:04:20	00:32:12		SANTIAGO DE COMPOSTELA
	34	2691	RODRIGO	GONZALEZ REGUEIRO	00:52:04	00:04:21	00:51:48	00:04:19	00:32:18		PONTEVEDRA
	35	1040	FRANCISCO ALEXANDRE	CASTROMÁN COUSELO	00:53:16	00:04:27	00:53:02	00:04:26	00:33:18		RIBEIRA
	36	1307	BORJA	HERMIDA VÁZQUEZ	00:53:41	00:04:29	00:53:28	00:04:28	00:32:38		SANTIAGO DE COMPOSTELA
	37	2371	RUBÉN	RODRÍGUEZ SUÁREZ	00:53:49	00:04:30	00:53:18	00:04:27	00:34:34		VILAGARCÍA DE AROUSA
	38	395	MIGUEL	MUÑIZ SANVICENTE	00:54:18	00:04:32	00:53:54	00:04:30	00:33:41	BARBANTIA RODA	BOIRO
	39	1335	ADRIAN	PONTE APONTE	00:54:20	00:04:32	00:53:57	00:04:30	00:33:54		NOIA
	40	252	JORGE	NOYA NOYA	00:54:37	00:04:34	00:53:30	00:04:28	00:34:27		SANTIAGO DE COMPOSTELA
	41	2155	DANIEL	VÁZQUEZ LÓPEZ	00:54:57	00:04:35	00:54:34	00:04:33	00:34:39		LUGI
	42	51	ANDRES	CENDAN LLORENS	00:55:22	00:04:37	00:55:22	00:04:37	00:33:39	CIDADE DE LUGO FLUVIAL	SANTIAGO DE COMPOSTELA
	43	2368	MANUEL	BECERRA	00:55:57	00:04:40	00:55:25	00:04:38	00:34:52		VILAGARCÍA DE AROUSA
	44	1291	ALVARO	MARTINEZ SIO	00:56:06	00:04:41	00:55:40	00:04:39	00:35:17		O PORRIÑO
	45	2049	CARLOS	ILLANES BORDOMÁS	00:56:28	00:04:43	00:56:09	00:04:41	00:34:12		MERA
	46	2653	DAVID	MACÍAS CARBAJO	00:56:35	00:04:43	00:55:50	00:04:40	00:36:02		VIGO
	47	2521	LEÓN	FERNÁNDEZ CAMESELLE	00:56:39	00:04:44	00:55:55	00:04:40	00:36:02		VIGO
	48	1816	HADRIÁN	FRANCO CORDEIRO	00:56:50	00:04:45	00:56:05	00:04:41	00:36:20	JAO	SARREUS, OURENSE
	49	2735	IVAN	MIRAMONTES CARRIL	00:57:12	00:04:46	00:56:41	00:04:44	00:35:39		SANTIAGO DE COMPOSTELA
	50	2082	JOAQUÍN	CARRAL ORTIGUEIRA	00:57:19	00:04:47	00:56:38	00:04:44	00:36:08		PONTEVEDRA

51	1054	DANIEL	MARTINEZ SUÁREZ	00:57:31	00:04:48	00:57:25	00:04:48	00:34:11		SANTIAGO DE COMPOSTELA
52	2292	ELOI	PAZOS RIAL	00:57:50	00:04:50	00:57:19	00:04:47	00:36:15		SANTIAGO DE COMPOSTELA
53	1255	SERGIO	REY BLANCO	00:58:25	00:04:53	00:57:59	00:04:50	00:35:59		SANTIAGO DE COMPOSTELA
54	1723	PABLO	SOUTO SALGADO	00:58:34	00:04:53	00:57:27	00:04:48	00:38:21	CORUÑA COMARCA	A CORUÑA
55	1742	OMAR	ALONSO	00:58:38	00:04:54	00:57:31	00:04:48	00:37:48	ESTILA RUNNING CLUB	LEÓN
56	2702	ENRIQUE	ESPERÓN FERREIRA	00:58:39	00:04:54	00:58:24	00:04:52	00:36:36		OURENSE
57	247	SANTI	MARTÍNEZ REY	00:58:41	00:04:54	00:58:11	00:04:51	00:35:44		A ESTRADA
58	2452	GABRIEL	ALFONSÍN ESPÍN	00:58:49	00:04:55	00:58:02	00:04:51	00:37:23		SANTIAGO DE COMPOSTELA
59	1639	ANDY	TORRES BLANCO	00:59:17	00:04:57	00:58:54	00:04:55	00:36:47	CLUB ATLETISMO ESTRADA	A ESTRADA
60	2641	ADRIÁN	ALONSO ALONSO	00:59:31	00:04:58	00:59:27	00:04:58	00:37:08		VERIN
61	2666	KEVIN GILBER	CAMARENA PASCUAL	00:59:33	00:04:58	00:59:29	00:04:58	00:36:27		LIMA
62	1999	PEDRO	SÁNCHEZ CARRACEDO	00:59:46	00:04:59	00:59:12	00:04:56	00:37:49		SANTIAGO DE COMPOSTELA
63	2250	ALVARO	MOSQUERA BARREIRO	00:59:46	00:04:59	00:59:41	00:04:59	00:36:47		ORDES
64	2388	PEDRO	ARES FERNÁNDEZ	00:59:49	00:05:00	00:59:15	00:04:57	00:37:45		A CORUÑA
65	2543	JESÚS	RODRÍGUEZ LOREDO	01:01:48	00:05:09	01:01:09	00:05:06	00:39:02		SANTIAGO DE COMPOSTELA
66	2651	MARCOS	SABORIDO REY	01:02:53	00:05:15	01:01:34	00:05:08	00:41:03		RIANXO
67	2803	ALEJANDRO	BELLO LÓPEZ	01:03:56	00:05:20	01:03:39	00:05:19	00:41:46		PONTEAREAS
68	2719	MIGUEL	LÓPEZ BARBEITO	01:03:59	00:05:20	01:03:17	00:05:17	00:40:38		SANTIAGO DE COMPOSTELA
69	2319	ALFONSO	SÁNCHEZ DO RÍO	01:04:22	00:05:22	01:03:47	00:05:19	00:38:00		VILAGARCIA DE AROUSA
70	521	JORGE	FELPETO EVIA	01:04:28	00:05:23	01:03:18	00:05:17	00:42:05	CLUB CASTRO DE LOBADIZ	FERROL
71	1064	JAVIER	FERNÁNDEZ ÁLVAREZ	01:04:37	00:05:24	01:03:42	00:05:19	00:39:48		OS TILOS
72	2449	SANTIAGO	SILVA GONZÁLEZ	01:04:43	00:05:24	01:03:42	00:05:19	00:40:30		PONTEVEDRA
73	2778	PABLO	ÁLVAREZ CASTEDO	01:04:46	00:05:24	01:03:55	00:05:20	00:40:44		SANTIAGO DE COMPOSTELA
74	2467	GONZALO	VEIGA PIÑEIRO	01:04:47	00:05:24	01:04:07	00:05:21	00:39:03		SANTIAGO DE COMPOSTELA
75	2743	AITOR	CAMBEIRO PORRUA	01:05:23	00:05:27	01:04:04	00:05:21	00:39:51		SANTIAGO DE COMPOSTELA
76	2564	FABIAN	ROMERO TARRIO	01:05:43	00:05:29	01:05:14	00:05:27	00:40:29		VALGA
77	2536	ÁNGEL	SANMARTÍN DURÁN	01:05:47	00:05:29	01:04:46	00:05:24	00:41:12		A ESTRADA
78	2551	VÍCTOR	PÉREZ CURRÁS	01:05:59	00:05:30	01:05:15	00:05:27	00:41:19		VIGO
79	2220	RAMON	FERNÁNDEZ LAGE	01:06:05	00:05:31	01:05:34	00:05:28	00:42:01		SANTIAGO DE COMPOSTELA
80	2222	JAVIER	GARCÍA SÁNCHEZ	01:07:56	00:05:40	01:07:51	00:05:40	00:41:32		SANTIAGO DE COMPOSTELA
81	2639	HERNÁN	PRADO ESTÉVEZ	01:07:58	00:05:40	01:07:38	00:05:39	00:42:22		A CORUÑA
82	2417	ANGEL	SUAREZ DURAN	01:09:28	00:05:48	01:08:21	00:05:42	00:42:34		A CORUÑA
83	2418	RUBEN	SUAREZ DURAN	01:12:06	00:06:01	01:11:00	00:05:55	00:44:39		A CORUÑA
84	2694	IVAN	BERMÚDEZ ROZAS	01:12:22	00:06:02	01:11:47	00:05:59	00:45:51		SANTIAGO DE COMPOSTELA
85	2780	DIEGO	CASTRO LÓPEZ	01:12:22	00:06:02	01:11:48	00:05:59	00:45:50		LALÍN
86	1694	TOMÁS	CIBREIRO CARBALLO	01:12:41	00:06:04	01:12:06	00:06:01	00:46:36	CLUB NATACION CEDEIRA MUEBLES GARCIA	FERROL
87	1101	XABIER	SEOANE MARTÍNEZ	01:12:43	00:06:04	01:12:08	00:06:01	00:46:36		SANTIAGO DE COMPOSTELA
88	2531	MARCOS	GESTO MARIÑO	01:13:43	00:06:09	01:12:41	00:06:04	00:44:29		SANTIAGO DE COMPOSTELA
89	2729	CHRISTIAN	ALBOR GIL	01:15:53	00:06:20	01:14:51	00:06:15	00:47:55		SANTIAGO DE COMPOSTELA
90	2245	BRUNO	MARTÍNEZ NOVO	01:24:53	00:07:05	01:23:46	00:06:59	00:53:06		A CORUÑA

SNAM **SENIOf Inscritos:** **233 Llegados:** **201**

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad	
	1	5	IVAN	ROADE LAGO	00:37:42	00:03:09	00:37:42	00:03:09	00:23:37	C.A. BIKILA	NIGRÁN
	2	3	PAULO	BARBOSA	00:37:56	00:03:10	00:37:55	00:03:10	00:23:36	MAIA A. C	LORDELO
	3	2	DAVID	SANTOS DOMINGUEZ	00:38:03	00:03:11	00:38:02	00:03:11	00:23:38	VERXEL NUTRICIÓN DEPORTIVA	ORDES
	4	16	ALEJO	ARES PRADA	00:38:11	00:03:11	00:38:10	00:03:11	00:23:39	ADAS-PROINOR	SOBRADELO
	5	126	ESTEBAN	IGLESIA VILA	00:38:11	00:03:11	00:38:10	00:03:11	00:23:43	LUCUS CAIXA RURAL GALEGA	A PASTORIZA
	6	130	ANXO	CASTRO VARELA	00:39:14	00:03:17	00:39:14	00:03:17	00:24:18	MILER RUNNING CLUB	A CORUÑA
	7	152	JONATHAN	FERNÁNDEZ RÍOS	00:40:38	00:03:24	00:40:37	00:03:24	00:25:13	PASA OU ENTORNA	VILLALBA
	8	82	ANTON	GOMEZ GONZALEZ	00:41:17	00:03:27	00:41:17	00:03:27	00:25:30	CLUB DEPORTIVO SAN PAIO	SANTIAGO DE COMPOSTELA
	9	211	MARTÍN	REGUEIRA RELLÁN	00:41:22	00:03:27	00:41:18	00:03:27	00:25:52		VIMIANZO
	10	243	HAMZA	BELHADJ BENZIANE	00:41:34	00:03:28	00:41:33	00:03:28	00:25:35		ARGELIA
	11	2967	RUI	ALVES	00:42:10	00:03:31	00:42:07	00:03:31	00:25:48	GRUPO DESPORTIVO SAO PAIO DE OLEIROS	SANTA MARIA DA FEIRA

12	15 CAYETANO	GARCÍA BLANCO	00:42:33	00:03:33	00:42:31	00:03:33	00:26:16	3&RUN PEDRO NIMO	PORTO DO SON
13	186 ALEXANDRE	FERNÁNDEZ TOJO	00:42:41	00:03:34	00:42:41	00:03:34	00:26:23	TAMBRE BIKE & RUNNING	PORTOMOURO
14	159 XIÁN	RODRÍGUEZ PUENTE	00:42:56	00:03:35	00:42:55	00:03:35	00:26:34	REAL CLUB CELTA DE ATLETISMO	A PONTENOVA
15	175 RUBEN	INSUA DIAZ	00:43:11	00:03:36	00:43:10	00:03:36	00:26:45	SAR-VERMU PETRONI	FISTERRA
16	176 ADRIÁN	ROJO LUACES	00:43:27	00:03:38	00:43:27	00:03:38	00:27:08	SAR-VERMU PETRONI	CAMARIÑAS
17	189 MARTÍN	PARDIÑAS DÍAZ	00:43:28	00:03:38	00:43:26	00:03:38	00:26:40	TOXIZA CLUBE DE MONTAÑA	LOURENZÁ
18	80 JUAN	COLLAZO AREOSA	00:43:29	00:03:38	00:43:29	00:03:38	00:26:50	CLUB DEPORTIVO OS MUDITOS	CORISTANCO
19	230 CARLOS	FRAGA ADRIO	00:43:41	00:03:39	00:43:40	00:03:39	00:27:03		SANTIAGO DE COMPOSTELA
20	177 RICARDO	LEÓN VIÑAS	00:43:44	00:03:39	00:43:42	00:03:39	00:27:07	SAR-VERMU PETRONI	NOIA
21	1959 BRAIS	OTERO BAAMEIRO	00:44:05	00:03:41	00:44:04	00:03:41	00:27:09	X ONE VIGO	FOLGUEIRAS CALO TEO N108
22	217 RUBÉN	BUGLIOT FERNÁNDEZ	00:44:31	00:03:43	00:44:20	00:03:42	00:28:04		CARIÑO
23	81 MIGUEL	IGLESIAS AMORES	00:44:37	00:03:44	00:44:33	00:03:43	00:27:48	CLUB DEPORTIVO PINARIUM	VEDRA
24	416 JESÚS	CONDE LAGO	00:44:48	00:03:44	00:44:42	00:03:44	00:28:09	C.A.R. MARISQUEIRO	VIGO
25	117 GERARDO	CACHAFEIRO GARCÍA	00:44:53	00:03:45	00:44:50	00:03:45	00:27:35		SANTIAGO DE COMPOSTELA
26	471 ALBERTO	GÓMEZ VILA	00:45:02	00:03:46	00:44:49	00:03:45	00:28:10	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	NOIA
27	45 DAVID	PÉREZ CASTRO	00:45:13	00:03:47	00:45:11	00:03:46	00:28:14	C.C. OS ESFOLA ARRÓS	SANTIAGO DE COMPOSTELA
28	93 FRANCISCO	CENDAN LLORENS	00:45:24	00:03:47	00:45:24	00:03:47	00:27:45	CLUB TRIATLÓN COMPOSTELA	LLEIDA
29	64 CRISTIAN	MUIÑO VARELA	00:45:25	00:03:48	00:45:24	00:03:47	00:26:11	CLUB ATLETISMO O PINO	CORISTANCO
30	49 DAVID	ALONSO PREGAL	00:45:45	00:03:49	00:45:41	00:03:49	00:28:24	CAZAFANTASMAS	PORRIÑO
31	867 DAVID	SENRA MARTINEZ	00:46:01	00:03:51	00:45:56	00:03:50	00:28:32	TAMBRE BIKE & RUNNING	SANTIAGO DE COMPOSTELA
32	198 ADRIAN	IGLESIAS PENIDO	00:46:02	00:03:51	00:45:57	00:03:50	00:28:31		OROSO
33	95 PABLO	ZOBRA LOJO	00:46:08	00:03:51	00:46:06	00:03:51	00:28:12	CLUB TRIATLON MORRAZO	LALÍN
34	942 HUGO	SUÁREZ RIESGO	00:46:09	00:03:51	00:46:01	00:03:51	00:29:02		AVILÉS
35	977 ANDRES	ROCA PADRONES	00:46:10	00:03:51	00:46:04	00:03:51	00:28:54		SANTIAGO DE COMPOSTELA
36	222 IVÁN	FERNÁNDEZ POUSADA	00:46:25	00:03:53	00:46:23	00:03:52	00:29:09		WERMELSKIRCHEN-ALEMANIA
37	1018 PABLO	CARNERO	00:46:30	00:03:53	00:46:24	00:03:52	00:29:09		SANTIAGO DE COMPOSTELA
38	944 JESÚS	MALVÁREZ LOURO	00:46:32	00:03:53	00:46:21	00:03:52	00:29:07		MUROS
39	536 ADRIÁN	PICALLO MATO	00:46:43	00:03:54	00:46:33	00:03:53	00:28:51	CLUB DEPORTIVO SAN PAIO	GINEBRA
40	952 ADRIÁN	DIOS VICENTE	00:46:45	00:03:54	00:46:25	00:03:53	00:29:39		SANTIAGO DE COMPOSTELA
41	954 MAURO	TRINCADO AVE	00:46:47	00:03:54	00:46:44	00:03:54	00:28:41		SANTIAGO DE COMPOSTELA
42	149 GONZALO	BALAY LOSADA	00:47:00	00:03:55	00:46:53	00:03:55	00:28:54	NOSPORTLIMIT	A CORUÑA
43	590 IAGO	DAVILA OUTEIRAL	00:47:01	00:03:56	00:46:45	00:03:54	00:29:05	CLUBE DE REMO CABO DA CRUZ	A POBRA DO CARAMIÑAL
44	237 ALBERTO	VIGO SÁNCHEZ	00:47:30	00:03:58	00:47:25	00:03:58	00:29:16		CURTIS
45	1130 DAVID	AMADOR FERNANDEZ	00:47:37	00:03:59	00:47:33	00:03:58	00:29:10		LAZA
46	1380 ELOY	LEMA ORDOÑEZ	00:47:39	00:03:59	00:47:16	00:03:57	00:29:55		BAIO
47	67 RAFAEL SENÉN	GOMEZ GARCIA	00:47:44	00:03:59	00:47:43	00:03:59	00:29:59	CLUB ATLETISMO OUTES	OUTES
48	963 FERNANDO JOSE	VARELA CASTRO	00:48:06	00:04:01	00:47:58	00:04:00	00:29:58		LA CORUÑA
49	330 JAIRO	FONTENLA BUA	00:48:26	00:04:03	00:48:16	00:04:02	00:30:27	ATLETISMO +9 MORAÑA	MORAÑA
50	701 MIGUEL	RODRIGUEZ FERREIRO	00:48:32	00:04:03	00:48:28	00:04:03	00:30:08	LAMARGHA-AUTOTODO	OURENSE
51	1208 ÁLVARO	PRADA VEGA	00:48:34	00:04:03	00:48:31	00:04:03	00:30:04		PONFERRADA
52	515 ALBERTO	REBOREDO DURÁN	00:48:41	00:04:04	00:48:38	00:04:04	00:30:27	CLUB ATLETISMO SANTIAGO	SUIZA
53	1121 ANDRES	TUBIO DEL RIO	00:48:53	00:04:05	00:48:47	00:04:04	00:30:37		NOIA
54	2402 OSCAR	PENA	00:49:09	00:04:06	00:49:03	00:04:06	00:29:53		A ESTRADA
55	106 LUIS	GONZALEZ CASTRO	00:49:26	00:04:08	00:49:02	00:04:06	00:31:20	CLUBE DE REMO CABO DA CRUZ	BOIRO
56	956 FERNANDO	CASTRO PRADO	00:49:32	00:04:08	00:49:27	00:04:08	00:30:59		SANTIAGO DE COMPOSTELA
57	930 ANDRÉS	CAMESELLE ABREU	00:49:37	00:04:09	00:48:25	00:04:03	00:32:18	XIMNASIO SAÚDE E DEPORTE	VIGO
58	1158 MARTYNAS	JUDICKAS	00:49:38	00:04:09	00:49:31	00:04:08	00:31:11		KAUNAS, BALTIJOS G 20-64
59	3027 RICARDO	FERNÁNDEZ GARCIA	00:49:54	00:04:10	00:49:51	00:04:10	00:31:12	VERXEL NUTRICIÓN DEPORTIVA	LUGO
60	657 JOSÉ MARÍA	MARTINÓN MARTÍNEZ	00:49:58	00:04:10	00:49:43	00:04:09	00:31:21		SANTIAGO DE COMPOSTELA
61	1108 CARLOS	RIVAS BARCALA	00:49:59	00:04:10	00:49:43	00:04:09	00:31:29		A ESTRADA
62	501 PABLO	VILAS CABO	00:50:01	00:04:11	00:49:57	00:04:10	00:31:00	CLUB ATLETISMO SADA	SANTIAGO DE COMPOSTELA
63	567 PABLO	FEIJOO VILANOVA	00:50:03	00:04:11	00:50:02	00:04:11	00:30:26	CLUB PIRAGÜISMO FLUVIAL ALLARIZ	ALLARIZ
64	1031 FERNANDO	BREA PARRILLA	00:50:04	00:04:11	00:49:39	00:04:09	00:31:05		ALMERIA
65	465 ALEJANDRO	OTERO SALGUEIRO	00:50:07	00:04:11	00:49:58	00:04:10	00:31:22	CLUB ATLETISMO ESTRADA	A ESTRADA

66	834 SANTIAGO MANUEL	GEY SEGADE	00:50:15	00:04:12	00:50:01	00:04:11	00:31:15	S.D. BARBANTIA RODA	BOIRO
67	1181 ÓSCAR	FUENTES MOSTEIRO	00:50:30	00:04:13	00:50:16	00:04:12	00:31:35		CALDAS DE REIS
68	970 ADRIAN	POSE BUSTO	00:50:32	00:04:13	00:50:21	00:04:12	00:30:40		VALGA
69	2363 DAMIÁN	BALEATO CALVIÑO	00:50:33	00:04:13	00:49:47	00:04:09	00:31:42		GINEBRA, SUÍZA
70	974 JESUS MAMED	ALBELA CASTRO	00:50:37	00:04:14	00:50:05	00:04:11	00:31:06		VEDRA
71	1155 JESÚS	CELA BOISA	00:50:48	00:04:14	00:50:23	00:04:12	00:32:00		BRION
72	1246 MIGUEL	RODRÍGUEZ-SEGADE	00:50:49	00:04:15	00:50:13	00:04:12	00:32:30		SANTIAGO DE COMPOSTELA
73	759 ALBERTO	FERREÑO RODRÍGUEZ	00:50:51	00:04:15	00:50:33	00:04:13	00:31:38	NORTHEAST RUN FOZ / O XALO OSCURO	A CORUÑA
74	543 JAVIER	VILLAMISAR VÁZQUEZ	00:50:56	00:04:15	00:50:41	00:04:14	00:32:10	CLUB HÉRCULES TERMARIA	A CORUÑA
75	390 ROBERTO	ALBERTI GONZÁLEZ	00:50:57	00:04:15	00:50:45	00:04:14	00:31:45	ATLETISMO UNIVERSIDADE DE VIGO	VIGO
76	1114 PABLO	SAYA CARRO	00:50:58	00:04:15	00:50:48	00:04:14	00:32:02		A CORUÑA
77	1301 UXIO	RIAL RODRIGUEZ	00:51:08	00:04:16	00:50:14	00:04:12	00:32:52		LESTROVE
78	2389 IAGO	BLANCO VUELTA	00:51:08	00:04:16	00:50:57	00:04:15	00:31:41		PONTECESO
79	781 LUIS	RAMOS VALE	00:51:10	00:04:16	00:50:53	00:04:15	00:32:06	OS CORZOS DO ORTEGAL	CARIÑO
80	1075 HADRIAN	FRAGA DOPAZO	00:51:19	00:04:17	00:50:45	00:04:14	00:32:10		BRION
81	697 DANIEL	LÓPEZ GARCÍA	00:51:19	00:04:17	00:51:10	00:04:16	00:31:43	KURAI	VIGO
82	1173 RICARDO RAÚL	GONZÁLEZ RAPOSO	00:51:27	00:04:18	00:51:20	00:04:17	00:32:00		SANTIAGO DE COMPOSTELA
83	659 ALBERTO	REY MOLANO	00:51:52	00:04:20	00:51:43	00:04:19	00:32:37		A ESTRADA
84	842 ADRIÁN	MACEIRAS FIGUEIRAS	00:52:14	00:04:22	00:52:03	00:04:21	00:32:18	SAR-VERMU PETRONI	MUROS
85	658 MARTIÑO	PLACER GARCÍA-RODEJA	00:52:46	00:04:24	00:52:07	00:04:21	00:32:26		PONTEDEUME
86	1211 PABLO	FERNÁNDEZ PENA	00:52:46	00:04:24	00:52:01	00:04:21	00:33:31		SILLEDA
87	559 ADRIÁN	BARRERA GONZÁLEZ	00:52:51	00:04:25	00:52:12	00:04:21	00:32:41	CLUB MONTEPENARUBIA LUGO	LUGO
88	1157 GONZALO	FILLOY LÓPEZ	00:53:06	00:04:26	00:52:45	00:04:24	00:33:09		SILLEDA
89	1150 SERGIO	BARREIRO GUERREIRO	00:53:09	00:04:26	00:53:03	00:04:26	00:32:59		O ROSAL
90	578 RUBÉN	SESA VÁZQUEZ	00:53:11	00:04:26	00:52:14	00:04:22	00:33:50	CLUBE ATLETISMO BOIMORTO	BOIMORTO
91	1144 NICOLÁS	LÓPEZ REY	00:53:17	00:04:27	00:53:00	00:04:25	00:33:45		CARIÑO
92	450 XOSÉ CARLOS	CARRACEDO PORTO	00:53:19	00:04:27	00:52:40	00:04:24	00:33:07	CENTOLOMAN	COMPOSTELA
93	253 JAVIER	SADA GONZALEZ	00:53:26	00:04:28	00:52:39	00:04:24	00:33:58		CUNTIS
94	993 MIGUEL	LÓPEZ NOYA	00:53:26	00:04:28	00:53:17	00:04:27	00:33:49		SANTIAGO DE COMPOSTELA
95	58 DAVID	MIRÁS COUSELO	00:53:28	00:04:28	00:53:20	00:04:27	00:32:34	CLUB ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
96	1113 ABEL	RIAL COSTOYA	00:53:32	00:04:28	00:53:22	00:04:27	00:32:18		SANTIAGO DE COMPOSTELA
97	1545 JAVIER	LOURIDO MARTÍNEZ	00:53:59	00:04:30	00:53:38	00:04:29	00:33:47	AS VELLAS NON PARAMOS	SADA
98	1962 JACINTO	SUAREZ POUSO	00:54:01	00:04:31	00:53:27	00:04:28	00:34:18		ILLA DE AROUSA
99	1022 SEBASTIÁN	RAMIL RODRÍGUEZ	00:54:02	00:04:31	00:53:46	00:04:29	00:32:23		CARIÑO
100	3023 ADRIÁN	ÁLVAREZ MOSQUERA	00:54:05	00:04:31	00:53:48	00:04:29	00:33:32	VERXEL NUTRICIÓN DEPORTIVA	LUGO
101	1163 IVAN	ESTEVEZ LAMAS	00:54:11	00:04:31	00:53:32	00:04:28	00:34:11		AMOEIRO
102	609 DIMAS	BÚA SAR	00:54:11	00:04:31	00:53:37	00:04:29	00:34:03	DAFIT	MUXÍA
103	1134 FRANCISCO JAVIER	CABRERA GONZÁLEZ	00:54:16	00:04:32	00:54:11	00:04:31	00:32:56		ARUCAS
104	862 JOSÉ ANTONIO	SAAVEDRA SEIJO	00:54:16	00:04:32	00:53:57	00:04:30	00:34:19	SUPAERO	VALLADOLID
105	1088 FRANCISCO	SANTOS ROJAS	00:54:16	00:04:32	00:53:35	00:04:28	00:33:50		BOIRO
106	1391 ANTÓN	FERNÁNDEZ FERREIRO	00:54:18	00:04:32	00:54:04	00:04:31	00:33:44		ORDES
107	2054 JOSE	QUINTELA CARNOTA	00:54:27	00:04:33	00:54:16	00:04:32	00:33:25		O PINO
108	2318 CARLOS	LÓPEZ BUENO	00:54:29	00:04:33	00:54:07	00:04:31	00:34:06		A ESTRADA
109	1186 JESÚS	CEA MILLÁN	00:54:38	00:04:34	00:54:09	00:04:31	00:34:32		SANTIAGO DE COMPOSTELA
110	922 OSCAR	CRUZ DE LA FUENTE	00:54:50	00:04:35	00:54:21	00:04:32	00:34:39	VILLAZALA	VILLAZALA
111	1576 IGNACIO	BELTRÁ GARCÍA	00:54:52	00:04:35	00:54:44	00:04:34	00:34:54	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
112	853 JAVIER	FARIÑAS-FERRO DUBRA	00:55:03	00:04:36	00:53:42	00:04:29	00:35:18	SEX PISTONS	OURENSE
113	1630 JOSE MARTÍN	FONTÁN ARNEJO	00:55:11	00:04:36	00:54:53	00:04:35	00:34:47	CHUVONERS	-
114	2816 JUAN MANUEL	MONTERO LÓPEZ	00:55:14	00:04:37	00:55:01	00:04:36	00:34:58		FERROL
115	516 ADRIÁN	LÓPEZ REY	00:55:16	00:04:37	00:55:05	00:04:36	00:33:25	CLUB ATLETISMO TAMBRE BIKE&RUNNING	SANTIAGO DE COMPOSTELA
116	2340 MARTÍN	PEREIRA MARZOA	00:55:20	00:04:37	00:54:55	00:04:35	00:34:19		SANTIAGO DE COMPOSTELA
117	238 PABLO	GARCIA OTERO	00:55:32	00:04:38	00:55:21	00:04:37	00:34:36		SANTIAGO DE COMPOSTELA
118	2105 RODRIGO	PAINCEIRA CABELLO	00:55:37	00:04:39	00:55:27	00:04:38	00:34:14		OROSO
119	1988 DIEGO	NIETO HOMBRE	00:55:51	00:04:40	00:54:59	00:04:35	00:35:55		AMES

120	2193 DANIEL	COWIN MARIL	00:55:51	00:04:40	00:54:59	00:04:35	00:35:55		SANTIAGO DE COMPOSTELA
121	1147 FRANCISCO	CARRILLO FERNÁNDEZ	00:55:59	00:04:40	00:55:43	00:04:39	00:35:03		SANTIAGO
122	1002 ROI	BAULDE SUMAY	00:56:08	00:04:41	00:55:56	00:04:40	00:34:38		CATOIRA
123	2148 DANIEL	ZAPICO GERMÁN	00:56:11	00:04:41	00:55:36	00:04:38	00:34:59		SANTIAGO DE COMPOSTELA
124	1196 LUCAS	LUACES ROZADOS	00:56:18	00:04:42	00:55:43	00:04:39	00:36:41		SANTIAGO DE COMPOSTELA
125	1212 ADRIÁN	CAMPAÑA BARROS	00:56:30	00:04:43	00:56:09	00:04:41	00:36:03		SANTIAGO DE COMPOSTELA
126	2230 ISAAC FRANCISCO	CASAL MARTINEZ	00:56:33	00:04:43	00:55:17	00:04:37	00:36:12		VILANOVA DE AROUSA
127	1269 DANIEL	SUSSMAN VILLAVERDE	00:56:36	00:04:43	00:55:51	00:04:40	00:36:04		SANTIAGO DE COMPOSTELA
128	1963 CRISTIAN	TOLEDANO GARCIA	00:56:54	00:04:45	00:56:18	00:04:42	00:35:36		CORVILLON
129	1279 CARLOS	CAMPOS GARRIDO	00:56:56	00:04:45	00:56:47	00:04:44	00:34:46		CARBALLO
130	1598 JOSE	MANSILLA BARREIRO	00:57:01	00:04:46	00:56:40	00:04:44	00:35:42	BEER RUNNERS CORUÑA	A CORUÑA
131	1382 OSCAR	VALBUENA CASAL	00:57:04	00:04:46	00:56:52	00:04:45	00:35:29		VIGO PONTEVEDRA
132	2788 PEDRO	RODRIGUEZ BARBEITO	00:57:25	00:04:48	00:56:44	00:04:44	00:37:41		LA CORUÑA
133	1219 EDUARDO	GUTIÉRREZ VÁZQUEZ	00:57:27	00:04:48	00:56:35	00:04:43	00:36:01		SANTIAGO
134	1721 ADRIÁN	GOYANES SOUTO	00:57:38	00:04:49	00:57:09	00:04:46	00:36:03	CORRE POUCO	OROSO
135	1305 MARTÍN	AVENDAÑO MARTÍNEZ	00:58:03	00:04:51	00:57:30	00:04:48	00:35:33		VIGO
136	1103 DIEGO	OCA LEMA	00:58:04	00:04:51	00:57:25	00:04:48	00:37:20		CEE
137	2056 IVÁN	PARDAL COCA	00:58:06	00:04:51	00:57:40	00:04:49	00:36:36		BRIÓN
138	1112 WALTER	BELTRÁN ROMERO	00:58:24	00:04:52	00:57:50	00:04:50	00:36:50		CALI (COLOMBIA)
139	2156 PABLO	BARROS GARCIA	00:58:38	00:04:54	00:58:18	00:04:52	00:35:51		FERROL
140	2356 DAVID	BOO MUNIN	00:58:42	00:04:54	00:58:32	00:04:53	00:36:05		SANTIAGO DE COMPOSTELA
141	1029 EURICO	ABREU	00:58:57	00:04:55	00:58:36	00:04:53	00:36:30		PORTO
142	360 JULIO	RODRIGUEZ RECAREY	00:58:58	00:04:55	00:58:40	00:04:54	00:36:44	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
143	2119 DANIEL	BERGES VISANZAY	00:59:04	00:04:56	00:57:55	00:04:50	00:38:22		TARAZONA
144	2076 MANUEL	CEA DÍAZ	00:59:04	00:04:56	00:58:53	00:04:55	00:35:57		MILLADOIRO
145	1043 JAVIER	MERA CAO	00:59:07	00:04:56	00:57:52	00:04:50	00:37:17		BOQUEIXON
146	1348 JORGE	CEBEY GONZALEZ	00:59:18	00:04:57	00:58:24	00:04:52	00:37:53		SANTIAGO
147	2376 MARCOS	FERNANDEZ BLANCO	00:59:19	00:04:57	00:59:08	00:04:56	00:36:22		RODEIRO
148	2151 SANTI	REGO LAIÑO	00:59:28	00:04:58	00:59:04	00:04:56	00:37:33		PORTO DO SON
149	2016 OLIVER	CASTRO SOUTO	00:59:39	00:04:59	00:58:59	00:04:55	00:36:39		ZÜRICH
150	2556 GUILLERMO	TALAVERA CEJUDO	00:59:41	00:04:59	00:59:00	00:04:55	00:38:19		GRANADA
151	2557 SERGIO	GÓMEZ ZAMAR	00:59:57	00:05:00	00:59:16	00:04:57	00:38:24		PONTEVEDRA
152	2655 SANTIAGO	VALLE MONTEAGUDO	01:00:00	00:05:00	00:59:14	00:04:57	00:38:39		SANTIAGO DE COMPOSTELA
153	1973 IVAN	DACAL RODRIGUEZ	01:00:00	00:05:00	00:58:55	00:04:55	00:37:58		OURENSE
154	2503 KURT ANDRES	GUARDIA GAMARRA	01:00:00	00:05:00	00:58:52	00:04:55	00:37:53		COCHABAMBA
155	3094 ANDRES	PINTOS CARRILLO	01:00:01	00:05:01	00:59:21	00:04:57	00:38:16		MADRID
156	1333 RUBÉN	LAGO	01:00:18	00:05:02	00:59:50	00:05:00	00:36:53		SANTIAGO
157	3016 RAMÓN	SENLE SAEZ	01:00:20	00:05:02	00:59:50	00:05:00	00:36:52	GRUPO CASTROSUA	SANTIAGO
158	2146 JOSÉ IGNACIO	ZAS SANDE	01:00:27	00:05:03	00:59:42	00:04:59	00:38:40		SANTIAGO DE COMPOSTELA
159	1339 JACOBO	REGUEIRA SOUTO	01:00:35	00:05:03	00:59:29	00:04:58	00:38:38		OLEIROS
160	1413 MOISÉS	LÓPEZ LÓPEZ	01:00:37	00:05:04	01:00:06	00:05:01	00:38:39		LOURENZA
161	912 CARLOS	VAZQUEZ LAGO	01:00:38	00:05:04	00:59:48	00:04:59	00:38:23	VELAIBIKE... CORRENDO	MUROS
162	2044 BRAIS	VICENTE PARDAL	01:00:40	00:05:04	01:00:08	00:05:01	00:36:42		SANTIAGO DE COMPOSTELA
163	269 JACOBO	FERRO BENITO	01:00:48	00:05:04	01:00:00	00:05:00	00:38:35	A D XENTE CORRENDERA	SANTIAGO
164	2217 STEPHAN	TRIGO REY	01:00:53	00:05:05	00:59:47	00:04:59	00:38:17		LUCERNA
165	2022 BORJA	PINTOS CASTRO	01:00:58	00:05:05	01:00:45	00:05:04	00:37:59		SANTIAGO DE COMPOSTELA
166	2446 JESÚS	FERRER HERRERO	01:01:00	00:05:05	01:00:23	00:05:02	00:37:33		BETANZOS
167	1961 ALBERTO	BARREIRO HERMIDA	01:01:11	00:05:06	01:00:08	00:05:01	00:37:51	ZEPPELIN TORGUESA FINFLOOR	NOIA
168	2018 DANIEL	FERREIRO CARBALLEIRA	01:01:44	00:05:09	01:00:59	00:05:05	00:38:25		BRIÓN
169	1143 DANIEL	POSE GARCÍA	01:01:45	00:05:09	01:01:00	00:05:05	00:38:25		CAMBRE
170	656 LOIS	GOMEZ IGLESIAS	01:01:45	00:05:09	01:00:57	00:05:05	00:39:12		NOIA
171	2301 DAVID	LATA RIOS	01:01:51	00:05:10	01:00:32	00:05:03	00:38:37		SANTIAGO
172	2309 ALVARO	VEIGA VAZQUEZ	01:02:04	00:05:11	01:01:09	00:05:06	00:39:48		SANTIAGO
173	2813 JESÚS	MARTINÓN MARTÍNEZ	01:02:06	00:05:11	01:01:28	00:05:08	00:38:01		OURENSE

174	2766	JESÚS MANUEL	BALEATO CALVIÑO	01:02:28	00:05:13	01:01:43	00:05:09	00:40:25		GINEBRA, SUÍZA
175	2629	ANTONIO	CASTIÑEIRAS CASTIÑEIRAS	01:02:44	00:05:14	01:02:22	00:05:12	00:38:04		ESPAÑA
176	2337	DAMIÁN	GONZÁLEZ CERZO	01:02:46	00:05:14	01:01:35	00:05:08	00:40:05		VIGO
177	1518	JAIME	DAPENA DE PAZ	01:03:01	00:05:16	01:02:06	00:05:11	00:39:12	--	PONTEVEDRA
178	1053	RAFAEL	MARTINEZ GARCIA	01:03:20	00:05:17	01:03:15	00:05:17	00:37:43		SANTIAGO DE COMPOSTELA
179	2790	RODRIGO	PASTOR ARMESTO	01:03:42	00:05:19	01:02:24	00:05:12	00:41:15		LIMA
180	2660	GONZALO	DÍAZ	01:04:05	00:05:21	01:03:08	00:05:16	00:41:29		SANTIAGO
181	2585	PABLO	ESCOURIDO VIEITES	01:04:10	00:05:21	01:03:33	00:05:18	00:37:54		O VICEDO
182	2745	DANIEL	DOPICO PONCE	01:04:14	00:05:22	01:03:20	00:05:17	00:40:56		BILBAO
183	2305	ALEJANDRO	BARCA VARELA	01:04:28	00:05:23	01:03:54	00:05:20	00:39:47		CARBALLO
184	1299	JULIO	FERNÁNDEZ FREIRE	01:04:30	00:05:23	01:03:28	00:05:18	00:39:04		A CORUÑA
185	2562	CARLOS	BEIRÓ	01:05:30	00:05:28	01:04:25	00:05:23	00:41:38		PADRÓN
186	2598	ÁNGEL CAMILO	LÓPEZ REGUEIRO	01:05:31	00:05:28	01:04:26	00:05:23	00:41:38		SANTIAGO DE COMPOSTELA
187	2128	SANTIAGO	ROMERO MANEIRO	01:05:54	00:05:30	01:04:43	00:05:24	00:41:33		SANTIAGO DE COMPOSTELA
188	2242	JUAN DIEGO	PONCE GARCIA	01:07:48	00:05:39	01:07:08	00:05:36	00:42:33		PONTEVEDRA
189	2828	PEILE	LIN	01:07:54	00:05:40	01:07:05	00:05:36	00:42:53		11/03/1990
190	1937	JOSÉ MANUEL	RODRÍGUEZ TORREIRA	01:07:55	00:05:40	01:06:43	00:05:34	00:42:59	TERRA DE SONEIRA C.D.	SANTA COMBA
191	2147	ELOY	SIXTO PUENTE	01:08:07	00:05:41	01:07:31	00:05:38	00:40:56		SANTIAGO DE COMPOSTELA
192	2592	RUBÉN	MOURE CAAMAÑO	01:08:14	00:05:42	01:07:24	00:05:37	00:41:55		A CORUÑA
193	2642	LUIS	CASTELO CAAMAÑO	01:08:25	00:05:43	01:07:22	00:05:37	00:42:09		TEUFEN (SUIZA)
194	1634	ALEJANDRO	PUENTE MARTÍNEZ	01:08:34	00:05:43	01:07:39	00:05:39	00:43:01	CLUB ATLETISMO A ESTRADA	A ESTRADA
195	2726	DARÍO	DOMÍNGUEZ FERNÁNDEZ	01:08:37	00:05:44	01:07:40	00:05:39	00:42:34		CARNOTA
196	2772	RUBEN	GONTAD MAGAN	01:08:58	00:05:45	01:07:53	00:05:40	00:43:42		PONTEVEDRA
197	632	JULIAN	VIDAL LOPEZ	01:09:27	00:05:48	01:08:18	00:05:42	00:43:48	ESPRINTES OURENSE	GUSTEI-COLES
198	2830	LUIS	GONZÁLEZ FERRÍN	01:09:39	00:05:49	01:09:03	00:05:46	00:42:43		SANTIAGO
199	2627	DANIEL	FUENTES SIERRA	01:09:47	00:05:49	01:08:54	00:05:45	00:44:13		PONTEVEDRA
200	2785	GONZALO	CORRAL HERNANDEZ	01:11:13	00:05:57	01:09:24	00:05:47	00:45:41		PONTEVEDRA
201	2761	CARLOS GABRIEL	GONZÁLEZ FREITAS	01:11:35	00:05:58	01:09:46	00:05:49	00:45:40		LUGO

SNBM	SENIOR Inscritos:			750 Llegados:	656					
PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	89	ALEJANDRO	FERNÁNDEZ RIVERA	00:37:29	00:03:08	00:37:29	00:03:08	00:23:36	CLUB OURENSE ATLETISMO	OURENSE
2	6	MANUEL	HURTADO SANJURJO	00:37:36	00:03:08	00:37:36	00:03:08	00:23:36	SOCIEDAD GIMNASTICA DE PONTEVEDRA	LUGO
3	8	RUBEN	DIZ DIAZ	00:38:21	00:03:12	00:38:21	00:03:12	00:23:46	CLUB OURENSE ATLETISMO	XINZO DE LIMIA
4	693	ROGERIO	BESSA	00:39:33	00:03:18	00:39:33	00:03:18	00:24:16	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	ALBERGARIA-A-VELHA
5	90	JOSE	LOJO	00:39:58	00:03:20	00:39:56	00:03:20	00:24:44	CLUB SAN MIGUEL DE MARÍN	RIBEIRA
6	34	JOSE	CANDA LOUZAO	00:40:00	00:03:20	00:39:56	00:03:20	00:24:44	ATLETISMO ARENTEIRO	LALIN
7	161	IVAN	DOCAMPO GONZALEZ	00:40:07	00:03:21	00:40:05	00:03:21	00:24:49	RUNGALICIA	RIBADAVIA
8	200	DIEGO	RUIZ BREIJO	00:40:38	00:03:24	00:40:37	00:03:24	00:25:07		FERROL
9	108	VICTOR	GONZALEZ HORTA	00:40:52	00:03:25	00:40:51	00:03:25	00:25:23	COMESAÑA SPORTING CLUB	PUEBLA DEL CARAMIÑAL
10	131	DAVID	MIGUEZ DACOSTA	00:41:08	00:03:26	00:41:08	00:03:26	00:25:40	MONUMENTAL CXC	PONTEVEDRA
11	169	RUBEN	CAAMAÑO NIETO	00:41:16	00:03:27	00:41:14	00:03:27	00:25:13	SAR-VERMU PETRONI	PORTOSIN
12	71	JUAN PABLO	FERNANDEZ RODRIGUES	00:41:42	00:03:29	00:41:38	00:03:29	00:25:55	CLUB ATLETISMO SANTIAGO	SÃO PAULO
13	173	ROBERTO CARLOS	AGRELO GOMEZ	00:42:01	00:03:31	00:41:58	00:03:30	00:26:04	SAR-VERMU PETRONI	PADRÓN
14	135	LUÍS	MORGADO	00:42:08	00:03:31	00:42:07	00:03:31	00:26:12	MUNICÍPIO DE CASTRO DAIRE	ARMAMAR
15	65	ALBERTO	CAROU CARRIL	00:42:15	00:03:32	00:42:08	00:03:31	00:26:03	CLUB ATLETISMO O PINO	NOIA
16	35	SERGIO	REQUEIJO REQUEIJO	00:42:26	00:03:33	00:42:21	00:03:32	00:26:12	ATLETISMO ARENTEIRO	SILLEDA
17	91	CARLOS	IGLESIAS AREA	00:42:33	00:03:33	00:42:32	00:03:33	00:26:12	CLUB SAN MIGUEL DE MARÍN	MARIN
18	158	FRANCISCO	RODRÍGUEZ RODRÍGUEZ	00:42:53	00:03:35	00:42:51	00:03:35	00:26:31	REAL CLUB CELTA DE ATLETISMO	BARCELONA
19	2974	BREOGÀN	GIGIREY CANCELA	00:43:20	00:03:37	00:43:19	00:03:37	00:26:36	VERXEL NUTRICIÓN DEPORTIVA	LUGO
20	219	JESÚS	FERNÁNDEZ SOENGAS	00:43:21	00:03:37	00:43:16	00:03:37	00:26:37		LUGO
21	2957	RUBEN	AIRAS COTA	00:43:26	00:03:38	00:43:20	00:03:37	00:26:59	BURGAS ATLETISMO OURENSE	MUIÑOS
22	188	DAVID	CALZAS ÍNSUA	00:43:28	00:03:38	00:43:22	00:03:37	00:27:08	TERRA DE SONEIRA C.D.	VIMIANZO
23	141	JOSE MANUEL	IGLESIAS TORRES	00:43:28	00:03:38	00:43:26	00:03:38	00:27:02	NOITEBRA FC	SANTIAGO DE COMPOSTELA

24	163	MIGUEL	REGUEIRA VEIGA	00:43:34	00:03:38	00:43:31	00:03:38	00:26:51	RUNNING OLEIROS	CULLEREDO
25	187	ROBERTO	VÁZQUEZ PAVÓN	00:43:46	00:03:39	00:43:45	00:03:39	00:27:03	TANINOS RUNNERS PONTEAREAS	A PEROXA
26	42	LUCAS	POUSO VIDAL	00:43:46	00:03:39	00:43:44	00:03:39	00:27:00	C.A. CAMBADOS - SEGUROS NOVAL	VILANOVA DE AROUSA
27	226	CESAR	VAZQUEZ AGRA	00:43:56	00:03:40	00:43:50	00:03:40	00:27:14		ZAS
28	225	DAVID	SENDON CAAMAÑO	00:44:05	00:03:41	00:44:01	00:03:41	00:27:28		OUTES
29	123	ÁNGEL	CONDE VALLADARES	00:44:06	00:03:41	00:44:00	00:03:40	00:26:47	LAMARGHA-AUTOTODO	O CARBALLIÑO
30	144	SANTIAGO	CID GARCÍA	00:44:10	00:03:41	00:44:08	00:03:41	00:27:32	NOITEBRA FC	SANTIAGO DE COMPOSTELA
31	569	MANUEL	FRAGA DÍAZ	00:44:16	00:03:42	00:44:12	00:03:41	00:27:43	CLUB TRIATLÓN COMPOSTELA	LA LÍNEA DE LA CONCEPCIÓN (CÁDIZ)
32	207	PABLO	MIRAGAYA LÓPEZ	00:44:18	00:03:42	00:44:15	00:03:42	00:27:17		A CORUÑA
33	59	ENRIQUE	MORAN GONZALEZ	00:44:23	00:03:42	00:44:22	00:03:42	00:27:31	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	PORRIÑO
34	185	ROBERTO	MARTINEZ TRIGO	00:44:27	00:03:43	00:44:27	00:03:43	00:27:26	SOCIEDADE ATLÉTICA DO TREGA	A GUARDA
35	460	PABLO	SANTOS NUÑEZ	00:44:28	00:03:43	00:44:25	00:03:43	00:27:34	CLUB ATLETISMO CAMBADOS	VILLANUEVA DE AROSA
36	24	DAVID	PÁJARO VARELA	00:44:51	00:03:45	00:44:48	00:03:44	00:27:47	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
37	500	NICOLAS FERNANDO	BAS ROTH	00:44:52	00:03:45	00:44:45	00:03:44	00:28:01	CLUB ATLETISMO SADA	MONTEVIDEO
38	153	RAFA	POUPARINA CASTRO	00:44:52	00:03:45	00:44:46	00:03:44	00:28:09	PASA OU ENTORNA	NARON
39	27	JOSE MARIA	SANCHEZ SAN LUIS	00:44:52	00:03:45	00:44:48	00:03:44	00:28:25	ATLETAS DE ACEA DE AMA	CULLEREDO
40	79	MIGUEL ANXO	RODRIGUEZ VARELA	00:44:57	00:03:45	00:44:55	00:03:45	00:27:52	CLUB DEPORTIVO AURUM	OURENSE
41	140	GONZALO	SILVA BRENLLA	00:44:57	00:03:45	00:44:53	00:03:45	00:27:46	NOITEBRA F.C.	SANTA COMBA
42	120	MARTÍN	ABELENDA LÓPEZ	00:45:00	00:03:45	00:44:55	00:03:45	00:27:58	KAIZEN AMADOR PENA	SANTIAGO DE COMPOSTELA
43	229	JOSÉ LUIS	GONZÁLEZ NUÑEZ	00:45:00	00:03:45	00:44:57	00:03:45	00:27:46		SILLEDA
44	182	AVELINO	CAAMAÑO NIETO	00:45:02	00:03:46	00:45:00	00:03:45	00:28:20	SAR-VERMU PETRONI	OUTES
45	30	OSCAR	PAZOS BARBEITO	00:45:04	00:03:46	00:45:01	00:03:46	00:28:09	ATLETAS DE ACEA DE AMA	CAMBRE
46	20	ELOY	GONZALEZ HORTA	00:45:12	00:03:46	00:45:05	00:03:46	00:27:47	ARTROGAL-TRI498	PUEBLA DEL CARAMIÑAL
47	949	JOSE	LOSADA PEREZ	00:45:14	00:03:47	00:45:08	00:03:46	00:28:11		OURENSE
48	167	OSCAR	PEREZ LOURENZO	00:45:20	00:03:47	00:45:13	00:03:47	00:28:28	SAN MIGUEL DE MARÍN	BEALO
49	414	SERGIO	SANTOS LOIS	00:45:23	00:03:47	00:45:20	00:03:47	00:28:11	C.A.CAMBADOS SEGUROS NOVAL	CAMBADOS
50	947	RAÚL	IGLESIAS DURO	00:45:33	00:03:48	00:45:24	00:03:47	00:28:20		O PINO
51	128	ADRIÁN	FERNÁNDEZ DOMÍNGUEZ	00:45:43	00:03:49	00:45:37	00:03:49	00:28:26	MÁXIKO TEAM	BOIRO
52	276	KIKO	LAGO SANTIAGO	00:45:53	00:03:50	00:45:51	00:03:50	00:28:02	A.D.OLIMPIA	CEE
53	2997	JOSE MANUEL	OMIL IGLESIAS	00:45:59	00:03:50	00:45:56	00:03:50	00:28:53	CLUB DEPORTIVO PINARIUM	MARIN
54	463	MARCOS	OTERO RODRIGUEZ	00:46:07	00:03:51	00:45:58	00:03:50	00:28:40	CLUB ATLETISMO ESTRADA	A ESTRADA
55	985	ADRIAN	SÁNCHEZ VÁZQUEZ	00:46:12	00:03:51	00:46:07	00:03:51	00:28:48		PALENCIA
56	28	ALBERTO	CASTRO SANCHEZ	00:46:13	00:03:52	00:46:10	00:03:51	00:28:36	ATLETAS DE ACEA DE AMA	CULLEREDO
57	180	MIGUEL	FIGUEIRA NUÑEZ	00:46:24	00:03:52	00:46:09	00:03:51	00:28:28	SAR-VERMU PETRONI	NOIA
58	381	MOISES	LORENZO ALONSO	00:46:26	00:03:53	00:46:22	00:03:52	00:28:40	ATLETISMO PORRIÑO	MOS
59	2809	MARCIAL	CANITROT OTERO	00:46:28	00:03:53	00:46:20	00:03:52	00:28:43		SANTIAGO DE COMPOSTELA
60	184	RUBÉN	ALONSO PEREIRA	00:46:31	00:03:53	00:46:30	00:03:53	00:28:40	SOCIEDADE ATLÉTICA DO TREGA	O ROSAL (PONTEVEDRA)
61	945	ALEX	RODRIGUEZ LIAS	00:46:33	00:03:53	00:46:25	00:03:53	00:29:05		SANTIAGO DE COMPOSTELA
62	121	DAVID	RODRÍGUEZ HIERRO	00:46:36	00:03:53	00:46:28	00:03:53	00:29:19	KURAI	VIGO
63	950	LUÍS	TEMBRA PENEIREIRO	00:46:37	00:03:54	00:46:32	00:03:53	00:28:58		TARAGOÑA
64	146	JOSE ANTONIO	VIDAL GONZALEZ	00:46:42	00:03:54	00:46:40	00:03:54	00:28:47	NOITEBRA FC	BRION
65	145	JULIO	MALLO NIETO	00:46:43	00:03:54	00:46:40	00:03:54	00:28:56	NOITEBRA FC	SANTIAGO DE COMPOSTELA
66	943	JOSÉ	BARBOSA	00:46:45	00:03:54	00:46:37	00:03:54	00:29:41		BRAGA
67	468	JUAN LUIS	MENDEZ PAZ	00:46:49	00:03:55	00:46:39	00:03:54	00:29:23	CLUB ATLETISMO LOURENZÁ	MONDOÑEDO
68	345	ALVARO	SEARA PEREZ	00:46:50	00:03:55	00:46:46	00:03:54	00:29:43	ATLETISMO FONTES DO SAR	MADRID
69	983	EDUARDO	CONDE PENA	00:46:50	00:03:55	00:46:37	00:03:54	00:29:25		SANTIAGO DE COMPOSTELA
70	110	MARCOS	BLANCO FARIÑAS	00:46:51	00:03:55	00:46:47	00:03:54	00:29:03	CORREDORES DO MIÑO	OURENSE
71	760	GUILLERMO	TUBÍO MUÑIZ	00:46:57	00:03:55	00:46:53	00:03:55	00:28:59	NOS BARES FÁLASE MOITO	RIANXO
72	244	ROBERTO	PICON ESPIÑO	00:47:00	00:03:55	00:46:58	00:03:55	00:29:42		SANTIAGO
73	154	DIEGO	ÁLVAREZ SOTO	00:47:07	00:03:56	00:47:01	00:03:56	00:28:51	PASA OU ENTORNA	NARÓN
74	372	DIEGO	TRIGO CASTEDO	00:47:07	00:03:56	00:47:04	00:03:56	00:29:34	ATLETISMO FRIOL	LUGO
75	877	CELESTINO	ANTUNEZ MARTINEZ	00:47:11	00:03:56	00:47:11	00:03:56	00:29:23	TANINOS RUNNERS PONTEAREAS	PONTEAREAS
76	650	SAMUEL	RUIZ-GIMÉNEZ IGLESIAS	00:47:17	00:03:57	00:47:10	00:03:56	00:29:49		O VICEDO
77	979	JOSÉ MANUEL	VÁZQUEZ MATO	00:47:24	00:03:57	00:47:23	00:03:57	00:29:21		SANTIAGO DE COMPOSTELA

78	250 FERNANDO	DEL CORRAL REY	00:47:24	00:03:57	00:47:22	00:03:57	00:29:09		BARCELONA
79	844 DIEGO	SANTOS BLANCO	00:47:25	00:03:58	00:47:23	00:03:57	00:29:18	SAR-VERMU PETRONI	PADRÓN
80	83 CARLOS	DIEGUEZ CARREIRA	00:47:25	00:03:58	00:47:22	00:03:57	00:29:07	CLUB DEPORTIVO SAN PAIO	A ESTRADA
81	724 MICHEL	MACHADO	00:47:26	00:03:58	00:47:22	00:03:57	00:29:10	MUNICÍPIO DE CASTRO DAIRE	S. PEDRO DO SUL
82	216 CARLOS	CACHARRÓN ARMENTAL	00:47:31	00:03:58	00:47:29	00:03:58	00:29:17		RIBEIRA
83	876 XABIER	CASTRO FERNANDEZ	00:47:37	00:03:59	00:47:33	00:03:58	00:29:40	TAMBREBIKE & RUNNING	OROSO
84	801 JAVIER	ARIAS FRANCÉS	00:47:42	00:03:59	00:47:38	00:03:59	00:29:28	PEÑA TREVINCA C.MONTAÑISMO	VALLADOLID
85	787 DAVID	GÓMEZ AGRAS	00:47:44	00:03:59	00:47:35	00:03:58	00:29:55	PASA OU ENTORNA	FERROL
86	651 EMILIO JOSÉ	PEREIRA GUTIÉRREZ	00:47:45	00:03:59	00:47:43	00:03:59	00:29:50		TEO
87	696 MANUEL FRANCISCO	RODRIGUEZ FERNANDEZ	00:47:47	00:03:59	00:47:38	00:03:59	00:30:07	KURAI	CEA
88	723 FILIPE	TELES	00:47:48	00:03:59	00:47:48	00:03:59	00:29:31	MUNICÍPIO DE CASTRO DAIRE	ARMAMAR
89	712 MARCOS	CODESAL JUL	00:47:54	00:04:00	00:47:38	00:03:59	00:29:48	MARZO SAUDE S.L. WWW.SAFMMARZO.COM	FRIOL
90	973 DAVID	FREIRE OTERO	00:47:57	00:04:00	00:47:51	00:04:00	00:29:50		SANTIAGO DE COMPOSTELA
91	948 ALBERTO	LADO PORTO	00:48:00	00:04:00	00:47:45	00:03:59	00:29:53		SANTIAGO DE COMPOSTELA
92	990 ADRIÁN	LIÑARES GRELA	00:48:03	00:04:01	00:47:40	00:03:59	00:29:56		CERCEDA
93	242 PABLO	MOSQUERA DONO	00:48:05	00:04:01	00:48:04	00:04:01	00:29:13		ORDES
94	358 DANIEL	NEGREIRA BARCIA	00:48:06	00:04:01	00:47:58	00:04:00	00:30:41	ATLETISMO FONTES DO SAR	A BAÑA
95	1369 MANOEL	BOAN OVALLE	00:48:08	00:04:01	00:47:45	00:03:59	00:29:45		SANTIAGO DE COMPOSTELA
96	581 JOSÉ EFRÉN	PIÑEIRO GARCÍA	00:48:10	00:04:01	00:48:04	00:04:01	00:29:51	CLUBE ATLETISMO FENE	NEDA
97	1026 FRANCISCO JOSE	CUENCA GARCIA	00:48:16	00:04:02	00:48:10	00:04:01	00:29:55		BARCELONA
98	953 JOSÉ MANUEL	BLANCO LESTÓN	00:48:17	00:04:02	00:48:12	00:04:01	00:29:45		CARNOTA
99	710 DAVID	PONTE IGLESIAS	00:48:18	00:04:02	00:48:09	00:04:01	00:29:45	MARRANERS-EN BOAS MANS	SANTIAGO DE COMPOSTELA
100	673 URBANO	ALVAREZ CALVO	00:48:19	00:04:02	00:48:09	00:04:01	00:30:16		PADRON
101	1011 JULIO	FERNANDEZ DEVESA	00:48:20	00:04:02	00:48:04	00:04:01	00:29:53		O GROVE
102	1067 ALBERTO	TOJO MOLEDO	00:48:21	00:04:02	00:48:14	00:04:02	00:30:00		SANTIAGO DE COMPOSTELA
103	94 SERGIO	MONTEAGUDO RODRIGUEZ	00:48:21	00:04:02	00:48:10	00:04:01	00:30:10	CLUB TRIATLÓN CORUÑA	A CORUÑA
104	810 WILMAR	DOMINGUEZ ALDARIZ	00:48:21	00:04:02	00:48:11	00:04:01	00:30:36	PORCOS BRAVOS	LUGO
105	563 VICTOR	LAIÑO SILVA	00:48:29	00:04:03	00:48:21	00:04:02	00:30:02	CLUB NATACION RIVEIRA	NOIA
106	2734 GILLERME	ESTEVEZ GIL	00:48:34	00:04:03	00:48:25	00:04:03	00:30:27		PONTEVEDRA
107	966 ALFONSO	GARCIA VALCARCEL	00:48:40	00:04:04	00:48:20	00:04:02	00:30:29		FORCAREI
108	1004 DAVID	CARBALLO GAYOSO	00:48:41	00:04:04	00:48:30	00:04:03	00:30:32		LUGO
109	807 JOSÉ RAMÓN	ANTELO MARTINEZ	00:48:41	00:04:04	00:48:34	00:04:03	00:30:23	PONTE TRAIL	NOIA
110	785 IGNACIO	LORENZO RAMOS	00:48:42	00:04:04	00:48:09	00:04:01	00:30:48	PARGA RULES	VIZCAYA
111	485 SIN DATOS DEL	DORSAL 485	00:48:45	00:04:04	00:48:38	00:04:04	00:30:16		
112	266 ALVARO	ZARAUZA BEIRAS	00:48:47	00:04:04	00:48:37	00:04:04	00:30:33	3&RUN CLUB DE CORREDORES BY PEDRO NIMO	AMES
113	494 MANUEL	LOJO CARAMÉS	00:48:49	00:04:05	00:48:39	00:04:04	00:30:28	CLUB ATLETISMO OUTES JOHN TURKEY	NOIA
114	615 IGOR	PEREDA GARCÍA	00:48:54	00:04:05	00:48:44	00:04:04	00:30:37	ENKARTERRI TRIATLOI	BALMASEDA (BIZKAIA)
115	155 MANEL	SALGADO FILGUEIRA	00:48:55	00:04:05	00:48:54	00:04:05	00:30:13	PASA OU ENTORNA	NARON
116	530 ALFREDO	FERREIRO DEAÑO	00:48:59	00:04:05	00:48:55	00:04:05	00:30:34	CLUB DEPORTIVO AURUM	O CARBALLIÑO
117	835 ALBERTO	MARIÑO LAMEIRO	00:48:59	00:04:05	00:48:54	00:04:05	00:30:25	S.D. BARBANTIA RODA	BOIRO
118	3011 ANTONIO	REY POMBO	00:49:02	00:04:06	00:48:58	00:04:05	00:30:26	GRUPO CASTROSUA	SANTIAGO
119	532 SAMUEL	TORRES BARREIROS	00:49:02	00:04:06	00:48:58	00:04:05	00:30:44	CLUB DEPORTIVO AURUM	OURENSE
120	571 DAVID	CUTRÍN LÓPEZ	00:49:05	00:04:06	00:49:00	00:04:05	00:30:12	CLUB TRIATLÓN COMPOSTELA	PONTEDEUME
121	452 JOSE ANTONIO	MARTINEZ ALVAREZ	00:49:07	00:04:06	00:49:01	00:04:06	00:30:19	CHISPAS	PONTARLIER DOUBS
122	1036 JOSÉ	PARÍS LÓPEZ	00:49:14	00:04:07	00:48:59	00:04:05	00:30:50		ABEGONDO
123	349 JAVI	DOSIL RIVAS	00:49:15	00:04:07	00:49:11	00:04:06	00:30:33	ATLETISMO FONTES DO SAR	NOIA
124	303 JESÚS	SÁNCHEZ ASCARIZ	00:49:15	00:04:07	00:49:06	00:04:06	00:30:14	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
125	2976 MANEL	REDONDO SOL	00:49:17	00:04:07	00:49:14	00:04:07	00:31:04	VERXEL NUTRICIÓN DEPORTIVA	LUGO
126	525 OSCAR	FRESNEDO ARIAS	00:49:20	00:04:07	00:49:06	00:04:06	00:31:00	CLUB CORREDORES BECERREÁ	BECCERREÁ
127	822 ANTONIO	PUENTE ESPÍÑA	00:49:22	00:04:07	00:49:14	00:04:07	00:30:07	RUNNERS AMIO	SANTIAGO DE COMPOSTELA
128	718 MIGUEL	VIDAL MOREIRAS	00:49:29	00:04:08	00:49:18	00:04:07	00:31:02	MONTAEVAI O PINO	SANTIAGO DE COMPOSTELA
129	1373 FRANCISCO	ESPIÑO PEREIRA	00:49:30	00:04:08	00:49:19	00:04:07	00:31:02		SANTIAGO DE COMPOSTELA
130	61 MIGUEL	SOTO CASTIÑEIRA	00:49:30	00:04:08	00:49:19	00:04:07	00:31:03	CLUB ATLETISMO NARÓN	NARÓN
131	232 NICOLAS	BELLO BUGALLO	00:49:32	00:04:08	00:48:22	00:04:02	00:32:21		SANTIAGO DE COMPOSTELA

132	988 RUBEN	OROSA	00:49:41	00:04:09	00:49:22	00:04:07	00:31:46		ORTIGUEIRA
133	1001 TIAGO	ALVES	00:49:46	00:04:09	00:49:38	00:04:09	00:31:01		08/02/1987
134	601 JOSE ANTONIO	LOPEZ PUENTE	00:49:46	00:04:09	00:49:35	00:04:08	00:31:21	CORRE POR BEGONTE	RABADE
135	646 MARCOS	CARRAL SUÁREZ	00:49:47	00:04:09	00:49:35	00:04:08	00:31:21		BEGONTE
136	991 ALBERTO	MARTÍNEZ RICO	00:49:47	00:04:09	00:49:29	00:04:08	00:31:07		VEDRA
137	291 DANIEL	LOUREIRO AMENEIROS	00:49:49	00:04:10	00:49:31	00:04:08	00:31:24	ARTROGAL TRI 498	SEQUEIRO
138	848 BENJAMIN	COSTA FERNANDEZ	00:49:51	00:04:10	00:49:40	00:04:09	00:31:14	SAR-VERMÚ-PETRONI	NOIA
139	1012 SEGUNDO	NAVIA GIRALDEZ	00:49:57	00:04:10	00:49:43	00:04:09	00:31:05		VILLAGARCIA DE AROSA
140	836 EDGAR MANUEL	LOPEZ BALEIRON	00:49:58	00:04:10	00:49:45	00:04:09	00:31:24	S.D.BARBANTIA RODA	BOIRO
141	1341 JAVIER	GIZ NOVO	00:49:59	00:04:10	00:49:39	00:04:09	00:31:46		ORTIGUEIRA
142	1394 JULIO	CAYON	00:50:02	00:04:11	00:49:47	00:04:09	00:31:24		BURELA
143	1122 IVAN	LOPEZ OROSA	00:50:02	00:04:11	00:49:44	00:04:09	00:31:03		VEDRA
144	998 DANIEL	RIVERA SÁNCHEZ	00:50:05	00:04:11	00:49:56	00:04:10	00:30:58		SANTIAGO DE COMPOSTELA
145	239 J. LUIS	ROSENDE FUENTES	00:50:10	00:04:11	00:50:05	00:04:11	00:30:57		A ESTRADA
146	763 GIOVANI	GARCÍA ESTÉVEZ	00:50:10	00:04:11	00:49:38	00:04:09	00:31:41	NOSPORTLIMIT	LUGO
147	1129 ISAAC	INSUA GARCIA	00:50:12	00:04:11	00:50:08	00:04:11	00:31:01		SANTIAGO DE COMPOSTELA
148	437 JOSE LUIS	FONTAO GARCIA	00:50:14	00:04:12	00:49:57	00:04:10	00:31:07	CAMISETASLUGO.COM	RODEIRO
149	1368 JUAN	SOILÁN BLANCO	00:50:17	00:04:12	00:50:12	00:04:11	00:30:39		NOIA
150	1013 JOSÉ	LEMA MARTÍNEZ	00:50:18	00:04:12	00:50:02	00:04:11	00:31:10		BERN
151	1055 DAVID	FERRERO QUIÑÓY	00:50:21	00:04:12	00:50:15	00:04:12	00:30:52		SANTIAGO DE COMPOSTELA
152	1216 ENRIQUE CARLOS	GODOY LÓPEZ	00:50:22	00:04:12	00:50:09	00:04:11	00:30:54		GIJÓN
153	1176 DIEGO	ROSENDE BARONA	00:50:27	00:04:13	00:50:11	00:04:11	00:32:05		SANTIAGO DE COMPOSTELA
154	1148 UXÍO	ESTURAO PENA	00:50:28	00:04:13	00:50:22	00:04:12	00:31:34		TOURO
155	2413 ANTONIO	PORTO ALVAREZ	00:50:36	00:04:13	00:50:18	00:04:12	00:31:34		SANTIAGO DE COMPOSTELA
156	992 ALBERTO	GONZÁLEZ	00:50:38	00:04:14	00:50:30	00:04:13	00:31:58		SANTIAGO
157	181 ANGEL	CAMPOS SANTIAGO	00:50:38	00:04:14	00:50:37	00:04:14	00:31:35	SAR-VERMU PETRONI	NOIA
158	702 MARCOS	FERNANDEZ	00:50:40	00:04:14	00:50:28	00:04:13	00:31:42	LAMARGHA-AUTOTODO	OURENSE
159	941 CESAR	COSTOYA PRADO	00:50:55	00:04:15	00:50:41	00:04:14	00:32:19		FRADES
160	564 GONZALO	SANMARTIN MONTES	00:50:55	00:04:15	00:50:33	00:04:13	00:32:21	CLUB O COTÓN NEGREIRA	SANTIAGO
161	1120 FRANCISCO JAVIER	BRENLLA DUARTE	00:50:57	00:04:15	00:49:57	00:04:10	00:31:56		BERNA
162	447 JOSÉ ANTONIO	MARQUE RUIBAL	00:50:58	00:04:15	00:50:41	00:04:14	00:31:16	CDM VÉRTICE	PONTE ULLA (VEDRA)
163	1160 JACOBO	NUÑEZ CASTRO	00:51:00	00:04:15	00:50:46	00:04:14	00:31:06		RI BADUMIA
164	582 ESTEBAN	RODRIGUEZ VAZQUEZ	00:51:00	00:04:15	00:50:33	00:04:13	00:32:21	CLUBE ATLETISMO FENE	FENE
165	832 JULIO	FERNÁNDEZ VILARCHAO	00:51:02	00:04:16	00:50:51	00:04:15	00:32:21	RUNNING SPORT TRAIL	OURENSE
166	996 RUBEN	FERNANDEZ CASANOVA	00:51:09	00:04:16	00:50:28	00:04:13	00:32:26		LUGO
167	522 JUAN	BELLO GARCIA	00:51:10	00:04:16	00:50:38	00:04:14	00:32:43	CLUB CERVECERIA O COTON NEGREIRA	NEGREIRA
168	1374 FERNANDO	FROJÁN CANLE	00:51:15	00:04:17	00:50:55	00:04:15	00:32:24		LOUSAME ,LA CORUÑA
169	1191 FERNANDO	MACEDO DA SILVA	00:51:17	00:04:17	00:51:06	00:04:16	00:32:32		LA CORUÑA
170	53 IVAN	SEGADE CAROU	00:51:19	00:04:17	00:51:17	00:04:17	00:31:26	CLUB ATLETISMO BOIMORTO	A CORUÑA
171	1105 AGUSTIN	CASTRO LOPEZ	00:51:21	00:04:17	00:51:17	00:04:17	00:31:43		DODRO
172	716 ALBERTO	BECERRA LAGE	00:51:31	00:04:18	00:51:22	00:04:17	00:31:56	METROPOLITAN SPAIN S.L	LUGO
173	969 MARCOS	CASAL SANTO	00:51:33	00:04:18	00:51:22	00:04:17	00:32:17		CAMBRE
174	1139 FERNANDO	MARTÍNEZ BACELAR	00:51:34	00:04:18	00:51:29	00:04:18	00:31:30		CANGAS
175	389 JUAN LUIS	RAMIRO GOMEZ	00:51:42	00:04:19	00:51:37	00:04:19	00:31:48	ATLETISMO UNIVERSIDADE DE VIGO	VIGO
176	2196 MARCOS	LOPEZ DIAZ	00:51:44	00:04:19	00:51:30	00:04:18	00:32:08		SANTIAGO DE COMPOSTELA
177	957 PABLO	COSTOYA FONDEVILA	00:51:44	00:04:19	00:51:27	00:04:18	00:32:34		SILLEDA
178	355 SERGIO	VARELA MARTINEZ	00:51:47	00:04:19	00:51:32	00:04:18	00:32:32	ATLETISMO FONTES DO SAR	MUROS
179	1077 ALBERTO	GUTIÉRREZ PIÑEIRO	00:51:50	00:04:20	00:51:38	00:04:19	00:32:17		VILAGARCÍA DE AROUSA
180	273 ALFONSO	ROSADO FRADE	00:51:50	00:04:20	00:51:47	00:04:19	00:32:18	A.D. PORTO DO SON	SANTIAGO
181	1045 RUBEN	REBORIDO REBOREDO	00:51:51	00:04:20	00:51:24	00:04:17	00:32:32		ARTEIXO
182	955 MARIO	QUEIRUGA SANTIAGO	00:51:59	00:04:20	00:51:43	00:04:19	00:32:15		PORTO DOS SON
183	982 PABLO	SENDIN RAÑA	00:52:04	00:04:21	00:51:35	00:04:18	00:32:59		VIGO
184	1146 JOSÉ MANUEL	CASÁS CASÁS	00:52:06	00:04:21	00:52:01	00:04:21	00:32:24		A CORUÑA
185	1210 JORGE	CASTRO MAROÑO	00:52:08	00:04:21	00:51:57	00:04:20	00:32:18		REINO UNIDO

186	794	MARCOS	GUTIERREZ GONZALEZ	00:52:12	00:04:21	00:51:46	00:04:19	00:32:54	PATO BLANCO CELANOVA	CELANOVA
187	454	ALFONSO JAVIER	CASTRO SOUTO	00:52:13	00:04:22	00:51:54	00:04:20	00:32:41	CHUVONERS	A CORUÑA
188	1353	BORJA	MARTINEZ RICO	00:52:13	00:04:22	00:51:56	00:04:20	00:32:30		SANTIAGO DE COMPOSTELA
189	1996	MOISÉS	ÁLVAREZ JORGE	00:52:14	00:04:22	00:51:46	00:04:19	00:32:46		MOS
190	1168	EULOGIO	ALDARIZ QUINTELA	00:52:15	00:04:22	00:51:49	00:04:20	00:32:29		ARZUA
191	1572	MARIO DANIEL	VARELA CRESPO	00:52:16	00:04:22	00:51:57	00:04:20	00:32:25	ATLETISMOARENTEIRO	O CARBALLIÑO
192	3014	MANUEL ANTONIO	LOPEZ SUAREZ	00:52:17	00:04:22	00:51:53	00:04:20	00:32:55	GRUPO CASTROSUA	SANTIAGO
193	408	JESUS EDUARDO	PEREZ RODRIGUEZ	00:52:19	00:04:22	00:52:02	00:04:21	00:33:12	BUDIÑORAI	O PORRIÑO
194	888	FÉLIX	ROGET PÉREZ	00:52:24	00:04:22	00:51:14	00:04:17	00:33:51	TERRA DE SONEIRA C.D.	VIMIANZO
195	784	DANIEL	RAMA GARCIA	00:52:27	00:04:23	00:52:11	00:04:21	00:32:33	OS SALTA REJOS	MUROS
196	1184	ALBERTO	MOURE ANDRADE	00:52:31	00:04:23	00:52:20	00:04:22	00:32:05		SANTIAGO DE COMPOSTELA
197	1628	ALEJANDRO	VARELA VALLADARES	00:52:32	00:04:23	00:51:55	00:04:20	00:33:35	CHISPAS	SANXENXO
198	1131	JUAN JOSÉ	RODRIGUEZ PARADA	00:52:34	00:04:23	00:52:07	00:04:21	00:33:02		PUEBLA DE BROLLON
199	1159	SERGIO	MARTINEZ GOMEZ	00:52:44	00:04:24	00:52:28	00:04:23	00:32:47		A CORUÑA
200	679	JESUS MIGUEL	PRADO CEA	00:52:44	00:04:24	00:52:30	00:04:23	00:32:33		FRADES
201	306	VICTOR	CASTRO SEGADE	00:52:45	00:04:24	00:52:06	00:04:21	00:33:27	ASOCIACIÓN DEPORTIVA CERNE	A CORUÑA
202	2965	FELIPE	WILIAM GODLEY	00:52:45	00:04:24	00:52:13	00:04:22	00:32:52	GRUPO CASTROSUA	SANTIAGO
203	1074	MARCOS	LÓPEZ GARCÍA	00:52:45	00:04:24	00:52:36	00:04:23	00:33:16		LUGO
204	2261	ISMAEL	GONZÁLEZ HERRERO	00:52:46	00:04:24	00:52:33	00:04:23	00:33:11		BURGOS
205	606	DANIEL	CALVIÑO MORENO	00:52:50	00:04:25	00:52:33	00:04:23	00:33:06	CORUÑACOMARCA	CULLEREDO
206	556	ALEJANDRO	LOMBAO BLANCO	00:52:51	00:04:25	00:52:13	00:04:22	00:33:17	CLUB MONTEPENARUBIA LUGO	OUTEIRO DE REI
207	923	JAVIER	FOLGAR ROMAY	00:52:55	00:04:25	00:52:00	00:04:20	00:33:16	VIRXE DA GUIA	RIBEIRA
208	1116	ÓSCAR	LÓPEZ TOBAR	00:52:59	00:04:25	00:52:50	00:04:25	00:32:18		SANTIAGO DE COMPOSTELA
209	400	JOSE	VARELA VERDES	00:53:02	00:04:26	00:52:39	00:04:24	00:33:13	BEER RUNNERS CORUÑA	A CORUÑA
210	751	RICARDO	IGLESIAS CASAL	00:53:03	00:04:26	00:52:56	00:04:25	00:32:16	NOITEBRA FC	AMES
211	461	DAVID	ASPEREZ DOPAZO	00:53:04	00:04:26	00:52:59	00:04:25	00:32:10	CLUB ATLETISMO CAMBADOS SEGUROS-NOVAL	CAMBADOS
212	753	JUAN	RIVAS ALENDE	00:53:05	00:04:26	00:52:43	00:04:24	00:33:54	NOITEBRA FC	SANTIAGO
213	2409	BORJA	IGLESIAS BEIROA	00:53:08	00:04:26	00:52:59	00:04:25	00:32:21		SANTIAGO DE COMPOSTELA
214	911	SANTIAGO	RAMOS IGLESIAS	00:53:09	00:04:26	00:52:56	00:04:25	00:33:34	URBAN RUNNERS SANTIAGO	SANTIAGO
215	1214	JUAN	GARCÍA SANMARTÍN	00:53:09	00:04:26	00:53:00	00:04:25	00:33:36		SANTIAGO DE COMPOSTELA
216	3034	CARLOS	PEREZ VALIN	00:53:11	00:04:26	00:52:56	00:04:25	00:33:01	ZEPPELIN TORGUESA FINFLOOR	GUNTIN
217	1215	JESÚS	COUSO GARCIA	00:53:13	00:04:27	00:52:50	00:04:25	00:33:28		A BAÑA
218	1362	ADRIÁN	BOUZÓN NIEVES	00:53:14	00:04:27	00:52:46	00:04:24	00:33:37		SANTIAGO DE COMPOSTELA
219	1194	MIGUEL	MAROÑO DOMINGUEZ	00:53:14	00:04:27	00:52:52	00:04:25	00:33:43		SANTIAGO
220	823	JOSE ANTONIO	CARNEIRO GARCIA	00:53:15	00:04:27	00:53:06	00:04:26	00:32:41	RUNNERS AMIO	SANTIAGO DE COMPOSTELA
221	727	SÉRGIO	GABRIEL	00:53:17	00:04:27	00:53:15	00:04:27	00:32:35	MUNICIPIO DE CASTRO DAIRE	CASTRO DAIRE
222	641	JOSÉ ÁNGEL	CONDE TATO	00:53:21	00:04:27	00:52:15	00:04:22	00:33:50	GYM TONIC	VILAGARCIA
223	1925	OSCAR	BARREIRO MIRANDA	00:53:22	00:04:27	00:52:24	00:04:22	00:34:04	TARTARUGAS	VIGO
224	1655	DANIEL	RODRÍGUEZ GÁNDARA	00:53:24	00:04:27	00:53:02	00:04:26	00:32:50	CLUB ATLETISMO OUTES - JOHN TURKEY	OUTES
225	899	JAVIER	REY SILVA	00:53:24	00:04:27	00:53:01	00:04:26	00:34:19	TRIATLÓN VILAGARCÍA	VILAGARCIA DE AROUSA
226	1033	MARCOS	ANTELO PIÑEIRO	00:53:25	00:04:27	00:52:53	00:04:25	00:33:26		NOIA
227	2338	ALEJANDRO	MÍGUEZ RUANOVA	00:53:26	00:04:28	00:53:05	00:04:26	00:33:50		SANTIAGO DE COMPOSTELA
228	1308	FERNANDO	SESA R SEGADE	00:53:31	00:04:28	00:53:21	00:04:27	00:32:35		SANTIAGO DE COMPOSTELA
229	268	JAIME	ARIAS LÓPEZ	00:53:32	00:04:28	00:53:12	00:04:26	00:33:09	A CASIÑA	A CORUÑA
230	1027	PABLO	VARA FIDALGO	00:53:37	00:04:29	00:53:16	00:04:27	00:33:42		OURENSE
231	1221	ALBERTO	BOUZÓN ALEJANDRO	00:53:41	00:04:29	00:53:35	00:04:28	00:33:12		SANTIAGO DE COMPOSTELA
232	1300	XABIER	FERRO GARCIA	00:53:43	00:04:29	00:53:29	00:04:28	00:32:31		TOURO
233	1209	PERFECTO	VÁZQUEZ RIVERA	00:53:45	00:04:29	00:53:12	00:04:26	00:33:35		CABANA DE BERGANTIÑOS
234	1367	SERGIO	BUCETA MONTERO	00:53:46	00:04:29	00:53:38	00:04:29	00:33:19		PADRON
235	1109	PEDRO	SUÁREZ CASAL	00:53:47	00:04:29	00:53:05	00:04:26	00:34:28		MEIS
236	1229	MANUEL ANGEL	QUINTANS VARELA	00:53:48	00:04:29	00:52:47	00:04:24	00:34:18		SANTIAGO
237	332	DAVID	PÉREZ GONZÁLEZ	00:53:49	00:04:30	00:53:28	00:04:28	00:33:37	ATLETISMO A CANUDA SEGUROS BILBAO	SALCEDA DE CASELAS
238	550	RAÚL	ORDÓÑEZ PÉREZ	00:53:49	00:04:30	00:53:31	00:04:28	00:34:03	CLUB MONTEPENARUBIA LUGO	LUGO
239	382	OSCAR	RODRÍGUEZ OTERO	00:53:52	00:04:30	00:53:52	00:04:30	00:33:42	ATLETISMO PORRIÑO	MOS

240	1696	JOSE RAMON	FONTAO GONZALEZ	00:53:55	00:04:30	00:53:27	00:04:28	00:34:01	CLUB REMO PUEBLA	POBRA DO CARAMIÑAL
241	755	ALFONSO	RODRIGUEZ FRAMIL	00:54:03	00:04:31	00:53:40	00:04:29	00:34:04	NOITEBRA FC	AMES
242	893	FERNANDO JOSE	DE ALMEIDA REY	00:54:04	00:04:31	00:53:50	00:04:30	00:33:17	TRAN-TRAN	AMES
243	2811	IBAN	DORADO FUENTE	00:54:05	00:04:31	00:53:32	00:04:28	00:34:04		OÑATI
244	1024	JOAQUÍN	PAMPÍN BARREIRO	00:54:06	00:04:31	00:53:38	00:04:29	00:34:06		LA CORUÑA
245	1245	FELIPE	DOSIL CASTRO	00:54:07	00:04:31	00:53:35	00:04:28	00:33:26		NOIA
246	672	CARLOS	FERNANDEZ FANEGO	00:54:09	00:04:31	00:54:04	00:04:31	00:33:05		SANTIAGO DE COMPOSTELA
247	2696	ALBERTO	PAZOS	00:54:11	00:04:31	00:53:20	00:04:27	00:35:37		CANGAS DO MORRAZO
248	88	MARTIN	CESPON PENEIREIRO	00:54:12	00:04:31	00:54:05	00:04:31	00:33:01	CLUB NATACION RIVEIRA	TARAGOÑA
249	2007	JOSE LUIS	MOSQUERA FERNANDEZ	00:54:12	00:04:31	00:53:26	00:04:28	00:34:38		TOURO-A CORUÑA
250	1170	JAVIER	FERREIRO ZAS	00:54:15	00:04:32	00:53:22	00:04:27	00:33:58		ALSASUA (PAMPLONA)
251	640	VASCO	FARIA	00:54:15	00:04:32	00:53:49	00:04:30	00:34:30	GDEN	VIANA DO CASTELO
252	293	FERNANDO	SINES CASTRO	00:54:21	00:04:32	00:54:11	00:04:31	00:33:56	ARTROGAL-TRI498	SANTIAGO DE COMPOSTELA
253	1316	ALBERTO	SANCHEZ GOMEZ	00:54:21	00:04:32	00:53:29	00:04:28	00:34:41		SANTIAGO DE COMPOSTELA
254	1389	ISMAEL	LEIS CALO	00:54:26	00:04:33	00:54:04	00:04:31	00:34:02		CEE
255	1193	MIGUEL	MARROZOS LOPEZ	00:54:31	00:04:33	00:53:33	00:04:28	00:35:07		A CORUÑA
256	699	BERNARDO	ARADAS	00:54:31	00:04:33	00:54:11	00:04:31	00:33:12	LA VIEJA ESCUELA	VIGO
257	1985	RODRIGO	LAMAS GONZALEZ	00:54:34	00:04:33	00:54:03	00:04:31	00:34:15		OURENSE
258	1226	ROBERTO	REY LÓPEZ	00:54:44	00:04:34	00:54:28	00:04:33	00:34:29		LA CORUÑA
259	439	VÍCTOR	FERNÁNDEZ ESTÉVEZ	00:54:48	00:04:34	00:54:32	00:04:33	00:34:35	CAZAFANTASMAS TEAM	MOS
260	193	IVÁN	VÁZQUEZ GARCÍA	00:54:50	00:04:35	00:54:27	00:04:33	00:34:39	TRIATLÓN VILAGARCIA	VILAGARCIA DE AROUSA
261	272	FRANCISCO MANUEL	SANTOS SANTAMARIA	00:54:51	00:04:35	00:54:47	00:04:34	00:33:42	A.D. PORTO DO SON	SANTIAGO DE COMPOSTELA
262	2807	ANDRÉS	ARDÁ FREIRE	00:54:52	00:04:35	00:54:02	00:04:31	00:35:13		A CORUÑA
263	470	JORGE	COSTOYA DOSIL	00:54:53	00:04:35	00:54:41	00:04:34	00:34:15	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	NOIA
264	3019	JORGE	VILARIÑO ARUFE	00:54:54	00:04:35	00:54:30	00:04:33	00:33:41	GRUPO CASTROSUA	SANTIAGO
265	1608	ROBERTO	GARCÍA COLLAZO	00:54:56	00:04:35	00:54:19	00:04:32	00:35:09	C.A.R. MARISQUEIRO	VIGO
266	1595	BERNABÉ	PUENTE MOURE	00:54:56	00:04:35	00:54:34	00:04:33	00:34:18	BASADRE & SUFLENORSA RUNNING TEAM	SANTIAGO DE COMPOSTELA
267	1836	ANTÓNIO	PEREIRA	00:54:58	00:04:35	00:54:53	00:04:35	00:34:01	MUNICÍPIO DE CASTRO DAIRE	VISEU
268	307	DIEGO	SANCHEZ GONZALEZ	00:54:59	00:04:35	00:54:41	00:04:34	00:34:03	ASOCIACIÓN DEPORTIVA CERNE	LUGO
269	1922	SATIRO	BRENLLA FAJÍN	00:55:01	00:04:36	00:54:05	00:04:31	00:35:36	TARTARUGAS	SANTA COMBA
270	1298	ROI	MARTÍNEZ ABAL	00:55:02	00:04:36	00:54:36	00:04:33	00:34:33		RIBADUMIA
271	1763	CARLOS	PEÑA GAVILÁN	00:55:03	00:04:36	00:54:36	00:04:33	00:35:17		OURENSE
272	852	MIGUEL	VARELA ALVAREZ	00:55:04	00:04:36	00:53:42	00:04:29	00:35:18	SEX PISTONS	OURENSE
273	1824	ADRIÁN	RIADIGOS VILLAR	00:55:05	00:04:36	00:54:35	00:04:33	00:34:07	LA GRAMOLA GTR	VILA DE CRUCES
274	700	MIGUEL ANGEL	LORENZO ALVAREZ	00:55:05	00:04:36	00:53:42	00:04:29	00:35:17	LAMARGHA AUTOTODO	O CARBALLIÑO
275	865	JOSE ANTONIO	QUINTAS CASTRO	00:55:06	00:04:36	00:54:17	00:04:32	00:36:38	TALLERES PONTESECA	A GUARDA
276	1314	DANIEL	SORDO SANCHEZ	00:55:06	00:04:36	00:54:37	00:04:34	00:34:09		FRIBOURG
277	780	MANUEL	DÍAZ NOVO	00:55:07	00:04:36	00:54:50	00:04:35	00:35:18	OS CORZOS DO ORTEGAL	CARIÑO
278	1406	SERGIO	AREVALILLO ROMERO	00:55:12	00:04:36	00:54:46	00:04:34	00:34:17		RIVEIRA
279	728	JOSÉ	FERREIRA	00:55:17	00:04:37	00:55:13	00:04:37	00:32:48	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
280	1799	ALEJANDRO	LORENZO CAMPOS	00:55:18	00:04:37	00:55:04	00:04:36	00:34:12		BRION
281	2080	JOSE VICTOR	NOGUEIRA GOMEZ	00:55:18	00:04:37	00:55:00	00:04:35	00:34:27		CACHEIRAS
282	1350	JOSE MANUEL	MARTINEZ LEMA	00:55:18	00:04:37	00:54:48	00:04:34	00:34:41		MALPICA
283	636	JOSÉ	REGO ROMÁN	00:55:20	00:04:37	00:55:07	00:04:36	00:33:39	FLUVIAL DE LUGO MONTE SEGADE	LUGO
284	2817	FERNANDO	CASAL COUTO	00:55:20	00:04:37	00:54:45	00:04:34	00:34:45		SANTIAGO DE COMPOSTELA
285	1334	SERGIO	RODRIGUEZ PAZOS	00:55:20	00:04:37	00:55:00	00:04:35	00:34:35		TEO
286	681	JAVIER	GARCIA PUMAR	00:55:21	00:04:37	00:54:17	00:04:32	00:35:08		GINEBRA (SUIZA)
287	926	JOSE LUIS	BARCA BRAVO	00:55:21	00:04:37	00:54:47	00:04:34	00:34:45	WHERE IS THE CHANDAL?	VILAGARCÍA DE AROUSA
288	2079	ALEJANDRO	LAGO SANDE	00:55:22	00:04:37	00:54:49	00:04:35	00:35:13		OUTES
289	605	ANTONIO	FERNÁNDEZ RODRÍGUEZ	00:55:23	00:04:37	00:54:56	00:04:35	00:34:17	CORREDORES DO MIÑO	VENEZUELA
290	577	LUIS	VEREA VAZQUEZ	00:55:23	00:04:37	00:54:53	00:04:35	00:35:06	CLUBE ATLETISMO BOIMORTO	BOIMORTO
291	976	YVAN	FERNANDEZ ALVAREZ	00:55:25	00:04:38	00:54:34	00:04:33	00:35:07		VEREA
292	1320	XABIER	RAMOS VIEIRO	00:55:25	00:04:38	00:55:03	00:04:36	00:35:07		SANTIAGO
293	1325	JOSE	SANTOS SENIN	00:55:26	00:04:38	00:55:03	00:04:36	00:36:07		VALGA

294	654	FERNANDO NICOLÁS	PUENTE VARELA	00:55:28	00:04:38	00:54:53	00:04:35	00:34:51		ARES
295	1329	JOSE ANTONIO	QUINTANS VAZQUEZ	00:55:31	00:04:38	00:55:20	00:04:37	00:34:48		SANTIAGO DE COMPOSTELA
296	1756	ANTONIO	VISOS FIAÑO	00:55:31	00:04:38	00:54:54	00:04:35	00:34:53		TEO
297	557	DAVID	FERNANDEZ FERNANDEZ	00:55:33	00:04:38	00:54:54	00:04:35	00:34:56	CLUB MONTEPENARUBIA LUGO	BILBAO
298	1165	MIGUEL	DÍAZ BOTANA	00:55:34	00:04:38	00:55:21	00:04:37	00:34:23		SANTIAGO DE COMPOSTELA
299	3001	ANTONIO JESUS	MARTINEZ SANJORGE	00:55:38	00:04:39	00:55:19	00:04:37	00:34:36	CLUB DEPORTIVO PINARIUM	MARIN
300	2106	OSCAR	VIDAL RODRIGUEZ	00:55:39	00:04:39	00:55:19	00:04:37	00:35:01		ARANGA
301	1689	ALBERTO	SECO GALLO	00:55:40	00:04:39	00:55:00	00:04:35	00:34:57	CLUB MONTEPENARUBIA LUGO	A PASTORIZA
302	2784	DAVID	GARCÍA-SANTAMARINA LIÑEIR	00:55:40	00:04:39	00:55:01	00:04:36	00:34:43		SANTIAGO DE COMPOSTELA
303	2249	SERGIO	PALACIOS LADO	00:55:41	00:04:39	00:55:37	00:04:39	00:33:14		SANTIAGO DE COMPOSTELA
304	1862	JUAN CARLOS	DOMATO VERDÍA	00:55:42	00:04:39	00:55:23	00:04:37	00:34:50	OS DESBROZA CARRETERAS	ARTEIXO
305	1295	JORGE	LAGO BLANCO	00:55:48	00:04:39	00:55:13	00:04:37	00:35:14		OUTES
306	2021	DANIEL	CASTRO CARREGAL	00:55:54	00:04:40	00:55:46	00:04:39	00:34:05		SANTIAGO DE COMPOSTELA
307	2160	OSCAR	FERNANDEZ PEREZ	00:55:55	00:04:40	00:55:22	00:04:37	00:35:51		OURENSE
308	1268	IVÁN	CAMBRE LOSADA	00:55:58	00:04:40	00:55:20	00:04:37	00:34:57		A CORUÑA
309	1141	ÓSCAR	CASAS COUSELO	00:56:01	00:04:41	00:55:10	00:04:36	00:35:30		OROSO
310	1417	OSCAR	VAZQUEZ BORRAJO	00:56:01	00:04:41	00:55:06	00:04:36	00:35:24		CARBALLIÑO
311	568	LEANDRO	EIRAS LUEIRO	00:56:03	00:04:41	00:55:00	00:04:35	00:35:51	CLUB TRIATLON CERVECERIA O COTON NEGREIRA	NEGREIRA
312	2391	ALVARO	FERNANDEZ FERRO	00:56:05	00:04:41	00:55:54	00:04:40	00:34:55		SANTIAGO DE COMPOSTELA
313	1409	EDUARDO	GÓMEZ RAPOSO	00:56:07	00:04:41	00:55:47	00:04:39	00:35:05		SANTA COMBA
314	3012	LUIS	MÍGUEZ MÍGUEZ	00:56:07	00:04:41	00:55:43	00:04:39	00:34:40	GRUPO CASTROSUA	SANTIAGO
315	1670	MARCO	SCHAAL ORIZALES	00:56:13	00:04:42	00:55:25	00:04:38	00:36:28	CLUB CICLISTA OURENSANO	WUPPERTAL (ALEMAÑA)
316	1048	GUSTAVO	RAMA MARTÍNEZ	00:56:14	00:04:42	00:56:02	00:04:41	00:35:01		SANTIAGO DE COMPOSTELA
317	359	ADRIAN	GALLEGO CID	00:56:15	00:04:42	00:54:31	00:04:33	00:36:21	ATLETISMO FONTES DO SAR	OURENSE
318	799	DIEGO	CAO DOPICO	00:56:16	00:04:42	00:54:59	00:04:35	00:36:00	PC BAIKERS DO VILAN	VIVEIRO
319	1577	DIEGO	GARCÍA LORENZO	00:56:16	00:04:42	00:55:55	00:04:40	00:35:03	ATLETISMO FONTES DO SAR	RIANXO
320	2478	JULIO PABLO	VAZQUEZ ALONSO	00:56:17	00:04:42	00:55:45	00:04:39	00:35:51		CELANOVA
321	1237	MIGUEL	ALVAREZ PALLIN	00:56:22	00:04:42	00:55:46	00:04:39	00:35:03		VALLADOLID
322	1247	JOSE	MARTÍNEZ CAAMAÑO	00:56:29	00:04:43	00:56:05	00:04:41	00:35:04		CABANA DE BERGANTIÑOS
323	858	FRANCISCO	PRIETO PERNAS	00:56:35	00:04:43	00:55:54	00:04:40	00:35:01	SÍGUEME SI PUEDES	PONTEVEDRA
324	2098	ENRIQUE	GIL GIL	00:56:36	00:04:43	00:55:47	00:04:39	00:36:03		SANTIAGO
325	3095	ANTONIO MANUEL	VEGA GARCÍA	00:56:40	00:04:44	00:56:03	00:04:41	00:35:17	OS BOLECHOS	A CORUÑA
326	2186	PABLO	RAÑA DIEZ	00:56:41	00:04:44	00:56:09	00:04:41	00:35:06		SANTIAGO DE COMPOSTELA
327	205	PABLO ANTONIO	DOPAZO REGUEIRO	00:56:42	00:04:44	00:56:40	00:04:44	00:35:35		A CORUÑA
328	726	PEDRO	PONTES	00:56:46	00:04:44	00:56:42	00:04:44	00:34:26	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
329	267	MARCOS	CARRIL CARRILLO	00:56:47	00:04:44	00:56:22	00:04:42	00:35:54	3&RUN CLUB DE CORREDORES BY PEDRO NIMO	O PINO
330	2012	SERGIO	ARES CHAO	00:56:49	00:04:45	00:55:56	00:04:40	00:35:50		GIJÓN
331	1408	CARLOS	RIÁDIGOS MOSQUERA	00:56:52	00:04:45	00:56:28	00:04:43	00:35:00		A CORUÑA
332	705	RUBEN	VIDAL MARTINEZ	00:56:52	00:04:45	00:56:26	00:04:43	00:35:44	LOS CHAVALES	RIBEIRA
333	1758	SANTIAGO	SANTOS VICENS	00:56:53	00:04:45	00:56:04	00:04:41	00:36:25		PONTEVEDRA
334	875	MARCO	CESPON FIGUEIRO	00:56:53	00:04:45	00:56:39	00:04:44	00:35:31	TAMBRE BIKE&RUN	RIANXO
335	554	GABRIEL	NÚÑEZ CHAO	00:56:54	00:04:45	00:56:13	00:04:42	00:35:21	CLUB MONTEPENARUBIA LUGO	LUGO
336	245	JAVI	MARTINEZ VIDAL	00:56:54	00:04:45	00:56:24	00:04:42	00:35:44		A ESTRADA
337	1090	PABLO	CARBAJAL IGLESIAS	00:56:56	00:04:45	00:56:02	00:04:41	00:36:57		DODRO
338	496	DANIEL	CASTRO MOSCOSO	00:56:57	00:04:45	00:56:29	00:04:43	00:35:24	CLUB ATLETISMO PINO	O PINO
339	2814	VITTORIO	DI FLAVIANO	00:56:57	00:04:45	00:56:25	00:04:43	00:35:34		TERAMO
340	2190	ALBERTO	CACHAFEIRO SÁNCHEZ	00:57:00	00:04:45	00:56:22	00:04:42	00:34:27		SANTIAGO DE COMPOSTELA
341	2014	DANIEL	SÁNCHEZ VEGA	00:57:02	00:04:46	00:56:25	00:04:43	00:35:17		MADRID
342	1867	BORJA	DONIZ MARCH	00:57:09	00:04:46	00:56:45	00:04:44	00:34:54	PATO BLANCO CELANOVA	CELANOVA
343	2023	YAGO	COTELO COSTOYA	00:57:10	00:04:46	00:57:00	00:04:45	00:35:49		SANTIAGO
344	1926	DAVID	COUTO BLANCO	00:57:11	00:04:46	00:56:06	00:04:41	00:36:38	TARTARUGAS	ZAS
345	754	MARTIN EUGENIO	RODRIGUEZ GOMEZ	00:57:12	00:04:46	00:56:50	00:04:45	00:34:09	NOITEBRA FC	PADRON
346	2013	JOSE	ANIDOS SALIDO	00:57:12	00:04:46	00:56:19	00:04:42	00:36:05		FERROL
347	2136	ISAAC	REY FERNANDEZ	00:57:13	00:04:47	00:56:00	00:04:40	00:36:01		A CORUÑA

348	1238 PEDRO	PINTO DE SOUSA	00:57:14	00:04:47	00:56:02	00:04:41	00:36:32		PORTO
349	3007 MIGUEL ÁNGEL	FRAGIO VILLAVERDE	00:57:17	00:04:47	00:56:45	00:04:44	00:35:53	GRUPO CASTROSUA	SANTIAGO
350	1063 RODRIGO	BOQUETE	00:57:19	00:04:47	00:56:24	00:04:42	00:36:34		SANTIAGO DE COMPOSTELA
351	1617 ANGEL	GENDRA MARTINEZ	00:57:22	00:04:47	00:56:21	00:04:42	00:36:04	CABE	SANTIAGO DE COMPOSTELA
352	2032 PABLO	ACEVEDO VIEITEZ	00:57:25	00:04:48	00:57:04	00:04:46	00:35:49		OURENSE
353	1289 MARCOS	NOYA REY	00:57:25	00:04:48	00:56:22	00:04:42	00:36:32		SANTIAGO DE COMPOSTELA
354	1520 ENRIQUE	REBOREDO DURÁN	00:57:28	00:04:48	00:56:27	00:04:43	00:36:16	3&RUN CLUB DE CORREDORES BY PEDRO NIMO	A ESTRADA
355	1761 RAFAEL	DIAZ PIÑEIRO	00:57:31	00:04:48	00:56:18	00:04:42	00:36:33		CORUÑA
356	1521 AITOR	FERNANDEZ GARCIA	00:57:35	00:04:48	00:56:56	00:04:45	00:36:03	A DALO TODO TEAM !	PONTEAREAS
357	2003 DIEGO	VÁZQUEZ PÉREZ	00:57:35	00:04:48	00:56:52	00:04:45	00:36:42		A CORUÑA
358	929 FRANCISCO	PORTO SUAREZ	00:57:37	00:04:49	00:57:06	00:04:46	00:36:44	XHUZAS TEAM	VIGO
359	3006 MARTÍN	FONTÁN CONDE	00:57:42	00:04:49	00:57:11	00:04:46	00:35:59	GRUPO CASTROSUA	MEAÑO
360	1997 ALBERTO	ALDAO ALDAO	00:57:42	00:04:49	00:56:45	00:04:44	00:36:46		SANTIAGO
361	2326 BERNALDO	PENAS ANTELO	00:57:44	00:04:49	00:57:21	00:04:47	00:36:15		SANTIAGO DE COMPOSTELA
362	2036 JESUS	BARREIRO VARELA	00:57:44	00:04:49	00:57:13	00:04:47	00:36:12		SANTIAGO DE COMPOSTELA
363	2436 FERNANDO	CARIDE SUAREZ	00:57:48	00:04:49	00:56:31	00:04:43	00:36:08		LA CORUÑA
364	393 DANIEL	VILASOA	00:57:51	00:04:50	00:57:24	00:04:47	00:36:58	BARBANTIA RODA	BOIRO
365	212 DANIEL	FERREIRO MAGAN	00:57:53	00:04:50	00:57:29	00:04:48	00:36:07		PONTECESURES
366	2829 DAVID	SÁNCHEZ-MARÍN MELERO	00:57:59	00:04:50	00:57:39	00:04:49	00:35:51		A CORUÑA
367	2207 JUAN PABLO	TORRES ANTUNEZ	00:58:02	00:04:51	00:57:28	00:04:48	00:36:07		SANTIAGO DE COMPOSTELA
368	555 ÁNGEL MANUEL	VIGO GONZÁLEZ	00:58:03	00:04:51	00:57:44	00:04:49	00:36:12	CLUB MONTEPENARUBIA LUGO	LUGO
369	1260 JOSÉ MANUEL	GARCÍA LAMPON	00:58:06	00:04:51	00:56:56	00:04:45	00:37:07		AGUIÑO
370	2142 JAVIER	FERNÁNDEZ	00:58:09	00:04:51	00:57:55	00:04:50	00:35:20		ANDORRA
371	3013 MANUEL	MARIÑO ANTELO	00:58:15	00:04:52	00:57:45	00:04:49	00:37:05	GRUPO CASTROSUA	SANTIAGO
372	2815 JAVIER	CONCHEIRO CAO	00:58:21	00:04:52	00:57:28	00:04:48	00:36:32		ORDES
373	2045 OSCAR	GONZALEZ PEREZ	00:58:21	00:04:52	00:57:44	00:04:49	00:35:34		PONTEAREAS (CASCO URBANO)
374	1326 JUAN CARLOS	VAZQUEZ GAREA	00:58:22	00:04:52	00:58:09	00:04:51	00:36:34		FRADES
375	2126 JOÃO	RODRIGUES	00:58:24	00:04:52	00:58:11	00:04:51	00:36:49		BRAGA
376	2006 LUIS MANUEL	RICO PERNAS	00:58:26	00:04:53	00:57:25	00:04:48	00:37:08		BURELA
377	1754 PABLO	BARRAL BARREIRO	00:58:27	00:04:53	00:57:54	00:04:50	00:35:54		SANTIAGO DE COMPOSTELA
378	1581 ALFONSO	ARIAS GARCIA	00:58:28	00:04:53	00:57:41	00:04:49	00:37:29	ATLETISMO FONTES DO SAR	LUGO
379	2202 ALEJANDRO	NOYA IGLESIAS	00:58:30	00:04:53	00:57:22	00:04:47	00:35:53		SANTIAGO DE COMPOSTELA
380	2612 DAVID	LAMEGO NODAR	00:58:31	00:04:53	00:57:44	00:04:49	00:36:50		BOQUEIXON
381	1400 OSCAR	DOPACIO SOLIÑO	00:58:32	00:04:53	00:57:27	00:04:48	00:36:42		VIGO
382	2331 JOSÉ MANUEL	PORRAL FRAMIÑÁN	00:58:35	00:04:53	00:58:09	00:04:51	00:36:19		LALÍN
383	1991 SIMÓN	GASAMÁNS GARCÍA	00:58:36	00:04:53	00:57:58	00:04:50	00:36:26		SANTIAGO DE COMPOSTELA
384	1172 ÓSCAR	FERNÁNDEZ GUZMÁN	00:58:41	00:04:54	00:57:33	00:04:48	00:37:22		MERZA
385	1084 BRUNO	VARELA VALLADARES	00:58:42	00:04:54	00:58:03	00:04:51	00:36:33		SANXENXO
386	2379 ALEJANDRO	PEREIRAS MARTINEZ	00:58:48	00:04:54	00:58:00	00:04:50	00:36:52		A ESTRADA
387	438 PABLO	GÓMEZ ZAS	00:58:51	00:04:55	00:58:06	00:04:51	00:36:37	CAMISETASLUGO.COM	LUGO
388	1344 FERNANDO	BUIDE DEL REAL	00:58:53	00:04:55	00:58:05	00:04:51	00:37:22		SANTIAGO DE COMPOSTELA
389	2112 MARCOS J.	GÓMEZ ROMÁN	00:58:54	00:04:55	00:58:20	00:04:52	00:36:53		VILALBA
390	1281 GUSTAVO	SERANTES RIVAS	00:58:55	00:04:55	00:58:13	00:04:52	00:37:03		VILLAGARCIA
391	2149 DAVID	QUINTÁNS LAGO	00:58:55	00:04:55	00:58:01	00:04:51	00:37:19		AMES
392	768 MARCELINO	RIVAS POMBO	00:58:55	00:04:55	00:58:21	00:04:52	00:36:53	NOSPORTLIMIT	SANTA COMBA
393	2171 IVAN	FIGUEIRAS ZARAUZA	00:58:56	00:04:55	00:58:21	00:04:52	00:35:26		SANTIAGO DE COMPOSTELA
394	548 ALEJANDRO	GONZALEZ MONTERO	00:58:58	00:04:55	00:58:38	00:04:54	00:36:45	CLUB MONTEPENARUBIA LUGO	LUGO
395	2024 ALBERTO	REY BLANCO	00:58:58	00:04:55	00:58:33	00:04:53	00:36:58		TEO
396	2280 DAVID	FRAGUA	00:59:03	00:04:56	00:58:08	00:04:51	00:38:22		LESTROVE
397	2493 MIGUEL	FARIÑA CORES	00:59:07	00:04:56	00:57:50	00:04:50	00:37:38		VILAGARCIA DE AROUSA
398	3072 OSCAR	SANCHEZ CANEDA	00:59:09	00:04:56	00:58:17	00:04:52	00:37:20	CLUB ATLETISMO O PINO	TOURO
399	2141 PATXI	MOVILLA BLANCO	00:59:13	00:04:57	00:58:54	00:04:55	00:36:54		BILBAO
400	2255 LUIS ANGEL	BODELO VEIRAS	00:59:16	00:04:57	00:58:01	00:04:51	00:39:12		ORDES
401	2323 JULIO	SANCHEZ CRESPO	00:59:17	00:04:57	00:58:48	00:04:54	00:37:56		SANTIAGO DE COMPOSTELA

402	1752 ANTONIO JOSÉ	LEIRAS MARTÍNEZ	00:59:18	00:04:57	00:58:34	00:04:53	00:38:05	HERCULES ATLETISMO	VIVEIRO
403	1399 JAVIER	SUÁREZ GIADAS	00:59:18	00:04:57	00:59:11	00:04:56	00:36:11		TOURO
404	2047 DAVID	GONZÁLEZ ÁLVAREZ	00:59:23	00:04:57	00:58:42	00:04:54	00:36:52		SALAS
405	1286 ALEJANDRO	VILLAR PICHEL	00:59:23	00:04:57	00:58:44	00:04:54	00:37:21		PONTEVEDRA
406	2652 MANUEL	GARCÍA TORRE	00:59:30	00:04:58	00:58:38	00:04:54	00:37:23		VEDRA
407	1383 DIEGO	LOPEZ RODRIGUEZ	00:59:30	00:04:58	00:58:47	00:04:54	00:38:06		LUGO
408	2818 MARCOS	MARTÍNEZ LAREO	00:59:33	00:04:58	00:59:23	00:04:57	00:36:25		SANTIAGO
409	2477 IVAN	FLORES VAZQUEZ	00:59:35	00:04:58	00:58:26	00:04:53	00:37:33		LUGO
410	2367 JOSE MIGUEL	VAZQUEZ GONZALEZ	00:59:36	00:04:58	00:59:06	00:04:56	00:36:47		NOYA
411	2357 CÉSAR	VARELA VALLADARES	00:59:38	00:04:59	00:58:57	00:04:55	00:37:10		SANXENXO
412	2800 ALEJANDRO	GOMEZ PARRADO	00:59:38	00:04:59	00:58:40	00:04:54	00:38:18		BARCELONA
413	2453 DAVID	FERNANDEZ BLANCO	00:59:38	00:04:59	00:58:20	00:04:52	00:37:17		ZAS
414	612 SERXIO	SOUTO	00:59:41	00:04:59	00:58:30	00:04:53	00:37:29	DRUNK RUNNERS	SANTIAGO
415	1154 FRANCISCO	GARCIA TEIJEIRO	00:59:42	00:04:59	00:59:09	00:04:56	00:37:31		FENE
416	2035 FERNANDO	PUÑAL ETCHEVERS	00:59:43	00:04:59	00:58:46	00:04:54	00:37:17		SANTIAGO
417	1242 JOSÉ LUIS	PANIAGUA FERNÁNDEZ	00:59:46	00:04:59	00:58:49	00:04:55	00:37:32		SANTIAGO DE COMPOSTELA
418	1264 JUAN CARLOS	MATO MORADO	00:59:46	00:04:59	00:58:44	00:04:54	00:38:42		CABANA
419	2066 MARCOS	MARTÍNEZ IGLESIAS	00:59:48	00:04:59	00:58:59	00:04:55	00:37:15		SANTIAGO DE COMPOSTELA
420	2262 JUAN	JIMENEZ ALVAREZ	00:59:49	00:05:00	00:59:20	00:04:57	00:37:56		OURENSE
421	2839 SAMUEL	PRIETO GARCÍA	00:59:49	00:05:00	00:59:10	00:04:56	00:37:52		VIVEIRO
422	2353 ALBERTO	LOPEZ FILGUEIRAS	00:59:51	00:05:00	00:59:06	00:04:56	00:37:54		FERROL
423	1658 IVAN	TENREIRO RECOUSO	00:59:52	00:05:00	00:59:08	00:04:56	00:38:06	CLUB ATLETISMO SADA	MIÑO
424	3020 LUIS ANDRES	TUBIO	00:59:53	00:05:00	00:59:23	00:04:57	00:36:50	GRUPO CASTROSUA	VILLAGARCIA
425	2316 MANUEL	SUAREZ TABOADA	00:59:54	00:05:00	00:59:18	00:04:57	00:37:20		RIANXO
426	1914 CARLOS	VIEITO SÁNCHEZ	00:59:55	00:05:00	00:58:54	00:04:55	00:37:05	SIGUEME SI PUEDES	NARÓN
427	683 DAVID	DOMINGUEZ REY	00:59:56	00:05:00	00:59:42	00:04:59	00:36:57		TAPIA
428	1593 MIGUEL	CIBREIRO MENDEZ	01:00:01	00:05:01	00:59:52	00:05:00	00:37:11	AZERVAÑAN	SILLEDA
429	2443 DANIEL	GONZÁLEZ VILAS	01:00:03	00:05:01	00:59:20	00:04:57	00:37:42		BOIRO
430	2297 CRISTÓBAL	LINARES JUANATEY	01:00:05	00:05:01	00:59:59	00:05:00	00:37:18		SANTIAGO DE COMPOSTELA
431	1187 JAVIER	GARCÍA VARELA	01:00:13	00:05:02	00:58:59	00:04:55	00:38:46		CULLEREDO
432	2089 RAMON	CASTRO PENA	01:00:18	00:05:02	00:59:42	00:04:59	00:37:46		SANTIAGO DE COMPOSTELA
433	1661 RENATO	RIVAS LOPEZ	01:00:19	00:05:02	00:59:33	00:04:58	00:37:51	CLUB ATLETISMO SADA	A CORUÑA
434	2178 MARCOS	MORENO PEREZ	01:00:20	00:05:02	01:00:06	00:05:01	00:37:23		AVILA
435	717 ROBERTO	VIDELA OUTEIRAL	01:00:22	00:05:02	00:59:26	00:04:58	00:38:49	MILER RUNNING CLUB	NOIA
436	2533 MIGUEL	MATO OUTEIRO	01:00:24	00:05:02	00:59:28	00:04:58	00:39:23		MALPICA DE BERGANTIÑOS
437	2344 CESAR	LÓPEZ HERMIDA	01:00:24	00:05:02	00:59:50	00:05:00	00:37:50		REDONDELA
438	871 JORGE	GOMEZ CEBEY	01:00:24	00:05:02	00:59:33	00:04:58	00:38:38	TAMBRE BIKE & RUNNING	SANTIAGO DE COMPOSTELA
439	2462 ALBERTO	AMIL SILVA	01:00:34	00:05:03	00:59:27	00:04:58	00:38:22		NARON
440	1817 JAVIER	PEREZ CID REBOLLEDA	01:00:35	00:05:03	00:59:42	00:04:59	00:37:57	JAVIROS TEAM	SAN SEBASTIÁN
441	2131 JOSÉ MANUEL	BLANCO HERMO	01:00:38	00:05:04	01:00:04	00:05:01	00:37:25		PALMEIRA
442	2138 AGUSTÍN	PIÑEIRO	01:00:39	00:05:04	00:59:47	00:04:59	00:38:17		MUROS
443	2314 JOSE LUIS	RODRIGUEZ RODRIGUEZ	01:00:40	00:05:04	01:00:23	00:05:02	00:37:34		CULLEREDO
444	2568 CARLOS	IGLESIAS PASTORIZA	01:00:41	00:05:04	01:00:03	00:05:01	00:38:04		SANTIAGO DE COMPOSTELA
445	2083 PABLO	GONZALEZ VAZQUEZ	01:00:41	00:05:04	01:00:15	00:05:02	00:37:19		LUGO
446	2174 MARCOS	RIAL TABOADA	01:00:44	00:05:04	01:00:03	00:05:01	00:38:16		SANTIAGO DE COMPOSTELA
447	2366 DANIEL	DE LA IGLESIA GARCIA	01:00:47	00:05:04	00:59:54	00:05:00	00:38:01		PONTEVEDRA
448	2182 JONATAN	RIVAS PEREZ	01:00:49	00:05:05	01:00:28	00:05:03	00:37:07		ALLARIZ
449	2247 DAVID	PÉREZ LÓPEZ	01:00:50	00:05:05	00:59:33	00:04:58	00:38:50		A CORUÑA
450	2092 DAVID	GERMADE MOSQUERA	01:00:52	00:05:05	00:59:41	00:04:59	00:38:22		ABEGONDO
451	2608 IVAN	PAZ GONZALEZ	01:00:53	00:05:05	01:00:06	00:05:01	00:38:31		ORENSE
452	281 LUIS	CASARES BALSA	01:00:54	00:05:05	01:00:05	00:05:01	00:39:00	ABBANCE WORLD	FERROL
453	1318 JESUS	NOVAIS PEREZ	01:00:54	00:05:05	01:00:49	00:05:05	00:38:03		SANTIAGO
454	2265 LUIS	GARCIA RIEIRO	01:00:55	00:05:05	01:00:09	00:05:01	00:39:24		BRIÓN
455	928 OSCAR	MOCIÑO FREIRE	01:00:58	00:05:05	01:00:26	00:05:03	00:38:21	XAMIRAS	CELANOVA

456	2061 JUAN	DOMATO AÑÓN	01:00:58	00:05:05	01:00:08	00:05:01	00:38:50		CORUÑA
457	2187 FRANCISCO JOSÉ	ROCHA GARCÍA	01:01:02	00:05:06	01:00:14	00:05:02	00:38:26		OZA DOS RIOS
458	1734 SERGIO	MAYO ZUBIELA	01:01:08	00:05:06	01:00:17	00:05:02	00:38:43	ESCOLA ATLÉTICA LUCENSE	OUTES
459	1390 ANXO	FERNANDEZ FERREIRO	01:01:11	00:05:06	01:00:56	00:05:05	00:38:30		ORDES
460	2251 JOSE RAMON	VAZQUEZ REY	01:01:13	00:05:07	01:00:39	00:05:04	00:37:56		TEO
461	2153 JUAN MANUEL	MONTERO BARCIA	01:01:17	00:05:07	01:00:39	00:05:04	00:38:21		ORTIGUEIRA
462	2837 PEDRO	TABOADA SANTOMIL	01:01:18	00:05:07	01:00:09	00:05:01	00:39:23		AMES
463	1743 JAVIER	ARANGUREN	01:01:18	00:05:07	01:00:10	00:05:01	00:39:02	ESTILA RUNNING CLUB	PAMPLONA
464	2959 IVAN	SANGIAO DARRIBA	01:01:20	00:05:07	01:01:05	00:05:06	00:37:46	C.D. BIOSBARDO	LUGO
465	2064 SIN DATOS DEL	DORSAL 2064	01:01:20	00:05:07	01:00:27	00:05:03	00:38:54		
466	1935 FABIÁN	SANTOS POSE	01:01:22	00:05:07	01:00:52	00:05:05	00:38:00	TERRA DE SONEIRA C.D.	VIMIANZO
467	1283 JOSE MARIA	SILOS FREIRE	01:01:25	00:05:08	01:00:45	00:05:04	00:38:53		PONTEVEDRA
468	2494 HÉCTOR	ROZAS LIÑARES	01:01:26	00:05:08	01:00:52	00:05:05	00:37:30		SANTIAGO DE COMPOSTELA
469	2686 JOSÉ MANUEL	VILLAR CANCELA	01:01:27	00:05:08	01:00:39	00:05:04	00:38:43		CORISTANCO
470	2661 ALFONSO	MÉNDEZ BEN	01:01:31	00:05:08	01:00:46	00:05:04	00:37:39		BURELA
471	546 JOSÉ CARLOS	GONZÁLEZ MONTERO	01:01:37	00:05:09	01:01:18	00:05:07	00:37:41	CLUB MONTEPENARUBIA LUGO	LUGO
472	2364 ANDRÉS	LÓPEZ RODRÍGUEZ	01:01:38	00:05:09	01:00:36	00:05:03	00:38:52		RIOTORTO
473	1781 MIGUEL	PEREZ DE JUAN BURGOS	01:01:39	00:05:09	01:00:35	00:05:03	00:38:52		OURENSE
474	2059 ADRIÁN	CARBALLEIRA PUÑAL	01:01:41	00:05:09	01:00:59	00:05:05	00:38:24		SANTIAGO DE COMPOSTELA
475	1294 JUAN	NOYA PAMPIN	01:01:44	00:05:09	01:00:37	00:05:04	00:40:06		SANTIAGO DE COMPOSTELA
476	1549 JULIO CESAR	SAR VAZQUEZ	01:01:45	00:05:09	01:00:47	00:05:04	00:38:20	ASOCIACIÓN DEPORTIVA OLIMPIA	FISTERRA
477	1798 DAVID	NÓVOA GUEDE	01:01:47	00:05:09	01:00:17	00:05:02	00:38:05		OURENSE
478	1768 VICTOR MANUEL	ALVAREZ TABOADA	01:01:49	00:05:10	01:01:19	00:05:07	00:38:23		A CORUÑA
479	2482 PABLO	MOSQUERA SEOANE	01:01:50	00:05:10	01:00:33	00:05:03	00:41:04		SANTIAGO DE COMPOSTELA
480	2511 JAIME	MORADO PAREDES	01:01:52	00:05:10	01:00:41	00:05:04	00:39:35		NARON
481	2256 MIGUEL ÁNGEL	CANDAL PADIN	01:01:55	00:05:10	01:00:42	00:05:04	00:39:25		ORDES
482	1992 LISARDO	NÚÑEZ PARDO DE VERA	01:01:57	00:05:10	01:00:47	00:05:04	00:38:48		SANTIAGO DE COMPOSTELA
483	1782 DAVID	VILLAR VILLAR	01:02:03	00:05:11	01:01:15	00:05:07	00:38:42		A CORUÑA
484	1107 TITO	CARRIL MENDEZ	01:02:04	00:05:11	01:01:15	00:05:07	00:39:26		LA CORUÑA
485	1629 LUIS	AGUIN FERNANDEZ	01:02:06	00:05:11	01:01:27	00:05:08	00:38:33	CHISPAS	SANXENXO
486	2528 ANGEL	GRANDE SIOTA	01:02:09	00:05:11	01:01:06	00:05:06	00:38:48		ALLARIZ
487	2259 JOSÉ	LÓPEZ VÁZQUEZ	01:02:11	00:05:11	01:01:24	00:05:07	00:39:34		GINEBRA (SUIZA)
488	1780 ROBERTO	GARCIA FRAGUEIRO	01:02:12	00:05:11	01:01:25	00:05:08	00:39:23		PAZOS DE BORBEN
489	2130 RUBÉN	PEÑA LÓPEZ	01:02:15	00:05:12	01:01:17	00:05:07	00:38:47		NIGRÁN
490	2180 ALVARO	VIDAL CAMPAÑA	01:02:17	00:05:12	01:01:34	00:05:08	00:39:03		BOIRO
491	2322 IGNACIO	REVILLA ORTIZ	01:02:19	00:05:12	01:01:49	00:05:10	00:39:07		MADRID
492	2058 SEBASTIAN	MUNIN FRAGA	01:02:20	00:05:12	01:01:07	00:05:06	00:40:08		SANTIAGO DE COMPOSTELA
493	2312 ADOLFO	LOPEZ CORZON	01:02:34	00:05:13	01:01:25	00:05:07	00:40:33		SANTIAGO DE COMPOSTELA
494	2433 JESÚS	VILAS CANTELAR	01:02:43	00:05:14	01:01:34	00:05:08	00:40:02		A CORUÑA
495	2302 JUAN	BLANCO FERNANDEZ	01:02:46	00:05:14	01:02:25	00:05:13	00:38:19		BOQUEIXON
496	2205 ERNESTO	SANTIAGO LIJO	01:02:52	00:05:15	01:02:10	00:05:11	00:38:51		SANTIAGO DE COMPOSTELA
497	2801 MARCOS	VIEITES GONZALEZ	01:02:54	00:05:15	01:01:55	00:05:10	00:39:02		SANTIAGO
498	2529 JOSE	OREIRO PEREZ	01:02:56	00:05:15	01:02:14	00:05:12	00:38:29		CARNOTA
499	2502 FRANCISCO JAVIER	BERMÚDEZ CERQUEIRO	01:02:57	00:05:15	01:02:06	00:05:11	00:40:24		A CORUÑA
500	2333 DAVID	DE LA TORRE VÁZQUEZ	01:03:00	00:05:15	01:02:02	00:05:11	00:39:20		PONTEVEDRA
501	2463 JUAN JOSÉ	DAPENA GÓMEZ	01:03:00	00:05:15	01:02:04	00:05:11	00:39:09		SANTIAGO DE COMPOSTELA
502	2643 PABLO	BLANCO TEJEIRO	01:03:10	00:05:16	01:02:32	00:05:13	00:39:33		VILARIÑO DAS POLDRAS
503	2393 JORGE LUIS	ABELENDA TRIGO	01:03:11	00:05:16	01:01:51	00:05:10	00:39:58		MAL
504	1829 ALEJANDRO	ALVAREZ RODRÍGUEZ	01:03:13	00:05:17	01:01:52	00:05:10	00:40:15	LEONES RUNNING TEAM	A CORUÑA
505	2520 MILLÁN	GÓMEZ PÉREZ	01:03:20	00:05:17	01:02:51	00:05:15	00:39:52		LUGO
506	2095 RAMON	RODRIGUEZ ROCA	01:03:22	00:05:17	01:02:28	00:05:13	00:41:13		A CORUÑA
507	2435 ANDRÉS	PAZOS TRONCEDA	01:03:24	00:05:17	01:02:45	00:05:14	00:39:19		CARACAS- VENEZUELA
508	348 DIEGO	PAZOS SAÍNZA	01:03:25	00:05:18	01:03:03	00:05:16	00:39:14	ATLETISMO FONTES DO SAR	LAZKAO
509	895 BORJA	COVELO PEREZ	01:03:26	00:05:18	01:02:15	00:05:12	00:40:04	TRIATHLON MOTOBIKE	VIGO

510	2311 RUBEN DARIO	GARCIA MATOS	01:03:28	00:05:18	01:02:45	00:05:14	00:39:09		A CORUÑA
511	1795 JESUS MANUEL	LOPEZ FANDIÑO	01:03:30	00:05:18	01:02:33	00:05:13	00:39:57		RIPOLL (GERONA)
512	1304 JORGE	PAZ CALO	01:03:31	00:05:18	01:03:18	00:05:17	00:38:30		RIVEIRA
513	2590 ROBERTO	SUAREZ ALFONSO	01:03:31	00:05:18	01:02:09	00:05:11	00:41:01		SANTIAGO
514	591 ISMAEL	ROMERO SABORIDO	01:03:35	00:05:18	01:02:43	00:05:14	00:40:01	CLUBE DE REMO CABO DA CRUZ	BOIRO
515	1126 FRANCISCO JAVIER	LAMEIRO LÓPEZ	01:03:40	00:05:19	01:02:30	00:05:13	00:39:37		PONTEVEDRA
516	1777 DIEGO LUIS	LEÓN REQUEIJO	01:03:45	00:05:19	01:02:43	00:05:14	00:40:31		SANTIAGO DE COMPOSTELA
517	2910 SIN DATOS DEL	DORSAL 2910	01:03:47	00:05:19	01:02:53	00:05:15	00:40:01		
518	2383 RAFAEL	SABUCEDO MARTINEZ	01:03:54	00:05:20	01:02:52	00:05:15	00:40:26		VIGO
519	2457 ALEJANDRO	PAZOS SÁNCHEZ	01:03:58	00:05:20	01:02:57	00:05:15	00:41:03		A CORUÑA
520	2145 RAMÓN	MARIÑO GONZÁLEZ	01:04:00	00:05:20	01:03:03	00:05:16	00:40:57		OURENSE
521	2204 FELIPE	CARBON SUEIRO	01:04:03	00:05:21	01:03:09	00:05:16	00:39:38		A ESTRADA
522	3004 RAMON	BARREIRO VAZQUEZ	01:04:04	00:05:21	01:03:02	00:05:16	00:41:45	GRUPO CASTROSUA	BOQUEIXON
523	2293 ISMAEL	RODRÍGUEZ FERNÁNDEZ	01:04:08	00:05:21	01:03:06	00:05:16	00:39:29		VIGO
524	1252 JOSE LUIS	CEREIJO BLANCO	01:04:18	00:05:22	01:03:55	00:05:20	00:38:45		LOUSAME
525	2289 CÉSAR	SEÑORÁNS CRESPO	01:04:26	00:05:23	01:03:10	00:05:16	00:41:11		VILAGARCIA DE AROUSA
526	2065 FIDEL	SUAREZ VAZQUEZ	01:04:28	00:05:23	01:03:55	00:05:20	00:39:48		TORDOIA
527	2720 MARCOS	OTERO COUSELO	01:04:33	00:05:23	01:03:24	00:05:17	00:41:53		SANTIAGO
528	2385 OSCAR	RUA GARCIA	01:04:34	00:05:23	01:03:24	00:05:17	00:41:47		SANTIAGO DE COMPOSTELA
529	2820 ALEJANDRO	SUÁREZ GAREA	01:04:34	00:05:23	01:03:23	00:05:17	00:41:47		SANTIAGO DE COMPOSTELA
530	2559 MARIO	MUÑOZ GALÁN	01:04:34	00:05:23	01:03:34	00:05:18	00:40:36		MADRID
531	2716 GABRIEL	NOGUEIRA MONTERO	01:04:34	00:05:23	01:03:23	00:05:17	00:41:54		SANTIAGO DE COMPOSTELA
532	2139 MARCOS	MEIRIÑO REY	01:04:38	00:05:24	01:03:55	00:05:20	00:40:35		RIBADAVIA
533	2485 ALBERTO	MIGUÉNS BLANCO	01:04:44	00:05:24	01:03:40	00:05:19	00:40:48		LOUSAME
534	761 ALVARO	LÓPEZ AMOR	01:04:49	00:05:25	01:03:30	00:05:18	00:40:07	NOSPORTLIMIT	A CORUÑA
535	2231 PABLO	PARAJÓ NEGREIRA	01:04:50	00:05:25	01:04:08	00:05:21	00:41:24		SANTIAGO
536	440 OSCAR	ALVAREZ ESTEVEZ	01:04:50	00:05:25	01:04:07	00:05:21	00:40:57	CAZAFANTASMAS TEAM	VIGO
537	1253 JONAY	SOSA RAMOS	01:04:51	00:05:25	01:03:40	00:05:19	00:40:58		LAS PALMAS
538	2324 JOSÉ ANTONIO	LIMIA IGLESIAS	01:04:55	00:05:25	01:03:25	00:05:18	00:41:22		PONTEVEDRA
539	2771 FELIX	VARELA MARTÍNEZ	01:05:05	00:05:26	01:03:57	00:05:20	00:41:23		A CORUÑA
540	2067 IAGO	SAYANS AMO	01:05:10	00:05:26	01:04:19	00:05:22	00:42:13		SANTIAGO DE COMPOSTELA
541	1414 MIGUEL	LEIS	01:05:12	00:05:26	01:04:10	00:05:21	00:41:37		BOQUEIXON
542	2574 RUBEN	RUIBAL QUINTANS	01:05:14	00:05:27	01:04:23	00:05:22	00:41:32		SANTIAGO DE COMPOSTELA
543	2400 ANDRES	PAN MORANO	01:05:18	00:05:27	01:04:48	00:05:24	00:39:53		CULLEREDO
544	1292 ESTEBAN	PIÑEIRO FIGUEIRAS	01:05:21	00:05:27	01:04:51	00:05:25	00:39:52		A CORUÑA
545	2172 DAVID	CREO VAZQUEZ	01:05:27	00:05:28	01:05:08	00:05:26	00:40:57		BOIRO
546	2665 JAVIER	GARCIA RIEIRO	01:05:34	00:05:28	01:04:56	00:05:25	00:41:29		BRION
547	379 ESTEBAN	CASTROMIL SUAREZ	01:05:35	00:05:28	01:04:25	00:05:23	00:41:14	ATLETISMO ORDES	OROSO
548	2354 CRISTIAN	CARNOTA COSTOYA	01:05:36	00:05:28	01:04:51	00:05:25	00:40:33		OROSO
549	2789 LEANDRO LUIS	MARTARELLI	01:05:36	00:05:28	01:04:41	00:05:24	00:42:29		ALEJANDRO KORN
550	2836 ALEJANDRO	POMAR ARGUBAY	01:05:37	00:05:29	01:04:28	00:05:23	00:41:59		VEDRA
551	2121 FRANCISCO GABRIEL	AGRELO RODRIGUEZ	01:05:42	00:05:29	01:04:37	00:05:24	00:39:53		CARBALLO
552	2725 ADRIAN	NAVIA GIRALDEZ	01:05:43	00:05:29	01:05:00	00:05:25	00:39:29		VILAGARCIA DE AROUSA
553	1585 JUAN	FERNÁNDEZ BALADO	01:05:45	00:05:29	01:04:58	00:05:25	00:41:00	ATLETISMO FONTES DO SAR	SANTIAGO
554	2721 JOSE MANUEL	PAZOS POSE	01:05:46	00:05:29	01:04:48	00:05:24	00:41:20		SANTIAGO DE COMPOSTELA
555	2152 JAVIER	DÍAZ FERNÁNDEZ	01:05:46	00:05:29	01:05:17	00:05:27	00:40:30		AVILÉS
556	2332 LUIS	MASA FORMOSO	01:06:02	00:05:31	01:04:54	00:05:25	00:41:54		SANTIAGO DE COMPOSTELA
557	1744 PAULO JORGE	MELO SILVA	01:06:03	00:05:31	01:05:08	00:05:26	00:41:30	FCP	MOZELOS
558	2517 BORJA	VEREA FRAIZ	01:06:04	00:05:31	01:04:56	00:05:25	00:41:54		SANTIAGO DE COMPOSTELS
559	1984 VICTOR	AREOSA NOVO	01:06:05	00:05:31	01:03:00	00:05:15	00:42:28		ZAS
560	2420 JESUS MANUEL	COUSILLAS DOURADO	01:06:07	00:05:31	01:05:46	00:05:29	00:41:02		A CORUÑA
561	1072 EMILIO	ALBELA COUTO	01:06:08	00:05:31	01:05:02	00:05:26	00:42:02		SANTIAGO
562	2649 JORGE	GÓMEZ SANDOMINGO	01:06:15	00:05:32	01:05:19	00:05:27	00:40:45		FERROL
563	2654 MANUEL	PONTE LORENZO	01:06:16	00:05:32	01:04:52	00:05:25	00:42:51		SANTIAGO DE COMPOSTELA

564	2492	DAVID	ALONSO VEGA	01:06:21	00:05:32	01:05:30	00:05:28	00:41:45		A CORUÑA
565	2403	ALVARO	RODRIGUEZ GOMEZ	01:06:22	00:05:32	01:05:11	00:05:26	00:43:10		ORORSO
566	1794	FRANCISCO JOSÉ	FERREIRO CAAMAÑO	01:06:23	00:05:32	01:05:12	00:05:26	00:41:39		FERROL
567	1642	JOSE MANUEL	BAÑA MOLEDO	01:06:26	00:05:33	01:05:36	00:05:28	00:41:45	CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	LOUSAME
568	2657	SUSO	REY LAGO	01:06:26	00:05:33	01:06:18	00:05:32	00:39:31		TOURO
569	2164	ALVARO	BAETA MARTIN	01:06:26	00:05:33	01:05:28	00:05:28	00:41:53		A CORUÑA
570	2284	ALBERTO	GRANDIO DIAZ	01:06:31	00:05:33	01:05:09	00:05:26	00:41:51		PARGA - GUITIRIZ
571	2258	ALFONSO	IGLESIAS AMORIN	01:06:32	00:05:33	01:05:28	00:05:28	00:41:24		SANTIAGO DE COMPOSTELA
572	1624	ROBERTO	IGLESIAS ROMERO	01:06:33	00:05:33	01:05:13	00:05:27	00:42:40	CD GAS NATURAL FENOSA	NOIA
573	1345	DAMIAN	RODRIGUEZ BLANCO	01:06:35	00:05:33	01:05:37	00:05:29	00:42:33		CARNOTA
574	1352	FRANCISCO JOSÉ	SUÁREZ DONO	01:06:36	00:05:33	01:06:07	00:05:31	00:40:59		SANTIAGO DE COMPOSTELA
575	2605	JOSE MANUEL	PUENTE MARTINEZ	01:06:42	00:05:34	01:05:47	00:05:29	00:42:56		A ESTRADA
576	2472	DAVID	DÍAZ PÉREZ	01:06:42	00:05:34	01:05:42	00:05:29	00:41:52		A CORUÑA
577	913	MANUEL ANGEL	ROMERO VAZQUEZ	01:06:42	00:05:34	01:05:21	00:05:27	00:43:33	VELIBIKE... CORRENDO	SANTIAGO
578	2544	OSCAR MANUEL	VILAS SUAREZ	01:06:45	00:05:34	01:06:05	00:05:31	00:41:00		SANTIAGO DE COMPOSTELA
579	2444	PABLO	RIAL ESTEVEZ	01:06:58	00:05:35	01:05:58	00:05:30	00:42:17		NIGRAN
580	2614	SIN DATOS DEL	DORSAL 2614	01:06:58	00:05:35	01:05:56	00:05:30	00:42:42		
581	2717	RUBEN	VARELA MIGUEZ	01:06:58	00:05:35	01:05:48	00:05:29	00:42:21		SANTIAGO DE COMPOSTELA
582	1952	XOAN	VÁZQUEZ LAGO	01:07:01	00:05:36	01:06:12	00:05:31	00:41:55	VELAIBIKE ...CORRENDO	MUROS
583	1826	EDUARDO JORGE	VAZQUEZ AMOR	01:07:10	00:05:36	01:05:51	00:05:30	00:41:07	LANDROBER TEAM	LA CORUÑA
584	2386	JAVI	VEIGA RODEIRO	01:07:26	00:05:38	01:06:12	00:05:31	00:43:50		SANTIAGO DE COMPOSTELA
585	2329	MANEL	PENEDO	01:07:27	00:05:38	01:06:14	00:05:32	00:43:50		BARCELONA
586	2742	SANTIAGO	PEREZ RODRIGUEZ	01:07:36	00:05:38	01:06:37	00:05:34	00:42:01		REDONDELA
587	2648	JORGE	TOURIÑO GALLARDO	01:07:36	00:05:38	01:06:55	00:05:35	00:41:42		SANTIAGO DE COMPOSTELA
588	2751	RAFAEL	GARCIA PEREZ	01:07:45	00:05:39	01:06:27	00:05:33	00:44:03		RIBADUMIA
589	2662	CARLOS ALBERTO	PENA PUGA	01:07:46	00:05:39	01:06:41	00:05:34	00:43:23		CARBALLO
590	2199	FERNANDO	LANDEIRA CASTRO	01:07:55	00:05:40	01:06:43	00:05:34	00:42:59		SANTA COMBA
591	2823	MARCOS	NÚÑEZ IGLESIA	01:08:03	00:05:41	01:06:52	00:05:35	00:41:43		SANTIAGO DE COMPOSTELA
592	1944	VICTOR	MARIÑO DA COSTA	01:08:13	00:05:42	01:07:34	00:05:38	00:41:51	ULTREIA BTT	VIGO
593	1604	RUBEN	MIRAMONTES	01:08:13	00:05:42	01:07:35	00:05:38	00:41:51	BTT ULTREIA	SANTIAGO
594	2159	REINALDO	ROUCO RIVAS	01:08:27	00:05:43	01:07:06	00:05:36	00:43:18		SANTIAGO DE COMPOSTELA
595	2675	ADRIÁN	RODRÍGUEZ LEGAZPI	01:08:32	00:05:43	01:07:15	00:05:37	00:42:29		SANTIAGO DE COMPOSTELA
596	1626	DAVID	GRILLE RIAL	01:08:33	00:05:43	01:07:12	00:05:36	00:42:46	CD GAS NATURAL FENOSA	SANTIAGO DE COMPOSTELA
597	3035	OSCAR	OTERO CASAL	01:08:46	00:05:44	01:08:04	00:05:41	00:43:11	ADECCO WIN4YOUTH	VALGA
598	3036	OVIDIO	CALVO VÁZQUEZ	01:08:46	00:05:44	01:08:03	00:05:41	00:43:10	ADECCO WIN4YOUTH	VALGA
599	2707	ROBERTO	ÁLVAREZ-PRECHOUS ÁLVAREZ	01:08:58	00:05:45	01:08:03	00:05:41	00:43:01		A CORUÑA
600	2488	JOSE LUIS	BARRAL ALVEDRO	01:09:04	00:05:46	01:08:13	00:05:42	00:44:45		A CORUÑA
601	1718	CHEMA	BERGANTIÑOS LOPEZ	01:09:07	00:05:46	01:08:21	00:05:42	00:43:48	CORRE POR BEGONTE	GUITIRIZ
602	2695	JOSÉ MANUEL	GÓMEZ FERNÁNDEZ	01:09:22	00:05:47	01:08:17	00:05:42	00:43:36		NEDA
603	1735	RUBEN	LOPEZ TEIJEIRO	01:09:26	00:05:48	01:08:43	00:05:44	00:43:41	ESCOLA ATLÉTICA LUCENSE	LUGO
604	1953	DANIEL	RIOS VAL	01:09:26	00:05:48	01:08:05	00:05:41	00:43:57	VELAIBIKE... CORRENDO	OUTES
605	2671	DIOGO	PINTO DE SOUSA	01:09:36	00:05:48	01:08:22	00:05:42	00:44:43		PORTO
606	1787	RUBÉN	VILAR VÁZQUEZ	01:09:47	00:05:49	01:08:47	00:05:44	00:45:04		LA CORUÑA
607	2534	MARCOS	SALGADO LINARES	01:09:47	00:05:49	01:08:54	00:05:45	00:44:13		OURENSE
608	2692	FRANCISCO	MANTEIGA GAGO	01:09:47	00:05:49	01:08:38	00:05:44	00:44:07		CULLEREDO
609	1683	PABLO	MONTENEGRO REY	01:09:50	00:05:50	01:09:32	00:05:48	00:42:56	CLUB MARINEDA ATLETICO	MAHON
610	2216	DAVID	GIL REY	01:10:24	00:05:52	01:09:17	00:05:47	00:43:34		SANTIAGO DE COMPOSTELA
611	2611	JULIO	EIRIZ IGLESIAS	01:10:36	00:05:53	01:09:59	00:05:50	00:43:51		SANTIAGO DE COMPOSTELA
612	3017	DIEGO	TABOADA MAREQUE	01:10:44	00:05:54	01:09:41	00:05:49	00:44:28	GRUPO CASTROSUA	SANTIAGO
613	2658	CARLOS	CORRAL FRAGA	01:10:56	00:05:55	01:09:33	00:05:48	00:45:19		FERROL
614	1746	OVIDIO	SÁNCHEZ	01:10:56	00:05:55	01:09:32	00:05:48	00:45:18	FILLOAS TEAM	PERROL
615	1909	MARIO	RODRIGUEZ ABOY	01:11:03	00:05:56	01:10:23	00:05:52	00:43:17	SAUNIER DUVAL	ROIS
616	1792	JAVIER	FERNANDEZ CALVO	01:11:11	00:05:56	01:10:12	00:05:51	00:44:40		PONTEDEUME
617	2274	SANTIAGO MANUEL	VILAR BLANCO	01:11:12	00:05:56	01:10:09	00:05:51	00:45:34		SANTIAGO DE COMPOSTELA

618	2663	ANTONIO	BLANCO GOMEZ	01:11:13	00:05:57	01:10:04	00:05:51	00:45:33		SANTIAGO DE COMPOSTELA
619	1890	JUAN	GARCIA GAVIN	01:11:21	00:05:57	01:10:04	00:05:51	00:45:27	RAPATUNDAS	CORUÑA
620	1741	JUAN	PAMPILLÓN ALONSO DE VELAS	01:11:31	00:05:58	01:10:24	00:05:52	00:45:11	ESTILA RUNNING CLUB	MADRID
621	2664	JOSÉ ANDRÉS	RODRIGUEZ NORIEGA	01:11:34	00:05:58	01:10:34	00:05:53	00:46:27		A CORUÑA
622	2739	ISAAC	LEMUS CIBRÁN	01:11:52	00:06:00	01:11:03	00:05:56	00:44:45		CAMARIÑAS
623	2714	DANIEL	ROMAY TORRADO	01:11:53	00:06:00	01:10:55	00:05:55	00:44:35		BOIRO
624	2644	PABLO	BRENLLA NIETO	01:11:59	00:06:00	01:10:59	00:05:55	00:45:04		NEGREIRA
625	2117	CARLOS	VARELA GARCÍA	01:11:59	00:06:00	01:10:59	00:05:55	00:45:05		FREIXO
626	2209	CARLOS	LOPEZ LOPEZ	01:12:29	00:06:03	01:11:16	00:05:57	00:44:37		SANTIAGO DE COMPOSTELA
627	2673	DAVID	CASASNOVAS FERNÁNDEZ	01:12:30	00:06:03	01:11:41	00:05:59	00:45:40		LUGO
628	2697	ALBERTO	OTERO DA COSTA	01:12:33	00:06:03	01:11:29	00:05:58	00:45:03		OVIEDO
629	1420	PABLO	SEOANE CELA	01:12:37	00:06:04	01:12:04	00:06:01	00:43:22		SANTIAGO DE COMPOSTELA
630	2796	JOSÉ DAVID	LÓPEZ DARRIBA	01:12:45	00:06:04	01:11:54	00:06:00	00:44:09		SANTIAGO DE COMPOSTELA
631	2422	ANTONIO	PENA FERNANDEZ	01:12:48	00:06:04	01:11:56	00:06:00	00:43:35		MUROS
632	2237	OSCAR	MARTÍNEZ NIETO	01:12:51	00:06:05	01:12:36	00:06:03	00:45:11		ALEMANIA
633	2681	EDUARDO	BALLESTA	01:13:10	00:06:06	01:11:58	00:06:00	00:47:47		ALMERÍA
634	2563	FERNANDO	MARTÍNEZ ARRIBAS	01:13:21	00:06:07	01:12:15	00:06:02	00:47:19		LUGO
635	2573	DAVID	CELDRÁN BOUZAS	01:13:21	00:06:07	01:12:31	00:06:03	00:44:52		SANTIAGO DE COMPOSTELA
636	2805	CARLOS	NIEVES FERNANDEZ	01:13:26	00:06:08	01:12:04	00:06:01	00:44:50		ESCAIRON
637	1857	VICTOR	GARCIA VIAÑO	01:13:28	00:06:08	01:12:09	00:06:01	00:46:00	NOSPORTLIMIT	ZÜRICH
638	2558	ANDRES	MOSQUERA REY	01:13:36	00:06:08	01:12:53	00:06:05	00:45:02		SANTIAGO
639	2783	FEDERICO	FERNÁNDEZ ALONSO	01:14:09	00:06:11	01:12:58	00:06:05	00:47:47		MADRID
640	1543	CESAR	PEDREIRA SINDE	01:14:10	00:06:11	01:13:20	00:06:07	00:45:12	ANOVA RACING TEAM	PUENTE ULLA
641	1821	EMILIO	BERRIDE AMENEIRO	01:16:16	00:06:22	01:15:06	00:06:16	00:48:47	JOLOSOS	VILLAGARCIA
642	2682	IVÁN RODRIGO	BUJÁN OTERO	01:16:54	00:06:25	01:15:31	00:06:18	00:47:21		A ESTRADA
643	2638	HIGINIO	ESTÉVEZ COUTO	01:17:10	00:06:26	01:16:56	00:06:25	00:45:02		O ROSAL
644	2740	PABLO	DE LLANO NEIRA	01:17:56	00:06:30	01:16:59	00:06:25	00:50:00		SANTIAGO
645	2700	MARTIN	GARCÍA PIÑEIRO	01:18:18	00:06:32	01:17:25	00:06:28	00:49:18		VILLALBA
646	2374	DAVID	LAHOZ FERNANDEZ	01:18:57	00:06:35	01:18:09	00:06:31	00:49:18		SANTIAGO DE COMPOSTELA
647	236	SIN DATOS DEL	DORSAL 236	01:19:02	00:06:36	01:18:50	00:06:35	00:48:01		
648	2787	JOSÉ ANTONIO	VIAÑO GONZÁLEZ	01:19:03	00:06:36	01:18:19	00:06:32	00:41:17		TORDOIA
649	1610	DAVID	NOGUEIRA BOUZAS	01:19:19	00:06:37	01:17:57	00:06:30	00:49:39	C.D. SAN PAIO	A ESTRADA
650	2042	SERGIO ADRIÁN	MARINANGELI	01:19:51	00:06:40	01:18:44	00:06:34	00:49:08		ARGENTINA
651	2704	MIGUEL	AYUDE	01:20:16	00:06:42	01:19:39	00:06:39	00:50:04		PONTEVEDRA
652	1878	SERGIO	LÓPEZ REY	01:20:30	00:06:43	01:19:11	00:06:36	00:50:02	PATUKOS TIM RANIN	A CORUÑA
653	2670	JOAO	LOPES	01:20:41	00:06:44	01:19:26	00:06:38	00:50:11		PORTO
654	336	SIN DATOS DEL	DORSAL 336	01:21:06	00:06:46	01:19:51	00:06:40	00:49:56		
655	2777	RUBÉN	DA SILVA IGLESIAS-MOREIRA	01:23:02	00:06:56	01:22:16	00:06:52	00:51:56		VIGO
656	2767	DIEGO	GARCIA HERIAS	01:25:35	00:07:08	01:24:21	00:07:02	00:51:24		A CORUÑA

MSAM MÁSTE Inscritos: 1006 Llegados: 870

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	86	JUAN ANTONIO	GUDE VILA	00:39:08	00:03:16	00:39:07	00:03:16	00:24:02	CLUB MONTEPENARUBIA LUGO	RIVEIRA
2	57	NEMESIO	LÓPEZ FERNÁNDEZ	00:40:43	00:03:24	00:40:41	00:03:24	00:25:23	CLUB ATLETISMO FONTES DO SAR	OURENSE
3	125	XABIER	DÍAZ FERNÁNDEZ	00:41:08	00:03:26	00:41:07	00:03:26	00:25:39	LUCUS CAIXA RURAL GALEGA	BARCELONA
4	208	RUBEN	LIÑARES ARAN	00:41:23	00:03:27	00:41:22	00:03:27	00:25:45		SANTIAGO DE COMPOSTELA
5	2966	MANUEL	BELINHA	00:41:24	00:03:27	00:41:20	00:03:27	00:25:47	GRUPO DESPORTIVO SAO PAIO DE OLEIROS	SANTA MARIA DA FEIRA
6	41	ANGEL	MACEIRAS LAGO	00:41:58	00:03:30	00:41:57	00:03:30	00:25:55	ATLETISMO SAR VERMU-PETRONI	MUROS
7	750	JOSE CARLOS	BUJAN OTERO	00:42:25	00:03:33	00:42:23	00:03:32	00:26:09	NOITEBRA FC	SANTIAGO DE COMPOSTELA
8	151	JAVIER	SEOANE PUGA	00:42:35	00:03:33	00:42:34	00:03:33	00:25:56	OS MUDITOS	CARBALLO
9	192	GONZALO	GONZÁLEZ PIÑEIRO	00:42:37	00:03:34	00:42:37	00:03:34	00:26:21	TRIATLÓN RÍAS BAIXAS	PONTEVEDRA
10	254	FELIPE	MIGUENS GASAMANES	00:42:39	00:03:34	00:42:37	00:03:34	00:26:14		PONTECESURES
11	171	MANUEL OLIVER	PÉREZ LÓPEZ	00:42:52	00:03:35	00:42:52	00:03:35	00:26:41	SAR-VERMU PETRONI	BASILEA
12	134	SÉRGIO	AZEVEDO	00:42:55	00:03:35	00:42:55	00:03:35	00:26:23	MUNICÍPIO DE CASTRO DAIRE	CASTELO DE PAIVA

13	72 JAVIER	CAMPOS SUÁREZ	00:42:57	00:03:35	00:42:56	00:03:35	00:26:29	CLUB ATLETISMO SANTIAGO	RIVEIRA
14	160 NOEL	FERNÁNDEZ MARCOS	00:43:16	00:03:37	00:43:14	00:03:37	00:26:49	RUNAWAYS	RIBADEO
15	84 JUAN JOSE	ALVAREZ CURES	00:43:16	00:03:37	00:42:23	00:03:32	00:27:03	CLUB DEPORTIVO VAGALUME ENERGÍA	CARBALLO
16	214 FERNANDO	BERNAL LOPEZ	00:43:26	00:03:38	00:43:25	00:03:38	00:26:50		SANTIAGO DE COMPOSTELA
17	97 ÁNGEL	FAGILDE FANDIÑO	00:43:34	00:03:38	00:43:33	00:03:38	00:26:55	CLUB USC	SANTIAGO DE COMPOSTELA
18	2977 JOSÉ LUIS	VALIÑA MENDEZ	00:43:36	00:03:38	00:43:35	00:03:38	00:26:42	VERXEL NUTRICIÓN DEPORTIVA	A PASTORIZA
19	112 DAVID	CANO CONESA	00:43:52	00:03:40	00:43:49	00:03:40	00:27:01	CORREDORES POPULARES ARMADA FERROL	CARTAGENA
20	165 JOSE	NAVARRO ANTON	00:44:04	00:03:41	00:44:03	00:03:41	00:27:15	S.D. BARBANTIA RODA	LEON
21	92 ALBERTO	DOPAZO MÍGUEZ	00:44:04	00:03:41	00:44:01	00:03:41	00:27:28	CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA
22	2530 JOSE MANUEL	PRIETO SOUTO	00:44:14	00:03:42	00:44:11	00:03:41	00:27:13		A CORU
23	78 JUAN FRANCISCO	FERNANDEZ LIJO	00:44:14	00:03:42	00:44:13	00:03:42	00:27:28	CLUB DE BOXEO EL CANARIO	RIBEIRA
24	60 ARTURO	RAMOS FERROL	00:44:20	00:03:42	00:44:18	00:03:42	00:27:30	CLUB ATLETISMO MILLADOIRO	SANTA COMBA
25	172 JOSE ANTONIO	GOMEZ RIOS	00:44:22	00:03:42	00:44:19	00:03:42	00:27:47	SAR-VERMU PETRONI	NOIA
26	691 DAVID	COUTINHO	00:44:31	00:03:43	00:44:19	00:03:42	00:27:54	JOBRA-ASSOCIAÇÃO DE JOVENS DA BRANCA	ALBERGARIA-A-VELHA
27	220 JUAN	GARCIA FANDIÑO	00:44:33	00:03:43	00:44:31	00:03:43	00:27:40		SANTIAGO DE COMPOSTELA
28	116 JUAN LUIS	RUIZ BUJAN	00:44:34	00:03:43	00:44:32	00:03:43	00:27:54		CORUÑA
29	50 MANUEL	CABALEIRO CALVEIRO	00:44:35	00:03:43	00:44:32	00:03:43	00:27:39	CDM XESTEIRAS	PONTEVEDRA
30	255 JACOBO	ANAYA FERNÁNDEZ-ALBOR	00:44:43	00:03:44	00:44:41	00:03:44	00:28:06		SANTIAGO DE COMPOSTELA
31	342 CRISTÓBAL	DAFONTE DIEGUEZ	00:44:48	00:03:44	00:44:45	00:03:44	00:27:43	ATLETISMO DEZA	FRANCIA
32	162 JORDI	CARRASCO NUÑEZ	00:44:59	00:03:45	00:44:58	00:03:45	00:27:51	RUNGALICIA	MORAÑA
33	105 ENRIQUE	GOCE PEREIRA	00:45:03	00:03:46	00:44:57	00:03:45	00:28:18	CLUBE ATLETISMO SAR	BAIONA
34	174 ALBERTO	RODRIGUEZ PEREZ	00:45:04	00:03:46	00:44:58	00:03:45	00:28:18	SAR-VERMU PETRONI	PADRON
35	744 FRANCISCO JAVIER	MASEDA CARBALLO	00:45:04	00:03:46	00:44:58	00:03:45	00:28:08	NO SPORT LIMIT	LUGO
36	164 LUIS ANTONIO	PIÑEIRO LOPEZ	00:45:06	00:03:46	00:45:03	00:03:46	00:27:54	S.D. BARBANTIA RODA	POBRA DO CARAMIÑAL
37	143 JORGE MANUEL	GARCIA RODRIGUEZ	00:45:06	00:03:46	00:45:05	00:03:46	00:27:46	NOITEBRA FC	PONTEVEDRA
38	3061 JUAN	CASTIÑEIRA ROMERO	00:45:10	00:03:46	00:45:07	00:03:46	00:27:58		CEE
39	168 JAPI	BAAMONDE ARUFE	00:45:30	00:03:48	00:45:28	00:03:48	00:28:11	SAR VERMÚ-PETRONI	NOIA
40	46 ELOY	CAMPOS DACOSTA	00:45:41	00:03:49	00:45:40	00:03:49	00:28:11	C.D. AURUM	CUDEIRO
41	26 FERNANDO	VAZQUEZ ARES	00:45:41	00:03:49	00:45:38	00:03:49	00:28:12	ATLETAS DE ACEA DE AMA	CAMBRE
42	540 JUAN	ELOSUA CAPELLAN	00:45:43	00:03:49	00:45:34	00:03:48	00:28:16	CLUB DEPORTIVO VAGALUME ENERGÍA	LOGROÑO
43	96 PEDRO PABLO	OUTERELO COUSIÑO	00:45:53	00:03:50	00:45:32	00:03:48	00:29:04	CLUB TRIATLON VILAGARCIA	VIGO
44	227 ANTONIO JOSÉ	CASTRO AREA	00:46:05	00:03:51	00:45:52	00:03:50	00:29:06		ORTIGUEIRA
45	937 HÉCTOR	CAJARAVILLE ARAÚJO	00:46:10	00:03:51	00:46:02	00:03:51	00:28:45		SANTIAGO DE COMPOSTELA
46	246 EDUARDO	AMEAL LORENZO	00:46:21	00:03:52	00:46:15	00:03:52	00:28:43		CATOIRA
47	221 ROBERTO	SOUSA FERNANDEZ	00:46:22	00:03:52	00:46:21	00:03:52	00:28:51		VIGO
48	350 JOSE ANTONIO	JUANATEY PÉREZ	00:46:28	00:03:53	00:46:25	00:03:53	00:29:03	ATLETISMO FONTES DO SAR	NOIA
49	373 ÁNGEL	PIÑEIRO GUILLÉN	00:46:30	00:03:53	00:46:27	00:03:53	00:28:33	ATLETISMO MILLADOIRO	SANTIAGO
50	3029 JUAN CARLOS	MARTÍNEZ VALVERDE	00:46:34	00:03:53	00:46:32	00:03:53	00:28:48	VERXEL NUTRICIÓN DEPORTIVA	ORDES
51	43 JUAN DIEGO	VAZQUEZ REMIGIO	00:46:38	00:03:54	00:46:36	00:03:53	00:28:55	C.A. RIA DE AROUSA, O GROVE	O GROVE
52	139 ÓSCAR	VALLE LOPEZ	00:46:42	00:03:54	00:46:40	00:03:54	00:28:48	NOITEBRA	TEO
53	142 RICARDO	VILLAR RODRIGUEZ	00:46:42	00:03:54	00:46:40	00:03:54	00:28:47	NOITEBRA FC	SANTA COMBA
54	648 JUAN	LANDEIRA SAAVEDRA	00:46:44	00:03:54	00:46:35	00:03:53	00:29:26		SANTIAGO DE COMPOSTELA
55	76 JOSE MANUEL	TEIJEIRO IGLESIAS	00:46:44	00:03:54	00:46:42	00:03:54	00:28:53	CLUB CASTRO DE LOBADIZ	NARON
56	344 RAMON	GARCIA TEIRA	00:46:49	00:03:55	00:46:45	00:03:54	00:29:40	ATLETISMO FONTES DO SAR	POBRA DO CARAMIÑAL
57	248 EMILIO	RÚA VAAMONDE	00:46:50	00:03:55	00:46:46	00:03:54	00:28:59		VERÍN
58	365 JOSE MANUEL	CAO GARCÍA	00:46:50	00:03:55	00:46:43	00:03:54	00:29:41	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
59	3053 MÁRIO	RODRIGUEZ	00:46:51	00:03:55	00:46:44	00:03:54	00:29:22	CLUBE OS BRAGUINHAS	BRAGA
60	37 JOSE ANTONIO	GONTAN CASTRO	00:46:52	00:03:55	00:46:45	00:03:54	00:29:41	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
61	102 FILIPE	FONTES	00:46:52	00:03:55	00:46:50	00:03:55	00:29:08	CLUBE ATLETISMO LAMAS	SANTA MARIA DA FEIRA
62	103 JOSE	BUJAN GONZALEZ	00:46:53	00:03:55	00:46:43	00:03:54	00:29:06	CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
63	747 RAFAEL	CABO LANDEIRA	00:46:54	00:03:55	00:46:52	00:03:55	00:28:48	NOITEBRA FC	SANTIAGO DE COMPOSTELA
64	166 ALBERTO	VÁZQUEZ TUBIO	00:46:57	00:03:55	00:46:53	00:03:55	00:29:21	S.D.BARBANTIA RODA	BOIRO
65	961 ALEJANDRO	REINO RÍO	00:46:59	00:03:55	00:46:53	00:03:55	00:29:02		RIBEIRA
66	984 JESUS	GARCIA IGLESIAS	00:47:00	00:03:55	00:46:49	00:03:55	00:29:08		VEDRA

67	122	JUAN JESUS	BARRAL VARELA	00:47:10	00:03:56	00:47:01	00:03:56	00:29:04	LA GRAMOLA GTR	SANTIAGO
68	878	BERNARDO	DURAN DURAN	00:47:11	00:03:56	00:47:11	00:03:56	00:29:21	TANINOS RUNNERS PONTEAREAS	LAS NIEVES
69	265	JAVIER	PÉREZ RODRÍGUEZ	00:47:11	00:03:56	00:46:57	00:03:55	00:29:33	3&RUN BY PEDRO NIMO	SANTIAGO
70	1366	FRANCISCO	CASÁS SABARIS	00:47:17	00:03:57	00:46:38	00:03:54	00:29:35		PONTEVEDRA
71	409	GERARDO	PEREZ PRIETO	00:47:20	00:03:57	00:47:14	00:03:57	00:29:16	C. A. CAMBADOS S. SOVAL	CAMBADOS
72	649	JAVIER	ARIAS DE LA VEGA	00:47:21	00:03:57	00:47:10	00:03:56	00:29:44		MONFORTE DE LEMOS
73	946	PABLO	AYASO SAINZ	00:47:28	00:03:58	00:47:27	00:03:58	00:29:26		RIVEIRA
74	965	CARLOS	CASTRILLON CRESPO	00:47:32	00:03:58	00:47:24	00:03:57	00:29:40		LA CORUÑA
75	814	ANTON	GOMEZ POMBO	00:47:34	00:03:58	00:47:31	00:03:58	00:29:29	REAL CLUB CELTA DE ATLETISMO	VIGO
76	218	MANUEL	FERNANDEZ GUTIERREZ	00:47:37	00:03:59	00:47:34	00:03:58	00:29:18		LUGO
77	824	FRANCISCO JAVIER	GONZÁLEZ LEDO	00:47:41	00:03:59	00:47:36	00:03:58	00:29:39	RUNNING OLEIROS	A CORUÑA
78	469	RUBÉN	GARCÍA PIÑEIROA	00:47:41	00:03:59	00:47:32	00:03:58	00:29:42	CLUB ATLETISMO LOURENZÁ	LOURENZÁ
79	854	JULIÁN	PÉREZ DURÁN	00:47:42	00:03:59	00:47:30	00:03:58	00:29:41	SIGUEME SI PUEDES	SALAMANCA
80	417	RICARDO	OTERO QUINTANA	00:47:46	00:03:59	00:47:41	00:03:59	00:29:22	C.A.R. MARISQUEIRO	PONTEVEDRA
81	421	ROBERTO	GONZALEZ GARCÍA	00:47:47	00:03:59	00:47:31	00:03:58	00:30:18	C.D. BIOSBARDO	LA ROBLA (LEÓN)
82	39	MARCOS	TARRIO MARTINEZ	00:47:49	00:04:00	00:47:44	00:03:59	00:29:14	ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
83	531	RAMSÉS	TORRES BARREIROS	00:47:50	00:04:00	00:47:46	00:03:59	00:30:01	CLUB DEPORTIVO AURUM	OURENSE
84	841	BALTASAR	FIGUEIRAS MARTINEZ	00:47:56	00:04:00	00:47:45	00:03:59	00:30:01	SAR-VERMU PETRONI	MUROS
85	1370	JAVIER	BLANCO BLANCO	00:47:57	00:04:00	00:47:49	00:04:00	00:29:26		A CORUÑA
86	441	TOMÁS	SEOANE MUÑIZ	00:47:58	00:04:00	00:47:51	00:04:00	00:29:51	CD RIA DE AROUSA	MEAÑO
87	215	RAMÓN	CANOSA CASTIÑEIRA	00:48:05	00:04:01	00:48:03	00:04:01	00:28:50		CEE
88	987	JAVIER	CUPEIRO FRADE	00:48:06	00:04:01	00:47:54	00:04:00	00:29:51		A CORUÑA
89	938	GONZALO	PUENTE GOMEZ	00:48:12	00:04:01	00:48:08	00:04:01	00:29:55		SANTIAGO DE COMPOSTELA
90	66	CESAR	TABOADA MILLAN	00:48:13	00:04:02	00:48:09	00:04:01	00:30:16	CLUB ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
91	706	GERARDO	RAPOSO BUJAN	00:48:15	00:04:02	00:48:13	00:04:02	00:29:50	LUCUS CAIXA RURAL GALEGA	COSPEITO LUGO
92	997	JOSÉ	PARDO MIRA	00:48:16	00:04:02	00:48:13	00:04:02	00:29:53		SANTIAGO DE COMPOSTELA
93	939	EMILIO	MARTINEZ NUÑEZ	00:48:16	00:04:02	00:48:11	00:04:01	00:30:16		LUGO
94	44	MIGUEL ANGEL	MARTINEZ NIETO	00:48:18	00:04:02	00:48:14	00:04:02	00:29:49	C.A.O. - CLUB ATLETISMO OUTES	OUTES
95	324	ELISEO	FABELLO CID	00:48:19	00:04:02	00:48:15	00:04:02	00:29:49	ATLETAS VETERANOS OURENSE	OURENSE
96	374	JOSE MANUEL	PAJARO SALAGRE	00:48:23	00:04:02	00:48:16	00:04:02	00:29:59	ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
97	29	GONZALO	MUIÑO CODESIDO	00:48:24	00:04:02	00:48:20	00:04:02	00:29:51	ATLETAS DE ACEA DE AMA	CAMBRE
98	869	ROBERTO	SENRA ALVAREZ	00:48:25	00:04:03	00:48:20	00:04:02	00:30:11	TAMBRE BIKE & RUNNING	LUCERNA SUIZA
99	1943	SALVADOR	BOO FARIÑA	00:48:26	00:04:03	00:48:01	00:04:01	00:30:23	TRIBU TRAIL	POBRA DO CARAMIÑAL
100	932	IVÁN	DIÉGUEZ BALADRÓN	00:48:28	00:04:03	00:48:12	00:04:01	00:30:33	ZEPPELIN TORGUESA FINFLOOR	OURENSE
101	816	JESÚS	VILLAVARDE LÓPEZ	00:48:34	00:04:03	00:48:25	00:04:03	00:30:26	REB DOAR	SANTIAGO DE COMPOSTELA
102	301	FAUSTINO	GARCÍA MIÑAN	00:48:35	00:04:03	00:48:27	00:04:03	00:29:56	ASOCIACIÓN DEPORTIVA C.A.R	PONTEVEDRA
103	1006	LUÍS	GÓMEZ ALDEGUNDE	00:48:40	00:04:04	00:48:30	00:04:03	00:30:17		O CORGO
104	793	JOSE	VÁZQUEZ FERNÁNDEZ	00:48:42	00:04:04	00:48:37	00:04:04	00:30:21	PATO BLANCO CELANOVA	VEREA
105	789	JOSE MANUEL	TOLEDO ESTEVEZ	00:48:43	00:04:04	00:48:39	00:04:04	00:30:24	PATO BLANCO CELANOVA	HÄGEN
106	399	ANGEL	PAZ BERMÚDEZ	00:48:45	00:04:04	00:48:36	00:04:03	00:30:28	BEARIZTRIATLÓN	A ESTRADA
107	1372	JOSE	CARBALLEIRA PUÑAL	00:48:47	00:04:04	00:48:36	00:04:03	00:30:17		SANTIAGO DE COMPOSTELA
108	403	MIGUEL	MARTÍNEZ BASURCO	00:48:48	00:04:04	00:48:37	00:04:04	00:30:34	BIERZOTRIMAN	VILLAFRANCA DEL BIERZO
109	1405	JOSÉ ANTONIO	MUIÑO CASTRO	00:48:50	00:04:05	00:48:38	00:04:04	00:30:10		TORDOIA
110	826	MIGUEL ANGEL	GOMEZ SENIN	00:48:52	00:04:05	00:48:45	00:04:04	00:30:33	RUNNING OLEIROS	VIGO
111	3059	JOSE MANUEL	POSADA VILA	00:48:54	00:04:05	00:48:42	00:04:04	00:30:33	VETERAN@S DE GALICIA	VIGO
112	1557	IVAN	VARELA BARREIRO	00:48:58	00:04:05	00:48:54	00:04:05	00:29:56	ATLETAS DE ACEA DE AMA	CULLEREDO
113	903	XOSEMARIA	RODRIGUEZ FERNANDEZ	00:48:58	00:04:05	00:48:52	00:04:05	00:30:15	TRIBU TRAIL	SANTIAGO
114	234	JOSÉ MANUEL	DEL RÍO NOYA	00:49:02	00:04:06	00:48:53	00:04:05	00:30:25		SANTIAGO DE COMPOSTELA
115	1371	JAVIER	FREAN FERNANDEZ	00:49:03	00:04:06	00:48:54	00:04:05	00:30:38		A CORUÑA
116	587	JOSE ANTONIO	LOPEZ FERNANDEZ	00:49:04	00:04:06	00:48:54	00:04:05	00:30:18	CLUBE ATLETISMO OUTES JOHN TURKEY	NOIA
117	958	MANUEL	COSTA CASTRO	00:49:05	00:04:06	00:48:54	00:04:05	00:30:38		SANTIAGO
118	999	JOSÉ RAMÓN	RODRÍGUEZ BELLO	00:49:06	00:04:06	00:49:01	00:04:06	00:30:21		SANTIAGO DE COMPOSTELA
119	1015	FERNANDO	VILLA VIEIRO	00:49:09	00:04:06	00:49:02	00:04:06	00:30:06		SANTIAGO DE COMPOSTELA
120	1007	JOSE MANUEL	FERNANDEZ GARCIA	00:49:11	00:04:06	00:48:50	00:04:05	00:30:58		25-11-1970

121	1050 CARLOS	GONZALEZ NIETO	00:49:12	00:04:06	00:49:03	00:04:06	00:30:51		ZURICH
122	337 BRUNO	PEREZ LORENZO	00:49:13	00:04:07	00:49:04	00:04:06	00:31:02	ATLETISMO BAIONA	GERARDMER-VOSGES-FRANCIA
123	1003 MIGUEL	SARABANDO GAFANHA	00:49:13	00:04:07	00:49:07	00:04:06	00:30:32		FRANCIA
124	653 JOSÉ MANUEL	CANDALES DÍAZ	00:49:13	00:04:07	00:49:06	00:04:06	00:30:20		FARNBOROUGH. (U.K)
125	446 VIDAL	DIAZ COTON	00:49:14	00:04:07	00:49:06	00:04:06	00:30:18	CDM VÉRTICE	BUENOS AIRES
126	1081 JORGE	VILA FERNANDEZ	00:49:16	00:04:07	00:49:04	00:04:06	00:30:30		ALLARIZ
127	971 MARCO ANTONIO	CARBALLEDO SALGADO	00:49:18	00:04:07	00:49:10	00:04:06	00:30:54		LUGO
128	1016 ERNESTO	FERNÁNDEZ EIRAS	00:49:19	00:04:07	00:49:09	00:04:06	00:30:15		LESTROVE
129	644 J. CARLOS	LADO TORRES	00:49:27	00:04:08	00:49:07	00:04:06	00:31:06	INCOR-AUTOVIDRIO	PORTO DO SON
130	132 OSCAR	DOMINGUEZ RODRIGUEZ	00:49:31	00:04:08	00:49:16	00:04:07	00:31:04	MTC-LOURES	OURENSE
131	3078 DAVID TOVIAS	VILLAR COUTO	00:49:33	00:04:08	00:49:20	00:04:07	00:31:03		BOQUEIXON
132	459 JOSE LUIS	FERNANDEZ CARBAJALES	00:49:34	00:04:08	00:49:31	00:04:08	00:30:43	CLUB ATLETISMO BOIMORTO	BOIMORTO
133	484 IVAN PABLO	SANMARTIN CARREIRA	00:49:36	00:04:08	00:49:19	00:04:07	00:31:09	CLUB ATLETISMO O PINO	SANTIAGO DE COMOSTELA
134	986 JUAN IGNACIO	ROSENDE AMOR	00:49:37	00:04:09	00:49:23	00:04:07	00:31:22		FERROL
135	432 ANGEL CELESTINO	ZHINGRE BERMEO	00:49:40	00:04:09	00:49:35	00:04:08	00:31:10	CAC CAMBADOS	PONTEVEDRA
136	1071 JOSE ANTONIO	SERRANO REMUIÑAN	00:49:41	00:04:09	00:49:21	00:04:07	00:31:01		CARBALLO
137	1100 JAVIER	GARCÍA GIL	00:49:43	00:04:09	00:49:16	00:04:07	00:30:54		LALÍN
138	2998 JOSE A.	FUENTES SAYAR	00:49:44	00:04:09	00:49:32	00:04:08	00:30:40	CLUB DEPORTIVO PINARIUM	MARIN
139	925 DAVID	ARIAS QUINTEIRO	00:49:46	00:04:09	00:49:29	00:04:08	00:31:38	WHERE IS THE CHANDAL?	VILAGARCIA DE AROUSA
140	1923 JOSÉ	FERREIRÓS FERNÁNDEZ	00:49:47	00:04:09	00:49:29	00:04:08	00:31:24	TARTARUGAS	SANTIAGO DE COMPOSTELA
141	466 CARLOS	BECERRA DO EJO	00:49:47	00:04:09	00:49:40	00:04:09	00:31:13	CLUB ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
142	482 JOSE TOMÁS	BUJÁN DOSIL	00:49:50	00:04:10	00:49:35	00:04:08	00:31:11	CLUB ATLETISMO NOIA	NOIA
143	477 ANTONIO	FERNANDEZ CABEZAS	00:49:51	00:04:10	00:49:27	00:04:08	00:31:23	CLUB ATLETISMO MILLARAIO	VIGO
144	2377 XACOBE	MIGUELEZ GARCIA	00:49:51	00:04:10	00:49:39	00:04:09	00:31:03		LUGO
145	353 FERNANDO	TOBIO GOMEZ	00:49:55	00:04:10	00:49:47	00:04:09	00:31:24	ATLETISMO FONTES DO SAR	VEDRA
146	1386 JOSÉ ANTONIO	RODRÍGUEZ ARTOLAZÁBAL	00:49:55	00:04:10	00:49:38	00:04:09	00:31:13		MADRID
147	492 FRANCISCO RAMON	BLANCO PAN	00:49:55	00:04:10	00:49:45	00:04:09	00:31:22	CLUB ATLETISMO OUTES - JOHN TURKEY	NOIA
148	596 PAULO	MONTEIRO	00:49:56	00:04:10	00:49:53	00:04:10	00:31:04	CONVECIDOS.COM	SANTA MARIA DA FEIRA
149	277 LUIS	PARADA GARCIA	00:49:57	00:04:10	00:49:42	00:04:09	00:31:08	AAD BARBANZA	POBRA DO CARAMIÑAL
150	981 CARLOS JESÚS	RODRIGUEZ REY	00:50:00	00:04:10	00:49:48	00:04:09	00:30:48		SANTIAGO DE COMPOSTELA
151	610 ALFONSO	GONZALEZ ABUIN	00:50:02	00:04:11	00:49:57	00:04:10	00:31:03	DEPARTAMENTO DE DEPORTES-CONCELLO DE BOIRO	RIANXO
152	240 PIO	IGLESIAS CARRERA	00:50:03	00:04:11	00:49:55	00:04:10	00:31:22		OURENSE
153	989 XIL	RODRÍGUEZ GIL	00:50:05	00:04:11	00:50:01	00:04:11	00:31:28		FOZ
154	529 JAVIER	RODRÍGUEZ RODRÍGUEZ	00:50:07	00:04:11	00:50:04	00:04:11	00:30:56	CLUB DEPORTIVO AURUM	ZÜRICH
155	1066 JOSE MANUEL	GOMEZ RICO	00:50:07	00:04:11	00:49:58	00:04:10	00:31:30		SANTIAGO DE COMPOSTELA
156	619 ALBERTO	ARIAS TORRON	00:50:09	00:04:11	00:49:59	00:04:10	00:31:17	ESCOLA ATLETICA LUCENSE	LUGO
157	292 JUAN LUIS	CARBIA MENDEZ	00:50:15	00:04:12	00:50:06	00:04:11	00:31:39	ARTROGAL-TRI498	PONTECESURES
158	1005 LUIS	TAJES CANOSA	00:50:16	00:04:12	00:50:02	00:04:11	00:30:56		CAMARIÑAS
159	856 JUAN ALBERTO	SÁNCHEZ RAMÓN	00:50:17	00:04:12	00:50:00	00:04:10	00:31:31	SÍGUEME SI PUEDES	FERROL
160	85 ALVARO	LOPEZ JACOME	00:50:17	00:04:12	00:50:10	00:04:11	00:33:18	CLUB LEONES TEAM BEER RUNNERS!!!!!!	LA CORUÑA
161	1355 RUBÉN	ROMERO ROZAS	00:50:18	00:04:12	00:50:11	00:04:11	00:31:25		SANTIAGO
162	964 FERNANDO	CASTRO PAREDES	00:50:21	00:04:12	00:50:00	00:04:10	00:32:08		TAPIA DE CASARIEGO
163	1167 EDUARDO	IGLESIAS PARDAL	00:50:24	00:04:12	00:50:16	00:04:12	00:31:37		SANTIAGO DE COMPOSTELA
164	1044 RICKY	MARTINEZ HAYNES	00:50:26	00:04:13	00:50:08	00:04:11	00:31:28		AMES
165	3030 VICENTE	SANMARTIN VIGO	00:50:26	00:04:13	00:50:21	00:04:12	00:31:29	VERXEL NUTRICIÓN DEPORTIVA	GUITIRIZ
166	2988 MIGUEL ANGEL	OCAMPO REY	00:50:26	00:04:13	00:49:59	00:04:10	00:31:32	ATLETISMO A GÁNDARA MONFORTE	VILLAGARCIA DE AROSA
167	347 JOSÉ CARLOS	GONZÁLEZ GONZÁLEZ	00:50:27	00:04:13	00:50:20	00:04:12	00:31:39	ATLETISMO FONTES DO SAR	NOYA
168	351 JOSE ANTONIO	VALIÑO CES	00:50:27	00:04:13	00:50:21	00:04:12	00:31:39	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
169	296 ALBERTO	LOPEZ GONZALEZ	00:50:30	00:04:13	00:50:11	00:04:11	00:31:24	ARTROGAL-TRI498	SANTIAGO
170	788 RICARDO	AMENEDO GONZÁLEZ	00:50:31	00:04:13	00:50:20	00:04:12	00:31:28	PASA OU ENTORNA	FERROL
171	652 DANIEL	PEREZ LOMBA	00:50:31	00:04:13	00:50:20	00:04:12	00:31:38		FERROL
172	972 JULIO	RODRÍGUEZ FERNÁNDEZ	00:50:31	00:04:13	00:50:25	00:04:13	00:31:05		SANTIAGO
173	1375 ÓSCAR	CASTRO SOUSA	00:50:32	00:04:13	00:50:13	00:04:12	00:31:30		CARTELLE
174	1377 JUAN CARLOS	FERNANDEZ CARIDE	00:50:33	00:04:13	00:50:31	00:04:13	00:31:23		OURENSE

175	1038	JUAN JOSÉ	NOYA RODRÍGUEZ	00:50:34	00:04:13	00:50:26	00:04:13	00:31:47		A BAÑA
176	453	FRANCISCO M.	MENDEZ QUINTELA	00:50:34	00:04:13	00:50:25	00:04:13	00:32:11	CHOTACABRAS 21K	SANTIAGO DE COMPOSTELA
177	1820	JOSÉ	FERREIRA	00:50:37	00:04:14	00:50:25	00:04:13	00:31:41	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	OLIVEIRA DE AZEMEIS
178	418	CARLOS	GARCÍA AMIGO	00:50:40	00:04:14	00:50:34	00:04:13	00:31:27	C.A.R. MARISQUEIRO	A CORUÑA
179	962	JUAN CARLOS	DE LA IGLESIA SOUTO	00:50:40	00:04:14	00:49:54	00:04:10	00:32:11		ALEMANIA
180	843	FRANCISCO JOSE	OLVEIRA MARTINEZ	00:50:40	00:04:14	00:50:24	00:04:12	00:31:33	SAR-VERMU PETRONI	PORTO DO SON
181	906	AITOR	IBÁÑEZ PEREIRO	00:50:41	00:04:14	00:50:15	00:04:12	00:31:57	TRIBU TRAIL	RIBEIRA
182	838	LUIS JAVIER	FERNANDEZ OTERO	00:50:45	00:04:14	00:50:27	00:04:13	00:31:55	SAR VERMU PETRONI	PADRON
183	740	JORGE	CORREAL CAGIAO	00:50:46	00:04:14	00:50:36	00:04:13	00:31:28	NEOFIT GIMNASIO	SANTIAGO DE COMPOSTELA
184	334	ADOLFO	CARBALLO PENELA	00:50:47	00:04:14	00:50:24	00:04:12	00:32:06	ATLETISMO A ESTRADA	A ESTRADA
185	830	JOSE MARIA	FERNANDEZ LOPEZ	00:50:52	00:04:15	00:50:45	00:04:14	00:32:06	RUNNING OLEIROS	A CORUÑA
186	339	JULIO	GARCÍA FACHAL	00:50:53	00:04:15	00:50:37	00:04:14	00:31:10	ATLETISMO CORUÑA COMARCA	BERGONDO
187	850	FRANCISCO	COLLAZO LORENZO	00:50:54	00:04:15	00:50:45	00:04:14	00:32:02	SERVICIO	SANTIAGO DE COMPOSTELA
188	708	CAMILO	TABOADA MARAÑIS	00:50:55	00:04:15	00:50:07	00:04:11	00:32:33	MARAÑIS	GUIPUZCUA
189	584	SAMUEL	RAMÍREZ RODRÍGUEZ	00:50:55	00:04:15	00:50:28	00:04:13	00:32:19	CLUBE ATLETISMO FENE	FENE
190	357	SANTIAGO	GOMEZ BEIRO	00:50:56	00:04:15	00:50:48	00:04:14	00:31:39	ATLETISMO FONTES DO SAR	NOYA
191	931	NACHO	BECERRA CARRIL	00:50:58	00:04:15	00:50:45	00:04:14	00:31:44	ZAPATILLA VELOZ	NOIA
192	631	JOSÉ MANUEL	CRUZ SANTOS	00:51:01	00:04:16	00:50:14	00:04:12	00:32:28	ESPRINTES OURENSE	OURENSE
193	1385	ALBERTO	ALBÁN SALGADO	00:51:02	00:04:16	00:50:50	00:04:15	00:32:19		PORTOSIN-PORTO DO SON
194	980	QUIQUE	TRIÑANES VIDAL	00:51:02	00:04:16	00:50:50	00:04:15	00:32:21		PORTO DO SON
195	628	JOAQUÍN	DIBUJA BARREIROS	00:51:03	00:04:16	00:50:18	00:04:12	00:32:28	ESPRINTES OURENSE	OURENSE
196	1028	STOIL	NIKOLOV NIKOLOV	00:51:05	00:04:16	00:51:00	00:04:15	00:31:54		BULGARIA
197	464	JESUS	LOPEZ VILLAVERDE	00:51:06	00:04:16	00:50:44	00:04:14	00:32:27	CLUB ATLETISMO ESTRADA	FORCAREI
198	662	JOSE	RUSO GIRAUT	00:51:07	00:04:16	00:50:46	00:04:14	00:31:58		NEGREIRA
199	766	RAMÓN	CARNOTA MÉNDEZ	00:51:10	00:04:16	00:50:38	00:04:14	00:32:01	NOSPORTLIMIT	A CORUÑA
200	900	MANUEL	DIZ CHAVES	00:51:12	00:04:16	00:50:49	00:04:15	00:32:48	TRIATLÓN VILAGARCÍA	VILAGARCÍA DE AROUSA
201	1222	DAMIAN	LISTE LAZARA	00:51:13	00:04:17	00:50:28	00:04:13	00:32:22		SILLEDA
202	897	ANTONIO	FERNANDEZ DURAN	00:51:16	00:04:17	00:51:09	00:04:16	00:31:57	TRIATLON COSTA DA MORTE	OURENSE
203	304	XABIER	VARELA LOPEZ	00:51:17	00:04:17	00:50:59	00:04:15	00:32:47	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
204	424	ÁNGEL	GARCÍA REY	00:51:17	00:04:17	00:51:00	00:04:15	00:32:45	C.D.CERNE	MELIDE
205	388	JOSÉ	ALONSO VEIGA	00:51:19	00:04:17	00:51:05	00:04:16	00:32:04	ATLETISMO UNIVERSIDADE DE VIGO	SALVATERRA
206	902	BERNARDO	PIÑEIRO ABALO	00:51:20	00:04:17	00:50:56	00:04:15	00:32:31	TRIATLON VILLAGARCIA	VILLAGARCÍA DE AROSA
207	896	CARLOS	MALDONADO GONZÁLEZ	00:51:20	00:04:17	00:51:04	00:04:16	00:32:11	TRIATLON ARCADE INFORHOUSE SANTIAGO	OURENSE
208	1174	JOSE MANUEL	JUNCAL SANTOS	00:51:23	00:04:17	00:51:09	00:04:16	00:31:54		TORDOIA
209	3032	MANUEL	VÁZQUEZ RAMOS	00:51:23	00:04:17	00:51:17	00:04:17	00:31:58	VERXEL NUTRICIÓN DEPORTIVA	ARANGA
210	566	GERMAN	QUIROGA ALVAREZ	00:51:34	00:04:18	00:51:28	00:04:18	00:31:49	CLUB OURENSE ATLETISMO	A TEIXEIRA - OURENSE
211	1235	JAVIER	FERNANDEZ GÓMEZ	00:51:35	00:04:18	00:51:05	00:04:16	00:32:06		COLES
212	1393	CARLOS	TORRES RIVAS	00:51:35	00:04:18	00:51:13	00:04:17	00:32:28		A ESTRADA
213	1398	MIGUEL ÁNGEL	BREA LÓPEZ	00:51:38	00:04:19	00:51:11	00:04:16	00:32:17		VILA DE CRUCES
214	861	MANUEL	PUENTE VEIGA	00:51:38	00:04:19	00:50:59	00:04:15	00:32:40	SOLORUNNERS CORUÑA	A CORUÑA
215	994	JOSÉ	FUNGUEIRIÑO RAMOS	00:51:41	00:04:19	00:51:26	00:04:18	00:32:22		TARAGOÑA
216	908	FERNANDO	VILAR RODRIGUEZ	00:51:43	00:04:19	00:51:30	00:04:18	00:32:08	UNIVERSIDAD DE SANTIAGO	SANTIAGO DE COMPOSTELA
217	1542	BENITO	PIÑEIRO ABEIJON	00:51:45	00:04:19	00:51:29	00:04:18	00:32:27	AGRUPACION DEPORTIVA ATLETES	ESTEIRO
218	1220	ALBERTO ALEJANDRO	VILLAR CONDE	00:51:46	00:04:19	00:51:32	00:04:18	00:31:58		VIGO
219	314	SIMON	LOPEZ EIROA	00:51:47	00:04:19	00:51:39	00:04:19	00:32:46	ATLETAS DE ACEA DE AMA	PERILLO. OLEIROS
220	1008	BRUNO	BERMUDEZ TAJES	00:51:48	00:04:19	00:51:40	00:04:19	00:32:21		CARNOTA
221	725	MÁRIO	RODRIGUES	00:51:49	00:04:20	00:51:44	00:04:19	00:32:11	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
222	1079	BENITO	DACAL DACAL	00:51:52	00:04:20	00:51:30	00:04:18	00:32:30		SANTIAGO DE COMPOSTELA
223	1145	LINO	ESPIÑEIRA CASTRO	00:51:53	00:04:20	00:51:40	00:04:19	00:32:20		FRADES
224	602	JOSE LUIS	FREIRE REGUEIRO	00:52:01	00:04:21	00:51:49	00:04:20	00:32:49	CORRE POR BEGONTE	RABADE
225	495	OS	FIGUEIRAS TOREA	00:52:01	00:04:21	00:51:47	00:04:19	00:32:53	CLUB ATLETISMO OUTES JOHN TURKEY	ESTEIRO
226	1392	TOMÁS	GARCÍA GALLEG0	00:52:02	00:04:21	00:51:48	00:04:19	00:32:06		A CORUÑA
227	443	LUIS	CASTRO PEITEADO	00:52:03	00:04:21	00:51:40	00:04:19	00:32:29	CDM VERTICE	VILA DE CRUCES
228	156	MANUEL	LORENZO QUEIRUGA	00:52:04	00:04:21	00:51:48	00:04:19	00:32:15	PORTO DO SON	PORTO DO SON

229	511 FELIPE	LÓPEZ PÉREZ	00:52:04	00:04:21	00:51:43	00:04:19	00:32:56	CLUB ATLETISMO SADA MONTAÑA	DEXO - OLEIROS
230	778 JACOBO	CASTRO LOPEZ	00:52:05	00:04:21	00:51:38	00:04:19	00:32:13	OMR	LUGO
231	1396 CARLOS	PIÑEIRO ESPERANTE	00:52:07	00:04:21	00:51:41	00:04:19	00:33:20		SANTIAGO
232	1137 VÍCTOR	GARCÍA RESÚA	00:52:07	00:04:21	00:51:40	00:04:19	00:32:54		BOIRO
233	660 ARTURO	ZAS MANEIRO	00:52:08	00:04:21	00:51:53	00:04:20	00:32:47		SANTIAGO
234	1568 MANUEL	SILVA CORDO	00:52:09	00:04:21	00:51:45	00:04:19	00:33:02	ATLETISMO A ESTRADA	A ESTRADA
235	52 XESUS MANUEL	SEGADE CAROU	00:52:10	00:04:21	00:52:07	00:04:21	00:32:19	CLUB ATLETISMO BOIMORTO	A CORUÑA
236	1025 ALFONSO	FERNANDEZ DOMÍNGUEZ	00:52:12	00:04:21	00:51:56	00:04:20	00:32:49		O GROVE
237	621 SERGIO	MARTINEZ ALONSO	00:52:12	00:04:21	00:51:58	00:04:20	00:33:00	ESCOLA ATLÉTICA LUCENSE	A CORUÑA
238	643 ALBERTO	MARTINEZ MANEIRO	00:52:18	00:04:22	00:51:59	00:04:20	00:32:55	INCOR/AUTOVIDRIO	QUEIRUGA
239	864 FRAN	IGLESIAS VILA	00:52:18	00:04:22	00:51:57	00:04:20	00:32:49	TABOADELA RUNNING	TABOADELA
240	462 JORGE	RANDOLFE VARELA	00:52:19	00:04:22	00:51:49	00:04:20	00:32:48	CLUB ATLETISMO CHANTADA	BADALONA(BARCELONA)50
241	874 ÁLVARO	CÉSAR VILA	00:52:20	00:04:22	00:52:14	00:04:22	00:32:24	TAMBRE BIKE&RRUNNING	SANTIAGO DE COMPOSTELA
242	326 BENITO	NORES GOMEZ	00:52:22	00:04:22	00:51:57	00:04:20	00:32:30	ATLETAS VETERANOS OURENSE	OURENSE
243	476 ALBERTO	VARELA NUÑEZ	00:52:23	00:04:22	00:52:07	00:04:21	00:32:47	CLUB ATLETISMO MILLADOIRO SANTIAGO	SANTIAGO DE COMPOSTELA
244	1151 JOSÉ BENITO	GUERREIRO ÁLVAREZ	00:52:25	00:04:23	00:52:19	00:04:22	00:32:30		O ROSAL
245	574 JESUS ENRIQUE	REY SOUTO	00:52:26	00:04:23	00:51:32	00:04:18	00:33:54	CLUBE ATLETISMO BOIMORTO	BOIMORTO
246	1753 JULIO	LAMELA CASTRO	00:52:26	00:04:23	00:51:42	00:04:19	00:32:50	HOXE QUEIXOS	LALIN
247	213 RUBEN	REY PENA	00:52:27	00:04:23	00:52:21	00:04:22	00:32:21		A CORUÑA
248	335 DIEGO MANUEL	MARTINEZ GONZALEZ	00:52:28	00:04:23	00:52:00	00:04:20	00:33:04	ATLETISMO A GANDARA MONFORTE	MONFORTE DE LEMOS
249	534 ANGEL MANUEL	RODAL DIZ	00:52:30	00:04:23	00:52:19	00:04:22	00:32:37	CLUB DEPORTIVO PINARIUM	MARIN
250	1017 ANTONIO	DE LA MATA	00:52:32	00:04:23	00:52:20	00:04:22	00:32:14		MADRID
251	539 MARCELINO	ÁLVAREZ GONZÁLEZ	00:52:33	00:04:23	00:52:11	00:04:21	00:33:17	CLUB DEPORTIVO TRIATLON BOMBEROS VALLADOLI	BOIRO
252	758 JUAN ENRIQUE	RODRIGUEZ DOMINGUEZ	00:52:37	00:04:24	00:52:24	00:04:22	00:32:35		CORCUBION
253	1609 TEODORO	LAMELA FORMOSO	00:52:37	00:04:24	00:52:33	00:04:23	00:32:28	C.C. OS ESFOLA ARRÓS	LARIÑO CARNOTA
254	3033 JOSE MANUEL	GONZÁLEZ CHAYAN	00:52:37	00:04:24	00:51:53	00:04:20	00:33:02	VETERAN@S DE GALICIA	CAMPO LAMEIRO
255	445 JOSE	SALGUEIRO MATA	00:52:44	00:04:24	00:52:27	00:04:23	00:32:38	CDM VÉRTICE	SANTIAGO
256	664 MANUEL	OTERO AIRA	00:52:44	00:04:24	00:52:20	00:04:22	00:32:48		SANTIAGO
257	380 RUBÉN	SIO FERNÁNDEZ	00:52:45	00:04:24	00:52:39	00:04:24	00:32:25	ATLETISMO PORRIÑO	PORRIÑO
258	434 ROBERTO	BREY MATO	00:52:46	00:04:24	00:52:24	00:04:22	00:33:18	CAI A ESTRADA	ESTRADA, A
259	645 VICTOR MANUEL	BOTANA QUEIRUGA	00:52:48	00:04:24	00:52:28	00:04:23	00:32:55	INCOR-AUTOVIDRIO	ROTTERDAM
260	1272 FRANCISCO JAVIER	FERNÁNDEZ FERNÁNDEZ	00:52:49	00:04:25	00:52:27	00:04:23	00:33:21		ZAMORA
261	677 MANUEL	PAZOS PALMEIRO	00:52:50	00:04:25	00:52:27	00:04:23	00:33:17		VILALBA
262	147 IVAN	SEOANE FONDO	00:52:52	00:04:25	00:52:32	00:04:23	00:32:41	NORTEMALLADO	CORISTANCO
263	863 ROBERTO CARLOS	ESPINOSO VIDE	00:52:52	00:04:25	00:52:31	00:04:23	00:33:29	TABOADELA RUNNING	OURENSE
264	1161 EMILIO	VAZQUEZ LOPEZ	00:52:53	00:04:25	00:52:38	00:04:24	00:33:23		OURENSE
265	491 MARCOS ANTONIO	BLANCO FIGUEIRIDO	00:52:54	00:04:25	00:52:34	00:04:23	00:33:36	CLUB ATLETISMO OUTES	NOIA
266	796 ROBERTO	MIRANDA RIVERO	00:52:54	00:04:25	00:52:19	00:04:22	00:32:48	PATO BLANCO CELANOVA	CELANOVA
267	196 RUI	LAMEIRAS	00:52:55	00:04:25	00:52:37	00:04:24	00:33:05		PAREDES
268	2990 JOSE MANUEL	FERNÁNDEZ BALSEIRO	00:52:56	00:04:25	00:52:33	00:04:23	00:33:35	ATLETISMO RIBADEO	ALFOZ
269	394 KIKO	ROMERO PARADA	00:52:57	00:04:25	00:52:31	00:04:23	00:33:03	BARBANTIA RODA	BOIRO
270	498 MIGUEL ANGEL	GIL GONZALEZ	00:52:58	00:04:25	00:52:52	00:04:25	00:32:51	CLUB ATLETISMO PORRIÑO	PONTEVEDRA
271	1767 JESUS	ALONSO DA SILVA	00:53:02	00:04:26	00:52:45	00:04:24	00:32:58		TUI
272	302 JOSÉ ANTONIO	VÁZQUEZ FERNÁNDEZ	00:53:03	00:04:26	00:52:46	00:04:24	00:33:27	ASOCIACION DEPORTIVA CERNE	MELIDE
273	907 RICARDO	RODRÍGUEZ PIÑEIRO	00:53:05	00:04:26	00:52:36	00:04:23	00:33:13	TRINORTH	CAMBADOS
274	572 DIEGO	SOTO VIÑAS	00:53:06	00:04:26	00:52:40	00:04:24	00:33:22	CLUB TRIATLON CORUÑA	FERROL
275	553 RAMON	RODRIGUEZ BLANCO	00:53:07	00:04:26	00:52:48	00:04:24	00:33:32	CLUB MONTEPENARUBIA LUGO	LUGO
276	333 SUSO	FLORES GARCIA	00:53:14	00:04:27	00:52:51	00:04:25	00:33:43	ATLETISMO A ESTRADA	BILBAO
277	483 JOSELO	TUBIO MARTINEZ	00:53:15	00:04:27	00:52:55	00:04:25	00:33:23	CLUB ATLETISMO NOIA	NOIA
278	2382 JESÚS	MATOS NOGUEIRA	00:53:17	00:04:27	00:53:12	00:04:26	00:33:58		SANTIAGO DE COMPOSTELA
279	420 MANUEL	VIEITES RODRIGUEZ	00:53:17	00:04:27	00:53:12	00:04:26	00:33:49	C.C. OS ESFOLA ARRÓS	SANTIAGO DE COMPOSTELA
280	1223 IVAN	BOTANA GARCIA	00:53:18	00:04:27	00:52:34	00:04:23	00:33:15		A CORUÑA
281	392 FÉLIX	QUINTERO MARTÍNEZ	00:53:18	00:04:27	00:53:04	00:04:26	00:32:43	ATLETISMO UNIVERSIDADE DE VIGO	SANTIAGO DE COMPOSTELA
282	210 MANUEL	LEAL GOMEZ	00:53:19	00:04:27	00:53:08	00:04:26	00:33:07		VILA DE CRUCES

283	2555	HECTOR	FIBLA	00:53:20	00:04:27	00:52:34	00:04:23	00:34:05		ESPLUGUES LLOBREGAT
284	655	CARLOS	FERNANDEZ SANCHEZ	00:53:24	00:04:27	00:53:08	00:04:26	00:33:33		SANTIAGO DE COMPOSTELA
285	3080	JOSE LUIS	REQUEJO RODRÍGUEZ	00:53:24	00:04:27	00:53:13	00:04:27	00:33:20	ATLETISMO ARENTEIRO	OURENSE
286	873	JOSE CARLOS	REBOREDO FRAGA	00:53:25	00:04:28	00:52:59	00:04:25	00:33:26	TAMBRE BIKE RUNING	OROSO
287	1228	JOSE MANUEL	ONS FERNANDEZ	00:53:26	00:04:28	00:53:16	00:04:27	00:33:46		NOIA
288	2999	CARLOS	CAPA CASTIÑEIRAS	00:53:29	00:04:28	00:53:23	00:04:27	00:32:53	CLUB DEPORTIVO PINARIUM	MARIN
289	2223	ANTONIO	BARREIRO CORDEIRO	00:53:29	00:04:28	00:52:56	00:04:25	00:33:27		SANTA COMBA
290	2412	VICENTE	GARCÍA GARCÍA	00:53:33	00:04:28	00:52:49	00:04:25	00:33:30		ARES
291	1342	JULIAN	RODRIGUEZ GARZON	00:53:33	00:04:28	00:53:22	00:04:27	00:32:40		BARCELONA
292	1166	JAVIER	RIVAS BEIS	00:53:35	00:04:28	00:53:24	00:04:27	00:33:06		
293	2157	RAMIRO	NEIRA RODRÍGUEZ	00:53:38	00:04:29	00:52:57	00:04:25	00:33:51		A ESTRADA
294	1322	ENRIQUE	MOSQUERA VAZQUEZ	00:53:39	00:04:29	00:53:35	00:04:28	00:33:04		SANTIAGO
295	1051	JOSÉ	RODRÍGUEZ COUCEIRO	00:53:40	00:04:29	00:53:09	00:04:26	00:33:47		SANTIAGO DE COMPOSTELA
296	927	MANUEL	SOTO LOPEZ	00:53:41	00:04:29	00:53:06	00:04:26	00:34:06	WHERE IS THE CHANDAL?	VILAGARCIA DE AROUSA
297	1332	SANTIAGO	BOUZON ALEJANDRO	00:53:46	00:04:29	00:53:38	00:04:29	00:33:12		SANTIAGO DE COMPOSTELA
298	806	FRANCISCO MANUEL	DOMINGUEZ RE CAREY	00:53:47	00:04:29	00:53:39	00:04:29	00:33:19	PONTE TRAIL	NOIA
299	833	MANOLO	FOLGOSO ROCHA	00:53:49	00:04:30	00:53:29	00:04:28	00:33:14	RUNNING SPORT TRAIL	OURENSE
300	626	MANUEL	GONZÁLEZ ADÁN	00:53:49	00:04:30	00:53:20	00:04:27	00:33:23	ESCOLA DE ATLETISMO DEZA	LALÍN
301	1185	TOÑO	SAMPEDRO MARIÑO	00:53:56	00:04:30	00:52:41	00:04:24	00:34:28		RIBEIRA
302	1230	DAVID	NOVO MARTÍNEZ	00:53:57	00:04:30	00:52:42	00:04:24	00:34:29		SANTA UXÍA DE RIBEIRA
303	1751	DIEGO	RODRIGUEZ VIDAL	00:53:58	00:04:30	00:52:51	00:04:25	00:33:55	GYM TONIC	VILANOVA DE AROUSA
304	1202	JAVIER	FERNÁNDEZ MARTÍNEZ	00:54:01	00:04:31	00:53:45	00:04:29	00:33:51		BUENOS AIRES (ARGENTINA)
305	1865	MANUEL	PEREZ ALVAREZ	00:54:02	00:04:31	00:53:51	00:04:30	00:33:38	PATO BLANCO CELANOVA	CELANOVA
306	1274	GONZALO	MIGUEZ MACHO	00:54:03	00:04:31	00:53:48	00:04:29	00:33:56		FERROL
307	1388	ALVARO	VAZQUEZ ALVAREZ	00:54:03	00:04:31	00:53:55	00:04:30	00:33:42		OURENSE
308	2317	DIEGO	CACHEIRO SALORIO	00:54:10	00:04:31	00:53:49	00:04:30	00:33:56		CARRAL
309	611	RUBEN	MARTINEZ DEL RIO	00:54:10	00:04:31	00:53:53	00:04:30	00:33:36	DREAM TEAM	DONOSTIA
310	1162	FERNANDO	SEARA SOTELO	00:54:10	00:04:31	00:53:32	00:04:28	00:34:10		OURENSE
311	608	JOSE MANUEL	BLANCO LEMA	00:54:11	00:04:31	00:53:37	00:04:29	00:34:02	DAFIT	MUXIA
312	1416	ALBERTO	BRAGADO RODRIGUEZ	00:54:12	00:04:31	00:53:44	00:04:29	00:34:14		VIGO
313	647	XOSE MANUEL	LAMAS POSE	00:54:18	00:04:32	00:53:53	00:04:30	00:34:31		SANTIAGO
314	934	PABLO	MÉNDEZ TOURAL	00:54:24	00:04:32	00:54:08	00:04:31	00:33:32	ZEPPELIN TORGUESA FINFLOOR	LUGO
315	682	JAVIER	GONZÁLEZ LÓPEZ-MOSQUERA	00:54:26	00:04:33	00:53:54	00:04:30	00:34:23		LUGO
316	809	JOSE ANTONIO	GRAÑA SANTA CLARA	00:54:26	00:04:33	00:53:54	00:04:30	00:34:24	PONTEVEDRUNNERS	PONTEVEDRA
317	308	JAVIER	IGLESIAS VARELA	00:54:27	00:04:33	00:54:09	00:04:31	00:33:51	ASOCIACIÓN DEPORTIVA CERNE	SANTISO
318	1940	DAVID	SUÁREZ ZAPICO	00:54:29	00:04:33	00:54:19	00:04:32	00:33:25	TORTUGAS DE LANGREO	OVIEDO
319	1175	GUILLERMO	MATEOS GARCÍA	00:54:29	00:04:33	00:54:02	00:04:31	00:34:31		PONFERRADA
320	300	DAVID	GARABATOS BARCIELA	00:54:31	00:04:33	00:54:22	00:04:32	00:34:06	ASOCIACIÓN DEPORTIVA C.A.R	VIGO
321	549	DIEGO	PRADO BASANTA	00:54:32	00:04:33	00:54:12	00:04:31	00:34:17	CLUB MONTEPENARUBIA LUGO	LUGO
322	585	PABLO	NIETO LEIS	00:54:36	00:04:33	00:53:56	00:04:30	00:34:13	CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
323	1976	SANTIAGO	GONZALEZ GUTIERREZ	00:54:39	00:04:34	00:54:38	00:04:34	00:33:59		SANTISO
324	1686	DOMINGO	FERREIRO DIAZ	00:54:40	00:04:34	00:54:19	00:04:32	00:34:24	CLUB MONTEPENARUBIA LUGO	LUGO
325	1363	JOSE	MOURE ENRIQUE	00:54:40	00:04:34	00:54:39	00:04:34	00:33:55		VALGA
326	419	CARLOS ANDRES	VILLAVEVERDE VIAÑO	00:54:40	00:04:34	00:54:36	00:04:33	00:33:58	C.C. OS ESFOLA ARRÓS	SANTIAGO
327	2972	JUAN MANUEL	SUÁREZ FEIJOO	00:54:42	00:04:34	00:54:24	00:04:32	00:33:52	MARATÓN NATTEX BARBADÁS	OURENSE
328	580	JUAN MANUEL	TABOADA BARREIRO	00:54:42	00:04:34	00:54:27	00:04:33	00:33:38	CLUBE ATLETISMO BOIMORTO	A CORUÑA
329	1251	JUAN CARLOS	RODRIGUEZ PIÑON	00:54:44	00:04:34	00:54:36	00:04:33	00:33:43		CEDEIRA
330	412	CLAUDIO	VERA SANMARTIN	00:54:45	00:04:34	00:54:23	00:04:32	00:34:10	C.A. CAMBADOS - SEG. NOVAL	PONTEVEDRA
331	905	JUAN	LUNA	00:54:46	00:04:34	00:54:21	00:04:32	00:34:17	TRIBU TRAIL	RIBEIRA
332	670	LUIS	LOPEZ IGLESIAS	00:54:47	00:04:34	00:54:10	00:04:31	00:34:20		OURENSE
333	1411	FRANCISCO	MARTINEZ CARREGAL	00:54:50	00:04:35	00:54:34	00:04:33	00:34:15		SANTIAGO DE COMPOSTELA
334	870	JESUS (ZUBI)	GARCIA PENA	00:54:50	00:04:35	00:54:23	00:04:32	00:34:21	TAMBRE BIKE & RUNNING	OROSO
335	194	CARLOS	COIRA LOJO	00:54:51	00:04:35	00:54:28	00:04:33	00:34:28	TRIATLON VILAGARCÍA/ATENAS RUNNING VDA	VILAGARCIA DE AROUSA
336	1981	CRISTÓBAL	LÓPEZ VÁZQUEZ	00:54:51	00:04:35	00:53:51	00:04:30	00:35:08		MONTREUIL - FRANCIA

337	1349	JORGE	BLANCO FERNANDEZ	00:54:51	00:04:35	00:54:42	00:04:34	00:34:04		A CORUÑA
338	1263	JAIME	DIAZ FIUZA	00:54:56	00:04:35	00:54:29	00:04:33	00:34:05		A PEROXA
339	2030	ALFONSO	SÁNCHEZ GARCÍA	00:54:59	00:04:35	00:54:27	00:04:33	00:34:44		SOBRADO DOS MONXES
340	517	MANUEL	CASALEIRO FERNANDEZ	00:55:01	00:04:36	00:54:51	00:04:35	00:34:00	CLUB ATLETISMO TORTUGAS	TOMIÑO
341	1312	JAVIER	MENDEZ MARTÍNEZ	00:55:02	00:04:36	00:54:34	00:04:33	00:34:00		MONFORTE DE LEMOS
342	397	JOSE ARTURO	PIÑEIRO REY	00:55:02	00:04:36	00:54:19	00:04:32	00:34:39	BARBANTIA RODA S.D	SANTIAGO
343	1250	XABIER IGNACIO	LOUZA O RODRIGUEZ	00:55:04	00:04:36	00:53:58	00:04:30	00:34:46		TOURO
344	444	RAFA	BARREIRO LOPEZ	00:55:05	00:04:36	00:54:36	00:04:33	00:34:42	CDM VÉRTICE	VEDRA
345	676	JUAN CARLOS	FERNANDEZ OLIVEIRA	00:55:05	00:04:36	00:54:36	00:04:33	00:34:42		LA ESTRADA
346	497	MIGUEL	NOVO REGUEIRA	00:55:06	00:04:36	00:54:59	00:04:35	00:33:52	CLUB ATLETISMO PORRIÑO	O PORRIÑO
347	1280	OSCAR	LAMAS BALBOA	00:55:07	00:04:36	00:54:45	00:04:34	00:34:28		CARBALLO
348	629	JOSE MARIA	LEVOSO TOUCEDA	00:55:08	00:04:36	00:54:47	00:04:34	00:34:11	ESPRINTES OURENSE	CENLLE (OURENSE)
349	1533	FELIPE	PÉREZ LÓPEZ	00:55:08	00:04:36	00:54:40	00:04:34	00:33:58	ACADEMIA JMIRIVAS	SARRIA (CASCO URBANO)
350	1201	MANUEL	GARCÍA VELO	00:55:10	00:04:36	00:53:51	00:04:30	00:36:05		ZAS
351	286	MANUEL	RODRIGUEZ	00:55:12	00:04:36	00:54:48	00:04:34	00:34:31	AEROCLUB	SANTIAGO
352	1062	CESAR AUGUSTO	BARBOSA CARDOSO	00:55:12	00:04:36	00:54:24	00:04:32	00:35:20		PORTUGAL
353	1364	ANGEL	GARCIA GONZALEZ	00:55:13	00:04:36	00:54:41	00:04:34	00:34:52		SANTIAGO DE COMPOSTELAQ
354	2004	ROBERTO	GARCIA LOUREIRO	00:55:13	00:04:37	00:54:49	00:04:35	00:35:21		SUIZA
355	1936	JUAN	GARCÍA BARREIRA	00:55:13	00:04:37	00:53:55	00:04:30	00:35:07	TERRA DE SONEIRA C.D.	PONTECESO
356	391	ARTURO LEONARDO	GRAÑA YÁÑEZ	00:55:16	00:04:37	00:55:02	00:04:36	00:34:10	ATLETISMO UNIVERSIDADE DE VIGO	MONTEVIDEO
357	340	ALBERTO	PARDO FERNANDEZ	00:55:19	00:04:37	00:54:22	00:04:32	00:35:01	ATLETISMO CORUÑA COMARCA	CHANTADA
358	1987	JOSE FERNANDO	AREA TORRES	00:55:19	00:04:37	00:54:53	00:04:35	00:34:43		AHLEN - ALEMANIA
359	1234	MARCOS	FONTANS SEBE	00:55:19	00:04:37	00:54:33	00:04:33	00:34:36		AMES
360	1645	JAVIER	GARCIA GALDO	00:55:19	00:04:37	00:54:42	00:04:34	00:35:01	CLUB ATLETISMO MILLARAIO	FERROL
361	1156	ÁNGEL	JUVIÑO PREGO	00:55:21	00:04:37	00:55:05	00:04:36	00:34:06		A CORUÑA
362	714	DANIEL	SÁNCHEZ ROMERO	00:55:22	00:04:37	00:54:53	00:04:35	00:35:00	METALICA HERCULINA	A CORUÑA
363	2973	CARLOS	VÁZQUEZ DELGADO	00:55:24	00:04:37	00:55:05	00:04:36	00:35:09	MARATÓN NATTEX BARBADÁS	A CORUÑA
364	828	LUIS	VALDÉS LÓPEZ	00:55:25	00:04:38	00:55:09	00:04:36	00:34:28	RUNNING OLEIROS	SAMOS
365	1132	JUAN MANUEL	BAUTIS OTERO	00:55:25	00:04:38	00:55:12	00:04:36	00:34:25		SANTIAGO DE COMPOSTELA
366	1288	ALEJANDRO	DURAN CASTRELO	00:55:25	00:04:38	00:54:37	00:04:34	00:34:58		VILLAGARCIA
367	1205	MANUEL	MUCIENTES MOLINA	00:55:29	00:04:38	00:55:14	00:04:37	00:34:51		SANTIAGO DE COMPOSTELA
368	2325	ALBERTO	RODRIGUEZ GARCIA	00:55:29	00:04:38	00:54:18	00:04:32	00:35:27		MADRID
369	502	JAVIER	LOPEZ PIÑEIRO	00:55:31	00:04:38	00:53:54	00:04:30	00:36:08	CLUB ATLETISMO SADA	SANTIAGO DE COMPOSTELA
370	820	MARCOS	MONDELO BALTAR	00:55:35	00:04:38	00:55:02	00:04:36	00:35:10	RUN CARBALLIÑO	OURENSE
371	3000	MANUEL	ROSALES PAZOS	00:55:38	00:04:39	00:55:32	00:04:38	00:34:37	CLUB DEPORTIVO PINARIUM	MARIN
372	1359	ARTURO NORBERTO	FONTÁN PÉREZ	00:55:38	00:04:39	00:54:41	00:04:34	00:35:26		PONTEVEDRA
373	1110	FERNANDO	LAZO PÉREZ	00:55:39	00:04:39	00:55:25	00:04:38	00:34:37		SANTIAGO DE COMPOSTELA
374	1195	ALBERTO	RIVAS ABELEDO	00:55:41	00:04:39	00:55:14	00:04:37	00:35:14		AESTRADA
375	1204	RAFAEL	CARRASCO DEL POZO	00:55:41	00:04:39	00:55:11	00:04:36	00:35:00		SANTIAGO DE COMPOSTELA
376	1310	ENRIQUE MANUEL	BREA LOPEZ	00:55:42	00:04:39	00:54:43	00:04:34	00:35:07		MUROS
377	1102	ROBERTO	MONTES TEIJIDO	00:55:42	00:04:39	00:55:07	00:04:36	00:35:34		A CORUÑA
378	1203	ALVARO	PEREIRAS COUTO	00:55:42	00:04:39	00:55:13	00:04:37	00:34:46		BOQUEIXON
379	456	ABRAHAM	BENÍTEZ SOMOZA	00:55:43	00:04:39	00:55:37	00:04:39	00:34:34	CLUB ACCIONA	RIVEIRA
380	2359	JESUS MANUEL	CALLE VELLES	00:55:46	00:04:39	00:55:20	00:04:37	00:34:54		SANTIAGO DE COMPOSTELA
381	1894	JOSE ALBERTO	ATANES IGLESIAS	00:55:46	00:04:39	00:55:13	00:04:37	00:35:10	RUN CARBALLIÑO	O CARBALLIÑO
382	967	MANUEL	DIZ GARCIA	00:55:48	00:04:39	00:55:27	00:04:38	00:34:45		O CARBALLIÑO
383	1317	PABLO	VIAÑO LORENZO	00:55:51	00:04:40	00:55:09	00:04:36	00:35:43		SANTIAGO DE COMPOSTELA
384	280	IVAN	LAMELA VALDOMAR	00:55:52	00:04:40	00:54:36	00:04:33	00:35:35	ABANCA	A CORUÑA
385	2407	JOSE ANTONIO	SANTOS LEMA	00:55:52	00:04:40	00:55:14	00:04:37	00:35:10		LAXE
386	573	OSCAR	MIRANDA GOLMAR	00:55:53	00:04:40	00:55:24	00:04:37	00:34:53	CLUBE ATLETISMO BOIMORTO	ARZUA
387	918	JESUS	IGLESIAS VIGO	00:55:55	00:04:40	00:54:51	00:04:35	00:35:52	VETERANOS NEGREIRA	VILAR DA TORRE-LAÑAS (15839) A BAÑA
388	1089	GERARDO	GONZÁLEZ RODRÍGUEZ	00:55:56	00:04:40	00:55:39	00:04:39	00:34:57		LA CORUÑA
389	1115	ROBERTO	CUNDINS VARELA	00:55:58	00:04:40	00:55:41	00:04:39	00:34:25		VIMIANZO
390	1407	F. JAVIER	MUÑOZ PEREIRA	00:56:00	00:04:40	00:55:38	00:04:39	00:35:10		AMOEIRO - OURENSE

391	1584	MANUEL	GONZÁLEZ FERNÁNDEZ DE TEJ	00:56:04	00:04:41	00:55:49	00:04:40	00:34:34	ATLETISMO FONTES DO SAR	LOGROÑO
392	1125	JOSÉ MANUEL	LUEIRO ABUIN	00:56:09	00:04:41	00:55:40	00:04:39	00:35:45		TEO
393	583	DIEGO	GONZALEZ CAMARGO	00:56:11	00:04:41	00:55:43	00:04:39	00:35:37	CLUBE ATLETISMO FENE	BUENOS AIRES
394	1831	JOSE MANUEL	LISTE MOURE	00:56:11	00:04:41	00:55:15	00:04:37	00:36:07	LISTE INSTALACIONES	SANTIAGO DE COMPOSTELA
395	2308	FRANCISCO	GONZALEZ FERNANDEZ	00:56:11	00:04:41	00:55:15	00:04:37	00:36:06		NOIA
396	1986	JUAN	GONZÁLEZ BLANCO	00:56:13	00:04:42	00:55:37	00:04:39	00:35:11		VILLAFRANCA DEL BIERZO
397	1278	VICTOR M.	LÓPEZ PUGA	00:56:14	00:04:42	00:55:42	00:04:39	00:35:02		SANTIAGO DE COMPOSTELA
398	21	MANUEL	ARCA PEDRIDO	00:56:17	00:04:42	00:56:06	00:04:41	00:35:00	ARTROGAL-TRI498	NOIA
399	2688	JESÚS MANUEL	DARRIBA PENA	00:56:17	00:04:42	00:55:10	00:04:36	00:35:35		CERCEDA
400	2211	CARLOS	DE NOVOA GÓMEZ	00:56:17	00:04:42	00:55:20	00:04:37	00:36:06		OURENSE
401	1354	EDUARDO	RÁDEKE FARIÑA	00:56:18	00:04:42	00:55:45	00:04:39	00:35:33		SADA
402	2834	RAMON	JUEGA CUESTA	00:56:21	00:04:42	00:56:04	00:04:41	00:34:58		LA CORUÑA
403	279	RAFAEL	GONZALEZ CESAR	00:56:23	00:04:42	00:55:48	00:04:39	00:36:15	ABANCA	SANTIAGO DE COMPOSTELA
404	2123	JOSE	CAO GARCIA	00:56:23	00:04:42	00:55:35	00:04:38	00:35:22		A ESTRADA
405	1917	TOMAS	TUBIO PIÑEIRO	00:56:25	00:04:43	00:55:37	00:04:39	00:35:54	SOLDAMAR	TARAGOÑA
406	1982	MIGUEL	MOSQUERA MARTÍNEZ	00:56:26	00:04:43	00:56:04	00:04:41	00:35:06		NARÓN
407	493	CELESTINO	MATO PEON	00:56:26	00:04:43	00:56:15	00:04:42	00:34:57	CLUB ATLETISMO OUTES JHON TOURKEY	NOIA
408	904	XOSE MANUEL	BURES MIGUENS	00:56:28	00:04:43	00:56:01	00:04:41	00:35:31	TRIBU TRAIL	BOIRO
409	1605	JOAQUIN	RODIÑO REY	00:56:29	00:04:43	00:55:57	00:04:40	00:35:45	C. A. CAMBADOS-SEGUROS NOVAL	CAMBADOS
410	1989	JOSE MANUEL	BREA FLORIANI	00:56:30	00:04:43	00:55:46	00:04:39	00:35:27		PONTEVEDRA
411	1358	JOSÉ FRANCISCO	FERNÁNDEZ CERVIÑO	00:56:32	00:04:43	00:56:16	00:04:42	00:34:57		A CAÑIZA
412	3010	SIMON	KIENAST	00:56:34	00:04:43	00:56:04	00:04:41	00:34:52	GRUPO CASTROSUA	ORENSE
413	1070	BERNARDO	CARRION VELASCO	00:56:34	00:04:43	00:55:32	00:04:38	00:35:47		SANTIAGO DE COMPOSTELA
414	1239	ALBERTO	METE PÉREZ	00:56:34	00:04:43	00:55:43	00:04:39	00:35:49		BUENOS AIRES (ARGENTINA)
415	2002	DAVID	TORRON BARCIELA	00:56:34	00:04:43	00:55:37	00:04:39	00:35:41		VIGO
416	1990	ISIDRO	SANCHEZ GONZALEZ	00:56:35	00:04:43	00:55:47	00:04:39	00:35:20		A CORUÑA
417	2469	LUCIANO	LUCAS PEREZ	00:56:36	00:04:43	00:56:23	00:04:42	00:35:38		MADRID
418	1099	CARLOS	ALVEDRO GARCIA	00:56:38	00:04:44	00:56:00	00:04:40	00:35:55		LA CORUÑA
419	1097	OSCAR	LEIS MOURIÑO	00:56:38	00:04:44	00:55:59	00:04:40	00:35:57		SANTIAGO
420	594	SUSO	LUACES DAVILA	00:56:42	00:04:44	00:56:14	00:04:42	00:35:58	CLUBE HORTICELOS AVENTURA	BOVEDA
421	1192	ÓSCAR	VIDAL CERVIÑO	00:56:43	00:04:44	00:55:56	00:04:40	00:36:20		OURENSE
422	478	MIGUEL ÁNGEL	DÍAZ MORÁN	00:56:46	00:04:44	00:56:20	00:04:42	00:36:09	CLUB ATLETISMO MILLARAIO	VIGO
423	1336	JOSE LUIS	GARCIA ESMORIS	00:56:53	00:04:45	00:56:23	00:04:42	00:35:12		SANTIAGO
424	1190	ELISARDO	ANTELO VILAS	00:56:54	00:04:45	00:56:35	00:04:43	00:36:05		SANTIAGO DE COMPOSTELA
425	1270	DAVID	GIANZO BUSTO	00:56:57	00:04:45	00:56:16	00:04:42	00:36:16		TEO
426	1762	VÍTOR MANUEL	RODRÍGUEZ JURJO	00:56:58	00:04:45	00:56:27	00:04:43	00:36:03		SANTIAGO DE COMPOSTELA
427	1401	JAVIER	PUENTE DÍAZ	00:57:00	00:04:45	00:56:48	00:04:44	00:35:33		SANTIAGO DE COMPOSTELA
428	745	CÉSAR	GARCÍA NÚÑEZ	00:57:06	00:04:46	00:56:15	00:04:42	00:35:27	NOIA	NOIA
429	790	CARLOS	VISPO BASALO	00:57:08	00:04:46	00:56:45	00:04:44	00:34:54	PATO BLANCO CELANOVA	CELANOVA
430	791	MARCOS	ÁLVAREZ FERNANDEZ	00:57:09	00:04:46	00:56:46	00:04:44	00:34:57	PATO BLANCO CELANOVA	CELANOVA
431	1979	ROBERTO	PARRA RODRÍGUEZ	00:57:09	00:04:46	00:56:47	00:04:44	00:35:55		DONOSTIA
432	2009	JOSÉ MIGUEL	GONZÁLEZ GONZÁLEZ	00:57:10	00:04:46	00:56:40	00:04:44	00:35:44		VILLAR DE DOMINGO GARCÍA
433	519	EMILIO JOSE	JOVE CASTRO	00:57:11	00:04:46	00:57:01	00:04:46	00:35:59	CLUB CASTRO DE LOBADIZ	FERROL
434	1243	JAVIER	PRIMO FRANCO	00:57:14	00:04:47	00:56:11	00:04:41	00:36:37		STUTTGART
435	1259	RAMON	FERNANDEZ LAGO	00:57:15	00:04:47	00:56:07	00:04:41	00:37:07		PALMEIRA
436	1899	SUSO	CARREIRA CAROLLO	00:57:15	00:04:47	00:56:33	00:04:43	00:36:06	RUNNERS AMIO	SANTIAGO DE COMPOSTELA
437	1757	ALFONSO	RUSO GONZÁLEZ	00:57:18	00:04:47	00:56:59	00:04:45	00:36:07		VIGO
438	1717	ALBERTO	REY CASTRO	00:57:21	00:04:47	00:57:09	00:04:46	00:34:48	CORRE POR BEGONTE	GUITIRIZ
439	2005	EDU	CASTELO VENTOSO	00:57:25	00:04:48	00:56:59	00:04:45	00:35:53		PORTOSIN
440	2812	JOSE MANUEL	PARDAL ROMERO	00:57:25	00:04:48	00:57:00	00:04:45	00:35:53		BOIRO
441	668	CARLOS	RODRIGUEZ SABUGUEIRO	00:57:28	00:04:48	00:57:03	00:04:46	00:36:04		SANTIAGO DE COMPOSTELA
442	1553	RICARDO	CALVO LÓPEZ	00:57:32	00:04:48	00:57:00	00:04:45	00:36:34	ATLETAS DE ACEA DE AMA	CASTRO DE REI
443	1240	LUIS	GARCIA BAÑA	00:57:34	00:04:48	00:56:41	00:04:44	00:36:30		VILLAGARCIA DE AROSA
444	1523	CONSTANTINO	FARO PÉREZ	00:57:35	00:04:48	00:56:57	00:04:45	00:36:04	A DALO TODO TEAM !	PONTEAREAS

445	2421 ENRIQUE	LOPEZ ALVAREZ	00:57:36	00:04:48	00:57:11	00:04:46	00:35:54		SANTIAGO
446	795 ADOLFO	DIZ DOMINGUEZ	00:57:36	00:04:48	00:57:13	00:04:47	00:35:51	PATO BLANCO CELANOVA	CARACAS
447	2466 ABEL	GOMEZ GARCIA	00:57:38	00:04:49	00:57:08	00:04:46	00:36:02		SANTIAGO
448	1309 OSCAR	GALANTE PEREIRA	00:57:40	00:04:49	00:56:47	00:04:44	00:36:29		SAN SEBASTIÁN
449	1905 PEDRO	PETEIRO ROSENDE	00:57:41	00:04:49	00:57:05	00:04:46	00:36:20	RUNNING OLEIROS	ARANGA
450	978 FRANCISCO JAVIER	DOMINGUEZ ZUFIAURRE	00:57:41	00:04:49	00:55:59	00:04:40	00:36:29		CARBALLIÑO (O)
451	297 JOSÉ	SAS GOLPE	00:57:42	00:04:49	00:57:01	00:04:46	00:36:17	AS MARIÑAS BETANZOS	BETANZOS
452	892 MANUEL	VÁZQUEZ OSORIO	00:57:43	00:04:49	00:56:43	00:04:44	00:36:39	TRAN-TRAN	VILANOVA DE AROUSA
453	2369 JOSÉ SANTOS	FERNÁNDEZ VÁZQUEZ	00:57:44	00:04:49	00:57:33	00:04:48	00:36:02		VILASECO DO BOLO
454	1554 ALFONSO	BOTANA CASTELO	00:57:46	00:04:49	00:57:31	00:04:48	00:36:02	ATLETAS DE ACEA DE AMA	A CORUÑA
455	1037 JOSÉ MANUEL	PEREZ CIBEIRA	00:57:49	00:04:50	00:57:25	00:04:48	00:35:55		PIÑOR
456	1835 SANTIAGO	FERNANDEZ-NORIEGA FERNAN	00:57:54	00:04:50	00:57:32	00:04:48	00:36:39	MTC-LOURES	VIVEIRO
457	2074 MANUEL	LAMEIRO COVELO	00:57:54	00:04:50	00:56:28	00:04:43	00:36:36		CHAPELA
458	1324 SANTIAGO	CARIDAD DOMINGUEZ	00:57:54	00:04:50	00:57:39	00:04:49	00:35:52		SANTIAGO
459	2048 IVÁN	ROIBÁS BLANCO	00:57:57	00:04:50	00:57:23	00:04:47	00:36:47		LA CORUÑA
460	1418 JESUS	BALIÑA DE JESUS	00:57:58	00:04:50	00:57:38	00:04:49	00:35:55		PADRON
461	1311 JOSE ANTONIO	BREA LOPEZ	00:58:01	00:04:51	00:57:02	00:04:46	00:36:35		TAL - MUROS
462	552 JAVIER	IRIMIA CARRERA	00:58:03	00:04:51	00:57:43	00:04:49	00:35:15	CLUB MONTEPENARUBIA LUGO	MEIRA
463	1760 RAMÓN	FERRER LOJO	00:58:03	00:04:51	00:57:31	00:04:48	00:36:34		SANTIAGO DE COMPOSTELA
464	1087 HUGO	SUÁREZ VÁZQUEZ	00:58:06	00:04:51	00:57:57	00:04:50	00:35:52		URUGUAY
465	2197 JULIO	FONTAÍÑA COUSO	00:58:08	00:04:51	00:57:35	00:04:48	00:36:16		PONTEVEDRA
466	1995 JAVIER	MARTIÑÁN CAMIÑO	00:58:12	00:04:51	00:58:00	00:04:50	00:35:29		PONTEVEDRA
467	504 FERNANDO	MÍGUEZ SÁNCHEZ	00:58:13	00:04:52	00:57:53	00:04:50	00:36:02	CLUB ATLETISMO SADA	SANTIAGO
468	2001 MANUEL	FOLGAR ROMAY	00:58:15	00:04:52	00:57:18	00:04:47	00:37:02		RIBEIRA
469	2269 ANGEL	CONDE PEREIRA	00:58:15	00:04:52	00:57:42	00:04:49	00:36:24		TEO
470	1854 JOSE MANUEL	PATÍÑO ABEIJON	00:58:16	00:04:52	00:57:44	00:04:49	00:37:45	NOSPORTLIMIT	VILLAGARCIA
471	812 XOSE FRANCISCO	LEMA RIVADAS	00:58:17	00:04:52	00:57:46	00:04:49	00:37:05	QUESCREM	SANTIAGO
472	688 ROSENDO	PEREZ FEIJOO	00:58:19	00:04:52	00:57:26	00:04:48	00:37:57	JAVIROS TEAM	CELANOVA
473	1136 FERNANDO	NÚÑEZ POL	00:58:21	00:04:52	00:58:21	00:04:52	00:36:43		A CORUÑA
474	595 JUAN MANUEL	GOMEZ MARTINEZ	00:58:23	00:04:52	00:57:51	00:04:50	00:36:33	CLUBE NAUTICO O MUIÑO DE RIBADUMIA	SANTA UXIA DE RIBEIRA
475	764 JOSE ALBERTO	CASTELO SÁNCHEZ	00:58:24	00:04:52	00:57:35	00:04:48	00:37:15	NOSPORTLIMIT	CORUÑA
476	1964 LUIS ANGEL	CASTELO SANCHEZ	00:58:25	00:04:53	00:57:35	00:04:48	00:37:15		LA CORUÑA
477	1669 XOÁN	MONASTERIO SUÁREZ	00:58:25	00:04:53	00:57:44	00:04:49	00:37:04	CLUB CICLISTA EO	RIBADEO
478	2481 VINICIO	MEJUTO	00:58:26	00:04:53	00:57:57	00:04:50	00:37:12		CEE
479	2439 PABLO	RASCÓN ECHAVE	00:58:27	00:04:53	00:58:19	00:04:52	00:36:52		SANTIAGO
480	1085 MARCOS	SEIJO ACEBEDO	00:58:27	00:04:53	00:57:24	00:04:47	00:37:13		SANTIAGO DE COMPOSTELA
481	375 TINO	IGLESIAS PARDO	00:58:29	00:04:53	00:57:42	00:04:49	00:37:31	ATLETISMO MILLADOIRO	SANTIAGO
482	2236 GABRIEL	ÁLVAREZ CASTRO	00:58:29	00:04:53	00:57:49	00:04:50	00:36:45		LEON
483	2226 PABLO	MARTINEZ DIEGUEZ	00:58:31	00:04:53	00:57:40	00:04:49	00:36:58		29/06/1972
484	1947 MAXIMILIAN	ATTEMS	00:58:31	00:04:53	00:58:31	00:04:53	00:37:08	UNIVERSIDADE DE SANTIAGO DE COMPOSTELA	PARIS
485	1833 JOSE	PEREIRO TAIBO	00:58:31	00:04:53	00:57:46	00:04:49	00:37:30	MIXMASTER RUNNING	A CORUÑA
486	1574 JOSE FRANCISCO	VARELA VAL	00:58:32	00:04:53	00:57:42	00:04:49	00:36:51	ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
487	2102 JUAN CARLOS	RODRÍGUEZ PERNIA	00:58:32	00:04:53	00:58:02	00:04:51	00:36:26		CARACAS
488	2601 XAN	PATÍÑO CASAS	00:58:35	00:04:53	00:57:57	00:04:50	00:36:51		AMES
489	1182 JOSE ORLANDO	FARIÑA CASTILLO	00:58:36	00:04:53	00:57:33	00:04:48	00:36:46		VENEZUELA
490	2669 JOSÉ	ALBERTO	00:58:38	00:04:54	00:58:25	00:04:53	00:35:47		BOIRO
491	364 JOSÉ VICENTE	PIÑEIRO VÁZQUEZ	00:58:41	00:04:54	00:57:54	00:04:50	00:37:31	ATLETISMO FONTES DO SAR	A CORUÑA
492	356 RUBEN	DIAZ VALCARCEL	00:58:42	00:04:54	00:57:54	00:04:50	00:37:22	ATLETISMO FONTES DO SAR	SARRIA
493	111 ELIGIO JESUS	LAMAS VILA	00:58:45	00:04:54	00:58:16	00:04:52	00:35:47	CORREDORES DO MIÑO	EIBAR
494	1244 JOSÉ MANUEL	MOSQUERA SANTÉ	00:58:45	00:04:54	00:58:17	00:04:52	00:36:25		CAMBRE, A CORUÑA
495	1983 DAVID	LOPEZ RIVAS	00:58:47	00:04:54	00:58:17	00:04:52	00:36:44		SANTIAGO
496	2238 ANGEL	CARRILLO PRESEDO	00:58:48	00:04:54	00:57:52	00:04:50	00:37:01		ARES
497	2184 SEBASTIÁN	CASTRO PIÑEIRO	00:58:50	00:04:55	00:57:54	00:04:50	00:37:44		LUGO
498	1534 EMILIO MANUEL	MARTINEZ PEREZ	00:58:52	00:04:55	00:58:21	00:04:52	00:36:49	ACADEMIA JM RIVAS	SANTIAGO DE COMPOSTELA

499	2134	FERNANDO	OTERO MOSQUERA	00:58:55	00:04:55	00:57:52	00:04:50	00:37:13		SANTIAGO DE COMPOSTELA
500	2115	AGUSTIN	ARES GARCIA	00:58:56	00:04:55	00:58:01	00:04:51	00:37:43		LUGO
501	2370	GUSTAVO	BARREIRO GÓMEZ	00:58:58	00:04:55	00:58:29	00:04:53	00:36:42		VEDRA
502	1612	MARIO	OTERO DÍAZ	00:58:58	00:04:55	00:58:09	00:04:51	00:36:49	C.D. RIA DE AROUSA O GROVE	O GROVE
503	2100	JESUS	MARQUINA LEAL	00:59:02	00:04:56	00:58:17	00:04:52	00:37:43		OURENSE
504	1915	PEDRO	FERNANDEZ SANCHEZ-ROLDAN	00:59:04	00:04:56	00:58:23	00:04:52	00:37:06	SÍGUEME SI PUEDES	MADRID
505	860	OSCAR	DIAZ FORTUNA	00:59:04	00:04:56	00:58:24	00:04:52	00:37:06	SÍGUEME SI PUEDES	FERROL
506	2350	SANTIAGO	RODRÍGUEZ CASABIELL	00:59:05	00:04:56	00:58:23	00:04:52	00:37:12		NEGREIRA
507	1966	JOAQUIN	SAYANS REY	00:59:06	00:04:56	00:57:58	00:04:50	00:38:06		VILAXUAN DE AROUSA
508	1544	RENÉ	VELASCO VILLA	00:59:06	00:04:56	00:58:35	00:04:53	00:36:19	ARTDESIGN GALLERY	MEXICO
509	2438	IGNACIO	CARDENAS BOTAS	00:59:06	00:04:56	00:58:57	00:04:55	00:35:59		BILBAO
510	1707	XOSE LOIS	PAZ MIRAGAYA	00:59:08	00:04:56	00:58:22	00:04:52	00:37:12	CLUBE ATLETISMO VILALBA	VILALBA
511	1666	JESÚS	PALACIOS MARTÍN	00:59:10	00:04:56	00:58:37	00:04:54	00:37:04	CLUB ATLETISMO SANTIAGO	LUGO
512	1659	ALEJANDRO	BARREIRO BARRAL	00:59:11	00:04:56	00:58:22	00:04:52	00:36:48	CLUB ATLETISMO SADA	SUSSEX ((REINO UNIDO))
513	2040	JAIME	RODRÍGUEZ VIDAL	00:59:12	00:04:56	00:58:57	00:04:55	00:36:06		ARZÚA
514	1065	MANUEL	GONZALEZ ROMERO	00:59:15	00:04:57	00:58:35	00:04:53	00:37:09		VEDRA
515	2296	BENJAMIN	CARTER	00:59:15	00:04:57	00:57:56	00:04:50	00:39:00		ILFORD
516	2490	JOSÉ	VARELA DEVESA	00:59:18	00:04:57	00:58:11	00:04:51	00:37:54		OURENSE
517	2842	JOSE LUIS	TOJO NUÑEZ	00:59:20	00:04:57	00:58:18	00:04:52	00:38:05		SANTIAGO DE COMPOSTELA
518	2266	JOSÉ MANUEL	GONZÁLEZ OUTEIRAL	00:59:21	00:04:57	00:58:52	00:04:55	00:37:21		BOIRO
519	249	GUSTAVO	CASTRO AMBOAGE	00:59:21	00:04:57	00:58:46	00:04:54	00:37:30		SANTIAGO DE COMPOSTELA
520	666	FRANCISCO	SEOANE GARCIA DE SEAREZ	00:59:22	00:04:57	00:59:12	00:04:56	00:36:53		SANTIAGO
521	1578	MANUEL	MALLON SANDE	00:59:23	00:04:57	00:58:37	00:04:54	00:37:30	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
522	1519	MARIO	FERNÁNDEZ FORMOSO	00:59:26	00:04:58	00:58:58	00:04:55	00:38:00	3 AND RUN	A CORUÑA
523	2179	JAIME	CASTEJON OTERO	00:59:27	00:04:58	00:58:28	00:04:53	00:37:27		PONTEVEDRA
524	398	JOAQUÍN	CALATAYUD ÁLVAREZ	00:59:30	00:04:58	00:59:15	00:04:57	00:36:34	BDO	O GROVE
525	1594	IGNACIO	TOUZÓN LIJÓ	00:59:31	00:04:58	00:58:56	00:04:55	00:37:47	BAJANDODE40.COM	RIBEIRA
526	1660	ELISEO	GARCIA CRISTOBAL	00:59:31	00:04:58	00:58:45	00:04:54	00:37:41	CLUB ATLETISMO SADA	CARBALLO
527	2342	ALFONSO	RUEDA VALENZUELA	00:59:32	00:04:58	00:59:00	00:04:55	00:37:01		PONTEVEDRA
528	2341	J. MANUEL	GALIÑANES FERNÁNDEZ	00:59:32	00:04:58	00:58:59	00:04:55	00:36:55		17/09/1976
529	1231	JOSE ANTONIO	ESTEVEZ DAVID	00:59:34	00:04:58	00:58:45	00:04:54	00:37:02		GONDOMAR
530	846	EVARISTO	GARCIA MARTINEZ	00:59:36	00:04:58	00:59:27	00:04:58	00:36:36	SAR-VERMU PETRONI	ROIS
531	1993	JOSÉ MANUEL	VÁZQUEZ LÓPEZ	00:59:38	00:04:59	00:59:00	00:04:55	00:37:30		AMOEIRO
532	579	JOSE LUIS	REGUEIRO REGUEIRA	00:59:39	00:04:59	00:58:41	00:04:54	00:37:48	CLUBE ATLETISMO BOIMORTO	BOIMORTO
533	2027	JOSE MANUEL	GARABATOS FREIRIA	00:59:40	00:04:59	00:58:43	00:04:54	00:37:43		VIGO
534	2099	ALFREDO	FERNÁNDEZ RÍOS	00:59:40	00:04:59	00:58:48	00:04:54	00:38:43		OURENSE
535	1296	VICTOR MANUEL	SIGNIORINI IGLESIAS	00:59:40	00:04:59	00:59:18	00:04:57	00:36:24		SANTIAGO DE COMPOSTELA
536	2334	JOSE LUIS	GONZALEZ NOVOA	00:59:42	00:04:59	00:59:06	00:04:56	00:36:56		OURENSE
537	1597	IVAN	FOLLA-CISNEROS VIDAL	00:59:43	00:04:59	00:59:12	00:04:56	00:38:05	BEER & RUNNERS CORUÑA	A CORUÑA
538	1217	JOSÉ ANGEL	SERICO VIDAL	00:59:43	00:04:59	00:59:14	00:04:57	00:37:14		SANTIAGO
539	1599	ROBERTO	HERNANDO SANTALLA	00:59:44	00:04:59	00:59:14	00:04:57	00:37:55	BEER RUNNERS CORUÑA	A CORUÑA
540	1236	JUAN CARLOS	VAZQUEZ GOMEZ	00:59:45	00:04:59	00:59:26	00:04:58	00:37:15		LA CORUÑA
541	1898	JUAN MANUEL	MOSQUERA CARNOTA	00:59:45	00:04:59	00:59:04	00:04:56	00:37:03	RUNNERS AMIO	SANTIAGO DE COMPOSTELA
542	2183	JOSÉ ANTONIO	SALVADO CASTRO	00:59:45	00:04:59	00:58:57	00:04:55	00:37:26		BRIÓN
543	1974	EUGENIO	PARDO PARDO	00:59:45	00:04:59	00:59:24	00:04:57	00:37:31		LUGO
544	2108	PABLO	GARCIA BARBEIRA	00:59:46	00:04:59	00:58:43	00:04:54	00:38:26		AS PONTES
545	2053	FRANCISCO	COSTAS CARRO	00:59:49	00:05:00	00:59:12	00:04:56	00:38:21		SANTIAGO DE COMPOSTELA
546	2690	AMANDO	ÁLVAREZ REGUEIRO	00:59:52	00:05:00	00:59:06	00:04:56	00:37:22		SANTIAGO DE COMPOSTELA
547	2275	MANUEL	MARTIS MIRANDA	00:59:52	00:05:00	00:58:36	00:04:53	00:38:16		RIVEIRA
548	233	ANDRES	PAMPIN TATO	00:59:53	00:05:00	00:59:46	00:04:59	00:36:53		SANTIAGO DE COMPOSTELA
549	2050	JUAN ANTONIO	DOMINGUEZ LOPEZ	00:59:54	00:05:00	00:59:38	00:04:59	00:37:10		LA CORUÑA
550	2398	AURELIO	COUSO CAMBEIRO	00:59:56	00:05:00	00:59:15	00:04:57	00:37:27		SANTIAGO
551	2327	JESUS	COUSO CAMBEIRO	00:59:56	00:05:00	00:59:14	00:04:57	00:37:16		SANTIAGO DE COMPOSTELA
552	1774	JOSE CARLOS	ARANDA SUS	00:59:56	00:05:00	00:59:29	00:04:58	00:36:09		HUESCA

553	327	BENITO	BOUZADA BLANCO	00:59:57	00:05:00	00:59:07	00:04:56	00:37:24	ATLETAS VETERANOS OURENSE	OURENSE
554	1302	JUAN MANUEL	CANEDA OUBEL	00:59:58	00:05:00	00:59:36	00:04:58	00:37:19		SANTIAGO
555	1631	JOSE ANTONIO	SALGADO RUA	01:00:02	00:05:01	00:59:07	00:04:56	00:37:53	CIE GALFOR	OURENSE
556	2031	ALBERTO	PEREZ MIRAMONTES	01:00:02	00:05:01	00:59:06	00:04:56	00:38:01		A CORUÑA
557	675	CRISTÓBAL	MATEOS GARCÍA	01:00:05	00:05:01	00:59:40	00:04:59	00:38:05		PONFERRADA
558	2504	MICHAEL	STOCKHEIM GOMEZ	01:00:08	00:05:01	00:59:21	00:04:57	00:38:49		SAARLOUIS
559	362	JESÚS	MIRA MARTÍNEZ	01:00:08	00:05:01	00:59:07	00:04:56	00:38:45	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
560	1874	BENITO	BLANCO PEQUEÑO	01:00:08	00:05:01	00:59:00	00:04:55	00:37:57	PATUKOS TIM RANIN	CEDEIRA
561	1111	RICARDO	PORTABALES DOBAÑO	01:00:09	00:05:01	00:59:50	00:05:00	00:38:38		SANTIAGO DE COMPOSTELA
562	1883	EDUARDO	BARRAL PRADO	01:00:10	00:05:01	00:59:13	00:04:57	00:37:54	PORCOS BRAVOS	LUGO
563	2606	OLIMPIO	GONZALEZ MIRAMONTES	01:00:10	00:05:01	00:59:34	00:04:58	00:37:17		CHAYAN
564	924	JOSE MARIA	BOO REIRIZ	01:00:11	00:05:01	00:59:17	00:04:57	00:36:54	VIRXIGUIANOS TRAIL	RIBEIRA
565	2090	SANTIAGO	GONZALEZ PRADO	01:00:11	00:05:01	00:59:34	00:04:58	00:37:37		BOVEDA-LUGO
566	2299	MARCO ANTONIO	SABORIDO SILVA	01:00:12	00:05:01	00:59:04	00:04:56	00:38:36		BOIRO
567	2028	MIGUEL ANGEL	CARBALLADA RODRIGUEZ	01:00:12	00:05:01	00:59:41	00:04:59	00:37:06		LUGO
568	2567	ALBERTO	PEREZ PARDIÑAS	01:00:13	00:05:02	00:59:06	00:04:56	00:38:09		LA CORUÑA
569	1699	ANTONIO	BAZARRA AGULLA	01:00:19	00:05:02	00:59:06	00:04:56	00:38:16	CLUBE ATLETISMO OUTES - JOHN TURKEY	MUROS
570	1916	ALBERTO	BARREIROS VAZQUEZ	01:00:24	00:05:02	00:59:38	00:04:59	00:38:18	SOLAINA TEAM RUNING	OURENSE
571	1881	JOSE MANUEL	PIÑEIRO RIOS	01:00:26	00:05:03	00:59:50	00:05:00	00:37:18	PIÑEIRO	VILAR
572	1638	RAFA	VILAR SEOANE	01:00:32	00:05:03	01:00:09	00:05:01	00:37:16	CLUB ATLETISMO ESTRADA	PONTEVEDRA
573	2307	BERNARDINO	OTERO QUINTAS	01:00:35	00:05:03	01:00:01	00:05:01	00:37:38		GONDOMAR VILLAZA
574	2826	JAVIER	FRAGA DÍAZ	01:00:36	00:05:03	00:59:40	00:04:59	00:38:18		SANTIAGO
575	2070	EMILIO	EIRIN BARRIO	01:00:36	00:05:03	01:00:15	00:05:02	00:37:31		PONTEVEDRA
576	1697	GUILLERMO	MANEIRO OTERO	01:00:39	00:05:04	01:00:17	00:05:02	00:37:49	CLUB TRIATLON VILAGARCIA	VILLAGARCIA DE AROSA
577	857	JOSE	CAMBA	01:00:40	00:05:04	00:59:59	00:05:00	00:38:13	SÍGUEME SI PUEDES	FERROL
578	490	RAFAEL SENEN	GOMEZ REIRIS	01:00:40	00:05:04	00:59:54	00:05:00	00:38:18	CLUB ATLETISMO OUTES	MUROS
579	2071	MANUEL	RENDO LAREO	01:00:43	00:05:04	00:59:51	00:05:00	00:37:27		PARIS
580	2077	PABLO	BUCETA BLANCO	01:00:45	00:05:04	01:00:11	00:05:01	00:37:19		N
581	2613	JOSÉ L.	CAL	01:00:49	00:05:05	01:00:25	00:05:03	00:37:42		A CORUÑA
582	2373	FRANCISCO	VALLEJO TORRES	01:00:53	00:05:05	01:00:34	00:05:03	00:37:11		SANTIAGO DE COMPOSTELA N
583	524	LUIS	VAZQUEZ SANESTEBAN	01:00:55	00:05:05	01:00:05	00:05:01	00:38:49	CLUB CICLISTA TERRAS DO EUME	FERROL
584	1637	MANUEL	GOMEZ RODRIGUEZ	01:00:57	00:05:05	00:59:55	00:05:00	00:38:20	CLUB ATLETISMO ESTRADA	A ESTRADA
585	2442	OSCAR	GARCIA LOPEZ	01:00:57	00:05:05	01:00:02	00:05:01	00:38:19		MUTRIKU
586	3058	MIGUEL ANGEL	MOCIÑO FREIRE	01:00:59	00:05:05	01:00:27	00:05:03	00:38:21	PATO BLANCO CELANOVA	CELANOVA
587	1729	DAVID	MARTINEZ RODRIGUEZ	01:00:59	00:05:05	01:00:08	00:05:01	00:38:22	DIGAMEL	BARAKALDO, BIZKAIA
588	2052	MANUEL	GARCIA FERREIRA	01:01:03	00:05:06	01:00:37	00:05:04	00:37:25		SANTIAGO DE COMPOSTELA
589	1783	DIEGO	GONZALEZ SALGADO	01:01:06	00:05:06	01:00:50	00:05:05	00:37:24		OURENSE
590	2347	JUAN	RAMOS MARTÍNEZ	01:01:09	00:05:06	01:00:53	00:05:05	00:37:10		SANTIAGO
591	616	JORGE	GONTA NOVO	01:01:10	00:05:06	01:00:49	00:05:05	00:38:20	ERIKA PILATES TEAM	SEGOVIA
592	2821	MARCOS	ALVAREZ PATIÑO	01:01:12	00:05:06	01:00:27	00:05:03	00:37:29		A CORUÑA
593	474	MARIO	LAGO BLANCO	01:01:13	00:05:07	01:01:00	00:05:05	00:37:08	CLUB ATLETISMO MILLADOIRO	AMES
594	1254	JUAN JOSE	VERDES GOMEZ	01:01:15	00:05:07	01:00:01	00:05:01	00:39:10		MALPICA
595	1213	MANUEL ANGEL	VILARIÑO ABEIJON	01:01:15	00:05:07	01:00:39	00:05:04	00:38:07		MUROS
596	2349	JOSE MANUEL	CASTELO FERNANDEZ	01:01:16	00:05:07	01:00:48	00:05:04	00:38:28		SANTIAGO DE COMPOSTELA
597	2461	ISAÍAS	CALVO DE LA UZ	01:01:16	00:05:07	01:00:23	00:05:02	00:38:43		PONFERRADA
598	2038	BASILIO	GUIJARRO ARCA	01:01:16	00:05:07	01:00:45	00:05:04	00:38:19		A ESTRADA
599	1092	JESUS	CADABAL MARTINEZ	01:01:17	00:05:07	01:00:03	00:05:01	00:38:56		RIVEIRA
600	2192	NICHOLAS	DUTFIELD	01:01:17	00:05:07	01:00:17	00:05:02	00:40:31		SOUTH YORKSHIRE
601	2103	ANTINIO	HERMIDA PEREIRO	01:01:18	00:05:07	01:00:25	00:05:03	00:38:39		O PINO
602	1832	NICOLAS	SANCHEZ CURBERA	01:01:19	00:05:07	01:00:19	00:05:02	00:38:42	LOMBIS	VIGO
603	1565	MANUEL	SEARA ESTEVEZ	01:01:24	00:05:07	01:00:20	00:05:02	00:38:12	ATLETICA DE ALLARIZ	OURENSE
604	2424	JOSE	MIRA MAYO	01:01:33	00:05:08	01:00:25	00:05:03	00:40:07		NEGREIRA
605	2537	SERGIO	PEREIRA RIO	01:01:36	00:05:08	01:00:28	00:05:03	00:40:08		BARCELONA
606	1748	JOSE	PAULOS LOBATO	01:01:41	00:05:09	01:00:32	00:05:03	00:40:15	GALITAR RUNNERS	VILLAGARCIA DE AROSA

607	2516 JAVIER	PEREIRA GONZÁLEZ	01:01:42	00:05:09	01:00:22	00:05:02	00:39:36		OURENSE
608	1812 ROMAN	FREIRE DOMINGUEZ	01:01:43	00:05:09	01:00:22	00:05:02	00:38:48		SANTIAGO DE COMPOSTELA
609	2046 CARLOS	GARCÍA PÉREZ	01:01:43	00:05:09	01:01:08	00:05:06	00:38:28		RIBEIRA DE PIQUIN
610	1715 FELIPE	IGLESIAS DE LA TORRE	01:01:47	00:05:09	01:00:25	00:05:03	00:40:15	CNPO TRIATLON	OURENSE
611	1850 LUIS FERNANDO	MURILLO GARCIA	01:01:48	00:05:09	01:01:05	00:05:06	00:38:47	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
612	1912 ENRIQUE	ZARRA FERRO	01:01:49	00:05:10	01:01:08	00:05:06	00:38:47	SERVICIO	VIGO
613	859 BERTO	BAZ RODRÍGUEZ	01:01:51	00:05:10	01:01:12	00:05:06	00:38:40	SÍGUEME SI PUEDES	LA GUARDIA (PONTEVEDRA)
614	855 DAVID	BSENA RODRÍGUEZ	01:01:51	00:05:10	01:01:12	00:05:06	00:38:40	SÍGUEME SI PUEDES	FERROL
615	2264 ERNESTO J.	OTERO JUSTO	01:01:52	00:05:10	01:01:08	00:05:06	00:39:23		O CARBALLIÑO
616	3031 JOSÉ MARÍA	VIANA FERREIRO	01:01:53	00:05:10	01:01:25	00:05:08	00:38:46	VERXEL NUTRICIÓN DEPORTIVA	LUGO
617	1571 JOSE	RODRÍGUEZ GONZÁLEZ	01:01:54	00:05:10	01:01:32	00:05:08	00:38:34	ATLETISMO ARENTEIRO	LEIRO
618	880 JAVIER	GIL PEREIRA	01:01:58	00:05:10	01:00:52	00:05:05	00:39:46	TARTARUGAS	FORCAREI
619	2246 JUAN CARLOS	PORTO LOPEZ	01:02:00	00:05:10	01:00:54	00:05:05	00:38:57		ARANGA
620	1892 MANUEL	CARBAJO CAPEANS	01:02:02	00:05:11	01:00:48	00:05:04	00:38:27	REAL AEROCLUB SANTIAGO	SANTIAGO DE COMPOSTELA
621	2595 FRANCISCO JOSE	FREIRE HERMIDA	01:02:02	00:05:11	01:01:37	00:05:09	00:38:20		CEDEIRA
622	2419 JOSE DANIEL	OTERO ILLODO	01:02:04	00:05:11	01:01:14	00:05:07	00:39:14		SANTIAGO DE COMPOSTELA
623	565 SERGIO	DEL ARCO MARQUIZ	01:02:05	00:05:11	01:01:41	00:05:09	00:38:26	CLUB OLIMPICO DE VEDRA	SALAMANCA
624	3096 JOSE A.	VAZQUEZ VAZQUEZ	01:02:07	00:05:11	01:01:04	00:05:06	00:38:59		SANTITAGO DE COMPOSTELA
625	2107 CARLOS	BELMONTE POSE	01:02:07	00:05:11	01:01:42	00:05:09	00:38:18		A CORUÑA
626	1678 ROBERTO	BLANCO DOCAMPO	01:02:08	00:05:11	01:01:35	00:05:08	00:39:03	CLUB DEPORTIVO PINARIUM	PONTEVEDRA
627	2328 SANTIAGO	MARTINEZ MIRÁS	01:02:14	00:05:12	01:01:11	00:05:06	00:38:51		SANTIAGO DE COMPOSTELA
628	2279 JAVIER	BALO COUTO	01:02:17	00:05:12	01:01:49	00:05:10	00:38:56		SANTIAGO DE COMPOSTELA
629	1616 FERNANDO	BLANCO SILVA	01:02:18	00:05:12	01:01:15	00:05:07	00:39:15	CABE	VILAGARCÍA DE AROUSA
630	2170 ROBERTO CARLOS	QUINTELA CUADRADO	01:02:18	00:05:12	01:00:59	00:05:05	00:39:39		BARCELONA
631	1969 FERNANDO	NOYA DOPAZO	01:02:20	00:05:12	01:01:21	00:05:07	00:39:53		SANTIAGO DE COMPOSTELA
632	2361 DAVID	LOPEZ VILARIÑO	01:02:25	00:05:13	01:01:43	00:05:09	00:38:59		FERROL
633	1779 DAVID	CAMINO FERNÁNDEZ	01:02:27	00:05:13	01:01:40	00:05:09	00:39:45		VIGO
634	1765 MANUEL	VÁZQUEZ VÁZQUEZ	01:02:30	00:05:13	01:01:20	00:05:07	00:41:40		CAMBADOS
635	2525 RAFAEL RAMÓN	CASTEJÓN SEGURA	01:02:30	00:05:13	01:02:11	00:05:11	00:38:03		BARQUISIMETO
636	2512 PEDRO	MIGUEL ALONSO	01:02:36	00:05:13	01:02:15	00:05:12	00:38:50		TOLEDO
637	3002 JOSE MANUEL	DURO DURO	01:02:36	00:05:13	01:02:05	00:05:11	00:39:11	GRUPO CASTROSUA	SANTIAGO
638	2177 JORGE JAVIER	VILLARINO RODRÍGUEZ-REY	01:02:40	00:05:14	01:01:45	00:05:09	00:39:36		OURENSE
639	2029 FRANCISCO	ROMERO	01:02:41	00:05:14	01:01:34	00:05:08	00:40:08		VENEZUELA
640	1927 ANTONIO	FERREIRO PÉREZ	01:02:43	00:05:14	01:02:11	00:05:11	00:38:35	TARTARUGAS	ALEMANIA
641	1771 JORGE ALBERTO	HERNÁNDEZ GIADÁNS	01:02:43	00:05:14	01:02:06	00:05:11	00:38:53		EASTBOURNE
642	2114 JUAN	GONZÁLEZ ARES	01:02:45	00:05:14	01:01:49	00:05:10	00:39:46		SANTIAGO DE COMPOSTELA
643	1849 ANGEL	MUNIN OTERO	01:02:45	00:05:14	01:01:51	00:05:10	00:40:03	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
644	2315 JOSE ANGEL	LORENZO RIVEIRO	01:02:47	00:05:14	01:02:04	00:05:11	00:39:09		SOLINGEN (ALEMANIA)
645	2538 MANUEL	SUÁREZ GESTAL	01:02:49	00:05:15	01:01:59	00:05:10	00:39:17		PONTEVEDRA
646	2188 RAFAEL	FILGUEIRA JANEIRO	01:02:49	00:05:15	01:01:37	00:05:09	00:40:36		VILABOA (PONTEVEDRA)
647	2097 JOSÉ RAMÓN	SEÑARÍS BOO	01:02:53	00:05:15	01:02:39	00:05:14	00:38:31		PUEBLA DO CARAMIÑAL
648	887 VÍCTOR HUGO	CONDE LÓPEZ	01:02:54	00:05:15	01:02:46	00:05:14	00:39:07	TERRA DE SONEIRA C.D.	CORUÑA
649	2844 FERNANDO	TELLE RODRÍGUEZ	01:02:55	00:05:15	01:01:48	00:05:09	00:40:22		OURENSE
650	2277 FRANCISCO JOSE	GONZALEZ TORRES	01:02:56	00:05:15	01:01:55	00:05:10	00:39:35		PADRÓN
651	1876 ENRIQUE	PEÑA GONZÁLEZ	01:02:57	00:05:15	01:01:49	00:05:10	00:39:48	PATUKOS TIM RANIN	MADRID
652	2547 MARCOS	CASAL MARTÍNEZ	01:03:00	00:05:15	01:01:44	00:05:09	00:39:41		VILANOVA DE AROUSA
653	1656 GONZALO	CARRILLO GUILLÍN	01:03:01	00:05:16	01:02:08	00:05:11	00:40:10	CLUB ATLETISMO PINO	SANTIAGO DE COMPOSTELA
654	2532 JUAN	LOPEZ LOURO	01:03:06	00:05:16	01:01:49	00:05:10	00:40:07		BARRO
655	1791 IAGO	SUÁREZ GÓMEZ	01:03:08	00:05:16	01:02:49	00:05:15	00:38:42		FOZ
656	1980 EDUARDO	PARRA RODRÍGUEZ	01:03:08	00:05:16	01:02:45	00:05:14	00:39:27		DONOSTIA
657	1095 ROBERTO	PICO POUSO	01:03:11	00:05:16	01:02:44	00:05:14	00:39:00		A CORUÑA
658	2456 JOSEÉLUÍS	FERRMÍN JEREMÍAS	01:03:12	00:05:16	01:02:34	00:05:13	00:38:52		SANTIAGO DE COMPOSTELA
659	2470 IGNACIO	PRIETO RICO	01:03:15	00:05:17	01:02:09	00:05:11	00:40:14		VALLADOLID
660	2445 MIGUEL ANGEL	IGLESIAS VARELA	01:03:16	00:05:17	01:02:18	00:05:12	00:39:43		SANTIAGO DE COMPOSTELA

661	2221	JULIAN	RAMOS ARCOS	01:03:17	00:05:17	01:02:02	00:05:11	00:39:39	MUROS
662	19	ELPIDIO	COSTA BOUZAS	01:03:19	00:05:17	01:02:09	00:05:11	00:40:08	AMEIXA ROCK
663	2580	JORGE	DEL RIO	01:03:20	00:05:17	01:02:32	00:05:13	00:39:33	LAS PALMAS DE GRAN CANARIAS
664	2645	BRUNO	LÓPEZ MONTES	01:03:20	00:05:17	01:02:17	00:05:12	00:41:15	PADRÓN
665	2515	CARLOS	LÓPEZ VILARIÑO	01:03:32	00:05:18	01:02:50	00:05:15	00:39:53	FERROL
666	1663	LUIS ALBERTO	MARTINEZ ARES	01:03:32	00:05:18	01:02:50	00:05:15	00:40:26	CLUB ATLETISMO SADA
667	2473	GUILLERMO	RODRIGUEZ PUJOL	01:03:38	00:05:19	01:02:27	00:05:13	00:41:09	MADRID
668	2708	VICTOR MANUEL	TROITIÑO CANABAL	01:03:39	00:05:19	01:02:42	00:05:14	00:39:53	LUXEMBURGO
669	2291	ANTONIO DAVID	RODRIGUEZ GARRIDO	01:03:39	00:05:19	01:02:47	00:05:14	00:40:22	O GROVE
670	2722	ISMAEL	MENÉNDEZ FERNÁNDEZ	01:03:40	00:05:19	01:02:53	00:05:15	00:39:41	CANGAS DEL NARCEA - ASTURIAS
671	2254	MANUEL	OTERO BARGOS	01:03:41	00:05:19	01:02:45	00:05:14	00:40:06	BECERREA
672	2260	JOSE MARIA	VARA RODRIGUEZ	01:03:42	00:05:19	01:02:36	00:05:13	00:39:47	LEON
673	2570	VÍCTOR VENERANDO	ESTÉVEZ GARRIDO	01:03:46	00:05:19	01:03:09	00:05:16	00:39:00	VIGO
674	1801	FERNANDO	VALERIO BARRIO	01:03:48	00:05:19	01:03:11	00:05:16	00:39:29	OLEIROS
675	2351	JUAN MANUEL	PAZOS LEIS	01:03:48	00:05:19	01:02:47	00:05:14	00:40:39	BILBAO
676	1198	MIGUEL	VAZQUEZ PRECEDO	01:03:49	00:05:20	01:02:30	00:05:13	00:40:39	CAMBRE
677	1556	CARLOS	PARDO FARIÑA	01:03:49	00:05:20	01:02:55	00:05:15	00:39:31	ATLETAS DE ACEA DE AMA
678	2718	RAMIRO	TABOADA VAZQUEZ	01:03:51	00:05:20	01:03:43	00:05:19	00:38:30	SANTIAGO DE COMPOSTELA
679	2841	FRANCISCO JAVIER	CHOUZA FERREIRO	01:03:52	00:05:20	01:02:47	00:05:14	00:40:34	SAN SEBASTIAN
680	2480	JOSE MANUEL	MARTINEZ MARTINEZ	01:03:52	00:05:20	01:02:53	00:05:15	00:40:14	VILANOVA DE AROUSA
681	1872	MIGUEL	DEZA RODRIGUEZ	01:03:56	00:05:20	01:02:48	00:05:14	00:40:21	PATUKOS
682	2625	EMMANUEL	GIRONDO RUEDA	01:03:57	00:05:20	01:03:06	00:05:16	00:39:33	PARIS
683	2396	JOSÉ LUIS	QUINTELA JULIÁN	01:03:58	00:05:20	01:03:15	00:05:17	00:40:20	A CORUÑA
684	1769	MARCOS	TEDIN MOUZO	01:04:05	00:05:21	01:02:46	00:05:14	00:40:20	CAMARIÑAS
685	2348	ANGEL CARLOS	IZQUIERDO LOPEZ	01:04:05	00:05:21	01:02:47	00:05:14	00:40:21	CUENCA
686	2122	NOTORIOUS	BIG	01:04:14	00:05:22	01:03:24	00:05:17	00:40:25	SANTIAGO
687	914	JOSÉ MANUEL	MAYO CAAMAÑO	01:04:24	00:05:22	01:02:58	00:05:15	00:40:55	VENDAVAL ESTEIRO
688	2617	DAVID	RIOLA POSE	01:04:25	00:05:23	01:03:22	00:05:17	00:40:18	LONDRES
689	2539	JOSE MANUEL	TORRES FERREIRO	01:04:27	00:05:23	01:03:49	00:05:20	00:39:12	SANTIAGO DE COMPOSTELA
690	2513	JOSE JUAN	SUAREZ GESTAL	01:04:27	00:05:23	01:03:32	00:05:18	00:40:22	PONTEVEDRA
691	2208	J ÁNGEL	GIL MARTÍNEZ	01:04:27	00:05:23	01:03:18	00:05:17	00:40:44	VALGA
692	2495	JOSÉ FRANCISCO	BLANCO FANDIÑO	01:04:28	00:05:23	01:03:40	00:05:19	00:40:36	NEDA
693	2320	JUAN	PEREIRA VIEIRO	01:04:29	00:05:23	01:04:21	00:05:22	00:38:58	SANTIAGO DE COMPOSTELA
694	2414	MANUEL MARIA	CRESPO MARTINEZ	01:04:30	00:05:23	01:03:52	00:05:20	00:40:10	CARNOTA
695	1397	PABLO	ESPERANTE PEREIRA	01:04:35	00:05:23	01:03:42	00:05:19	00:41:05	NUEVA YORK
696	2033	JAVIER	VARELA ROMERO	01:04:36	00:05:23	01:03:35	00:05:18	00:40:39	SANTIAGO DE COMPOSTELA
697	2063	ENRIQUE	RODRÍGUEZ ALEJOS	01:04:38	00:05:24	01:03:55	00:05:20	00:40:35	RIBADAVIA
698	1785	FERNANDO	MONTANS ARGUELLO	01:04:40	00:05:24	01:03:53	00:05:20	00:40:34	VITORIA
699	2110	FRANCISCO	ÁVILA SÁNCHEZ	01:04:43	00:05:24	01:03:55	00:05:20	00:40:30	GRANADA
700	1793	DIEGO	FOMPEDRIÑA ROCA	01:04:43	00:05:24	01:03:51	00:05:20	00:41:20	SANTIAGO DE COMPOSTELA
701	2602	EDUARDO	BARREIRO VILLAVERDE	01:04:49	00:05:25	01:04:24	00:05:22	00:40:18	CORUÑA
702	3015	PABLO	SIERRA SOBRINO	01:04:52	00:05:25	01:04:21	00:05:22	00:38:50	GRUPO CASTROSUA
703	1328	FERNANDO	COSTA CASTRO	01:04:57	00:05:25	01:04:32	00:05:23	00:39:19	SANTIAGO
704	354	ALFREDO	FANDIÑO ARES	01:05:03	00:05:26	01:04:07	00:05:21	00:41:47	ATLETISMO FONTES DO SAR
705	2408	MARCOS	CANDAL FERNANDEZ	01:05:05	00:05:26	01:04:27	00:05:23	00:39:26	A CORUÑA
706	1900	JOSE MANUEL	CARREIRA CAROLLO	01:05:11	00:05:26	01:04:15	00:05:22	00:40:51	RUNNERS AMIO
707	2491	SERGIO	MARTINEZ LAGO	01:05:12	00:05:26	01:04:08	00:05:21	00:40:09	BRION
708	2582	JOSE MANUEL	CASAS PEREZ	01:05:15	00:05:27	01:04:07	00:05:21	00:40:21	OURENSE
709	2212	MANUEL JAVIER	MARCOS PIÑEIRO	01:05:19	00:05:27	01:04:49	00:05:25	00:39:51	A CORUÑA
710	2286	JUAN LUIS	ROMASANTA PUGA	01:05:26	00:05:28	01:04:28	00:05:23	00:40:30	OURENSE
711	2225	ROBERTO	ANTELO VILAS	01:05:26	00:05:28	01:04:46	00:05:24	00:40:30	SANTIAGO DE COMPOSTELA
712	2497	ROLANDO	MARTÍNEZ RODRÍGUEZ	01:05:28	00:05:28	01:04:07	00:05:21	00:40:34	MALLORCA
713	1906	SANTIAGO	SUÁREZ AGRA	01:05:29	00:05:28	01:04:33	00:05:23	00:40:44	RUNNING OLEIROS
714	2198	ALBERTO	VARELA GARCÍA	01:05:32	00:05:28	01:04:39	00:05:24	00:43:42	CORUÑA

715	2113 JAVIER	DE LA VIUDA IGLESIAS	01:05:36	00:05:28	01:04:24	00:05:22	00:42:20		BURGOS
716	2565 ABEL	ROMERO TORRES	01:05:43	00:05:29	01:05:14	00:05:27	00:40:30		DODRO
717	2637 MARCOS	FRANCO SABARÍS	01:05:44	00:05:29	01:04:29	00:05:23	00:40:45		VIGO
718	2656 LUIS	ALVAREZ PARDIÑAS PUENTE	01:05:46	00:05:29	01:04:53	00:05:25	00:42:51		CAMARIÑAS
719	199 ROBERTO	ARAUJO CAMBESES	01:05:55	00:05:30	01:05:04	00:05:26	00:41:48		ORENSE
720	2759 FERNANDO	SOUTO MATA	01:05:55	00:05:30	01:04:43	00:05:24	00:40:08		GINEBRE
721	1086 OSCAR	SUAREZ FERNANDEZ	01:05:56	00:05:30	01:04:45	00:05:24	00:43:36		SANTIAGO
722	2399 FRANCISCO	DIOS AYASO	01:06:03	00:05:31	01:05:18	00:05:27	00:41:53		RIBEIRA
723	2832 LUCIANO	PARDO FERNANDEZ	01:06:06	00:05:31	01:05:09	00:05:26	00:40:40		CHANTADA
724	2628 FERNANDO	GUILLÉN CAMBA	01:06:07	00:05:31	01:05:25	00:05:28	00:41:58		SANTIAGO DE COMPOSTELA
725	1700 SERGIO	CALVO	01:06:09	00:05:31	01:04:53	00:05:25	00:41:49	CLUBE ATLETISMO OUTES - JOHN TURKEY	CORUÑA
726	2540 FRANCISCO JAVIER	FANEGO RIOBOO	01:06:11	00:05:31	01:05:05	00:05:26	00:42:28		MADRID
727	2263 ALFREDO JORGE	NOVOA VÁZQUEZ	01:06:13	00:05:32	01:05:07	00:05:26	00:41:29		SILLEDA
728	2381 SANTIAGO	BOTAS RAMOS	01:06:14	00:05:32	01:05:08	00:05:26	00:41:30		SILLEDA
729	1722 ARTURO	PONTE LORENZO	01:06:16	00:05:32	01:04:52	00:05:25	00:42:51	CORRECAN	SANTIAGO
730	3038 JOSE FELICIANO	RODRÍGUEZ DÍAZ	01:06:17	00:05:32	01:05:24	00:05:27	00:40:53	ATLETISMO RIBADEO	PIÑEIRO - RIBADEO
731	849 FERNANDO	VILELA FONTICOBA	01:06:24	00:05:32	01:06:01	00:05:31	00:40:55	SERVICIO	FERROL
732	299 ANTONIO	DÍAZ MEIGENGO	01:06:24	00:05:32	01:06:01	00:05:31	00:40:56	ASOCIACION DE ATLETISMO ESTRADENSE	SANTIAGO DE COMPOSTELA
733	1078 SANTIAGO	MATA EIRISQ	01:06:24	00:05:32	01:06:01	00:05:31	00:40:57		SANTIAGO DE COMPOSTELA
734	2554 SANTIAGO	NEIRA PUENTE	01:06:28	00:05:33	01:06:14	00:05:32	00:40:29		A ESTRADA
735	1241 SER	MATA TORREIRA	01:06:31	00:05:33	01:06:22	00:05:32	00:39:55		SANTIAGO DE COMPOSTELA
736	2486 FRANCISCO JAVIER	NOYA IGLESIAS	01:06:37	00:05:34	01:05:27	00:05:28	00:41:14		SANTIAGO DE COMPOSTELA
737	2579 JORGE JUAN	TABOADA VÁZQUEZ	01:06:41	00:05:34	01:05:32	00:05:28	00:41:25		OLEIROS
738	1680 JORGE	CARREIRA NODAR	01:06:43	00:05:34	01:05:21	00:05:27	00:42:08	CLUB DEPORTIVO SAN PAIO	VEDRA
739	3100 RAMÓN	LAMAS DAVIÑA	01:06:55	00:05:35	01:05:36	00:05:28	00:42:43		SANTIAGO
740	2218 VICENTE	MALLO SEIJO	01:06:55	00:05:35	01:06:15	00:05:32	00:41:36		08/12/1974
741	2484 MARCOS	TESOURO MONTECELO	01:07:06	00:05:36	01:06:17	00:05:32	00:41:54		OURENSE
742	2650 EMILIO JOSÉ	DIEZ RICO	01:07:08	00:05:36	01:06:02	00:05:31	00:41:56		FERROL
743	401 CESAR	OSORIO DIEGUEZ	01:07:12	00:05:36	01:06:04	00:05:31	00:43:07	BEKELE RUNNING TEAM	VIGO
744	2548 JAVIER	REY PAMPIN	01:07:15	00:05:37	01:05:56	00:05:30	00:43:21		VIGO
745	1888 ROBERTO	VILARIÑO FERNANDEZ	01:07:18	00:05:37	01:06:01	00:05:31	00:42:14	PROYECTO BULULU	CARBALLO
746	2822 MIGUEL	FERRERO	01:07:22	00:05:37	01:06:04	00:05:31	00:41:52		A CORUÑA
747	2561 LUIS	TARRIO LUGO	01:07:25	00:05:38	01:06:37	00:05:34	00:41:12		A ESTRADA
748	1539 JOSE ANTONIO	CASAS OTERO	01:07:28	00:05:38	01:06:16	00:05:32	00:44:09	AERoclUB SANTIAGO	SANTIAGO DE COMPOSTELA
749	1773 GUSTAVO	ALVAREZ BEA	01:07:29	00:05:38	01:06:17	00:05:32	00:43:48		BSAS
750	1538 CELSO	BARRIOS	01:07:37	00:05:39	01:06:25	00:05:33	00:44:08	AERoclUB SANTIAGO	LUGO
751	2272 DIEGO	AMEIXEIRAS NOVELLE	01:07:39	00:05:39	01:06:55	00:05:35	00:43:29		LAUSANNE (SUIZA)
752	2730 JULIO	ARAGONÉS MARTÍNEZ	01:07:39	00:05:39	01:06:54	00:05:35	00:43:27		OURENSE
753	2749 JOSECHO	LOPEZ SILVEIRO	01:07:41	00:05:39	01:06:41	00:05:34	00:42:52		CARIÑO
754	2154 JOSÉ	OLIVEIRA	01:07:46	00:05:39	01:06:52	00:05:35	00:42:34		SANTA MARIA DA FEIRA
755	2685 PEDRO	RODRIGUEZ MALLO	01:07:46	00:05:39	01:06:29	00:05:33	00:43:50		SANTIAGO DE COMPOSTELA
756	2677 GONZALO	SANGÓ MARTÍNEZ	01:07:47	00:05:39	01:06:34	00:05:33	00:42:38		ZARAGOZA
757	2524 EOIN	MCCARTHY	01:07:53	00:05:40	01:06:35	00:05:33	00:42:05		WEXFORD
758	1784 CÉSAR	CARRACEDO POSE	01:07:56	00:05:40	01:06:42	00:05:34	00:43:34		A CORUÑA
759	1276 LEOPOLDO	VAAMONDE SANCHEZ-ANDRAI	01:07:59	00:05:40	01:06:43	00:05:34	00:43:50		SANTIAGO DE COMPOSTELA
760	2747 RODRIGO	FIGUEROA RODRIGUEZ	01:07:59	00:05:40	01:06:53	00:05:35	00:41:58		ARTEIXO
761	2626 ANTONIO	LEMA GERPE	01:08:02	00:05:41	01:06:54	00:05:35	00:42:39		BELLINZONA
762	2091 RICARDO	GOMEZ RAMOS	01:08:05	00:05:41	01:08:05	00:05:41	00:42:59		PIÑOR
763	2647 CHISCO	GARCIA	01:08:08	00:05:41	01:06:55	00:05:35	00:43:50		SANTIAGO
764	2390 IGNACIO	VARELA GÓMEZ	01:08:09	00:05:41	01:06:55	00:05:35	00:43:50		A ESTRADA
765	2127 ALBERTO	SUÁREZ GAREA	01:08:09	00:05:41	01:06:48	00:05:34	00:41:35		SANTIAGO DE COMPOSTELA
766	2541 MARCOS	LEYES BASTIDA	01:08:12	00:05:41	01:07:08	00:05:36	00:42:41		SANTIAGO DE COMPOSTELA
767	1537 BERNARDO	DIEZ GARCIA	01:08:21	00:05:42	01:07:08	00:05:36	00:42:25	AERoclUB SANTIAGO	OURENSE
768	3041 ANTONIO	CONCEIÇÃO	01:08:24	00:05:42	01:06:52	00:05:35	00:42:34	CALDAS DE SÃO JORGE SPORT CLUB	CALDAS SAO JORGE

769	2468 RAMIRO	ROUCO RIVAS	01:08:27	00:05:43	01:07:06	00:05:36	00:43:18		SANTIAGO DE COMPOSTELA
770	2588 JOSÉ FRANCISCO	QUINTELA TAJES	01:08:32	00:05:43	01:07:50	00:05:40	00:42:26		LIRA - CARNOTA
771	2464 JOSE MANUEL	GARCIA RODRIGUEZ	01:08:38	00:05:44	01:07:29	00:05:38	00:42:52		CALDAS DE REIS
772	2550 RAMÓN	NOYA BARREIRO	01:08:41	00:05:44	01:07:47	00:05:39	00:43:47		SANTIAGO
773	2560 PEDRO	REY SANCHIZ	01:08:55	00:05:45	01:07:41	00:05:39	00:43:24		VILAGARCÍA DE AROUSA
774	2166 J. MANUEL	RIVERA RAMIL	01:08:55	00:05:45	01:07:41	00:05:39	00:43:24		AS PONTES
775	1770 ENRIQUE	CARRIL RODRIGUEZ	01:08:57	00:05:45	01:07:39	00:05:39	00:43:29		CAMARIÑAS
776	2401 JESUS	LANDEIRA CAAMAÑO	01:09:04	00:05:46	01:08:43	00:05:44	00:42:56		A BAÑA
777	1327 JOSÉ JULIO	FERNÁNDEZ RODRÍGUEZ	01:09:07	00:05:46	01:08:49	00:05:45	00:42:31		VALDEORRAS
778	2168 PEDRO	DE LLANO NEIRA	01:09:08	00:05:46	01:08:06	00:05:41	00:42:53		SANTIAGO
779	2283 ALFONSO MANUEL	ÁLVAREZ SALVADO	01:09:22	00:05:47	01:08:56	00:05:45	00:42:32		SANTIAGO DE COMPOSTELA
780	2287 JACOBO	RODRÍGUEZ ALVARIÑO	01:09:22	00:05:47	01:08:56	00:05:45	00:42:32		FERROL
781	2732 JOSE MANUEL	PICO MOSQUERA	01:09:23	00:05:47	01:08:39	00:05:44	00:42:52		CORUÑA
782	2583 JORGE	AMIGO LECHUGA	01:09:25	00:05:48	01:08:22	00:05:42	00:42:27		A CORUÑA
783	2569 SANTIAGO	CABALEIRO	01:09:27	00:05:48	01:08:51	00:05:45	00:41:52		VIGO
784	715 FRANCISCO JAVIER	DOPICO IGLESIAS	01:09:28	00:05:48	01:08:58	00:05:45	00:43:43	METALICA HERCULINA	A CORUÑA
785	2634 CARLOS	SÁNCHEZ ROMERO	01:09:28	00:05:48	01:08:58	00:05:45	00:43:43		LA CORUÑA
786	2763 JOSE IGNACIO	RODRIGUEZ ORMAECHEA	01:09:29	00:05:48	01:08:06	00:05:41	00:43:20		FERROL
787	3018 GONZALO	VILLASENIN VIQUEIRA	01:09:40	00:05:49	01:08:38	00:05:44	00:44:06	GRUPO CASTROSUA	SANTIAGO
788	2581 FRANCISCO	ABUIN GARCIA	01:09:41	00:05:49	01:08:25	00:05:43	00:44:30		SANTIAGO
789	2410 MANUEL FRANCISCO	OTERO SANTIAGO	01:09:47	00:05:49	01:09:31	00:05:48	00:43:33		SANTIAGO DE COMPOSTELA
790	2474 RAFAEL	IGLESIAS BELLO	01:09:57	00:05:50	01:09:44	00:05:49	00:41:37		AMES
791	2313 JESUS	POMBO MALLO	01:10:01	00:05:51	01:08:42	00:05:44	00:43:45		SANTIAGO DE COMPOSTELA
792	2455 ALBERTO	SEOANE SANTOS	01:10:01	00:05:51	01:09:31	00:05:48	00:41:43		SANTIAGO DE COMPOSTELA
793	1685 ALBERTO	BAÑOBRE RIOS	01:10:04	00:05:51	01:09:45	00:05:49	00:42:21	CLUB MARITIMO DE PERBES	FERROL
794	2448 MARCOS	SÁNCHEZ LÓPEZ	01:10:09	00:05:51	01:09:43	00:05:49	00:43:06		SANTIAGO
795	920 RAUL	VAZQUEZ ALVAREZ	01:10:11	00:05:51	01:09:02	00:05:46	00:44:34	VII LEGIO GEMINA	CARTELLE
796	2773 JUAN CARLOS	LOPEZ PENSADO	01:10:12	00:05:51	01:09:07	00:05:46	00:44:18		PORRIÑO
797	2621 VICTOR	LODEIRO CANEDA	01:10:13	00:05:52	01:08:56	00:05:45	00:46:33		SANTIAGO DE COMPOSTELA
798	2620 PABLO	TABOADA ANTELO	01:10:14	00:05:52	01:08:57	00:05:45	00:46:33		SANTIAGO DE COMPOSTELA
799	2526 MODESTO	RIVAS FIDALGO	01:10:26	00:05:53	01:09:34	00:05:48	00:43:27		OURENSE
800	1360 DIEGO	LOPEZ GONZALEZ	01:10:27	00:05:53	01:09:28	00:05:48	00:44:40		BETANZOS
801	1573 ANGEL	DES GONZÁLEZ	01:10:33	00:05:53	01:04:48	00:05:24	00:45:16	ATLETISMOARENTEIRO	OURENSE
802	2109 JOSÉ ALBERTO	GIRONDO VILLAR	01:10:33	00:05:53	01:04:47	00:05:24	00:45:16		OURENSE
803	1636 ANTONIO	LÓPEZ FERNÁNDEZ	01:10:34	00:05:53	01:04:44	00:05:24	00:45:16	CLUB ATLETISMO CARBALLIÑO	VERIN
804	2604 ISMAEL	PARDO VARELA	01:10:45	00:05:54	01:09:32	00:05:48	00:45:15		SANTIAGO DE COMPOSTELA
805	2600 PABLO	OTERO RODAL	01:10:46	00:05:54	01:10:02	00:05:51	00:44:47		SANTIAGO DE COMPOSTELA
806	2597 RAMON	VARELA BARREIRO	01:10:46	00:05:54	01:09:28	00:05:48	00:44:16		SANTIAGO DE COMPOSTELA
807	1522 MARCOS	MARTINS LOPEZ	01:10:50	00:05:55	01:10:11	00:05:51	00:44:50	A DALO TODO TEAM !	PONTEAREAS
808	2215 GONZALO	VARELA DE LA TORRE	01:11:07	00:05:56	01:10:21	00:05:52	00:43:53		LA CORUÑA
809	2273 FERNANDO	NIETO DIZ	01:11:11	00:05:56	01:10:20	00:05:52	00:44:40		BRION
810	2689 FRANCISCO JAVIER	CES LAIÑO	01:11:14	00:05:57	01:10:23	00:05:52	00:44:56		RIANXO (LA CORUÑA)
811	1889 RUBEN	OUTON GONZALEZ	01:11:21	00:05:57	01:10:04	00:05:51	00:45:27	RAPATUNDAS	VIGO
812	2271 JOSÉ RAMÓN	FREIJEIRO OTERO	01:11:22	00:05:57	01:10:07	00:05:51	00:43:49		SANXENXO
813	1732 JAVIER	LAREO MOUGAN	01:11:29	00:05:58	01:10:39	00:05:54	00:44:59	EOLO SON	VEDRA
814	2471 ROBERTO	ALVAREZ ALONSO	01:11:32	00:05:58	01:10:49	00:05:55	00:44:24		REDONDELA
815	2610 HECTOR	GARCIA SOBRADO	01:11:33	00:05:58	01:10:24	00:05:52	00:45:07		SANTIAGO DE COMPOSTELA
816	2589 FRANCISCO JAVIER	MONTENEGRO GIL	01:11:37	00:05:59	01:10:44	00:05:54	00:44:27		SANTIAGO DE COMPOSTELA
817	1808 LUIS MIGUEL	GRELA LOPEZ	01:11:40	00:05:59	01:10:34	00:05:53	00:45:26		RIANXO
818	2496 GABRIEL	CAO SÁNCHEZ	01:11:41	00:05:59	01:10:23	00:05:52	00:45:57		A CORUÑA
819	1802 FRANCISCO	VILA BALEATO	01:11:44	00:05:59	01:10:43	00:05:54	00:45:58		GOSLAR
820	2827 EDUARDO	LOJO LOPEZ	01:11:52	00:06:00	01:11:03	00:05:56	00:44:45		SANTIAGO DE COMPOSTELA
821	1041 CARLOS	GONZALEZ LOPEZ	01:12:06	00:06:01	01:11:06	00:05:56	00:45:23		CARIÑO
822	2303 ALEJANDRO	BREA FERNÁNDEZ	01:12:06	00:06:01	01:11:08	00:05:56	00:45:07		SANTIAGO

823	2684	JOSE MANUEL	CAÍNZOS CALVO	01:12:20	00:06:02	01:11:18	00:05:57	00:45:07		EL FERROL
824	1708	JUAN O	REYES GARCÍA	01:12:26	00:06:03	01:11:39	00:05:59	00:45:09	CLUBE ATLETISMO VILALBA	CUBA
825	2757	RODRIGO IVÁN	LESMES ROMERO	01:12:30	00:06:03	01:11:25	00:05:58	00:45:09		VIGO
826	2698	LAUREANO	VARELA ÁLVAREZ	01:12:33	00:06:03	01:11:28	00:05:58	00:45:02		SANTIAGO DE COMPOSTELA
827	2731	MANUEL	FONSECA MOAS	01:12:37	00:06:04	01:11:26	00:05:58	00:45:08		MADRID
828	1918	ANTONIO	FERNÁNDEZ CASASNOVAS	01:12:39	00:06:04	01:11:51	00:06:00	00:45:40	SYNAPTYCA RUNNING	LUGO
829	1347	HECTOR	GONZÁLEZ TROITIÑO	01:12:42	00:06:04	01:11:51	00:06:00	00:44:11		BUENOS AIRES
830	741	MANUEL	TRIGO BAO	01:12:43	00:06:04	01:12:28	00:06:03	00:43:35		A ESTRADA
831	2674	JUAN LUIS	VILAR TOVAR	01:12:48	00:06:04	01:12:15	00:06:02	00:45:19		A CORUÑA
832	2603	JOSÉ MIGUEL	RIAL PÉREZ	01:12:50	00:06:05	01:11:28	00:05:58	00:44:57		A CORUÑA
833	2632	ÁNGEL	HERMIDA OTERO	01:13:08	00:06:06	01:11:50	00:06:00	00:46:20		LEIRO
834	2404	RICARDO	ROSELL CARDAMA	01:13:18	00:06:07	01:12:12	00:06:01	00:45:00		SANTIAGO DE COMPOSTELA
835	2738	MIGUEL	PEDREIRA RODRIGUEZ	01:13:18	00:06:07	01:12:13	00:06:02	00:45:13		LA CORUÑA
836	2616	JAVIER	TABOADA GARCIA	01:13:20	00:06:07	01:12:03	00:06:01	00:46:37		SANTIAGO
837	1118	FRANCISCO	DOMINGUEZ	01:13:32	00:06:08	01:12:47	00:06:04	00:45:37		OURENSE
838	1904	JUAN LUIS	RIVERO GALLEGO	01:13:50	00:06:10	01:13:31	00:06:08	00:45:08	RUNNING CLUBE VAL DE LAZA	LAZA
839	1415	ANTONIO	CARRO MARIÑO	01:13:54	00:06:10	01:12:36	00:06:03	00:47:43		PONTEVEDRA
840	2631	MARIANO	RAMIREZ FERNANDEZ	01:13:55	00:06:10	01:12:37	00:06:04	00:47:43		STUTTGART
841	1891	GABRIEL	DAVILA LISTE	01:14:03	00:06:11	01:12:47	00:06:04	00:47:16	REAL AEROCLUB DE SANTIAGO	SANTIAGO
842	2711	XAVIER	MUNAIZ ALONSO	01:14:18	00:06:12	01:13:18	00:06:07	00:47:30		PONTEVEDRA
843	2405	ENRIQUE FERNANDO	PENA CARRIL	01:14:35	00:06:13	01:13:58	00:06:10	00:46:12		MALPICA
844	3098	RAÚL	PÉREZ MARTÍNEZ	01:14:36	00:06:13	01:13:29	00:06:08	00:45:42		REQUEJO DE LA VEGA
845	2703	GONZALO	CAO ESPIDO	01:14:49	00:06:15	01:14:03	00:06:11	00:46:51		LA CORUÑA
846	2017	ÓSCAR	FERNÁNDEZ BAUTISTA	01:14:54	00:06:15	01:13:56	00:06:10	00:46:41		SANTIAGO DE COMPOSTELA
847	1258	MIGUEL	VAZQUEZ FERNANDEZ	01:15:16	00:06:17	01:14:14	00:06:12	00:47:26		VIGO
848	1875	OSCAR	CIUDAD CENDAN	01:15:17	00:06:17	01:13:58	00:06:10	00:50:01	PATUKOS TIM RANIN	CULLEREDO
849	1800	PABLO	BOULLOSA LORENZO	01:15:18	00:06:17	01:13:51	00:06:10	00:47:56		CHAPELA-REDONDELA-PONTEVEDRA
850	2210	DIEGO	CASTRO	01:15:22	00:06:17	01:14:06	00:06:11	00:46:52		FERROL
851	2094	JOSÉ LUIS	GARCÍA DOMÍNGUEZ	01:15:46	00:06:19	01:15:46	00:06:19	00:53:10		ROTTERDAM
852	2746	JOSÉ RAMÓN	TUBÍO ORDÓÑEZ	01:16:23	00:06:22	01:15:06	00:06:16	00:47:11		RIANXO
853	2084	ADRIAN	MARZOA TARRIO	01:16:43	00:06:24	01:15:22	00:06:17	00:47:59		SANTIAGO DE COMPOSTELA
854	1730	JUAN	REQUEJO	01:16:49	00:06:25	01:15:34	00:06:18	00:48:01	DIGAMEL	SANTIAGO
855	2668	LUIS ALBERTO	FERNÁNDEZ PARADA	01:17:30	00:06:28	01:16:15	00:06:22	00:47:53		A CORUÑA
856	2594	JOSE	MEJUTO PEREZ	01:17:39	00:06:29	01:16:50	00:06:25	00:48:26		BARCELONA
857	1805	JORGE JOSÉ	MÉNDEZ HERRERA	01:18:09	00:06:31	01:16:54	00:06:25	00:50:00		ZAMORA
858	2769	JOSE MARIA	ROMAY SIEIRA	01:19:01	00:06:36	01:18:14	00:06:32	00:48:21		SANTIAGO DE COMPOSTELA
859	2635	JUAN FRANCISCO	ROMAY SIEIRA	01:19:01	00:06:36	01:18:16	00:06:32	00:48:19		RIBEIRA
860	2804	CHRIS	GEORGE	01:19:31	00:06:38	01:18:26	00:06:33	00:48:07		PENSILVANIA EEUU
861	1684	XOÁN	AREA SANTOS	01:20:27	00:06:43	01:19:09	00:06:36	00:50:04	CLUB MARINEDA ATLETICO	A CORUÑA
862	1877	JUAN	FERNANDEZ GONZALEZ	01:20:29	00:06:43	01:19:10	00:06:36	00:50:03	PATUKOS TIM RANIN	SANTA UXÍA DE RIVEIRA
863	2185	JOSE IGNACIO	LIÑARES MARTINEZ	01:21:54	00:06:50	01:20:40	00:06:44	00:44:06		TEO
864	2125	FRANCISCO	COROSTOLA GONZÁLEZ	01:22:47	00:06:54	01:21:31	00:06:48	00:50:10		CORUÑA
865	2553	ANTÓN	BARRAL ÁLVAREZ	01:22:47	00:06:54	01:21:31	00:06:48	00:50:10		LA CORUÑA
866	2782	IVÁN	PIÑEIRO PÉREZ	01:22:54	00:06:55	01:21:38	00:06:49	00:51:37		TEO
867	2744	CAMILO	AMEIJEIRAS SÁNCHEZ	01:24:08	00:07:01	01:22:48	00:06:54	00:52:07		BUENOS AIRES
868	2733	EMILIO	TRIGO FILGUEIRAS	01:25:37	00:07:09	01:24:49	00:07:05	00:51:52		A CORUÑA
869	2764	FRANCISCO	VÁZQUEZ FERNÁNDEZ	01:27:16	00:07:17	01:26:12	00:07:11	00:53:22		PÓBRA DO CARAMIÑAL
870	2591	CARLOS ALBERTO	MILLARES DOMINGUEZ	01:31:16	00:07:37	01:30:05	00:07:31	00:55:09		SANTIAGO DE COMPOSTELA

MSBM MÁSTE Inscritos: 407 Llegados: 354

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control	Galeras	Club	Localidad
	1	18	JOSE CARLOS	ADÁN ARIAS	00:41:09	00:03:26	00:41:08	00:03:26	00:25:28	ADN RUNNERS-TELMO PELUQUEROS F.C.	VOGO
	2	178	JOSE	SUAREZ LEIS	00:43:31	00:03:38	00:43:29	00:03:38	00:27:00	SAR-VERMU PETRONI	A BAÑA
	3	170	RAMÓN IGNACIO	FOLGAR POUSO	00:44:30	00:03:43	00:44:30	00:03:43	00:27:31	SAR-VERMU PETRONI	RIBEIRA

4	179 CARLOS	BUSTO LOBATO	00:45:02	00:03:46	00:44:57	00:03:45	00:28:18	SAR-VERMU PETRONI	CATOIRA
5	48 JOSE	ROSENDE BREA	00:46:04	00:03:51	00:46:00	00:03:50	00:28:33	CAI A ESTRADA	A ESTRADA
6	633 EDUARDO	OTERO SALGADO	00:47:02	00:03:56	00:47:00	00:03:55	00:29:17	FLUVIAL DE LUGO MONTE SEGADE	LUGO
7	38 JUAN CARLOS	BRANDÓN RODRÍGUEZ	00:47:12	00:03:56	00:47:08	00:03:56	00:29:44	ATLETISMO FONTES DO SAR	VAL DO DUBRA
8	410 JUAN	RIVAS CASTRO	00:47:25	00:03:58	00:47:20	00:03:57	00:29:19	C. A. CAMBADOS-SEG. NOVAL	PALAS DE REI
9	40 JOSE LUIS	BOUZA FREIRE	00:47:43	00:03:59	00:47:41	00:03:59	00:29:24	ATLETISMO NARON	MIÑO
10	2964 JESUS	BARRAL SANCHEZ	00:48:07	00:04:01	00:48:04	00:04:01	00:29:58	GRUPO CASTROSUA	SANTIAGO
11	323 JOSÉ BENITO	GÓMEZ LÓPEZ	00:48:15	00:04:02	00:48:05	00:04:01	00:30:25	ATLETAS VETERANOS OURENSE	OURENSE
12	879 EDUARDO	FERNÁNDEZ MEGÍA	00:48:19	00:04:02	00:48:14	00:04:02	00:30:04	TARTARUGAS	VIGO
13	2969 JOSE LUIS	TORRES GONZÁLEZ	00:48:29	00:04:03	00:48:27	00:04:03	00:29:44	MARATÓN NATTEX BARBADÁS	OURENSE
14	827 SAUL	GOMEZ ARROJO	00:48:52	00:04:05	00:48:45	00:04:04	00:30:33	RUNNING OLEIROS	FURÍS
15	1178 CARLOS	ROCHA	00:49:20	00:04:07	00:49:15	00:04:07	00:30:30		BRASIL
16	231 ANTONIO	RIVAS FEAL	00:49:21	00:04:07	00:49:09	00:04:06	00:30:39		FERROL
17	916 JOSÉ ALFREDO	SÁNCHEZ MURCIA	00:49:25	00:04:08	00:49:13	00:04:07	00:30:38	VETERAN@S DE GALICIA	BENEJUZAR
18	749 FRANCISCO JAVIER	CEPEDA GACIO	00:49:44	00:04:09	00:49:39	00:04:09	00:30:40	NOITEBRA FC	VEDRA
19	2971 JOSE ANTONIO	SUAREZ DOMINGUEZ	00:49:45	00:04:09	00:49:43	00:04:09	00:30:41	MARATÓN NATTEX BARBADÁS	OURENSE
20	597 RODRIGO NUNES	SILVA	00:49:57	00:04:10	00:49:54	00:04:10	00:31:06	CONVENCIDOS .COM	SANTA MARIA DA FEIRA
21	709 MIGUEL ÁNGEL	FERNÁNDEZ NÓVOA	00:50:00	00:04:10	00:49:50	00:04:10	00:30:55	MARINEDA ATLÉTICO	PUEBLA DE TRIVES
22	825 JUAN CARLOS	BERGONDO BRANDARIZ	00:50:00	00:04:10	00:49:53	00:04:10	00:30:45	RUNNING OLEIROS	A CORUÑA
23	1152 MANUEL	TORRES BAUTIS	00:50:03	00:04:11	00:49:54	00:04:10	00:31:22		SANTIAGO
24	1842 ROBERTO	LEAL	00:50:08	00:04:11	00:50:03	00:04:11	00:31:05	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
25	762 JOSE	RILO LOPEZ	00:50:13	00:04:12	00:50:08	00:04:11	00:31:05	NOSPORTLIMIT	A CORUÑA
26	1381 ROGELIO JOSE	VALBUENA ALVAREZ	00:50:15	00:04:12	00:50:10	00:04:11	00:30:48		FERROL
27	3026 LUÍS	FERNÁNDEZ VEIGA	00:50:21	00:04:12	00:50:19	00:04:12	00:31:22	VERXEL NUTRICIÓN DEPORTIVA	COSPEITO
28	1169 JOSE MANUEL	OTERO LOPEZ	00:50:24	00:04:12	00:50:20	00:04:12	00:31:01		SANTIAGO
29	1841 OCTÁVIO	CAPELA	00:50:48	00:04:14	00:50:45	00:04:14	00:31:23	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
30	1042 EVARISTO	GIL PERISCAL	00:50:57	00:04:15	00:50:48	00:04:14	00:31:33		CARBALLO
31	1866 JOSE LUIS	RODRIGUEZ ORTEGA	00:50:59	00:04:15	00:50:54	00:04:15	00:31:23	PATO BLANCO CELANOVA	MAGARELOS (ALLARIZ)
32	1080 XAIME	RIVAS POSSE	00:51:19	00:04:17	00:51:11	00:04:16	00:31:33		SANTIAGO DE COMPOSTELA
33	512 JOAQUIN	SANCHEZ LEIRA	00:51:20	00:04:17	00:51:14	00:04:17	00:31:45	CLUB ATLETISMO SANTIAGO	PONTEDEUME
34	547 MANUEL	PASTRANA CRUZ	00:51:22	00:04:17	00:51:03	00:04:16	00:32:11	CLUB MONTEPENARUBIA LUGO	LUGO
35	1098 CARLOS	PARADA SANTIAGO	00:51:32	00:04:18	00:51:05	00:04:16	00:32:33		A ILLA DE AROUSA
36	803 ANTONIO	MARTÍNEZ RODRÍGUEZ	00:51:32	00:04:18	00:51:07	00:04:16	00:32:12	PINARIUM	MARIN
37	1293 XAN	LOUZAO RODRIGUEZ	00:51:39	00:04:19	00:51:03	00:04:16	00:32:27		TOURO
38	2986 JOSE MANUEL	CERNADAS TRILLO	00:51:44	00:04:19	00:50:54	00:04:15	00:32:51	ATLETICO BERTAMIRANS	O GREIXO (OUTES)
39	425 JOSE	FILGUEIRA MELÉNDEZ	00:51:45	00:04:19	00:51:28	00:04:18	00:32:37	C.D.CERNE	A GUDIÑA
40	1127 JOSE ANTONIO	GIL BREA	00:51:52	00:04:20	00:51:39	00:04:19	00:32:33		SANTIAGO DE COMPOSTELA
41	1306 FERNANDO JESUS	HERMIDA AMEJEIRAS	00:51:58	00:04:20	00:51:46	00:04:19	00:32:19		MONTEVIDEO
42	3024 JOSÉ	ÁLVAREZ LENCE	00:52:03	00:04:21	00:51:46	00:04:19	00:32:37	VERXEL NUTRICIÓN DEPORTIVA	LUGO
43	802 RAUL	IGLESIAS GONZALEZ	00:52:05	00:04:21	00:51:52	00:04:20	00:32:16	PINARIUM	CUNTIS
44	518 RAFAEL	PEREZ REGO	00:52:05	00:04:21	00:51:47	00:04:19	00:32:59	CLUB ATLETISMO TUI-THERMALIA	FERROL
45	315 TOMAS	ABELED0 PATIÑO	00:52:13	00:04:22	00:52:05	00:04:21	00:32:46	ATLETAS DE ACEA DE AMA	A CORUÑA
46	627 SANTIAGO	CARVAJAL MOSQUERA	00:52:17	00:04:22	00:52:16	00:04:22	00:32:14	ESCUELA ORENSANA DE PIRAGUISMO	OURENSE
47	1330 JUAN R.	GRANJA GUILLÁN	00:52:26	00:04:23	00:52:15	00:04:22	00:32:24		VILLAGARCIA DE AROSA
48	813 JAVIER ANGEL	VAZQUEZ OREJAS	00:52:27	00:04:23	00:52:23	00:04:22	00:32:24	RABADE CORRE	RABADE
49	1091 SANTIAGO	ÁLVAREZ LODEIRO	00:52:39	00:04:24	00:52:29	00:04:23	00:32:48		SANTIAGO
50	635 EUGENIO	MARTÍNEZ PÉREZ	00:52:39	00:04:24	00:52:13	00:04:22	00:33:03	FLUVIAL DE LUGO MONTE SEGADE	LUGO
51	317 MARCELO	BELLO GOMEZ	00:52:46	00:04:24	00:52:39	00:04:24	00:32:25	ATLETAS DE ACEA DE AMA	MONTEVIDEO
52	598 MANUEL	ANTÓNIO	00:52:47	00:04:24	00:52:43	00:04:24	00:32:46	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
53	623 MANUEL	ARGIBAY PEREZ	00:52:47	00:04:24	00:52:19	00:04:22	00:33:06	ESCOLA ATLETISMO DEZA	SANTIAGO DE COMPOSTELA
54	1403 JUAN	ARNOTT FERNANDEZ	00:52:53	00:04:25	00:52:35	00:04:23	00:33:13		OVIEDO
55	690 FRANCISCO	SOARES	00:53:04	00:04:26	00:52:50	00:04:25	00:33:32	JOBRA	BRANCA
56	305 XOSE MANUEL	PAMPIN FUCIÑOS	00:53:04	00:04:26	00:52:46	00:04:24	00:33:27	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
57	535 AMADOR	REBORDA GRAÑA	00:53:04	00:04:26	00:52:42	00:04:24	00:33:03	CLUB DEPORTIVO PINARIUN	REDONDELA

58	748 DANIEL	BECERRA RODRIGUEZ	00:53:05	00:04:26	00:52:43	00:04:24	00:33:53	NOITEBRA FC	SANTIAGO
59	1140 LUIS	VILANOVA MARTELO	00:53:06	00:04:26	00:52:46	00:04:24	00:33:27		NOIA
60	774 ALBERTO	FEAL SALIDO	00:53:11	00:04:26	00:52:45	00:04:24	00:33:22	O REGATO	SILLOBRE
61	2970 JORGE	REGAL LAMELO	00:53:13	00:04:27	00:52:55	00:04:25	00:32:56	MARATÓN NATTEX BARBADÁS	OURENSE
62	1135 TOÑO	AGUIN TRELLES	00:53:15	00:04:27	00:53:05	00:04:26	00:32:34		SANXENXO
63	588 RAMON	BARREIRO CERNADAS	00:53:17	00:04:27	00:52:57	00:04:25	00:33:24	CLUBE ATLETISMO OUTES JOHN TURKEYS	OUTES
64	3047 OCTÁVIO	AFONSO	00:53:20	00:04:27	00:53:13	00:04:27	00:32:56	CLUBE OS BRAGUINHAS	BRAGA
65	1200 JESÚS	VAAMONDE RÚA	00:53:22	00:04:27	00:53:13	00:04:27	00:32:58		ARZÚA
66	1093 MARCOS	FRANCES GOMEZ	00:53:23	00:04:27	00:53:16	00:04:27	00:32:51		PORRIÑO
67	331 JUAN ANTONIO	RODRIGUEZ BACARIZA	00:53:25	00:04:28	00:53:15	00:04:27	00:32:50	ATLETISMO +9 MORAÑA	PONTEVEDRA
68	933 FRANCISCO	ROCA LOPEZ	00:53:28	00:04:28	00:53:12	00:04:26	00:32:55	ZEPELIN TORGUESA FINFLOOR	LUGO
69	1387 JOSÉ ANDRÉS	FREIRÉ GATO	00:53:28	00:04:28	00:53:16	00:04:27	00:33:08		FERROL
70	2968 VALDEMAR	ALVES	00:53:37	00:04:29	00:53:33	00:04:28	00:33:15	GRUPO DESPORTIVO SAO PAIO DE OLEIROS	SANTA MARIA DA FEIRA
71	1277 ANDRES	AGIS GONDAR	00:53:46	00:04:29	00:53:27	00:04:28	00:33:45		SANXENXO
72	1047 IGNACIO	SEIJO VÁZQUEZ	00:53:49	00:04:30	00:53:41	00:04:29	00:33:03		ARZÚA
73	663 ANGEL	PEREZ SUSAVILA	00:53:53	00:04:30	00:53:29	00:04:28	00:33:24		DODRO
74	746 JOSE RAMON	ABEL SUAREZ	00:53:54	00:04:30	00:53:31	00:04:28	00:34:04	NOITEBRA F.C.	O PINO
75	821 JOSÉ ANTONIO	SAAVEDRA PAZOS	00:53:56	00:04:30	00:53:37	00:04:29	00:34:16	RUNAWAYS	VENEZUELA
76	604 EDUARDO JOSÉ	ESTÉVEZ ULLOA	00:53:57	00:04:30	00:53:30	00:04:28	00:33:44	CORREDORES DO MIÑO	LUGO
77	1337 MIGUEL ÁNGEL	GARCÍA ÁLVAREZ	00:54:03	00:04:31	00:53:39	00:04:29	00:33:55		A CORUÑA
78	667 JOSE MANUEL	MOURE RODRIGUEZ	00:54:07	00:04:31	00:53:56	00:04:30	00:33:23		MONFORTE DE LEMOS
79	1811 DIEGO	R-TOUBES	00:54:10	00:04:31	00:53:48	00:04:29	00:34:10		OURENSE
80	1096 JOSE MANUEL	VALIÑO CEREIJO	00:54:28	00:04:33	00:54:15	00:04:32	00:34:03		TOURO
81	2257 TOBÍAS	BETANZOS REGO	00:54:30	00:04:33	00:54:02	00:04:31	00:34:10		POBRA DO CARAMIÑAL
82	361 JOSÉ MANUEL	NOUCHE BOTANA	00:54:33	00:04:33	00:54:25	00:04:33	00:34:05	ATLETISMO FONTES DO SAR	ORDES
83	1273 JESÚS	CEA PEREIRO	00:54:37	00:04:34	00:54:08	00:04:31	00:34:32		SANTIAGO DE COMPOSTELA
84	1119 ELOY	IGLESIAS CRISTOBO	00:54:40	00:04:34	00:54:39	00:04:34	00:33:55		VALGA
85	1061 ANDRES	LOPEZ TORRES	00:54:50	00:04:35	00:54:27	00:04:33	00:34:35		VILAGARCIA DE AROUSA
86	312 JOSE MANUEL	PEREZ VAZQUEZ	00:54:51	00:04:35	00:54:42	00:04:34	00:34:00	ATHLETICS AVENTURA XTREM	LOUREDO, CORTEGADA
87	2996 NINO	SAAVEDRA GAYOSO	00:54:54	00:04:35	00:54:40	00:04:34	00:33:53	C.D. VAL DA RABEDA	OURENSE
88	680 AGUSTIN	HERNANDEZ FERNANDEZ DE R	00:54:56	00:04:35	00:54:51	00:04:35	00:33:35		MADRID
89	1965 RAMON	CAMPOS COSTA	00:54:58	00:04:35	00:54:46	00:04:34	00:33:43		MUXÍA
90	817 ALEJANDRO	PADÍN TRIÑANES	00:54:59	00:04:35	00:54:34	00:04:33	00:34:27	RIA DE AROUSA	O GROVE
91	3008 PEDRO JESUS	JUAN BOIX	00:55:12	00:04:36	00:54:43	00:04:34	00:34:52	GRUPO CASTROSUA	ZARAGOZA
92	1315 GONZALO	PARENTE	00:55:22	00:04:37	00:54:34	00:04:33	00:35:07		A CORUÑA
93	845 FRANCISCO	SANMARCO SANTOS	00:55:24	00:04:37	00:55:22	00:04:37	00:34:02	SAR-VERMU PETRONI	PADRON
94	1227 MANUEL	INSUA INSUA	00:55:24	00:04:37	00:54:56	00:04:35	00:34:41		FISTERRA
95	1207 ADOLFO	PEREIRO RAPOSO	00:55:24	00:04:37	00:55:20	00:04:37	00:33:52		SANTIAGO DE COMPOSTELA
96	2268 XERARDO	CEPEDA GACIO	00:55:29	00:04:38	00:55:24	00:04:37	00:34:34		SANTIAGO DE COMPOSTELA
97	1138 GABRIEL	BUDIÑO VAZQUEZ	00:55:37	00:04:39	00:55:30	00:04:38	00:34:30		SANTIAGO DE COMPOSTELA
98	2025 JUAN JOSÉ	RUBIO GARCÍA DEL VILLAR	00:55:39	00:04:39	00:54:59	00:04:35	00:34:52		VIGO
99	1000 ANGEL	RODRIGUEZ SANTAMARIA	00:55:43	00:04:39	00:55:37	00:04:39	00:34:34		RIVEIRA
100	1189 GABRIEL	ROSÓN PORTO	00:55:45	00:04:39	00:54:56	00:04:35	00:34:41		LA CORUÑA
101	3042 RAMIRO	SILVA	00:55:49	00:04:40	00:55:17	00:04:37	00:35:20	CALDAS DE SÃO JORGE SPORT CLUB	CALDAS SAO JORGE
102	1321 ROBERTO	CAO BRAÑA	00:55:50	00:04:40	00:55:34	00:04:38	00:34:53		PONTECESURES
103	1419 JUAN	CANO DEQUIDT	00:55:54	00:04:40	00:55:23	00:04:37	00:35:20		SANTIAGO
104	804 RAMON	COLLAZO MOSQUERA	00:55:55	00:04:40	00:55:44	00:04:39	00:34:49	PINTURAS PROA	RIANXO
105	1365 JOSÉ	GÓMEZ VIAÑO	00:55:59	00:04:40	00:55:43	00:04:39	00:34:53		AMES
106	2290 LUIS	CALZADILLA EUGUI	00:56:04	00:04:41	00:55:32	00:04:38	00:35:12		VIGO
107	576 JORGE	DUARTE VAZQUEZ	00:56:07	00:04:41	00:55:38	00:04:39	00:34:53	CLUBE ATLETISMO BOIMORTO	A CORUÑA
108	320 CARLOS	ALLER FERNANDEZ	00:56:09	00:04:41	00:55:37	00:04:39	00:36:20	ATLETAS DE ACEA DE AMA	FERROL
109	1772 ANTONIO	RUIZ BEIRAS	00:56:10	00:04:41	00:55:41	00:04:39	00:35:21		SANTIAGO
110	1257 CARLOS	TAVARES	00:56:24	00:04:42	00:56:13	00:04:42	00:35:01		27-12-1962
111	282 JOSÉ ANTONIO	RUIZ DE VALBUENA BUENO	00:56:25	00:04:43	00:55:57	00:04:40	00:35:20	ACADEMIA JMRIVAS	MADRID

112	1764	JUAN ENRIQUE	GONZÁLEZ MIGUÉNS	00:56:27	00:04:43	00:56:01	00:04:41	00:35:32		VIGO
113	1319	JUAN CARLOS	GONZALEZ RIOS	00:56:28	00:04:43	00:56:02	00:04:41	00:35:57		SANTIAGO
114	713	TOÑO	GARCÍA PENA	00:56:29	00:04:43	00:56:00	00:04:40	00:35:34	METALICA HERCULINA	LA CORUÑA
115	2992	JOSE MANUEL	IGLESIAS RODRIGUEZ	00:56:30	00:04:43	00:56:14	00:04:42	00:35:11	BURGAS ATLETISMO OURENSE	OURENSE
116	742	MANUEL	GONZALEZ ALVAREZ	00:56:30	00:04:43	00:56:23	00:04:42	00:35:02		GUARDA
117	684	JUAN JOSÉ	RIVAS LAGE	00:56:35	00:04:43	00:56:14	00:04:42	00:35:28		SESTAO
118	2793	SANTIAGO	FERNÁNDEZ	00:56:38	00:04:44	00:55:48	00:04:39	00:36:39		MIERES
119	575	MONCHO	FERRACES VAZQUEZ	00:56:46	00:04:44	00:56:30	00:04:43	00:34:39	CLUBE ATLETISMO BOIMORTO	SANTIAGO
120	2808	CARLOS	CALZADILLA BOUZÓN	00:56:48	00:04:44	00:56:21	00:04:42	00:35:19		SANTIAGO
121	2985	EMILIO	BRUN VAZQUEZ	00:56:49	00:04:45	00:55:58	00:04:40	00:36:10	ATLETICO BERTAMIRANS	SANTIAGO DE COMPOSTELA
122	2475	JORGE	FERNÁNDEZ LOPEZ	00:56:49	00:04:45	00:56:17	00:04:42	00:35:12		CABAÑAS
123	1357	JOSÉ	LUACES GONZÁLEZ	00:56:51	00:04:45	00:56:18	00:04:42	00:35:35		LUGO
124	1082	JOSÉ	GÓMEZ VIEITES	00:56:52	00:04:45	00:56:29	00:04:43	00:34:48		ORDES
125	2026	NESTOR	ARMESTO PEREZ	00:57:03	00:04:46	00:56:46	00:04:44	00:35:32		LUGO
126	2175	VICTOR	ARMESTO PÉREZ	00:57:14	00:04:47	00:56:56	00:04:45	00:35:31		LUGO
127	756	JESUS	PEREZ BALIRAC	00:57:27	00:04:48	00:57:10	00:04:46	00:35:49	NOITEBRA FC	LOUSAME
128	831	JOSE MANUEL	PAZ CARREIRA	00:57:27	00:04:48	00:57:11	00:04:46	00:35:17	RUNNING OLEIROS	LUGO
129	2355	JOSE ANTONIO	LIÑARES BAR	00:57:28	00:04:48	00:56:39	00:04:44	00:36:08		VAL DO DUBRA
130	2806	VICENTE	SUÁREZ GONZÁLEZ	00:57:32	00:04:48	00:56:57	00:04:45	00:36:23		DOMÉS - VEREA - ORENSE
131	1692	ROBUSTIANO	PEGO REIGOSA	00:57:39	00:04:49	00:57:18	00:04:47	00:36:37	CLUB MONTEPENARUBIA LUGO	LUGO
132	316	FRANCISCO JAVIER	CORREA PIÑEIRO	00:57:39	00:04:49	00:57:19	00:04:47	00:36:20	ATLETAS DE ACEA DE AMA	A CORUÑA
133	1978	MARCIAL	CASTRO SEIJAS	00:57:42	00:04:49	00:56:54	00:04:45	00:36:18		SANTIAGO DE COMPOSTELA
134	489	RAFAEL	SANTIAGO GARCÍA	00:57:58	00:04:50	00:57:30	00:04:48	00:36:21	CLUB ATLETISMO OCCIDENTE NAVIA	ORTIGUERA COAÑA ASTURIAS
135	1640	JOSE MAN UEL	LISTE BARREIRO	00:57:58	00:04:50	00:57:49	00:04:50	00:35:58	CLUB ATLETISMO FONTES DO SAR	TEO
136	1591	MARIO	ARUFE SANTAMARIA	00:57:58	00:04:50	00:57:07	00:04:46	00:35:53	ATLETISMO NOIA	NOIA
137	642	FRANCISCO JAVIER	VILLAMISAR CALVIÑO	00:58:01	00:04:51	00:57:25	00:04:48	00:36:34	HERCULES TERMARIA	A CORUÑA
138	674	JOSÉ ANTONIO	GARCÍA FANDIÑO	00:58:04	00:04:51	00:57:32	00:04:48	00:36:03		VILASANTAR
139	2167	MODESTO	LUSQUIÑOS GARCIA	00:58:07	00:04:51	00:57:25	00:04:48	00:36:22		VIGO
140	1225	GONZALO	COUCEIRO SANCHEZ	00:58:09	00:04:51	00:57:53	00:04:50	00:35:52		VIVEIRO
141	2087	CARLOS	PAZ COSTAS	00:58:09	00:04:51	00:58:05	00:04:51	00:36:02		SANTIAGO DE COMPOSTELA
142	2987	MANUEL	GALLEGO PRIEGO	00:58:11	00:04:51	00:57:20	00:04:47	00:36:37	ATLETICO BERTAMIRANS	MADRID
143	1830	JOSE ENRIQUE	ALVAREZ PEREZ	00:58:13	00:04:52	00:56:52	00:04:45	00:37:11	LEONES RUNNING TEAM CORUÑA	LUGO
144	2173	MANUEL	MUNIN SANCHEZ	00:58:14	00:04:52	00:58:02	00:04:51	00:36:04		SANTIAGO DE COMPOSTELA
145	3049	JOSÉ	RIBEIRO	00:58:15	00:04:52	00:57:58	00:04:50	00:37:01	CLUBE OS BRAGUINHAS	BRAGA
146	1323	JESUS	IGLESIAS NIETO	00:58:16	00:04:52	00:57:33	00:04:48	00:36:33		SANTIAGO
147	1615	JOSE CARLOS	MILLARES DOMENECH	00:58:17	00:04:52	00:57:19	00:04:47	00:36:55	C.N. PORTAMIÑÁ	LUGO
148	2101	ANTONIO	JUNCAL COSTA	00:58:21	00:04:52	00:58:13	00:04:52	00:35:39		TORDOYA
149	423	FRANCISCO	OCHOA VIDAL	00:58:22	00:04:52	00:57:19	00:04:47	00:38:01	C.D. RIA DE AROUSA O GROVE	O GROVE
150	765	MANUEL	OTERO GOMEZ	00:58:25	00:04:53	00:57:35	00:04:48	00:37:14	NOSPORTLIMIT	A CORUÑA
151	2294	JOSE	GRELA RODRÍGUEZ	00:58:29	00:04:53	00:57:56	00:04:50	00:36:47		LARACHA - LA CORUÑA
152	3077	IGNACIO	GÓMEZ COIRA	00:58:34	00:04:53	00:58:16	00:04:52	00:36:41		VIGO
153	1164	JOSE ANTONIO	VARELA IGLESIAS	00:58:34	00:04:53	00:58:23	00:04:52	00:36:45		SANTIAGO DE COMPOSTELA
154	1183	FERNANDO	LEIRA IGLESIAS	00:58:36	00:04:53	00:57:33	00:04:48	00:36:46		FERROL
155	1402	CARLOS MANUEL	IGLESIAS CANDAL	00:58:37	00:04:54	00:57:48	00:04:49	00:36:44		A CORUÑA
156	599	VICTOR	HUHO	00:58:42	00:04:54	00:58:40	00:04:54	00:36:07	CONVENCIDOS.COM	SANTA MARIA DA FEIRA
157	1679	FRANCISCO ANTONIO	SANTIAGO SUÁREZ	00:58:44	00:04:54	00:58:14	00:04:52	00:36:52	CLUB DEPORTIVO PINARIUM	MARÍN
158	2345	JUAN CARLOS	ALADRO FERNÁNDEZ	00:58:51	00:04:55	00:58:19	00:04:52	00:36:17		PONTEVEDRA
159	1619	JESÚS	CASTRO LÓPEZ	00:58:52	00:04:55	00:58:21	00:04:52	00:36:48	CAMPUS TERRA DA USC	LUGO
160	1623	JOSE LUIS	DAPENA TENORIO	00:58:55	00:04:55	00:58:19	00:04:52	00:37:18	CAZAFANTASMAS TEAM	VENEZUELA
161	2426	FERNANDO	RODRIGUEZ VAZQUEZ	00:58:56	00:04:55	00:58:35	00:04:53	00:36:26		ARANGA
162	1117	MANUEL	LUCES TAJES	00:58:56	00:04:55	00:58:38	00:04:54	00:36:18		SANTIAGO DE COMPOSTELA
163	1691	RAFAEL	MONTE SECADES	00:58:56	00:04:55	00:58:20	00:04:52	00:37:08	CLUB MONTEPENARUBIA LUGO	OVIEDO
164	1346	LUIS	JIMENEZ GARCIA	00:58:57	00:04:55	00:58:34	00:04:53	00:36:12		AVILA
165	3050	JOSÉ	SEQUEIRA	00:58:59	00:04:55	00:58:44	00:04:54	00:36:01	CLUBE OS BRAGUINHAS	BRAGA

166	402 JALIS	GARRIDO	00:58:59	00:04:55	00:58:27	00:04:53	00:36:14	BEMBIBRE	VALLADOLID
167	1124 CAMILO	RIAL SANCHIÑO	00:59:00	00:04:55	00:58:04	00:04:51	00:37:05		MAZARICOS
168	1994 LUIS FELIPE	LLAMAS GÓMEZ	00:59:01	00:04:56	00:58:12	00:04:51	00:36:44		A CORUÑA
169	1271 JAIME	MALLO BALUJA	00:59:08	00:04:56	00:58:54	00:04:55	00:36:33		SANTIAGO DE COMPOSTELA
170	1924 JOSE MANUEL	LAMELA RIVERA	00:59:14	00:04:57	00:58:30	00:04:53	00:37:07	TARTARUGAS	O BARCO DE VALDEORRAS
171	1738 JOSE MANUEL	PEREZ RODRIGUEZ	00:59:18	00:04:57	00:58:00	00:04:50	00:38:05	ESPRINTES OURENSE	OURENSE
172	866 BENITO	GONZÁLEZ VARELA	00:59:24	00:04:57	00:59:15	00:04:57	00:35:45	TAMBRE BIKE	SANTIAGO DE COMPOSTELA
173	285 FRANCISCO	COUCEIRO MAGAN	00:59:30	00:04:58	00:58:33	00:04:53	00:37:42	ADOLFO COUCEIRO SEGUROS S.L	A ESTRADA
174	2161 FRANCISCO JAVIER	FERNÁNDEZ POLO	00:59:30	00:04:58	00:58:25	00:04:53	00:38:34		VIVEIRO
175	2015 JUAN CARLOS	CEA PEREIRO	00:59:30	00:04:58	00:58:33	00:04:53	00:37:42		SANTIAGO DE COMPOSTELA
176	613 MANUEL	FERREIRA VARELA	00:59:31	00:04:58	00:59:01	00:04:56	00:37:41	EDP	OLEIROS
177	678 JESÚS	FRANCO VIDAL	00:59:32	00:04:58	00:59:29	00:04:58	00:36:11		DODRO
178	1180 MARIO	PEREZ LOSADA	00:59:35	00:04:58	00:58:59	00:04:55	00:37:47		VIGO
179	1775 TOMÁS	RUIZ BUJÁN	00:59:35	00:04:58	00:58:19	00:04:52	00:38:22		A CORUÑA
180	752 FRANCISCO	MOURE CAÑETE	00:59:36	00:04:58	00:59:19	00:04:57	00:37:02	NOITEBRA FC	SANTIAGO DE COMPOSTELA
181	2489 JOAQUIN	FERNÁNDEZ MARTINEZ	00:59:40	00:04:59	00:58:54	00:04:55	00:37:26		MUROS
182	1687 RICARDO	LLOVO OTERO	00:59:47	00:04:59	00:59:26	00:04:58	00:37:04	CLUB MONTEPENARUBIA LUGO	SANTIAGO DE COMPOSTELA
183	2709 JOAQUÍN	ALVAREZ PORTELA	00:59:50	00:05:00	00:58:53	00:04:55	00:37:39		LA CORUÑA
184	2387 ÁNGEL	PANTÍN REIGADA	00:59:51	00:05:00	00:59:08	00:04:56	00:37:51		MADRID
185	2081 FERNANDO	SUÁREZ SANDOMINGO	01:00:00	00:05:00	00:59:45	00:04:59	00:36:51		ORTIGUEIRA
186	2144 FRANCISCO	SAL DE RELLÁN PÉREZ	01:00:00	00:05:00	00:59:10	00:04:56	00:37:59		MADRID
187	2086 JORGE	GARCÍA MARÍN	01:00:04	00:05:01	00:59:42	00:04:59	00:37:23		LUGO
188	811 FILIPE	LE MOS	01:00:07	00:05:01	00:59:52	00:05:00	00:37:13	PORTORUNNERS	PORTO
189	1376 MODESTO	SUAREZ MOUZO	01:00:08	00:05:01	00:59:02	00:04:56	00:38:22		CAMELLE
190	2360 GONZALO	LOPEZ MARTIN	01:00:08	00:05:01	00:59:22	00:04:57	00:37:38		LA CORUÑA
191	2270 JESUS	GARABOA FERNANDEZ	01:00:08	00:05:01	00:59:56	00:05:00	00:37:09		SANTIAGO DE COMPOSTELA
192	2124 JESUS	VIZCAINO GARCIA	01:00:10	00:05:01	00:59:33	00:04:58	00:37:10		MELIDE
193	2075 ENRIQUE	NIETO POL	01:00:11	00:05:01	01:00:01	00:05:01	00:36:59		SANTIAGO DE COMPOSTELA
194	1958 JAIME	LOPEZ SANCHEZ	01:00:11	00:05:01	00:59:15	00:04:57	00:37:58	VIRXIGUIANOS TRAIL	RIVEIRA
195	1957 JOSÉ MANUEL	PÉREZ LAMPON	01:00:11	00:05:01	00:59:16	00:04:57	00:37:58	VIRXE DA GUIA	SANTIAGO
196	2055 MANU	RODRIGUEZ SUAREZ	01:00:14	00:05:02	00:59:23	00:04:57	00:38:26		A CORUÑA
197	2411 VICENTE	CARBALLO GONZALEZ	01:00:22	00:05:02	00:59:57	00:05:00	00:38:14		TUI
198	2019 JOSÉ ANTONIO	BLANCO BARREIRO	01:00:23	00:05:02	00:59:44	00:04:59	00:37:46		SANTA COMBA
199	2434 JOSE MANUEL	GENDRA VIEITES	01:00:23	00:05:02	00:59:48	00:04:59	00:38:01		SANTIAGO
200	2051 PEPE	PLASENCIA COUCEIRO	01:00:30	00:05:03	00:59:49	00:05:00	00:37:20		PONTEVEDRA
201	1035 JUAN CARLOS	GÓMEZ PÉREZ	01:00:32	00:05:03	01:00:02	00:05:01	00:38:20		O PINO
202	318 ENRIQUE	GANDARA ULLOA	01:00:35	00:05:03	01:00:17	00:05:02	00:37:46	ATLETAS DE ACEA DE AMA	CAMBRE
203	2096 JOSÉ FRANCISCO	PÉREZ GARCÍA	01:00:43	00:05:04	01:00:19	00:05:02	00:37:35		OURENSE
204	917 ANTONIO	MERLOS MINIÑO	01:00:47	00:05:04	01:00:01	00:05:01	00:39:05	VETERAN@S DE GALICIA	PONTEVEDRA
205	2510 LEANDRO	BENITO TORRES	01:00:48	00:05:04	01:00:00	00:05:00	00:38:35		SANTIAGO DE COMPOSTELA
206	1596 GUILLERMO	GONZALEZ TEIJEIRO	01:00:49	00:05:05	01:00:13	00:05:02	00:37:43	BASADRE & SUFLENORSA RUNNING TEAM	VIGO
207	2295 RAMON FERNANDO	PUENTE VARELA	01:00:53	00:05:05	01:00:19	00:05:02	00:37:44		ARES
208	1541 MANUEL	MENDONÇA	01:00:55	00:05:05	01:00:26	00:05:03	00:38:14	AFIS	OVAR
209	2339 CESAR	RODRIGUEZ FOLGAR	01:01:05	00:05:06	01:00:17	00:05:02	00:39:20		VIGO
210	2181 JOSE	LOPEZ SOTO	01:01:07	00:05:06	01:00:04	00:05:01	00:38:41		FERROL
211	622 JULIO CESAR	KLEIN LOPEZ	01:01:08	00:05:06	01:00:46	00:05:04	00:37:47	ESCOLA ATLÉTICA LUCENSE	BRASIL
212	1778 CARLOS	DIAZ-PACHE MACKINLAY	01:01:10	00:05:06	01:00:53	00:05:05	00:37:49		FERROL
213	363 BENITO ALBERTO	GUTIERREZ ALONSO	01:01:27	00:05:08	01:00:29	00:05:03	00:38:39	ATLETISMO FONTES DO SAR	SALAMANCA
214	1575 JAVIER	LOPEZ MARTIN	01:01:30	00:05:08	01:00:43	00:05:04	00:37:56	ATLETISMO CLUB SOCIAL BANCO PASTOR	LA CORUÑA
215	1815 JOSE LUIS	SIMOS FERNANDEZ	01:01:31	00:05:08	00:59:51	00:05:00	00:39:31		VIGO
216	1701 HERMINIO	CAAMAÑO RIVEIRO	01:01:35	00:05:08	01:00:43	00:05:04	00:38:13	CLUBE ATLETISMO OUTES - JOHN TURKEY	MAZARICOS
217	2995 JORGE	PUGA GONZALEZ	01:01:38	00:05:09	01:00:52	00:05:05	00:38:30	C.D. VAL DA RABEDA	OURENSE
218	1828 FRANCISCO	FUENTES BERMEJO	01:01:46	00:05:09	01:00:25	00:05:03	00:39:30	LEONES RUNNING TEAM	LA CORUÑA
219	872 JOSE	CERQUEIRO CONDE	01:01:50	00:05:10	01:01:13	00:05:07	00:38:52	TAMBRE BIKE & RUNNING	SANTIAGO DE COMPOSTELA

220	2300	JOSE LUIS	LATA IGLESIAS	01:01:51	00:05:10	01:00:33	00:05:03	00:38:37		SANTIAGO
221	1621	MANUEL RAMIRO	RODRÍGUEZ RODRÍGUEZ	01:01:52	00:05:10	01:01:20	00:05:07	00:37:52	CAMPUS TERRA DA USC	CASTROVERDE
222	1698	ADOLFO OMAR	RÍOS GIMÉNEZ	01:01:52	00:05:10	01:00:37	00:05:04	00:38:53	CLUBE ATLETISMO BOIMORTO	BUENOS AIRES, A RGENTINA
223	2078	RAMÓN	LORENZO BARCALA	01:01:54	00:05:10	01:01:11	00:05:06	00:38:36		VILLAGARCIA DE AROUSA
224	1908	RAMON	GOMEZ RIVADULLA	01:01:57	00:05:10	01:01:19	00:05:07	00:38:28	SAUNIER DUVAL	BRION
225	1338	JAVIER	RAVIÑA DÍAZ	01:01:58	00:05:10	01:01:48	00:05:09	00:39:30		SANTIAGO DE COMPOSTELA
226	2833	ELADIO	MENDEZ CASAL	01:02:02	00:05:11	01:01:10	00:05:06	00:39:06		AGOLADA - PONTEVEDRA
227	422	MANUEL ANTONIO	ALFONSO PEREZ	01:02:03	00:05:11	01:01:00	00:05:05	00:39:30	C.D. RÍA DE AROUSA DO GROVE	O GROVE
228	1998	SANTIAGO	SIMON CUADRADO	01:02:07	00:05:11	01:01:32	00:05:08	00:38:36		A CORUÑA
229	1727	BASILIO	VERDEAL GONZÁLEZ	01:02:12	00:05:11	01:01:24	00:05:07	00:39:19	CURRELAS TEAM RUNNING	MOAÑA
230	2984	BELARMINO	BOO ACUÑA	01:02:13	00:05:12	01:01:20	00:05:07	00:39:07	ATLETICO BERTAMIRANS	FERROL
231	2228	FERNANDO	SANDÁ MACHO	01:02:21	00:05:12	01:01:13	00:05:07	00:38:44		A CORUÑA
232	1672	JOSE LUIS	AMIGO DIGÓN	01:02:29	00:05:13	01:01:13	00:05:07	00:40:14	CLUB CORREDORES BECERREÁ	LUGO
233	1261	JUÁN PEDRO	VIGO SANZ	01:02:30	00:05:13	01:01:36	00:05:08	00:38:30		CARBALLO
234	2498	JAVIER	RIO RODRIGUEZ	01:02:31	00:05:13	01:01:36	00:05:08	00:38:30		CARBALLO
235	1834	JOSE LUIS	PENALTA DATORRE	01:02:31	00:05:13	01:01:47	00:05:09	00:38:59	MIXMASTER RUNNING	LALIN
236	1945	RAMON	SUAREZ	01:02:35	00:05:13	01:01:41	00:05:09	00:39:23	UNIVERSIDAD SANTIAGO	SANTIAGO DC
237	1790	CARLOS	FIGUEROA RODRÍGUEZ	01:02:37	00:05:14	01:01:51	00:05:10	00:39:31		REDONDELA
238	1702	MANUEL	LAGO MOLED	01:02:37	00:05:14	01:02:10	00:05:11	00:38:49	CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
239	505	JOSE JAVIER	FERNANDEZ RAMOS	01:02:37	00:05:14	01:02:08	00:05:11	00:37:41	CLUB ATLETISMO SADA	BARCELONA
240	1739	MANUEL	GIL RODRÍGUEZ	01:02:39	00:05:14	01:01:30	00:05:08	00:40:28	ESPRINTES OURENSE	OURENSE
241	528	ANTONIO	RIO LOMBARDEIRO	01:02:40	00:05:14	01:01:43	00:05:09	00:39:37	CLUB DE COMUNICACIÓNS - FEDEROPTICOSLUKUS	BALEIRA
242	1755	JOSE	LOPEZ ANEIROS	01:02:42	00:05:14	01:02:06	00:05:11	00:38:33		FERROL
243	2571	VICTOR	FERREIRO LAMAS	01:02:53	00:05:15	01:02:13	00:05:12	00:39:13		FRIOL
244	1073	TONO	PIÑEIRO LAGO	01:03:03	00:05:16	01:02:20	00:05:12	00:38:25		LIRA
245	1759	ALBERTO	CASTRO VILAR	01:03:03	00:05:16	01:02:20	00:05:12	00:38:25		BRENS
246	2191	PEDRO	SANCHEZ CARREIRA	01:03:04	00:05:16	01:02:30	00:05:13	00:38:27		ARZÚA
247	3057	ANTÓNIO	FERREIRA	01:03:06	00:05:16	01:02:28	00:05:13	00:39:22	CLUBE OS BRAGUINHAS	BRAGA
248	2397	CARLOS	GONZÁLEZ	01:03:07	00:05:16	01:02:12	00:05:11	00:39:26		ORENSE
249	1766	ANDRÉS	PAZ-ARES RODRÍGUEZ	01:03:08	00:05:16	01:01:53	00:05:10	00:39:12		VILAGARCIA DE AROUSA
250	2575	ANTÓNIO MARIA COUTINHO	MONTEIRO	01:03:15	00:05:17	01:03:02	00:05:16	00:38:54		BRAGA
251	1814	MANUEL ANTONIO	GARCÍA DAPONTE	01:03:19	00:05:17	01:02:09	00:05:11	00:40:09		VILAGARCIA DE AROUSA
252	3060	MIGUEL ANGEL	VILELA PEREIRA	01:03:22	00:05:17	01:02:36	00:05:13	00:39:49	VETERAN@S DE GALICIA	PONTEVEDRA
253	2508	JOSE	GOMEZ DURAN	01:03:23	00:05:17	01:02:43	00:05:14	00:39:34		LA CORUÑA
254	1266	JOSE MARIA	PEREZ VARELA	01:03:29	00:05:18	01:02:35	00:05:13	00:40:00		MUGARDOS
255	2285	MANUEL	DOPICO BELLÓN	01:03:31	00:05:18	01:03:15	00:05:17	00:38:43		VALDOVIÑO
256	1928	GONZALO	ALFONSIN SOLIÑO	01:03:34	00:05:18	01:02:49	00:05:15	00:40:46	TARTARUGAS	PONTEVEDRA
257	1789	MANUEL JAVIER	MUÑIZ SEIJAS	01:03:41	00:05:19	01:02:57	00:05:15	00:40:28		A CORUÑA
258	1667	ANDRÉS	GONZÁLEZ GARCÍA	01:03:42	00:05:19	01:03:21	00:05:17	00:40:23	CLUB CASTRO DE LOBADIZ	FERROL
259	2104	ALVARO	PAINCEIRA FERRACES	01:03:45	00:05:19	01:03:09	00:05:16	00:39:39		OROSO
260	2840	MANUEL	FERNÁNDEZ AREÁN	01:03:56	00:05:20	01:02:54	00:05:15	00:40:24		CHANTADA
261	1668	JOSE ALFONSO	LOPEZ VAZQUEZ	01:03:56	00:05:20	01:03:15	00:05:17	00:39:50	CLUB CASTRO DE LOBADIZ	CARIÑO
262	2165	CONSTANTINO	FUENTES GONZÁLEZ	01:04:00	00:05:20	01:03:12	00:05:16	00:40:45		SANTIAGO DE COMPOSTELA
263	2034	MARCIAL DE	MARTÍN VÁZQUEZ	01:04:06	00:05:21	01:02:55	00:05:15	00:41:06		OURENSE
264	1583	MANUEL ANGEL	COBAS OTERO	01:04:14	00:05:22	01:03:28	00:05:18	00:41:05	ATLETISMO FONTES DO SAR	BUENOS AIRES
265	2545	ROBERTO	FIGUEROA SUÁREZ	01:04:25	00:05:23	01:03:33	00:05:18	00:39:44		A CORUÑA
266	2163	FERNANDO JAVIER	CASTRO VILAS	01:04:26	00:05:23	01:03:10	00:05:16	00:41:11		VILAGARCÍA DE AROUSA
267	3045	EVARISTO	PIDRE FERRADÁS	01:04:28	00:05:23	01:04:22	00:05:22	00:40:18	CLUB DEPORTIVO PINARIUM	MARIN
268	1547	ELADIO	CASAL VÁZQUEZ	01:04:31	00:05:23	01:03:37	00:05:19	00:40:33	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
269	467	JESUS	PEREIRO MALLO	01:04:34	00:05:23	01:03:38	00:05:19	00:38:59	CLUB ATLETISMO FONTES DO SAR	SANTIAGO
270	1650	JUAN CARLOS	CASTRO SUAREZ	01:04:53	00:05:25	01:03:59	00:05:20	00:40:50	CLUB ATLETISMO O PINO	O PINO
271	1921	JOSE	GAMOTE GONZALEZ	01:04:54	00:05:25	01:03:33	00:05:18	00:40:52	TANINOS RUNNERS PONTEAREAS	PONTEAREAS
272	2451	JOSE LUIS	MILEGO FERNÁNDEZ	01:05:02	00:05:26	01:04:19	00:05:22	00:40:41		VIGO
273	3039	LUIS	PEREZ CAPON	01:05:03	00:05:26	01:04:47	00:05:24	00:40:00	C.D. BIOSBARDO	BECERREÁ

274	1582 JUAN	RIAL GALLEGO	01:05:03	00:05:26	01:04:27	00:05:23	00:40:16	ATLETISMO FONTES DO SAR	TEO
275	1786 ANTONIO	GONZÁLEZ MARTÍNEZ-PEDRAY	01:05:11	00:05:26	01:04:13	00:05:22	00:40:13		LEÓN
276	2447 JUAN	TROBAJO DE LAS MATAS	01:05:12	00:05:26	01:04:28	00:05:23	00:40:31		LEON
277	1776 ANTONIO A	PEREZ VAZQUEZ	01:05:13	00:05:27	01:04:19	00:05:22	00:41:11		MUGARDOS
278	2831 MANUEL JUAN	BLANCO GABIN	01:05:25	00:05:28	01:04:34	00:05:23	00:41:01		PADERNE
279	1555 FRANCISCO JAVIER	RODRIGUEZ FERREIRO	01:05:37	00:05:29	01:05:17	00:05:27	00:38:02	ATLETAS DE ACEA DE AMA	A CORUÑA
280	2432 REINALDO	GONZALEZ PEDREIRA	01:05:37	00:05:29	01:04:26	00:05:23	00:42:20		COSPEITO- (LUGO)
281	2799 XOSÉ MANUEL	CAMBÓN ARCEO	01:05:41	00:05:29	01:05:00	00:05:25	00:41:00		SANTIAGO DE COMPOSTELA
282	2423 RUFO JOSÉ	FERNÁNDEZ RODRÍGUEZ	01:05:51	00:05:30	01:05:07	00:05:26	00:41:10		RIBADEO
283	2252 JUAN CARLOS	FERNÁNDEZ GONZÁLEZ	01:05:53	00:05:30	01:05:29	00:05:28	00:40:37		SANTIAGO DE COMPOSTELA
284	2797 MANUEL	RUBIO GAYO	01:05:57	00:05:30	01:05:05	00:05:26	00:41:38		SAMOS
285	1893 JOSE	MARTINEZ LEIS	01:05:58	00:05:30	01:05:18	00:05:27	00:40:47	RO--XO	OUTES
286	1838 ACÁCIO	FONSECA	01:06:00	00:05:30	01:05:56	00:05:30	00:40:38	MUNICÍPIO DE CASTRO DAIRE	CASTRO DAIRE
287	1625 EMILIO	FIUZA TRILLO	01:06:04	00:05:31	01:05:24	00:05:27	00:40:41	CD GAS NATURAL FENOSA	CEE
288	2636 SANTIAGO	MOROÑO ARENAS	01:06:08	00:05:31	01:05:01	00:05:26	00:41:30		BATH - REINO UNIDO
289	2659 FERNANDO	GARCÍA PAZOS	01:06:11	00:05:31	01:05:04	00:05:26	00:42:31		SADA
290	2465 JOSE BENITO	LOPEZ BARREIRO	01:06:14	00:05:32	01:05:05	00:05:26	00:43:36		A ESTRADA
291	2593 LUIS FERNANDO	LUNA GARRIDO	01:06:14	00:05:32	01:05:21	00:05:27	00:41:32		MADRID
292	2640 ALEJANDRO	FRANCO MARTÍNEZ	01:06:25	00:05:33	01:05:10	00:05:26	00:42:22		ORDES
293	329 ANTONIO	SANTOS	01:06:36	00:05:33	01:05:22	00:05:27	00:43:03	ATLETICA A SILVA	TORDOIA
294	2085 MIGUEL ANGEL	BERMÚDEZ RODRÍGUEZ	01:06:42	00:05:34	01:05:39	00:05:29	00:42:44		ABEGONDO
295	2794 FRANCISCO	LOPEZ DOMINGUEZ	01:06:43	00:05:34	01:05:51	00:05:30	00:41:54		VIGO
296	2060 ANTONIO	PAZOS ALVAREZ	01:06:53	00:05:35	01:06:36	00:05:33	00:40:01		VIGO
297	1559 MIGUEL ANGEL	GONZALEZ TALAVERO	01:06:58	00:05:35	01:06:25	00:05:33	00:41:34	ATLETAS DE ACEA DE AMA	INCA -BALEARES
298	1303 JOSE LUIS	VAZQUEZ CAMINO	01:06:59	00:05:35	01:05:49	00:05:30	00:43:36		SANTIAGO
299	1804 JOSE ANTONIO	BOCELO PRIETO	01:07:00	00:05:35	01:06:10	00:05:31	00:42:25		BERGONDO
300	600 RAIMUNDO	SILVA	01:07:05	00:05:36	01:06:52	00:05:35	00:41:06	CONVENCIDOS.COM	CORTEGAÇA
301	3051 JOSÉ ALBERTO	FERREIRA	01:07:06	00:05:36	01:06:05	00:05:31	00:43:34	CLUBE OS BRAGUINHAS	BRAGA
302	2441 DANIEL	OTERO CEPEDA	01:07:07	00:05:36	01:06:15	00:05:32	00:41:49		SANTIAGO DE COMPOSTELA
303	2203 MARIO	CAL VARELA	01:07:11	00:05:36	01:06:06	00:05:31	00:41:41		NARÓN
304	1635 JESÚS	PÉREZ GARCÍA	01:07:14	00:05:37	01:06:52	00:05:35	00:41:03	CLUB ATLETISMO CAMBADOS	DORRÓN-A GRANXA-SANXENXO
305	1740 ALEJANDRO	VIDAL DIAZ	01:07:17	00:05:37	01:06:09	00:05:31	00:42:47	ESPRINTES OURENSE	GUSTEI-COLES
306	1851 MANUEL	MOURE SANDE	01:07:35	00:05:38	01:06:21	00:05:32	00:42:49	NOITEBRA FC	SANTIAGO COMPOSTELA
307	757 RAMON	ALENDE CEA	01:07:35	00:05:38	01:06:22	00:05:32	00:42:48	NOITEBRA FC	SANTIAGO
308	2169 JOSÉ	LEAL	01:07:43	00:05:39	01:07:04	00:05:36	00:42:49		PORTO
309	2241 JUAN JOSE	PONCE BENITEZ	01:07:48	00:05:39	01:07:07	00:05:36	00:42:33		BADAJOS
310	1827 FRANCISCO	RODRIGUEZ ROBLES	01:07:49	00:05:40	01:07:24	00:05:37	00:43:41	LEON CORRE	LEON
311	2346 ALEJANDRO	CAÑADA MUÑOZ	01:08:05	00:05:41	01:07:04	00:05:36	00:41:53		LA CORUÑA
312	1561 JOSE ANTONIO	GOMEZ SANCHEZ	01:08:05	00:05:41	01:07:21	00:05:37	00:42:19	ATLETAS VETERANOS OURENSE	OURENSE
313	2189 ALVARO	ZUBIELA GONZÁLEZ	01:08:10	00:05:41	01:07:19	00:05:37	00:43:32		SANTAIGO DE COMPOSTELA
314	2365 ROGELIO	PANIAGUA MATEOS	01:08:15	00:05:42	01:06:55	00:05:35	00:43:28		CARBALLIÑO
315	1972 JOSÉ LUIS	PAREDES MARCUÑO	01:08:22	00:05:42	01:07:50	00:05:40	00:42:10		SANTIAGO DE COMPOSTELANA
316	2678 MANUEL	MENDEZ CASAL	01:08:27	00:05:43	01:07:14	00:05:37	00:43:17		AGOLADA - PONTEVEDRA
317	2176 XOSÉ MANUEL	LISTE PIÑEIRO	01:08:36	00:05:43	01:08:19	00:05:42	00:43:23		SANTIAGO
318	1911 GERMAN	VILLANUSTRE ABUIN	01:08:39	00:05:44	01:07:57	00:05:40	00:42:00	SD BARBANTIA RODA	BOIRO
319	2646 JAVIER	BALLESTA LOPEZ	01:08:58	00:05:45	01:08:11	00:05:41	00:43:24		VIGO
320	2765 JOSE MANUEL	RODRIGUEZ BOUZA	01:09:05	00:05:46	01:07:44	00:05:39	00:43:13		NEDA
321	1703 RICARDO JULIO	RODRÍGUEZ FERNÁNDEZ	01:09:38	00:05:49	01:08:24	00:05:42	00:43:43	CLUBE ATLETISMO OUTES - JOHN TURKEY	FERROL
322	2429 MÁRIO LUÍS	DA SILVA COSTA	01:09:46	00:05:49	01:08:25	00:05:43	00:43:31		PORTO
323	1726 NACHO	MONTENEGRO REY	01:09:49	00:05:50	01:09:31	00:05:48	00:42:56	CTC1966	VILLAGARCIA DE AROSA
324	2723 AURELIO	OUTEIRIÑO FERNÁNDEZ	01:10:05	00:05:51	01:08:57	00:05:45	00:44:34		OURENSE
325	2756 FRANCISCO JAVIER	VIQUEIRA SANTOS	01:10:11	00:05:51	01:08:58	00:05:45	00:45:45		SANTIAGO DE COMPOSTELA
326	2760 JAVIER	LEIVA MORALES	01:10:11	00:05:51	01:08:58	00:05:45	00:45:44		SANTIAGO DE COMPOSTELA
327	313 MANUEL	PAREDES PARADA	01:10:35	00:05:53	01:10:01	00:05:51	00:43:31	ATL. BARBANZA	POBRA DO CARAMIÑAL

328	2672	MANUEL	BLANCO REY	01:10:39	00:05:54	01:09:37	00:05:49	00:44:55		NOIA
329	1673	ABEL	AMIGO DIGON	01:10:43	00:05:54	01:09:33	00:05:48	00:44:09	CLUB CORREDORES BECERREÁ	LUGO
330	2622	JOSE ANTONIO	LOPEZ LOPEZ	01:10:50	00:05:55	01:09:40	00:05:49	00:44:13		FOZ
331	1622	JESUS	GONZALEZ AREAL	01:10:59	00:05:55	01:10:15	00:05:52	00:44:24	CASTRELOS 20:30	PORRIÑO
332	2676	SANTIAGO	TOME MARTINEZ DE RITUERTC	01:11:16	00:05:57	01:10:27	00:05:53	00:43:53		SANTIAGO DE COMPOSTELA
333	2715	FRANCISCO MANUEL	ROMAY SERANS	01:11:54	00:06:00	01:10:55	00:05:55	00:44:34		PALMEIRA
334	2578	RAUL COSTA	MACHADO	01:12:30	00:06:03	01:12:17	00:06:02	00:44:18		BRAGA
335	2479	IGNACIO MIGUEL	PALACIOS MARTÍNEZ	01:13:11	00:06:06	01:12:07	00:06:01	00:45:10		SAN SEBASTIÁN
336	1747	JOSWE MANUEL	GONZALEZ GRAÑA	01:13:15	00:06:07	01:12:15	00:06:02	00:45:39	FONTES DO SAR	SANTIAGO DE COMPOSTELA
337	1932	ANTONIO	GONZÁLEZ FRANCO	01:13:26	00:06:08	01:12:12	00:06:01	00:46:05	TEAM DAFIT O CONCO-DUMBRÍA	ÉZARO-DUMBRÍA
338	1540	FERNANDO	VAZQUEZ MARTINEZ	01:13:27	00:06:08	01:12:13	00:06:02	00:46:04	AFICIONADO	MEICENDE
339	1524	JAVIER	LOSADA ALDREY	01:13:30	00:06:08	01:12:36	00:06:03	00:45:14	A NOSA MANEIRA	SANTIAGO
340	3055	CARLOS	SILVA	01:13:51	00:06:10	01:12:35	00:06:03	00:46:08	CLUBE OS BRAGUINHAS	BRAGA
341	2514	ALBERTO	DO RIO QUIROGA	01:14:05	00:06:11	01:13:18	00:06:07	00:46:45		OURENSE
342	2267	JOSÉ LUIS	COLLAZO MARIÑO	01:14:07	00:06:11	01:13:10	00:06:06	00:47:55		MARIN
343	2577	ANTÓNIO ALVEOLOS	SANTOS	01:14:17	00:06:12	01:14:04	00:06:11	00:44:53		BRAGA
344	2437	JESÚS	ANDRÉS SILVA	01:14:31	00:06:13	01:13:39	00:06:09	00:47:15		VIGO
345	2680	FRANCISCO	MARTINEZ RODRIGUEZ	01:14:46	00:06:14	01:13:24	00:06:07	00:46:10		METZ
346	2679	GABRIEL	BARROS GONZALEZ	01:14:46	00:06:14	01:13:25	00:06:08	00:46:10		LOMAS DE ZAMORA. BUENOS AIRES
347	435	ANTÓNIO	BRANDÃO	01:14:58	00:06:15	01:14:32	00:06:13	00:46:20	CAIXA GERAL DE DEPÓSITOS - OVAR	OVAR
348	2712	MANUEL	REY PUENTE	01:15:32	00:06:18	01:14:20	00:06:12	00:46:25		BÓVEDA
349	1846	ANTÓNIO	MATIAS	01:15:45	00:06:19	01:14:29	00:06:13	00:49:47	MUNICÍPIO DE CASTRO DAIRE	LISBOA
350	2791	JOSE MANUEL	GARCÍA CACABELOS	01:16:41	00:06:24	01:15:55	00:06:20	00:47:50		O GROVE (PONTEVEDRA)
351	1745	PEDRO	ABELED0 CORTIZAS	01:18:09	00:06:31	01:17:16	00:06:27	00:48:27	FEFEME TRIATLON	MUGARDOS
352	1032	JOSÉ ANTONIO	RODRÍGUEZ TRINIDAD	01:18:35	00:06:33	01:17:33	00:06:28	00:50:05		GUITIRIZ
353	2779	JAVIER	PEREZ PEDRERO	01:22:13	00:06:52	01:20:50	00:06:45	00:50:12		VIGO
354	2754	JOSE ANTONIO	BELLO GARCIA	01:31:16	00:07:37	01:30:06	00:07:31	00:55:08		SANTIAGO DE COMPOSTELA

MSCM **MÁSTE Inscritos:** **134 Llegados:** **120**

PtoCat	Dorsal	Nombre	Apellidos	T_Oficial	RitmoKm	T_Real	RitKmReal	Control Galeras	Club	Localidad
1	839	RAMIRO	PEREZ PEREIRA	00:47:38	00:03:59	00:47:34	00:03:58	00:29:45	SAR-VERMU PETRONI	TEO
2	940	JOSÉ ÁNGEL	PITA TORRES	00:47:57	00:04:00	00:47:54	00:04:00	00:29:29		CEDEIRA
3	1083	ANDRÉS	DOMÍNGUEZ CASTRO	00:49:15	00:04:07	00:48:50	00:04:05	00:31:14		SANTIAGO DE COMPOSTELA
4	33	JOSE MATIAS	REGUEIRA BOO	00:49:58	00:04:10	00:49:55	00:04:10	00:31:02	ATLETICA BARBANZA	RIBEIRA
5	2978	JAVIER	TORO MONTERO	00:50:04	00:04:11	00:50:02	00:04:11	00:30:12	VERXEL NUTRICIÓN DEPORTIVA	LUGO
6	1094	JESUS MANUEL	LODEIRO MENDEZ	00:51:07	00:04:16	00:51:02	00:04:16	00:31:51		BOQUEIXON
7	289	FRANCISCO	SOTO GARCÍA	00:51:24	00:04:17	00:51:05	00:04:16	00:32:11	AMIG@S DE SAN DIEGO	ARANGA
8	428	DOMINGO	ALVAREZ IGLESIAS	00:52:32	00:04:23	00:52:05	00:04:21	00:32:30	C.D.EGOVARROS-VIVEIRO	LA CORUÑA
9	2795	ISOLINO	NOCEDA GONZALEZ	00:52:53	00:04:25	00:52:39	00:04:24	00:32:37		PUEBLA DO CARAMIÑAL
10	1843	SEVERINO	SANTOS	00:52:56	00:04:25	00:52:50	00:04:25	00:32:52	MUNICÍPIO DE CASTRO DAIRE	SÁTÃO
11	223	RAMÓN	SUÁREZ GOMEZ	00:53:05	00:04:26	00:52:52	00:04:25	00:33:14		SANTIAGO
12	1562	GONZALO ALBERTO	VAZQUEZ FERREIRO	00:54:49	00:04:35	00:54:22	00:04:32	00:34:29	ATLETAS VETERANOS OURENSE	OURENSE
13	1613	JESUS	RODRIGUEZ BLANCO	00:55:00	00:04:35	00:54:41	00:04:34	00:34:25	C.D. VAL DA RABEDA	OURENSE
14	901	FRANCISCO	ACOSTA CRESPO	00:55:11	00:04:36	00:54:48	00:04:34	00:34:18	TRIATLÓN VILAGARCÍA	VILAGARCÍA DE AROUSA LA
15	1671	SERAFIN	PARCERO PÉREZ	00:55:17	00:04:37	00:54:48	00:04:34	00:35:03	CLUB CORREDOIRAS - BUEU	MOAÑA
16	1690	ENRIQUE	LOPEZ FOLGUEIRAS	00:56:06	00:04:41	00:55:26	00:04:38	00:34:57	CLUB MONTEPENARUBIA LUGO	CORGO
17	1171	JOSÉ	PÁJARO PÉREZ	00:56:07	00:04:41	00:55:49	00:04:40	00:35:05		SANTISO
18	431	JOSE MANUEL	DOPICO SOTO	00:56:12	00:04:41	00:56:03	00:04:41	00:35:02	C:D. EGOVARROS-VIVEIRO	SAN SATURNINO
19	1049	PRIMITIVO	RAMA BLANCO	00:56:14	00:04:42	00:56:03	00:04:41	00:35:01		SANTIAGO DE COMPOSTELA
20	786	JULIO	SUAREZ VAZQUEZ	00:56:23	00:04:42	00:56:16	00:04:42	00:34:57	PARQUE RUNNERS	BETANZOS
21	309	JULIO CESAR	CONSTEN LA FONTAN	00:57:11	00:04:46	00:56:58	00:04:45	00:35:28	ATENAS RUNNING VDA	BARRO
22	426	JOSE LUIS	MEIZOSO BASTIDA	00:57:34	00:04:48	00:57:01	00:04:45	00:36:22	C.D.EGOVARROS-VIVEIRO	MUGARDOS
23	3052	MANUEL SANTOS	DIAS	00:57:38	00:04:49	00:57:32	00:04:48	00:36:03	CLUBE OS BRAGUINHAS	BRAGA
24	1648	JOSE MANUEL	ALBORES DIAZ	00:58:00	00:04:50	00:57:08	00:04:46	00:35:55	CLUB ATLETISMO NOIA	TALLARA

25	298 JOSE	SEIJO MARTINEZ	00:58:15	00:04:52	00:57:56	00:04:50	00:35:56	ASALTAMONTES	CARTELLE (OURENSE)
26	1709 MANUEL	OTERO PEREZ	00:58:17	00:04:52	00:57:47	00:04:49	00:36:49	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	BUEU
27	630 CARLOS	RODRIGUEZ NOVOA	00:58:22	00:04:52	00:57:59	00:04:50	00:36:40	ESPRINTES OURENSE	OURENSE
28	1970 JUAN RAMON	IGLESIAS FERNANDEZ	00:58:29	00:04:53	00:58:16	00:04:52	00:36:49		SANTIAGO DE COMPOSTELA
29	1313 SANTIAGO	LOSADA PEREZ	00:58:35	00:04:53	00:58:03	00:04:51	00:36:29		SOBER
30	1934 FRANCISCO JAVIER	LEMA PEREZ	00:58:36	00:04:53	00:58:26	00:04:53	00:35:58	TERRA DE SONEIRA C.D.	CABANA DE BERGANTIÑOS
31	1262 MANUEL FRANCISCO	OTERO ECHART	00:58:56	00:04:55	00:58:40	00:04:54	00:36:00		A ESTRADA
32	2010 ANXO	LOUZAO RODRÍGUEZ	00:59:00	00:04:55	00:58:22	00:04:52	00:36:57		TOURO
33	1886 EMILIO	CANAL BLANCO	00:59:17	00:04:57	00:58:33	00:04:53	00:37:29	PRAIA DE CARNOTA RUNNERS	OURENSE
34	1199 JOSE ANTONIO	MENDEZ PAMPIN	00:59:45	00:04:59	00:59:26	00:04:58	00:37:15		ARZUA
35	2073 JESÚS MANUEL	FERNÁNDEZ ESCUDERO	00:59:55	00:05:00	00:59:27	00:04:58	00:37:02		LUGO
36	325 RAMÓN ANGEL	CONDE BERMUDEZ	01:00:03	00:05:01	00:59:50	00:05:00	00:36:56	ATLETAS VETERANOS OURENSE	OURENSE
37	427 ANTONIO	CABANA OROSA	01:00:04	00:05:01	00:59:37	00:04:59	00:37:34	C.D.EGOVARROS-VIVEIRO	FERROL
38	475 JOSE	ARUFE QUINTELA	01:00:12	00:05:01	00:59:35	00:04:58	00:38:02	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
39	1579 MANUEL	IGLESIAS UZAL	01:00:16	00:05:02	01:00:07	00:05:01	00:37:31	ATLETISMO FONTES DO SAR	SANTIAGO
40	1861 JOSE ALFONSO	ELVIRA DEL OLMO	01:00:22	00:05:02	00:59:36	00:04:58	00:38:27	OS DAS SETE - FISIOVITALSAUDE	OURENSE
41	1611 FERMIN	PAN OTERO	01:00:23	00:05:02	00:59:48	00:04:59	00:38:03	C.D. EGOVARROS-VIVEIRO	A CORUÑA
42	1677 CARLOS	PAMPÍN BOADO	01:00:33	00:05:03	00:59:53	00:05:00	00:38:05	CLUB DEPORTIVO PINARIUM	VILS DE CRUCES
43	1847 MANUEL JOSE	REY PAULOS	01:00:46	00:05:04	01:00:03	00:05:01	00:38:20		ARTEIXO
44	1614 XOSE	GOMEZ BOTANA	01:00:57	00:05:05	01:00:29	00:05:03	00:38:04	C.D.EGOVARROS-VIVEIRO	A CORUÑA
45	1710 JOSE PABLO	MAGDALENO LOURIDO	01:01:33	00:05:08	01:00:55	00:05:05	00:38:04	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	BUEU
46	2527 ABEL	POZA LASTRA	01:01:48	00:05:09	01:00:46	00:05:04	00:38:46		BURGOS
47	1177 MANUEL ANGEL	GIRALDEZ FERNANDEZ	01:02:19	00:05:12	01:02:07	00:05:11	00:38:56		NIGRAN
48	1681 JOSE	FERNANDEZ BARRACEL	01:02:28	00:05:13	01:01:41	00:05:09	00:38:44	CLUB DEPORTIVO VAL DA RABEDA	ALLARIZ,OURENSE
49	284 CARLOS	LEITE	01:02:40	00:05:14	01:01:50	00:05:10	00:39:15	ACR RIBEIRA OVAR	OVAR
50	1649 JUAN LUIS	BOTANA MOSQUERA	01:02:54	00:05:15	01:02:04	00:05:11	00:40:32	CLUB ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
51	1030 MANUEL ANTONIO	LATORRE DÍAZ	01:03:09	00:05:16	01:02:12	00:05:11	00:40:07		LUGO
52	1837 ANTÓNIO	RAMOS	01:03:38	00:05:19	01:03:25	00:05:18	00:38:32	MUNICÍPIO DE CASTRO DAIRE	VISEU
53	2584 ANTONIO	POSSE CALVELO	01:03:55	00:05:20	01:03:18	00:05:17	00:39:54		SANTIAGO DE COMPOSTELA
54	1606 SECUNDINO	FERNANDEZ FERNÁNDEZ	01:04:23	00:05:22	01:03:24	00:05:17	00:40:30	C.A. AS MARIÑAS BETANZOS	PARGA
55	1810 CARLOS	CIVES DURO	01:04:29	00:05:23	01:03:49	00:05:20	00:40:34		STGO DE COMPOSTELA
56	2687 ELADIO	CALVIÑO GOLÁN	01:04:35	00:05:23	01:03:28	00:05:18	00:40:30		CERCEDA
57	2276 RICARDO SERAFIN	VICENTE PEREIRAS	01:04:37	00:05:24	01:03:36	00:05:18	00:40:27		PONTECESURES
58	3099 FRANCISCO	CASAS GENDE	01:05:00	00:05:25	01:04:24	00:05:22	00:40:19		AMES
59	1942 RAMON	REY GEY	01:05:09	00:05:26	01:04:05	00:05:21	00:40:23	TRAN TRAN	VILAGARCIA
60	1895 IGNACIO	BELLO GONZALEZ	01:05:09	00:05:26	01:03:50	00:05:20	00:41:24	RUN CARBALLIÑO	SAN AMARO
61	1885 VICTOR	CARDOSO	01:05:11	00:05:26	01:04:57	00:05:25	00:40:31	PORTORUNNERS	PORTO
62	2825 CARMELO	PÉREZ CASTRO	01:05:12	00:05:26	01:04:44	00:05:24	00:40:51		CALDAS DE REIS
63	2483 CARLOS	GAMA	01:05:13	00:05:27	01:04:49	00:05:25	00:41:18		PORTO
64	3048 AMÉRICO	FERREIRA	01:05:14	00:05:27	01:03:57	00:05:20	00:42:04	CLUBE OS BRAGUINHAS	BRAGA
65	2549 ANTONIO OSCAR	CONSTENLA JUNQUERA	01:05:28	00:05:28	01:05:01	00:05:26	00:41:11		VEDRA
66	1531 ALBERTO	SÁNCHEZ ALVAREZ	01:05:28	00:05:28	01:04:46	00:05:24	00:41:18	ABRENTE LUGO	ARRIONDAS (ASTURIAS)
67	1712 XOSÉ FRANCISCO	BUDIÑO PEREIRA	01:05:41	00:05:29	01:05:03	00:05:26	00:40:51	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	BUEU
68	783 FRANCISCO	DIAZ ESTEVEZ	01:05:55	00:05:30	01:05:04	00:05:26	00:41:48	OS DAS SETE - FISIOVITALSAUDE	OURENSE
69	1733 EMILIO	GONTA PEREIRO	01:05:58	00:05:30	01:05:36	00:05:28	00:40:46	ERIKA PILATES TEAM	A GOLADA (PONTEVEDRA)
70	1860 JOSÉ ANTONIO	NÓVOA RODRIGUEZ	01:06:10	00:05:31	01:05:24	00:05:27	00:41:54	OS DAS SETE - FISIOVITALSAUDE	OURENSE
71	1695 MANUEL	LOPEZ PEREIRA	01:06:10	00:05:31	01:05:24	00:05:27	00:41:55	CLUB OURENSE ATLETISMO	TRASALBA
72	2428 GELASIO	BERNARDEZ BUGUEIRO	01:06:14	00:05:32	01:05:43	00:05:29	00:41:37		OURENSE
73	2546 JESÚS JULIO	ILLADE CERDEIRAS	01:06:27	00:05:33	01:05:42	00:05:29	00:42:03		CAMARIÑAS
74	1069 JOSE RAMON	SUAREZ PREGO	01:06:52	00:05:35	01:05:51	00:05:30	00:42:12		A CORUÑA
75	2519 JOSÉ ANTONIO	RIAL FERNÁNDEZ	01:07:19	00:05:37	01:06:15	00:05:32	00:42:09		SANTIAGO DE COMPOSTELA
76	1919 ENRIQUE	PASEIRO PARDAL	01:07:24	00:05:37	01:06:02	00:05:31	00:41:42	SYNAPTYCA RUNNING CLUB	SANTIAGO DE COMPOSTELA
77	1711 JOSE MANUEL	RODAL PARCERO	01:07:47	00:05:39	01:07:20	00:05:37	00:41:58	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	CANGAS DEL MORRAZO
78	2304 JOSE	PENA FRANCO	01:07:53	00:05:40	01:06:34	00:05:33	00:44:14		RIVEIRA

79	2431	ANTÓNIO	REIS	01:08:28	00:05:43	01:07:07	00:05:36	00:43:32		PORTO
80	1275	MIGUEL ANGEL	FERREIRO CAMPOS	01:08:55	00:05:45	01:08:48	00:05:44	00:42:01		SANTIAGO DE COMPOSTELA
81	2843	ANTONIO E.	RODRIGUEZ DOMINGUEZ	01:09:07	00:05:46	01:07:47	00:05:39	00:42:22		CARRIL
82	2586	JOSE ANTONIO	SALVADO LOPEZ	01:09:31	00:05:48	01:08:22	00:05:42	00:43:53		A CORUÑA
83	1586	ALFONSO	MAÑA PENA	01:09:38	00:05:49	01:08:39	00:05:44	00:44:36	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
84	1552	MANUEL	GARCÍA GARCÍA	01:09:53	00:05:50	01:08:48	00:05:44	00:43:08	ATLETA PARTICULAR	PORTO DO SON
85	2253	PLÁCIDO	AMBOAGE FERNÁNDEZ	01:10:35	00:05:53	01:09:20	00:05:47	00:44:20		SANTIAGO
86	2427	EMILIO ANTONIO	ARMADA RODRIGUEZ	01:10:37	00:05:54	01:09:37	00:05:49	00:44:35		SANTIAGO DE COMPOSTELA
87	2330	JESÚS	PEREIRA FERNÁNDEZ	01:10:41	00:05:54	01:09:23	00:05:47	00:45:06		O CARBALLIÑO
88	2206	JOSÉ LUIS	LEÓN LÓPEZ	01:10:42	00:05:54	01:09:40	00:05:49	00:44:00		SANTIAGO
89	1797	XOSE MANUEL	CARBALLEIRA HORTAS	01:11:20	00:05:57	01:10:38	00:05:54	00:44:14		SANTIAGO DE COMPOSTELA
90	2454	CARLOS	CARRODEGUAS ABADIN	01:11:33	00:05:58	01:10:16	00:05:52	00:45:06		LA HABANA (CUBA)
91	1704	PEPE	RIAL PAIS	01:12:23	00:06:02	01:11:01	00:05:56	00:45:20	CLUBE ATLETISMO OUTES - JOHN TURKEY	SANTIAGO
92	1823	JOSE	FERNANDEZ RODRIGUEZ	01:12:32	00:06:03	01:11:13	00:05:57	00:45:50	KORPORE	PIÑOR - VILAENFESTA
93	2535	BENITO	DASILVA BOULLOSA	01:13:02	00:06:06	01:12:57	00:06:05	00:44:22		PONTECALDELAS
94	671	MANUEL	OUTES PAZ	01:13:25	00:06:08	01:12:12	00:06:01	00:46:05		CORCUBIÓN
95	287	ARTURO	RABUÑAL VAZQUEZ	01:13:26	00:06:08	01:12:13	00:06:02	00:46:04	AFICIONADO	MEICENDE
96	2596	JOSÉ	DOMÍNGUEZ SENRA	01:13:42	00:06:09	01:13:17	00:06:07	00:45:35		SANTIAGO DE COMPOSTELA
97	2306	AVELINO	BUGALLO SOUSA	01:13:47	00:06:09	01:13:17	00:06:07	00:46:06		SANTIAGO
98	3054	ADOLFO	SILVA	01:13:51	00:06:10	01:12:35	00:06:03	00:46:08	CLUBE OS BRAGUINHAS	BRAGA
99	2762	RAÚL	GARCÍA DE LOZA	01:13:54	00:06:10	01:12:58	00:06:05	00:46:01		LUGO
100	1297	FRANCISCO	PENA GONZALEZ	01:13:56	00:06:10	01:13:19	00:06:07	00:46:17		SANTIAGO DE COMPOSTELA
101	2599	LUIS	CARBALLEIRA FLOREZ	01:13:58	00:06:10	01:13:10	00:06:06	00:45:36		REDONDELA
102	1913	SANTIAGO	OTERO LOSA	01:14:55	00:06:15	01:14:03	00:06:11	00:46:26	SERVICIO	SANTIAGO DE COMPOSTELA
103	2774	RICARDO	OUTES VIQUEIRA	01:15:05	00:06:16	01:14:29	00:06:13	00:45:43		SANTIAGO DE COMPOSTELA
104	2619	JOSÉ	PANTÍN LÓPEZ	01:15:16	00:06:17	01:14:22	00:06:12	00:45:50		NEDA
105	2768	AURELIANO	GARCIA GONZALEZ LLANOS	01:15:23	00:06:17	01:14:09	00:06:11	00:48:36		LUANCO
106	1796	JESÚS	BERNAL GÓMEZ	01:15:46	00:06:19	01:15:31	00:06:18	00:46:43		SOMOZAS
107	1897	JAIME	ARMENTEROS PEDRERO	01:16:02	00:06:21	01:14:47	00:06:14	00:46:58	RUNGALICIA.COM	SALAMANCA
108	2798	MANUEL	SENRA BLANCO	01:16:11	00:06:21	01:16:04	00:06:21	00:46:35		VAL DO DUBRA
109	2194	JOSE LUIS	LOPEZ FERNANDEZ	01:16:49	00:06:25	01:16:06	00:06:21	00:48:24		SANTIAGO DE COMPOSTELA
110	2572	ENRIQUE	LOBÓN GAVIRA	01:17:46	00:06:29	01:16:20	00:06:22	00:50:18		A CORUÑA
111	2713	CARLOS	CARID FERNANDEZ	01:19:08	00:06:36	01:18:10	00:06:31	00:50:06		OURENSE
112	2710	MANUEL	FANDIÑO IGLESIAS	01:19:49	00:06:40	01:18:44	00:06:34	00:49:08		SANTIAGO DE COMPOSTELA
113	2752	MANUEL	VÁZQUEZ LAMAS	01:20:16	00:06:42	01:19:51	00:06:40	00:49:31		TOURO
114	2298	AGUSTIN	NOYA NIETO	01:21:40	00:06:49	01:21:31	00:06:48	00:48:03		CHYAN
115	1809	JESUS	RUA PEREZ	01:23:25	00:06:58	01:22:44	00:06:54	00:51:28		COMPOSTELA
116	1536	FRANCISCO	BAO ESTEVEZ	01:23:38	00:06:59	01:22:17	00:06:52	00:53:04	ADAS-PROINOR	O BARCO DE VALDEORRAS
117	2576	FRANCISCO MANUEL ROCHA	SILVA	01:24:41	00:07:04	01:24:28	00:07:03	00:51:46		BRAGA
118	1863	FÉLIX MARCOS	OLIVEIRA DIAS	01:25:43	00:07:09	01:24:31	00:07:03	00:53:27	PALAVRA CLAVE	PORTO
119	2750	ANTONIO	PREEDO VARELA	01:26:54	00:07:15	01:25:42	00:07:09	00:52:30		BETANZOS
120	2753	JOSE FRANCISCO	PEDREIRA MARTINEZ	01:31:17	00:07:37	01:30:07	00:07:31	00:55:07		CESURES